

NOVEMBER 2024

BREAKFAST



School Information: This Institution is an Equal Opportunity Provider.

All Fruit is either fresh, frozen or in light syrup.



November 25 is National Parfait Day! Enjoy a low-fat yogurt parfait for breakfast, snack or lunch. Top with fruit and nuts to get in two more food groups. Look for seasonal flavors of yogurt or a fruit that's in season to add variety throughout the year.



MONDAY

Menu subject to change without notice due to availability of products.

TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

Cereal
Cinnamon Toast
Fruit
Juice
Milk

4

Bacon
Omelet
Fruit
Juice
Milk

5

Muffin
Apple Slices
Peanut Butter Cup
Juice
Milk

6

Breakfast Nachos
Fruit Salad
Juice
Milk

7

Biscuit w/ Gravy
Sausage
Fruit
Juice
Milk

8

Blueberry Scone
Fruit
Juice
Milk

11

Pancake w/ Syrup
Fruit
Juice
Milk

12

Donut
Fruit
Juice
Milk

13

Parfait
Fruit
Juice
Milk

14

Biscuit w/ Gravy
Sausage
Fruit
Juice
Milk

15

Cereal
Cinnamon Toast
Fruit
Juice
Milk

18

Cinnamon Roll
Fruit
Juice
Milk

19

Pancake on a Stick
Syrup
Fruit
Juice
Milk

20

Waffle w/ Syrup
Fruit
Juice
Milk

21

Biscuit w/ Gravy
Sausage
Fruit
Juice
Milk

22

THANKSGIVING BREAK

25

THANKSGIVING BREAK

26

THANKSGIVING BREAK

27

THANKSGIVING BREAK

28

THANKSGIVING BREAK

29

NO SCHOOL

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