

OCTOBER | 2023

Elementary



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 Country Fried Steak w/ gravy
Or Chicken Nuggets
Roll
Mashed Potatoes
Steamed Broccoli
Jello W/ Fruit
Fresh Fruit Bowl

3 Alex Crispito w/ Cheese Sauce
Or **Minecraft** Pizza
Herobrine Garden Salad
Wither Storm Black bean salad
w/ chips
Creeper Cinnamon apples
Steve Orange wedges

4 Chicken Nuggets w/Roll
Green Beans
Candied Yams
Cherry Applesauce
Fruit Parfait or
Grilled Chicken Caesar Salad
Plate

5 Don't **Pac** Your Lunch **Man**
PBJ Sandwich w/Cheese
Stick
Chicken Sandwich
Baked Chips / Dill Spear
Lettuce & Tomato Slices
Bashful Broccoli & Cauliflower &
Dip
Pineapple Tidbits w/Kiwi
Juice cup

6 Managers Choice

9

10

11

12

13

Fall Break

16 Hot Dog or
BBQ Sandwich
Baked Beans
Cole Slaw, Deli Roasters
Fresh Cut Fruit Bowl
Peach Slices

17 Hamburger w/Cheese or
Turkey Club
Lettuce, Tomato, Dill Slices
Baby Carrots w/Dip
Corn on Cob
Fresh Fruit Cup
Fresh Pear

18 Ham & Cheese Sandwich
or
Chicken Tenders w/ Roll
Garden Salad
Tater Tot Medley,
Pear Salad
Fresh baked cake w/
Strawberries and topping

19 Tangerine Chicken or
Chef Salad
Vegetable Rice
Honey Glazed Carrots, Roll
Fresh Red Grape Cluster
Glazed Apple Slices

20 Managers
Choice

23 Chicken Bites
Fish and Shrimp Basket
Cornbread, Macaroni &
Cheese
Blackeye Peas
Orange Wedges
Pineapple Tidbits w/Kiwi
Garnish

24 Sloppy Jo or
Cheeseburger
Baked Fries,
Lettuce, Tomato, Dill Slice,
Vegetables w/Dip,
Banana, Wacky Cake
Juice cup

25 Chicken Nuggets w/ Roll
Creamed Potatoes,
California Blend Mixed
Vegetables,
Fruit Cocktail
Fresh White Grape Cluster
Or Caesar salad plate

26 Beef & Cheese Nachos or
Chicken Tetrazzini
Ranch Style Beans
Tossed Salad
Whole Kernel Corn
Rosey Red Pear Halves
Apple Chips

27 PBJ Sandwich w/Cheese
Stick or
Deli Ham
Baked Chips / Dill Spear
Lettuce & Tomato Slices
Broccoli & Cauliflower w/Dip
Peach Slices
Juice Cup

30 Spaghetti w/Garlic Toast
or Soft-Shell Tacos
Shredded Cheese Cup
Garden Salad, Marinated
Black Bean Salsa w/Tortilla
Chips
Peach Slices
Fresh Fruit tray

31 Pepperoni Pizza or
Chicken Sandwich
Spinach & Strawberry Salad,
Corn on Cob, Orange Sherbet
Cherry Flavored Applesauce
Spider web (Funnel Cake)

1 Meatloaf or
Chicken Chunks
Rolls
Cream Potatoes, Brussel
Sprouts
Glazed Carrots,
Peach cups, Fresh pear

2 Lemon Grass Chicken w/
Spring Roll
Vegetable fried rice
Glazed Carrots
Green Peas
Or PBJ sack lunch

3 Teacher Workday

News

Carroll County will be celebrating National School Lunch Week October 2-6

