

SEPTEMBER 2023

Haak'u Community Academy

This institution is an equal opportunity provider

**Menu subject to change upon product availability

	Monday	Tuesday	Wednesday	Thursday	Friday
					Morning Sundae
					Served with fresh fruit and granola topping 100% Fruit Juice
	Labor Day 4	Pancake on a Stick 5	Whole Grain Muffin	Mini Strawberry Bagel 7	Granola Bar/Gogurt® 8
		Fresh or canned fruit Syrup 100% Fruit Juice	Variety of muffin Red apple 100% Fruit Juice I	Fresh or canned fruit 100% Fruit Juice	Fresh or canned fruit 100% Fruit Juice
	French Toast Sticks	Oatmeal 12	Boiled Egg 13	Cinnamon Poptart 14	Breakfast Sandwich 15
	Fresh or canned fruit 100% Fruit Juice	Craisin and granola topper 100% Fruit Juice	Wheat toast 100% Fruit Juice	Yogurt Fresh or canned fruit 100% Fruit Juice	Egg/Ham/Cheese serve on croissant Banana 100% Fruit Juice
	Parent/Teacher Conferences	Banana Bread Square 19	Bagel & Cream Cheese 20	Cream of Wheat 21	Scrambled Egg/Ham 22
	Conterences	Fresh or canned fruit 100% Fruit Juice	Fresh or canned fruit 100% Fruit Juice	String cheese Fresh or canned fruit 100% Fruit Juice	Wheat toast Fresh or canned fruit 100% Fruit Juice
	Mini Pancake Wrap 25	Mini Strawberry Bagel 26	Uncrustable® 27	Biscuits and Gravy 28	Cold Cereal 29
	Fresh or canned fruit Pancake syrup 100% Fruit Juice	Fresh or canned fruit 100% Fruit Juice	Fresh or canned fruit 100% Fruit Juice	Fresh or canned fruit 100% Fruit Juice	Fresh or canned fruit 100% Fruit Juice