

May Independent School District

Where everybody is somebody

Steve Howard *Superintendent*

Nick Heupel HS Principal 1/13/2020

Allison Williams ES Principal

Dear Parents/Guardians,

School Board Members

Jeff Phillips *President*

Bo E. Allen Vice President

Mark Hanson Board Member

Ben McInnis
Board Member

Teri S. Murphree Secretary

Josh King Board Member

Charles "Chuck" Woods Board Member This letter is to notify you that your child may have been exposed to someone diagnosed with coronavirus disease 2019 (COVID-19) between 1/10/22 and 1/13/22. COVID-19 is a disease caused by a novel coronavirus, SARS-CoV-2.

COVID-19 is primarily spread from person-to-person and people typically become infected by coming in close contact (within 6 feet) with a person with COVID-19. You can become infected from respiratory droplets when a person with COVID-19 coughs, sneeze or talks. It is also possible to get COVID-19 by touching a surface that has the virus on it and then touching your eyes, nose, or mouth. Symptoms of COVID-19 include, but are not limited to, fever, cough, shortness of breath, sore throat, runny nose, muscle aches, fatigue, headaches, nausea, vomiting, diarrhea, and decreased sense of taste or smell.

Symptoms usually appear 2-14 days after exposure. How bad symptoms are and how long they last can be different for each person. Some people can test positive for the virus without ever having any symptoms. If you notice any of the above symptoms in your child, please consult with your physician.

Health Recommendations

- Wash hands with soap and water for 20 seconds OR use an alcohol-based hand sanitizer that contains at least 60% alcohol
- Clean and disinfect frequently touched surfaces



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- Children and staff with symptoms consistent with COVID-19 must be excluded from school and other public activities until:
 - o 5 days after symptoms first appeared AND
 - No fever for at least 24 hours without using any fever-reducing medication
 AND
 - Other symptoms have improved.
- Children and staff who test positive for COVID-19 but do not have any symptoms
 must stay home until at least 5 days after the day they were tested
- Household members and other close contacts of children or staff with COVID-19
 must stay home until the end of their quarantine (5 days after their last exposure to
 the person with COVID-19) in case they become sick.
- If your child begins experiencing any COVID-19 symptoms, please consult with your health care provider.
- If you or your child become ill and it is a medical emergency, call 9-1-1 and seek medical care immediately.

If you have any questions, please contact Rachel Beal at 254-259-3711 ext 1203 or Texas Department of State Health Services at DSHS COVID-19 Call Center: 2-1-1, then choose option 6. Hours: 7:00 a.m. – 8:00 p.m., 7 days per week.

Thank you,

Steve Howard

May ISD Superintendent