

SHAC Minutes for October 7, 2025

Members of the SHAC met on October 7, 2025 at 4:00 pm in the cafeteria on the secondary campus. Those present were Selena Sheets, Tamie Arnold, Kayla Casey, Amy Barnes, Lee Pool, Catherine Kern, and Hayden Dittmar. The minutes from the May 6th meeting had been emailed to members prior to the meeting for corrections and additions. Selena Sheets made a motion to accept the minutes as presented, Kayla Casey seconded the motion, and it was unanimously approved.

Counselor News-

IES: Annie Jones, IES Counselor, reported that Guidance lessons have started for all grades at the elementary school. Annie has been assisting the families that were impacted by the flood in July, and all children affected who are on the IES campus are receiving one on one therapy free of charge.

IMS: Allison Page, IMS Counselor, reported via email that the 212 Warrior Way behavior initiative is under way, and is off to a strong start. Each week, students displaying positive behavior traits (doing the right thing at the right time) are awarded a ticket from their teacher. Those tickets are then put into boxes and names are drawn every two weeks, and those students receive a prize. All of those tickets then go into the Golden Hopper, and at the end of the year, 10 names from each grade are drawn, and those students are taken on a special field trip. Mrs Page also said that the Middle School is working on starting a mentoring program, and anyone interested in mentoring a student should contact Mrs Casey.

ITM: The HEB Foundation has been working with Ingram Staff to help determine the long term needs of families and students affected by the flood on July 4. Donations from other schools, organizations, and groups across the state have been made to our school. For example, each student received a backpack and school supplies at the beginning of the year. Students were also given a free pair of Crocs shoes, and other companies have made clothing donations that will be available to all students this year. There is a link on the High School page on the district website titled Family Resource Guide, and it can be found on the Counselor Corner page. Anyone needing assistance is encouraged to visit this site for more information.

Nurse News-

IES: Amber Chavira, IES Nurse, reported that she has begun the annual hearing and vision screenings for elementary students. Also, after 10 years of dedicated service to Ingram Elementary School, Amber will be retiring at the end of December. The position has been posted, and SHAC will be updated when it has been filled. She will be deeply missed by everyone.

IMS/ITM: Catherine Kern, Secondary Nurse, also reported that annual screenings have begun for all 7th grade students, as well as those who are new to the district.

Nurse News for Both Campuses: there were several state House and Senate bills that passed over the summer and have recently gone into effect, and they were discussed by the SHAC. They are as follows:

Senate Bill 12-requires schools to get written consent from parents/guardians for a number of health related and counseling services, but does not apply to state mandated screenings (hearing, vision, spinal, and Type 2 Diabetes marker), first aid, and emergencies, and certain counseling services. TEA has updated the guidance and provided clarification for schools, and will continue to do so as needed.

Senate Bill 1619-relates to the use of an Epinephrine delivery system, to include Epinephrine nasal spray, in addition to autoinjectors. At this time, Ingram ISD is able to receive EpiPen autoinjectors at no cost through a program called EpiPens4schools. An email was sent to Dr Buchanan in Kerrville, the physician who writes the standing orders for the district, to get his thoughts on changing the orders to allow the district to obtain Epinephrine nasal spray. Any updates will be shared with the SHAC.

House Bill 549-relates to the availability of an Airway Clearance device, and states that they must be kept in areas where food is consumed. Each clinic in the district has a LiveVac kit, which is a noninvasive device that is used to remove objects blocking the airway. Schools are also allowed to obtain medication for respiratory distress and if they do so, must provide training to staff on how to administer the medication to students. At

this time, Ingram ISD does not have stock medication for respiratory distress, and students who have asthma or other respiratory issues are allowed to carry an inhaler to use as needed.

Gym News-Michelle Fairchild reported via email that Adventure Dash representatives are on campus at the Elementary School each day and give a lesson in health or exercise to the students. The school has raised approximately \$50,000 and will get to keep half of it.

Cafeteria News-Jenny Carpenter reported the secondary campus will be serving their annual Thanksgiving meal to students and staff on Thursday, November 13. The elementary campus will be serving the Thanksgiving meal to students, staff, and parents who purchase a ticket on Wednesday, November 19, and Thursday, November 20.

New Business-Emily Morales, Community Health Worker with Methodist Healthcare Ministries reported via email that Light On The Hill will be hosting a Fall Festival with a Health Fair on November 1 from 10:00-2:00 pm. The Health Fair portion of the Festival will be from 11:00-1:00 pm, and anyone who would like to represent an organization can contact Light On The Hill or Methodist Healthcare Ministries for more information. Emily also reported that she is a part time District Case Manager for the Community Foundation and is helping those affected by the flood with temporary housing, rebuilding, RV replacement assistance and more. She is also still available to help families in our community with food relief, clothing and resource management.

Tammy Amerson-Wilson, Wesley Nurse, reported that she is also available to assist with families who are displaced, such as helping provide financial assistance for bills, or providing HEB gift cards. She also has access to donations of hygiene products and encouraged the SHAC to reach out if we know of anyone in need.

Students in grades 6-12 are required to have annual instruction on Fentanyl abuse prevention and drug poisoning awareness. This year, students on the secondary campus will watch a video that has been approved by administration and the counselors. The video will be shown by teachers during Pathways/Warrior Room for Middle School students, and during NSP for High school students. Information will be sent out to parents prior to their students viewing the video.

The annual Worth The Wait program will be presented to 7th grade students by the Parenting Resource Center in Kerrville during the Spring Semester. A letter will be sent home to parents that must be signed and returned in order for students to attend. Boys and girls will be separated for the presentation to provide an extra level of comfort.

The SHAC then discussed hosting a Flu Shot Clinic at the next staff development day, which is October 31. Kerrville Drug Company will be coming to each campus to provide flu shots to anyone who would like to receive one. Catherine Kern will be sending out more information to the district pending approval from Administration.

Ingram ISD partnered with Hunt ISD and held a Wellness Fair on Friday, September 26 from 5:30-7:00 pm for West Kerr Community families. Participants from local businesses and organizations were on hand to provide information and resources for the community. There was a bounce house and gaga ball pit, face painting, music, door prizes, refreshments, and so much more. Flu shots were available to those who wanted to get one, and free blood pressure checks were also done. The committee overseeing the Wellness Fair met weekly to plan and organize the event, and is looking forward to hosting another Fair next school year at the same time as the annual Trunk or Treat event. The goal is to make all aspects of wellness a priority and provide resources and information to all.

Kayla Casey, IMS Principal, informed the SHAC that the local Kiwanis Club would like to donate items such as clothing and hygiene products to students and families in need. If a staff member knows of someone who may be needing assistance, they are urged to contact Mrs Casey.

The SHAC also discussed having a donation box for glasses that would be provided by the local Lions Club. Catherine Kern will reach out to the local chapter for further information.

The SHAC was pleased to welcome Ingram Tom Moore sophomore Hayden Dittmar as a student representative. Hayden is a Healthy Texas Youth Ambassador through 4-H, and was selected based on her passion for health and wellness, and will be trained as a youth health expert who can help motivate others to make healthy lifestyle choices. The Youth Ambassadors are required to have 40 hours of leadership/community service each year, and attending the SHAC meetings will help Hayden earn those hours.

The SHAC discussed updating the membership list for the 2025-2026 school year to include Hayden, as well as add Michelle Morgan, from the Kerrville Health Dept, who took over the position after Stacy Cabaniss left. Mr Lee Pool, ITM Assistant Principal, is now the representative for the High School Educator position that was previously held by current ITM Principal Brandie Guzman. Catherine Kern will email the entire committee for approval of these changes, and the School Board will approve the SHAC at the March 2026 meeting. It was thought that the SHAC would also have to vote on officer positions, but this had been done via email last school year.

There was no new business to discuss at this time, and the meeting was adjourned. The SHAC meeting dates for the 2025-2026 school year will be as follows: Tuesday, December 2, 2025, Tuesday, February 3, 2026 and Tuesday, May 5, 2026. The meetings will be held in the cafeteria on the secondary campus and will begin at 4:15 pm.

Respectfully submitted by-

Catherine Kern, Secretary