

Breakfast: FREE to ALL Students
Lunch: FREE to ALL Students
 Adult Lunch: \$5.00

Sterling Elementary School
Breakfast & Lunch Menu
May 2024

Fresh Fruits, Veggies
& Milk served daily!

Weekly Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Meatball Grinder Yogurt Fun Lunch Sunbutter & Jelly</i>	4/29 Popcorn Chicken w/egg noodles Broccoli	4/30 Beef & Cheese Nachos Refried Beans	5/1 Brunch For Lunch French toast, Sausage Hash Browns	5/2 Chicken Parm Grinder Baby Carrots	5/3 Stuffed Crust Pizza Green bean salad
<i>Hamburger Yogurt Fun Lunch Sunbutter & Jelly</i>	5/6 Bosco Cheesy Breadsticks w/ marinara sauce Broccoli	5/7 Chef Choice	5/8 Popcorn Chicken & Waffles French Fries	5/9 Boneless Drumsticks w/ Buffalo Ranch & Corn Bread Carrots	5/10 Stuffed Crust Pizza Cucumbers & Tomatoes
<i>Chicken Patty Yogurt Fun Lunch Sunbutter & Jelly</i>	5/13 Grilled Cheese Carrots	5/14 Hamburger Tortilla chips Refried beans	5/15 Sausage, Egg & Cheese on English Muffin Hash Brown	5/16 Sweet & Sour Popcorn Chicken Rice Green Beans	5/17 Stuffed Crust Pizza Romaine Salad
<i>Salad topped with Chicken & a Biscuit Yogurt Fun Lunch Sunbutter & Jelly</i>	5/20 Cheesy Pasta Bake Garlic Texas Toast Green Beans	5/21 Cheese Burger BBQ Baked Beans	5/22 Brunch For Lunch French toast, Sausage Potato Wedges	5/23 Spicy or Plain Chicken Patty Carrots & Cucumbers	5/24 Stuffed Crust Pizza Romaine Salad
<i>Chicken Patty Yogurt Fun Lunch Sunbutter & Jelly</i>	5/27 Memorial Day No School	5/28 Mini Corn Dogs Corn	5/29 Popcorn Chicken & Waffles Cinnamon Sweet Potato Fries	5/30 Chef Choice	5/31 Stuffed Crust Pizza Cucumber wheels

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Balanced nutrition throughout the day contributes to student success in and out of the classroom. New research shows children are getting their healthiest meals at school. Studies have demonstrated that school meal programs play an important role in supporting obesity prevention, overall student health and academic achievement by improving children's diets and combating hunger.

ALL Breakfast items are 100% whole grain and meet the USDA meal pattern requirements.

Each breakfast is served with fruit and milk.

Bagel & Cream cheese 4/29	Mini French Toast 4/30	Cinnamon Roll 5/1	Mini Waffles 5/2	Pumpkin Bread 5/3
Breakfast Bar 5/6	Confetti pancakes 5/7	Crumb Cake 5/8	Glazed Donut 5/9	Choc. Chip Muffin 5/10
Bagel & Cream Cheese 5/13	Mini French Toast 5/14	Cinnamon Roll 5/15	Mini Waffles 5/16	Pumpkin Bread 5/17
Breakfast Bar 5/20	Confetti pancakes 5/21	Crumb Cake 5/22	Glazed Donut 5/23	Choc. Chip Muffin 5/24
Memorial Day - No school 5/27	Mini French Toast 5/28	Cinnamon Roll 5/29	Mini Waffles 5/30	Pumpkin Bread 5/31