January 2025



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
		1	2	3	What is a Meal?
			Blueberry Donut Holes w/g	Glazed Donut Sticks w/g	You must choose at least 3 of th components available for the school breakfast price.
			Fresh Fruit 100 % Fruit Juice	Fresh Fruit 100 % Fruit Juice	- Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk
6	7	8	9	10	A minimum ½ cup serving of frui
Banana Muffin w/g	Mini Cinnamon Bagels w/g	Coco Puffs Cereal Bar With Graham Crackers	Blueberry Donut Holes w/g	Glazed Donut Sticks w/g	vegetable must accompany a reimbursable breakfast.
		Willi Granam Crackers			Choice of Fruit
Fresh Fruit 100 % Fruit Juice	Fresh Fruit 100 % Fruit Juice	Fresh Fruit 100 % Fruit Juice	Fresh Fruit 100 % Fruit Juice	Fresh Fruit 100 % Fruit Juice	Seasonal Fresh Fruit 100% Fruit Juice
					Choice of Milk
13	14	15	16	17	1% White or Lactaid
Banana Muffin w/g	Mini Cinnamon Bagels w/g	Coco Puffs Cereal Bar With Graham Crackers	Blueberry Donut Holes w/g	Glazed Donut Sticks w/g	
Fresh Fruit 100 % Fruit Juice	Fresh Fruit 100 % Fruit Juice	Fresh Fruit 100 % Fruit Juice	Fresh Fruit 100 % Fruit Juice	Fresh Fruit 100 % Fruit Juice	
20	21	22	23	24	
No	Mini Cinnamon Bagels w/g	Coco Puffs Cereal Bar With Graham Crackers	Blueberry Donut Holes w/g	Glazed Donut Sticks w/g	
School	Fresh Fruit 100 % Fruit Juice	Fresh Fruit 100 % Fruit Juice	Fresh Fruit 100 % Fruit Juice	Fresh Fruit 100 % Fruit Juice	
27	28	29	30	31	
Banana Muffin w/g	Mini Cinnamon Bagels w/g	Coco Puffs Cereal Bar With Graham Crackers	Blueberry Donut Holes w/g	Glazed Donut Sticks w/g	
Fresh Fruit 100 % Fruit Juice	Fresh Fruit 100 % Fruit Juice	Fresh Fruit 100 % Fruit Juice	Fresh Fruit 100 % Fruit Juice	Fresh Fruit 100 % Fruit Juice	
Your Team			Meal Prices		
Kristine Colo, Food Service Director 856.224.4900 ext. 2128 ma1535@metzcorp.com			Student Breakfast Reduced Breakfast	\$2.50 \$0.00	NUTRI-SERVI