# **Owosso Public Schools Elementary**

# menus for

This institution is an equal opportunity provider. Menus are subject to change.

# OPS Food & Nutrition Department

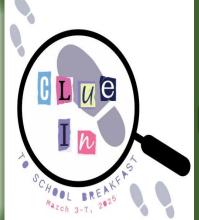
We are excited to have our students back to school and eating FREE nutritious meals again this school year.

Please feel free to reach out to our department with any questions..... 989.729.5486

Joy = Hartman@owosso.k12.mi.us

Please feel free to visit our website for more information and links to online forms and menu's

https://www.owosso.k12.mi.us/ foodnutritionservices



March 3-7

# Monday, March 3

# Breakfast

WG Breakfast Bun Raisins 100% Fruit luice Michigan Milk

# Lunch

WG Chicken Shapes WG Zee Zee Crackers **Baby Carrots** Yellow Corn **MI Great Grapes** Michigan Milk

# Tuesday, March 4

# **Breakfast**

WG Benefit Bar Michigan Apple 100% Fruit Juice Michigan Milk

# Lunch

WG Soft Taco Shredded Lettuce Diced Tomatoes Shredded Cheese Orange Wedges Michigan Milk

# Wednesday, March 5

## Breakfast

WG Breakfast Bread Clementine 100% Fruit luice Michigan Milk

# Lunch

WG Bosco Sticks Broccoli MI Cucumber Coins MI Mixed Berry Cup Michigan Milk

# Thursday, March 6

# **Breakfast**

WG French Toast Bar Fresh Pear 100% Fruit luice Michigan Milk

# "Lucky Tray Day!"

# Lunch

WG Rotini WG Garlic Bread Mixed Fresh Vegetables Green Beans Strawberry Cup Michigan Milk

# Friday, March 7

# **Breakfast**

WG Waffle **AppleSauce** 100% Fruit luice Michigan Milk

# Lunch

Perfect WG Pizza MI Tossed Romaine Salad MI Fresh Veg Cup Mixed Fruit Michigan Milk



**AVAILABLE** 



Fresh Fruit & Vegetable Bars

**Your Choice of** 

Fresh Daily Salads w/Gold Fish

**Crackers** 

Monday—Peanut Butter & Jelly

Jelly

Sandwich

**Tuesday - Ham Sub Sandwich** 

Wednesday -Peanut Butter &

Thursday -Turkey Sub



























# Friday-Grilled Cheese Sandwich

# Monday, March 10

# Breakfast

WG Cinnamon Roll Raisins 100% Fruit luice Michigan Milk

# Lunch

WG PopCorn Chicken WG Zee Zee Crackers Broccoli MI Celery MI Berry Cup Michigan Milk

# Tuesday, March II

# Breakfast

WG Breakfast Round **Round Orange** 100% Fruit Juice Michigan Milk

# Lunch

Walking Taco MI Sweet Corn Refried Beans MI Fresh Apple Michigan Milk

# Wednesday, March 12

# **Breakfast**

WG Breakfast Bread **Diced Pears** 100% Fruit Juice Michigan Milk

# Lunch

Chicken Drumstick **Mashed Potatoes Baby Carrots** Mixed Fruit Michigan Milk

# Thursday, March 13

# **Breakfast**

WG Muffin MI Fresh Fruit 100% Fruit Juice Michigan Milk

# Lunch

WG Mac & Cheese MI Romaine Salad Fresh Mixed Vegetable Diced Peaches Michigan Milk

# Breakfast

WG Benefit Bar

# Lunch

Perfect WG Pizza MI Fresh Vegetables **MI Strawberries** MI Celery

# Friday, March 14

MI Fresh Apple 100% Fruit Juice Michigan Milk

Michigan Milk

Traditional Irish dancers wear colorful outfits and either hard dance shoes ("jig shoes" or soft dance shoes ("ghillies")



# Monday, March 17

# "Happy St. Patrick's Day!" Brogue Breakfast

WG Gaelic Breakfast Bun 'Pot of Gold' Fruit 100% Rainbow Fruit Juice Michigan Magic Milk

# Lucky Lunch

Shamrock Chicken Nuggets **WG Leprechaun Crackers** Blarney Broccoli **Good Luck Green Grapes** Shamrock Slush Michigan Magic Milk

# Tuesday, March 18

# **Breakfast**

WG Banana Bread Michigan Apple 100% Fruit luice Michigan Milk

# Lunch

WG Soft Taco Shredded Lettuce **Diced Tomatoes** Shredded Cheese Orange Wedges Michigan Milk

# Wednesday, March 19

# Breakfast

WG Cereal Bar Fresh Banana 100% Fruit luice Michigan Milk

# Lunch

Cheeseburger WG Bun Potato Tots MI Celery MI Berry Cup Michigan Milk

# Thursday, March 20

# **Breakfast**

WG Waffle Raisins 100% Fruit luice Michigan Milk

# Lunch

WG Mini Corn Dogs **Baby Carrots Red Pepper Strips** Pear Cup Michigan Milk

# Friday, March 21

# Breakfast

WG Breakfast Bun MI Fruit Cup 100% Fruit luice Michigan Milk

# Lunch

Perfect WG Pizza Tossed MI Romaine Salad Fresh Veg Cup Strawberry Cup Michigan Milk

# Thursday, March 27

# **Breakfast**

WG Muffin **Apple Sauce** 100% Fruit luice Michigan Milk

# Lunch

WG Chicken Fingers WG ZeeZee Crackers Fresh Cut Vegetables Peas & Carrots Pineapple Bites Michigan Milk

# Friday, March 28

# **Breakfast**

WG Benefit Bar Fresh Fruit 100% Fruit luice Michigan Milk

1/2 Day Sack Lunch

# Polar bears are

the biggest bears in the world -- a big male may weigh a ton or more! To keep that weight on in a harsh dimate. polar bears will eat just about anything, but by far their favorite meals are ringed and bearded seals.

# ANIMAL APPETITES

# Monday, March 24

# Breakfast

WG Breakfast Bar Raisins 100% Fruit luice Michigan Milk

# Lunch

Breakfast for Lunch WG Waffle Sausage links Hash Brown Strawberry Cup Michigan Milk

# Tuesday, March 25

# **Breakfast**

WG Cereal Bar MI Fresh Apple 100% Fruit luice Michigan Milk

# Lunch

Walking Taco's Shredded Lettuce **MI Diced Tomatoes** Shredded Cheese Mixed Fruit Michigan Milk

# Wednesday, March 26

# Breakfast

WG Banana Bread **Round Orange** 100% Fruit luice Michigan Milk

# Lunch

WG Bosco Sticks Broccoli MI Cucumber Coins Peach Cup Michigan Milk

Don't forget to set your clocks forward one hour on Sunday, March 9!





**WELLNESS IS A WAY OF LIFE!** 

