



AN IMPORTANT MESSAGE FROM THE SCHOOL HEALTH OFFICES

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On January 10th, 2022 the New Jersey Department of Health updated their guidance on isolation and quarantine times for school settings. Some key points are outlined below. Additionally, please see the PDF link in the Thursday Folder labeled “Quarantine TimeFrames”.

Positive Test

Students who **test positive** for COVID-19, regardless of vaccination status, should isolate for at least 5 full days and take additional precautions during and after isolation. Day 0 is the day symptoms start. Day 5 is the last day of quarantine and day 6 is the first day the student may return to work or school.

In order to return to school Day 6, symptoms must have resolved, and the student must have remained fever-free for 24 hours.

Close Contacts

Students 5-17 years old who have had **close contact with someone with COVID-19** do not need to quarantine if they completed a *primary series* of COVID-19 vaccinations. Additionally, students with confirmed COVID-19 within the last 90 days (positive viral test) do not need to quarantine.

Those students 3-17 years old who have **had close contact with someone with COVID-19** MUST quarantine if they are not fully vaccinated.

Quarantine time for those eligible consists of a 5-day quarantine period. The date of exposure is day 0, day 5 is the last day of quarantine and day 6 is the first day the person may return to work or school.

In order to return to work or school Day 6, the individual must have remained symptom free over the 5-day quarantine period. If not, testing is advised.

Please feel free to reach out to your child’s School Nurse with any questions you may have!