

Monday
Tuesday
Wednesday
Thursday
Friday
Offered Daily:
***Variety of Powerpacks**
***Sandwiches**

Chicken Patty
6

 Chicken Patty on WW Roll
 Smile Fries
 Mixed Vegetables
 Sliced Cucumbers

Taco Tuesday
7

 Seasoned Ground Beef
 On a WG Tortilla
 Lettuce, Tomato, Cheese
 Corn
 Refried Beans

Mozzarella Sticks
8

 Mozzarella Sticks
 Marinara Sauce
 Breadsticks
 Roasted Carrots
 Cherry Tomatoes

Subs
9

 Turkey or Ham on a
 WG Sub Rolls
 Chips
 Potato Salad
 Carrots & Celery

Pizza Day
10

 Cheese, Pepperoni,
 Assorted Pizza
 Roasted Broccoli
 Red Pepper Strips

Nugs
13

 Chicken Nuggets
 Sweet Potato Fries
 WW Dinner Roll
 Sliced Cucumbers

Quesadilla Day
14

 Cheese or Chicken on a
 WG Tortilla
 Steamed Corn
 Refried Beans
 Red Pepper Strips

Pizza Crunchers
15

 Cheese & Sauce filled
 Breadsticks
 Peas
 Cherry Tomatoes

Soup N' Sandwich
16

 Grilled Cheese
 Tomato Soup
 Goldfish Crackers
 Honey Roasted Carrots

**NO
SCHOOL**
17
Chicken Tenders
20

 Chicken Tenders
 Tater Tots
 Breadstick
 Mixed Vegetables
 Red Pepper Strips

Take Out Tuesday
21

 Orange Chicken
 Lo Mein
 Roasted Broccoli
 Baby Carrots

Brunch for Lunch
22

 Mini French Toast
 Sausage Links
 Hash Browns
 Roasted Carrots
 NYS Grape Juice

French Bread Pizza
23

 Cheese or Pepperoni
 Pizza
 Roasted Cauliflower
 Toss Salad

**NO
SCHOOL**
24
**NO
SCHOOL**
27
Sampler Platter
28

 Popcorn Chicken
 Mozzarella Sticks
 Cheesy Breadstick
 Corn
 Cherry Tomatoes

Cheeseburgers
29

 Cheeseburgers on a WW Roll
 Lettuce, Tomatoes
 Smile Fries
 Baked Beans
 Sliced Cucumbers

Wrap Day
30

 Chicken on WG Wrap
 w/ Lettuce, Cheese
 Tater Tots
 Baby Carrots
 Cookie

Pizza Day
31

 Cheese, Pepperoni,
 Assorted Pizza
 Peas
 Red Pepper Strips

Due to Food Supply Issues, menu may change at any time.

We have a variety of fruit and vegetables available daily. Milk is included with their meal, but is not mandatory. Students must take 3 components with one being a serving of a fruit or vegetable to receive a free meal. If you have any questions, please call (518) 696-2378 ext. 1117, or email scheffco@hlcs.org