

# Daily Learning Planner

*Ideas families can use to help children  
do well in school*

Cumberland County Schools



THE  
**PARENT**  
INSTITUTE®

## February 2023

## Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Start a "chain of hearts." Cut out small hearts. Each day, write a reason you love your child on one and attach it to the chain.
- 2. It's Groundhog Day. How many words can your child make from the letters in GROUNDHOG?
- 3. Stuck inside due to bad weather? Take your shoes off and go "ice skating" in the kitchen together in your socks. Be careful!
- 4. Make up trivia questions about your family. Quiz one another at the dinner table.
- 5. How many types of punctuation can your child find in an article or short book? What does each do in a sentence?
- 6. If you don't have time to read to your child at night, read in the morning. It's a real "power breakfast."
- 7. At bedtime, take a few minutes to talk with your child about things that went well today.
- 8. Share family stories you can remember from when you were a child.
- 9. Talk with your child about the difference between courage and recklessness. It's not brave to take foolish risks.
- 10. Frame a special example of your child's artwork.
- 11. Plan a visit to an interesting museum with your child.
- 12. Read a nonfiction assignment with your child. Then ask your student to summarize it.
- 13. Pretend a circus is coming to town. Talk together about what you would see, hear and taste.
- 14. Discuss five positive things that make your child unique.
- 15. Do a crossword puzzle with your child. Or make up your own together.
- 16. Play a geography game. Someone names a city, state or river. The next person has to locate it on a map or globe.
- 17. Encourage your child to design and name a new car. What features would it have?
- 18. Help your child round up some friends and play a game together outside.
- 19. Have your child think of as many red foods as possible. See how many you can serve this week.
- 20. When your child has a problem, offer two possible solutions and let your child decide which one to choose.
- 21. Have your child make a list of all the weather words (*moisture, vortex*) in today's forecast.
- 22. Challenge family members to write, eat or do other activities with the hand they don't favor.
- 23. Play a rhyming game. Take turns making up a short sentence. Answer with a sentence that rhymes.
- 24. Take your child outside for a "listening minute." Each of you close your eyes and try to name the sounds you hear.
- 25. Check out an adventure story from the library to read with your child.
- 26. Ask your child to use a ruler or measuring tape to measure and record the dimensions of objects in your house.
- 27. Have your child draw what is visible outside a window in your home.
- 28. Ask your child *how* and *why* questions to provide experience answering questions that require reasoning.