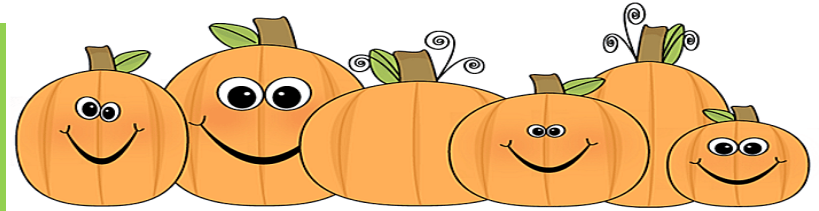


October 2021



Primary and Elementary School Breakfast Menus

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>The following applies to all menu items:</i></p> <ol style="list-style-type: none"> 1. 0 Trans fats 2. Low Sodium 3. Reduced Sugar 4. 51% Whole Grain Rich <p><small>Detailed nutrient information can be seen at SNP Central Office by contacting Margaret Goodin at 229-931-8546 or mgoodin@sumterschools.org.</small></p>		<p>Choice of chilled milk & fruit served with all meals.</p>		<p>1 French Toast Sticks</p> <p>Fruit Choice & Fruit Juice</p>
<p>4 WG Blueberry Muffin Cereal</p> <p>Fruit Choice & Fruit Juice</p>	<p>5 Blueberry Mini Pancakes</p> <p>Fruit Choice & Fruit Juice</p>	<p>6 Apple Cinnamon Muffin Yogurt Cup</p> <p>Fruit Choice & Fruit Juice</p>	<p>7 Cereal Pop Tart</p> <p>Fruit Choice & Fruit Juice</p>	<p>8 Chocolate or Grape Filled Crescent</p> <p>Fruit Choice & Fruit Juice</p>
<p>11 Mini Banana Loaf Yogurt Cup</p> <p>Fruit Choice & Fruit Juice</p>	<p>12 Pancake Pup</p> <p>Fruit Choice & Fruit Juice</p>	<p>13 Apple Frudel</p> <p>Fruit Choice & Fruit Juice</p>	<p>14 Cinnamon Roll Yogurt Cup</p> <p>Fruit Choice & Fruit Juice</p>	<p>15 Cereal Pop Tart</p> <p>Fruit Choice & Fruit Juice</p>
<p>18 Cinnamon Roll Yogurt</p> <p>Fruit Choice & Fruit Juice</p>	<p>19 Cereal Pop Tart</p> <p>Fruit Choice & Fruit Juice</p>	<p>20 Pancake Pup</p> <p>Fruit Choice & Fruit Juice</p>	<p>21 Cereal Bar</p> <p>Fruit Choice & Fruit Juice</p>	<p>22 French Toast Sticks</p> <p>Fruit Choice & Fruit Juice</p>
<p>25 WG Blueberry Muffin Cereal</p> <p>Fruit Choice & Fruit Juice</p>	<p>26 Maple Burstin' Mini Pancakes</p> <p>Fruit Choice & Fruit Juice</p>	<p>27 Orange Dream Muffin Yogurt Cup</p> <p>Fruit Choice & Fruit Juice</p>	<p>28 Cereal Pop Tart</p> <p>Fruit Choice & Fruit Juice</p>	<p>29 Chocolate or Grape Filled Crescent</p> <p>Fruit Choice & Fruit Juice</p>