

NOVEMBER 2024

Rappahannock County Elementary School

Student Breakfast – FREE Adult Breakfast - \$2.73

	Monday	Tuesday	Wednesday	Thursday	Friday	
					Breakfast Pizza Glazed Donut Cereal & Grahams Fruit, Juice & Milk	
	Sausage & Egg Biscuit French Toast Sticks Cereal & Grahams Fruit, Juice & Milk	Panther Sandwich Fruit & Yogurt Parfait Cereal & Grahams Fruit, Juice & Milk	Sausage Gravy & Biscuit Muffin & Yogurt Cereal & Grahams Fruit, Juice & Milk	Ham, Egg & Cheese Croissant Pancakes Cereal & Grahams Fruit, Juice & Milk	Breakfast Pizza Glazed Donut Cereal & Grahams Fruit, Juice & Milk	
	Sausage & Egg Biscuit French Toast Sticks Cereal & Grahams Fruit, Juice & Milk	Panther Sandwich Fruit & Yogurt Parfait Cereal & Grahams Fruit, Juice & Milk	Sausage Gravy & Biscuit Muffin & Yogurt Cereal & Grahams Fruit, Juice & Milk	Ham, Egg & Cheese Croissant Pancakes Cereal & Grahams Fruit, Juice & Milk	Breakfast Pizza Glazed Donuts Cereal & Grahams Fruit, Juice & Milk	
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	HOLIDAY NO SCHOOL	HOLIDAY NO SCHOOL	HOLIDAY NO SCHOOL	HOLIDAY NO SCHOOL	HOLIDAY NO SCHOOL	

This menu is subject to change due to availability. For more information on which menu items may contain allergens, please contact the cafeteria manager.

Register and create an account for your child at <u>WWW.K12PaymentCenter.com</u> to add money and view purchases.

"This is an equal opportunity provider."



NOVEMBER 2024

Rappahannock County Elementary School

Student Lunch - FREE Adult Lunch - \$4.63

Monday

Tuesday

Wednesday

Thursday

Chicken Noodle Soup w

PB&J

*Polenta & Peas

PB&J Sandwich

Salad Bar, Baked Potato

Fruit & Milk

Provolone Cheese

Onion Rings & Green Beans

PB&J Sandwich

Salad Bar, Baked Potato

Fruit & Milk

Meatball Hoagie w/1/1

Friday

Chicken Nuggets & Roll w/
Panther Sauce

Carrots & French Fries PB&J Sandwich Salad Bar, Baked Potato Fruit & Milk

Cheese Pizza
Spinach Salad & Potato
Wedges, *Pumpkin Bar
PB&J Sandwich
Salad Bar, Baked Potato
Fruit & Milk

Corn Dog

Baked Beans & Fries

Baked Apple Crisp

PB&J Sandwich
Salad Bar, Baked Potato
Fruit & Milk

Chicken Nuggets & Rollyw Panther Sauce

Carrots & French Fries
PB&J Sandwich
Salad Bar, Baked Potato
Fruit & Milk

HOLIDAY NO SCHOOL

29

Turkey Sandwich w 4
Lettuce & Tomato
Broccoli & Carrots
PB&J Sandwich
Salad Bar, Baked Potato
Fruit & Milk

VETERANS DAY! 11

Sloppy Joe Sandwich Potato Wedges & Peas PB&J Sandwich Salad Bar, Baked Potato Fruit & Milk

Cheeseburger w/
Lettuce & Tomato

*Coleslaw & Broccoli
PB&J Sandwich
Salad Bar, Baked Potato
Fruit & Milk

HOLIDAY NO SCHOOL

25

Chili & Cheese Nach Salsa & Lima Bean Succotash PB&J Sandwich Salad Bar, Baked Potato Fruit & Milk

Southwest Chicken V 730 w/ Tomato Salsa

Rice & Fiesta Corn
PB&J Sandwich
Salad Bar, Baked Potato
Fruit & Milk

Hot Dog
Sweet Potato Fries &
Baked Beans
PB&J Sandwich

PB&J Sandwich Salad Bar, Baked Potato Fruit & Milk

26

HOLIDAY NO SCHOOL Cheese Ravioli & Dinner Roll
Side Salad
PB&J Sandwich
Salad Bar, Baked Potato
Fruit & Milk

Crispy Chicken Sandwick
Broccoli & Carrots
PB&J Sandwich
Salad Bar, Baked Potato
Fruit & Milk

THANKSGIVING MEA20

Turkey w/ Stuffing Mashed Potatoes & Gravy **Corn Pudding**

Pumpkin Pie & Milk

HOLIDAY NO SCHOOL

27

Tomato Soup & 21
Grilled Cheese Sandwich
Corn & Green Beans
PB&J Sandwich
Salad Bar, Baked Potato
Fruit & Milk

HOLIDAY NO SCHOOL

28

*Harvest of the Month is Cabbage! Featured Menu Item is Coleslaw!

*November is Native American Heritage Month! Featured Menu Item is Polenta!

*Pumpkin Bar Made with Local Pumpkins!