



# Moencopi Day School

-2023-

# SEPTEMBER Breakfast

FRIDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY



**September is National Biscuit Month.** Try a breakfast sandwich on a biscuit or try out a new recipe with chicken and biscuits this month!

Reference: North American Food Service

**Adult Breakfast \$2.75**

**Sides \$1.50**

**Milk \$0.50**

This Institution is an equal opportunity.

**\*\*MAY SUBJECT TO CHANGE\*\***

4



5

Blue Corn Mush  
Sausage Patty  
Assorted Juice  
Fresh Grapes  
Assorted Milk

6

Breakfast Burrito  
Mild Salsa  
Mandarin Oranges  
Watermelon  
Assorted Milk

7

Toasted English Muffin  
Hash Brown Casserole  
Assorted Juice  
Blueberries  
Assorted Milk

8

Brown Rice w/ Raisins  
Scrambled Eggs  
Fresh Apple  
Assorted Milk

11

Cream of Wheat  
Whole Grain Toast  
Assorted Jelly  
Assorted Juice  
Raisins  
Assorted Milk

12

Turkey Ham, Egg & Cheese  
Sandwich  
Diced Peaches  
Fresh Grapes  
Assorted Milk

13

Oatmeal Muffin Squares  
Strawberry Yogurt  
Blueberries  
Fresh Banana  
Assorted milk

14

Huevos Rancheros  
Assorted Juice  
Watermelon  
Assorted Milk

15

Pancakes on a Stick  
Syrup  
Pineapple Tidbits  
Orange Smiles  
Assorted Milk

18

Blue Corn Mush  
Scrambled Eggs w/ Sausage  
Sliced Peaches  
Mixes Berries  
Assorted Milk

19

Egg & Sausage Sandwich  
Assorted Juice  
Orange Smiles  
Assorted Milk

20

WG Bagel  
Cream Cheese  
Fruit Cocktail  
Watermelon  
Assorted Milk

21

Breakfast Pizza  
Assorted Juice  
Strawberries &  
Banana  
Assorted Milk

22

WG Biscuit  
Chessy Scrambled  
Eggs  
Diced Pears  
Oranges Smiles  
Assorted Milk

25

French Toast Sticks  
Syrup  
Sausage Patty  
Assorted Juice  
Blueberries  
Assorted Milk

26

Breakfast Burrito  
Mild Salsa  
Fresh Apple  
Orange Smiles  
Assorted Milk

27

Blue Corn Mush  
Hard Boiled Egg  
Assorted Milk  
Fresh Grapes  
Assorted Milk

28

Whole Grain Toast  
Assorted Jelly  
Scrambled Eggs  
Diced Peaches  
Watermelon  
Assorted Milk

29

Pumpkin Chocolate Chip  
Muffin  
Strawberry Yogurt  
Applesauce  
Orange Smiles  
Assorted Milk