

October 2026

EAT SMART  
BE SMART

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

|                                                                                                                      |                                                                                                           |                                                                                                                                          |                                                                                                                                                     |                                                                                                                                                   |
|----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                      |                                                                                                           |                                                                                                                                          | <sup>1</sup><br>1. Cheese Pizza Sticks with Marinara Sauce<br>2. PBJ Uncrustable Meal<br>Carrot Coins<br>Broccoli Bites                             | <sup>2</sup><br>1. Chicken and Cheese Quesadilla<br>2. PBJ Uncrustable Meal<br>Refried Beans<br>Veggie Patch                                      |
| <sup>5</sup><br>1. Chicken Tenders with Waffles<br>2. PBJ Uncrustable Meal<br>Vegetarian Baked Beans<br>Baby Carrots | <sup>6</sup><br>1. Cheese Pizza Slice<br>2. PBJ Uncrustable Meal<br>Seasoned Green Beans<br>Caesar Salad  | <sup>7</sup><br><b>Breakfast for Lunch</b><br>1. Pancakes with Sausage<br>2. PBJ Uncrustable Meal<br>Hash Brown Patty<br>Cucumber Slices | <sup>8</sup><br>1. Toasted Cheese Sandwich (V)<br>2. PBJ Uncrustable Meal<br>Tomato Soup/Peas<br>Broccoli Bites                                     | <sup>9</sup><br><b>TEACHER IN SERVICE<br/>NO SCHOOL STUDENTS</b>                                                                                  |
| <sup>12</sup><br><b>COLUMBUS DAY<br/>SCHOOL CLOSED</b>                                                               | <sup>13</sup><br>1. Cheese Pizza Slice<br>2. PBJ Uncrustable Meal<br>Carrot Coins<br>Caesar Salad         | <sup>14</sup><br>1. General Tso's Chicken over Rice<br>2. PBJ Uncrustable Meal<br>Steamed Broccoli<br>Cucumber Slices                    | <sup>15</sup><br><b>Breakfast for Lunch</b><br>1. French Toast Sticks with Sausage<br>2. PBJ Uncrustable Meal<br>Hash Brown Patty<br>Broccoli Bites | <sup>16</sup><br>1. Nachos Grande with Tortilla Chips & Toppings<br>2. PBJ Uncrustable Meal<br>Steamed Corn<br>Veggie Patch                       |
| <sup>19</sup><br>1. Chicken and Cheese Quesadilla<br>2. PBJ Uncrustable Meal<br>Refried Beans<br>Baby Carrots        | <sup>20</sup><br>1. Cheese Pizza Slice<br>2. PBJ Uncrustable Meal<br>Seasoned Green Beans<br>Caesar Salad | <sup>21</sup><br>1. Orange Chicken over Brown Rice<br>2. PBJ Uncrustable Meal<br>Steamed Broccoli<br>Cucumber Slices                     | <sup>22</sup><br>1. Hot Ham and Cheese on a Pretzel Bun<br>2. PBJ Uncrustable Meal<br>Curly Fries<br>Broccoli Bites                                 | <sup>23</sup><br>1. Pasta and Meatballs With Garlic Bread<br>2. PBJ Uncrustable Meal<br>Carrot Coins<br>Veggie Patch                              |
| <sup>26</sup><br>1. Chicken Nuggets with a Roll<br>2. PBJ Uncrustable Meal<br>Tater Tots<br>Baby Carrots             | <sup>27</sup><br>1. Cheese Pizza Slice<br>2. PBJ Uncrustable Meal<br>Seasoned Green Beans<br>Caesar Salad | <sup>28</sup><br>1. Chicken Patty on a Bun<br>2. PBJ Uncrustable Meal<br>Vegetarian Baked Beans<br>Cucumber Slices                       | <sup>29</sup><br>1. Beef Hot Dog on a Roll<br>2. PBJ Uncrustable Meal<br>Carrot Coins<br>Broccoli Bites                                             | <sup>30</sup><br><b>Breakfast for Lunch</b><br>1. French Toast Sticks with Sausage<br>2. PBJ Uncrustable Meal<br>Hash Brown Patty<br>Veggie Patch |

**MAKE IT A MEAL!**

Choose at least **3** of 5 meal components for the school lunch price:  
 Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

**Lunch Prices**

|         |           |
|---------|-----------|
| Student | No Charge |
| Adult   | \$4.50    |
| Milk    | \$0.75    |

**Fruit Selection**

Fresh Fruit, cupped fruit in light syrup,  
 100% Fruit Juice

**Vegetable Selection**

Seasonal fresh vegetables, hot vegetables  
 Students may choose two 1/2 Cup servings

**Daily Milk Choice**

1% white, Fat Free chocolate

**Your Dining Services Team**

Annefrances Connolly  
 Food Service Supervisor  
 (609)522-1454 ex.624  
 aconnolly@mmace.com

(V) Vegetarian | (VG) Vegan  
 (GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

