

# NOVEMBER 2024

This institution is an equal opportunity provider

## BREAKFAST



Every effort will be made to follow the published menu; however, last minute changes may be necessary.



**November 25 is National Parfait Day!** Enjoy a low-fat yogurt parfait for breakfast, snack or lunch. Top with fruit and nuts to get in two more food groups. Look for seasonal flavors of yogurt or a fruit that's in season to add variety throughout the year.



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Donut/ Donut Holes  
Fruit // Juice  
Milk

4

No School

5

Breakfast Pasty/Bread  
Fruit // Juice  
Milk

6

Sausage Pancake Stick  
Fruit // Juice  
Milk

7

Egg Omelet  
Fruit // Juice  
Milk

8

**Veterans Day**  
Pancakes or Waffles  
Fruit // Juice  
Milk

11

Breakfast Pizza  
Fruit // Juice  
Milk

12

Breakfast Pastry  
Fruit // Juice  
Milk

13

Meat Biscuit  
Fruit // Juice  
Milk

14

Dutch Waffle  
Fruit // Juice  
Milk

15

Muffin & Cheese stick  
Fruit // Juice  
Milk

18

Grilled Cheese  
Fruit // Juice  
Milk

19

Breakfast Pastry  
Fruit // Juice  
Milk

20

Meat Biscuit  
Fruit // Juice  
Milk

21

French Toast Sticks  
Fruit // Juice  
Milk

22

Thanksgiving Break

25

Thanksgiving Break

26

Thanksgiving Break

27

Thanksgiving Break

28

Thanksgiving Break

29