

JANUARY 2022

BREAKFAST & LUNCH

Marengo County Schools

Monday

Professional
Development
Day

3

Tuesday

BREAKFAST

Pop Tart, yogurt, fruit juice

4

LUNCH

Spicy chicken sandwich, black-eyed peas, roasted potatoes, mandarin oranges, ketchup, mayo, mustard, milk

Wednesday

BREAKFAST

Chicken biscuit, fruit squeeze, milk

5

LUNCH

Salisbury steak & gravy, rice, green beans, peaches, roll, milk

Thursday

BREAKFAST

Peanut butter & jelly sandwich, banana, milk

6

LUNCH

Vegetable/beef soup, pb&j sandwich, baby carrots, ranch, fruit cobbler, crackers

Friday

BREAKFAST

Sausage pancake on a stick, fruit juice, milk

7

LUNCH

Corn dog, macaroni & cheese, tossed salad, salad dressing, rosy applesauce, ketchup, mustard, milk

BREAKFAST

Steak biscuit, fruit juice, milk

10

LUNCH

Fish sandwich, slaw, fries, mixed fruit, ketchup, mayo, mustard, milk

BREAKFAST

Berry waffles, fruit cup, milk

11

LUNCH

Chicken wings, baked potato, sour cream, broccoli/cheese, ranch, pears, milk

BREAKFAST

Strudel, fresh fruit, milk

12

LUNCH

BBQ sandwich, baked beans, potato salad, pineapple & cherries, milk

BREAKFAST

Breakfast wrap, yogurt, fruit juice

13

LUNCH

Spaghetti, tossed salad, salad dressing, w/k corn, fruit sorbet, milk

BREAKFAST

Breakfast pizza, fruit cup, milk

14

LUNCH

Chicken fingers, mashed potatoes, gravy, baby limas, fresh fruit, roll, milk

BREAKFAST

Sausage biscuit, fruit squeeze, milk

18

LUNCH

Cheese burger, fries, California vegetables/cheese, ketchup, mayo, mustard, mixed fruit, dills, milk

BREAKFAST

Cereal bar, banana, milk

19

LUNCH

Chili, baked potato, sour cream, margarine, corn on the cob, fruit squeeze, crackers, milk

BREAKFAST

Egg and cheese omelet, fruit cup, milk

20

LUNCH

County steak, mashed potatoes, gravy, turnips, cornbread, peaches, milk

BREAKFAST

Pancakes, strawberry cream cheese, fruit juice, milk

21

LUNCH

Beef nuggets, sweet potato fries, green beans, ketchup, fruit cup, roll, milk

BREAKFAST

Bologna biscuit, yogurt, fruit juice

24

LUNCH

Chicken wrap, lettuce, tomato, ranch, w/k corn, mandarin oranges, milk

BREAKFAST

Breakfast burrito, fruit cup, milk

25

LUNCH

Beef stroganoff, mashed potatoes, green peas, mixed fruit, roll, milk

BREAKFAST

Sausage pancake bites, fruit juice, milk

26

LUNCH

Barbeque chicken, slaw, baby limas, pears, roll, baby carrots, ranch, milk

BREAKFAST

PB&J sandwich, fresh fruit, milk

27

LUNCH

Beef stew, mashed potatoes, green peas, fresh fruit, roll milk

BREAKFAST

Cereal, banana, milk

28

LUNCH

Hot dog, fries, baked beans, pineapple chunks, ketchup, mayo, mustard, milk

BREAKFAST

Breakfast pizza, fruit cup, milk

31

LUNCH

Dill chicken bites, rice, gravy, black-eyed peas, fruit sorbet, roll, ketchup, milk