

September Menu 2023

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | | | 1 <u>LUNCH</u> 1 st French Dip Sandwich 2 nd Fish Sticks or Corn Dog Nuggets Mac & Cheese, Pinto Beans, Hushpuppies 3 rd Pizza & Fries 4 th Potato Bar |
| 4 Labor Day NO SCHOOL | 5 <u>LUNCH</u> 1 st Chicken Sandwich & Tater Tots 2 nd Eggs, Sausage Gravy Biscuit, Tater Tots, Baked Apples 3 rd Pizza & Fries 4 th Nacho Bar | 6 <u>LUNCH</u> 1 st Popcorn Chicken 2 nd Cheese Sticks w/ Marinara or Popcorn Chicken Green Beans, Glazed Carrots, Cookie 3 rd Pizza & Fries 4 th Potato Bar | 7 <u>LUNCH</u> 1 st Mozzarella Sticks w/ Marinara 2 nd Rib Sandwich Fries, California Veggies 3 rd Pizza & Fries 4 th Nacho Bar | 8 <u>LUNCH</u> 1 st Chicken Wings 2 nd BBQ or Cheeseburger Waffle Fries, Baked Beans 3 rd Pizza & Fries 4 th Potato Bar |
| 11 <u>LUNCH</u> 1 st Cheeseburger & Fries 2 nd Popcorn Chicken Roll, Mashed Potatoes, Peas 3 rd Pizza & Fries 4 th Potato Bar | 12 <u>LUNCH</u> 1 st Quesadilla 2 nd Meatball Sub or Cheese Bites Steamed Broccoli, Whole Potatoes 3 rd Pizza & Fries 4 th Nacho Bar | 13 <u>LUNCH</u> 1 st Cheeseburger 2 nd Hot Dog w/ Chili Baked Beans, Chips 3 rd Pizza & Fries 4 th Potato Bar | 14 <u>LUNCH</u> 1 st Rib Sandwich 2 nd Chicken Sandwich Smiley Fries, Fresh Veggie Mix w/ Ranch, Cookie 3 rd Pizza & fries 4 th Nacho Bar | 15 <u>LUNCH</u> 1 st Chicken Casserole 2 nd Fish Sticks or Corn Dog Nuggets Mac & Cheese, Pinto Beans, Hushpuppies 3 rd Pizza & Fries 4 th Potato Bar |
| 18 <u>LUNCH</u> 1 st Chicken Patty 2 nd Ham or Turkey & Gravy Roll, Mashed Potatoes, Peas 3 rd Pizza & Fries 4 th Potato Bar | 19 <u>LUNCH</u> 1 st General TSO Chicken 2 nd Teriyaki Beef or Orange Chicken Egg Roll, Steamed Broccoli, Glazed Carrots, Rice, Fortune Cookie 3 rd Pizza & Fries 4 th Nacho Bar | 20 <u>LUNCH</u> 1 st BBQ Nachos w/ Queso 2 nd Chicken Taco or Quesadilla Corn, Black or Refried Beans 3 rd Pizza & Fries 4 th Potato Bar | 21 <u>LUNCH</u> 1 st Calzone 2 nd Hot Ham & Cheese Croissant or Meatball Sub Green Beans, Fresh Veggie Mix w/ Ranch 3 rd Pizza & Fries 4 th Nacho Bar | 22 <u>LUNCH</u> 1 st Chicken Wings & Fries 2 nd Fish Sticks or Corn Dog Nuggets Mac & Cheese, Pinto Beans, Hushpuppies 3 rd Pizza & Fries 4 th Potato Bar |
| 25 <u>LUNCH</u> 1 st Chicken Tenders 2 nd Chicken Tenders or Cheese Bites Steamed Broccoli 3 rd Pizza & Fries 4 th Potato Bar | 26 <u>LUNCH</u> 1 st Chicken Sandwich & Tater Tots 2 nd Eggs, Sausage Gravy Biscuit, Tater Tots, Baked Apples 3 rd Pizza & Tater Tots 4 th Nacho Bar | 27 <u>LUNCH</u> 1 st Popcorn Chicken 2 nd Popcorn Chicken or Cheese Sticks w/ Marinara Green Beans, Glazed Carrots, Cookie 3 rd Pizza & Fries 4 th Potato Bar | 28 <u>LUNCH</u> 1 st Mozzarella Sticks w/ Marinara 2 nd Rib Sandwich Fries, California Veggies 3 rd Pizza & Fries 4 th Nacho Bar | 29 NO SCHOOL |

CHOOSE ONE ENTRÉE FOR LUNCH. EACH TRAY MUST HAVE A FRUIT OR VEGETABLE AND AT LEAST 2 OTHER ITEMS TO BE CONSIDERED A MEAL.

MEALS ARE SUBJECT TO CHANGE WITHOUT ANY NOTICE