**Skim milk and fat-free flavored milk offered**

**Water made available daily**

Cereal

Yogurt

Muffin

Fresh Fruit

Fruit Juice/Milk

**Holiday**

Waffle Sticks

Sausage Patty

 Fruit

Fruit Juice/Milk

Yogurt

**Holiday**

Waffle Sticks

Sausage Patty

 Fruit

Fruit Juice/Milk

Yogurt

Ham and Cheese

Croissant

Fruit

Fruit Juice

Milk

Yogurt

**Holiday**

**Christmas Eve**

Ham and Cheese

Croissant

Fruit

Fruit Juice

Milk

Yogurt

Mini Maple Pancakes

Sausage Links

Frozen Fruit

Fruit Juice

Milk

Yogurt

French Toast Sticks

Eggs

Fruit

Fruit Juice Milk

Yogurt

Cereal

Parfait

Muffin

 Fruit

Fruit Juice/Milk

**Sumter County Schools, Breakfast, K-12**

Chicken Biscuit
Frozen Fruit
Fruit Juice
Milk
Yogurt

Sausage Biscuit

Muffin

Fresh Fruit

Fruit Juice/Milk

Yogurt

**Holiday**

Sausage Biscuit

Muffin

Fresh Fruit

Fruit Juice/Milk

Yogurt

**Holiday**

French Toast Sticks

Eggs

Fruit

Fruit Juice Milk

Yogurt

Breakfast Pizza

Muffin

Fresh Fruit

Fruit Juice

Milk

Yogurt

**Christmas**

Cereal

Parfait

Muffin

 Fruit

Fruit Juice/Milk

Toast

Grits

Smoked Sausage

Fruit

Fruit Juice/Milk

Yogurt