

NOVEMBER 2022

Moencopi Day School

LUNCH



Adult Lunch \$3.75 Sides \$1.00 Milk \$0.50
This Institution is an equal opportunity.
****MAY SUBJECT TO CHANGE****



November is National Peanut Butter Lovers Month. Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich.

MONDAY



Pork Pozole
 WG Flatbread
 Romaine Salad
 Ranch Dressing
 Mandarin Oranges
 Milk

1

TUESDAY

Hot Ham & Cheese Sandwich
 Baked Beans
 Sweet Potato Fries
 Mixed Berries
 Milk

7

Beed Stew
 Dinner Roll
 Steamed Broccoli
 Blueberries
 Milk

8

WEDNESDAY

Frito Chili Pie
 Diced Peaches
 Milk

2

Chicken Bowl
 Zucchini Squash
 Fruit Mix
 Milk

9

THURSDAY

National Sandwich Day
 Braised Beef
 Seasoned Brown Rice
 Steamed Corn
 Zucchini Squash
 Fruit Mix & Milk

3

BBQ Chicken
Cornbread
Seasoned Brown Rice
Steamed Carrots
Pineapple Tidbits & Cupcake
Milk

10

FRIDAY

Choice of Pizza
 Romaine Salad
 Ranch Dressing
 Cantaloupe
 Milk

4

Turkey Soft Taco
 Tortilla Chips
 Mild Salsa
 Spanish Rice
 Diced Peaches
 Milk

14

PB & J Sandwich
 Mozzarella String Cheese
 Carrots w/ Ranch Dressing
 Applesauce
 Milk

15

Chicken Tamales
 Romaine Salad
 Ranch Dressing
 Fresh Grapes
 Milk

16

Mandarin Orange Chicken
 Seasoned Brown Rice
 Green Beans
 Blueberries
 Milk

17

Turkey
Mash Potatoes & Gravy
Stuffing/ Dinner Roll
Steamed Vegetables
Pumpkin Pie w/Whip Cream
Milk

18

NO SCHOOL

THANKSGIVING BREAK

21

NO SCHOOL



22

NO SCHOOL



23

NO SCHOOL



24

NO SCHOOL

wishing Everyone a Safe and Happy Holic
THANKSGIVING BREAK

25

Chicken Nachos
 Lettuce & Tomato
 Mild Salsa
 Black Beans
 Mango
 Milk

28

Sloppy Joe
 Corn on the Cob
 Applesauce
 Milk

29

Chicken Tomato Bake
 WG Garlic Breadstick
 Steamed Broccoli
 Tropical Fruit
 Milk

30

