



# THE TROJAN PRIDE

APRIL 2023

A Newsletter from Your Public School

360.291.3244

## FROM THE PRINCIPAL

Hello all! We welcome Spring and April with Spring Break the 1st week of April, and I hope that families have plans to enjoy this opportunity. The next few months will be a busy time for students once they return from the break with State testing, sports and school activities to name a few things that will be taking place. Students in grade 3-8 and 10-12 will be making final preparations for testing at the end of April and beginning of May. These tests will be conducted at the school in the students' classrooms by their teachers. It is very important to have students well prepared not only by the school but home as well. Have students get plenty of sleep the day before testing, eat a good breakfast and be on time to school when testing happens so as to not get behind.

As for sports, baseball, fast pitch and track are in full swing and there are many games and meets scheduled in the month of April. For the latest and most updated schedule of events, please consult our school website under Athletics to view the calendar. Sports pictures for MS/HS sports will be on April 24, 2023, so keep an eye out for the paperwork. There is also a Baked Potato Bar fundraiser on April 25, 2023 from 4:00-7:00 pm in the cafeteria supporting Pe Ell and PWV Athletics. Come and enjoy dinner and support our kids.

Other upcoming events, Seniors have started their Senior Projects and will be working on those as well as scholarships while working toward graduation. There is also Skills USA and FBLA who will be competing at their State competitions in April, and we wish them the best of luck. Grandparent Luncheon has returned this year and will be April 20, 2023 for students in TK-5. Teachers have sent home the invitations, so keep an eye out for those. I would like to give a big thank you in advance to our kitchen staff, Missie and Kandi and their crew, for putting this event on.

The school year is working its way to a close after the break, and I hope that students have a great end of the year. Just a reminder that attendance is important to a student's education and more time out of school means less time learning in the classroom.

Thank you and have a great April – Mr. Shepherd

### MISS WASHINGTON VISITS PE ELL SCHOOL!

Regan Gallo, the reigning Miss Washington, came to visit Pe Ell Middle/High School from Puyallup on March 15. The presentation she gave was about the vaping and E-cigarettes. She spoke about how you should avoid the dangerous chemicals of vaping and E-cigarettes.

We thank her for coming to our school!



Picture of Seniors and Juniors with Miss Washington in the middle.



### REMINDER OF WHEN SCHOOL OPENS

Students should not be at school until 7:50 A.M. Staff won't be available to help until then.




### SPORTS PHYSICALS

Sports physicals will be offered this year at the Pe Ell School. The physicals will be offered on

Friday, May 19, 2023 beginning at 9:00 am in the gym. Cost will be \$25.00.

More information to follow about sign-ups for sports physicals, which will be good through the 2023-24 school year.



APRIL PE ELL SCHOOL MENU 2023				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
04/03/23	04/04/23	04/05/23	04/06/23	04/07/23
BREAKFAST				
NO SCHOOL!!!	NO SCHOOL!!!	NO SCHOOL!!!	NO SCHOOL!!!	NO SCHOOL!!!
LUNCH				
	ENJOY	SPRING	BREAK!!!	
BREAKFAST				
04/10/23	04/11/23	04/12/23	04/13/23	04/14/23
Breakfast Sandwich Fruit & Juice Milk	Yogurt & Granola Fruit & Juice Milk	Pancake Sausage Stick Fruit & Juice Milk	Fruit Churros Fruit & Juice Milk	NO SCHOOL!!!
LUNCH				
Chicken Nuggets & Tots Garlic Toast Broccoli Bites Peaches & Milk	Soft Taco Lettuce & Tomato Refried Beans Pears, Jello & Milk	Chicken Noodle Soup Bologna Sandwich Veggie Sticks Applesauce & Milk	Cheeseburger Lettuce & Tomato Fries & Fresh Fruit Dessert & Milk	HAPPY FRIDAY!!!
BREAKFAST				
04/17/23	04/18/23	04/19/23	04/20/23	04/21/23
Bagel & Cream Cheese Fruit & Juice Milk	Cereal & Cheese Stick Fruit & Juice Milk	Breakfast Burrito Fruit & Juice Milk	Oatmeal Protein Bar Fruit & Juice Milk	NO SCHOOL!!!
LUNCH				
Teriyaki Dippers Rice & Breadstick Stir Fry Veggies Mixed Berry Cup & Milk	Pizza Salad Corn Pineapple & Milk	Corn Dog & Fries Celery Sticks Baked Beans Mixed Fruit & Milk	Pulled Pork On A Bun Salad/Coleslaw Chips & Peaches Dessert & Milk	HAPPY FRIDAY!!! <i>WELCOME GRANDPARENTS!!!</i>
BREAKFAST				
04/24/23	04/25/23	04/26/23	04/27/23	04/28/23
Oatmeal & Toast Fruit & Juice Milk	Yogurt & Granola Fruit & Juice Milk	Breakfast Pizza Fruit & Juice Milk	Maple Bar Fruit & Juice Milk	NO SCHOOL!!!
LUNCH				
Waffles & Sausage Hashbrown Strawberries Juice & Milk	Meatball Sub Sandwich Salad Peaches Milk	Fish Tacos Corn Salad Chips & Salsa Pears & Milk	Chicken Burger Lettuce & Tomato Fries Fresh Fruit & Milk	HAPPY FRIDAY!!!
<b>DAILY PRICES:</b>				
BREAKFAST GRADES TK-12	FREE	WE WILL BE UTILIZING THE COMMUNITY ELIGIBILITY PROVISION!!! ALL STUDENT MEALS WILL BE FREE FOR THE 22-23 SCHOOL YEAR!	"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."	
LUNCH GRADES TK-12	FREE			
ADULT BREAKFAST	\$3.00			
ADULT LUNCH	\$4.85		MENU SUBJECT TO CHANGE	
CHILD VISITOR BREAKFAST	\$1.50			
CHILD VISITOR LUNCH	\$3.00			
MILK OR JUICE	\$0.45			

# HIGH SCHOOL NEWS

## Spring is the Time of Plans and Projects



### MONTHLY REMINDERS

April 3-7 is Spring Break!  
April 11 is the end of the 3rd Quarter.  
April 18 is Class Meetings, from 2:15-2:35.  
April 18 is Class/Group photos.  
April 20 is the Grandparents Luncheon.

### HIGH SCHOOL UPDATES!

The High School Prom will be held at the South Bend Chamber of Commerce, Saturday, May 6 from 8 to 11.

Only Seniors and Juniors are allowed to attend unless a Senior or a Junior takes a Sophomore or Freshman as a plus one.



**AUTISM AWARENESS**  
**WORLD AUTISM DAY**  
 Sunday, April 2



### **BAKED POTATO BAR**

with all the trimmings: salad, dessert, punch & coffee  
**Tuesday, April 25, 2023**  
**Cafeteria • 4:00 to 7:00**  
 \$10 per person – family of 4 - \$30  
 Come support Pe Ell/PWV Athletics



\$35 each or a sibling price of 2 for \$60  
 - purchase in the office  
 - don't have regret years later wishing you would have purchased one!



### **FUNDRAISER!**

The Junior class is doing a Little Caesar's Pizza fundraiser in April! The Pizza kits cost \$21-24. Juniors will stop selling April 17 and will be delivering May 8. For more information, please contact Ms. Robinson or an 11<sup>th</sup> grader.



# **MORE HIGH SCHOOL NEWS**

## ***DOLLARS FOR SCHOLARS WAS A MAJOR SUCCESS!***



On behalf of the Pe Ell Booster Club, we would like to thank everyone who donated to our scholarship dinner and auction. A special thank you to those who bid on items and donated their money to the kids. We were able to raise over \$40,000 for scholarships, and we couldn't be more grateful! Thank you to our volunteers who helped set up and take down. We can't wait for next year; hope to see you all there!



# HIGH SCHOOL CLUBS & MORE NEWS!

## Knowledge Bowl



Congratulations to the Knowledge Bowl Team for finishing 8th Place at the State Tournament in Wenatchee. The Mighty Trojans had to trek over two mountain passes to get to the competitions. This was not enough to stop this group of young people from battling others from around the state. We had adversity and challenges that we had to get through but we truly understand that Knowledge is Power. Carpe Diem. Participated and in picture, Carter P, Odin H, Kaden K, Cowyn M, Calan M & Logan O.



Baseball and Fast Pitch seasons are happening now and the weather sometimes doesn't agree. To keep up with changes to these sports, please sign up for NotifyMe and click Sports. Also please see the athletic calendar on the Pe Ell School website for any changes as well.



F.B.L.A. hosted a fundraiser for watching kids whose parents went to the Dollars for Scholars dinner on Saturday, March 18. It was hard to tell who had more fun – the little kids being watched or the big kids doing the watching! F.B.L.A will be going to state April 19-22 in Spokane.

## Recipe for Buckeyes

By Odin Hasby

Buckeyes are sweetened peanut butter balls dipped in chocolate. They originate from Ohio and take their name from their resemblance to the nut of the buckeye tree.

### Ingredients

- 2 cups of peanut butter
- 8 ounces or 2 sticks of unsalted butter
- 1 ½ cups of chocolate chips
- 3 ½ cups of powdered sugar
- ¼ cup of milk (optional)



### Instructions

Mix together the peanut butter and 1 stick of softened butter in a large bowl. Once it is thoroughly mixed into a batter, add the powdered sugar 1 cup at a time. Thoroughly mix (I recommend using a large fork) after adding each cup. After it is all mixed, the mixture should be able to be rolled into balls about the size of golf balls. If you can't quite get them to come together, add the ¼ cup of milk. To help prevent sticking, liberally dust your hands with powdered sugar. When you are ready, roll the mixture into balls and place them on either a large plate or cookie sheet. Add parchment paper to your plate or sheet for easier clean up. When you are done, place in the fridge for 3 hours. When the 3 hours is up place the chocolate chips and the other stick of butter (chopped into pieces) in a microwave safe bowl. Microwave and mix with a fork in 20 second intervals. Once the chocolate is smooth, take your peanut butter balls out of the fridge. Insert a toothpick about midway into a peanut butter ball and dip it into the melted chocolate. Once dipped, place the ball onto a large plate. Repeat until every ball is coated and place the plate into the fridge overnight. The next day they will be ready to eat.

Buckeyes last in the fridge for about 6 days or in the freezer for 2 months.

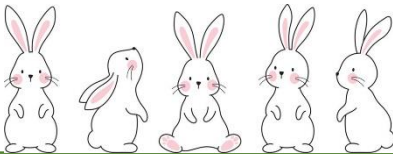
# ELEMENTARY & MORE NEWS!

“Being different isn’t a bad thing. It means you’re brave enough to be yourself.”



## STUDENTS OF THE MONTH FOR JANUARY AND FEBRUARY

Left to right: Stella L. (1<sup>st</sup> grade Feb), Justin M. (3<sup>rd</sup> grade Feb), Henry P. (1<sup>st</sup> grade Jan), Harrison M. (2<sup>nd</sup> grade Feb), Alora H. (K-Feb), Matthew R. (K-Jan), Ashlynn R. (4<sup>th</sup> grade Feb), and Alexi M. (5<sup>th</sup> Feb).



## Grandparents and Senior Friends Lunch

Thursday, April 20

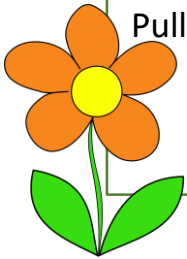
11:00 a.m.

### Menu

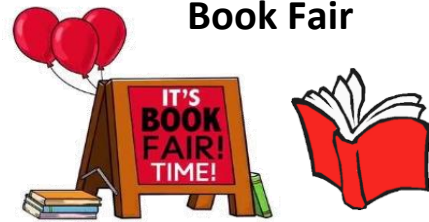
Pulled Pork Sandwiches

Cost is \$4.85

Located in the Big Gym



## Spring Scholastic Book Fair



May 30 to June 6

We can't wait to see you!

## Butterfly Maze!

Start!



## 2023 Child Find Developmental Screening

Developmental screening for preschool/kindergarten age kids (3-5 years old) and birth-3 years old. Any child who resides in the following districts is encouraged to attend a developmental screening. Areas screened include: Cognition, Motor, Speech, Hearing and Social/Behavior. Please contact the school district at 360-291-3244 to schedule an appointment. This is a free service.

Pe Ell screening is on April 12 from 8:30-12:00 in the Little Gym

For additional information, please call your local school, or the Lewis County Education Co-op at (360) 748-3384. If your family is living in a temporary situation, you may contact the district where you are staying to attend a screening.



**“Learning is a treasure that will follow its owner everywhere.”**

## Middle School Ping Pong Ball Machine Contest

Recently, the Middle School classes have been working on a machine that is supposed to be able to pick up a ping pong ball. The machines are made out of only three materials: paper, paper clips, and post it notes. Here are the winners!



1<sup>st</sup> place winners with their machine. The Grittys: Mauricio M., Karli P., Ruby M.



2<sup>nd</sup> place winners with their machine. Pete’s Toes: Kason P., Maisy K., Brody M., Fynn M.



## BOOSTER CLUB!



Don't forget your Booster Board renewal! The renewal fee remains \$10. You may mail your money to the Pe Ell Trojan Booster Club at PO Box 368, Pe Ell, WA 98572. If you would like to show your Trojan Pride, a board may be purchased for \$20 with renewal of \$10 annually! Thank you for helping us help our kids!

**If you have money for the booster board, you can also send it to the office!**

## Papa Murphy's Pizza Cards

Middle School is still selling coupon cards for Papa Murphy's Pizza. If you buy a card, simply peel off the stickers when at your next Papa Murphy's visit. The cards look similar to the one below. The cards don't expire and are accepted at Papa Murphy's Nationwide. The cards are available for sale right now. If you'd like to buy one, you can contact Ms. Capps at [kcapps@peell.k12.wa.us](mailto:kcapps@peell.k12.wa.us). or purchase one from any Middle School student.



## Hi Cap Field Trip Reviews

Recently, the Hi Cap class went on a special field trip to the Rice Museum of Rocks, Gems, and Minerals. The Hi Cap adviser, Joel Black, described it as, in reference to Hi Cap, "its best field trip of the year". Below are some photos of some of the many gems and minerals the Hi Cap class was able to see.



**Board of Directors**

Cecile Baggenstos, Chair  
Mara McGrath, Vice Chair  
Chad Burnett, Legislative Representative  
Jason Phelps  
Seth Sharp

PE ELL SCHOOLS



TROJAN PRIDE

Pe Ell School District No. 301  
PO Box 368  
Pe Ell, WA 98572

NONPROFIT ORGANIZATION  
U.S. POSTAGE PAID  
PE ELL, WA 98572  
PERMIT #2

# POSTAL ROUTE RURAL ROUTE 4



**District Administration**

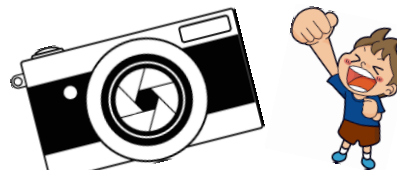
Kyle MacDonald, Superintendent  
Bobby McCalden, Business Manager  
Brandon Pontius, TK-8 Principal  
Keith Shepherd, HS Dean of Students/AD  
Julie Castro, Secretary  
Lisa Miller, District Secretary

## APRIL CALENDAR

Apr 3 – 7	<b>SPRING BREAK – No School!</b>	
Apr 7	HS BB @ Toledo (V/JV)	3:00
Apr 10	<b>CTE Spring Advisors' Meeting –Mr. Dorothy's Lab</b>	6:00
	HS FP @ Rochester	4:00
Apr 11	HS BB/FP vs N. Beach (DH)	3:00
Apr 12	<b>PRESCHOOL SCREENING</b>	
	MS Track @ Ocosta	3:30
	HS BB @ Mossyrock (V/JV)	3:00
Apr 13 – 15	<b>SkillsUSA STATE CONFERENCE - Tacoma</b>	
Apr 14	HS FP @ Toledo	4:00
	HS JV BB/FP vs Adna	4:00
Apr 15	HS JV FP Tourney @ Napavine	10:00 a.m.
Apr 17	HS BB @ Winlock	4:00
Apr 18	<b>Class/Group Pictures</b>	
	HS BB/FP @ Ocosta (DH)	3:00
	HS Track @ Rainier	4:00
Apr 19 – 22	<b>FBLA STATE LEADERSHIP CONFERENCE - Spokane</b>	
Apr 19	MS Track @ Naselle	3:30
Apr 20	<b>GRANDPARENTS LUNCHEON - Cafeteria</b>	
	<b>SCHOOL BOARD MEETING - Library</b>	
Apr 21	HS Track – Chehalis Activators	4:30
Apr 22	HS Track – Chehalis Activators	9:00 a.m.
	HS BB vs Mossyrock	12 noon
	HS JV BB vs Mossyrock	2:00
	HS JV FP Tourney in Pe Ell	10:00 a.m.
Apr 24	<b>SPORTS PICTURES</b>	
Apr 25	HS BB/FP vs Ilwaco (DH)	3:00
	<b>Baked Potato Bar Fundraiser – Pe Ell/PWV Athletics</b>	4:00
Apr 26	HS BB vs Naselle (V/JV)	3:00
	MS Track @ Ocosta	3:30
	HS JV FP @ RSB	4:00
Apr 27	<b>Olympia Jr Theatre Field Trip (K &amp; 1<sup>st</sup> grade)</b>	
	HS Track @ Toutle Lake	4:00
Apr 28	HS FP @ Hoquiam (V/JV)	4:00

\* Events are subject to change – especially with baseball and fast pitch, so please check Website for updates!

## STUFF TO KNOW



**Class Pictures for all grades will be Tuesday, April 18.**



## Basketball Shooting Clinic

On April 28, from 10:00 to 1:00, Coach Kurt Guelsdorf, current head women's basketball coach at Clackamas Community College, is coming to Pe Ell to offer his knowledge and teach kids techniques and drills for becoming a top shooter.

This clinic is available to all students, both boys and girls, in grades 6-12 for the low cost of \$20 per kid. **A sign-up sheet will be in the office, and students can just pay the day of the clinic.**

As a previous high school coach, Guelsdorf has an overall record of 451-123, with 3 state championships, 15 league championships, 8 coach of the year awards, and more. He was also one of the featured speakers of the 2022 Women's Final Four Round Table.

We hope our students will take advantage of this opportunity to learn shooting from one of the best in the business.

**Garage SALE!** **Bake SALE**  
Proceeds go to Pe Ell HS Wrestling Program  
**MAY 12 - 12p-5p** **MAY 13 - 8a-11a**  
At PE Ell School

## TROJAN PRIDE NEWSLETTER TEAM

**Editor:** Mrs. Leza Schimelpfenig  
**Design Team:** Dylan Brown, Michael Bontempo, Navarra Chappell, Kian Eddy, Odin Hasby, and Wyatt Kissner



Pe Ell School District may not discriminate on the basis of sex, race, color, creed, religion, national origin, age, disability, marital status, sexual orientation, gender identity and expression, veteran or military status, or the use of a service animal by a person with a disability, and must provide equal access to all designated youth groups. For questions or complaints, please contact Pe Ell School District's Equity and Civil Rights Office at P. O. Box 368, Pe Ell, WA 98572 or at (360)291-3244, Compliance Officer, Kyle MacDonald; Title IX Officer, Stasha Magruder; and 504 Coordinator, Brandon Pontius.