

SANFORD POWER

SPORTS & ACTIVITY TRAINING



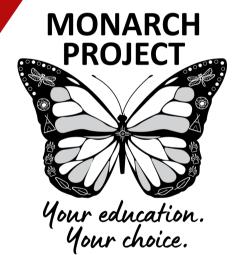
8 WEEK PROGRAM JUNE 5, 2023 – AUGUST 3, 2023 *NO POWER JULY 3 - 7*

MONDAY, WEDNESDAY, FRIDAY

11AM - 12PM

3451 N. 14TH ST., SUITE C BISMARCK, ND

> 30 MAX



REGISTER

REGISTER WITH YOUR MONARCH PROJECT SUCCESS COACH!

NO TRANSPORATION PROVIDED