

Basic Catholic Prayers and Parish Resources



Parents: This workbook is offered so that you might have the opportunity to pray together as a family and so that you will know the types of prayers that are commonly said throughout the school year. Additionally, we have included parish contacts so that you might register for sacramental prep at your regional parish.

Prayers

➤ Prayers introduced and learned in School:

1. The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

2. Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be world without end. Amen

3. Hail Mary

Hail Mary, full of grace the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

4. The Lord's Prayer (Our Father)

Our Father, Who art in Heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

5. The Memorare

Remember, O most gracious Virgin Mary,
that never was it known
that anyone who fled to thy protection,
implored thy help,
or sought thy intercession,
was left unaided.
Inspired by this confidence
I fly unto thee,
O Virgin of virgins, my Mother.
To thee do I come,
before thee I stand,
sinful and sorrowful.
O Mother of the Word Incarnate,
despise not my petitions,
but in thy mercy hear and answer me.
Amen.

6. The Guardian Angel Prayer

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side to light and guard, to rule and guide. Amen

7. An Act of Contrition

O My God, I am heartily sorry for having offended Thee, and I detest all my sins, because of Thy just punishments, but most of all, because they offend Thee my God, Who are all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and to avoid the near occasion of sin. Amen

8. The Prayer of Fatima

O my Jesus, forgive us our sins, save us from the fires of Hell and lead all souls to Heaven, especially those in most need of Thy mercy. Amen.

9. Prayer to Saint Michael

St. Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O prince of the Heavenly hosts, by the power of God, thrust into Hell Satan and all the evil spirits who prowl about the world, seeking the ruin of souls. Amen.

10. Grace before meals

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty, through Christ Our Lord. Amen

11. Grace after meals

We give Thee thanks for all Thy benefits, O Almighty God, who lives and reigns forever. Amen

12. Hail Holy Queen

Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O clement, O loving, O sweet Virgin Mary! Pray for us, most holy Mother of God, that we may be made worthy of the promises of Christ. Amen.

13.The Morning Offering

O Jesus, through the Immaculate Heart of Mary,
I offer you my prayers, works, joys, and sufferings of this day
for all the intentions of your Sacred Heart
in union with the Holy Sacrifice of the Mass throughout the world,
for the salvation of souls, the reparation of sins, the reunion of all Christians,
and in particular for the intentions of the Holy Father this month. Amen.

14.The Apostle's Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; And in Jesus Christ, His only Son, Our Lord; Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; He descended into hell; on the third day He arose again from the dead; He ascended into Heaven, and is seated at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead.
I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

Parish List

- **Regional Parishes:** As a regional school, we are blessed to be members of many parish families. Each parish will offer its unique mass and reconciliation times. The websites provided will be your best point of reference. We encourage you, the summer prior to second grade, to pursue sacramental faith formation at your home parish for first reconciliation and first communion. Please call and ask to speak with your Director of Religious Education and/or Faith Formation Director in order to register your child.

The Pastorate of St. Francis-St. Mary & Holy Family

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Middletown, MD 21769

301-473-4800

<https://www.thepastorate.com/>

St. Ignatius of Loyola

Rev. Brian Nolan

4103 Prices Distillery Rd.

Ijamsville, MD 21754

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St. John the Evangelist

Rev. John Williamson

112 East Second Street

Frederick, MD 21701

301 662-8288

<https://stjohn-frederick.org/>

St. Joseph-on-Carrollton Manor

Rev. John Williamson

5843 Manor Woods Road

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301 663-0907

<https://stjoesbuckeystown.org/>

St. Katharine Drexel

Rev. Keith Boisvert

8428 Opossumtown Pike

Frederick, MD 21702

301 360-9581

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St. Peter the Apostle

Rev. Chuck Wible

9190 Church Street

Union Bridge, MD 21791

301 898-5111

<https://www.stpeter-libertytown.org/>

St. Timothy

Fr. Juan Vazquez-Rubio

200 Glade Boulevard

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