

**FSD5
Johnsonville
Elementary
and PDCAP
Headstart**

This institution is an equal opportunity provider. Menus are subject to change.



SPIN YOUR WHEELS.



Biking may be the only activity that combines exercise, fun, AND transportation! Just remember to always wear bright clothes, close-toed shoes, and a helmet – and follow the rules of the road!

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**

◆ WONDERS OF THE WORLD ◆



The Great Wall of China stretched for more than 13,000 miles, including all of its branches and fortifications. As many as 25,000 watchtowers studded the wall, which was primarily designed to keep out Mongol raiders and other nomads from the north. The wall was begun as early as 2600 years ago and was regularly extended, destroyed, rebuilt, and restored over the next 25-plus centuries. Most of what still exists today is about 400 to 600 years old, dating from the Ming Dynasty.

◆ THE GREAT WALL OF CHINA ◆



Every complete meal we serve comes with your choice of milk!

Wednesday, April 1	Thursday, April 2	Friday, April 3
Breakfast French Toast Sticks Fruit, Juice, & Milk Choice	Breakfast Eggs & Grits or Cereal Fruit, Juice, & Milk Choice	Breakfast Cereal Bar or Cereal Fruit, Juice, & Milk Choice
Lunch Chef Salad w/ Ham Or Steak & Gravy Mashed Potatoes Broccoli w/ Cheese Roll Fruit & Milk Choice	Lunch Southwest Salad w/ Chicken Or Garlic Parm Wings Mac n Cheese, Carrots w/ Ranch, Roll Fruit & Milk Choice	Lunch Chef Salad w/ Ham Or Pizza Carrots Fruit & Milk Choice



Hippos can open their mouths as much as four feet wide! They mainly just use that massive maw to graze on grass, and although they spend most of the day in the water, they are asleep much of that time and prefer to eat plants they find on dry land.

ANIMAL APPETITES

SPRING BREAK



**Break begins at the end of classes:
Friday, April 3**

**Classes resume:
Monday, April 13**

