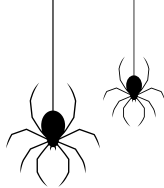


October 2024

# HEALTHY CONNECTIONS



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860-785-8380  
[www.ccthd.org](http://www.ccthd.org)

Welcome to Central Connecticut Health District's Healthy Connections monthly newsletter. We hope that the information we have included will help you make healthy lifestyle choices and provide you with the latest information in community health.

## Immunization Clinics

Scheduling is on-going for the October & November 2024 vaccination clinics.

The flu vaccine is available at all sites: However, the Rocky Hill and Newington Centers also offer Covid-19, RSV, Shingles & Pneumococcal vaccines\*

### Rocky Hill Senior & Community Center\*

October 2 - 2pm-6pm  
October 3 - 10am-2pm

### Pitkin Community Center, Wethersfield

October 8 - drive through - 2pm-6pm  
October 10 - indoor - 10am-2pm

### Newington Senior & Disabled Center\*

October 16 - 2pm-6pm  
October 17 - 10am-2pm

### Newington High School

October 19 - 10am-2pm  
*Sensory-friendly family clinic*

### Berlin Senior Center

October 22 - 2pm-6pm  
October 23 - 10am-2pm

## November Clinics will be held at 506 Cromwell Avenue in Rocky Hill, Suite 202 on:

November 4, 12, 19

Additionally, all the noted vaccines are available for residents of Berlin, Newington, Rocky Hill, and Wethersfield who are homebound.

Appointments are required for all clinics: please go to [ccthd.org/flu](http://ccthd.org/flu) to sign-up, and see clinic hours

For assistance with the on-line appointment system, or homebound care call 860-785-8380 ext. 216

## New Tdap Cocoon Program



Are you caring for a newborn?

CCHD is offering the Tdap vaccine at no cost for residents over the age of 19, who care for a newborn under the age of one.

Why receive a Tdap vaccine?

Newborns do not yet have fully developed immune systems, making them particularly vulnerable to pertussis (P in Tdap) infection.

The Tdap vaccine offers protection from three serious diseases: Tetanus, Diphtheria, and **Pertussis** (whooping cough).

If you're unsure of your vaccination status, contact us at 860-785-8380, ext. 216 for more information and to potentially schedule your vaccination.

## Have you heard?

All U.S. households can soon order up to four no cost COVID-19 at-home tests via [COVIDtests.gov](https://www.covidtests.gov).

Testing kits will be mailed once the federal program restarts in late September.



Call 860-785-8380 ext. 216 if assistance is needed ordering the at-home kits

In addition, stop by CCHD's main office weekdays between 8:30am-4:30pm for no cost N-95 masks.

## Halloween Safety

**Costume Safety:** Make sure that costumes, wigs & accessories are fire-resistant

**When They're on the Prowl:** Children going alone, have a route you are aware of

**Safety Tips for Motorists:** Discourage new, inexperienced drivers from driving on Halloween



For additional safety tips visit the National Safety Council [nsc.org](https://www.nsc.org)

## Open Clinic Hours: Tuesdays in October 9am-2pm at 506 Cromwell Ave, Suite 202, Rocky Hill

Offerings include blood pressure screenings, Hepatitis C antibody screening, and information on substance use disorders: including resources, treatment and support. Naloxone kits and training on its use available. [Appointments not necessary.](#)

Upcoming Events

