

BREAKFAST

JANUARY 2026

Pre-K Breakfast Menu

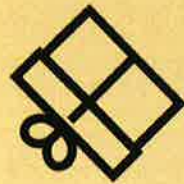
Monday

Tuesday

Wednesday

Thursday

Friday



HAPPY
NEW
YEAR

5

6

7

8

9

Cereal
Fruit
White Milk

Egg & Cheese Sandwich
Fruit
White Milk

Animal Crackers
Fruit
White Milk

Cereal
Fruit
White Milk

Sausage Biscuit
Fruit
White Milk

12

13

14

15

16

Cereal
Fruit
White Milk

Egg & Cheese Sandwich
Fruit
White Milk

Animal Crackers
Fruit
White Milk

Cereal
Fruit
White Milk

Sausage Biscuit
Fruit
White Milk

19

20

21

22

23

Holiday

Egg & Cheese Sandwich
Fruit
White Milk

Animal Crackers
Fruit
White Milk

Cereal
Fruit
White Milk

Sausage Biscuit
Fruit
Milk

26

27

28

29

30

Cereal
Fruit
White Milk

Egg & Cheese Sandwich
Fruit
White Milk

Animal Crackers
Fruit
White Milk

Cereal
Fruit
White Milk

Sausage Biscuit
Fruit
White Milk

Menus may vary based on availability. To view a student's account go to Ling Connect.

JANUARY 2026

K-12 Breakfast Menu

Monday
Tuesday
Wednesday
Thursday
Friday
5

Cereal
Graham Snacks
Fruit
Milk

12

Cereal
Graham Snacks
Fruit
Milk

6

Muffin
Honey Graham Snacks
Fruit
Fruit Juice
Milk

13

Sausage Pizza
Fruit
Fruit Juice
Milk

7

Mini Maple Waffles
Fruit
Fruit Juice
Milk

14

Mini Cinnis
Fruit
Fruit Juice
Milk

8

Cereal Bar
Chocolate Graham Snacks
Fruit
Fruit Juice
Milk

15

Pop Tart
Honey Graham Snacks
Fruit
Fruit Juice
Milk

9

Egg and Cheese Sandwich
Fruit
Milk

16

Sausage Biscuit
Graham Snacks
Fruit
Milk

19

Holiday

20

Egg & Cheese Sandwich
Fruit
Fruit Juice
Milk

21

Mini French Toast
Fruit
Fruit Juice
Milk

22

Cereal Bar
Chocolate Graham Snack
Fruit
Fruit Juice
Milk

23

Mini Maple Pancakes
Fruit
Milk

26

Cereal
Graham Snacks
Fruit
Milk

27

Cinn Toast Crunch Bar
Fruit
Fruit Juice
Milk

28

Pop Tart
Honey Graham Snack
Fruit
Fruit Juice
Milk

29

Muffin
Fruit
Fruit Juice
Milk

30

Sausage Biscuit
Graham Snacks
Fruit
Milk



LUNCH

JANUARY 2026

9-12 Menu

Monday

Tuesday

Wednesday

Thursday

Friday

5

Cheeseburger
Baked Beans
Sweet Potato Fries
Lettuce & Tomato
Fruit
Milk
Alternate: Grilled Ham & Cheese

12

Cheeseburger
Baked Beans
Sweet Potato Fries
Lettuce & Tomato
Fruit
Milk
Alternate: Grilled Ham & Cheese

19

Holiday

26

Hotdog
Sweet Potatoes
Baked Beans
Sliced Squash
Fruit
Milk
Alternate: Grilled Ham & Cheese

6

Crispito
Pinto Beans
Romaine Salad w/ Dressing
Fruit
Salsa
Roll
Milk
Alternate: Grilled Cheese

13

Fajita Chicken Wrap
Spanish Rice
Black Beans
Salsa/Lettuce
Animal Crackers
Fruit
Milk
Alternate: Pizza

20

Sweet & Sour Chicken
Fried Rice
English Peas
Stir Fry Vegetables
Fruit
Milk
Alternate: Grilled Cheese Sandwich

27

Salisbury Steak & Gravy
Creamed Potatoes
Sliced Carrots
Roll
Fruit
Milk
Alternate: Pizza

7

Breakfast for Lunch
Hash Browns
Pancakes
Fruit
Salsa
Fruit
Milk
Alternate: Sack Lunch

14

Spaghetti w/ Meat Sauce
Romaine Salad w/ Dressing
Green Beans
Sliced Carrots
Garlic Bread
Fruit
Milk
Alternate: Hotdog

21

Rope Sausage
Blackeye Peas
Macaroni & Cheese
Turnip Greens
Fruit
Milk
Alternate: Corndog

28

Chicken Nachos
Pinto Beans
Romaine Salad w/ Dressing
Salsa
Fruit
Milk
Alternate: Hotdog

1

8

BBQ Hawaiian Chicken
Rice Pilaf
Broccoli & Cheese
Romaine Salad w/ Dressing
Breadstick
Fruit
Milk
Alternate: Pizza Pocket

15

Chicken Salad
Pasta Salad
French Fries
Roll
Romaine Salad w/ Dressing
Fruit
Milk
Alternate: Cheeseburger

22

Steak Nuggets
Corn
Romaine Salad w/ Dressing
Roll
Fruit
Milk
Alternate: Pizza

29

BBQ Sandwich
Baked Potato w/ Toppings
Broccoli & Cheese
Fruit
Milk
Alternate: Crispito

2

9

Pizza
French Fries
Green Beans
Sliced Carrots
Celery Sticks
Fruit
Milk
Alternate: Corndog

16

Pizza
French Fries
Green Beans
Fruit
Vanilla Pudding Cup
Milk
Alternate: Crispito

23

Hot Chicken Wings
French Fries
Celery Sticks
Carrot Sticks w/ Ranch
Breadstick/ Animal Crackers
Fruit
Milk
Alternate: Quesadilla

30

Cheesy Bread
Corn
Green Beans
Romaine Salad w/ Dressing
Pudding Cup
Fruit
Milk
Alternate: Cheeseburger

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JANUARY 2026

K-8 w/ Alternate Menu

Monday

Tuesday

Wednesday

Thursday

Friday

5
Cheeseburger
Baked Beans
Sweet Potato Fries
Lettuce & Tomato
Fruit
Milk
Alternate: Grilled Ham & Cheese

6
Crispito
Pinto Beans
Romaine Salad w/ Dressing
Fruit
Salsa
Milk
Alternate: Grilled Cheese

7
Breakfast for Lunch
Hash Browns
Pancakes
Fruit
Salsa
Fruit
Milk
Alternate: Sack Lunch

8
BBQ Hawaiian Chicken
Rice Pilaf
Broccoli & Cheese
Romaine Salad w/ Dressing
Breadstick
Fruit
Milk
Alternate: Pizza Pocket

9
Pizza
French Fries
Green Beans
Sliced Carrots
Celery Sticks
Fruit
Milk
Alternate: Corndog

12
Cheeseburger
Baked Beans
Sweet Potato Fries
Lettuce & Tomato
Fruit
Milk
Alternate: Grilled Ham & Cheese

13
Fajita Chicken Wrap
Black Beans
Romaine Salad w/ Dressing
Salsa
Fruit
Milk
Alternate: Pizza

14
Spaghetti w/ Meat Sauce
Romaine Salad w/ Dressing
Green Beans
Sliced Carrots
Garlic Bread
Fruit
Milk
Alternate: Hotdog

15
Chicken Salad
Pasta Salad
Roll
Romaine Salad w/ Dressing
Fruit
Milk
Alternate: Cheeseburger

16
Pizza
French Fries
Green Beans
Fruit
Milk
Alternate: Crispito

19
Holiday

20
Sweet & Sour Chicken
Fried Rice
English Peas
Stir Fry Vegetables
Fruit
Milk
Alternate: Grilled Cheese Sandwich

21
Rope Sausage
Blackeye Peas
Macaroni & Cheese
Turnip Greens
Fruit
Milk
Alternate: Corndog

22
Steak Nuggets
Corn
Romaine Salad w/ Dressing
Roll
Fruit
Milk
Alternate: Pizza

23
Hot Chicken Wings
French Fries
Celery Sticks
Carrot Sticks w/ Ranch
Breadstick
Fruit
Milk
Alternate: Quesadilla

26
Hotdog
Sweet Potatoes
Baked Beans
Sliced Squash
Fruit
Milk
Alternate: Grilled Ham & Cheese

27
Salisbury Steak & Gravy
Creamed Potatoes
Sliced Carrots
Roll
Fruit
Milk
Alternate: Pizza

28
Chicken Nachos
Pinto Beans
Romaine Salad w/ Dressing
Salsa
Fruit
Milk
Alternate: Hotdog

29
BBQ Sandwich
Baked Potato w/ Toppings
Broccoli & Cheese
Fruit
Milk
Alternate: Crispito

30
Cheesy Bread
Corn
Green Beans
Romaine Salad w/ Dressing
Fruit
Milk
Alternate: Cheeseburger

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