

WHERE TO TURN FOR HELP

4-H Programs

Penn State Cooperative Extension - Franklin County

(717) 263-9226

Franklin County 4-H

4-H is a community of young people across America who are learning leadership, citizenship and life skills. 4-H empowers youth to reach their full potential working and learning in partnership with caring adults. While activities focus mainly on the local 4-H Club, members may also participate in group activities and events such as fairs, trips, camping, teen leader trainings, fundraising, achievement programs and county, regional and state learning opportunities.

Abandonment

Franklin County Area Agency on Aging

(717) 263-2153

Protective Services Reports/Older Adult Protective Services

Investigations provided to incapacitated older adults 60+, unable to perform or obtain services that are necessary to maintain physical or mental health, for whom there is no responsible caretaker and who are at imminent danger to person or property.

Reports of abuse, neglect, exploitation, and abandonment of care dependent individuals 18+ are accepted 24/7. Agency staff is available to receive reports, investigate (60+) and take necessary actions regarding abuse, neglect, exploitation or abandonment for (60+). Call 717-263-2153 or 1-800-642-6990, 24-hour on-call service available.

URGENT SERVICES are for individuals 60 and older, when they are deemed to be in imminent risk.

Abortion Support Group

PMI Pregnancy Resource Center

(717) 597-2447

PMI Pregnancy Resource Center-Greencastle

General Services

- Free pregnancy test with verification
- Ultrasound pregnancy confirmation
- Education about pregnancy and infant care
- Peer counseling as needed with parents, boyfriend, or husband
- Ongoing personal support ☞Post-abortion peer counseling
- Planning for future and other assistance depending on circumstances

Referrals

- Referrals for medical care, social services, legal aid, and adoption
- Referrals for housing ☞Referrals for foster home care

Material Support

- Material assistance with maternity and baby needs

New Dads

- Education for new and expecting Dads
- Mentoring for new and expecting Dads
- STI testing and treatment for Chlamydia and gonorrhea

WHERE TO TURN FOR HELP

PMI Pregnancy Resource Center

(717) 532-4446

PMI Pregnancy Resource Center-Shippensburg

General Services

- Free pregnancy test with verification
- Ultrasound pregnancy confirmation
- Education about pregnancy and infant care
- Lay counseling as needed with parents, boyfriend, or husband
- Ongoing personal support
- Post-abortion Lay counseling
- Planning for future and other assistance depending on circumstances

Referrals

- Referrals for medical care, social services, legal aid, and adoption
- Referrals for housing
- Referrals for foster home care

Material Support

- Material assistance with maternity and baby needs

New Dads

- Education for new and expecting Dads
- Mentoring for new and expecting Dads
- STI Testing and treatment for Chlamydia and Gonorrhea

Restore at PMI Pregnancy Resource Center

(717) 372-2845

(Confidential)

Restore - Healing After Abortion-Chambersburg

One on one peer counseling and/or recovery group Bible study.

Accompaniment Services

Franklin County Victim/Witness Office

(717) 267-1575

Victim/Witness Office

Victims are provided with:

- An Orientation to the Criminal and Juvenile Justice Systems
- Accompaniment to Court Proceedings
- Assistance with Filing a Crime Victims Compensation Claim
- Assistance with Preparing a Victim Impact Statement
- Notification of Case Status
- Enrollment in the State and Local Correctional Release Notification Programs
- Prior Comment on Possibility of Reducing or Dropping Charges
- Community Referrals

WHERE TO TURN FOR HELP

Adolescent Behavioral Problems

Franklin & Fulton County Mental Health, Intellectual & Developmental Disabilities, (717) 264-5387 & Early Intervention

CASSP- Child and Adolescent Service Systems Program, Franklin/Fulton MH/IDD/EI

The Child and Adolescent Service System Program (CASSP) of Franklin/Fulton County helps to coordinate services for children and adolescents between child-serving systems by assisting the team of involved providers in improving communications, developing common goals, and ensuring a positive working relationship among schools, public, private agencies, the child and family. Family members, advocates and others involved may discuss their concerns, challenges, and expectations at the CASSP meeting. The team discusses resources available, talks about what is working and what is not working, reviews options, and makes recommendations regarding services. CASSP meetings are held at the convenience of the family and can be held as many times as needed to help the situation to be resolved.

Pyramid Healthcare, Inc. - Chambersburg

(717) 261-9100

Teen Treatment Programs - Chambersburg

Outpatient Treatment Program: Our outpatient treatment program provides therapy and counseling for teens who have completed a stay in a residential facility or who are struggling with substance abuse. We provide professional evaluation and treatment recommendations. Our outpatient program considers all factors that may contribute to teen addiction, and addresses these issues through individual, family, and group therapy, among other treatment strategies.

Pyramid Healthcare, Inc. - Chambersburg

(717) 261-9100

Medication Assisted Treatment(Suboxone, Sublocade, Vivitrol) - Chambersburg

This service is provided in addition to participation in substance abuse treatment. We currently utilizes Buprenorphine (opiate dependence) and Vivitrol (opiate/alcohol dependence) medications. Physician and nurse determine medical appropriateness and to determine which medications are an appropriate tool to aide in their individual recovery.

Pyramid Healthcare, Inc. - Waynesboro

(717) 809-2088

Teen Treatment Programs - Waynesboro

Outpatient Treatment Program: Our outpatient treatment program provides therapy and counseling for teens who have completed a stay in a residential facility or who are struggling with substance abuse. We provide professional evaluation and treatment recommendations. Our outpatient program considers all factors that may contribute to teen addiction, and addresses these issues through individual, family, and group therapy, among other treatment strategies.

Pyramid Healthcare, Inc. - Waynesboro

(717) 809-2088

Medication Assisted Treatment (Suboxone, Sublocade, Vivitrol) - Waynesboro

This service is provided in addition to participation in substance abuse treatment. We currently utilizes Buprenorphine (opiate dependence) and Vivitrol (opiate/alcohol dependence) medications. Physician and nurse determine medical appropriateness and to determine which medications are an appropriate tool to aide in their individual recovery.

WHERE TO TURN FOR HELP

TrueNorth Wellness Services - Franklin County

(800) 315-0951

School-Based Therapy

School-Based Therapy services are provided to students within schools contracted with TrueNorth Wellness Services. Our School-Based Therapy services improve accessibility and assist students to be successful in their academic environment.

Youth Advocate Programs, Inc.

(717) 267-7887

IBHS Intensive Behavioral Health Services

Youth Advocate Programs offer behavioral health wraparound services for children and adolescents by providing intensive in home and community based, non-residential services. The program offers Behavioral Consultant Services, Behavioral Health Technician (BHT), and Mobile Therapy in the home, school, and community.

Adoption

Children's Aid Society of Franklin County

(717) 263-4159

Adoption

We are a licensed adoption agency in the state of Pennsylvania as well as an approved affiliate with the Statewide Adoption and Permanency Network (SWAN). As a SWAN affiliate, we work on behalf of children in the custody of county children and youth agencies who need permanent homes. Services we provide include Child Profiles, Child Preparations, Home studies, Family profiles and Child Specific Recruitment.

Family Care Services, Inc.

(717) 263-2285

Adoption and Permanency Programs

FCS is an affiliate of the Statewide Adoption and Permanency Network (SWAN). The following services are offered: Child Profiles Child Preparation Child Specific Recruitment Family Profiles (adoption home studies) Placement Finalization Post-Permanency In addition to SWAN services, private adoption home studies and ACT 101 adoption searches are also provided.

Statewide Adoption and Permanency Network(SWAN)/Pennsylvania Adoption Exchange (PAE)

(800) 585-7926

Statewide Adoption and Permanency Network(SWAN)/Pennsylvania Adoption Exchange (PAE)

The Statewide Adoption and Permanency Network (SWAN) is a partnership among the Department of Public Welfare (DPW), the Pennsylvania Adoption Exchange, public and private adoption agencies, organizations, advocates, judges, the legal community, and foster and adoptive parents. A centralized information and facilitation service funded and overseen by the Pennsylvania Department of Human Services. The SWAN program serves children in the custody of county children and youth agencies. The design of the network is to support the work of county agencies in expediting permanency services. Visit the website for profiles of children available for adoption.

WHERE TO TURN FOR HELP

Adult Day Program

Menno Haven - Chambers Pointe

(717) 709-4510

Elderday (Adult Day Services), Menno Haven, Inc.

ElderDay is more than just a social setting. It is a place where loved ones are cared for and cared about. Our program supports aging adults who need special attention in a secure setting during the daytime hours. Experienced Team members strive to meet each individual's personal care needs, administer medications, and monitor health conditions as well as encourage engagement in fun memory-making activities and events.

Person Directed Supports, Inc.

(717) 264-6290

Person Directed Supports, Inc. - Franklin County

Adult Day Programs - Day programs are created to meet each individual's needs and skill set. Both licensed and unlicensed day programs are held in a safe and caring environment with a team of human service professionals.

Adult Residential Programs - Support is provided to individuals in community homes or life sharing with a host family. Each individual is evaluated to determine which living environment will work best for them depending on their needs, wants, and goals.

Behavioral Services - Behavior support services use empirically-validated practices to identify the causes of, intervene to prevent, and create appropriate reactions to problematic behavior.

Vocational Training - Vocational Training provides the supports individuals need to successfully find and maintain a job. Individuals receive assistance to build their resume and discover their skills and abilities.

Companionship Services - A companion is a Direct Services Professional that provides support in the individuals own home while assisting with daily activities and functions.

Behavioral Services - Behavior support services use empirically-validated practices to identify the causes of, intervene to prevent, and create appropriate reactions to problematic behavior. Vocational Training - Vocational Training provides the supports individuals need to successfully find and maintain a job. Individuals receive assistance to build their resume and discover their skills and abilities. Companionship Services - A companion is a Direct Services Professional that provides support in the individuals own home while assisting with daily activities and functions.

WHERE TO TURN FOR HELP

SpiriTrust Lutheran - Franklin County

(717) 264-5433

LIFE (Living Independence For the Elderly)

SpiriTrust Lutheran® LIFE (Living Independence For the Elderly) is nationally recognized as a Program of All-Inclusive Care for the Elderly (PACE). The interdisciplinary team at SpiriTrust Lutheran LIFE combines professional care with personal attention. LIFE's all-inclusive approach helps improve the health and happiness of our participants. Services are provided primarily at the LIFE center in Chambersburg (transportation is provided via specifically equipped vans) and supplemented by in-home and referral services according to the participants' needs.

LIFE services include: primary medical care and specialty services; medical supplies and equipment; laboratory and diagnostic services; prescription drugs and medication management; 24/7 access to emergency or urgent care; acute hospitalization and ambulance services; visions, dental, hearing and podiatry care; physical, occupational and speech therapy; nutritional counseling and meals; home health care and personal care; day services and recreational therapy; social services and behavioral health care; chaplain services; and transportation.

Adult Education

Franklin County Literacy Council

(717) 504-4459

Adult Basic Education (ABE) and English as a Second Language (ESL)

Adult Basic Education (ABE) and English language learning (ESL/ELL) is provided for adults in an effort to meet their personal, educational, and employment goals. Adult learners will be expected to commit to three (3) hours of onsite instruction each week.

Lincoln Intermediate Unit 12

(717) 253-1871

English as a Second Language (ESL) Course

ESL classes provide instruction in spoken and written English, grammar, reading, and practical living skills to those adults whose first language is other than English. Adults from varying cultures gather together in these classes to learn to communicate in English and form a good civics background. Classes are held at: Franklin County Literacy Council, (Lower Level Coyle Library) 102 N Main Street Chambersburg, PA 17201

Lincoln Intermediate Unit 12

(717) 253-1871 Ext 3506
(CareerLink Enrollment)

General Education Development (GED) Prep

These classes prepare adults for the GED test by reviewing and building skills in English grammar, writing, reading, and math. Many students feel more confident taking the actual GED test after this review of skills. A GED practice test can also be administered to the students in these classes and afford them an opportunity to experience the types of questions that will be asked on the official GED test. GED test registration is done on gedtestingservices.com website for adults wanting to take the GED test. Classes are held at separate locations: PA CareerLink Center 600 Norland Avenue Chambersburg, PA 17201 Waynesboro High School 550 E Second Street Waynesboro, PA 17268

WHERE TO TURN FOR HELP

Lincoln Intermediate Unit 12

(888) 669-7735 Ext. 3506

Adult Basic Education (ABE/HSE)

ABE classes refresh and polish basic reading, grammar, and math skills before taking the High School Equivalency (HSE) class. The ABE classes run in conjunction with the HSE preparation classes thereby allowing the students to advance levels at their own pace. Classes are held at separate locations:

PA CareerLink Center
600 Norland Avenue
Chambersburg, PA 17201
(888) 669-7735 Ext. 3506

Waynesboro High School
550 E Second Street
Waynesboro, PA 17268
(717) 762-1191 Ext. 1297

Adult Probation

Franklin County Adult Probation Department

(717) 264-8814

Franklin County Work Release

1. Oversees the work release program from the Franklin County Jail, recruiting employers and placing inmates in pre-existing or new jobs. 2. Monitors jail sentences, to include intake, notification of release date, home plan verification, and processing release paperwork.

Franklin County Adult Probation Department

(717) 264-6613

Adult Probation Services

Probation/Parole services include: Pre-release, Presentence Investigation, DAPP, EM/HA, SCRAM, SCRAMX and payment division. Also includes: Sexual Offenders, Mental health offenders, DRC, DUI, Probation with Restrictive Conditions, and Work Release.

Adult Probation - Payment Division

Franklin County Adult Probation Department

(717) 264-6613

Payment Division

The payment division collects and disburses court ordered fines, costs and restitution for adult and juvenile cases. We provide appropriate help and assistance to offenders as well as victims.

WHERE TO TURN FOR HELP

Advocacy

Bureau of Blindness and Visual Services

(866) 375-8264

Specialized Children Services

BBVS provides assistance to children with visual impairments to ensure they reach their maximum educational and vocational potential. Available services include:

- Advocacy for educational services
- Guidance and counseling for children and their families;
- Community orientation and mobility (travel) instruction
- Children's summer programs
- Adaptive equipment

Bureau of Blindness and Visual Services

(866) 375-8264

Independent Living Skills

BBVS can assist adults to become more self-sufficient and independent in their homes and communities.

Available services include:

- Advocacy and counseling
- Information and referral
- Blindness skills training
- Mobility (travel) instruction
- Instruction on performing daily living activities
- Purchasing assistive equipment

Center for Independent Living of Central Pennsylvania

(717) 731-1900

Advocacy

Advocates and volunteers work on state and local disability issues.

Center for Independent Living of Central Pennsylvania

(717) 731-1900

Disability Awareness Training

To educate the public about communicating with people with diverse disabilities and becoming more aware about people with disabilities, accessibility and disability issues. Multimedia presentation designed to meet your business needs.

WHERE TO TURN FOR HELP

Center for Independent Living Opportunities

(717) 849-0991

Center for Independent Living Opportunities

CIL Opportunities is a private, non-profit organization serving people with disabilities, families, and the community in Adams, Franklin, and York counties on issues and needs related to diverse disabilities. CIL Opportunities was founded in 1992 and is governed and staffed mainly by people with disabilities.

Dedicated to the integration of people with diverse disabilities in all aspects of life in our communities, CIL Opportunities focuses on:

- Eliminating barriers
- Ensuring civil rights and equal access
- Promoting independent living

CIL Opportunities provides free and confidential disability related services to people with disabilities, family members, individuals, and local businesses and organizations without regard to age, race, ethnicity, gender, socioeconomic status, sexual orientation/identity, religious background, or severity of disability. All services and special projects prioritize self-determination by people with disabilities and include:

CORE INDEPENDENT LIVING SERVICES

- Peer Mentoring/Support/Counseling - Staff and volunteers provide consumers with emotional support as they work toward their IL goals.
- Life Skills Training - Staff teach consumers (including students) daily living skills (e.g., budgeting, using public transportation, training attendants, using a computer) to increase opportunities to live independently.
- Advocacy - Staff assist consumers in learning what to do if they believe their rights have been violated and helps them gain the confidence to speak for themselves and on behalf of other people with disabilities.
- Information and Referral - Staff and volunteers offer up-to-date information on critical issues and provide referrals to other helpful community resources.
- Transitioning - Staff assist consumers who want to transition from school to work/college AND consumers who have a goal of transitioning from nursing facilities back to the community.

INDEPENDENT MONITORING FOR QUALITY (IM4Q)

- IM4Q - IM4Q operates according to the belief that the best way to evaluate a service is to ask the consumers who use it. So, as part of a statewide initiative by the PA Office of Mental Retardation, the IM4Q Project involves people with developmental disabilities serving as “monitors” to conduct one-on-one quality of life interviews with consumers. CIL Opportunities is responsible for the two-county area funded by the York-Adams Mental Health/Mental Retardation Program.

HOME AND COMMUNITY BASED WAIVERS (HCBS)

- HCBS - The Office of Long Term Living (OLTL), a division under the Department of Public Welfare, funds consumer-directed personal assistance services for Medicaid eligible people with disabilities to maintain independent in their own homes. Under this program, consumers choose service coordinators to assist them in complying with regulations under this program. CIL Opportunities is a current provider of service coordination which includes empowering consumers to achieve their self-identified IL goals along with providing personal emergency response systems (PERS), home modifications, and durable medical equipment (if deemed eligible by OLTL).

CIL Opportunities also provides advocacy for consumers (regardless if chosen as a service coordinator) applying for HCBS services.

WHERE TO TURN FOR HELP

NURSING HOME TRANSITION

- Transition to Nursing Facilities or State Hospitals - CIL Opportunities advocates and assists consumers with IL goals of transitioning out of nursing facilities/state hospitals. This is an unfunded service of which empowers consumers to live the American Dream ... independence. Staff work with consumers in their current living situation on skills building and independence goals in preparation for moving day. We also advocate for consumers who have applied for the nursing home transition program through the PA Department of Aging. CIL Opportunities collect household items from individual donors to assist consumers when moving out (e.g., kitchen items, TVs, bedding, and clothing).

YOUTH TRANSITION

- Youth - CIL Opportunities advocates and assists youth consumers with IL goals of transitioning to college, work, and/or independent living setting. Staff work with students and their schools and parents to work on skills, transitioning, and employment practices.

ADA ACCESSIBILITY GUIDELINES / DISABILITY AWARENESS PROGRAM

- Guidelines and Programs - CIL Opportunities provides ADA Accessibility Guidelines consulting when requested from local business and organizations. Certified staff are very knowledgeable about compliance issues and resolution guidance. We work with local townships, County officials, Housing Authorities (Executive Director is a member of an accommodation board for the local housing group), and other interested organizations to ensure accessibility for all.

CIL Opportunities provides disability awareness trainings to local business, organizations, housing staff, realtors, civil groups, churches, youth groups, sporting facilities, and other interested individuals/groups. Our trainings are created and facilitated by staff, board of directors, and volunteers.

TRANSPORTATION ASSISTANCE

- Transportation - CIL Opportunities assist local transportation providers with disability verifications of applicants as well as empower consumers to apply, advocate for, and utilize their local public transportation. Staff work with individuals in learning how to “ride the bus” and navigate stops/pick-ups, and teach them their ADA rights when using the program.

CONSUMER LIBRARY / VOLUNTEER PROGRAM

- Consumer Library - CIL Opportunities created a consumer library that is open to the public during business hours (free of charge) encouraging people with disabilities and family members to learn computer skills, work on resumes, and research resources for their self-identified IL goals. The library is fully accessible to all disabilities and includes 4 work stations, a CCTV, Braille machine, book resources, and leisure reading materials.

- Volunteer Program - CIL Opportunities’ volunteer program consists of students and people with disabilities from the community learning job skills while volunteering at the CIL. We encourage a work environment and provide job-like duties around the office which are tailored to each student’s/consumer’s self-identified IL/employment goals. We also assist with working on their resumes and doing mock interviews in preparation for their employment goals. We can also provide a business suit/attire for an interview if the situation presents itself. CIL Opportunities, through its volunteer program, provides for some light rehabilitation duties for consumers who may need to work on speech, typing, or other physical activities due to a recent set-back in their health.

WHERE TO TURN FOR HELP

HOME MODIFICATION/DURABLE MEDICAL EQUIPMENT / ASSISTIVE TECHNOLOGY CONSULTING

•Go-To Agency - CIL Opportunities is the go-to agency for local organizations who need assistance in providing services to consumers for Home Modifications/Durable Medical Equipment/Assistive Technology needs.

PENNCARES PENNWORKS™ PARTNER

•What is PennCares PennWorks™ - PennCares PennWorks™ is a new Certificated Integrated Competitive Employment Readiness initiative for Youth and Adults with Physical and Intellectual Disabilities. PennWorks develops training, job exploration, certification and employment supports.

Recognizing that adults with disabilities represent a large and untapped workforce, the Center for Independent Living Opportunities was invited to join the PennWorks initiative in providing the access and training for this group.

* OTHER SERVICES

•Additional CIL Services - The CIL services described above is just a snapshot of what the CIL provides on a daily basis. Each person who chooses to reach out to the CIL has their own unique self-identified IL goals which creates for a case-by-case scenario of services/provisions daily. In addition, CILs are often called upon by other agencies/departments to provide unfunded services (i.e., emergency responses for natural and other disasters).

Children's Aid Society of Franklin County

(717) 263-4159

Diagnostic

Our diagnostic services assist the referring agencies, the courts, and children & families in developing appropriate and realistic, workable plans for the children and adolescents referred for this service. The initial goal is to generate recommendations that will address the children's treatment needs within the most appropriate, least restrictive setting. The long term goal is the reunification of the child with the family. The evaluation process will be completed within a highly structured shelter setting within a therapeutic milieu.

Christian Residential Opportunities and Social Services (CROSS Inc.)

(717) 530-1788

Community Education

The Staff of CROSS are available to come to your church and conduct a training on disabilities awareness and the how tos of working with people with disabilities. Presently, we are teaching a course at Evangelical Seminary in Myerstown called Theology, Disability and Ministry. 13 Students are exploring the Biblical basis for ministry to those with disabilities as well as the importance of those with disabilities being included in the Body of Christ as equal members. Camp has proved to be an excellent training ground for individuals wanting experience and training with persons with disabilities. Many of our camp staff continue their journey after camp working with persons with disabilities.

WHERE TO TURN FOR HELP

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Chambersburg Cares

Chambersburg Cares is an initiative of Healthy Communities Partnership that was formed in April of 2015. This Drug-Free Communities coalition works to reduce substance use and risk factors among youth in Chambersburg, PA. The coalition is an active group of professionals with representation from 12 sectors including: religious/fraternal, youth, youth-serving organizations, state/local government, civic & volunteer groups, business, parents, healthcare, media, schools, law enforcement, and other organizations involved in substance abuse.

Mental Health Association of Franklin and Fulton Counties

(717) 264-4301

Advocacy Services

Community Support Program - A coalition of individuals, family members, mental health professionals, and other community members who are working together to help adults with serious mental illnesses and co-occurring disorders such as substance abuse live successfully in the community. It is part of a statewide coalition that began in 1984. Through the local CSP initiative, small seed grants to CSP, agencies, and advocacy groups have generated innovative trainings, wellness conferences, special events such as Christmas in July, the annual art show, anti-stigma campaigns, CSP celebrations and the production of a wide variety of literature. Through CSP, consumers have been empowered and have risen to leadership roles.

Aging Advocacy - MHA provides advocacy services at the South Mountain Restoration Center to ensure the rights of individuals to receive the most appropriate services in the most appropriate setting are assured. SMRC is the only state owned nursing facility in PA.

Community Advocacy - MHA provides advocacy services when community members who need assistance with getting appropriate or desired services feel they have exercised all options available to them. MHA is often able to achieve results through the use of mediation, negotiation or education about available services or applicable regulations. MHA emphasizes helping individuals to empower and self-actualize themselves through self-advocacy by providing information, coaching and encouragement.

Pennsylvania Office for the Deaf & Hard of Hearing (ODHH)

(717) 783-4912

Office for the Deaf and Hard of Hearing

Provides information, referral and advocacy.

The ARC of Franklin/Fulton Counties

(717) 264-4390

Advocacy

The Arc of Franklin & Fulton Counties is an advocacy organization helping to ensure individuals with disabilities enjoy the same rights, access to opportunities (educational, employment, community living, health care, etc.) and privileges as other citizens.

WHERE TO TURN FOR HELP

Women In Need - Chambersburg

(717) 264-4444

Legal Advocacy

Provides advocacy and accompaniment through the criminal and civil court system. In criminal court, WIN Legal Advocates assist victims as they go through different court proceedings, explaining court procedures and informing them about the progress of their case. The Legal Advocates can also assist victims through the criminal process by accompanying them to the Police Department and/or District Attorney's Office. In addition to criminal court accompaniment, Legal Advocates are also available to assist victims of abuse in completing a Protection from Abuse Order, or PFA. The advocates work through the PFA questionnaire with the victims, assist them in scheduling an appointment with the attorney to complete the PFA paperwork, and advocate for them through the civil proceeding in PFA court.

Affordable Home Loan

Pennsylvania Housing Finance Agency (PHFA)

(800) 822-1174

Pennsylvania Housing Finance Agency - Affordable Home Purchase Loans

Offer home purchase loans with competitive interest rates and lower fees that carry a fixed interest rate for 30 years. Eligible buyers may also qualify for downpayment and/or closing cost assistance loan. PHFA's Purchase Improvement Loan can combine the purchase price and renovation expenses in a single loan - as long as they are supported by the homes appraised value.

AIDS/HIV

Keystone Community Health Services

(717) 709-7909

Family Planning

Services to plan and prevent pregnancy including a variety of birth control options. Other related services including HIV and STD testing and treatment, PAPs.

Keystone Community Health Services

(717) 709-7909

Keystone HIV Program

Free HIV counseling and testing. Community outreach and education. Services for persons living with HIV including medical care, medications, case management and financial assistance with housing, medications and other basic needs.

Keystone Community Health Services

(717) 709-7909

STD Service

Free STD testing and treatment. Testing for HIV and Hepatitis C.

Alcohol Highway Safety Program

Franklin County Adult Probation Department

(717) 264-6613

Franklin County Highway Safety Program

Offering state mandated 12.5 hours of Alcohol Highway Safety Program or better known as DUI School for those offenders arrested for DUI/DWI. We also offer MADD's Victim Impact Panel.

WHERE TO TURN FOR HELP

Alcohol Support Group

The Harbor of Shippensburg

(888) 452-2666

Al-Anon/Alateen Family Groups

Al-Anon is a mutual support group of peers who share their experience in applying the Al-Anon principles to problems related to the effects of a problem drinker in their lives. It is not group therapy and is not led by a counselor or therapist; This support network complements and supports professional treatment. Alateen is a peer support group for teens who are struggling with the effects of someone else's problem drinking. Many Alateen groups meet at the same time and location as an Al-Anon group. Alateen meetings are open only to teenagers. No advance notification or written referral is necessary to attend an Al-Anon or Alateen meeting. Anyone affected by someone else's drinking is welcome to attend. There are no dues or fees. Groups are self-supporting, and usually pass a basket around for a voluntary contribution to pay for rent or Al-Anon literature.

The Harbor of Shippensburg

(866) 801-6621

Narcotics Anonymous (NA)

Narcotics Anonymous (NA) offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle. Our name, Narcotics Anonymous, is not meant to imply a focus on any particular drug; NA's approach makes no distinction between drugs including alcohol. Membership is free, and we have no affiliation with any organizations outside of NA including governments, religions, law enforcement groups, or medical and psychiatric associations.

Alimony

Domestic Relations Section of Franklin County

(717) 264-6144

Domestic Relations Section of Franklin County

The Franklin County Domestic Relations Section is responsible for the administration of child / spouse support Enforcement Program which consists of:

- Case Initiation
- Paternity Determination
- Location of Absent Parents
- Establishment and Modification of Support Orders
- Enforcement of Financial and Non-Financial Orders.

Services Provided:

- Location of absent parents
- Establishment of paternity
- Establishment of support orders including medical support
- Enforcement of support orders
- Modification of support, if warranted
- Limited collection and distribution of support payments

WHERE TO TURN FOR HELP

Alzheimer's and Dementia Support Group

Providence Place Senior Living - Chambersburg

(717) 709-2732

Alzheimer's and Dementia Support Group

Alzheimer's and Dementia Support Group that is open to family, friends, spouses, etc. You do not need to pre-register. It is always the 3rd Tuesday of the Month at 3:00 here at Providence Place. Each month they discuss a new topic on how to cope with dementia, how to be a caregiver, and how to help your loved one transition

Quincy Village

(717) 749-2300

Alzheimer's and Dementia Support Group

Quincy Village Alzheimer's and Dementia Support Group meets monthly on the second Wednesday of every month at 2:00 pm. Registration and social at 1:45. Most months there is a guest speaker. Meetings are held in the Quincy Room in the Colestock Health Care Center located at 6596 Orphanage Road, Waynesboro, PA.

American Lung Association

American Lung Association in Pennsylvania

(717) 229-8330

American Lung Association in Pennsylvania

Programs include:

- Radon Awareness: Information on health effects, testing procedures and reduction methods. Radon testing kits available for purchase
- Carbon Monoxide Awareness: Information on health effects, testing procedures and proper steps to take
- Air Pollution Awareness: Information on asbestos, environmental (secondhand) tobacco smoke, ground-level ozone and other indoor and outdoor air pollutants
- Advocacy for Lung Health: Supporting individual, community, workplace, municipal, state and federal initiatives to protect people and environment from air pollution, including support of tobacco control measures
- Freedom from Smoking Classes (referral): An 8-session (7 week) program of behavior modification for smoking cessation. Provides suggestions on how to build a healthier lifestyle, including relaxation techniques and avoiding weight gain. Fee is set through participating sites (free through above web site). Participants must finalize fee and program dates through sponsoring hospital. Call ALA for info. Youth Smoking Cessation Programs: Not On Tobacco (N-O-T) is the American Lung Association's voluntary quit smoking program for teens ages 14-19. Over the 10 week program participants learn to identify their reasons for smoking, healthy alternatives to tobacco use and people who will support them in their efforts to quit.
- Provides information on a residential camp for children, ages 8-13, who have asthma
- Also sponsors Better Breather Club Support Group for people living with COPD - Asthma Walk fundraiser, Walk for Life and Breath fundraiser
- Call Center: Trained registered nurses and respiratory therapists provide immediate and comprehensive information about specific lung-health issues such as lung cancer, chronic bronchitis, emphysema, asthma and tuberculosis. Also will provide information on topics including allergies, how to quit smoking and environmental issues. Offers physician referrals

WHERE TO TURN FOR HELP

Animal Assisted Therapy

Epilepsy Association of Western and Central Pennsylvania - Harrisburg

(717) 730-6779

OSCAR Project

The EAWCP and The Oscar Project can provide you with general information and support on obtaining a service dog for yourself or someone you love. If you are interested in receiving help from The Oscar Project, please contact us at 1-800-361-5885 to determine if you would be appropriate for this or other service dog programs. Eligibility guidelines, you must: be a child or adult with epilepsy/seizure diagnosis, currently experiencing seizures, be capable of commanding the dog, live in our 49 county service area, be able to travel to Pittsburgh for two multi-day trainings, be able to afford on-going care for the dog (food, vet bills, etc.), and agree to return to the Pittsburgh area yearly for re-certification. Recipients are selected periodically based upon need, availability of funds, and availability of dogs.

Franklin County Veteran Affairs

(717) 263-4326

Operation Save-A-Pet, Save-A-Vet

Operation Save-A-Vet, Save-A-Pet is a program dedicated to helping Franklin County veterans with service-connected disabilities to lead happier, healthier, and more productive lives. This program benefits the veteran, the dog, and the community. Service dogs have proven to be highly valuable in assisting veterans with all types of disabilities, including, but not limited to, diabetes, seizure disorders, post-traumatic stress disorder, and traumatic brain injury. Our dogs come from local rescues and shelters, and a few select breeding lines, and are provided with highly specialized training and care. These dogs are then capable of serving veterans with a number of physical and psychological needs. During the process of training service dogs, foster families may be utilized to house and care for the puppies. Selection of these foster families will remain at the sole discretion of the Franklin County Veterans Affairs Office. Foster families will be required to meet all ethical standards, policies, and regulations set forth by the program as well as the trainer. All applications for a service dog will be reviewed by the Franklin County Office of Veterans Affairs. Equal consideration will be given to all qualified applicants. Verification of a service-connected disability will be made through the Philadelphia Regional Office.

Kindly Canines

(717) 404-9023

R.E.A.D.S

Reading Education Assistance Dogs for Students is a support program for children of all ages who will benefit from unconditional acceptance and companionship when reading. No team member or dog will laugh, correct, or snicker at misspoken words, stuttering, or the child's reading skills.

Kindly Canines

(717) 404-9023

Paws Who Care

Canine Therapists offer visits to patients and residents at nursing homes, assisted living facilities including Hospice visits.

Penn State Cooperative Extension - Franklin County

(717) 263-9226

Therapeutic Carriage Driving

Participants who are not able to safely ride a horse may chose the carriage driving program. The horse and carriage provide many of the same benefits as riding.

WHERE TO TURN FOR HELP

Penn State Cooperative Extension - Franklin County

(717) 263-9226

Horsemanship Program for Children on the Autism Spectrum

Weekly lessons are available for riders aged 3 to Adults. Participants will learn riding skills and basic horsemanship through mounted and unmounted activities.

Penn State Cooperative Extension - Franklin County

(717) 263-9226

Therapeutic Horseback Riding

Therapeutic Horseback Riding Participants will learn the actual skills of riding a horse. Each riding session includes grooming and putting equipment on the horse and a riding lesson.

Animal Control

Cumberland Valley Animal Shelter

(717) 263-5791

Cumberland Valley Animal Shelter

The mission of the Cumberland Valley Animal Shelter is to protect, shelter and adopt homeless animals in the northern Franklin and parts of southern Cumberland county service area. CVAS provides shelter to stray and otherwise homeless pets and minimizes their stress, protecting them from the elements and providing a place of safety and comfort. We provide safe and speedy return of lost pets to their owners, place adoptable pets with responsible owners, aid in the prevention of cruelty and neglect to animals through educational efforts and legal citations as necessary.

Animal Shelter

Antietam Humane Society, Inc.

(717) 762-9091

Pet Adoptions & Shelter

There are several things to consider when adopting an animal. One should consider type, size, breed, individual needs, activity level, etc. of an animal to be sure it is the right fit for your family. You should also consider your own schedule, activity level, lifestyle, and finances before bringing an animal into your home. We have several trained and knowledgeable staff waiting to assist you in the decision making process.

Animal Shelter & Adoption

Cumberland Valley Animal Shelter

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Art Classes

Council For The Arts

(717) 264-6883

Art Camps

Our Art Camp themes will involve many different media (paint, markers, pastels, oil pastels and 3-D constructions, etc), with an emphasis on creativity, techniques (painting, drawing in different media, construction, printmaking, composition, etc), some history/art history and fun!

WHERE TO TURN FOR HELP

Council For The Arts

(717) 264-6883

Local Artist Exhibits, Art Classes, Public Art, Cultural Events
Kids/Teen & Adult classes. Held throughout the year.

Art Program

NETwork Ministries

(717) 264-4640

The Arts

NETwork has been developing a new arts ministry for children and teens in Chambersburg! The arts ministry is giving children and teens opportunities to learn and grow in their artistic gifts, intentionally connecting with the diverse cultures represented in our community, and providing new contexts to build relationships and share the good news of Jesus. Currently, these are the areas our arts ministry is focused: - Piano lessons - Art at the Park (Mike Waters Second Street Park) - Dance classes - Step Team - Art activities for other after school programs - Special community events and off campus trips

Asperger Resources and Support Group

Young Adults With Asperger's/HFA Social Group

(603) 499-0877

Parents of Young Adults with Asperger's/HFA

Support group for parents and caregivers of children transitioning into adulthood and young adults with Asperger's/High Functioning Autism.- Parents and caregivers share the challenges and experiences. They also share ideas and resources on a variety of topics; such as, employment, education, housing, independent living skills, and support services.

Assessment

Office of Vocational Rehabilitation, York, Adams, Franklin and Lancaster Counties

(717) 771-4407

Office of Vocational Rehabilitation, York, Adams, Franklin and Lancaster Counties

Provides vocational rehabilitation services to help persons with disabilities prepare for, obtain, or maintain employment. OVR provides services to eligible individuals with disabilities, both directly and through a network of approved vendors. Services are provided on an individualized basis. The OVR counselor, during face-to-face interviews, assists customers in selecting their choice of vocational goals, services and service providers. An Individualized Plan for Employment (IPE) is developed, outlining a vocational objective, services, providers and responsibilities. Certain services are subject to a Financial Needs Test (FNT) and may require financial participation by the customer. Counseling and guidance, diagnostic services, assessments, information and referral, job development and placement, and personal services such as readers or sign language interpreters are provided at no cost to the individual.

Attendant Services

Aveanna Healthcare - Franklin County

(717) 263-2190

Home Health Care Services

Aveanna's customized home healthcare services enable our patients with complex medical needs to live in a familiar, comfortable setting while receiving compassionate care from experienced professionals. Our Chambersburg office provides Pediatric / Adult Private Duty Nursing and Pediatric / Adult Personal Care.

WHERE TO TURN FOR HELP

Comfort Keepers, Fayetteville PA

(717) 352-2133

Respite Care/Non-Medical Home Care

Respite care services provide home care assistance to give you time to leave the home for a few hours or even a few days, knowing the one you care for is in good hands. This creates time to: take care of the errands you never seem to have time to do. catch up on your shopping. attend a support group meeting. visit doctor or dentist for routine care. give yourself a much-needed rest. Comfort Keepers respite services can be scheduled for as little as a few hours a week. Additionally, around-the-clock home care assistance can be arranged so you can take a longer break to attend a wedding out of town, take a child to college, or go on a much-needed vacation. Comfort Keepers also provides in-home care that makes a difference in the lives of seniors. Services offered include personal care, such as bathing, grooming, incontinence care and Companionship Services such as Meal Preparation, Light Housekeeping, Medication Reminders and Laundry.

Home to Stay

(717) 545-1293

Home Health Care Services

Specializing in highly skilled pediatric care and geriatric care, Home to Stay provides an array of nursing services including registered nurses (RNs), licensed practical nurses (LPNs), and health aides in our clients' homes. Our patients range from ventilator-dependent infants, to children with mobility challenges, to elderly people in assisted living facilities.

The ARC of Franklin/Fulton Counties

(717) 264-4390

In-Home & Community Support

Home & Community Services are direct services provided in private residences and community settings to protect the health and welfare of individuals and in acquiring, maintaining, and improving self-help, domestic, socialization, and adaptive skills. Hours of service are based on available funding of the individual.

Attorney

Franklin County Bar Association

(717) 267-2032

Franklin County Law Library

The Franklin County Law Library is located with the Franklin County Bar Association on the third floor of the Heritage Center Office Complex at 100 Lincoln Way East, Chambersburg (right across the street from the Franklin County Courthouse). It has a varied collection of Pennsylvania and federal resources available to the public, including access to online materials through LexisNexis. Copies/print-outs are \$.20 per page (cash only).

Franklin County Bar Association

(717) 660-2118

Find A Lawyer - Lawyer Referral Services

The Find a Lawyer directory is an easy to use listing of attorneys who practice in Franklin County. The directory is organized by area of practice. Call 717-660-2118 or visit www.franklinbar.org/find to receive attorney contact information. The Franklin County Bar Association's Find a Lawyer program does not provide Pro Bono services. Please contact the legal aid offices in Franklin County for legal services. Copies/print-outs are \$.20 per page (cash only).

WHERE TO TURN FOR HELP

Franklin County Public Defender Office

(717) 261-3863

Public Defender Office

The Public Defender is responsible for furnishing legal counsel to any person who, for lack of sufficient funds, is unable to obtain legal counsel in any situation where representation is constitutionally guaranteed. In general, a person is entitled to legal counsel whenever that individual's personal liberty is at stake. This would include capital crimes, misdemeanor and felony offenses, and summary offenses that carry a mandatory sentence of incarceration.

Keystone Elder Law

(717) 697-3223

Elder Law Services

Keystone Elder Law P.C. provides the following services:

Foundational legal documents such as a Will, Durable Financial Power of Attorney, Durable Health Care Power of Attorney, and Advance Care Directive

Asset protection strategies through the use of trusts, caregiver agreements, life estates, and Medicaid planning

Care coordination for home and facility based care

Probate & Estate Administration – the wrapping up of an individual's affairs upon death

MidPenn Legal Services - Franklin

(800) 326-9177

MidPenn Legal Services - Franklin

MidPenn Legal Services provides free legal services to low-income individuals in civil legal matters.

Services include:

- Legal advice, negotiations and representation before agencies and courts and is handled through advice, brief service and/or representation in court.
 - Representation of plaintiffs in protection from abuse cases, custody (when other party has legal representation and seeking shared or primary of the child, child snatch cases, or when the child is in immediate danger.
 - Consumer issues (credit card debt collections)
 - Simple divorces (no property involved and parties either agree to divorce or been separated more than 1 year)
 - Welfare: medical assistance and food stamp denials, terminations, over payments and reductions.
 - SSDI/Supplemental Security Income: denials, terminations and over payments.
 - Unemployment: unemployment compensation denials, expungement of criminal records for job purposes.
 - Housing: Illegal lockouts and landlord utility shut-offs, public housing/Section 8 eviction hearings and evictions, mortgage foreclosure.
 - Sheriff's Sales: To prevent loss of personal property or house.
 - POA, Wills and Advanced Directives: create estate documents.
 - Other legal matters may be handled through the private attorney involvement program (Pro Bono Project), as the cases they take are otherwise covered in the generalized description.
-

WHERE TO TURN FOR HELP

R. Thomas Murphy & Associates, P.C.

(717) 762-1032

Elder Law, Estates Settlement and Planning Services-Waynesboro Office

R. Thomas Murphy provides the following services:

- Elder Law - Including estate and tax planning, nursing home asset protection, planning for incapacity, advanced health care directives, Medicaid planning, long-term care and other health care matters.
- Estate Planning - Including the preparation of wills, trust agreements, powers of attorney, health care declarations, federal estate and gift tax planning and charitable giving.
- Estate Settlement - Including probate and probate avoidance, all matters pertaining to the settlement of estates, the preparation of Pennsylvania inheritance tax and the federal estate and gift tax returns.

R. Thomas Murphy & Associates, P.C.

(717) 261-0117

Elder Law, Estates Settlement and Planning Services-Chambersburg Office

R. Thomas Murphy provides the following services:

- Elder Law - Including estate and tax planning, nursing home asset protection, planning for incapacity, advanced health care directives, Medicaid planning, long-term care and other health care matters.
- Estate Planning - Including the preparation of wills, trust agreements, powers of attorney, health care declarations, federal estate and gift tax planning and charitable giving.
- Estate Settlement - Including probate and probate avoidance, all matters pertaining to the settlement of estates, the preparation of Pennsylvania inheritance tax and the federal estate and gift tax returns.

Audiology and Speech

Keystone Medical Services

(717) 709-7997

Keystone Pediatric Developmental Center

Provides comprehensive and individualized occupational therapy, speech therapy and audiology services including evaluation and treatment of communication disorders, hearing testing, hearing aid fittings and repairs, speech disorders, as well as occupational and speech therapy services for children, adolescents and young adults whose impairments are a result of injury, illness or congenital defects.

Audubon Society

Conococheague Audubon Society

(717) 263-3692

Bird Watching Field Trips

Conococheague Audubon Society takes many field trips (local, in-state, and out-of-state) throughout the year. We travel by carpool in private vehicles. Visit the website <https://conococheagueaudubon.org/> to see a list of planned trips. Please contact the leader in advance if you plan to go on a trip. Times listed are departure times; please arrive early. Most (but not all) trips are scheduled on Saturdays. If you cannot go on the scheduled day, please contact the leader for a potential mid-week option as he/she scouts the area in advance of the scheduled trip.

The group also meets the second Monday each month at 7 PM, September through May at the Community Center at St. Luke Evangelical Lutheran Church. Program topics focus on birds, wildlife and conservation. The website above lists program topics.

WHERE TO TURN FOR HELP

Autism School & Services

Merakey Innovative Care and Education Solutions - Franklin & Fulton Counties (717) 261-1163

Merakey School (Stepping Stones) - Chambersburg

The NHS School Chambersburg provides educational programming in full-time Autistic Support and full-time Emotional Support classrooms to students ages 5 through 21. A Pennsylvania certified special education teacher and a highly qualified classroom aide lead instruction in each classroom where a low student-to-staff ratio is maintained at all times. Verbal behavior, applied behavior analysis, individualized programming, speech therapy, and occupational therapy services are provided in our school. Cognitive behavioral interventions and therapeutic instruction guided by a Masters-Level Clinical Specialist enhance our Emotional Support program. Our school works in collaboration with local school districts and community providers to offer individualized and quality education for each student.

Baby Clothing

Circle of Love (717) 372-1112

Circle of Love Community Outreach Program

A community based outreach where neighbors donate and those in need benefit. No judgment, no cost. Our goal is to distribute used clothing, toys, shoes, linens, household items, personal care items, etc to local families in need. We are also able to distribute items on an as need basis to those going through a financial hardship, are a victim of violence, are experiencing a life changing medical condition, etc. What started out as a school project has grown into a wonderful outreach for the community. The Circle of Love Giveaway takes place twice per year; once in the spring and once in the fall. These sessions will allow for several services to take place at the same time, while families receive the services of Circle of Love.

Kid to Kid (717) 414-7642

Kid to Kid

Kid to Kid is a resale store of children's clothing, accessories, and equipment. They also deal in maternity clothing as well. It is a great avenue to take those items your child has grown out of and get new items your child will fit in. Individuals can sell their items to the store for cash or store credit, which can be used to purchase additional items needed for your child.

WHERE TO TURN FOR HELP

PMI Pregnancy Resource Center

(717) 267-3738

PMI Pregnancy Resource Center-Chambersburg

General Services

- Free pregnancy test with verification
- Ultrasound pregnancy confirmation
- Education about pregnancy and infant care
- Peer counseling as needed with parents, boyfriend, or husband
- Ongoing personal support
- Post-abortion peer counseling
- Planning for future and other assistance depending on circumstances
- STI testing for chlamydia and gonorrhea

Referrals

- Referrals for medical care, social services, legal aid, and adoption
- Referrals for housing
- Referrals for foster home care

Material Support

- Material assistance with maternity and baby needs

New Dads

- Education for new and expecting Dads
-

WHERE TO TURN FOR HELP

Baby Furniture

Chambersburg Fire Department Child Safety Program

(717) 263-5872

Child Safety Seat Program, Safety Saturdays, and Cribs for Kids

The Chambersburg Fire Department, in conjunction with IAFF Local 1813 and the Pennsylvania Traffic Injury Prevention Program, is proud to sponsor a car seat inspection station. Eight of the Departments firefighters are certified as car seat technicians. The technicians will inspect your seat to confirm correct installation that, in turn, ensures your child's safety. Also, they can install new seats and train parents on proper installation of the seat. The car seat inspection station is open to the public. In addition to installing and checking seats the technicians are available to answer questions about car seats and vehicle passenger safety systems. Rental car seats are available on a limited basis through the PennDOT Loaner Program. These seats are rented for \$10.00 to anyone requesting one. When the seat is returned, \$5.00 is refunded to the renter. The seat may be rented short term or long term (up to 6 years) for the same price. Rental seats are limited, so please inquire about availability when you call to schedule an appointment. Child Safety Seat Program, Safety Saturdays, and Cribs for Kid.

Cribs for Kids provides a crib and safe sleep education to families with infants age birth to 9 months. Financial need must be demonstrated for this program. Please contact the Department at 717-263-5872, option 1 for more information. This program is currently inactive. The Department is working with Wellspan Health to reinstate the program, however progress was halted by the onset of the pandemic. Please contact the department if a crib is needed and we will work with Wellspan to try to arrange one. Safety Saturdays are held the first Saturday of the month, rain or shine. The events are held at 130 N. Second St., at the Fire Station, from 10:00 to 2:00. A certified technician will be committed to the event to install or check car seats. We will have car seat rentals while supplies last, cribs for the Cribs for Kids Program, a different safety topic each month, and fire prevention materials. The event is free and open to all. (There is still a \$10.00 charge to rent a car seat) Please call ahead at 717-263-5872 to confirm that Safety Saturday is happening: We have been cancelled due to the COVID pandemic for months now, but are hoping to re-open again soon. When we do re-open, masks and social distancing will be still be required! Update 2022 - we are still closed for Safety Saturdays. We will notify on website when they are to resume.

Circle of Love

(717) 372-1112

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A community based outreach where neighbors donate and those in need benefit. No judgment, no cost. Our goal is to distribute used clothing, toys, shoes, linens, household items, personal care items, etc to local families in need. We are also able to distribute items on an as need basis to those going through a financial hardship, are a victim of violence, are experiencing a life changing medical condition, etc. What started out as a school project has grown into a wonderful outreach for the community. The Circle of Love Giveaway takes place twice per year; once in the spring and once in the fall. These sessions will allow for several services to take place at the same time, while families receive the services of Circle of Love.

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PMI Pregnancy Resource Center

(717) 267-3738

PMI Pregnancy Resource Center-Chambersburg

General Services

- Free pregnancy test with verification
- Ultrasound pregnancy confirmation
- Education about pregnancy and infant care
- Peer counseling as needed with parents, boyfriend, or husband
- Ongoing personal support
- Post-abortion peer counseling
- Planning for future and other assistance depending on circumstances
- STI testing for chlamydia and gonorrhea

Referrals

- Referrals for medical care, social services, legal aid, and adoption
- Referrals for housing
- Referrals for foster home care

Material Support

- Material assistance with maternity and baby needs

New Dads

- Education for new and expecting Dads
-

WHERE TO TURN FOR HELP

Babysitter Training

American Red Cross Greater Pennsylvania Region - South Central Pennsylvania Chapter (866) 311-3832

Health and Safety Training and Education

Many jobs require up to date lifesaving skills because they address health emergencies every day – people such as health care providers, first responders, and lifeguards. Others, including teachers and babysitters, are entrusted with precious young lives that could require aid on a moment's notice.

Those of us who don't face health emergencies every day can also benefit from Red Cross training. With a wide array of Lifeguarding, Caregiving and Babysitting, and Swimming and Water Safety courses the Red Cross can provide you with the training and skills you need to prevent, prepare for and respond to emergencies.

Available trainings are:

- First Aid training
- CPR training
- AED training
- Babysitting and Caregiving training
- Swimming training
- CNA training
- BLS training

Bariatric Resources & Support Group

WellSpan Health Support Groups (717) 217-6800

WellSpan Health Bariatric Support Group

Support Group for those who have had or will be having bariatric services.

Before and After School Program

Chambersburg Memorial YMCA (717) 263-8508

Before and After School Fun Club

The Chambersburg YMCA provides Before and After School Fun Club for children in Kindergarten through 5th grade at nine satellite locations in addition to the YMCA. All locations provide quality supervision and homework assistance, recreation, socialization, and a snack.

Our satellite locations provide supervision at Ben Chambers, Grandview, Hamilton Heights, South Hamilton, Scotland, Fayetteville, Guilford Hills, New Franklin, and Marion. The YMCA location hosts students from Andrew Buchanan, Falling Springs and Stevens. Transportation is provided by the Y for this site only. Speak to the Senior Youth Director about the special arrangements needed if your child attends Shalom Christian Academy or Corpus Christi.

WHERE TO TURN FOR HELP

NETwork Ministries

(717) 264-4640

FLAVA & Teens

With a focus on building positive relationships, our junior high ministry is designed for 6th - 8th grade students. We have "Fun Learning About Virtually Anything" and spend time playing basketball and crazy games, studying the Bible, cooking and baking, and going on fun, educational trips. FLAVA is open Wednesday through Friday 2:45 - 5:00, with several club options in the hours after that. In addition, we offer creative opportunities in Stepping and the Arts on Mondays and Wednesdays, as well as special events on Friday and weekends.

NETwork Ministries

(717) 264-4640

Kids Club

Our after-school ministry for children in grades 1-5 is open Monday through Friday from 3:45-6:00, and includes arts and crafts, homework assistance, prayer, healthy snacks, spiritual instruction, and recreation. Children from several local elementary schools participate in our Kids Club.

NETwork Ministries

(717) 264-4640

Street Leaders & Junior Leaders

Street Leaders: Each year, we hire about 14 high school students to serve with our after school ministries. As they are discipled, we give this team leadership training, academic support, and job skills at our weekly Meet Up gathering for high school students on Wednesday nights. Its exciting to see young leaders growing in relationship with Jesus and serving in downtown Chambersburg! Junior Leaders: Every summer, we bring several 6th-10th grade students into this program, to assist with our garden and market ministry.

NETwork Ministries

(717) 264-4640

The Arts

NETwork has been developing a new arts ministry for children and teens in Chambersburg! The arts ministry is giving children and teens opportunities to learn and grow in their artistic gifts, intentionally connecting with the diverse cultures represented in our community, and providing new contexts to build relationships and share the good news of Jesus. Currently, these are the areas our arts ministry is focused: - Piano lessons - Art at the Park (Mike Waters Second Street Park) - Dance classes - Step Team - Art activities for other after school programs - Special community events and off campus trips

NETwork Ministries

(717) 264-4640

Garden & Market

This program trains youth to work as entrepreneurs in the kids community garden at NETwork and at our local North Square Farmers Market. Youth learn to grow and harvest produce, to work hard, responsibility, and practical job skills. All summer long, we meet four times a week, with Saturdays being devoted to being at the market. Over 40 youth were involved last year! NETwork also hosts a community garden for neighborhood adults and families in our community. This opportunity is open to anyone in the Chambersburg area who desires to learn to grow food and to work together with others in this endeavor. Jazz in the Garden Near the end of the summer, we host a wonderful event called Jazz in the Garden, featuring live jazz music, delicious hors doeuvres, and tours of our garden.

WHERE TO TURN FOR HELP

Waynesboro Area YMCA

(717) 762-6012

Child Care Programs

Ys Nest Preschool Program: Children in the Ys Nest will participate in developmentally appropriate activities while learning to work in groups and relate to people outside the home. Includes weekly physical education, Bible time, and swimming classes. Ys Nest is a 9 month program during the school year. Children must be appropriate age prior to September 1st. Preschool schedule follows the Waynesboro Area School District schedule for holidays and days off. All Day Child Care: All Day Child Care is a DPW licensed program for 3-5 year olds including Summitview Kindergartners. Families interested in registering for the program can contact Tanja Koons, Child Care Director or call our Member Services for program info. Our program offers developmentally appropriate activities including physical education, Bible time and MORE!!! Morning and afternoon snacks provided. Program hours from 6:30 am “ 6:00 pm. School Age Care: Before and After School CARE is currently available on-site at Fairview and Summitview schools, as well as at the YMCA. Before and After School CARE is currently available in the Greencastle Antrim School District. The Y is now offering the same great care program onsite at its new location at the Greencastle Church of the Brethren on S. Carlisle St. For those interested in participating in CARE in Greencastle, please contact Tanja Koons.

Behavioral Health Wraparound Services

Family Behavioral Resources - Franklin County

(717) 496-8127

Behavioral Health Rehabilitation Services (BHRS)

The IBHS model focuses on skill development to support emotional and behavioral issues for children birth to 21 years of age through child-centered, strengths based approach. Services are provided in the home, school, and/or community setting as deemed necessary by the child's treatment team. There are three levels of individual services offered within IBHS: Behavioral Consultant (BC), Mobile Therapist (MT), and Behavioral Health Technician (BHT). There are three levels of ABA services offered within IBHS: Behavior Consultant ABA (BC-ABA), Assistant Behavior Consultant (Asst. BC-ABA), and Behavior Health Technician ABA (BHT-ABA).

Youth Advocate Programs, Inc.

(717) 267-7887

IBHS Intensive Behavioral Health Services

Youth Advocate Programs offer behavioral health wraparound services for children and adolescents by providing intensive in home and community based, non-residential services. The program offers Behavioral Consultant Services, Behavioral Health Technician (BHT), and Mobile Therapy in the home, school, and community.

WHERE TO TURN FOR HELP

Benefits Were Terminated

MidPenn Legal Services - Franklin

(800) 326-9177

MidPenn Legal Services - Franklin

MidPenn Legal Services provides free legal services to low-income individuals in civil legal matters.

Services include:

- Legal advice, negotiations and representation before agencies and courts and is handled through advice, brief service and/or representation in court.
- Representation of plaintiffs in protection from abuse cases, custody (when other party has legal representation and seeking shared or primary of the child, child snatch cases, or when the child is in immediate danger.
- Consumer issues (credit card debt collections)
- Simple divorces (no property involved and parties either agree to divorce or been separated more than 1 year)
- Welfare: medical assistance and food stamp denials, terminations, over payments and reductions.
- SSDI/Supplemental Security Income: denials, terminations and over payments.
- Unemployment: unemployment compensation denials, expungement of criminal records for job purposes.
- Housing: Illegal lockouts and landlord utility shut-offs, public housing/Section 8 eviction hearings and evictions, mortgage foreclosure.
- Sheriff's Sales: To prevent loss of personal property or house.
- POA, Wills and Advanced Directives: create estate documents.
- Other legal matters may be handled through the private attorney involvement program (Pro Bono Project), as the cases they take are otherwise covered in the generalized description.

Bereavement Support Group

Drew Michael Taylor Foundation

(717) 532-8922

Bereaved Parents Support Group

4th Thursday- 7:00 – 8:30 p.m. for parents/guardians who are grieving the death of a child of any age -infant through adult.

Drew Michael Taylor Foundation

(717) 532-8922

Drew's Hope - Family Grief Support

Dealing with grief is challenging, especially for children and teens. Drew's Hope is a free grief and loss support program offered each fall and spring for children, teens and their families who are grieving the death of a loved one (family member or friend). The seven session program is facilitated by counseling students and professors from Shippensburg University and is held on the campus of Shippensburg University (and Greencastle Antrim Middle School as needed). Each session includes a complimentary dinner, followed by separate support sessions for children, teens and adults.

Drew Michael Taylor Foundation

(717) 532-8922

Healing Together Support Group

3rd Thursday of each month in Shippensburg. 7-8:30 p.m. This education/discussion-based group is for any adults who are grieving the death of a loved one. The 3rd Thursday group meets at the DMTF Center for Grieving Families, 946 Ashton Drive, Shippensburg.

WHERE TO TURN FOR HELP

Drew Michael Taylor Foundation

(717) 532-8922

GriefKnits Support Group

2nd Thursday of each month – 7:00-8:30 p.m. – Knitting has shown positive mental health benefits for griever. Come and meet others who are grieving the death of a loved one and learn to knit too! If you're a griever who already knows how to knit/crochet, bring your current project with you or another craft project of your choice! This group meets at the Drew Michael Taylor Foundation, 946 Ashton Dr., Shippensburg.

Sweet Grace Ministries

(717) 414-7772

Sweet Grace Ministries Support Group

Support Group for parents who have suffered a stillborn or infant loss.

Bird Watching

Conococheague Audubon Society

(717) 263-3692

Bird Watching Field Trips

Conococheague Audubon Society takes many field trips (local, in-state, and out-of-state) throughout the year. We travel by carpool in private vehicles. Visit the website <https://conococheagueaudubon.org/> to see a list of planned trips. Please contact the leader in advance if you plan to go on a trip. Times listed are departure times; please arrive early. Most (but not all) trips are scheduled on Saturdays. If you cannot go on the scheduled day, please contact the leader for a potential mid-week option as he/she scouts the area in advance of the scheduled trip.

The group also meets the second Monday each month at 7 PM, September through May at the Community Center at St. Luke Evangelical Lutheran Church. Program topics focus on birds, wildlife and conservation. The website above lists program topics.

Birth Control

Keystone Community Health Services

(717) 709-7909

Family Planning

Services to plan and prevent pregnancy including a variety of birth control options. Other related services including HIV and STD testing and treatment, PAPs.

Blood Bank/Donation

American Red Cross Greater Pennsylvania Region - South Central Pennsylvania Chapter

(866) 311-3832

Give Blood

Every day, blood donors help patients of all ages: accident and burn victims, heart surgery and organ transplant patients, and those battling cancer. In fact, every two seconds, someone in the U.S. needs blood. The American Red Cross provides the ability for individuals to support these patients by holding blood drives locally. Individuals can also contact us to host a blood drive.

WHERE TO TURN FOR HELP

Blood Pressure Screening

Shippensburg Civic Club

(717) 530-7900

Shippensburg Community Nurse

The Civic Club has provided a Registered Nurse to residents of Shippensburg since 1917. Services are offered with the aid of the United Way and Partnership for Better Health. Nursing care delivered is that which is not covered by skilled care services or insurance. Some examples of things the nurse may do are assistance with medicine box preparation, wound care and blood pressure screenings. Free Public Blood Pressure screenings are located at Branch Creek Place (Senior Center) on the 2nd Thursday of each month.

Boating Regulations and Safety

Pennsylvania Fish & Boat Commission

(717) 705-7800

Pennsylvania Fish & Boat Commission

Commission supervises all boat registration, provides boating safety and aquatic resources education, fisheries management and fishing licensing in the Commonwealth of Pennsylvania. 866-262-8734 Boat Registration 877-707-4085 Fishing License helpline 888-723-4741 Boating Course helpline 855-347-4545 Pollution hotline

Book Mobile

Franklin County Library System

(717) 709-0282

Outreach Services

Our Bookmobile and Book Buggy serve residents across Franklin County by providing mobile library services and materials. Special attention is given to communities without a physical library, childcare centers, Head Start Programs, senior centers, and senior care homes.

Franklin County Library System

(717) 709-0282

Grove Family Library

Public Library with materials and programs for children, teens, and adults. Public computers are available for use. Please phone the library for more information on current program offerings.

Boy Scouts

Mason-Dixon Council Boy Scouts of America

(301) 739-1211

Scouting

Serving boys and girls in grade K through age 20 with traditional Scouting programs that help young people make ethical decisions over their lifetime by instilling in them the values found in the Scout Oath and law. Youths participate in learning activities along with outdoor fun and physical fitness. Cub Scout program serves youth boys and girls, K – 5, in separate Dens. Scouts, BSA program serves young men and young women ages 11 – 17 in separate troops. The venturing program is for co-ed youth ages 14-20 that is focused on outdoor adventure and leadership development.

WHERE TO TURN FOR HELP

Boys Club

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

The Council

Healthy Communities Partnership takes special care to understand the unique needs of teenagers, parents, and families. Sometimes the choices young people make affect more than themselves, their choices affect their families, schools, and communities. The following programs are designed to help teens and families navigate a variety of troubling waters. The Council - a strengths-based group approach to promote boys' and young men's safe and healthy passage through pre-teen and adolescent years.

Brain Injury

Brain Injury Association of Pennsylvania

(833) 242-7248

Advocacy and Support Services

Raises awareness of brain safety through education and advocacy. Provides education and training about brain injury to medical personnel, police officers and social service agencies. Hosts educational brain safety fairs at various locations throughout the state. The Brain Injury Resource Line (BIRL) is a toll free number which provides support, compassion, and information about brain injury resources available in the caller's area (leave a message if no answer). Maintains a listing of brain injury support groups around the state. Brain STEPS school re-entry program provides training to educators and parents to make sure they understand the effects of brain injury, the resulting challenges, and the supports and interventions that will help students with brain injuries be successful in school.

Breast Cancer Prevention

Cumberland Valley Breast Care Alliance

(717) 263-7191

Supportive Services

Care Packages - Newly diagnosed breast cancer patients in our area received a lovely care pack which included a \$25 gift card

Prayer, support, and caring friends

Educational Presentations - If you know a group, organization or anyone interested in scheduling an educational presentation, please feel free to contact us

Financial Aid - Limited financial aid is available to those who qualify and are undergoing treatment for breast cancer.

Events and Activities - The CVBCA hosts three fundraisers and a Pink Ribbon Dinner for Breast Cancer Survivors each year. We are also fortunate to be the recipients of fundraising activities and events sponsored by individuals, groups, and businesses in our community.

Support & Information - CVBCA provides support, education, and information on breast cancer and preventive health care to women and men.

WHERE TO TURN FOR HELP

Breast Cancer Support

Cumberland Valley Breast Care Alliance

(717) 263-7191

Supportive Services

Care Packages - Newly diagnosed breast cancer patients in our area received a lovely care pack which included a \$25 gift card

Prayer, support, and caring friends

Educational Presentations - If you know a group, organization or anyone interested in scheduling an educational presentation, please feel free to contact us

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Support & Information - CVBCA provides support, education, and information on breast cancer and preventive health care to women and men.

Keystone Community Health Services

(717) 709-7909

Family Planning

Services to plan and prevent pregnancy including a variety of birth control options. Other related services including HIV and STD testing and treatment, PAPs.

Breast Feeding Support Program

WellSpan Health Support Groups

(717) 267-7781

Breastfeeding Support Group

The Breastfeeding Support Group is designed for those who are breastfeeding in conjunction with our Chambersburg Hospital Breastfeeding Classes. No fee required.

Women, Infants, and Children Program of Franklin County

(717) 263-0802

Women, Infants, and Children Program of Franklin County

A pregnant woman, woman who had a baby within past 6 months or is breastfeeding and infants less than one year old, infant or child under age 5 receives nutrition information, breastfeeding support, health and social services referrals, and healthy foods every month.

Budget Counseling

Maranatha Ministry, Inc.

(717) 261-1708

Representative Payee Services

Representative Payee Services- Assisting individuals receiving Social Security Disability payments, which at the time are court ordered, to better budget expenses and to ensure that basic needs such as food, rent, utilities are met. Guardian of Life - Guardianship and Power of Attorney for the elderly. To help maintain a quality of life. help make decisions and choices without sacrificing dignity and respect.

WHERE TO TURN FOR HELP

Maranatha Ministry, Inc.

(717) 261-1708

Budgeting Counseling and Classes

Budgeting Counseling - Using scriptural precepts for individuals and families experiencing serious financial difficulties, teaching them how to setup a budget, how to stick to a spending plan, how to negotiate with creditors to make payments that suit the clients income, teaching them how to overcome adversity so they can improve their life and become self-sufficient, how to balance a check book and any other education needed. Budgeting Classes-Covering the importance of budgeting, budget setup, using credit wisely, consequences of credit, and how to set financial goals.

Burial Benefits

Franklin County Assistance Office

(877) 289-9177

Burial and Cremation Services Payment - Franklin

Provides payment for burial and cremation services on behalf of eligible individuals.

Franklin County Veteran Affairs

(717) 263-4326

Franklin County Benefits for Veterans

Franklin County pays burial benefits for war-time veterans and the widows at the time of death; and the installation of a standard government headstone or marker. The amount of the benefit is \$100.00 towards the burial and \$50.00 towards the installation of the headstone/marker. It is customary for the funeral homes, in Franklin County, to file for this benefit at the time of the veterans/widows death. Franklin County also supplies flag holders/flags for cemetery plots of deceased war-time veterans within the county. The flags holders are placed at the grave at the time of burial. Every year Franklin County purchases and distributes, through volunteer coordination, flags for honoring veterans for Memorial Day; however those flags are then taken off the graves the first business day after the July 4th holiday (at the discretion of the individual cemeteries).

Social Security Administration- Franklin Program

(800) 772-1213

Social Security Administration- Franklin

A national program of contributory social insurance. Employees, employers and the self-employed pay contributions that are pooled in special trust funds. These funds provide income to workers and dependents in the event of retirement, disability or death. SSA also administers Medicare and the Supplemental Security Income (SSI) program for the aged, blind and disabled. Local offices accept applications, determine eligibility, hear appeals and are available to assist individuals trying to access benefits.

WHERE TO TURN FOR HELP

Cancer Services

WellSpan Health Surgeons Services

(717) 217-6986

Stephen L Carter, M.D.

At Stephen L. Carter, M.D., your surgical procedures are treated with leading-edge technologies and specialized care. Services Breast disease evaluation and surgery for cancer and benign disease Risk assessment and genetic testing for breast cancer Breast ultrasound Minimally invasive breast biopsies- stereotactic and ultrasound guided Thyroid and parathyroid surgery Laparoscopic and open hernia repairs- umbilical, ventral, and inguinal hernias Colon surgery for benign disease and cancer Minimally invasive gallbladder surgery Lymph node evaluation and treatment Skin evaluation with biopsy Melanoma and skin cancer surgery Treatment of cysts, abscesses, boils, non-healing wounds and ulcers Hemorrhoid and ano-rectal surgery Chemotherapy catheter placements

Car Seat Safety Checks

Chambersburg Fire Department Child Safety Program

(717) 263-5872

Child Safety Seat Program, Safety Saturdays, and Cribs for Kids

The Chambersburg Fire Department, in conjunction with IAFF Local 1813 and the Pennsylvania Traffic Injury Prevention Program, is proud to sponsor a car seat inspection station. Eight of the Departments firefighters are certified as car seat technicians. The technicians will inspect your seat to confirm correct installation that, in turn, ensures your child's safety. Also, they can install new seats and train parents on proper installation of the seat. The car seat inspection station is open to the public. In addition to installing and checking seats the technicians are available to answer questions about car seats and vehicle passenger safety systems. Rental car seats are available on a limited basis through the PennDOT Loaner Program. These seats are rented for \$10.00 to anyone requesting one. When the seat is returned, \$5.00 is refunded to the renter. The seat may be rented short term or long term (up to 6 years) for the same price. Rental seats are limited, so please inquire about availability when you call to schedule an appointment. Child Safety Seat Program, Safety Saturdays, and Cribs for Kid.

Cribs for Kids provides a crib and safe sleep education to families with infants age birth to 9 months. Financial need must be demonstrated for this program. Please contact the Department at 717-263-5872, option 1 for more information. This program is currently inactive. The Department is working with Wellspan Health to reinstate the program, however progress was halted by the onset of the pandemic. Please contact the department if a crib is needed and we will work with Wellspan to try to arrange one. Safety Saturdays are held the first Saturday of the month, rain or shine. The events are held at 130 N. Second St., at the Fire Station, from 10:00 to 2:00. A certified technician will be committed to the event to install or check car seats. We will have car seat rentals while supplies last, cribs for the Cribs for Kids Program, a different safety topic each month, and fire prevention materials. The event is free and open to all. (There is still a \$10.00 charge to rent a car seat) Please call ahead at 717-263-5872 to confirm that Safety Saturday is happening: We have been cancelled due to the COVID pandemic for months now, but are hoping to re-open again soon. When we do re-open, masks and social distancing will be still be required! Update 2022 - we are still closed for Safety Saturdays. We will notify on website when they are to resume.

WHERE TO TURN FOR HELP

Cardiac Support Group

WellSpan Health Support Groups

(717) 765-3469

Heart-to-Heart Support Group

Heart to Heart is a support group for those who are cardiac patients, their families and friends.

Cardiology Services

Fulton County Medical Center

(717) 485-2871

Cardiology

The Fulton County Medical Center offers full time cardiology services led by Michael T. Donahoe, M.D. Jeffrey S. Mandak, M.D. F.A.C.C and Dustin Pine PAC.

The department testing includes: Electrocardiogram (EKG), Echocardiogram (ECHO), Cardiac Stress Testing, Holter Monitoring, Stress Echocardiogram, MCOT monitoring and Event recording, Cardioversions, Transesophageal Echocardiogram (TEE), Ankle Brachial Index (ABI,) Cardiac Imaging and Pacer interrogations, Pre Op Cardiac Clearance, Inpatient and Outpatient services.

Care Management

Franklin County Area Agency on Aging

(717) 263-2153

Options

The OPTIONS Program provides assessment, long-term care/home & community based services to consumers aged 60+ to support the highest level of functioning in the community. Offered OPTIONS services include case management, adult day services, medication set up, personal care/assistance, personal emergency response system, incontinence supplies, home delivered meals, and home support.

Caregiver Financial Assistance

Franklin County Area Agency on Aging

(717) 263-2153

Caregiver Support Program

Program for those providing care for a care dependent older adult. The caregiver is the primary manager of their care. The program works to ease the stresses of caregiving by focusing on the well-being of the caregiver. The program provides the primary caregiver with reimbursement for out-of-pocket costs associated with caregiver, such as respite, personal care, and caregiving-related services and supplies. The program also offers education, training, counseling, and more.

Franklin County Area Agency on Aging

(717) 263-2153

Grandparents Program

Support services are available which include:

- Information to caregivers about available services
- Assistance to caregivers in gaining access to the services
- Individual counseling, organization of support groups, training of caregivers to assist them in decision making and problem-solving that are related to their caregiving roles.
- Reimbursement for services and/or supplies.

WHERE TO TURN FOR HELP

Caregiver Support Group

Franklin County Area Agency on Aging

(717) 263-2153

Caregiver Support Program

Program for those providing care for a care dependent older adult. The caregiver is the primary manager of their care. The program works to ease the stresses of caregiving by focusing on the well-being of the caregiver. The program provides the primary caregiver with reimbursement for out-of-pocket costs associated with caregiver, such as respite, personal care, and caregiving-related services and supplies. The program also offers education, training, counseling, and more.

Menno Haven - Chambers Pointe

(717) 709-4510

Caregiver Support Group

This informal support group caters to caregivers who are interested in meeting, talking, and engaging with others who are going through similar situations. Individuals do not have to live at Menno Haven to attend. Meetings are held in the Chambers Pointe (formally named Penn Hall) conference room (from Philadelphia Avenue follow signs to ElderDay). Meeting are held the 3rd Wednesday of every month at 2PM. For questions or to pre-register contact Katie Ackerman at 717-709-4510. Pre-registration is not required.

Quincy Village

(717) 749-2300

Alzheimer's and Dementia Support Group

Quincy Village Alzheimer's and Dementia Support Group meets monthly on the second Wednesday of every month at 2:00 pm. Registration and social at 1:45. Most months there is a guest speaker. Meetings are held in the Quincy Room in the Colestock Health Care Center located at 6596 Orphanage Road, Waynesboro, PA.

Case Management

Franklin & Fulton County Mental Health, Intellectual & Developmental Disabilities, & Early Intervention

(717) 264-5387

Franklin & Fulton County Intellectual & Developmental Disabilities

The Franklin/Fulton County Intellectual & Developmental Disabilities Program partners with the community to develop and assure the availability of quality services and supports for individuals with Intellectual, Developmental Disabilities (for children under 9) and Autism and their families to live an Everyday Life.

Service Access and Management Inc. - Chambersburg

(717) 709-4321

Service Access and Management Inc. - Early Intervention, Intellectual Disability and Mental Health Case Management

SAM provides case management services to individuals enrolled in the early intervention, mental health and intellectual disabilities case management program.

UDS - Olde Homestead Lane

(888) 837-4235

UDS - Support Coordination

Provides supports coordination to people with physical disabilities and seniors. Assists in developing services plans, linking individuals to personal care attendants, coordinating services and connecting to community resources.

WHERE TO TURN FOR HELP

Case Management - Adolescent

Franklin & Fulton County Mental Health, Intellectual & Developmental Disabilities, (717) 264-5387 & Early Intervention

CASSP- Child and Adolescent Service Systems Program, Franklin/Fulton MH/IDD/EI

The Child and Adolescent Service System Program (CASSP) of Franklin/Fulton County helps to coordinate services for children and adolescents between child-serving systems by assisting the team of involved providers in improving communications, developing common goals, and ensuring a positive working relationship among schools, public, private agencies, the child and family. Family members, advocates and others involved may discuss their concerns, challenges, and expectations at the CASSP meeting. The team discusses resources available, talks about what is working and what is not working, reviews options, and makes recommendations regarding services. CASSP meetings are held at the convenience of the family and can be held as many times as needed to help the situation to be resolved.

Case Management - Homeless Supportive Services

South Central Community Action Programs, Franklin County (717) 267-3669

Franklin County Homeless Services

Provide temporary emergency shelter to small homeless families and individuals. Also provide short-term case management and referral services in order to aid participants in stabilizing their lives. Typical stay is 14 – 30 days. We coordinate Rapid Rehousing services for homeless individuals and families.

Case Management Services

Fulton County Medical Center (717) 485-2847

Social Services

Our Social Work staff assists patients and their families dealing with emotional, financial, and social stressors that accompany illness and hospitalization. This may include talking with family members and patients about services available in the community, or working to ensure that appropriate plans and services are in place at the time of discharge.

Keystone Community Outreach (717) 709-7922

Keystone Patient Financial Services

Keystone Health's Patient Financial Services department can help you understand your medical bill and payment process for services rendered at any of our Keystone Health practices. If you wish to speak to a medical billing representative please call 717-709-7922. If you wish to speak to a billing representative from Keystone Dental Care, call 717-709-7942.

You can pay your bill by:

- Cash
- Check
- Credit card (Visa, Mastercard, Discover, American Express) via phone, mail, online, or in person
- Online Bill Pay

WHERE TO TURN FOR HELP

Cash Assistance

Franklin County Assistance Office

(877) 289-9177

Diversion Program - Cash Assistance - Franklin

The Department of Human Services is dedicated to helping Pennsylvania's low-income families become independent through the Diversion program. Diversion is a way for families to choose short-term help rather than long-term ongoing cash assistance through the Temporary Assistance for Needy Families (TANF) program. For example, maybe you recently lost your job, or your employer cut your hours. You cannot pay all your bills now, but in a couple of months, you expect to start a new job that can support your family or you expect to work full-time hours again. If you are eligible, Diversion can meet your short-term needs. Diversion is a one-time lump sum payment. The payment is dependent upon your need, with the maximum payment set at three times the Family Size Allowance (FSA). To receive a Diversion payment, you first must be eligible for ongoing TANF benefits and then must meet all the Diversion requirements. You will not be eligible for Diversion if the Diversion payment cannot cover your short-term need. With a Diversion payment, your family should not have any need for ongoing TANF benefits. You can only receive Diversion payment once in a 12-month period.

Franklin County Assistance Office

(877) 289-9177

Temporary Assistance for Needy Families (TANF) Cash Assistance - Franklin

The Department of Human Services is dedicated to helping low-income families become independent while they receive Temporary Assistance for Needy Families, TANF, benefits. TANF is also referred to as "cash assistance". The TANF program provides money to help: Pregnant women Dependent children and their parents who live with them Dependent children and other relatives who live with them and care for them

Cash Assistance - Social Security Income

Social Security Administration- Franklin Program

(800) 772-1213

Social Security Administration- Franklin

A national program of contributory social insurance. Employees, employers and the self-employed pay contributions that are pooled in special trust funds. These funds provide income to workers and dependents in the event of retirement, disability or death. SSA also administers Medicare and the Supplemental Security Income (SSI) program for the aged, blind and disabled. Local offices accept applications, determine eligibility, hear appeals and are available to assist individuals trying to access benefits.

WHERE TO TURN FOR HELP

Cerebral Palsy

PennCares Supportive Services

(717) 632-5552

Early Intervention Services

Children born with a disability are entitled to interventions that can help prepare them for success, and like all children, thrive with stimulating activities and positive relationships.

The following services are offered though this location:

- PennCares Early Intervention - Services for children from birth to three years of age who are evaluated and determined to have a 25% delay in any developmental area.
- Physical therapy
- Occupational therapy
- Speech therapy
- Developmental teaching by special instructors
- Infant massage

Chamber Of Commerce

Shippensburg Area Chamber Commerce

(717) 532-5509

Shippensburg Area Chamber of Commerce

A premier membership-based organization for professional networking, development, and stimulating economic growth in the vibrant and prospering business community of Shippensburg through the various community events that they host.

Child Abuse

Franklin County Children and Youth Services

(717) 263-1900

Franklin County Children and Youth Services

The Franklin County Children and Youth Service is the local public child welfare agency that has the responsibility for ensuring that the children of Franklin County are safe and receiving the essentials of life. The agency provides services to any child from birth to 18 years of age who has been abused, neglected, exploited, is incorrigible and/or truant and their families. Services are provided to families who request and voluntarily accept services or who have been ordered to participate in services by the Franklin County Courts. Services are designed to promote the well being of children and their families. These are specialized services dealing with the problems of children whose families need help in caring for them. Reports involving abused, neglected, exploited, or truant/incorrigible children are investigated and in-home services are provided to families who meet Children and Youth legal criteria. Children and Youth can help intervene in family disputes and crises; however, Children and Youth do not have the authority to determine, mediate, or change Court-ordered custody or visitation agreements. Government intervention is justified when the family cannot, or will not, provide for the child's safety and/or basic needs. Placement of a child by Children and Youth can only occur if ordered by the Juvenile Court.

WHERE TO TURN FOR HELP

Pennsylvania Family Support Alliance

(800) 448-4906

Pennsylvania Family Support Alliance

Protects children from abuse by providing parenting education/support programs and training on child abuse recognition and reporting for professionals who work with children and are mandated reporters of child abuse. Also provides training for community members so they learn effective ways to be helpful when they are concerned about the safety of a child. Trainings for professionals are approved by Departments of Education, Human Services and State.

Child And Adolescent Counseling

Brook Lane Health Services

(301) 733-0330

Stone Bridge

This program provides treatment for boys and girls ages 6 - 12 and female adolescents ages 13 -17. These youths are emotionally and temporarily in need of protective and supportive residential placement. Must contact admissions office at 301-733-0330 Ext 1112 for application process.

Brook Lane Health Services

(301) 733-0330

Inpatient Hospitalization Program

Brook Lane Inpatient Hospitalization Program offers crisis stabilization for adults, children, and adolescents. Services:

- Adult Hospitalization: Provides crisis stabilization for adults that includes 6 - 7 day stays during which time a patient receives an individualized treatment plan, that may include individual, group, family, and couples therapy as well as medication management.
- Child and Adolescent Hospitalization: Provides crisis stabilization for children and adolescents ages 3 and older, that includes a 6-7 day stay during which time a patient receives an individualized treatment plan, that may include individual, group, and family therapy as well as medication management.

Brook Lane Health Services

(301) 733-0330

Brook Lane Partial Hospitalization Program for Adults and Children and Adolescent

Adult Day Program: A week long program that provides individuals 18 years and older a structured therapeutic day program and they return home in the evenings. Individuals at risk for injurious behaviors towards self or others, show a loss of motivation or intent for living, anxiety, depression, suffers effects of psychiatric disorders, has withdrawn from normal activities and/or has severe difficulty functioning in daily life would benefit from this program. Upon admission individuals receive a thorough assessment of their psychiatric and behavioral needs and a personalized treatment plan is put in to place including medication management where needed. Children and Adolescents Program: Offers children and adolescents ages 5 -18 with behavioral problems or mental illness to attend a structured therapeutic and educational day program. These services are located at Brook Lane's main campus, Hagerstown, MD.

Brook Lane Health Services

(301) 733-0330

Brook Lane Outpatient Program

Offers comprehensive Mental Health Services for adults, children (ages 3 and older) and adolescents. Services include assessment, evaluation and medication management as well as individual therapy, marital therapy, family therapy and addictions counseling.

WHERE TO TURN FOR HELP

CenterPoint Counseling and Consulting

(717) 267-2081

CenterPoint Counseling and Consulting

CenterPoint Counseling and Consulting is a private psychotherapy practice located in Chambersburg, PA. We specialize in improving relationships and overall life quality for children, adolescents, adults, and couples of all ages.

Family Care Services, Inc.

(717) 263-2285

Community Residential Rehabilitation Services (CRRS), FCS

Community Residential Rehabilitation Services (CRRS) for children are specifically designed and operated to assist persons under the age of 18 with serious emotional disturbances to live as independently as possible in a family setting. While in the CRRS program, the young person will receive treatment for the serious emotional disturbance along with training and assistance in the skills for community living. CRRS are defined, regulated and operated to implement the principle of least restrictive service alternative. An individual shall be served by CRRS when it is medically necessary. A discharge plan is developed from the point of admission to be implemented when the individual no longer meets medical necessity for the CRRS. CRRS have an obligation to work cooperatively with other service agencies and with local coordinating and planning groups toward the development and operation of a comprehensive service system which can meet the needs of children with serious emotional disturbances in a continuous, timely and coordinated manner.

Family Care Services, Inc.

(717) 263-2285

Family-Based Mental Health Services

The primary goal of Family-Based Mental Health Services is to enable parents to care for their children who have serious emotional concerns at home and to reduce the need for child and adolescent out-of-home placements. Family-Based Mental Health Services provide mental health treatment utilizing a team approach with a mental health professional and a mental health worker. Services are provided in the family's home and community. The team works with all family members who wish to participate. Family Care Services provides these services for families who reside within Franklin and Fulton Counties.

Franklin Family Services

(717) 267-1515

Outpatient Therapy - Chambersburg

The outpatient therapy department provides services to children, adolescents, and adults that are in need of emotional support or counseling. We offer a safe, supportive environment to work out problems and/or cope with issues including life stressors (divorce, abuse, death of family members or friends), problems at home, work or school, behavioral issues, managing anger, and dealing with feelings of sadness or anxiety. We offer individual, group, family, play, and couples counseling.

Growing Edges Counseling Clinic

(717) 477-1248

Growing Edges Counseling Clinic

Growing Edges provides the local area with free counseling services provided by our advanced Masters level counseling students under the supervision of licensed professional faculty members. Due to the structure of our clinic, we unfortunately are currently unable to serve those with severe mental illness, and those who are actively abusing substances and/or are currently in crisis.

WHERE TO TURN FOR HELP

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Student Assistance Program

For over 25 years the Student Assistance Program has worked in Pennsylvania to help troubled students. In some situations we are a first line of support for students dealing with any family, drug & alcohol, sadness, peer drama, or bullying issues. We support students in school, but we also connect students and families to outside resources to help them negotiate some of life's most tumultuous storms. HCP provides Student Assistance Program trained liaisons that serve in all of the middle and high schools in Franklin and Fulton County. Liaisons provide one-on-one student screenings for mental health and substance abuse concerns, group sessions with a variety of themes, and SAP Team consultation within each school. Elementary SAP- This program works directly with elementary students and families in Chambersburg School District and St Thomas Elementary in Tuscarora SD to assist in matching students and families with various needs and concerns and to reduce the barriers to learning at the elementary level.

Keystone Medical Services

(717) 709-7930

Keystone Behavioral Health

At Keystone Behavioral Health, we have who doctors specialize in pediatric behavioral issues, geriatric behavioral issues, substance abuse, and sleep disorders- all in one office, to effectively serve your family's needs. Keystones Behavioral Health Program Offers:

- Individual and family counseling with licensed therapists
- Psychiatric evaluations for children and adults
- Medication management with psychiatrists
- 24-hour crisis intervention services (located in an office in the Chambersburg Hospitals Emergency Department)

Laurel Life - Behavioral Health

(717) 261-9833

Franklin County - Phoenix Drive Location Behavioral Health Services

Behavioral Health Services are for adults, adolescents, and children who are experiencing any distress and need short-term support services. Individuals, couples, and families can find relief for disruption in emotional well-being through community based services.

Services offered at this location are:

- Outpatient Therapy
 - Parent-Child Interactive Therapy
 - Psychological and Psychiatric services for children and adolescents
-

WHERE TO TURN FOR HELP

Laurel Life - Behavioral Health

(717) 375-4834

Franklin County - Brown's Mill Road Location Behavioral Health Services

Behavioral Health Services are for adults, adolescents, and children who are experiencing any distress and need short-term support services. Individuals, couples, and families can find relief for disruption in emotional well-being through community based services.

Services offered at this location are:

- * Applied Behavior Analysis
- * Intensive Behavioral Health Services
- * Family-Based Mental Health Services
- * Outpatient Therapy

Momentum Services

(717) 262-2183

Behavioral Health Rehabilitation Services

Behavioral Health Rehabilitation Services include: Therapeutic Staff Support (TSS): The TSS provides therapeutic support to a child in a specified social, behavioral or emotional area of concern. The TSS helps a child improve on needs that have been identified by the child, family and community supports. Behavioral Specialist Consultant (BSC): The BSC provides assessment, treatment planning and direction and supervision of the TSS and ensures coordination of care. Mobile Therapy (MT): The MT provides direct therapy to children in the home and community setting, treatment planning and direction and supervision of the TSS.

Momentum Services

(717) 262-2183

Outpatient Clinical Services

Momentum Services, LLC provides Clinical Services for children, adolescents, adults, couples, families and the elderly. Also provided are Behavioral Health Rehabilitation Services for children and adolescents up to the age of 21, Family Based Mental Health Services for children and their families and School Based Outpatient Services in select school districts. Clinical Services include: Psychiatric Evaluation Psychological Evaluations Medication Monitoring Individual Therapy Family Therapy Group Therapy Couples Therapy Play Therapy

Momentum Services

(717) 262-2183

School Based Outpatient Services

School Based Outpatient implements behavioral health support in the school setting by providing outpatient counseling within the school districts in which we are licensed. The clinicians that are responsible for providing this service have extensive training in working with behavioral health related disorders. This service is intended to provide minimal disruption to the child's educational day, yet still provide needed treatment without concerns of transportation to a clinic. These individuals also work closely with school personnel to ensure that current needs are accurately identified and addressed. All school based outpatient therapists are required to hold a license within the state of Pennsylvania.

Pennsylvania Counseling Services

(717) 261-1218

Children's Services

Family based and BHRS (Wraparound) services for adolescents and children under age 21; family participation is required.

WHERE TO TURN FOR HELP

Child Care

Chambersburg Memorial YMCA

(717) 263-8508

Military Outreach Initiative and Respite Child Care

Deployment can be a stressful and uncertain time for our nations servicemen and women and their families. In partnership with the Armed Services YMCA and the Department of Defense, the Y is proud to offer memberships and respite child care services to eligible military families and personnel to give them extra support during this difficult period. Its our way of giving back to those who dedicate themselves to serving our country.

Child Care and Early Learning Programs

(717) 263-6549

Child Care Information Services (CCIS) - Franklin County

Provides personalized child care referrals to child care providers based on your specific needs or preferences. Provides an [online directory of child care providers.](http://www.humanservices.state.pa.us/Compass.Web/ProviderSearch/pgm/PSWEL.aspx) CCIS agencies also administer the Child Care Works subsidized child care program.

Fulton County Family Partnership, Inc.

(717) 485-6767

Child Care Services

PA Licensed Child Care Center offers dependable care for children 6 weeks old through age 15. Infant through Kindergarten Care is offered at the Overly Raker Building in McConnellsburg. We are open 6:00AM to 6:00PM Monday through Friday and offer: Developmentally appropriate educational environment. Nutritious meals and snacks. Formula (some restrictions apply) and baby food is included in fee. Daily outdoor, active play. Low staff to child ratios. Curriculum focused on individual child.

Newburg United Methodist Church

(717) 423-9989

God's Little Ones Preschool and Daycare

God's Little Ones Learning Center is a faith-based STARS 2 preschool and daycare in beautiful rural Newburg, PA. Our friendly staff serve children from 6 weeks old to 5th grade! We offer full day care for infants through Pre-Kindergartners and Before and After school care, drop-in care, and Full Day Summer Camp for School Age children!

PathStone Corporation - Chambersburg

(717) 264-2839

Child & Family Development Services

PathStone's Child & Family Development Services provides Migrant & Seasonal Head Start and Pennsylvania Pre – K Counts in Franklin County, PA.

WHERE TO TURN FOR HELP

Waynesboro Area Day Care Center

(717) 762-9711

Waynesboro Day Care Center

The Waynesboro Day Care Center is a non-profit child care facility that provides safe, high-quality, affordable day care in a child-centered environment that fosters dignity, respect and learning,

We:

- provide a good place to work, with high expectations, team work, cooperation and communication.
- Create a work environment that encourages professionalism, growth and diversity.
- Provide a safe environment and warm, loving care.
- Meet each child's nutritional needs by providing a daily breakfast, lunch, and afternoon snack.
- Strive to support families through strong partnerships and grow to a financially strong organization.

Toddler and preschool years are full of exploration, years your child is learning the the fundamentals of communication and interaction for the future. One of the early learning programs at WDCC is called "Mind in the Making" Our staff builds confidence and trust with Children and parents.

Our Curriculum is based on circle time activities, art, music, dramatic play, science, reading and physical development. The curriculum includes a pre-school computer program. We encourage skills in creative art, dramatic play, science and math, language development, physical development and social interactions. Children are given time for hands-on investigation and opportunities to create, reason, problem solve, socialize, and communicate, so they will discover and learn at their own individual pace. Since the children learn best when they are able to make their own choices about learning, our play-oriented activities offer choices and freedom of expression.

Waynesboro Area YMCA

(717) 762-6012

Child Care Programs

Ys Nest Preschool Program: Children in the Ys Nest will participate in developmentally appropriate activities while learning to work in groups and relate to people outside the home. Includes weekly physical education, Bible time, and swimming classes. Ys Nest is a 9 month program during the school year. Children must be appropriate age prior to September 1st. Preschool schedule follows the Waynesboro Area School District schedule for holidays and days off. All Day Child Care: All Day Child Care is a DPW licensed program for 3-5 year olds including Summitview Kindergartners. Families interested in registering for the program can contact Tanja Koons, Child Care Director or call our Member Services for program info. Our program offers developmentally appropriate activities including physical education, Bible time and MORE!!! Morning and afternoon snacks provided. Program hours from 6:30 am " 6:00 pm. School Age Care: Before and After School CARE is currently available on-site at Fairview and Summitview schools, as well as at the YMCA. Before and After School CARE is currently available in the Greencastle Antrim School District. The Y is now offering the same great care program onsite at its new location at the Greencastle Church of the Brethren on S. Carlisle St. For those interested in participating in CARE in Greencastle, please contact Tanja Koons.

WHERE TO TURN FOR HELP

Child Care Payment Assistance

South Central Community Action Programs, Franklin County

(717) 263-6549

Early Learning Resource Center, Region 6 - Child Care Subsidies and Provider Referrals

SCCAP is subcontracted by The Center for Community Action to operate the local Early Learning Resource Center in Franklin County to administer the child care subsidy program to county residents. This program, which receives federal and state funding, was established to give financial support to working families for help in paying their child care expenses. In addition to offering child care subsidies, we also provide referrals to parents seeking child care. Child care providers may request information on training and workshops in their area, as well as information on providing quality child care for working families.

Child Care Subsidy

Child Care and Early Learning Programs

(717) 263-6549

Child Care Information Services (CCIS) - Franklin County

Provides personalized child care referrals to child care providers based on your specific needs or preferences.

Provides an online

directory of child care providers. CCIS agencies also administer the Child Care Works subsidized child care program.

South Central Community Action Programs, Franklin County

(717) 263-6549

Early Learning Resource Center, Region 6 - Child Care Subsidies and Provider Referrals

SCCAP is subcontracted by The Center for Community Action to operate the local Early Learning Resource Center in Franklin County to administer the child care subsidy program to county residents. This program, which receives federal and state funding, was established to give financial support to working families for help in paying their child care expenses. In addition to offering child care subsidies, we also provide referrals to parents seeking child care. Child care providers may request information on training and workshops in their area, as well as information on providing quality child care for working families.

Child Neglect

Franklin County Children and Youth Services

(717) 263-1900

Franklin County Children and Youth Services

The Franklin County Children and Youth Service is the local public child welfare agency that has the responsibility for ensuring that the children of Franklin County are safe and receiving the essentials of life. The agency provides services to any child from birth to 18 years of age who has been abused, neglected, exploited, is incorrigible and/or truant and their families. Services are provided to families who request and voluntarily accept services or who have been ordered to participate in services by the Franklin County Courts. Services are designed to promote the well being of children and their families. These are specialized services dealing with the problems of children whose families need help in caring for them. Reports involving abused, neglected, exploited, or truant/incorrigible children are investigated and in-home services are provided to families who meet Children and Youth legal criteria. Children and Youth can help intervene in family disputes and crises; however, Children and Youth do not have the authority to determine, mediate, or change Court-ordered custody or visitation agreements. Government intervention is justified when the family cannot, or will not, provide for the child's safety and/or basic needs. Placement of a child by Children and Youth can only occur if ordered by the Juvenile Court.

WHERE TO TURN FOR HELP

Child Support

Domestic Relations Section of Franklin County

(717) 264-6144

Domestic Relations Section of Franklin County

The Franklin County Domestic Relations Section is responsible for the administration of child / spouse support Enforcement Program which consists of:

- Case Initiation
- Paternity Determination
- Location of Absent Parents
- Establishment and Modification of Support Orders
- Enforcement of Financial and Non-Financial Orders.

Services Provided:

- Location of absent parents
- Establishment of paternity
- Establishment of support orders including medical support
- Enforcement of support orders
- Modification of support, if warranted
- Limited collection and distribution of support payments

Children And Youth

Franklin County Children and Youth Services

(717) 263-1900

Franklin County Children and Youth Services

The Franklin County Children and Youth Service is the local public child welfare agency that has the responsibility for ensuring that the children of Franklin County are safe and receiving the essentials of life. The agency provides services to any child from birth to 18 years of age who has been abused, neglected, exploited, is incorrigible and/or truant and their families. Services are provided to families who request and voluntarily accept services or who have been ordered to participate in services by the Franklin County Courts. Services are designed to promote the well being of children and their families. These are specialized services dealing with the problems of children whose families need help in caring for them. Reports involving abused, neglected, exploited, or truant/incorrigible children are investigated and in-home services are provided to families who meet Children and Youth legal criteria. Children and Youth can help intervene in family disputes and crises; however, Children and Youth do not have the authority to determine, mediate, or change Court-ordered custody or visitation agreements. Government intervention is justified when the family cannot, or will not, provide for the child's safety and/or basic needs. Placement of a child by Children and Youth can only occur if ordered by the Juvenile Court.

Children with Disabilities - Diagnostic Testing

Franklin & Fulton County Mental Health, Intellectual & Developmental Disabilities, & Early Intervention

(717) 264-5387

Franklin & Fulton County Early Intervention

Franklin/Fulton County Early Intervention Program is designed to provide specialized services for newborns to three (3) year old children in their natural environment to help them reach developmental milestones. Services are determined by a team that supports the child and the family through individualized plans that encourage progress and development in areas that may include motor development, communication skills, cognition and problem solving, play skills and/or socialization.

WHERE TO TURN FOR HELP

Lincoln Intermediate Unit 12

(717) 263-1732

Early Intervention Preschool Evaluation Services

Early Intervention (EI) consists of services and supports designed to help families with children who have developmental delays. While all children grow and change at their own rate, some children can experience delays in their development. Sometimes this can be cause for concern. At Lincoln Intermediate Unit 12, a diagnostic preschool evaluation team is available to provide evaluations for your child.

Evaluation offered are for: Cognitive (thinking and understanding), Speech Language, Occupational Therapy, Physical Therapy, Audiology, and educational Hearing and Visual Functioning Mobility (not medical testing) From these evaluations, the appropriate special education services can be provided to help your child grow and develop.

Children With Disabilities - Educational Program

Merakey Innovative Care and Education Solutions - Franklin & Fulton Counties

(717) 261-1163

Merakey School (Stepping Stones) - Chambersburg

The NHS School Chambersburg provides educational programming in full-time Autistic Support and full-time Emotional Support classrooms to students ages 5 through 21. A Pennsylvania certified special education teacher and a highly qualified classroom aide lead instruction in each classroom where a low student-to-staff ratio is maintained at all times. Verbal behavior, applied behavior analysis, individualized programming, speech therapy, and occupational therapy services are provided in our school. Cognitive behavioral interventions and therapeutic instruction guided by a Masters-Level Clinical Specialist enhance our Emotional Support program. Our school works in collaboration with local school districts and community providers to offer individualized and quality education for each student.

Children With Disabilities - Supportive Services

Bureau of Blindness and Visual Services

(866) 375-8264

Specialized Children Services

BBVS provides assistance to children with visual impairments to ensure they reach their maximum educational and vocational potential. Available services include:

- Advocacy for educational services
- Guidance and counseling for children and their families;
- Community orientation and mobility (travel) instruction
- Children's summer programs
- Adaptive equipment

Franklin & Fulton County Mental Health, Intellectual & Developmental Disabilities, & Early Intervention

(717) 264-5387

Franklin & Fulton County Early Intervention

Franklin/Fulton County Early Intervention Program is designed to provide specialized services for newborns to three (3) year old children in their natural environment to help them reach developmental milestones. Services are determined by a team that supports the child and the family through individualized plans that encourage progress and development in areas that may include motor development, communication skills, cognition and problem solving, play skills and/or socialization.

WHERE TO TURN FOR HELP

Children's Clothing

Circle of Love

(717) 372-1112

Circle of Love Community Outreach Program

A community based outreach where neighbors donate and those in need benefit. No judgment, no cost. Our goal is to distribute used clothing, toys, shoes, linens, household items, personal care items, etc to local families in need. We are also able to distribute items on an as need basis to those going through a financial hardship, are a victim of violence, are experiencing a life changing medical condition, etc. What started out as a school project has grown into a wonderful outreach for the community. The Circle of Love Giveaway takes place twice per year; once in the spring and once in the fall. These sessions will allow for several services to take place at the same time, while families receive the services of Circle of Love.

Kid to Kid

(717) 414-7642

Kid to Kid

Kid to Kid is a resale store of children's clothing, accessories, and equipment. They also deal in maternity clothing as well. It is a great avenue to take those items your child has grown out of and get new items your child will fit in. Individuals can sell their items to the store for cash or store credit, which can be used to purchase additional items needed for your child.

Newburg United Methodist Church

(717) 423-6223

Clothing Center

Organized in 1989 to provide affordable clothing for people in need, we are a community operated clothing store offering clothing by the bag. The Center seeks to provide the community and surrounding areas with clean, affordable clothing for all family members.

You can find just about anything you need! Clothing for men and women, children and infants, shoes, coats, jackets, boots, and undergarments, uniforms, unusual outfits as well as occasional formal gowns and dresses.

- A brown grocery bag, which is provided, can be filled with clothing for \$2.00
- A winter coat can be bought for \$2.00
- A jacket for \$1.00
- A pair of shoes for a quarter

We donate clothes to various missions and to individuals and families, who are in need after an emergency such as a fire. We are always accepting new donations and volunteers. If you are donating, simply leave the clothing by the back door of the clothing center (which faces the dumpsters). If you are volunteering, just walk in the front door and be greeted by the rest of our friendly volunteer staff.

Children's Health Insurance Program (CHIP)

Keystone Community Outreach

(717) 709-7922

Keystone Community Outreach Enrollment Navigators

Keystone Health's Outreach Enrollment Navigators can help connect you and your family to health coverage in Franklin County. You may qualify for free or low-cost health insurance! We can help with Medicaid, CHIP or the new Pennie – Pennsylvania's state-based health insurance exchange.

WHERE TO TURN FOR HELP

Children's Programs

Boys & Girls Club of Chambersburg and Shippensburg, Inc.

(717) 261-5761

Before and After School, Summer Camps

Academic Help- tutoring, accountability, time to complete assignments, mentoring, 6-8 week summer camps.

Franklin County Library System

(717) 709-0282

Outreach Services

Our Bookmobile and Book Buggy serve residents across Franklin County by providing mobile library services and materials. Special attention is given to communities without a physical library, childcare centers, Head Start Programs, senior centers, and senior care homes.

Franklin County Library System

(717) 263-1054

Coyle Free Library

Known as the district center of regional library services, it is a public library with materials and programs for children, teens, and adults. Public computers are available for use. A reference librarian is onsite. Genealogy help is also available. English/Spanish education is available. Please phone the library for more information on current program offerings.

Franklin County Library System

(717) 597-7920

Lilian S Besore Memorial Library

Public Library with materials and programs for children, teens, and adults. Public computers are available for use. Passport services are also available at this location. Please phone the library for more information on current program offerings or to set up an appointment for passport services.

Franklin County Library System

(717) 709-0282

Grove Family Library

Public Library with materials and programs for children, teens, and adults. Public computers are available for use. Please phone the library for more information on current program offerings.

Franklin County Library System

(717) 369-4704

Fort Loudon Library

Public Library with materials and programs for children, teens, and adults. Public computers are available for use. Please phone the library for more information on current program offerings.

Franklin County Library System

(717) 794-2240

Blue Ridge Summit Free Library

Public Library with materials and programs for children, teens, and adults. Computers available for public use. Please phone the library for more information on current program offerings.

Franklin County Library System

(717) 369-4716

St Thomas Library

Public Library with materials and programs for children, teens, and adults. Public computers are available for use. Please phone the library for more information on current program offerings.

WHERE TO TURN FOR HELP

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Girls Circle

Healthy Communities Partnership takes special care to understand the unique needs of teenagers, parents, and families. Sometimes the choices young people make affect more than themselves, their choices affect their families, schools, and communities. The following programs are designed to help teens and families navigate a variety of troubling waters. Girls Circle - a structured support group for girls from 9-18 years, integrates relational theory, resiliency practices, and skills training in a specific format designed to increase positive connection, personal and collective strengths, and competence in girls.

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Healthy U

Healthy Communities Partnership takes special care to understand the unique needs of teenagers, parents, and families. Sometimes the choices young people make affect more than themselves, their choices affect their families, schools, and communities. The following programs are designed to help teens and families navigate a variety of troubling waters. Healthy U- This activity based curriculum has lessons for all age groups with a focus on all aspects of health and wellbeing. It is good for a community or school setting.

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Student Assistance Program

For over 25 years the Student Assistance Program has worked in Pennsylvania to help troubled students. In some situations we are a first line of support for students dealing with any family, drug & alcohol, sadness, peer drama, or bullying issues. We support students in school, but we also connect students and families to outside resources to help them negotiate some of life's most tumultuous storms. HCP provides Student Assistance Program trained liaisons that serve in all of the middle and high schools in Franklin and Fulton County. Liaisons provide one-on-one student screenings for mental health and substance abuse concerns, group sessions with a variety of themes, and SAP Team consultation within each school. Elementary SAP- This program works directly with elementary students and families in Chambersburg School District and St Thomas Elementary in Tuscarora SD to assist in matching students and families with various needs and concerns and to reduce the barriers to learning at the elementary level.

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Interrupted

Healthy Communities Partnership takes special care to understand the unique needs of teenagers, parents, and families. Sometimes the choices young people make affect more than themselves, their choices affect their families, schools, and communities. The following programs are designed to help teens and families navigate a variety of troubling waters. Interrupted- This program is offered for youth who have been identified as having issues experimenting or using Alcohol, Marijuana or Tobacco. Each one of these substances has a different class structure. Please call for more information.

WHERE TO TURN FOR HELP

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Too Good

Healthy Communities Partnership takes special care to understand the unique needs of children, teenagers, parents, and families. Sometimes the choices young people make affect more than themselves, their choices affect their families, schools, and communities. The following programs are designed to help children, teens and families navigate a variety of troubling waters. Too Good - The Revised Edition of Too Good for Drugs High School promotes social skill development and resiliency to promote learning readiness and social emotional competency for students grades kindergarten through 8th grade.

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Teen Intervene

Healthy Communities Partnership takes special care to understand the unique needs of teenagers, parents, and families. Sometimes the choices young people make affect more than themselves, their choices affect their families, schools, and communities. The following programs are designed to help teens and families navigate a variety of troubling waters. Teen Intervene- Offered to teens and youth displaying minor to moderate substance use. The structure of this program is one-on-one with a parent component.

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

The Council

Healthy Communities Partnership takes special care to understand the unique needs of teenagers, parents, and families. Sometimes the choices young people make affect more than themselves, their choices affect their families, schools, and communities. The following programs are designed to help teens and families navigate a variety of troubling waters. The Council - a strengths-based group approach to promote boys' and young men's safe and healthy passage through pre-teen and adolescent years.

Mason-Dixon Council Boy Scouts of America

(301) 739-1211

Scouting

Serving boys and girls in grade K through age 20 with traditional Scouting programs that help young people make ethical decisions over their lifetime by instilling in them the values found in the Scout Oath and law. Youths participate in learning activities along with outdoor fun and physical fitness. Cub Scout program serves youth boys and girls, K – 5, in separate Dens. Scouts, BSA program serves young men and young women ages 11 – 17 in separate troops. The venturing program is for co-ed youth ages 14-20 that is focused on outdoor adventure and leadership development.

NETwork Ministries

(717) 264-4640

Street Leaders & Junior Leaders

Street Leaders: Each year, we hire about 14 high school students to serve with our after school ministries. As they are discipled, we give this team leadership training, academic support, and job skills at our weekly Meet Up gathering for high school students on Wednesday nights. Its exciting to see young leaders growing in relationship with Jesus and serving in downtown Chambersburg! Junior Leaders: Every summer, we bring several 6th-10th grade students into this program, to assist with our garden and market ministry.

WHERE TO TURN FOR HELP

NETwork Ministries

(717) 264-4640

Garden & Market

This program trains youth to work as entrepreneurs in the kids community garden at NETwork and at our local North Square Farmers Market. Youth learn to grow and harvest produce, to work hard, responsibility, and practical job skills. All summer long, we meet four times a week, with Saturdays being devoted to being at the market. Over 40 youth were involved last year! NETwork also hosts a community garden for neighborhood adults and families in our community. This opportunity is open to anyone in the Chambersburg area who desires to learn to grow food and to work together with others in this endeavor. Jazz in the Garden Near the end of the summer, we host a wonderful event called Jazz in the Garden, featuring live jazz music, delicious hors d'oeuvres, and tours of our garden.

NETwork Ministries

(717) 264-4640

The Arts

NETwork has been developing a new arts ministry for children and teens in Chambersburg! The arts ministry is giving children and teens opportunities to learn and grow in their artistic gifts, intentionally connecting with the diverse cultures represented in our community, and providing new contexts to build relationships and share the good news of Jesus. Currently, these are the areas our arts ministry is focused: - Piano lessons - Art at the Park (Mike Waters Second Street Park) - Dance classes - Step Team - Art activities for other after school programs - Special community events and off campus trips

NETwork Ministries

(717) 264-4640

FLAVA & Teens

With a focus on building positive relationships, our junior high ministry is designed for 6th - 8th grade students. We have "Fun Learning About Virtually Anything" and spend time playing basketball and crazy games, studying the Bible, cooking and baking, and going on fun, educational trips. FLAVA is open Wednesday through Friday 2:45 - 5:00, with several club options in the hours after that. In addition, we offer creative opportunities in Stepping and the Arts on Mondays and Wednesdays, as well as special events on Friday and weekends.

NETwork Ministries

(717) 264-4640

Kids Club

Our after-school ministry for children in grades 1-5 is open Monday through Friday from 3:45-6:00, and includes arts and crafts, homework assistance, prayer, healthy snacks, spiritual instruction, and recreation. Children from several local elementary schools participate in our Kids Club.

The Institute

(717) 762-0373

School Programs - Environmental

Renfrew's environmental education programs raise awareness and encourage stewardship of our natural heritage.

WHERE TO TURN FOR HELP

The Institute

(717) 762-0373

Community Learning Programs

Here are programs that satisfy our curiosities, open doors to new skills, invite us to explore and help us live more sustainably. Designed for adults and teens (age 15 and up), these lectures, hands-on workshops and field trips take participants into exciting realms of learning. Environmental and cultural history topics are offered each year.

This program is held at various parks and outdoor recreation venues in the Waynesboro/Washington Township Area.

The Institute

(717) 762-0373

School Programs - Cultural

Renfrew's cultural education programs offer students a fun way to learn about farmlife in the 1800s. Unless otherwise noted, all programs are two hours long and the cost is \$5/student. Groups may have between 15 and 30 children. There is no charge for accompanying adults.

The Institute

(717) 762-0373

Children and Youth Programs in Environmental & Cultural Studies

Renfrew Institute offers several special programs for children and families, separate from our school programs or summer offerings. Our goal is to keep kids engaged at Renfrew through many different avenues including hands-on crafts, nature programs and weekend family events.

The Institute

(717) 762-0373

Summer Institute

Those gorgeous warm days and the beauty of Renfrew Park draw old and young alike to enjoy nature and a step back in time. Summer Institute, with a variety of activities for children, is a great way for kids to enjoy the park while learning something new and exciting.

Children's Services

Youth Advocate Programs, Inc.

(717) 267-7887

IBHS Intensive Behavioral Health Services

Youth Advocate Programs offer behavioral health wraparound services for children and adolescents by providing intensive in home and community based, non-residential services. The program offers Behavioral Consultant Services, Behavioral Health Technician (BHT), and Mobile Therapy in the home, school, and community.

Children's Summer Program

Building Our Pride in Chambersburg, Inc.

(717) 263-2100

Educational Enrichment Program

Educational Enrichment Program shall provide Academic Lesson Plans & Educational Curriculum that shall provide all children enrolled with Educational Activities that shall insure the children maintain the Grade Level they are currently enrolled in the School District they attend. This assures the children shall not lose any lessons taught because of the Summer Vacation time period.

WHERE TO TURN FOR HELP

Building Our Pride in Chambersburg, Inc.

(717) 263-2100

Summer Food Services Program

Summer Food Service Program shall teach, and reinforce the values of buying, preparing & eating freshly harvested nutritional foods. It shall also insure that any child who qualifies for free & reduced meals during the school calendar year shall continue to receive (fresh, nutritional) foods during the Summer Months.

Bureau of Blindness and Visual Services

(866) 375-8264

Specialized Children Services

BBVS provides assistance to children with visual impairments to ensure they reach their maximum educational and vocational potential. Available services include:

- Advocacy for educational services
- Guidance and counseling for children and their families;
- Community orientation and mobility (travel) instruction
- Children's summer programs
- Adaptive equipment

Shippensburg Community Resource Coalition - Youth Programs

(717) 477-9100

Shippensburg Summer Lunch Program

For 7 weeks during the summer, the Shippensburg Community Resource Coalition works cooperatively with local agencies to provide the Shippensburg Summer Lunch program. This program strives to improve the quality of life for children residing in the Shippensburg area community by providing meals and healthy living education to help ensure that their nutritional needs are met during the summer break from school. It is also an open site for the USDA Summer Food Service Program free lunch.

Christmas Gifts

The Salvation Army, Chambersburg

(717) 264-6169

Angel Tree & Holiday Program

A seasonal holiday program that allows for individual who reside in the following zip codes: Chambersburg (17201, 17202), Scotland (17254), St Thomas (17252), and Fayetteville (17222), the ability to sign up their children for Christmas gifts or other holiday program events.

Chron's & Colitis Support Group

WellSpan Health Support Groups

(215) 396-9100

Chrohn's & Colitis Support Group

If you have Crohn's or colitis, you are not alone. Crohn's & Colitis Foundation of America can help. Crohn's and colitis support group meetings are often intimate gatherings where patients and their loved ones can share their stories, seek emotional support, find answers to their questions, and connect with a community who share their challenges. In addition to these focused sessions, support groups often organize informal, social events like picnics and luncheons, community volunteer days, informational workshops, family outings, and attend gala events.

WHERE TO TURN FOR HELP

Citizenship Courses

Franklin County Legal Services

(717) 262-2326

Legal Advice, Representation, and Education

Franklin County Legal Services provides legal representation, advice, and education to low-income individuals with civil legal problems.

Civic Organization

Shippensburg Civic Club

(717) 530-7900

Scholarship Entries

Another major aspect of the Club is the scholarships offered to local high school students. The Club funds and administers the Marian E. Freeman Scholarship to a Shippensburg Area High School Student and the Education Committee awards two civic club scholarships annually, one to a Shippensburg area senior high school student entering the medical service field and one to a nontraditional student.

Clothing - Coat Give Away Drive

The Salvation Army, Chambersburg

(717) 264-6169

Coat Give Away

Salvation Army, Chambersburg hold an annual one day only coat give away for those who need winter coats. The date is often in November, but is subject to be at anytime during the fall season.

Individuals may also donate winter coats for this drive.

Clothing Bank

Christ United Methodist Church, Shippensburg

(717) 532-6850

Christ United Methodist Church, Shippensburg Clothing Bank

A place where individuals may come to buy lightly used clothing at a very modest price. This store is open for everyone to shop and buy as they have need.

Circle of Love

(717) 372-1112

Circle of Love Community Outreach Program

A community based outreach where neighbors donate and those in need benefit. No judgment, no cost. Our goal is to distribute used clothing, toys, shoes, linens, household items, personal care items, etc to local families in need. We are also able to distribute items on an as need basis to those going through a financial hardship, are a victim of violence, are experiencing a life changing medical condition, etc. What started out as a school project has grown into a wonderful outreach for the community. The Circle of Love Giveaway takes place twice per year; once in the spring and once in the fall. These sessions will allow for several services to take place at the same time, while families receive the services of Circle of Love.

First United Methodist Church, Chambersburg

(717) 263-8491

Clothing and Small Household Items Bank

Our clothing and small household items ministry is a cluster ministry supported by Park Avenue United Methodist Church and St. Pauls United Methodist Church. The ministry provides clothing for all ages, as well as small household items. Clients are allowed one visit per month. Visits are by appointment only on Thursday afternoons from 1:30 PM to 5:00 PM and the first Saturday of each month from 10:00 AM to 12:00 PM.

WHERE TO TURN FOR HELP

Five Forks Brethren In Christ Church

(717) 762-2991

Clothing Bank

The Five Forks Brethren in Christ Clothing Bank is open 5 -10 hours weekly and supplies clothing for people in need. There is a limit of 2 visits per household per month for clothing. Scheduled hours are available at the clothing bank by calling the Five Forks Church at 762-2991.

Help Hotline

(717) 762-9050

Help Hotline

The Help Hotline provides a clothing bank, food banks and limited financial assistance with utility bills (no housing assistance) for those who specifically live in the Blue Ridge Summit area. All assistance must be done by contacting the Help Hotline manager at 717-762-9050, who will then schedule an appointment for either Tuesday evening or Saturday morning each week, unless considered an emergency. Assistance may be coordinated with surrounding agencies in regards to utility bills.

Newburg United Methodist Church

(717) 423-6223

Clothing Center

Organized in 1989 to provide affordable clothing for people in need, we are a community operated clothing store offering clothing by the bag. The Center seeks to provide the community and surrounding areas with clean, affordable clothing for all family members.

You can find just about anything you need! Clothing for men and women, children and infants, shoes, coats, jackets, boots, and undergarments, uniforms, unusual outfits as well as occasional formal gowns and dresses.

- A brown grocery bag, which is provided, can be filled with clothing for \$2.00
- A winter coat can be bought for \$2.00
- A jacket for \$1.00
- A pair of shoes for a quarter

We donate clothes to various missions and to individuals and families, who are in need after an emergency such as a fire. We are always accepting new donations and volunteers. If you are donating, simply leave the clothing by the back door of the clothing center (which faces the dumpsters). If you are volunteering, just walk in the front door and be greeted by the rest of our friendly volunteer staff.

The Salvation Army, Chambersburg

(717) 264-6169

Social Work

Social Work - assistance with Life Threatening Medications (1 time), Clothing (Fire Victims, Homeless, Job Interviews, and Funeral expenses).

Trinity Episcopal Church, Chambersburg

(717) 264-6351

Clothing Bank

During the winter months, a small clothing bank is available to assist those in need.

WHERE TO TURN FOR HELP

Valley Ministries

(717) 349-0067

The Closet Thrift Store

Our clients can find clothes from Newborn through adult clothes. Anything from prom dresses to work boots come in, so you never know what you may find. With a children's' play area, it's a nice place to browse for bargains. We have added a section of household, toys and accessories.

Clients can purchase a bag of clothes for \$5. Household, toys and certain accessories are priced separately. We keep our prices very low so we can continue meeting the community need and our clients can know that their purchases fund The Pantry.

Gift certificates are now available for purchase!

Waynesboro Community & Human Services

(717) 762-6941

Clothing & Household Bank

Thanks to donations from the community our clothing bank is well stocked with clothing, shoes and coats for men, women, and children. We also have household items such as dishes, pots and pans, small appliances, bedding, towels and miscellaneous items for our clients to select as needed. Visits are limited to once a week. There is no charge for any item in our clothing bank.

Coat Give Away Drive

The Salvation Army, Chambersburg

(717) 264-6169

Coat Give Away

Salvation Army, Chambersburg hold an annual one day only coat give away for those who need winter coats. The date is often in November, but is subject to be at anytime during the fall season.

Individuals may also donate winter coats for this drive.

CoDA Support Group

The Harbor of Shippensburg

(215) 333-7775 #5 (Info Line)

CoDA (Co-Dependents Anonymous) Support Group

CoDA is a fellowship of men and women whose common purpose is to develop healthy relationships.

Cold Weather Shelter

Maranatha Ministry, Inc.

(717) 262-2143

Chambersburg Cold Weather Drop-In Shelter

Open from December to April only, the shelter provides a warm space and meals provided by the churches of the greater Chambersburg area during the cold winter months. Some limited counseling and assistance is provided to aid guests in acquiring permanent shelter and temporary or permanent job placement. Incoming guests sign-in and agree to printed shelter rules. Guests are permitted to stay for 14-nights, but are permitted to stay longer if they perform public services within the community. Bible studies are made available to guests several times during the week in groups or on an individual basis if requested. This service to the community is entirely faith-based and receives all its funding and support from local churches and parishioners.

WHERE TO TURN FOR HELP

Communities That Care

Fulton County Family Partnership, Inc.

(717) 485-6767

Communities That Care (CTC)

Communities That Care (CTC) is a proven approach to preventing youth violence, delinquency and drug use, and promoting positive youth development and strong families. The strength of the CTC model lies in its foundation in decades of research on the underlying causes of youth crime. This research has identified a number of specific risk factors that are associated with youth problem behaviors.

CTC utilizes a comprehensive process that brings members of the community together to evaluate community-wide data, identify and prioritize risk factors, and implement evidence-based (i.e. proven-effective) programs aimed at reducing risk factors and ultimately improving youth outcomes. The benefits of the CTC model for community prevention planning include:

- Greater community collaboration and ownership of prevention activities.
- More strategic allocation of scarce prevention resources.
- Increased focus on quality of program delivery, and on outcomes and accountability.
- Reduced duplication and fragmentation of resources and services.
- Reduced interagency competition.
- Improve sustainability of programs and strategies.

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Chambersburg Cares

Chambersburg Cares is an initiative of Healthy Communities Partnership that was formed in April of 2015. This Drug-Free Communities coalition works to reduce substance use and risk factors among youth in Chambersburg, PA. The coalition is an active group of professionals with representation from 12 sectors including: religious/fraternal, youth, youth-serving organizations, state/local government, civic & volunteer groups, business, parents, healthcare, media, schools, law enforcement, and other organizations involved in substance abuse.

Community Clinic

Keystone Medical Services

(717) 709-7979

Keystone Urgent Care

Keystone Urgent Care is available to anyone in the community and provides high quality cost-effective care when you need prompt medical attention for non-life threatening conditions.

Community Events

Shippensburg Area Chamber Commerce

(717) 532-5509

Shippensburg Area Chamber of Commerce

A premier membership-based organization for professional networking, development, and stimulating economic growth in the vibrant and prospering business community of Shippensburg through the various community events that they host.

WHERE TO TURN FOR HELP

Community Meal

Bethesda Mission Men's Shelter (717) 257-4440

Soup Kitchen

Provides a full meal beginning at 4:30 pm daily. Special holiday meals also offered.

Chambersburg Church of the Brethren (717) 264-6957

Chambersburg Church of the Brethren Community Dinner

Chambersburg Church of the Brethren provides the 1st Wednesday of each month at 5:30 pm; a community dinner that is free to the community.

Christ United Methodist Church, Shippensburg (717) 532-6850

Christ United Methodist Church, Shippensburg Community Breakfast

Currently NO breakfast served at this time.

Christ United Methodist Church, Shippensburg (717) 532-6850

Christ United Methodist Church, Shippensburg Community Dinner

Free community meal, to go only served on the first Tuesday of the month at 5:30 PM until further notice.

Christ United Methodist Church, Waynesboro (717) 762-7011

Christ United Methodist Church, Waynesboro - Community Dinner

A community dinner is provided to the residents of Waynesboro during the months of September to May usually on the 2nd and 4th Thursday of each month. This meal is served at 5:15 pm. There is no fee involved for the meal.

Falling Spring Presbyterian Church, Chambersburg (717) 264-5715

Community Dinner

The Community Dinner is served every Sunday at 5:00 PM at The Presbyterian Church of Falling Spring. We share Christ's love with and serve free meals to our guests, who are the less fortunate in our community.

First United Methodist Church, Chambersburg (717) 263-8491

Community Dinner

Community meal open on Thursday, 5:00 PM for those in the Chambersburg area. We are currently offering a carry-out meal due to the local health concerns and indoor dining. Children 5th grade and younger are invited to attend our children's program during the service. Prayer is offered after the worship service for those who request prayer. A supper is held in our Family Life Center immediately following the worship service.

Grace United Church of Christ, Shippensburg (717) 532-6221

Grace United Church of Christ, Shippensburg Community Dinner

Community Dinner held every 3rd Monday at 5:30.

Messiah United Methodist Church, Shippensburg (717) 532-4904

Community Dinner

Community meal served every 2nd and 4th Tuesday at 5:30 PM.

WHERE TO TURN FOR HELP

St. Seraphim Orthodox Center

(717) 263-2006

Community Lunch

Provides a community lunch in Chambersburg on Thursday and Saturday from 10:00 - 1:00 PM. They provide the meal in replacement of the Salvation Army, Chambersburg for these day. Open to all who come in.

The Hope Center at Hagerstown Rescue Mission

(301) 739-1165

Soup Line

Free meal for the community The Hope Center provides a hot meal to hungry people in our community. Guests must arrive by 12:30 PM during the week and by 12:45 PM on Sundays.

The Lunch Place

(717) 762-7011

The Lunch Place

The Lunch Place, sponsored by the Waynesboro Area Fellowship of Churches was begun in 1990 as an outreach to our community. Five days each week (Mon-Fri), The Lunch Place serves a hot, nutritious meal free to the community.

The Salvation Army, Chambersburg

(717) 264-6169

Soup Kitchen

Serving lunch Sunday - Wednesday and Friday, closed on Thursday and Saturday. Doors open at 10:30 and the meal is served, take out style, only one person per family may come pick up. Mask Required. from 11:00 - 12:00 with the exception of the 1st & 5th Sunday of the month. The Soup Kitchen is closed at that time.

Trinity Episcopal Church, Chambersburg

(717) 264-6351

Community Breakfast

Every Thursday during the month, Trinity Episcopal Church holds a community breakfast. This breakfast is free to all who attend. The hours of the breakfast are from 8:00 - 9:00. Each person also receives a sack lunch to go with them. The breakfast is held in the Parish Hall behind the church.

Community Nurse

Shippensburg Civic Club

(717) 530-7900

Shippensburg Community Nurse

The Civic Club has provided a Registered Nurse to residents of Shippensburg since 1917. Services are offered with the aid of the United Way and Partnership for Better Health. Nursing care delivered is that which is not covered by skilled care services or insurance. Some examples of things the nurse may do are assistance with medicine box preparation, wound care and blood pressure screenings. Free Public Blood Pressure screenings are located at Branch Creek Place (Senior Center) on the 2nd Thursday of each month.

Waynesboro Community & Human Services

(717) 762-6941

Community Health Nursing

Waynesboro Community & Human Services offers a Community Nursing program provides services individuals who live in the Waynesboro Area School District. Community nurses offer a variety of short or long term home health care services including wound care, medication management, and diabetic monitoring. For more information call Community Nursing at 717-860- 3081.

WHERE TO TURN FOR HELP

Community Residential Rehabilitation Services

Family Care Services, Inc.

(717) 263-2285

Community Residential Rehabilitation Services (CRRS), FCS

Community Residential Rehabilitation Services (CRRS) for children are specifically designed and operated to assist persons under the age of 18 with serious emotional disturbances to live as independently as possible in a family setting. While in the CRRS program, the young person will receive treatment for the serious emotional disturbance along with training and assistance in the skills for community living. CRRS are defined, regulated and operated to implement the principle of least restrictive service alternative. An individual shall be served by CRRS when it is medically necessary. A discharge plan is developed from the point of admission to be implemented when the individual no longer meets medical necessity for the CRRS. CRRS have an obligation to work cooperatively with other service agencies and with local coordinating and planning groups toward the development and operation of a comprehensive service system which can meet the needs of children with serious emotional disturbances in a continuous, timely and coordinated manner.

Pennsylvania MENTOR

(717) 657-2073 x 27

Pennsylvania MENTOR

Provides the following services:

- Community Residential Rehabilitation Services (serves children with mental health issues) - Foster Care (birth to 21)
- Family Living (serves adults 18+ with mental retardation in a Mentor Home)
- Respite Services (designed to provide an opportunity for parent/guardians and children/adults to have some time apart).

Community Safety

Building Our Pride in Chambersburg, Inc.

(717) 263-2100

The Elm Street Program, BOPiC, Inc.

The Elm Street Plan is based upon a need to revitalize selected neighborhood properties and infrastructure to the south and east of the downtown business district of Chambersburg; emphasis on key pedestrian linkage corridors entering and leaving the central corps of the Borough of Chambersburg. The primary purpose of the Elm Street Plan is to prevent further neighborhood decline by addressing aging and deteriorated housing stock; reverse high rental to owner ratios; correct deteriorated curbs and sidewalks; encourage construction of affordable housing; apply funding to renovate owner occupied residences; eliminate blighted and unsafe conditions in the interest of promoting a visible philosophy of Clean, Safe and Green; thereby improving linkages to the downtown business district.

Community Service Volunteer

The Salvation Army, Chambersburg

(717) 264-9568

Thrift Store

Open Monday - Saturday, hours of 9:00 - 2:00. Salvation Army Thrift Store provides affordable clothing for those in the area. Donations are also accepted Monday – Saturday from 9am to 1pm .

Volunteer/Community service opportunities available in the soup kitchen and thrift store. Must fill out application at www.salvationarmy.org or come to the church office for an application M-F 8:30 AM - 3:30 PM.

WHERE TO TURN FOR HELP

Computer - Public Access

Franklin County Library System (717) 263-1054

Coyle Free Library

Known as the district center of regional library services, it is a public library with materials and programs for children, teens, and adults. Public computers are available for use. A reference librarian is onsite. Genealogy help is also available. English/Spanish education is available. Please phone the library for more information on current program offerings.

Franklin County Library System (717) 709-0282

Grove Family Library

Public Library with materials and programs for children, teens, and adults. Public computers are available for use. Please phone the library for more information on current program offerings.

Franklin County Library System (717) 597-7920

Lilian S Besore Memorial Library

Public Library with materials and programs for children, teens, and adults. Public computers are available for use. Passport services are also available at this location. Please phone the library for more information on current program offerings or to set up an appointment for passport services.

Franklin County Library System (717) 369-4716

St Thomas Library

Public Library with materials and programs for children, teens, and adults. Public computers are available for use. Please phone the library for more information on current program offerings.

Franklin County Library System (717) 369-4704

Fort Loudon Library

Public Library with materials and programs for children, teens, and adults. Public computers are available for use. Please phone the library for more information on current program offerings.

Franklin County Library System (717) 794-2240

Blue Ridge Summit Free Library

Public Library with materials and programs for children, teens, and adults. Computers available for public use. Please phone the library for more information on current program offerings.

Computer - Training Class

Franklin County Library System (717) 369-4716

St Thomas Library

Public Library with materials and programs for children, teens, and adults. Public computers are available for use. Please phone the library for more information on current program offerings.

Franklin County Library System (717) 794-2240

Blue Ridge Summit Free Library

Public Library with materials and programs for children, teens, and adults. Computers available for public use. Please phone the library for more information on current program offerings.

WHERE TO TURN FOR HELP

Franklin County Library System

(717) 369-4704

Fort Loudon Library

Public Library with materials and programs for children, teens, and adults. Public computers are available for use. Please phone the library for more information on current program offerings.

Franklin County Library System

(717) 263-1054

Coyle Free Library

Known as the district center of regional library services, it is a public library with materials and programs for children, teens, and adults. Public computers are available for use. A reference librarian is onsite. Genealogy help is also available. English/Spanish education is available. Please phone the library for more information on current program offerings.

Congenital Heart Defects Support Group

Mended Little Hearts of South Central PA

(717) 491-5578

Mended Little Hearts of South Central PA

Mended Little Hearts is a support group for families who have children with congenital heart defects.

Conservation

Antietam Watershed Association, Inc.

(717) 762-9417

Antietam Watershed Association, Inc

Our mission is to promote conservation of the natural resources of the Antietam Creek Watershed by involving the community in watershed protection through conservation projects, land use planning, and educational programs.

Conococheague Audubon Society

(717) 263-3692

Norlo Park Native Plants Garden

Norlo Park is managed by Guilford Township. Conococheague Audubon has office space in the farmhouse, holds open public meetings in the community center, and maintains a native plants garden near the farmhouse.

Consulting Services

Building Our Pride in Chambersburg, Inc.

(717) 263-2100

BOPiC, Inc.'s Interpreting, Translating & Consulting Service

Interpreting, Translating & Consulting Service has been created as a sustainability program that assist businesses & organizations who want to build a successful relationship with the Immigrant Community. We offer a culturally competent infrastructure with a primary goal of overcoming the language barrier and an appropriate level of literacy content. BOPiCs insurance coverage for our staff of Bi-lingual Professionals include comprehensive general liability, workers compensation, professional liability, fidelity bond, casualty loss, theft, errors & omission insurance. BOPiC, Inc. has a contract for Spanish Translation/Interpretation Services with the Franklin/Fulton County Mental Health/Intellectual Disabilities Program (effective September, 2012).

WHERE TO TURN FOR HELP

CenterPoint Counseling and Consulting

(717) 267-2081

CenterPoint Counseling and Consulting

CenterPoint Counseling and Consulting is a private psychotherapy practice located in Chambersburg, PA. We specialize in improving relationships and overall life quality for children, adolescents, adults, and couples of all ages.

Contraception

Keystone Community Health Services

(717) 709-7909

Family Planning

Services to plan and prevent pregnancy including a variety of birth control options. Other related services including HIV and STD testing and treatment, PAPs.

County Commissioners

Franklin County Commissioners

(717) 261-3810

Franklin County Commissioners' Office

The County Commissioners constitute the chief governing body of the County. The Commissioners are vested with policy-making authority to provide certain local services and facilities on a county-wide basis. Administrative powers and duties of the County Commissioners encompass voter registration and elections, assessment of property, human services, veterans' affairs, 911, emergency services, operation of a county jail, personnel, and budget and finance management. The Commissioners are the sole contractors for the county; as such, they make contracts and purchases for all purposes expressly or implicitly authorized by law.

County Health Center

Franklin County State Health Center

(717) 263-4143

Franklin County State Health Center

The Franklin County State Health Center provides services which are aimed at improving the respective community's public health via the provision of direct health services, health education and community health leadership and control. Emphasis is placed on primary and secondary preventive health services. The overall goal of these programs is to reduce morbidity and mortality among the local service population and to promote healthy lifestyles.

Programs are:

- Immunizations
- HIV Testing and Counseling
- Tuberculosis treatment
- Rabies Investigation
- Information & Referral
- Travel Information
- Childhood Lead Poisoning Prevention
- Investigation of reportable diseases

WHERE TO TURN FOR HELP

Couple Counseling

CenterPoint Counseling and Consulting

(717) 267-2081

CenterPoint Counseling and Consulting

CenterPoint Counseling and Consulting is a private psychotherapy practice located in Chambersburg, PA. We specialize in improving relationships and overall life quality for children, adolescents, adults, and couples of all ages.

Franklin Family Services

(717) 267-1515

Outpatient Therapy - Chambersburg

The outpatient therapy department provides services to children, adolescents, and adults that are in need of emotional support or counseling. We offer a safe, supportive environment to work out problems and/or cope with issues including life stressors (divorce, abuse, death of family members or friends), problems at home, work or school, behavioral issues, managing anger, and dealing with feelings of sadness or anxiety. We offer individual, group, family, play, and couples counseling.

Laurel Life - Behavioral Health

(717) 261-9833

Franklin County - Phoenix Drive Location Behavioral Health Services

Behavioral Health Services are for adults, adolescents, and children who are experiencing any distress and need short-term support services. Individuals, couples, and families can find relief for disruption in emotional well-being through community based services.

Services offered at this location are:

- Outpatient Therapy
- Parent-Child Interactive Therapy
- Psychological and Psychiatric services for children and adolescents

Laurel Life - Behavioral Health

(717) 375-4834

Franklin County - Brown's Mill Road Location Behavioral Health Services

Behavioral Health Services are for adults, adolescents, and children who are experiencing any distress and need short-term support services. Individuals, couples, and families can find relief for disruption in emotional well-being through community based services.

Services offered at this location are:

- * Applied Behavior Analysis
- * Intensive Behavioral Health Services
- * Family-Based Mental Health Services
- * Outpatient Therapy

Court Ordered Visitations

The Salvation Army, Chambersburg

(717) 264-6169

Court Order Supervised Visitations

A Franklin County court ordered referral to this program is required. There is a sliding scale fee for those who use this service.

WHERE TO TURN FOR HELP

CPR

American Heart Association

(717) 730-1700

American Heart Association

Programs offered:

- Emergency Cardiac Care: CPR classes taught at various levels, including Basic Life Support, Advanced Cardiac Life Support and Pediatric Advanced Life Support. Call (888) 277-5463
- Heart and Stroke Risk Factor Education, Operation Heat Stroke and Operation Stroke, improving the chain of survival in the community Additional programs:
- Heart Walk: A 5 mile walk held in the fall to promote walking as an excellent form of exercise, while raising money for the fight against heart disease and stroke
- Kids Heart Challenge: Exercise and fundraising program held throughout the year in elementary, junior and senior high school level.
- Heart Ball: Fund raiser gala held each April, including dinner, dancing, Live and silent auctions and an Open Your Heart ask at the Country Club of York
- Go Red for Women Luncheon: Held the third Friday of February at the Gettysburg Wyndham. This includes luncheon, survivor and medical speakers, Live and Silent auctions.

The American Heart Association does not provide funds for direct patient care.

American Red Cross Greater Pennsylvania Region - South Central Pennsylvania

(866) 311-3832

Chapter

Health and Safety Training and Education

Many jobs require up to date lifesaving skills because they address health emergencies every day – people such as health care providers, first responders, and lifeguards. Others, including teachers and babysitters, are entrusted with precious young lives that could require aid on a moment's notice.

Those of us who don't face health emergencies every day can also benefit from Red Cross training. With a wide array of Lifeguarding, Caregiving and Babysitting, and Swimming and Water Safety courses the Red Cross can provide you with the training and skills you need to prevent, prepare for and respond to emergencies.

Available trainings are:

- First Aid training
- CPR training
- AED training
- Babysitting and Caregiving training
- Swimming training
- CNA training
- BLS training

WHERE TO TURN FOR HELP

Waynesboro Area YMCA

(717) 762-6012

CPR, First Aid, Lifeguard and WSI Training

Lifeguard Training - American Red Cross Lifeguarding Program trains prospective guards with the skills and knowledge necessary to help patrons of the aquatic facilities. This program includes the lifeguard course with aquatic specific First Aid, CPR and AED training. The course includes a book and resuscitation mask. All students must be at least 15 years of age by last day of the course, no exceptions. Attendance at all classes is required for certification. Please contact Emily Miller, if you are interested in a lifeguard class

emily@waynesboroymca.org. CPR/AED for the Professional Rescuer - American Red Cross CPR/AED for the Professional Rescuer will train responders in breathing and cardiac emergencies for adult, children and infants. Participants must complete all practical skills and score 80% or higher on all written tests. The minimum age for this course is 15. Please email emily@waynesboroymca.org for more info. First Aid - The purpose of the American Red Cross First Aid course is to give individuals the knowledge and skills needed to recognize and provide basic first aid care for injuries and sudden illness until advanced medical personnel arrive. Participants must complete all practical and written tests to receive certification. The minimum age for this course is 15. Please email emily@waynesboroymca.org for more info.

WHERE TO TURN FOR HELP

Crib Program for Kids

Chambersburg Fire Department Child Safety Program

(717) 263-5872

Child Safety Seat Program, Safety Saturdays, and Cribs for Kids

The Chambersburg Fire Department, in conjunction with IAFF Local 1813 and the Pennsylvania Traffic Injury Prevention Program, is proud to sponsor a car seat inspection station. Eight of the Departments firefighters are certified as car seat technicians. The technicians will inspect your seat to confirm correct installation that, in turn, ensures your child's safety. Also, they can install new seats and train parents on proper installation of the seat. The car seat inspection station is open to the public. In addition to installing and checking seats the technicians are available to answer questions about car seats and vehicle passenger safety systems. Rental car seats are available on a limited basis through the PennDOT Loaner Program. These seats are rented for \$10.00 to anyone requesting one. When the seat is returned, \$5.00 is refunded to the renter. The seat may be rented short term or long term (up to 6 years) for the same price. Rental seats are limited, so please inquire about availability when you call to schedule an appointment. Child Safety Seat Program, Safety Saturdays, and Cribs for Kid.

Cribs for Kids provides a crib and safe sleep education to families with infants age birth to 9 months. Financial need must be demonstrated for this program. Please contact the Department at 717-263-5872, option 1 for more information. This program is currently inactive. The Department is working with Wellspan Health to reinstate the program, however progress was halted by the onset of the pandemic. Please contact the department if a crib is needed and we will work with Wellspan to try to arrange one. Safety Saturdays are held the first Saturday of the month, rain or shine. The events are held at 130 N. Second St., at the Fire Station, from 10:00 to 2:00. A certified technician will be committed to the event to install or check car seats. We will have car seat rentals while supplies last, cribs for the Cribs for Kids Program, a different safety topic each month, and fire prevention materials. The event is free and open to all. (There is still a \$10.00 charge to rent a car seat) Please call ahead at 717-263-5872 to confirm that Safety Saturday is happening: We have been cancelled due to the COVID pandemic for months now, but are hoping to re-open again soon. When we do re-open, masks and social distancing will be still be required! Update 2022 - we are still closed for Safety Saturdays. We will notify on website when they are to resume.

Crisis Intervention

Keystone Health Crisis Intervention Program

(717) 264-2555

Crisis Intervention

Keystone Health Crisis Intervention Program provides mental health and drug and alcohol services throughout the Franklin and Fulton County areas. These services are provided by Hotline and/or face-to-face contact in the Crisis office or the local hospital emergency departments. The Keystone Health Crisis Intervention Hotline is available 24 hours a day, 7 days a week, to help with each individual crisis situation. No appointment is necessary. Walk-in services are only available Monday through Friday 8:00 am to 7:00 pm. (It is not necessary to check-in at the Emergency Department to visit the Crisis Intervention office during these hours).

WHERE TO TURN FOR HELP

Keystone Medical Services

(717) 709-7930

Keystone Behavioral Health

At Keystone Behavioral Health, we have who doctors specialize in pediatric behavioral issues, geriatric behavioral issues, substance abuse, and sleep disorders- all in one office, to effectively serve your family's needs. Keystones Behavioral Health Program Offers:

- Individual and family counseling with licensed therapists
- Psychiatric evaluations for children and adults
- Medication management with psychiatrists
- 24-hour crisis intervention services (located in an office in the Chambersburg Hospitals Emergency Department)

Momentum Services

(717) 262-2183

Crisis Intervention

These services are provided when a situation has occurred and the family is in most distress. These services can be provided via phone or in person, if deemed necessary. This service is provided 24 hours a day, 7 days a week.

TrueNorth Wellness Services

(866) 325-0339

Emergency Crisis Services (Walk-In or Mobile)

Individuals in need of emergency mental health and/or drug and alcohol support may present at Fulton County Medical Center, or request a mobile service. Our crisis intervention specialists provide quality mental health and substance abuse services to any individual in need. We determine the root cause of the crisis and offer counseling to promote independence, personal growth, and collaborative decision-making intended to assist the individual to return to a pre-crisis state. Crisis intervention specialists can aid in developing safety plans, identifying community supports, information and referral services, emergency mental health assessments, and if medically necessary, acute care inpatient hospitalizations. Our emergency crisis program offers 24/7 assistance.

Crisis Intervention (Team)

Franklin & Fulton County Mental Health, Intellectual & Developmental Disabilities, & Early Intervention

(717) 264-5387

Franklin & Fulton County Crisis Intervention Team (CIT)

CIT program is a community partnership of law enforcement, first responders, mental health professionals, individuals with a mental illness and their families. The goal of the program is to help persons with mental illness access medical/behavioral health treatment rather than place them in the criminal justice system due to illness-related behaviors.

Custom Wheelchair

UDS - Olde Homestead Lane

(888) 837-4235

UDS - Custom Wheelchair Seating

Create custom wheelchair seating for individuals with physical disabilities based on an evaluation, measurements and orthopedic concerns.

WHERE TO TURN FOR HELP

Day Care

Chambersburg Memorial YMCA

(717) 263-8508

Military Outreach Initiative and Respite Child Care

Deployment can be a stressful and uncertain time for our nations servicemen and women and their families. In partnership with the Armed Services YMCA and the Department of Defense, the Y is proud to offer memberships and respite child care services to eligible military families and personnel to give them extra support during this difficult period. Its our way of giving back to those who dedicate themselves to serving our country.

Child Care and Early Learning Programs

(717) 263-6549

Child Care Information Services (CCIS) - Franklin County

Provides personalized child care referrals to child care providers based on your specific needs or preferences. Provides an [online directory of child care providers.](http://www.humanservices.state.pa.us/Compass.Web/ProviderSearch/pgm/PSWEL.aspx) CCIS agencies also administer the Child Care Works subsidized child care program.

Fulton County Family Partnership, Inc.

(717) 485-6767

Child Care Services

PA Licensed Child Care Center offers dependable care for children 6 weeks old through age 15. Infant through Kindergarten Care is offered at the Overly Raker Building in McConnellsburg. We are open 6:00AM to 6:00PM Monday through Friday and offer: Developmentally appropriate educational environment. Nutritious meals and snacks. Formula (some restrictions apply) and baby food is included in fee. Daily outdoor, active play. Low staff to child ratios. Curriculum focused on individual child.

Newburg United Methodist Church

(717) 423-9989

God's Little Ones Preschool and Daycare

God's Little Ones Learning Center is a faith-based STARS 2 preschool and daycare in beautiful rural Newburg, PA. Our friendly staff serve children from 6 weeks old to 5th grade! We offer full day care for infants through Pre-Kindergartners and Before and After school care, drop-in care, and Full Day Summer Camp for School Age children!

PathStone Corporation - Chambersburg

(717) 264-2839

Child & Family Development Services

PathStone's Child & Family Development Services provides Migrant & Seasonal Head Start and Pennsylvania Pre – K Counts in Franklin County, PA.

WHERE TO TURN FOR HELP

Waynesboro Area Day Care Center

(717) 762-9711

Waynesboro Day Care Center

The Waynesboro Day Care Center is a non-profit child care facility that provides safe, high-quality, affordable day care in a child-centered environment that fosters dignity, respect and learning,

We:

- provide a good place to work, with high expectations, team work, cooperation and communication.
- Create a work environment that encourages professionalism, growth and diversity.
- Provide a safe environment and warm, loving care.
- Meet each child's nutritional needs by providing a daily breakfast, lunch, and afternoon snack.
- Strive to support families through strong partnerships and grow to a financially strong organization.

Toddler and preschool years are full of exploration, years your child is learning the the fundamentals of communication and interaction for the future. One of the early learning programs at WDCC is called "Mind in the Making" Our staff builds confidence and trust with Children and parents.

Our Curriculum is based on circle time activities, art, music, dramatic play, science, reading and physical development. The curriculum includes a pre-school computer program. We encourage skills in creative art, dramatic play, science and math, language development, physical development and social interactions. Children are given time for hands-on investigation and opportunities to create, reason, problem solve, socialize, and communicate, so they will discover and learn at their own individual pace. Since the children learn best when they are able to make their own choices about learning, our play-oriented activities offer choices and freedom of expression.

Waynesboro Area YMCA

(717) 762-6012

Child Care Programs

Ys Nest Preschool Program: Children in the Ys Nest will participate in developmentally appropriate activities while learning to work in groups and relate to people outside the home. Includes weekly physical education, Bible time, and swimming classes. Ys Nest is a 9 month program during the school year. Children must be appropriate age prior to September 1st. Preschool schedule follows the Waynesboro Area School District schedule for holidays and days off. All Day Child Care: All Day Child Care is a DPW licensed program for 3-5 year olds including Summitview Kindergartners. Families interested in registering for the program can contact Tanja Koons, Child Care Director or call our Member Services for program info. Our program offers developmentally appropriate activities including physical education, Bible time and MORE!!! Morning and afternoon snacks provided. Program hours from 6:30 am " 6:00 pm. School Age Care: Before and After School CARE is currently available on-site at Fairview and Summitview schools, as well as at the YMCA. Before and After School CARE is currently available in the Greencastle Antrim School District. The Y is now offering the same great care program onsite at its new location at the Greencastle Church of the Brethren on S. Carlisle St. For those interested in participating in CARE in Greencastle, please contact Tanja Koons.

WHERE TO TURN FOR HELP

Day Program

Merakey Innovative Care and Education Solutions - Franklin & Fulton Counties (717) 263-7295

Community Participation Supports

NHS provides opportunities and support for community inclusion. The service builds interest in and develops skills to support community life, with the potential for employment. The individual will also develop valued social roles that can be maintained. The Community Participation Supports service is flexible and can be provided depending upon the individual's needs.

Deaf Services

Deafnet Association, Inc (301) 791-9025

Deaf & Hard of Hearing Services

Deafnet Association, Inc. is a private, non-profit agency. We promote the concerns that affect the Deaf and Hard of Hearing community in the four-state area of Western Maryland, the Northern and Eastern Panhandle of West Virginia, South Central Pennsylvania, and North Western Virginia. Formed in November 1986, Deafnet provides a mechanism for people with hearing loss to advocate for the improvement of existing services and the creation of new ones. Deafnet is supported by people who, like you, are interested in making our community accessible to the Deaf or Hard of Hearing population and receives no federal or state funding. Deafnet provides sign language classes, interpreting and advocacy for the deaf. Training on the use of TTY's as well as on the American with Disabilities Act of 1990 (ADA) is also provided.

Death Benefits

Franklin County Assistance Office (877) 289-9177

Burial and Cremation Services Payment - Franklin

Provides payment for burial and cremation services on behalf of eligible individuals.

Franklin County Veteran Affairs (717) 263-4326

Franklin County Benefits for Veterans

Franklin County pays burial benefits for war-time veterans and the widows at the time of death; and the installation of a standard government headstone or marker. The amount of the benefit is \$100.00 towards the burial and \$50.00 towards the installation of the headstone/marker. It is customary for the funeral homes, in Franklin County, to file for this benefit at the time of the veterans/widows death. Franklin County also supplies flag holders/flags for cemetery plots of deceased war-time veterans within the county. The flags holders are placed at the grave at the time of burial. Every year Franklin County purchases and distributes, through volunteer coordination, flags for honoring veterans for Memorial Day; however those flags are then taken off the graves the first business day after the July 4th holiday (at the discretion of the individual cemeteries).

WHERE TO TURN FOR HELP

Dementia Care

Comfort Keepers, Fayetteville PA

(717) 352-2133

Dementia Care and Alzheimer's Care

Our specially trained dementia care and Alzheimer's care Comfort Keepers will: help maintain a safe environment for the client. engage the client in activities that can stimulate the senses, such as music. provide meals and bathing assistance. support the client and family through the changing behaviors often seen with dementia. We customize our in-home care to meet each clients special needs, taking into consideration his or her health and ability. Depending on the clients needs, Comfort Keepers can provide care for just a few hours a week or provide full-time, in-home care. Through our 24-hour senior care service, a team of Comfort Keepers coordinates caregiving responsibilities in shifts. This offers clients and their families full-time peace of mind.

Dental Care Services

Keystone Medical Services

(717) 709-7940

Keystone Dental Care

Dedicated to providing access and good oral health to patients, with a focus on prevention, Keystone Dental Care offers general dental care for the family, including: Cleanings Education to keep teeth and gums healthy Periodontal therapy Crowns Fillings Root canals Tooth removal, if necessary Minor oral surgery Bleaching Keystone Dental Care is also equipped to treat special-needs patients, including disabled, geriatric, pregnant, and mentally challenged individuals.

Pennsylvania Dental Association

(717) 234-5941

Pennsylvania Dental Association

Provides information on free/reduced fee dental clinics in Pennsylvania.

Dental Care Services - Pediatric

Keystone Medical Services

(717) 709-7941

Keystone Pediatric Dental

Keystone Pediatric Dental is dedicated to the oral health of children from infancy through the teen years. Our providers have the experience and qualifications to care for a child's teeth, gums, and mouth throughout the various stages of childhood.

Diabetes Management & Services

Fulton County Medical Center

(717) 485-6165

Diabetes Education

FCMC offers you expert diabetes education in a caring atmosphere so you and your family can learn vital information that can improve your quality of life. Our goal is to provide diabetic education to the community so that they may participate in the management of their care and prevent or delay complication of the disease.

WHERE TO TURN FOR HELP

Keystone Medical Services

(717) 709-7999

Keystone Family Medicine

Keystone Family Medicine provides comprehensive, primary health care to men, women and children of all ages, races and economic backgrounds. Keystone offers a variety of quality medical and prevention services for the entire family including:

- Physical exams
- Immunizations
- Screenings to test for illnesses
- Minor surgery, such as wart removal
- Discounted prescription drugs
- Diabetes management
- Translation services available

The professional, compassionate and bilingual staff of Keystone Family Medicine includes family medicine doctors and a nurse practitioner.

Keystone Medical Services

(717) 709-7970

Keystone Internal Medicine

Keystone Internal Medicine specializes in health care for adult patients 18 years and older. Services provided include: all types of physical exams, disease prevention and health promotion, immunizations, diabetes management, and more.

Diagnostic Services

Fulton County Medical Center

(717) 485-6107

Diagnostic Services

A variety of diagnostic services are offered at our Fulton County, PA medical center. Whether you need X-Rays, mammography, ultrasound or other diagnostic testing and services, FCMC offers you trained specialists and a full range of medical equipment to perform the tests you need. Services are: General XRay Bone Densitometry Mammography Ultra Sound Nuclear Medicine MRI CT Scans

Office of Vocational Rehabilitation, York, Adams, Franklin and Lancaster Counties (717) 771-4407

Office of Vocational Rehabilitation, York, Adams, Franklin and Lancaster Counties

Provides vocational rehabilitation services to help persons with disabilities prepare for, obtain, or maintain employment. OVR provides services to eligible individuals with disabilities, both directly and through a network of approved vendors. Services are provided on an individualized basis. The OVR counselor, during face-to-face interviews, assists customers in selecting their choice of vocational goals, services and service providers. An Individualized Plan for Employment (IPE) is developed, outlining a vocational objective, services, providers and responsibilities. Certain services are subject to a Financial Needs Test (FNT) and may require financial participation by the customer. Counseling and guidance, diagnostic services, assessments, information and referral, job development and placement, and personal services such as readers or sign language interpreters are provided at no cost to the individual.

WHERE TO TURN FOR HELP

Diaper Bank

Central Presbyterian Church, Chambersburg

(717) 264-4113

Diaper Depot at Central

Every month, each family receives 50 diapers, at no charge, for each of up to 2 children.

Shippensburg Produce and Outreach

(717) 477-9100

Diaper Bank

Families needing supplemental diapers may fill out an intake form to receive up to one large bag or two small bags per month. The families can receive for up to three months with the same request form and may continue to receive after three months if the request form is submitted again. Hours for pick-up vary so please call to set up an appointment.

Waynesboro Community & Human Services

(717) 762-6941

Diaper Bank

Families within the 125% of the federal poverty guideline can receive diapers through WCHS. Clients are able to obtain diapers and wipes twice a month.

Disaster Management Organization

American Red Cross Greater Pennsylvania Region - South Central Pennsylvania Chapter

(866) 311-3832

Disaster Relief Response and Recovery

No one else does this; not the government, not other charities. From small house fires to multi-state natural disasters, the American Red Cross goes wherever we're needed, so people can have clean water, safe shelter and hot meals when they need them the most.

After the emergency phase of a response has been completed, we turn to helping people recover and addressing lingering community needs. Working together with community leaders, government and relief agencies, we organize and execute recovery strategies that include:

- Providing emergency financial assistance in the immediate aftermath of a disaster
- Distributing financial assistance for households that need extra help in the long-term
- Providing grants for community-based recovery services

Pennsylvania Emergency Management Agency (PEMA)

(717) 651-7060

Pennsylvania Emergency Management Agency - Central Office

Disaster management organizations and disaster preparedness information.

Discount Prescription Medication

Keystone Medical Services

(717) 709-7977

Keystone Pharmacy

The Keystone Pharmacy is open to anyone. We provide prescription medications as well as over the counter products. We accept most insurance plans and offer our own discounted prescription programs.

WHERE TO TURN FOR HELP

Dispute Resolution

Franklin County Dispute Resolution Center

(717) 762-1167

Negotiation Assistance

Professional staff can assist in negotiating the case with other disputants. ****Areas of Dispute Resolution****
Divorce Property (Asset-Debt) Allocation Custody and Visitation Negotiations Litigation Boundary Disputes
Contract Matters Personal Injury Settlements Labor Disputes Construction/Building Controversies Landlord-Tenant Disputes Will Contests Mock Trials for Attorneys to help evaluate the merits of a case

Domestic Relations

Domestic Relations Section of Franklin County

(717) 264-6144

Domestic Relations Section of Franklin County

The Franklin County Domestic Relations Section is responsible for the administration of child / spouse support Enforcement Program which consists of:

- Case Initiation
- Paternity Determination
- Location of Absent Parents
- Establishment and Modification of Support Orders
- Enforcement of Financial and Non-Financial Orders.

Services Provided:

- Location of absent parents
- Establishment of paternity
- Establishment of support orders including medical support
- Enforcement of support orders
- Modification of support, if warranted
- Limited collection and distribution of support payments

Domestic Violence Prevention

Women In Need - Chambersburg

(717) 264-4444

Prevention Education

To raise awareness in our community about the impact of violence on victims, our local community and society. In addition, it is important to educate people so that they know how to help others who might be dealing with violence. People of all ages, from children through adults, need to understand healthy and unhealthy relationships, in addition to making good choices when interacting with others.

Domestic Violence Program

Non-Violence Intervention Service- Adams Program

(800) 736-1477

Non-Violence Intervention Service - Support & Education Program

NOVIS is an intervention group in Adams County, which provides a 26-week educational program for men who are violent, controlling and/or abusive, teaching alternatives to coercive, dominating and violent behavior in intimate relationships. An initial assessment will be completed at first appointment. This assessment can last for 1 1/2 hours. Classes meet at the Eugene Clark Recreation Center, Chambersburg, on Monday evenings from 7:00 - 9:00.

WHERE TO TURN FOR HELP

Women In Need - Chambersburg

(717) 264-4444

Individual Counseling

Individual, or one-on-one counseling sessions are available to victims of domestic violence and/or sexual assault. Counseling can be done at the Women in Need offices in Chambersburg or McConnellsburg: counselors are not able to do in-home services. If transportation is an issue phone counseling may be an option. Adults (male and female) and children can receive services. Children will be assessed based on age and their ability to communicate with a counselor. If the counselor feels that are not able to work with the child an appropriate referral will be made. School-age children may be able to be seen in the school setting. There are times when we experience a waiting list for counseling clients. As with all of our services, there is no charge for counseling sessions.

Women In Need - Chambersburg

(717) 264-4444

Emergency Shelter

When in shelter, women are provided with available options, counseling and referrals to agencies that may provide additional help, and with the help of a trained counselor advocate, create a safety plan upon discharge from the shelter. Families may remain in the shelter for as long as 30 days.

Women In Need - Chambersburg

(717) 264-4444

Legal Advocacy

Provides advocacy and accompaniment through the criminal and civil court system. In criminal court, WIN Legal Advocates assist victims as they go through different court proceedings, explaining court procedures and informing them about the progress of their case. The Legal Advocates can also assist victims through the criminal process by accompanying them to the Police Department and/or District Attorney's Office. In addition to criminal court accompaniment, Legal Advocates are also available to assist victims of abuse in completing a Protection from Abuse Order, or PFA. The advocates work through the PFA questionnaire with the victims, assist them in scheduling an appointment with the attorney to complete the PFA paperwork, and advocate for them through the civil proceeding in PFA court.

Donation Cell Phone Program

YWCA Greater Harrisburg

(717) 234-7931

Cell Phone Donations

Donate your unwanted cell phones to help end domestic violence. Your cell-phone will be reprogrammed into a 911 emergency phone for victims of domestic violence and sexual assault. If you have a cell-phone to donate, simply drop it off anytime at the front desk of the YWCA located at 1101 Market Street, Harrisburg, PA.

Donation Center

Goodwill Keystone Area, Harrisburg

(717) 267-0488

Goodwill Store and Donation Center - Chambersburg

In support of the mission and to provide training opportunities, Goodwill Keystone Area collects and sells donated items in more than 40 Goodwill thrift stores and donation centers in 22 central and southeastern Pennsylvania counties: Adams, Berks, Bucks, Chester, Cumberland, Dauphin, Franklin, Juniata, Lancaster, Lebanon, Lehigh, Lycoming, Mifflin, Montgomery, Montour, Northampton, Northumberland, Perry, Schuylkill, Snyder, Union and York. Goodwill trainees often start their careers in our stores and donation centers.

WHERE TO TURN FOR HELP

The Hope Center at Hagerstown Rescue Mission

(301) 739-1114

Hope Center Thrift Store - Hagerstown

Proceeds from our Thrift Stores help support the ongoing programs and services provided by the Hope Center. Thanks to many generous donors, quality clothing, household items, toys, shoes, books, small and large appliances, furniture, and much more is available at reasonable prices. In addition to providing much needed operating income for The Hope Center at Hagerstown Rescue Mission ministries, our Thrift Stores and donation sorting program also provide work therapy and employment opportunities for program participants and graduates.

The Hope Center at Hagerstown Rescue Mission

(717) 263-9345

Hope Center Thrift Store - Chambersburg

Proceeds from our Thrift Stores help support the ongoing programs and services provided by the Hope Center. Thanks to many generous donors, quality clothing, household items, toys, shoes, books, small and large appliances, furniture, and much more is available at reasonable prices. In addition to providing much needed operating income for The Hope Center at Hagerstown Rescue Mission ministries, our Thrift Stores and donation sorting program also provide work therapy and employment opportunities for program participants and graduates.

The Salvation Army, Chambersburg

(717) 264-9568

Thrift Store

Open Monday - Saturday, hours of 9:00 - 2:00. Salvation Army Thrift Store provides affordable clothing for those in the area. Donations are also accepted Monday – Saturday from 9am to 1pm .

Volunteer/Community service opportunities available in the soup kitchen and thrift store. Must fill out application at www.salvationarmy.org or come to the church office for an application M-F 8:30 AM - 3:30 PM.

DOT Testing

WellSpan Health Occupational Health Services

(717) 267-3000

WellSpan Occupational Health

At WellSpan Occupational Health, we offer a wide variety of safety and preventative services to employers, organizations, students and travelers. We offer flexible scheduling, prompt test results reporting and same day office visits for injured workers. Our medical team is knowledgeable and compliant with DOT regulations and recommendations. They are available for your convenience with immediate on-site evaluations.

Down Payment and Closing Cost Assistance

Pennsylvania Housing Finance Agency (PHFA)

(800) 822-1174

Pennsylvania Housing Finance Agency - Access Downpayment & Closing Cost Assistance

Provides mortgage loans to assist persons with disabilities or who have a family member(s) living in the household with disabilities who are purchasing homes and need downpayment and closing cost assistance. This program provides a deferred payment loan, with no interest. The loan becomes due and payable upon sale, transfer, or non-owner occupancy of the property. Mortgage Amounts: -Not less than \$1,000 and no more than \$15,000. Funds will be available on a first come, first serve basis. -This is a non-interest-bearing loan with no monthly payment.

WHERE TO TURN FOR HELP

Dress For Success (Veterans)

Standard of Living Augmentation, Inc. (SOLA)

(717) 816-6806

Dress for Success

Dress for Success receives referrals from the Veteran Employment Program for Veterans in need of professional attire. Female veterans are provided with one professional outfit to attend a job interview. Once the female vet has secured employment, Dress for Success will provide one week of business attire, including accessories such as shoes, a purse, necklace and earrings. Dress for Success also provides an ongoing support group as women successfully transition into the workplace.

Drug And Alcohol Screening

WellSpan Health Occupational Health Services

(717) 267-3000

WellSpan Occupational Health

At WellSpan Occupational Health, we offer a wide variety of safety and preventative services to employers, organizations, students and travelers. We offer flexible scheduling, prompt test results reporting and same day office visits for injured workers. Our medical team is knowledgeable and compliant with DOT regulations and recommendations. They are available for your convenience with immediate on-site evaluations.

Early Childhood Education

Chambersburg YMCA ARK Child Development Center

(717) 446-0533

Preschool/Early Education

The YMCA ARK Child Development Center located at the William K. Nitterhouse Family YMCA Program Center is a state-of-the-art, early education facility for preschool children ages 3-5. At the ARK, students enjoy access to age-appropriate outdoor playground equipment, classrooms integrated with technology including Smart Board interactive white boards, three indoor movement studios, and an organic garden. The ARK is a full-day early learning center focusing on the education, socialization, skill development, and spiritual development of every child. Following a theme-based curriculum modeled after the Chambersburg Area School District Kindergarten Readiness Program and in accordance with PA Common Core Standards, classes offer pre-kindergarten instruction, swim lessons, field trips, rest time, science experiments, dance and rhythm activities, story time, arts and crafts, and much, much more.

First Start Partnerships for Children and Families

(717) 263-8019

Early Head Start, Head Start and Pre-K Counts

First Start Partnerships for Children and Families is committed to serving our children and families, prenatal through age 5, with the highest quality care and education to develop each person to their fullest potential. Our program is rated at the highest quality level possible in Pennsylvania – Keystone STARS FOUR. Our 34 classrooms primarily serve children ages 3-5, with three classrooms serving children from 12 months to three years old. In addition to the classrooms, a Home Visiting program is offered with weekly visits to pregnant mothers and/or children up to age three to support them in parenting and other goals. First Start Partnerships for Children and Families is a free program offered to families throughout Franklin County. Families can enroll by visiting www.firststartpartnerships.org

WHERE TO TURN FOR HELP

PathStone Corporation - Chambersburg

(717) 264-2839

Child & Family Development Services

PathStone's Child & Family Development Services provides Migrant & Seasonal Head Start and Pennsylvania Pre – K Counts in Franklin County, PA.

Shippensburg University Head Start Program

(717) 477-1626

Early Head Start, Head Start and Pre-K Counts Program

Early Head Start, Head Start, and Pre-K Counts Programs are center-based and home-based services, which provide education, health and social services and nutrition services:

- Education - Provide a developmentally appropriate learning environment and varied experiences for children
- Parent Engagement - Provide opportunities for the parent's participation in the child's education, as well as in decision making for the program
- Social Services - Educate parents about community services and how to use them
- Health - Provide an overall health service program including dental, medical and nutrition services to enrolled children
- Nutrition and Food - Provide food to meet child's needs and offer nutrition education programs
- Special Needs - All children with special needs receive the full range of services available to other Head Start children

Early Intervention Program

First Start Partnerships for Children and Families

(717) 263-8019

Early Head Start, Head Start and Pre-K Counts

First Start Partnerships for Children and Families is committed to serving our children and families, prenatal through age 5, with the highest quality care and education to develop each person to their fullest potential. Our program is rated at the highest quality level possible in Pennsylvania – Keystone STARS FOUR. Our 34 classrooms primarily serve children ages 3-5, with three classrooms serving children from 12 months to three years old. In addition to the classrooms, a Home Visiting program is offered with weekly visits to pregnant mothers and/or children up to age three to support them in parenting and other goals. First Start Partnerships for Children and Families is a free program offered to families throughout Franklin County. Families can enroll by visiting www.firststartpartnerships.org

Franklin & Fulton County Mental Health, Intellectual & Developmental Disabilities, & Early Intervention

(717) 264-5387

Franklin & Fulton County Early Intervention

Franklin/Fulton County Early Intervention Program is designed to provide specialized services for newborns to three (3) year old children in their natural environment to help them reach developmental milestones. Services are determined by a team that supports the child and the family through individualized plans that encourage progress and development in areas that may include motor development, communication skills, cognition and problem solving, play skills and/or socialization.

WHERE TO TURN FOR HELP

Lincoln Intermediate Unit 12

(717) 263-2700

Franklin Learning Center

The Franklin Learning Center is a public school facility that provides special education services to students with special needs. The school is jointly owned and operated by the Chambersburg, Fannett-Metal, Greencastle-Antrim, Tuscarora, and Waynesboro School Districts of Franklin County, Pennsylvania.

Through the leadership and administration of Lincoln Intermediate Unit 12, the Franklin Learning Center serves students aged 3-21 with a free and appropriate public education according to state and federal regulations in the following programs:

- Autistic Support
- Behavioral Intervention Support
- Life Skills Support
- Multiple Disabilities Support
- Preschool Educational-based support

Therapy expertise is available for the student population in several areas:

- Assistive Technology
- Blind/Visually Impaired Support
- Deaf/Hard of Hearing Support
- English as Second Language (CASD)
- Occupational Therapy/Physical Therapy
- Psychological Services
- Speech Therapy
- Work Experience
- Transition Coordination

In addition, many adaptive and unique learning innovations are incorporated into daily instruction such as:

- Adaptive Art Education
 - Adaptive Music Appreciation
 - Aquatics and Adaptive Physical Education
 - Independent Living Skills
 - Kitchen Laboratory
 - Pre-Vocational Skills Laboratory
 - Sensory Garden
 - Sensory Room
 - Transition/Community-Based Instruction
-

WHERE TO TURN FOR HELP

PennCares Supportive Services

(717) 632-5552

Early Intervention Services

Children born with a disability are entitled to interventions that can help prepare them for success, and like all children, thrive with stimulating activities and positive relationships.

The following services are offered through this location:

- PennCares Early Intervention - Services for children from birth to three years of age who are evaluated and determined to have a 25% delay in any developmental area.
- Physical therapy
- Occupational therapy
- Speech therapy
- Developmental teaching by special instructors
- Infant massage

Early Intervention Services

Franklin & Fulton County Mental Health, Intellectual & Developmental Disabilities, & Early Intervention

(717) 264-5387

Franklin & Fulton County Early Intervention

Franklin/Fulton County Early Intervention Program is designed to provide specialized services for newborns to three (3) year old children in their natural environment to help them reach developmental milestones. Services are determined by a team that supports the child and the family through individualized plans that encourage progress and development in areas that may include motor development, communication skills, cognition and problem solving, play skills and/or socialization.

Lincoln Intermediate Unit 12

(717) 263-1732

Early Intervention Preschool Evaluation Services

Early Intervention (EI) consists of services and supports designed to help families with children who have developmental delays. While all children grow and change at their own rate, some children can experience delays in their development. Sometimes this can be cause for concern. At Lincoln Intermediate Unit 12, a diagnostic preschool evaluation team is available to provide evaluations for your child.

Evaluation offered are for: Cognitive (thinking and understanding), Speech Language, Occupational Therapy, Physical Therapy, Audiology, and educational Hearing and Visual Functioning Mobility (not medical testing) From these evaluations, the appropriate special education services can be provided to help your child grow and develop.

Service Access and Management Inc. - Chambersburg

(717) 709-4321

Service Access and Management Inc. - Early Intervention, Intellectual Disability and Mental Health Case Management

SAM provides case management services to individuals enrolled in the early intervention, mental health and intellectual disabilities case management program.

WHERE TO TURN FOR HELP

United Way of Franklin County

(717) 262-0015

Born Learning

Born Learning focuses on early childhood learning and reaching developmental benchmarks. The program provides information for parents about how to engage your children with every day learning opportunities.

Economic Development

Shippensburg Area Chamber Commerce

(717) 532-5509

Shippensburg Area Chamber of Commerce

A premier membership-based organization for professional networking, development, and stimulating economic growth in the vibrant and prospering business community of Shippensburg through the various community events that they host.

Educational Program - Health

Fulton County Medical Center

(717) 485-6166

Nutritional Counseling and Education

Our FCMC nutrition specialists can discuss with you how proper nutrition can contribute to your good health. Registered Dietitians (RDs) and Licensed Dietitian-Nutritionists (LDNs) are the food and nutrition experts, translating the science of nutrition into practical solutions for healthy living. The expertise, training and credentials that back an RD, LDN are vital for promoting positive lifestyle choices. When you need food and nutrition information based on fact or need to know how a healthy diet improves health and fights disease, rely on qualified professionals in the field, such as the nutrition experts here at FCMC. We can help you better manage these issues through proper nutrition: Diabetes & Pre-diabetes Heart Disease High Blood Pressure Kidney Disease Cancer Celiac Disease Weight Management Pregnancy (including Gestational Diabetes) Child & Adolescent Nutrition Vegetarian Eating disorders Food Allergies

WHERE TO TURN FOR HELP

Education Program - Community

Fulton County Family Partnership, Inc.

(717) 485-6767

Parents As Teachers (PAT) and Fulton Fatherhood

Activities for families

- Personal Visits
- Group Connections
- Child Screening
- Resource Network
- Family-Centered Assessment and Goal Setting

Outputs for Families

- Families have regular personal visits that include the areas of emphasis and follow the Foundational curricula.
- Group connections are provided for families.
- Children receive regular developmental screening and a health review, including hearing and vision.
- Families are connected to needed community resources.
- Parent educators complete family-centered assessment and support families to set goals.
- Advisory committee meetings are held regularly and advocacy work is conducted.

Short-term outcomes for families:

- Increased healthy pregnancies and improved birth outcomes.
- Increased early identification and referral to services for possible developmental delays and vision, hearing and health issues in children.
- Increased parent knowledge of age-appropriate child development, including language, cognitive, social-emotional and motor domains.
- Improved parenting capacity, parenting practices and parent-child relationships through the demonstration of positive parenting skills and quality parent-child interactions.
- Improved family health and functioning as demonstrated by a quality home environment, social connections and empowerment.

Intermediate outcomes for families:

- Improved child health and development.
- Reduced rates of child abuse and neglect.
- Increased school readiness.
- Increased parent involvement in children's care and education.

Long-term outcomes for families:

- Strong communities, thriving families and healthy, safe children who are ready to learn.

WHERE TO TURN FOR HELP

Fulton County Family Partnership, Inc.

(717) 485-6767

School Success Program

The School Success Program focuses on enhancing student engagement with school and with learning. Students are referred to the program by parents, teachers, guidance counselors or principals. This program is offered at Southern Fulton, Forbes Road, and Central Fulton Schools. The Check and Connect model is used with School Success students. Check and Connect is designed to promote student engagement by providing persistent support to attain academic and behavioral standards and expectations. In addition to Check and Connect, enrollment in School Success includes the in-home Nurturing Parenting Program.

Fulton County Family Partnership, Inc.

(717) 485-6767

Community Outreach Prevention Education (COPE)

COPE's mission is to promote social change in the community through education and through different various forms of outreach provided to families in need. Our main objective is to support and preserve the family unit as a foundation for the success of healthy children. Referrals are accepted from CYS and other community agencies. One goal is to provide families in our community with the Nurturing Parenting Education Program which provides them with alternatives to negative behaviors. COPE also works to ensure children's basic needs are met and helps parents establish goals for family improvement. This is often delivered through home-based services.

We work to educate the community about child abuse prevention. COPE also provides court ordered supervised visitation services. In addition to child abuse prevention, COPE is actively involved with other prevention activities including drug and alcohol awareness/prevention. This includes educational programs delivered in the community and through schools, general dissemination of prevention information at community-events.

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Chambersburg Cares

Chambersburg Cares is an initiative of Healthy Communities Partnership that was formed in April of 2015. This Drug-Free Communities coalition works to reduce substance use and risk factors among youth in Chambersburg, PA. The coalition is an active group of professionals with representation from 12 sectors including: religious/fraternal, youth, youth-serving organizations, state/local government, civic & volunteer groups, business, parents, healthcare, media, schools, law enforcement, and other organizations involved in substance abuse.

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Kids Power of Produce (POP) Club

This program is currently operated mid-May through November in Chambersburg at the North Square Farmers Market. The POP program operates on Saturday mornings. Children ages 2-16 receive \$2 in tokens each week to spend on fresh produce at the market. Health, wellness, and nutrition workshops are held on certain weekends through out these months.

WHERE TO TURN FOR HELP

Educational Program

Building Our Pride in Chambersburg, Inc.

(717) 263-2100

Educational Enrichment Program

Educational Enrichment Program shall provide Academic Lesson Plans & Educational Curriculum that shall provide all children enrolled with Educational Activities that shall insure the children maintain the Grade Level they are currently enrolled in the School District they attend. This assures the children shall not loose any lessons taught because of the Summer Vacation time period.

Penn State Cooperative Extension - Franklin County

(717) 263-9226

Penn State Cooperative Extension Educational Network - Franklin County

Penn State Cooperative Extension provides educational programming for individuals, community groups, agencies, schools, and businesses. Penn State Extension is an educational network that gives people in Pennsylvania's 67 counties access to the University's resources and expertise. Assists individuals, families, businesses, and communities throughout Pennsylvania with information and a broad range of educational programs designed to: Support productive, profitable, and competitive businesses and a strong agriculture and food system Strengthen families, children and youth, and the elderly Build caring, safe, and healthy communities Ensure the long-term vitality of Pennsylvania's natural resources Enable people to better understand and deal with complex public issues. It is funded by the U.S. Department of Agriculture and state and county governments. Through this county-based partnership, Penn State Extension educators, faculty, and local volunteers work together to share unbiased, research-based information with local residents.

The Institute

(717) 762-0373

Children and Youth Programs in Environmental & Cultural Studies

Renfrew Institute offers several special programs for children and families, separate from our school programs or summer offerings. Our goal is to keep kids engaged at Renfrew through many different avenues including hands-on crafts, nature programs and weekend family events.

The Institute

(717) 762-0373

School Programs - Environmental

Renfrew's environmental education programs raise awareness and encourage stewardship of our natural heritage.

The Institute

(717) 762-0373

Summer Institute

Those gorgeous warm days and the beauty of Renfrew Park draw old and young alike to enjoy nature and a step back in time. Summer Institute, with a variety of activities for children, is a great way for kids to enjoy the park while learning something new and exciting.

WHERE TO TURN FOR HELP

The Institute

(717) 762-0373

Community Learning Programs

Here are programs that satisfy our curiosities, open doors to new skills, invite us to explore and help us live more sustainably. Designed for adults and teens (age 15 and up), these lectures, hands-on workshops and field trips take participants into exciting realms of learning. Environmental and cultural history topics are offered each year.

This program is held at various parks and outdoor recreation venues in the Waynesboro/Washington Township Area.

The Institute

(717) 762-0373

School Programs - Cultural

Renfrew's cultural education programs offer students a fun way to learn about farmlife in the 1800s. Unless otherwise noted, all programs are two hours long and the cost is \$5/student. Groups may have between 15 and 30 children. There is no charge for accompanying adults.

Educational Program - Children With Disabilities

Bureau of Blindness and Visual Services

(866) 375-8264

Specialized Children Services

BBVS provides assistance to children with visual impairments to ensure they reach their maximum educational and vocational potential. Available services include:

- Advocacy for educational services
- Guidance and counseling for children and their families;
- Community orientation and mobility (travel) instruction
- Children's summer programs
- Adaptive equipment

PennCares Supportive Services

(717) 632-5552

Early Intervention Services

Children born with a disability are entitled to interventions that can help prepare them for success, and like all children, thrive with stimulating activities and positive relationships.

The following services are offered though this location:

- PennCares Early Intervention - Services for children from birth to three years of age who are evaluated and determined to have a 25% delay in any developmental area.
- Physical therapy
- Occupational therapy
- Speech therapy
- Developmental teaching by special instructors
- Infant massage

WHERE TO TURN FOR HELP

United Way of Franklin County

(717) 262-0015

Born Learning

Born Learning focuses on early childhood learning and reaching developmental benchmarks. The program provides information for parents about how to engage your children with every day learning opportunities.

Educational Program - Health

American Heart Association

(717) 730-1700

American Heart Association

Programs offered:

- Emergency Cardiac Care: CPR classes taught at various levels, including Basic Life Support, Advanced Cardiac Life Support and Pediatric Advanced Life Support. Call (888) 277-5463
- Heart and Stroke Risk Factor Education, Operation Heat Stroke and Operation Stroke, improving the chain of survival in the community
- Heart Walk: A 5 mile walk held in the fall to promote walking as an excellent form of exercise, while raising money for the fight against heart disease and stroke
- Kids Heart Challenge: Exercise and fundraising program held throughout the year in elementary, junior and senior high school level.
- Heart Ball: Fund raiser gala held each April, including dinner, dancing, Live and silent auctions and an Open Your Heart ask at the Country Club of York
- Go Red for Women Luncheon: Held the third Friday of February at the Gettysburg Wyndham. This includes luncheon, survivor and medical speakers, Live and Silent auctions.

The American Heart Association does not provide funds for direct patient care.

WHERE TO TURN FOR HELP

American Lung Association in Pennsylvania

(717) 229-8330

American Lung Association in Pennsylvania

Programs include:

- Radon Awareness: Information on health effects, testing procedures and reduction methods. Radon testing kits available for purchase
- Carbon Monoxide Awareness: Information on health effects, testing procedures and proper steps to take
- Air Pollution Awareness: Information on asbestos, environmental (secondhand) tobacco smoke, ground-level ozone and other indoor and outdoor air pollutants
- Advocacy for Lung Health: Supporting individual, community, workplace, municipal, state and federal initiatives to protect people and environment from air pollution, including support of tobacco control measures
- Freedom from Smoking Classes (referral): An 8-session (7 week) program of behavior modification for smoking cessation. Provides suggestions on how to build a healthier lifestyle, including relaxation techniques and avoiding weight gain. Fee is set through participating sites (free through above web site). Participants must finalize fee and program dates through sponsoring hospital. Call ALA for info. Youth Smoking Cessation Programs: Not On Tobacco (N-O-T) is the American Lung Association's voluntary quit smoking program for teens ages 14-19. Over the 10 week program participants learn to identify their reasons for smoking, healthy alternatives to tobacco use and people who will support them in their efforts to quit.
- Provides information on a residential camp for children, ages 8-13, who have asthma
- Also sponsors Better Breather Club Support Group for people living with COPD - Asthma Walk fundraiser, Walk for Life and Breath fundraiser
- Call Center: Trained registered nurses and respiratory therapists provide immediate and comprehensive information about specific lung-health issues such as lung cancer, chronic bronchitis, emphysema, asthma and tuberculosis. Also will provide information on topics including allergies, how to quit smoking and environmental issues. Offers physician referrals

Epilepsy Association of Western and Central Pennsylvania - Harrisburg

(717) 730-6779

Education

The Epilepsy Association of Western and Central Pennsylvania provides convenient and easy access to information about epilepsy/seizure disorders and related issues. Our goal is to provide you with answers to as many questions as possible, and with the information you need to cope with epilepsy and how it may be affecting your life. Patients, parents, family members and others can access information about epilepsy through the following EFWCP services: One-on-One Consultation Local Education Events Annual Patient/Family Conference

WHERE TO TURN FOR HELP

Franklin County State Health Center

(717) 263-4143

Franklin County State Health Center

The Franklin County State Health Center provides services which are aimed at improving the respective community's public health via the provision of direct health services, health education and community health leadership and control. Emphasis is placed on primary and secondary preventive health services. The overall goal of these programs is to reduce morbidity and mortality among the local service population and to promote healthy lifestyles.

Programs are:

- Immunizations
- HIV Testing and Counseling
- Tuberculosis treatment
- Rabies Investigation
- Information & Referral
- Travel Information
- Childhood Lead Poisoning Prevention
- Investigation of reportable diseases

Fulton County Medical Center

(717) 485-6143

Smoking Cessation

The Respiratory Therapy Department offers in-patient consulting to all patients who use tobacco products. They also offer outpatient one-on-one consulting and group quit classes. Deb Sheffield, Heather Dayley, both Respiratory Therapists and Wanda Taylor, LPN are certified by the American Lung Association to offer the Freedom From Smoking Classes.

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Tobacco Awareness & Support Groups

Tobacco awareness, education, and support for those seeking to quit are part of our core services at HCP. The harmful effects of smoking and second-hand smoke do not lead to healthy living nor to healthy communities. That is why we are so passionate about making our community aware of the dangers of tobacco and offering proven support for those looking to quit.

Freedom From Smoking Clinics are held offsite, typically, during evening hours. Please visit the Freedom From Smoking under the programs link on our website, www.hcpfranklinpa.org for additional information.

HCP provides tobacco prevention services directed at youth of all ages as well as community programming. Tobacco prevention lessons are available for youth on a variety of age appropriate, classroom based topics, including Tar Wars, Vaping education and additional supports for youth. Whether you are a school or community organization, a business looking to provide help to employees, or an individual searching for help for you or a loved one, we would be more than happy to help you with all of your tobacco awareness, education, and cessation needs! Take a look at the resources we have available.

WHERE TO TURN FOR HELP

Educational Programs - Alternative School

Affinity Educational Solutions

(717) 375-4733

Affinity Educational Solutions Brown's Mill Center

The Brown's Mill Center is in operation during traditional school day hours. Affinity Educational Solutions is an approved private provider of Alternative Education for Disruptive Youth Programs by the PA Department of Education. The Alternative High School provides an opportunity for students to complete requirements for graduation in a non-traditional classroom. Various class sessions are held throughout the day to accommodate individual work and family schedules. Students work at a pace that meets their individual needs to complete academic credits as outlined by the home school district. Success and achievement is measured through the completion of assignments, unit tests and a final examination for each course. The ultimate reward is a traditional high school diploma from the home school.

Elder Abuse

Franklin County Area Agency on Aging

(717) 263-2153

Protective Services Reports/Older Adult Protective Services

Investigations provided to incapacitated older adults 60+, unable to perform or obtain services that are necessary to maintain physical or mental health, for whom there is no responsible caretaker and who are at imminent danger to person or property.

Reports of abuse, neglect, exploitation, and abandonment of care dependent individuals 18+ are accepted 24/7. Agency staff is available to receive reports, investigate (60+) and take necessary actions regarding abuse, neglect, exploitation or abandonment for (60+). Call 717-263-2153 or 1-800-642-6990, 24-hour on-call service available.

URGENT SERVICES are for individuals 60 and older, when they are deemed to be in imminent risk.

Elder Law

Keystone Elder Law

(717) 697-3223

Elder Law Services

Keystone Elder Law P.C. provides the following services:

Foundational legal documents such as a Will, Durable Financial Power of Attorney, Durable Health Care Power of Attorney, and Advance Care Directive

Asset protection strategies through the use of trusts, caregiver agreements, life estates, and Medicaid planning

Care coordination for home and facility based care

Probate & Estate Administration – the wrapping up of an individual's affairs upon death

WHERE TO TURN FOR HELP

R. Thomas Murphy & Associates, P.C.

(717) 261-0117

Elder Law, Estates Settlement and Planning Services-Chambersburg Office

R. Thomas Murphy provides the following services:

- Elder Law - Including estate and tax planning, nursing home asset protection, planning for incapacity, advanced health care directives, Medicaid planning, long-term care and other health care matters.
- Estate Planning - Including the preparation of wills, trust agreements, powers of attorney, health care declarations, federal estate and gift tax planning and charitable giving.
- Estate Settlement - Including probate and probate avoidance, all matters pertaining to the settlement of estates, the preparation of Pennsylvania inheritance tax and the federal estate and gift tax returns.

R. Thomas Murphy & Associates, P.C.

(717) 762-1032

Elder Law, Estates Settlement and Planning Services-Waynesboro Office

R. Thomas Murphy provides the following services:

- Elder Law - Including estate and tax planning, nursing home asset protection, planning for incapacity, advanced health care directives, Medicaid planning, long-term care and other health care matters.
- Estate Planning - Including the preparation of wills, trust agreements, powers of attorney, health care declarations, federal estate and gift tax planning and charitable giving.
- Estate Settlement - Including probate and probate avoidance, all matters pertaining to the settlement of estates, the preparation of Pennsylvania inheritance tax and the federal estate and gift tax returns.

Electric Bill Payment Assistance

Christ Among Neighbors

(717) 532-7577

Christ Among Neighbors

CAN may provide assistance in the form of help with rental, utility bills, clothing or medical bills. This assistance may include emergency service delivery and/or referrals/consultations to other agencies or organizations with the means to solve the problem. The serviced areas are defined as comprising the Shippensburg Area School District and the village of Walnut Bottom (zipcode 17266 and zip code 17257 on High Mountain Road)

Franklin County Assistance Office

(877) 289-9177

LIHEAP (Energy Assistance, Utility Help) - Franklin

The Low-Income Home Energy Assistance Program, also known as LIHEAP, helps low-income families pay their heating bills. LIHEAP is a grant that offers assistance in the form of a cash grant, sent directly to the utility company, or a crisis grant for households in immediate danger of being without heat.

Crisis Grants: In addition to the LIHEAP cash program, households experiencing a heating crisis may be eligible for additional benefits through the LIHEAP crisis program. Emergency situations include: Broken heating equipment or leaking lines that must be fixed or replaced. Lack of fuel. The main heating source or second heating source (a source that is used to operate the main heating source or used if the main heating source is not working) has been completely shut-off. Danger of being without fuel (less than a 15 day supply) or of having utility service terminated (received a notice that service will be shut off within the next 60 days). Assistance with home heating crisis situations will be available 24 hours a day; in most counties, you should contact your local county assistance office.

WHERE TO TURN FOR HELP

Franklin County Veteran Affairs

(717) 263-4326

Pennsylvania State Benefits - Veterans Temporary Assistance

Purpose: Provide temporary financial assistance to Veterans and their beneficiaries who reside in Pennsylvania for the necessities of life (food, dairy, shelter, fuel and clothing).

Veterans' Eligibility Criteria:

-A person who served in the Armed Forces of the United States, who:

*Was discharged under honorable conditions after a period of active duty, other than active duty for training, as evidenced by a DD Form 214 or other official documentation, or

*Died in service or was killed in action, or

*Suffered a service-connected disability as certified by the United States Veterans' Administration.

Need for Temporary Assistance Criteria:

UNEXPECTED Financial circumstances temporarily resulting in insufficient funds to pay for shelter and necessities of living for the Veteran and family.

Call Franklin County Veterans Affairs for more information concerning Veterans Temporary Assistance.

Help Hotline

(717) 762-9050

Help Hotline

The Help Hotline provides a clothing bank, food banks and limited financial assistance with utility bills (no housing assistance) for those who specifically live in the Blue Ridge Summit area. All assistance must be done by contacting the Help Hotline manager at 717-762-9050, who will then schedule an appointment for either Tuesday evening or Saturday morning each week, unless considered an emergency. Assistance may be coordinated with surrounding agencies in regards to utility bills.

Newburg First Church of God

(717) 423-6279

Financial Assistance

Newburg First Church of God provides rental or utility assistance those ONLY IN THE ZIP CODE 17240.

PathStone Corporation - Chambersburg

(717) 264-2839

PathStone - Emergency Food and Shelter (Migrant & Farm Workers)

Serve the one-time emergency needs of migrant and seasonal farmworkers and other rural disadvantaged people who may not be eligible for other emergency services. Services include: Nutritional assistance, emergency shelter, first month rental assistance, rent in arrears assistance, mortgage assistance and utilities in arrears assistance (one-time only assistance)

Pennsylvania Wounded Warriors

(855) 729-9435

Pennsylvania Wounded Warriors

PAWW is an independent statewide non-profit 501©(3) organization providing support to Pennsylvania Wounded Warriors, Veterans in Crisis, and their families. We are not affiliated with nor a part of any national organization, including Wounded Warrior Project, and we do not receive any funds from them. We provide emergency financial assistance to veterans to help pay for housing, utilities, transportation, medical and other expenses. We pay directly to landlords, vendors and creditors.

WHERE TO TURN FOR HELP

South Central Community Action Programs, Franklin County

(717) 263-5060

Project Helping Hands

Project Helping Hands (PHH) assists Adams Electric Co-op customers who demonstrate a genuine need for assistance. SCCAP can help with up to \$250.00, but you must pay at least 25% of your past due bill and apply for LIHEAP to be eligible. This credit is available only one time a year.

The Salvation Army, Chambersburg

(717) 264-6169

Utility Assistance

Salvation Army will assist individuals in regards to their West Penn Power electric bill, or Chambersburg Borough utility bill provided that they meet all eligibility requirements. For assistance with Borough utilities, the account holder must visit the Borough Office at 100 South Second Street and obtain a "Project Heat voucher" from the customer service desk prior to you scheduling an appointment.

Waynesboro Community & Human Services

(717) 762-6941

Emergency Financial Assistance & Dollar Energy Fund

The Financial Assistance Program assists clients who have a utility shut off or utility is off, first month or late rent payments to prevent homelessness, fuel oil, and prescriptions.

WCHS is authorized to complete Dollar Energy applications in Franklin County.

Emergency Communications

American Red Cross Greater Pennsylvania Region - South Central Pennsylvania Chapter

(866) 311-3832

Services to Military and Families

Financial Assistance - The American Red Cross works in partnership with military aid societies to provide quality, reliable financial assistance to eligible applicants 24/7/365. Assistance can include funds for emergency travel, burial of a loved one, emergency food and shelter, etc.

Emergency Communications - The American Red Cross Hero Care Center is available 7 days a week, 24 hours a day, 365 days a year, with two options for requesting assistance: online and by phone. This program will provide the tools to inform active duty members of an emergency situation, which may require leave. The American Red Cross does not authorize emergency leave for members of the United States military. The Red Cross role is to independently verify the emergency, enabling the service member's commander to make an educated decision regarding emergency leave and then to provide transportation assistance and/or financial assistance if needed.

Veteran Services - The American Red Cross offers confidential services to all veterans and their families by connecting them with local, state and national resources through our network of chapters in communities across the United States and offices on military installations worldwide. The Red Cross also can assist veterans and their families in preparing, developing, and obtaining sufficient evidence to support applicants' claims for veterans' benefits. We also assist claimants seeking to appeal to the Board of Veterans' Appeals (BVA). This work is done by Red Cross staff at the BVA as well as a network of State Work-Share Representatives who are accredited by the Department of Veterans Affairs to work on behalf of the Red Cross.

WHERE TO TURN FOR HELP

Emergency Delegation Services

Franklin & Fulton County Mental Health, Intellectual & Developmental Disabilities, & Early Intervention (717) 264-2555

Franklin & Fulton County Emergency Delegate

The emergency delegate is available 24/7. If the petitioner's statement has already been secured, the crisis worker will read it to the delegate. The delegate will then inform the crisis worker whether they feel that criteria have been met. If yes, the crisis worker will then complete the petition and fax it to the appropriate law enforcement jurisdiction. Law enforcement will then pick up the person and transport them to the emergency room for evaluation. If not, the delegate will complete an interview with the person who will act as petitioner and complete the application determining the need for emergency treatment. If the delegate determines there are grounds, the petition is completed along with a warrant that is delivered to the police. The police then pick up and transport the individual to the emergency room for evaluation and where the doctor makes the final determination as to the need for admission (emergency treatment). If emergency treatment is needed, the delegate (or crisis worker) then reads the individual his/her rights and crisis begins to make referrals to various inpatient hospital settings until one is located. This may include gaining prior authorization with insurance companies. NOTE: the involuntary commitment process is applicable to individuals who are 14 years of age and older.

Emergency Medicine

Fulton County Medical Center (717) 485-3155

Medical Services

Various medical services in addition to rehabilitation and diagnostic testing.

Emergency Preparedness and Relief Organizations

Lend A Hand (717) 731-8888

Lend A Hand

CLEAN UP & REPAIR:

- We "muck out" /clean up or remove debris, damaged furniture, carpeting, sheetrock, insulation, utilities, etc. and sanitize
- We reconstruct houses, including all aspects of home construction from sub flooring to roofs with homeowner provided materials.
- We re-landscape
- We restore dreams, listen, pray, console and encourage

Pennsylvania Emergency Management Agency (PEMA) (717) 651-7060

Pennsylvania Emergency Management Agency - Central Office

Disaster management organizations and disaster preparedness information.

WHERE TO TURN FOR HELP

Emergency Shelter

Bethesda Mission Men's Shelter

(717) 257-4440

Men's Shelter

A Christian development program which provides food, shelter, clothing, social services, substance abuse program, and limited health care. All persons must submit to alcohol and drug test (admission with a positive test is contingent upon entrance into a rehabilitation program). Maximum stay is 10 days unless enrolled in one of Bethesda Mission's recovery programs. Staff reserves the right to extend maximum stay when circumstances warrant it.

Bethesda Mission Women & Children's Shelter

(717) 257-4447

Women and Children's Shelter

Long-term recovery shelter - a call to intake counselor required before arrival; guests should be prepared to stay for minimum of 1 year. Provides food, clothing, and shelter. Extended stay includes participation in Bible study, parenting and budget counseling, adult education, job and housing search. Provides long-termed programming geared at recovery from substance abuse. Extended stay includes participation in house activities, assisting with responsibilities of chores & general upkeep of personal belongs. Support groups are also offered. All persons must submit to an alcohol and drug test, (admission to the shelter with a positive test is contingent on enrollment into a recovery program).

Children's Aid Society of Franklin County

(717) 263-4159

Emergency Shelter

Our program enables children and youth between the ages of ten and twenty-one to experience the safety and security of living in a highly structured program within the community at a time of crisis.

Children's Aid Society of Franklin County

(717) 263-4159

Foster Care

Our Foster Care Program places girls and boys from birth to age 21. Foster families enable children who have been abused, neglected, or are otherwise without proper parental care to experience a safe, secure, stable and nurturing environment at a difficult time in their lives. In most cases, the ultimate goal is to reunite the child with their family. However, circumstances may require that the child be considered for adoption or assisted in the transition to independent living.

Maranatha Ministry, Inc.

(717) 262-2143

Chambersburg Cold Weather Drop-In Shelter

Open from December to April only, the shelter provides a warm space and meals provided by the churches of the greater Chambersburg area during the cold winter months. Some limited counseling and assistance is provided to aid guests in acquiring permanent shelter and temporary or permanent job placement. Incoming guests sign-in and agree to printed shelter rules. Guests are permitted to stay for 14-nights, but are permitted to stay longer if they perform public services within the community. Bible studies are made available to guests several times during the week in groups or on an individual basis if requested. This service to the community is entirely faith-based and receives all its funding and support from local churches and parishioners.

WHERE TO TURN FOR HELP

South Central Community Action Programs, Franklin County

(717) 267-3669

Franklin County Homeless Services

Provide temporary emergency shelter to small homeless families and individuals. Also provide short-term case management and referral services in order to aid participants in stabilizing their lives. Typical stay is 14 – 30 days. We coordinate Rapid Rehousing services for homeless individuals and families.

The Hope Center at Hagerstown Rescue Mission

(301) 739-1165

Emergency Shelter Services

The Hope Center at Hagerstown Rescue Mission provides up to 30 consecutive nights of overnight shelter to transient men who are homeless and would otherwise be living on the streets or in the woods. Some of the requirements for men staying in the Transient Program are: They must be sober They must shower each evening before given a bed They must attend the evening chapel service Each guest is given a personal care package containing enough personal hygiene products to last thirty days. A change of clothing is also made available if needed. A hot meal is provided following the evening chapel service. Overnight guests may also stay for breakfast the following morning. However, due to limited storage space transients may not leave their personal possessions on the property.

Waynesboro New Hope Shelter

(717) 762-5840

New Hope Shelter

A 30-day stay is offered to homeless men, women, and children. Without cost, we provide two meals a day, lodging, and laundry facilities. Each resident receives personal case management and attends training classes that are designed to secure housing and employment. At the end of the initial 30 days, qualifying residents who need additional time to find housing may be invited to enter an extended stay program.

We follow a three step strategy to transition residents into permanent housing.

- Find employment or income
- Begin saving and living on a budget
- Secure affordable housing

Women In Need - Chambersburg

(717) 264-4444

Emergency Shelter

When in shelter, women are provided with available options, counseling and referrals to agencies that may provide additional help, and with the help of a trained counselor advocate, create a safety plan upon discharge from the shelter. Families may remain in the shelter for as long as 30 days.

Emergency Shelter Funds

Franklin County Assistance Office

(877) 289-9177

Emergency Shelter Allowance (ESA) - Franklin

The Department of Human Services offers an Emergency Shelter Allowance, ESA, to help a homeless or near homeless family/individual to: Stop eviction from your home/apartment or foreclosure of your house. Find a long-term place to live. Find a short-term place to stay.

WHERE TO TURN FOR HELP

Employer Services

WellSpan Health Occupational Health Services

(717) 267-3000

WellSpan Occupational Health

At WellSpan Occupational Health, we offer a wide variety of safety and preventative services to employers, organizations, students and travelers. We offer flexible scheduling, prompt test results reporting and same day office visits for injured workers. Our medical team is knowledgeable and compliant with DOT regulations and recommendations. They are available for your convenience with immediate on-site evaluations.

Employment Assessment

AHEDD - Franklin & Fulton

(717) 494-4007

Pre-Employment Services

Depending on need, a customer may participate in pre-employment activities, such as Community Based Work Assessments (conducted with employers in the community), job searching and interview skills training, resume development, and more. All of which are aimed to prepare the individual for selecting and securing employment to match current skills and abilities.

Bureau of Blindness and Visual Services

(866) 375-8264

Finding Employment

The Vocational Rehabilitation (VR) program helps individuals prepare for or retain employment. Services offered can include but are not limited to:

- Counseling and guidance
- Vocational evaluation
- Blindness skills training
- Mobility (travel) instruction
- Instruction on performing daily living activities
- Vocational and college training
- Occupational tools and equipment
- Job placement services

Services are based on an individual's employment needs and choices, and some or all of these services may be needed. VR counselors work directly with the individual to determine an employment goal and what services are needed to reach that goal.

Occupational Services, Inc- Franklin Program

(717) 263-9293

Community Based Work Assessment

A Community Based Work Assessment uses real work experience in community businesses to determine an individual's vocational interests and abilities. The assessment is conducted in an integrated work setting under the supervision of an Employment Specialist and provides information about the individual's work behaviors, abilities, and preferences. The Employment Specialist summarizes observations in a report with recommendations regarding employment readiness and vocational services needed going forward to enable the individual to meet his or her employment goals.

WHERE TO TURN FOR HELP

Employment Laws

Pennsylvania Bureau of Labor Law Compliance

(800) 932-0665

Pennsylvania Bureau of Labor Law Compliance

Enforcement and Education of the Following:

- Minimum Wage Law - The minimum wage for PA workers is \$7.25/hour. The exceptions are restaurant employees and other workers who receive tips. To be considered a "tipped" employee, the worker must earn a minimum of \$30/Month in tips. The employer is responsible for 55 percent \$2.83/HR. -

Overtime

- Wage Payment & Collection - Equal pay (for males/females)
 - Prevailing Wage: Rates of pay for construction projects using public funding
 - Apprenticeship and training
 - Industrial Homework (manufacturing which is completed in an individual's home for an outside employer)
 - Personnel Files
 - Medical pay (payment of medical examination required by an employer) -
 - Seasonal Farm Labor Law (wages and hours)
 - Child labor (hours, occupations and breaks)
 - Underground Utility Line Protection Act: Protects underground utility lines during excavation - Construction
- Workplace Misclassification Act
- Prohibition of Excessive overtime in health care A service of the PA Department of Labor and Industry

Employment Services - Comprehensive Career Services

Employment, Advancement and Retention Network (EARN)

(717) 787-3354

Pennsylvania Department of Labor and Industry - Employment, Advancement and Retention Network (EARN)

Developed to address the needs of parents receiving cash assistance with barriers to employment, EARN is designed to provide intensive case management, education, training, work activities, job placement and retention services, and supportive services to enable them to move rapidly from dependence to independence through employment.

PA CareerLink - Franklin County

(717) 264-4584

PA CareerLink - Franklin County

The PA CareerLink is a one-stop job center that provides an array of employment and training services in a convenient, easily accessible location. Services include job counseling, testing and assessment; resume preparation assistance, interview training and other prejob guidance services; job matching and referral; unemployment insurance and job registration; labor market and career information; information on financial aid for education and training; and referral for job training, transportation, child care, personal and financial counseling, health care and other human services resources in the community.

WHERE TO TURN FOR HELP

Pennsylvania Department of Labor and Industry

(717) 787-5279

Pennsylvania Department of Labor and Industry, Administrative

Prepares job seekers for the global workforce through employment and job training services for youth, adult, older adult and dislocated workers. Also enforces regulations and safety standards in the workplace and administers the Commonwealth's programs for community service by young Pennsylvanians. Administers benefits to unemployed individuals, oversees the administration of workers' compensation benefits to individuals with job related injuries and/or illnesses, and provides vocational rehabilitation to individuals with disabilities.

Employment Services - Disability Related Employment

AHEDD - Franklin & Fulton

(717) 494-4007

Follow Along Services

AHEDD commits to provide support and guidance to our program participants for at least 12 months after they first go to work. This commitment to ongoing (follow along) support is a great benefit for both our program participants and employers. We not only want people to get a job, we want them to stay employed. While the level of support is customized according to need, providing such Follow Along services helps the individual to maintain employment, address career development issues, and enhance their economic well being. AHEDD is there to help with any type of issue that could impact someone's ability to maintain employment successfully. We can make a difference by guiding people on how to address conflicts with co-workers or supervisors, assessing production deficiencies and providing possible solutions, assisting people with how to handle their responsibilities for reporting earnings to Social Security Administration, and much more.

AHEDD - Franklin & Fulton

(717) 494-4007

Pre-Employment Services

Depending on need, a customer may participate in pre-employment activities, such as Community Based Work Assessments (conducted with employers in the community), job searching and interview skills training, resume development, and more. All of which are aimed to prepare the individual for selecting and securing employment to match current skills and abilities.

AHEDD - Franklin & Fulton

(717) 494-4007

Job Development

As a component of AHEDD's Community Employment Services for individuals with disabilities, the organization regularly canvasses the business community to identify diverse types of employment for program participants. They also leverage the business outreach conducted by the Disability:IN Pennsylvania to connect with companies and provide a greater variety of employment options to the people served. Taking time upfront to understand the workplace needs and specifics is critical to ensuring that AHEDD finds jobs that individuals want to do and that fit within their capability and qualifications.

WHERE TO TURN FOR HELP

AHEDD - Franklin & Fulton

(717) 494-4007 Ext
64003

Work Incentive Counseling (WIC)

Many people receiving Supplemental Security Income (SSI) and/or Social Security Disability Insurance (SSDI) would like to explore work opportunities or increase their earnings, but are concerned about losing cash benefits and health care. While these benefits are intended to provide basic support for millions of persons with disabilities, they have evolved as a new obstacle to the search for gainful employment and greater participation in community living. Since 2001, AHEDD has been helping participants understand how to maximize their benefits and related work incentives to achieve greater financial independence and reach their employment goals. We can provide WIC to anyone receiving an SSI and/or SSDI cash payment between the ages of 14 and 64. Ideally, this service is for persons who are working or are considering work in the near future.

Bureau of Blindness and Visual Services

(866) 375-8264

Finding Employment

The Vocational Rehabilitation (VR) program helps individuals prepare for or retain employment. Services offered can include but are not limited to:

- Counseling and guidance
- Vocational evaluation
- Blindness skills training
- Mobility (travel) instruction
- Instruction on performing daily living activities
- Vocational and college training
- Occupational tools and equipment
- Job placement services

Services are based on an individual's employment needs and choices, and some or all of these services may be needed. VR counselors work directly with the individual to determine an employment goal and what services are needed to reach that goal.

Goodwill - Horizon Goodwill Industries

(301) 733-7330

Get On Board! Job Training Program

Goodwill's vocational programs and services are designed to help individuals identify and overcome barriers to employment and obtain sustained meaningful employment. Goodwill's Employment Specialists and Vocational Case Managers will put together a customized plan of service for each individual seeking assistance and will continue to work with each individual once they are employed.

WHERE TO TURN FOR HELP

Goodwill Industries of Central Pennsylvania, Inc.

(717) 261-1337

Letterkenny Janitorial Training

Goodwill provides janitorial vocational training services at Letterkenny Army Depot to qualified persons. Trainees are then supervised by team crew leaders who provide continual job coaching and training. Trainees can remain in our program until they have met specific productivity and behavioral criteria. Evaluations are completed by staff members to determine where the individual is on the placement ready scale. When it is determined that the individual is placement ready, they are assisted with obtaining competitive employment within the community. Goodwill provides employment training services that will support an individual in training, finding and keeping a community job. Services include:

- Paid training program with competitive wages
- Training evaluation and goals specific to individual needs
- Employment Preparation (explores options, job placement plans, resumes and interview prep, access to assistive technology)
- Job Search (search the local job market, contact employers, track job search)
- Job Placement (match with opportunities that meet job skills, educate employers about special needs)
 - Follow-Along and Job Retentions services (on-the-job coaching and support, regular communication with employer within the first 30 days of employment, on-going job and skills training, advice on advancement or promotion)
 - Employer Support (special needs education as it relates to work place modifications, tax incentives for hiring individuals with disabilities)
- Follow up services after the training program while individual is in community employment.

Kaleidoscope Family Solutions, Inc. (KFS)

(877) 384-1729

Consolidated, Community Living, and Person Family Directed Supports (P/FDS) Waivers

In-home and community services and supports to qualified individuals with intellectual disabilities from ages three and up in the state of Pennsylvania.

- Behavioral Supports
 - In Home Community Supports
 - Community Participation Supports
 - Supported Employment
 - Adult Companion
 - Respite In-Home
-

WHERE TO TURN FOR HELP

Keystone Human Services - Franklin County

(717) 552-2070

Intellectual Disability Services - Community Participation Support

Provided in a variety of integrated community locations, Community Participation Supports (CSP) provides each person with the opportunity to achieve their personally identified goals for community participation.

The person receives support to explore and develop their interests with the goal of developing and sustaining a network of natural supports.

Transportation is included in Community Participation Support and can be provided by Keystone staff, coordinated in cooperation with the person's family. Training in how to use public transportation is also included.

Services are provided based on the person's individual support plan (ISP). Each person's team works together with the individual to develop outcomes and priorities for community integration activities based on the strengths and preferences of the individual. Individuals and families can choose the type and amount of service participation that is supported through the ISP process.

Community Participation Support can be used as an alternative to attending a traditional day program and can be pre-vocational, leading to employment.

Occupational Services, Inc- Franklin Program

(717) 263-9293

Community Participation Support Program (Facility and Community Based)

The facility based program offers training in all spheres of employment to include job training on a variety of jobs, social competence in the workplace, and development of soft skills. Job skills are obtained through learning to perform subcontract work to industry quality standards while earning a paycheck through the training process. Individuals are assigned a Program Specialist that works with the individual and the individual's support team to set goals and customize a program to help the individual reach their highest level of employability.

Individuals also have opportunities to participate in community-based activities in order to obtain "real world" work experiences. Job Coaches provide training and supervision that enables individuals to increase their skill levels and task knowledge with support. Opportunity is given to be trained in a variety of tasks in order to gain competence in meeting demands similar to those in competitive employment situations. In addition, individuals develop connections to their community and valuable social skills to expand their employability.

Occupational Services, Inc- Franklin Program

(717) 263-9293

Mental Health Vocational Rehabilitation Program

For those individuals who are unable to maintain employment in a competitive environment due to mental illness, OSI provides for employment in a setting that allows the individual to work at his/her own level of capability. This program offers training in all spheres of employment to include job training on a variety of jobs, social competence in the work place, and worker personality. The individual is provided with a Program Specialist and assigned to a work area where he/she receives assistance to reach their highest level of employability. At OSI, clients perform in-house subcontracting services for local companies. Individuals earn a paycheck which is commensurate with their production.

WHERE TO TURN FOR HELP

Occupational Services, Inc- Franklin Program

(717) 263-9293

Supported Employment Program

This program is designed to assist individuals with challenges in obtaining and maintaining integrated, competitive employment within the community. Employment Specialists work with individuals through the job search, interviewing and hiring process with consideration for the individual's preferences, interests, and needs. Once hired, the individual is provided with additional support to help them learn to manage their new responsibilities and work schedule, as well as to maintain their employment. The goal is for supports from Employment Specialists to fade as natural supports are developed in the new work environment.

Office of Vocational Rehabilitation, York, Adams, Franklin and Lancaster Counties (717) 771-4407

Office of Vocational Rehabilitation, York, Adams, Franklin and Lancaster Counties

Provides vocational rehabilitation services to help persons with disabilities prepare for, obtain, or maintain employment. OVR provides services to eligible individuals with disabilities, both directly and through a network of approved vendors. Services are provided on an individualized basis. The OVR counselor, during face-to-face interviews, assists customers in selecting their choice of vocational goals, services and service providers. An Individualized Plan for Employment (IPE) is developed, outlining a vocational objective, services, providers and responsibilities. Certain services are subject to a Financial Needs Test (FNT) and may require financial participation by the customer. Counseling and guidance, diagnostic services, assessments, information and referral, job development and placement, and personal services such as readers or sign language interpreters are provided at no cost to the individual.

WHERE TO TURN FOR HELP

Person Directed Supports, Inc.

(717) 264-6290

Person Directed Supports, Inc. - Franklin County

Adult Day Programs - Day programs are created to meet each individual's needs and skill set. Both licensed and unlicensed day programs are held in a safe and caring environment with a team of human service professionals.

Adult Residential Programs - Support is provided to individuals in community homes or life sharing with a host family. Each individual is evaluated to determine which living environment will work best for them depending on their needs, wants, and goals.

Behavioral Services - Behavior support services use empirically-validated practices to identify the causes of, intervene to prevent, and create appropriate reactions to problematic behavior.

Vocational Training - Vocational Training provides the supports individuals need to successfully find and maintain a job. Individuals receive assistance to build their resume and discover their skills and abilities.

Companionship Services - A companion is a Direct Services Professional that provides support in the individuals own home while assisting with daily activities and functions.

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Standard of Living Augmentation, Inc. (SOLA)

(717) 816-6806

Disability Services

We offers a variety of work and skills training opportunities to individuals with a diagnosed disability referred by sources like the Department of Rehabilitation and Regional Center. Staff fluent in English, Spanish and American Sign Language are at your service. Auxiliary aids and services are available upon request to individuals with disabilities. WorkSource and Career Resource Centers Through a network of partners, SOLA WorkSource and Career Resource Centers bring job seekers and employers together in one place. Employers receive assistance finding candidates and screening prospective employees, and career seekers receive assistance in the following areas: One-on-One Career Counseling Job Search Strategies Access to Computer, Internet, Phone, Fax and Copier Resume Writing Computer and Skills Training Interview Workshops Financial Management Access to Community Resources Text Books, Bus Passes, and other Work Tools On-the-Job Training Opportunities Career Development and Job Leads

WHERE TO TURN FOR HELP

Employment Services - Job Postings

Greater Chambersburg Chamber Foundation

(717) 264-7101

Franklin County Works

Franklin County Works provides a community job board listing jobs across the community via www.franklincountyworks.com. There is also a resume repository that is used by area employers to search for candidates. Franklincountyworks.com is a resource for residents, businesses, and those exploring what Franklin County has to offer.

The Chambersburg Hispanic American Center

(717) 262-2480

Referral, Comprehensive Case Management, Translation and Interpretation Services (Spanish)

Formed as a nonprofit organization in 2000, The Chambersburg Hispanic American Center (CHAC) bridges the language and cultural divide that sometimes hinders new Latino residents from accessing services for which they are eligible. CHAC's main goals are to inform and educate. It seeks to integrate Latinos, both temporary and permanent residents, into the local community and help them to improve the quality of their lives. Most of our work is carried out through one-on-one counseling in Spanish and English, offered free. CHAC connects people with jobs, housing and various social services. They provide the following supports: Bilingual Services Job Services Referral for Aid Parent Education Programs Legal Aid Immigration Assistance

Employment Services - Job Training

Bureau of Blindness and Visual Services

(866) 375-8264

Finding Employment

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Goodwill - Horizon Goodwill Industries

(301) 733-7330

Get On Board! Job Training Program

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WHERE TO TURN FOR HELP

Goodwill Industries of Central Pennsylvania, Inc.

(717) 261-1337

Letterkenny Janitorial Training

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 - Follow-Along and Job Retentions services (on-the-job coaching and support, regular communication with employer within the first 30 days of employment, on-going job and skills training, advice on advancement or promotion)
 - Employer Support (special needs education as it relates to work place modifications, tax incentives for hiring individuals with disabilities)
- Follow up services after the training program while individual is in community employment.

PathStone Corporation - Chambersburg

(717) 264-2839

Employment Advancement & Retention Network

This program provides training and employment services as well as support services to TANF clients (Temporary Assistance for Needy Families) in order to ensure compliance with the local County Assistance Office, and promote economic self-sufficiency with job placement in Pennsylvania.

PathStone Corporation - Chambersburg

(717) 264-2839

National Farmworker Jobs Program

Pathstone provides eligible migrant and seasonal farm workers and their families with economic self-sufficiency through the provision of on-the-job training, occupational skills training and educational remediation, in coordination with support services to access year-round employment in agricultural and non agricultural employment.

WHERE TO TURN FOR HELP

Standard of Living Augmentation, Inc. (SOLA)

(717) 816-6806

Customer Service/Retail Training

SOLA offers training to individuals interested in pursuing a career in the Customer Service/Retail industry upon successful completion of the Professional Employment Skills Training. Individuals will receive classroom/hands-on experience in the customer service retail industry and are required to attend all classes and complete an internship. Training Objectives: Understanding customer service basics Telephone etiquette and procedure Appropriate workplace behavior Training Methods: A combination of classroom instruction, hands-on training and work experience through an internship. Training Timeline: This training consists of 80 hours of instruction and work experience during a two-week time period. Hands-on Coaching Participants receive direct assistance from qualified SOLA staff to ensure the best job placement and job retention

Standard of Living Augmentation, Inc. (SOLA)

(717) 816-6806

Veteran Assistance Program (VAP)

Standard Of Living Augmentation has established a program dedicated solely to assisting veterans throughout the Tri-State Regions of PA, MD and WV especially Franklin County, Fulton and Cumberland in Pennsylvania, Washington and Frederick Counties in Maryland and Berkeley County in West. Unemployed veterans from Golf War I & II benefit from a host of services delivered via Universal Access, Core and Intensive Services. Program Specialists, former vets themselves, are uniquely qualified to respond to and address the special needs of those who have served our country and now face the challenges of transitioning into a civilian world, advance beyond their military careers and regain their independence, a sense of pride, dignity and purpose for themselves, their families and communities. VAP advisors offers skills assessments, one-on-one career counseling, employment preparation courses, educational and technical skills classes, and work tools as well as access to a host of other partner services including shelter and housing assistance, transportation assistance, medical and dental health services, mental health and substance abuse counseling, Veterans Benefits Assistance and more “ all aimed at helping veterans secure meaningful and sustainable employment. Program Services: One-on-One Career Counseling Job Search Strategies Access to Computer, Internet, Phone, Fax and Copier Resume Writing Computer and Skills Training Interview Workshops Financial Management Access to Community Resources Text Books, Bus Passes, and other Work Tools On-the-Job Training Opportunities Career Development and Job Leads Entrepreneurial Assistance One-year Follow-up Services (Post Service Assessment)

Standard of Living Augmentation, Inc. (SOLA)

(717) 816-6806

Disability Services

We offers a variety of work and skills training opportunities to individuals with a diagnosed disability referred by sources like the Department of Rehabilitation and Regional Center. Staff fluent in English, Spanish and American Sign Language are at your service. Auxiliary aids and services are available upon request to individuals with disabilities. WorkSource and Career Resource Centers Through a network of partners, SOLA WorkSource and Career Resource Centers bring job seekers and employers together in one place. Employers receive assistance finding candidates and screening prospective employees, and career seekers receive assistance in the following areas: One-on-One Career Counseling Job Search Strategies Access to Computer, Internet, Phone, Fax and Copier Resume Writing Computer and Skills Training Interview Workshops Financial Management Access to Community Resources Text Books, Bus Passes, and other Work Tools On-the-Job Training Opportunities Career Development and Job Leads

WHERE TO TURN FOR HELP

United Way of Franklin County

(717) 262-0015

Stepping Forward Works

The program addresses job and employability skills for the unemployed and underemployed within Franklin County.

Employment Services - Migrant Jobs

PathStone Corporation - Chambersburg

(717) 264-2839

National Farmworker Jobs Program

Pathstone provides eligible migrant and seasonal farm workers and their families with economic self-sufficiency through the provision of on-the-job training, occupational skills training and educational remediation, in coordination with support services to access year-round employment in agricultural and non agricultural employment.

Employment Services - Senior Employment Program

PathStone Corporation - Chambersburg

(717) 264-2839

PathStone - Senior Community Service Employment Program (SCSEP)

SCSEP is the nation's oldest program to help low-income, unemployed individuals' aged 55+ find work. SCSEP matches eligible older adults with part-time jobs for community service organizations. Participants build skills and self-confidence, while earning a modest income. For most, their SCSEP experience leads to permanent employment.

You will be trained in all the skills you need to do your job, including using a computer. You will serve in a vital community service position such as (but not limited to):

- Child care provider
- Customer service representative
- Teacher's aide
- Computer technician
- Building maintenance worker
- Health care worker

You will work an average of 20 hours a week and earn whichever is highest the federal, state, or local minimum wage. Most participants are with SCSEP for about six months before we help them find a more permanent job.

Employment Services - Supported Employment

AHEDD - Franklin & Fulton

(717) 494-4007

Follow Along Services

AHEDD commits to provide support and guidance to our program participants for at least 12 months after they first go to work. This commitment to ongoing (follow along) support is a great benefit for both our program participants and employers. We not only want people to get a job, we want them to stay employed. While the level of support is customized according to need, providing such Follow Along services helps the individual to maintain employment, address career development issues, and enhance their economic well being. AHEDD is there to help with any type of issue that could impact someone's ability to maintain employment successfully. We can make a difference by guiding people on how to address conflicts with co-workers or supervisors, assessing production deficiencies and providing possible solutions, assisting people with how to handle their responsibilities for reporting earnings to Social Security Administration, and much more.

WHERE TO TURN FOR HELP

AHEDD - Franklin & Fulton

(717) 494-4007

Pre-Employment Services

Depending on need, a customer may participate in pre-employment activities, such as Community Based Work Assessments (conducted with employers in the community), job searching and interview skills training, resume development, and more. All of which are aimed to prepare the individual for selecting and securing employment to match current skills and abilities.

AHEDD - Franklin & Fulton

(717) 494-4007 Ext
64003

Work Incentive Counseling (WIC)

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 - In Home Community Supports
 - Community Participation Supports
 - Supported Employment
 - Adult Companion
 - Respite In-Home
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WHERE TO TURN FOR HELP

Keystone Human Services - Franklin County

(717) 552-2070

Intellectual Disability Services - Community Participation Support

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Community Participation Support can be used as an alternative to attending a traditional day program and can be pre-vocational, leading to employment.

Occupational Services, Inc- Franklin Program

(717) 263-9293

Community Based Work Assessment

A Community Based Work Assessment uses real work experience in community businesses to determine an individual's vocational interests and abilities. The assessment is conducted in an integrated work setting under the supervision of an Employment Specialist and provides information about the individual's work behaviors, abilities, and preferences. The Employment Specialist summarizes observations in a report with recommendations regarding employment readiness and vocational services needed going forward to enable the individual to meet his or her employment goals.

Occupational Services, Inc- Franklin Program

(717) 263-9293

Supported Employment Program

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WHERE TO TURN FOR HELP

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Mental Health Vocational Rehabilitation Program

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Occupational Services, Inc- Franklin Program

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(717) 264-6290

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Standard of Living Augmentation, Inc. (SOLA)

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Disability Services

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WHERE TO TURN FOR HELP

Youth Advocate Programs, Inc.

(717) 267-7887

PRETS- Pre-employment Transition Services/OVR Office of Vocational Rehabilitation

PRETS is to provide a generalized early start to job exploration. PRETS assist students with disabilities in identifying career interests that may be further explored through individualized Vocational Rehabilitation (VR) services. PRETS help students with disabilities learn about themselves, understand work requirements, practice work skills, choose a career, and explore training options. The goal of both PRETS and individualized VR services is assisting individuals with disabilities to prepare for and achieve competitive integrated employment.

Employment Services - Veterans

Standard of Living Augmentation, Inc. (SOLA)

(717) 816-6806

Dress for Success

Dress for Success receives referrals from the Veteran Employment Program for Veterans in need of professional attire. Female veterans are provided with one professional outfit to attend a job interview. Once the female vet has secured employment, Dress for Success will provide one week of business attire, including accessories such as shoes, a purse, necklace and earrings. Dress for Success also provides an ongoing support group as women successfully transition into the workplace.

Veterans Multi-Service Center - SSVF-Central PA

(844) 226-0368

Homeless Veterans Reintegration Program (HVRP)

Are you a Veteran who;

- Is homeless, or at risk of homelessness?
- Unemployed or Underemployed?
- Honorably discharged or released under conditions other than dishonorable?

We assist and support Veterans with:

- Career Coaching: We support veterans in discovering what they inspire to be as they enter the civilian workforce. Did you dislike what you did in the military? That's ok! Our Employment Specialists review your past work experience and determine with realistic and attainable future goals. We encourage you to take ownership of your career path and will work with you to get the right role.
- Resume Building: We can help create, edit, and provide feedback for your resume. Translating your military work experience to a clear and concise resume that every hiring manager will understand.
- Criminal Justice background: We assist veterans who have challenges due to involvement with the justice system and assist with navigating those challenges in conjunction with employment opportunities.
- Employment Referrals: We have established relationships with regional small and midsize companies and skilled trade unions in the greater Philadelphia area by emphasizing the benefits of hiring military veterans. We also have friends at the regional Fortune 500 companies who are recruiting veterans as well. We are the go-to source for employers who are actively recruiting veterans.
- Expertise Trainings: We offer trainings that result in certification; ServSafe; ideal for those who want to pursue a career in the food and hospitality industry. Forklift Certification; perfect for those seeking employment in warehouse and distribution centers, and Hazard Waste Removal certification; an industry on the rise in Pennsylvania. And more training is available that will lead directly to job placement!

WHERE TO TURN FOR HELP

YWCA Greater Harrisburg

(717) 234-7931

YW Veterans Employment & Housing Program

- Skills Assessment to help clients find their interests and abilities so that they can work towards a career that is right for them.
- Career planning to use individual skills promoting employment success.
- Acquisition of Jobs, achieved by educating clients on how to achieve a job by applying and interviewing in the right ways. Help is also provided in finding a job once clients are ready to do so.
- Job Retention, encouraged by helping clients to grow more skilled at their job through internships, on-the-job coaching, support groups and professional mentoring.
- Supportive Services that assist clients with any barriers such as transportation, access to healthcare, government benefit advocacy, referral to local veterans organizations, childcare and goal planning for the future.
- Veterans Housing Assistance, United States Veterans can apply for housing assistance through the YW Veterans program
- Annual Stand-down provide cots, sleeping bags, hygiene care, on site medical and dental services, clothing, duffle bags and other items for homeless veterans.

Employment Services - Work Place Recruitment

AHEDD - Franklin & Fulton

(717) 494-4007

Job Development

As a component of AHEDD's Community Employment Services for individuals with disabilities, the organization regularly canvasses the business community to identify diverse types of employment for program participants. They also leverage the business outreach conducted by the Disability:IN Pennsylvania to connect with companies and provide a greater variety of employment options to the people served. Taking time upfront to understand the workplace needs and specifics is critical to ensuring that AHEDD finds jobs that individuals want to do and that fit within their capability and qualifications.

Bureau of Blindness and Visual Services

(866) 375-8264

Finding Employment

The Vocational Rehabilitation (VR) program helps individuals prepare for or retain employment. Services offered can include but are not limited to:

- Counseling and guidance
- Vocational evaluation
- Blindness skills training
- Mobility (travel) instruction
- Instruction on performing daily living activities
- Vocational and college training
- Occupational tools and equipment
- Job placement services

Services are based on an individual's employment needs and choices, and some or all of these services may be needed. VR counselors work directly with the individual to determine an employment goal and what services are needed to reach that goal.

WHERE TO TURN FOR HELP

United Way of Franklin County

(717) 262-0015

Stepping Forward Works

The program addresses job and employability skills for the unemployed and underemployed within Franklin County.

End Of Life Care

Comfort Keepers, Fayetteville PA

(717) 352-2133

Senior Care and End of Life Care

Our aim is to provide care and comfort to your loved one and to help families make the most of their limited time together. We help by providing: bathing, dressing, and toileting assistance for your loved one. Light house cleaning, laundry as needed, food preparation, and companionship are also provided to your loved one so you can get a much-needed break. We can also continue to help after a loved ones passing. Our Comfort Keepers can help families deal with the loss and assist with tasks such as organizing personal items and moving belongings or just simply being there to listen if family members need to talk and process their grief.

English As A Second Language

Franklin County Literacy Council

(717) 504-4459

Adult Basic Education (ABE) and English as a Second Language (ESL)

Adult Basic Education (ABE) and English language learning (ESL/ELL) is provided for adults in an effort to meet their personal, educational, and employment goals. Adult learners will be expected to commit to three (3) hours of onsite instruction each week.

Lincoln Intermediate Unit 12

(717) 253-1871

English as a Second Language (ESL) Course

ESL classes provide instruction in spoken and written English, grammar, reading, and practical living skills to those adults whose first language is other than English. Adults from varying cultures gather together in these classes to learn to communicate in English and form a good civics background. Classes are held at: Franklin County Literacy Council, (Lower Level Coyle Library) 102 N Main Street Chambersburg, PA 17201

Trinity Episcopal Church, Chambersburg

(717) 264-6351

ESL (English as a Second Language) Courses

English as a Second Language classes are taught in the Parish Hall. Beginner courses are held on Tuesday and Thursday from 9:30 - 11:00 in the Parish Hall behind the church, while an intermediate course is held on Thursday from 9:30 to 12:30 in the Commons Room. A referral must be received from the Franklin County Literacy Council to attend the free courses.

English/Spanish Education Services

Franklin County Library System

(717) 263-1054

Coyle Free Library

Known as the district center of regional library services, it is a public library with materials and programs for children, teens, and adults. Public computers are available for use. A reference librarian is onsite. Genealogy help is also available. English/Spanish education is available. Please phone the library for more information on current program offerings.

WHERE TO TURN FOR HELP

Epilepsy

Epilepsy Association of Western and Central Pennsylvania - Harrisburg

(717) 730-6779

Scholarship Program

The Epilepsy Association of Western and Central Pennsylvania has offered a scholarship program since 2001. Thanks to the generosity of private and corporate donations, the program has grown from five \$1,000 scholarships to eight scholarships totaling \$10,000. To be eligible for the EAWCP Scholarship, a person must: have a diagnosis of epilepsy/seizure disorder, provide proof of acceptance to a post-secondary academic or vocational program, be a recent high school graduate, attend school full-time, and be a legal resident of western/central Pennsylvania.

Epilepsy Association of Western and Central Pennsylvania - Harrisburg

(717) 730-6779

Project School Alert

The Epilepsy Association can help your school to become Seizure Smart. Participants in a free Project School Alert presentation will learn how to recognize different types of seizures, how to respond to someone having a seizure, how to provide any necessary first aid, the importance of giving emotional support to individuals affected by epilepsy, and how to help others understand. Contact the EAWCP office in your region for more information about Project School Alert or to schedule a presentation for your school.

Epilepsy Association of Western and Central Pennsylvania - Harrisburg

(717) 730-6779

OSCAR Project

The EAWCP and The Oscar Project can provide you with general information and support on obtaining a service dog for yourself or someone you love. If you are interested in receiving help from The Oscar Project, please contact us at 1-800-361-5885 to determine if you would be appropriate for this or other service dog programs. Eligibility guidelines, you must: be a child or adult with epilepsy/seizure diagnosis, currently experiencing seizures, be capable of commanding the dog, live in our 49 county service area, be able to travel to Pittsburgh for two multi-day trainings, be able to afford on-going care for the dog (food, vet bills, etc.), and agree to return to the Pittsburgh area yearly for re-certification. Recipients are selected periodically based upon need, availability of funds, and availability of dogs.

Epilepsy Association of Western and Central Pennsylvania - Harrisburg

(717) 730-6779

Emergency Medication Fund

The EAWCP does not want anyone in our region to go without their anti-seizure medication. We will provide a one time one month supply of anti-seizure medication to a person in need. In addition, we will help them to apply for other programs to assist them in the future.

Epilepsy Association of Western and Central Pennsylvania - Harrisburg

(717) 730-6779

Education

The Epilepsy Association of Western and Central Pennsylvania provides convenient and easy access to information about epilepsy/seizure disorders and related issues. Our goal is to provide you with answers to as many questions as possible, and with the information you need to cope with epilepsy and how it may be affecting your life. Patients, parents, family members and others can access information about epilepsy through the following EFWCP services: One-on-One Consultation Local Education Events Annual Patient/Family Conference

WHERE TO TURN FOR HELP

Epilepsy Association of Western and Central Pennsylvania - Harrisburg

(800) 361-5885

CareShare Program

Respite Service: A limit of 25 hours of care can be given to each person in a 1-year time frame provided in-home to patients with an active diagnosis of epilepsy/seizure diagnosis.*This program does NOT provide long-term care. The EAWCP will make every effort to find another source of services but makes no promises that long-term care can be secured. This is a temporary program and may not become a permanent service of the EAWCP.

Epilepsy Association of Western and Central Pennsylvania - Harrisburg

(717) 730-6779

Family Services

The EAWCP staff are here are here to work with you and your family on a one-on-one basis to help you overcome some of the challenges you face daily. Services include workshops for family members to learn more about epilepsy, telephone support, and referrals to other community services. Our experienced and knowledgeable staff members provide a variety of supportive and education services for both your child and your family.

Epilepsy Association of Western and Central Pennsylvania - Harrisburg

(717) 730-6779

Camp Frog

Children with epilepsy, like all children, need to experience and enjoy outdoor recreation. The EFWCP sponsors two weeklong, overnight summer camping programs called Camp Frog. This nationally recognized activity allows kids with epilepsy/seizure disorders to be integrated into a typical camping experience with hundreds of other children. The overnight program is available to boys and girls with epilepsy/seizure disorders from ages 8-17 who have completed 3rd grade but not yet graduated high school. Campers enjoy a host of activities, such as arts and crafts, campfire sing-alongs, swimming, team games, sailing, archery, and horseback riding. Camp staffs include EFWCP counselors, with additional support from medical staff. All camp staff members receive specialized training in seizure recognition and first aid. Medical staff includes a licensed pediatric neurologist and a registered nurse practitioner. Scholarships and financial assistance are available to eligible campers.

Equine Therapy

Penn State Cooperative Extension - Franklin County

(717) 263-9226

Therapeutic Carriage Driving

Participants who are not able to safely ride a horse may chose the carriage driving program. The horse and carriage provide many of the same benefits as riding.

Penn State Cooperative Extension - Franklin County

(717) 263-9226

Therapeutic Horseback Riding

Therapeutic Horseback Riding Participants will learn the actual skills of riding a horse. Each riding session includes grooming and putting equipment on the horse and a riding lesson.

Penn State Cooperative Extension - Franklin County

(717) 263-9226

Horsemanship Program for Children on the Autism Spectrum

Weekly lessons are available for riders aged 3 to Adults. Participants will learn riding skills and basic horsemanship through mounted and unmounted activities.

WHERE TO TURN FOR HELP

Exploitation

Franklin County Area Agency on Aging

(717) 263-2153

Protective Services Reports/Older Adult Protective Services

Investigations provided to incapacitated older adults 60+, unable to perform or obtain services that are necessary to maintain physical or mental health, for whom there is no responsible caretaker and who are at imminent danger to person or property.

Reports of abuse, neglect, exploitation, and abandonment of care dependent individuals 18+ are accepted 24/7. Agency staff is available to receive reports, investigate (60+) and take necessary actions regarding abuse, neglect, exploitation or abandonment for (60+). Call 717-263-2153 or 1-800-642-6990, 24-hour on-call service available.

URGENT SERVICES are for individuals 60 and older, when they are deemed to be in imminent risk.

Eyeglasses

Chambersburg Noontime Lion's Club

(717) 264-1008

Chambersburg Noontime Lion's Club

The Chambersburg Noontime Lion's Club offers assistance with obtaining eye glasses. Applicants will need to contact the Sight Conservation Coordinator at (717)263-1752 to obtain an application. Chambersburg Noontime Lion's Club assist with those who live in Chambersburg, Fayetteville, Pond Bank, and St Thomas areas. Waynesboro, Greencastle, Mercersburg, Fort Loudon, and Shippensburg have their own clubs where those residents can apply for the assistance.

Family Counseling

Brook Lane Health Services

(301) 733-0330

Brook Lane Outpatient Program

Offers comprehensive Mental Health Services for adults, children (ages 3 and older) and adolescents. Services include assessment, evaluation and medication management as well as individual therapy, marital therapy, family therapy and addictions counseling.

Family Care Services, Inc.

(717) 263-2285

Family-Based Mental Health Services

The primary goal of Family-Based Mental Health Services is to enable parents to care for their children who have serious emotional concerns at home and to reduce the need for child and adolescent out-of-home placements. Family-Based Mental Health Services provide mental health treatment utilizing a team approach with a mental health professional and a mental health worker. Services are provided in the family's home and community. The team works with all family members who wish to participate. Family Care Services provides these services for families who reside within Franklin and Fulton Counties.

WHERE TO TURN FOR HELP

Franklin Family Services

(717) 267-1515

Family-Based Mental Health Services

Family Based Mental Health Services, is a 32 week program designed to strengthen families and prevent further interventions, including out of home placements. The Family Based team delivers therapeutic, case management, and emergency crisis services in order to help stabilize the family environment. An additional component of Family Based is connecting the family to other child serving agencies to ensure continuity of care. Family Based is focused on developing natural supports for the family that may include friends, neighbors, coaches, and other community members. These natural supports enhance the level of care provided to the family after discharge from the Family Based program.

Franklin Family Services

(717) 267-1515

Outpatient Therapy - Chambersburg

The outpatient therapy department provides services to children, adolescents, and adults that are in need of emotional support or counseling. We offer a safe, supportive environment to work out problems and/or cope with issues including life stressors (divorce, abuse, death of family members or friends), problems at home, work or school, behavioral issues, managing anger, and dealing with feelings of sadness or anxiety. We offer individual, group, family, play, and couples counseling.

Growing Edges Counseling Clinic

(717) 477-1248

Growing Edges Counseling Clinic

Growing Edges provides the local area with free counseling services provided by our advanced Masters level counseling students under the supervision of licensed professional faculty members. Due to the structure of our clinic, we unfortunately are currently unable to serve those with severe mental illness, and those who are actively abusing substances and/or are currently in crisis.

Laurel Life - Behavioral Health

(717) 261-9833

Franklin County - Phoenix Drive Location Behavioral Health Services

Behavioral Health Services are for adults, adolescents, and children who are experiencing any distress and need short-term support services. Individuals, couples, and families can find relief for disruption in emotional well-being through community based services.

Services offered at this location are:

- Outpatient Therapy
 - Parent-Child Interactive Therapy
 - Psychological and Psychiatric services for children and adolescents
-

WHERE TO TURN FOR HELP

Laurel Life - Behavioral Health

(717) 375-4834

Franklin County - Brown's Mill Road Location Behavioral Health Services

Behavioral Health Services are for adults, adolescents, and children who are experiencing any distress and need short-term support services. Individuals, couples, and families can find relief for disruption in emotional well-being through community based services.

Services offered at this location are:

- * Applied Behavior Analysis
- * Intensive Behavioral Health Services
- * Family-Based Mental Health Services
- * Outpatient Therapy

Momentum Services

(717) 262-2183

Family Based Mental Health Services

Components of Family Based Mental Health Services include: Family Support Services: These services are intended to address the basic needs of families as well as possibly setting up respite care to provide needed breaks for the consumer and/or family members. Therapeutic Intervention: This component includes individual, family and couples counseling that works within the family support network. The specific therapy is provided at the discretion of the FBMHS team and the cooperation of the family to assist members in meeting their goals. Case Management: This service is geared toward assisting the family in accessing needed services on their own. The FBHMS team can assist the family in identifying appropriate services necessary for their needs and assist them in taking necessary steps to access these services.

Momentum Services

(717) 262-2183

School Based Outpatient Services

School Based Outpatient implements behavioral health support in the school setting by providing outpatient counseling within the school districts in which we are licensed. The clinicians that are responsible for providing this service have extensive training in working with behavioral health related disorders. This service is intended to provide minimal disruption to the child's educational day, yet still provide needed treatment without concerns of transportation to a clinic. These individuals also work closely with school personnel to ensure that current needs are accurately identified and addressed. All school based outpatient therapists are required to hold a license within the state of Pennsylvania.

PGC Counseling

(717) 830-0705

PGC Counseling

PGC Counseling is a private practice offering licensed, board certified services to adolescents and adults for the treatment of depression, bipolar and anxiety disorders as well as stress, PTSD, substance use or other mental health issues. Individual, family and couples counseling is available Monday through Saturday. We accept most major insurances as well as local and national EAP programs through your workplace. We treat all sexual orientations and religious beliefs. Christian counseling is available on request.

WHERE TO TURN FOR HELP

Family Physician Office

Greencastle Family Practice and Psychological Services

(717) 597-3151

Greencastle Family Practice and Psychological Services

Greencastle Family Practice was first established in 1982 by Doctors Hudzinski and Thornton. Since this time, Greencastle Family Practice, PC has undergone numerous expansions in staff and physical size. Thirty years later, we have 8 Medical Providers and 6 Mental Health Counselors along with support staff. We take great pride in offering both medical and counseling services to the greater Greencastle area. We operate as a privately owned Christian based practice. Our mission is to practice medicine as a means of ministry and to provide you and your family with quality health care. Medical Providers are: Joseph Thornton, MD Duane Sipes, MD Nathan Derstine, DO Michael Fitzpatrick, DO Cayla Raber, CRNP John Strickler, PAC Mindy Barnhart, CRNP Candace Decerell, CRNP Counselors are: Paul Bitner, MS, LPC Debby Main, MA, LPC Nancy Morton, MSW, LCSW Melissa Grove, MS, LPC Diane Swan, MS, LPC Cheryl Sears, LPC

Keystone Medical Services

(717) 709-7999

Keystone Family Medicine

Keystone Family Medicine provides comprehensive, primary health care to men, women and children of all ages, races and economic backgrounds. Keystone offers a variety of quality medical and prevention services for the entire family including:

- Physical exams
- Immunizations
- Screenings to test for illnesses
- Minor surgery, such as wart removal
- Discounted prescription drugs
- Diabetes management
- Translation services available

The professional, compassionate and bilingual staff of Keystone Family Medicine includes family medicine doctors and a nurse practitioner.

Spiritrust Lutheran - Franklin County

(717) 264-5433

LIFE (Living Independence For the Elderly)

Spiritrust Lutheran® LIFE (Living Independence For the Elderly) is nationally recognized as a Program of All-Inclusive Care for the Elderly (PACE). The interdisciplinary team at Spiritrust Lutheran LIFE combines professional care with personal attention. LIFE's all-inclusive approach helps improve the health and happiness of our participants. Services are provided primarily at the LIFE center in Chambersburg (transportation is provided via specifically equipped vans) and supplemented by in-home and referral services according to the participants' needs.

LIFE services include: primary medical care and specialty services; medical supplies and equipment; laboratory and diagnostic services; prescription drugs and medication management; 24/7 access to emergency or urgent care; acute hospitalization and ambulance services; visions, dental, hearing and podiatry care; physical, occupational and speech therapy; nutritional counseling and meals; home health care and personal care; day services and recreational therapy; social services and behavioral health care; chaplain services; and transportation.

WHERE TO TURN FOR HELP

WellSpan Health Family Physician Services

(717) 328-2119

WellSpan Health Primary Care - Mercersburg Health Center

We provide personalized, quality healthcare for you and your family at every stage of life.

Services & Treatment

- Check-ups & health screenings
- Chronic disease management (diabetes, high blood pressure & asthma)
- Immunizations
- Minor lacerations & injuries
- Pediatric care
- Severe & minor illnesses
- Wellness care (healthy lifestyle habits - exercise, diet, sleep & nutrition)
- End of life care (comfort & support for the seriously ill)
- Skin Health - Cancer screening Rashes Acne Minor skin surgery (removal and biopsy of moles & other skin lesions)
- Women's Health Preventative services
- Disease screenings
- Birth control

WellSpan Health Family Physician Services

(717) 749-3181

WellSpan Health Primary Care - Mont Alto

We provide personalized, quality healthcare for you and your family at every stage of life.

Services & Treatment

- Check-ups & health screenings
 - Chronic disease management (diabetes, high blood pressure & asthma)
 - Immunizations
 - Minor lacerations & injuries
 - Pediatric care
 - Severe & minor illnesses
 - Wellness care (healthy lifestyle habits - exercise, diet, sleep & nutrition)
 - End of life care (comfort & support for the seriously ill)
 - Skin Health - Cancer screening Rashes Acne Minor skin surgery (removal and biopsy of moles & other skin lesions)
 - Women's Health Preventative services
 - Disease screenings
 - Birth control
-

WHERE TO TURN FOR HELP

WellSpan Health Family Physician Services

(717) 264-3644

WellSpan Health Primary Care - Philadelphia Avenue

We provide personalized, quality healthcare for you and your family at every stage of life.

Services & Treatment

- Check-ups & health screenings
- Chronic disease management (diabetes, high blood pressure & asthma)
- Immunizations
- Minor lacerations & injuries
- Pediatric care
- Severe & minor illnesses
- Wellness care (healthy lifestyle habits - exercise, diet, sleep & nutrition)
- End of life care (comfort & support for the seriously ill)
- Skin Health - Cancer screening Rashes Acne Minor skin surgery (removal and biopsy of moles & other skin lesions)
- Women's Health Preventative services
- Disease screenings
- Birth control

WellSpan Health Family Physician Services

(717) 597-5553

WellSpan Health Primary Care - John L Grove Medical Center

We provide personalized, quality healthcare for you and your family at every stage of life.

Services & Treatment

- Check-ups & health screenings
 - Chronic disease management (diabetes, high blood pressure & asthma)
 - Immunizations
 - Minor lacerations & injuries
 - Pediatric care
 - Severe & minor illnesses
 - Wellness care (healthy lifestyle habits - exercise, diet, sleep & nutrition)
 - End of life care (comfort & support for the seriously ill)
 - Skin Health - Cancer screening Rashes Acne Minor skin surgery (removal and biopsy of moles & other skin lesions)
 - Women's Health Preventative services
 - Disease screenings
 - Birth control
-

WHERE TO TURN FOR HELP

WellSpan Health Family Physician Services

(717) 532-4148

WellSpan Health Primary Care - Shippensburg Medical Campus

We provide personalized, quality healthcare for you and your family at every stage of life.

Services & Treatment

- Check-ups & health screenings
- Chronic disease management (diabetes, high blood pressure & asthma)
- Immunizations
- Minor lacerations & injuries
- Pediatric care
- Severe & minor illnesses
- Wellness care (healthy lifestyle habits - exercise, diet, sleep & nutrition)
- End of life care (comfort & support for the seriously ill)
- Skin Health - Cancer screening Rashes Acne Minor skin surgery (removal and biopsy of moles & other skin lesions)
- Women's Health Preventative services
- Disease screenings
- Birth control

WellSpan Health Family Physician Services

(717) 217-6760

WellSpan Health Primary Care - WellSpan Health Health Center Building 2, 1st Floor

We provide personalized, quality healthcare for you and your family at every stage of life.

Services & Treatment

- Check-ups & health screenings
 - Chronic disease management (diabetes, high blood pressure & asthma)
 - Immunizations
 - Minor lacerations & injuries
 - Pediatric care
 - Severe & minor illnesses
 - Wellness care (healthy lifestyle habits - exercise, diet, sleep & nutrition)
 - End of life care (comfort & support for the seriously ill)
 - Skin Health - Cancer screening Rashes Acne Minor skin surgery (removal and biopsy of moles & other skin lesions)
 - Women's Health Preventative services
 - Disease screenings
 - Birth control
-

WHERE TO TURN FOR HELP

WellSpan Health Family Physician Services

(717) 765-5060

WellSpan Health Primary Care - Waynesboro Medical Office Building

We provide personalized, quality healthcare for you and your family at every stage of life.

Services & Treatment

- Check-ups & health screenings
- Chronic disease management (diabetes, high blood pressure & asthma)
- Immunizations
- Minor lacerations & injuries
- Pediatric care
- Severe & minor illnesses
- Wellness care (healthy lifestyle habits - exercise, diet, sleep & nutrition)
- End of life care (comfort & support for the seriously ill)
- Skin Health - Cancer screening Rashes Acne Minor skin surgery (removal and biopsy of moles & other skin lesions)
- Women's Health Preventative services
- Disease screenings
- Birth control

WellSpan Health Family Physician Services

(717) 765-5060

WellSpan Health Primary Care - Waynesboro Medical Office Building, 3rd Floor

We provide personalized, quality healthcare for you and your family at every stage of life.

Services & Treatment

- Check-ups & health screenings
 - Chronic disease management (diabetes, high blood pressure & asthma)
 - Immunizations
 - Minor lacerations & injuries
 - Pediatric care
 - Severe & minor illnesses
 - Wellness care (healthy lifestyle habits - exercise, diet, sleep & nutrition)
 - End of life care (comfort & support for the seriously ill)
 - Skin Health - Cancer screening Rashes Acne Minor skin surgery (removal and biopsy of moles & other skin lesions)
 - Women's Health Preventative services
 - Disease screenings
 - Birth control
-

WHERE TO TURN FOR HELP

WellSpan Health Family Physician Services

(717) 217-6055

WellSpan Health Primary Care - Menno Haven

We provide personalized, quality healthcare for you and your family at every stage of life.

Services & Treatment

- Check-ups & health screenings
- Chronic disease management (diabetes, high blood pressure & asthma)
- Immunizations
- Minor lacerations & injuries
- Pediatric care
- Severe & minor illnesses
- Wellness care (healthy lifestyle habits - exercise, diet, sleep & nutrition)
- End of life care (comfort & support for the seriously ill)
- Skin Health - Cancer screening Rashes Acne Minor skin surgery (removal and biopsy of moles & other skin lesions)
- Women's Health Preventative services
- Disease screenings
- Birth control

WellSpan Health Family Physician Services

(717) 264-6511

WellSpan Health Primary Care - 8th Street

We provide personalized, quality healthcare for you and your family at every stage of life.

Services & Treatment

- Check-ups & health screenings
 - Chronic disease management (diabetes, high blood pressure & asthma)
 - Immunizations
 - Minor lacerations & injuries
 - Pediatric care
 - Severe & minor illnesses
 - Wellness care (healthy lifestyle habits - exercise, diet, sleep & nutrition)
 - End of life care (comfort & support for the seriously ill)
 - Skin Health - Cancer screening Rashes Acne Minor skin surgery (removal and biopsy of moles & other skin lesions)
 - Women's Health Preventative services
 - Disease screenings
 - Birth control
-

WHERE TO TURN FOR HELP

WellSpan Health Walk-In Care Centers

(717) 597-5553

WellSpan Health Primary Care and Walk-In - John L Grove Medical Center

Walk-In Care Centers provided for those who suffer from or need care in the following manner: Minor burns

- Cuts
- Bumps
- Sprains
- Twisted or sprained ankles
- Fever or flu symptoms
- Cough, cold, or sore throat
- Minor skin rashes
- Mild asthma
- Ear or eye infections
- Minor headaches
- Sports & camp physicals for kids

WellSpan Health Walk-In Care Centers

(717) 765-5060

WellSpan Health Primary Care and Walk-In - Waynesboro Medical Office Building

Walk-In Care Centers provided for those who suffer from or need care in the following manner: Minor burns

- Cuts
- Bumps
- Sprains
- Twisted or sprained ankles
- Fever or flu symptoms
- Cough, cold, or sore throat
- Minor skin rashes
- Mild asthma
- Ear or eye infections
- Minor headaches
- Sports & camp physicals for kids

Family Planning

Keystone Community Health Services

(717) 709-7909

Family Planning

Services to plan and prevent pregnancy including a variety of birth control options. Other related services including HIV and STD testing and treatment, PAPs.

WHERE TO TURN FOR HELP

Family Self Sufficiency

South Central Community Action Programs, Franklin County

(717) 263-5060

Support Circles

Circles assist families in moving from poverty to longer term financial stability. The mission of Support Circles is to transform communities by building relationships that inspire and equip people to overcome poverty. The Circles group meets weekly to provide people time and space to work on solutions and building their future story. This weekly gathering includes free dinner and childcare. A 'support circle' is comprised of a family working to get out of poverty and 2 to 3 community allies; people who are willing to befriend the family and work together to identify what it takes to move out of poverty. Through these purposeful relationships Circles also works to create community change for a more realistic pathway out of poverty.

Family Self Sufficiency & Housing - Home Ownership Counseling

Franklin County Housing Authority (FCHA)

(717) 263-4200 Ext 106

Family Self-Sufficiency and Home Ownership Program

Family Self-Sufficiency (FSS) is a voluntary HUD program that encourages and assists families to become self-sufficient. The FSS Program is open to all residents in Public Housing or those who hold a Housing Choice Voucher/Section 8 Voucher. Participants in the program are assigned a coordinator to help them set and reach goals related to becoming self-sufficient such as receiving more education, job training, help with childcare, a career, home ownership and any other goals they may have. FSS offers a financial incentive to families through an escrow account, which is based on an increase in a family's earned income. An example of an increase in earned income would be when a family member has a pay raise, obtains employment or has an increase in his or her working hours that results in an increase in the portion of rent that the family pays each month.

For example, if a family member begins working 40 hours per week, and the families rent increases \$25.00 dollars per month, that \$25.00 dollars goes into an escrow account that the Housing Authority establishes for the family. This account becomes available to the family when the family successfully completes their FSS Contract of Participation which is typically in a 5 year time period or in the interim to use to complete a goal.

Another program is the Home Ownership Program and only open to those who receive a Housing Choice Voucher (HCV)/Section 8 Voucher (S8V). A participant can choose to use his or her voucher to assist with the purchase and payment of a home. Eligible Section 8 Voucher holders may now use their vouchers to assist in the purchase of their own home through the Section 8 Homeownership Program. The voucher assistance provides a partial payment toward the mortgage every month for up to 15 years. Participants are assisted with budgeting and credit repair as needed, provided with homeownership education, and given support every step of the way as they purchase their home. PLEASE NOTE THT IN ORDER TO QUALIFY FOR THIS PROGRAM, YOU MUST BE A CURRENT FCHA PUBLIC HOUSING RESIDENT OR SECTION 8 PARTICIPANT.

WHERE TO TURN FOR HELP

Farmworker Services

Fruitbelt Farmworker Christian Ministry

(717) 701-8633

Fruitbelt Farmworker Christian Ministry

In Adams, Franklin, Perry, and Cumberland Counties, as well as northern Maryland, we minister through Fruitbelt Farmworker Christian Ministry. Under the leadership of the Rev. Roddy Runyan, FFCM serves migrant and seasonal farmworkers. Most of the workers are single men who come without their families and live in migrant camps for the harvest season. A few of the workers remain in the area to help with pruning and other tasks. The service of FFCM includes supplying health kits, blankets, and sweatshirts to newly arrived workers; arranging churches to visit work camps; meeting emergency needs such as transportation, translation, and help with prescriptions; and leading Bible studies and worship services.

Financial - Disability Benefits

Social Security Administration- Franklin Program

(800) 772-1213

Social Security Administration- Franklin

A national program of contributory social insurance. Employees, employers and the self-employed pay contributions that are pooled in special trust funds. These funds provide income to workers and dependents in the event of retirement, disability or death. SSA also administers Medicare and the Supplemental Security Income (SSI) program for the aged, blind and disabled. Local offices accept applications, determine eligibility, hear appeals and are available to assist individuals trying to access benefits.

Financial Aid

Pennsylvania Higher Education Assistance Agency

(800) 233-0557

Information, Students &
Parents

Pennsylvania Higher Education Assistance Agency - Student Financial Aid

Free access to extensive information about higher education funding is available through this office's website. In addition, free copies of the booklet "Moving on to Higher Education" are available at local high schools and local legislators' offices.

WHERE TO TURN FOR HELP

Financial Assistance

Franklin County Veteran Affairs

(717) 263-4326

Pennsylvania State Benefits - Veterans Temporary Assistance

Purpose: Provide temporary financial assistance to Veterans and their beneficiaries who reside in Pennsylvania for the necessities of life (food, dairy, shelter, fuel and clothing).

Veterans' Eligibility Criteria:

-A person who served in the Armed Forces of the United States, who:

*Was discharged under honorable conditions after a period of active duty, other than active duty for training, as evidenced by a DD Form 214 or other official documentation, or

*Died in service or was killed in action, or

*Suffered a service-connected disability as certified by the United States Veterans' Administration.

Need for Temporary Assistance Criteria:

UNEXPECTED Financial circumstances temporarily resulting in insufficient funds to pay for shelter and necessities of living for the Veteran and family.

Call Franklin County Veterans Affairs for more information concerning Veterans Temporary Assistance.

The Salvation Army, Chambersburg

(717) 264-6169

Social Work

Social Work - assistance with Life Threatening Medications (1 time), Clothing (Fire Victims, Homeless, Job Interviews, and Funeral expenses.

Waynesboro Area YMCA

(717) 762-6012

Scholarship or Financial Assistance

No one is turned away from our Y due to lack of funds. Through our Open Doors Scholarship program, we offer financial assistance to those who have financial need. Proof of income and residence is required. Visit our website for application. www.waynesboroymca.org

Financial Benefit Assistance

Franklin County Assistance Office

(877) 289-9177

Food Stamps / SNAP - Franklin

The Supplemental Nutrition Assistance Program is the new name for the Food Stamp program. These benefits are used to buy food and help eligible low-income households in Pennsylvania obtain more nutritious diets by increasing their food purchasing power at grocery stores and supermarkets. If you are eligible, you will receive a Pennsylvania Electronic Benefits Transfer (EBT) ACCESS Card which is used to make food purchases at grocery stores and supermarkets.

WHERE TO TURN FOR HELP

SNAP Outreach Program

(877) 999-5964

Food Stamps Helpline

SNAP Outreach Associates screen households and individuals through a confidential, bi-lingual, toll-free number to see if they qualify for SNAP benefits, (formerly known as Food Stamps). After the screening is completed, assistance with filling out and submitting the application is provided over the phone. SNAP Outreach Associates are available to attend events for on-site screening and application assistance when appropriate and available.

At the Central Pennsylvania Food Bank, our team of experts provide assistance through our bi-lingual Food Stamps Helpline. After screening households for potential Food Stamp (SNAP) eligibility, we provide application and enrollment assistance. Other food resources will also be provided if needed, such as food pantries, senior food boxes and congregate meals.

Financial Counseling

Maranatha Ministry, Inc.

(717) 261-1708

Representative Payee Services

Representative Payee Services- Assisting individuals receiving Social Security Disability payments, which at the time are court ordered, to better budget expenses and to ensure that basic needs such as food, rent, utilities are met. Guardian of Life - Guardianship and Power of Attorney for the elderly. To help maintain a quality of life. help make decisions and choices without sacrificing dignity and respect.

Maranatha Ministry, Inc.

(717) 261-1708

Budgeting Counseling and Classes

Budgeting Counseling - Using scriptural precepts for individuals and families experiencing serious financial difficulties, teaching them how to setup a budget, how to stick to a spending plan, how to negotiate with creditors to make payments that suit the clients income, teaching them how to overcome adversity so they can improve their life and become self-sufficient, how to balance a check book and any other education needed. Budgeting Classes-Covering the importance of budgeting, budget setup, using credit wisely, consequences of credit, and how to set financial goals.

Financial Disaster Benefit Assistance

American Red Cross Greater Pennsylvania Region - South Central Pennsylvania Chapter

(866) 311-3832

Disaster Relief Response and Recovery

No one else does this; not the government, not other charities. From small house fires to multi-state natural disasters, the American Red Cross goes wherever we're needed, so people can have clean water, safe shelter and hot meals when they need them the most.

After the emergency phase of a response has been completed, we turn to helping people recover and addressing lingering community needs. Working together with community leaders, government and relief agencies, we organize and execute recovery strategies that include:

- Providing emergency financial assistance in the immediate aftermath of a disaster
- Distributing financial assistance for households that need extra help in the long-term
- Providing grants for community-based recovery services

WHERE TO TURN FOR HELP

Financial Student Aid - Veterans

Franklin County Veteran Affairs

(717) 263-4326

Federal Benefits - Education Enrollment

As a Veteran, you may be eligible for educational benefits through numerous GI Bill programs. Once you've decided to use your GI Bill benefits its important to choose the proper school and type of training. VAs decision-making tools will help you get the most from your benefits. <https://www.va.gov/education/how-to-apply/>

First Aid Course

American Red Cross Greater Pennsylvania Region - South Central Pennsylvania

(866) 311-3832

Chapter

Health and Safety Training and Education

Many jobs require up to date lifesaving skills because they address health emergencies every day – people such as health care providers, first responders, and lifeguards. Others, including teachers and babysitters, are entrusted with precious young lives that could require aid on a moment's notice.

Those of us who don't face health emergencies every day can also benefit from Red Cross training. With a wide array of Lifeguarding, Caregiving and Babysitting, and Swimming and Water Safety courses the Red Cross can provide you with the training and skills you need to prevent, prepare for and respond to emergencies.

Available trainings are:

- First Aid training
- CPR training
- AED training
- Babysitting and Caregiving training
- Swimming training
- CNA training
- BLS training

First Aid Training

Waynesboro Area YMCA

(717) 762-6012

CPR, First Aid, Lifeguard and WSI Training

Lifeguard Training - American Red Cross Lifeguarding Program trains prospective guards with the skills and knowledge necessary to help patrons of the aquatic facilities. This program includes the lifeguard course with aquatic specific First Aid, CPR and AED training. The course includes a book and resuscitation mask. All students must be at least 15 years of age by last day of the course, no exceptions. Attendance at all classes is required for certification. Please contact Emily Miller, if you are interested in a lifeguard class

emily@waynesboroyymca.org. CPR/AED for the Professional Rescuer - American Red Cross CPR/AED for the Professional Rescuer will train responders in breathing and cardiac emergencies for adult, children and infants. Participants must complete all practical skills and score 80% or higher on all written tests. The minimum age for this course is 15. Please email emily@waynesboroyymca.org for more info. First Aid - The purpose of the American Red Cross First Aid course is to give individuals the knowledge and skills needed to recognize and provide basic first aid care for injuries and sudden illness until advanced medical personnel arrive. Participants must complete all practical and written tests to receive certification. The minimum age for this course is 15. Please email emily@waynesboroyymca.org for more info.

WHERE TO TURN FOR HELP

First-Time Mothers

UPMC Pinnacle Nurse Family Partnership of Dauphin, Franklin and Lebanon (717) 782-2335

Counties

First-Time Moms

Nurse-Family Partnership is a free, voluntary program that partners first-time moms with nurses. When you enroll in the program, a trained nurse will visit you in your home until your baby turns two years old. If you have questions, your nurse will help answer them. Your nurse helps you have a healthy pregnancy, gives you coaching on child development and empowers you to pursue your heart's desire. Your nurse will always be there for you, so you can be there for your baby!

Fish And Boat Commission

Pennsylvania Fish & Boat Commission (717) 705-7800

Pennsylvania Fish & Boat Commission

Commission supervises all boat registration, provides boating safety and aquatic resources education, fisheries management and fishing licensing in the Commonwealth of Pennsylvania. 866-262-8734 Boat Registration 877-707-4085 Fishing License helpline 888-723-4741 Boating Course helpline 855-347-4545 Pollution hotline

Fishing License

Pennsylvania Fish & Boat Commission (717) 705-7800

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Commission supervises all boat registration, provides boating safety and aquatic resources education, fisheries management and fishing licensing in the Commonwealth of Pennsylvania. 866-262-8734 Boat Registration 877-707-4085 Fishing License helpline 888-723-4741 Boating Course helpline 855-347-4545 Pollution hotline

Fitness Center

Waynesboro Area YMCA (717) 762-6012

Youth and Teen Programs

The YMCA offers activities that will challenge and improve ones mind, body, and spirit. We provide a diverse offering of programs for youth and teens in Waynesboro. Summer Day Camp, Youth Sports Leagues & Camps, Teen Activities, Tournaments, Gymnastics, and The Rock provide fun adventures and experiences for everyone.

Fitness Programs

Chambersburg Memorial YMCA (717) 263-8508

Military Outreach Initiative and Respite Child Care

Deployment can be a stressful and uncertain time for our nations servicemen and women and their families. In partnership with the Armed Services YMCA and the Department of Defense, the Y is proud to offer memberships and respite child care services to eligible military families and personnel to give them extra support during this difficult period. Its our way of giving back to those who dedicate themselves to serving our country.

WHERE TO TURN FOR HELP

Chambersburg Memorial YMCA

(717) 446-0533

Healthy Living

To improve lifestyle health and health outcomes in the US, the Y will help lead the transformation of health and health care from a system largely focused on treatment of illnesses to a collaborative community approach that elevates well-being, prevention, and health maintenance. A wide range and variety of courses are offered to promote living a healthy life.

Waynesboro Area YMCA

(717) 762-6012

Youth and Teen Programs

The YMCA offers activities that will challenge and improve ones mind, body, and spirit. We provide a diverse offering of programs for youth and teens in Waynesboro. Summer Day Camp, Youth Sports Leagues & Camps, Teen Activities, Tournaments, Gymnastics, and The Rock provide fun adventures and experiences for everyone.

Food Bank

Central Pennsylvania Food Bank

(717) 564-1700

Central Pennsylvania Food Bank

Organized to solicit surplus food from local industry and effectively distribute these foods through a network of community organizations including food pantries, soup kitchens and shelters. Also provides SNAP outreach services, facilitating client eligibility screenings and COMPASS applications. Central Pennsylvania Food Bank is a certified affiliate of Feeding America, our nation's largest charitable food distribution organization including more than 200 regional food banks and more than 65,000 local food distribution agencies.

Food Pantry

Christ United Methodist Church, Waynesboro

(717) 762-7011

Susannah's Pantry

Our Food Pantry is open to all Waynesboro area residents who are in need of food. Anyone who wishes may come to the pantry and fill two grocery bags with the food that is stocked in the Pantry that their family would use. To assist as many families as possible, we do have a limit: two (2) grocery bags per visit and one visit per household per month. Please contact the church office at 717-762-7011 before coming to make sure that there is someone in the office to assist you.

Christian Life Church

(717) 263-8152

Christian Life Church - Bountiful Blessings Food Pantry

Food Pantry services

Falling Spring Presbyterian Church, Chambersburg

(717) 264-5715

Food Pantry

The Presbyterian Church of Falling Spring Food Pantry is located in the Riddle House on campus. It began in its present form three years ago to meet the need of hungry persons in our community who stopped by our church for help. Its purpose is to bridge the gap in emergency times when regular food sources are not available. We supply food for one or two days and our patrons are able to obtain food once every two weeks.

WHERE TO TURN FOR HELP

First United Methodist Church, Chambersburg

(717) 263-8491

Food Pantry

Our food pantry is open Tuesdays from 9 AM to 1 PM and Thursday from 9 AM to 5 PM in the Main Lobby (Back parking lot entrance). Each household may receive one bag of groceries each month. We are part of the Pennsylvania Food Bank. We request a photo ID from the person requesting the bag. We also offer Bread donated from local bakeries as available Tuesdays and Thursdays. Please arrive at least 5 minutes before closing time as the doors lock automatically.

Five Forks Brethren In Christ Church

(717) 762-2991

Five Forks Brethren In Christ Church - Food Pantry

The Five Forks Brethren in Christ Food Pantry is open 5 -10 hours weekly and supplies approximately two bags of groceries for people in need. There is a limit of one visit per household per month for food. Scheduled hours are available at the food pantry by calling the Five Forks Church at 762-2991.

Help Hotline

(717) 762-9050

Help Hotline

The Help Hotline provides a clothing bank, food banks and limited financial assistance with utility bills (no housing assistance) for those who specifically live in the Blue Ridge Summit area. All assistance must be done by contacting the Help Hotline manager at 717-762-9050, who will then schedule an appointment for either Tuesday evening or Saturday morning each week, unless considered an emergency. Assistance may be coordinated with surrounding agencies in regards to utility bills.

Maranatha Ministry, Inc.

(717) 264-7785

Maranatha Food Pantry

Serving low-income and needy individuals and families. Issue days = First full week of the months that include Tuesday and Thursday Doors open at 6:15am Issue food at 7:45 Stop issue at 10:30 Delivery and donations accepted Monday through Friday every week from 8:00am -12:00 pm

Salem United Brethren Church, Chambersburg

(717) 263-4123

Pete's Pantry

Clients who live within Franklin County will be allowed to receive food assistance once each month from Pete's Pantry. Anyone may receive a one-time emergency food distribution from the center. Clients must sign the sign-in sheet to indicate that they have received food at each visit. Food amounts distributed follow the formula given by the Central PA Food Bank, and is based upon family size.

South Central Community Action Programs, Franklin County

(717) 263-5060

Orrstown Food Pantry

Provide food once a month to eligible individuals living in Orrstown and some surrounding areas. Clients may come to get their food once a month. We also will work with community service for school children and other required to do hours of service.

WHERE TO TURN FOR HELP

South Central Community Action Programs, Franklin County

(717) 263-5060

Fayetteville Food Pantry

Provide food once a month to eligible individuals living in Fayetteville and some surrounding areas.. Clients may come to get their food once a month. We also will work with community service for school children and other required to do hours of service.

South Central Community Action Programs, Franklin County

(717) 263-5060

St Thomas Food Pantry

Provide food once a month to eligible individuals living in St. Thomas and some surrounding areas. Clients may come to get their food once a month. We also will work with community service for school children and other required to do hours of service.

South Central Community Action Programs, Franklin County

(717) 492-6269

The Gleaning Project, SCCAP

Free, fresh fruits & vegetables at the SCCAP Produce Stand for any community member struggling to make ends meet. The Gleaning Project collects excess edible food from growers, producers, and gardeners and then distributes the gleaned fruits and vegetables to local agencies (food pantries, soup kitchens, shelters for the homeless, senior centers, etc.)

South Central Community Action Programs, Franklin County

(717) 263-5060

Chambersburg Food Pantry

Provide food once a month to eligible individuals living in Chambersburg and some surrounding areas. Clients may come to get their food once a month. We also will work with community service for school children and others required to do hours of service.

South Central Community Action Programs, Franklin County

(717) 263-5060

Greencastle Food Pantry

Provide food once a month to eligible individuals living in Greencastle and some surrounding areas. Clients may come to get their food once a month. We also will work with community service for school children and other required to do hours of service.

St James African Methodist Episcopal Church

(717) 414-7126

Bountiful Blessings @ St. James AME

Christian-based charity that serves need-based families of all faiths. Our goal is to assist working families and senior citizens through supplementing these families with non-food items. IE toilet paper, cleaners, soaps, paper towels, toothpaste

St Paul United Methodist Church - Chambersburg

(717) 267-3085

Food Bank

Families are able to receive food on a once a month basis. Boxes of Food are distributed on the first Wednesday of each month between the hours of 10:00 AM to noon. This is done via a drive through curbside pickup. Additional food is available at office door from 8:00 AM to 2:00 PM Monday to Thursday.

WHERE TO TURN FOR HELP

The King's Kettle Food Pantry

(717) 530-9200

The King's Kettle Food Pantry

Local community food pantry located in Shippensburg, Pennsylvania.

The Salvation Army, Chambersburg

(717) 264-6169

Soup Kitchen

Serving lunch Sunday - Wednesday and Friday, closed on Thursday and Saturday. Doors open at 10:30 and the meal is served, take out style, only one person per family may come pick up. Mask Required. from 11:00 - 12:00 with the exception of the 1st & 5th Sunday of the month. The Soup Kitchen is closed at that time.

Valley Ministries

(717) 349-0067

The Pantry

The Pantry serves all individuals and families in the Fannett-Metal School District, Blairs Mills, Neelyton, and East Waterford areas. Folks who find themselves in need can come to the pantry on the 1st Wednesday of the month and receive food. Distribution hours are 11am - 1pm and 4:30pm - 6:00pm.

Food and cash donations can be dropped off at the pantry during open hours, mailed to Valley Ministries, Inc. at P.O. Box 105, Dry Run, PA 17220 or you can call the pantry at 717-349-0067 to make alternative arrangements.

Waynesboro Community & Human Services

(717) 762-6941

Food Bank

Clients may visit our Food Pantry once a month. Our food bank is a choice food bank allowing the clients to pick the cereal, cans of fruit, vegetables, pasta, meats, etc that they know their family will eat.

The majority of the food in our food pantry is purchased at the Central PA Food Bank. Food is also donated through food drives held by the Boy Scouts, the post office, churches, schools, and local businesses. Weekly donations of food are received from Walmart, Martins, Kentucky Fried Chicken, Rutters, Sheetz and Panera. We are a member of the Central Pennsylvania Food Bank.

WHERE TO TURN FOR HELP

Foreclosure Assistance

Pennsylvania Housing Finance Agency (PHFA)

(800) 342-2397

Pennsylvania Housing Finance Agency - Homeowner's Emergency Mortgage Assistance Program (HEMAP)

HEMAP was created by Act 91 of 1983, and was designed to protect Pennsylvanians who, through no fault of their own, are financially unable to make their mortgage payments and are in danger of losing their homes to foreclosure. HEMAP is a loan program to prevent foreclosure. It is not a grant. Funds loaned must be repaid. Recipients must be able to show that they have a reasonable prospect of resuming full mortgage payments within the required timeframe. HEMAP is funded by State appropriations and through repayment of existing HEMAP loans. Please note that FHA Title II (purchase) mortgages are not eligible under this program.

Two types of assistance are available to the homeowner depending on income and the financial situation:

continuing mortgage assistance loans; and,
non-continuing mortgage assistance loans.

All HEMAP loans, continuing or non-continuing, are limited to a maximum of 24/36 months from the date of the mortgage delinquency, or to a maximum of \$60,000.00, whichever comes first.

HEMAP loan recipients are required to pay up to 35/40 percent of their net monthly income, as determined by HEMAP, towards their total housing expense. Although repayment is based on household income, the minimum monthly payment/contribution to HEMAP, set by law, is \$25.00 per month per mortgage assisted.

Foster Care

Children's Aid Society of Franklin County

(717) 263-4159

Diagnostic

Our diagnostic services assist the referring agencies, the courts, and children & families in developing appropriate and realistic, workable plans for the children and adolescents referred for this service. The initial goal is to generate recommendations that will address the children's treatment needs within the most appropriate, least restrictive setting. The long term goal is the reunification of the child with the family. The evaluation process will be completed within a highly structured shelter setting within a therapeutic milieu.

Children's Aid Society of Franklin County

(717) 263-4159

Emergency Shelter

Our program enables children and youth between the ages of ten and twenty-one to experience the safety and security of living in a highly structured program within the community at a time of crisis.

Children's Aid Society of Franklin County

(717) 263-4159

Adoption

We are a licensed adoption agency in the state of Pennsylvania as well as an approved affiliate with the Statewide Adoption and Permanency Network (SWAN). As a SWAN affiliate, we work on behalf of children in the custody of county children and youth agencies who need permanent homes. Services we provide include Child Profiles, Child Preparations, Home studies, Family profiles and Child Specific Recruitment.

WHERE TO TURN FOR HELP

Children's Aid Society of Franklin County

(717) 263-4159

Residential Care

Our residential facility provides 24/7 supervision for children who are in need of structure and guidance and are unable to adjust to a family living environment or who are stepping down from a more restrictive placement prior to their return to a family setting.

Children's Aid Society of Franklin County

(717) 263-4159

Foster Care

Our Foster Care Program places girls and boys from birth to age 21. Foster families enable children who have been abused, neglected, or are otherwise without proper parental care to experience a safe, secure, stable and nurturing environment at a difficult time in their lives. In most cases, the ultimate goal is to reunite the child with their family. However, circumstances may require that the child be considered for adoption or assisted in the transition to independent living.

Family Care Services, Inc.

(717) 263-2285

Adoption and Permanency Programs

FCS is an affiliate of the Statewide Adoption and Permanency Network (SWAN). The following services are offered: Child Profiles Child Preparation Child Specific Recruitment Family Profiles (adoption home studies) Placement Finalization Post-Permanency In addition to SWAN services, private adoption home studies and ACT 101 adoption searches are also provided.

Family Care Services, Inc.

(717) 263-2285

Foster Care Program

Family Care Services (FCS) is a licensed foster care agency in the state of Pennsylvania. We approve and license foster families residing in PA, working primarily with families in Franklin and some nearby counties. FCS provides training, supervision, and support to foster families and permanency services as needed for the children placed. There is a particular need for families willing to foster older children and teenagers. Giving youth family connections leads to happier and healthier lives and communities.

Freedom From Smoking

Fulton County Medical Center

(717) 485-6143

Smoking Cessation

The Respiratory Therapy Department offers in-patient consulting to all patients who use tobacco products. They also offer outpatient one-on-one consulting and group quit classes. Deb Sheffield, Heather Dayley, both Respiratory Therapists and Wanda Taylor, LPN are certified by the American Lung Association to offer the Freedom From Smoking Classes.

WHERE TO TURN FOR HELP

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Tobacco Awareness & Support Groups

Tobacco awareness, education, and support for those seeking to quit are part of our core services at HCP. The harmful effects of smoking and second-hand smoke do not lead to healthy living nor to healthy communities. That is why we are so passionate about making our community aware of the dangers of tobacco and offering proven support for those looking to quit.

Freedom From Smoking Clinics are held offsite, typically, during evening hours. Please visit the Freedom From Smoking under the programs link on our website, www.hcpfranklinpa.org for additional information.

HCP provides tobacco prevention services directed at youth of all ages as well as community programming. Tobacco prevention lessons are available for youth on a variety of age appropriate, classroom based topics, including Tar Wars, Vaping education and additional supports for youth. Whether you are a school or community organization, a business looking to provide help to employees, or an individual searching for help for you or a loved one, we would be more than happy to help you with all of your tobacco awareness, education, and cessation needs! Take a look at the resources we have available.

Freedom From Smoking Support Group

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Tobacco Awareness & Support Groups

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Fuel Oil Bill Payment Assistance

Christ Among Neighbors

(717) 532-7577

Christ Among Neighbors

CAN may provide assistance in the form of help with rental, utility bills, clothing or medical bills. This assistance may include emergency service delivery and/or referrals/consultations to other agencies or organizations with the means to solve the problem. The serviced areas are defined as comprising the Shippensburg Area School District and the village of Walnut Bottom (zipcode 17266 and zip code 17257 on High Mountain Road)

WHERE TO TURN FOR HELP

Franklin County Assistance Office

(877) 289-9177

LIHEAP (Energy Assistance, Utility Help) - Franklin

The Low-Income Home Energy Assistance Program, also known as LIHEAP, helps low-income families pay their heating bills. LIHEAP is a grant that offers assistance in the form of a cash grant, sent directly to the utility company, or a crisis grant for households in immediate danger of being without heat.

Crisis Grants: In addition to the LIHEAP cash program, households experiencing a heating crisis may be eligible for additional benefits through the LIHEAP crisis program. Emergency situations include: Broken heating equipment or leaking lines that must be fixed or replaced. Lack of fuel. The main heating source or second heating source (a source that is used to operate the main heating source or used if the main heating source is not working) has been completely shut-off. Danger of being without fuel (less than a 15 day supply) or of having utility service terminated (received a notice that service will be shut off within the next 60 days). Assistance with home heating crisis situations will be available 24 hours a day; in most counties, you should contact your local county assistance office.

Franklin County Veteran Affairs

(717) 263-4326

Pennsylvania State Benefits - Veterans Temporary Assistance

Purpose: Provide temporary financial assistance to Veterans and their beneficiaries who reside in Pennsylvania for the necessities of life (food, dairy, shelter, fuel and clothing).

Veterans' Eligibility Criteria:

-A person who served in the Armed Forces of the United States, who:

*Was discharged under honorable conditions after a period of active duty, other than active duty for training, as evidenced by a DD Form 214 or other official documentation, or

*Died in service or was killed in action, or

*Suffered a service-connected disability as certified by the United States Veterans' Administration.

Need for Temporary Assistance Criteria:

UNEXPECTED Financial circumstances temporarily resulting in insufficient funds to pay for shelter and necessities of living for the Veteran and family.

Call Franklin County Veterans Affairs for more information concerning Veterans Temporary Assistance.

Newburg First Church of God

(717) 423-6279

Financial Assistance

Newburg First Church of God provides rental or utility assistance those ONLY IN THE ZIP CODE 17240.

PathStone Corporation - Chambersburg

(717) 264-2839

PathStone - Emergency Food and Shelter (Migrant & Farm Workers)

Serve the one-time emergency needs of migrant and seasonal farmworkers and other rural disadvantaged people who may not be eligible for other emergency services. Services include: Nutritional assistance, emergency shelter, first month rental assistance, rent in arrears assistance, mortgage assistance and utilities in arrears assistance (one-time only assistance)

WHERE TO TURN FOR HELP

Pennsylvania Wounded Warriors

(855) 729-9435

Pennsylvania Wounded Warriors

PAWW is an independent statewide non-profit 501©(3) organization providing support to Pennsylvania Wounded Warriors, Veterans in Crisis, and their families. We are not affiliated with nor a part of any national organization, including Wounded Warrior Project, and we do not receive any funds from them. We provide emergency financial assistance to veterans to help pay for housing, utilities, transportation, medical and other expenses. We pay directly to landlords, vendors and creditors.

The Salvation Army, Chambersburg

(717) 264-6169

Office of Aging Senior Heating Assistance

Salvation Army handles the Office of Aging Seniors Heating Assistance for all of Franklin County. Assistance is available for help in paying their heating (electric, kerosene, fuel oil) bill. Individuals who are age 60 and over can apply for assistance with their heating bill during the time frame of December 1 - April 30 or until funding is depleted.

Waynesboro Community & Human Services

(717) 762-6941

Emergency Financial Assistance & Dollar Energy Fund

The Financial Assistance Program assists clients who have a utility shut off or utility is off, first month or late rent payments to prevent homelessness, fuel oil, and prescriptions.

WCHS is authorized to complete Dollar Energy applications in Franklin County.

Funeral Payment Assistance

Franklin County Assistance Office

(877) 289-9177

Burial and Cremation Services Payment - Franklin

Provides payment for burial and cremation services on behalf of eligible individuals.

The Salvation Army, Chambersburg

(717) 264-6169

Social Work

Social Work - assistance with Life Threatening Medications (1 time), Clothing (Fire Victims, Homeless, Job Interviews, and Funeral expenses.

Furniture

Cumberland Valley Animal Shelter Thrift Stores

(717) 261-1996

Cumberland Valley Animal Shelter Thrift Store

Our thrift store provide substantial, needed income every month to help maintain the daily operations of the shelter. Anyone who shops at or donates to our thrift store will be directly affecting the lives of homeless animals.

Our store offers a wide variety of merchandise at incredibly reasonable prices. Our thrift store include men's, women's and children's clothing that are clean, folded and free of stains and damage; shoes, handbags, hats, gloves, jewelry and books; household supplies like dishes, cookware, utensils, small appliances, bedding, lamps and rugs; collectibles, collections and antiques; decorating items like mirrors, pictures, paintings, flower arrangements, knickknacks; and even furniture.

WHERE TO TURN FOR HELP

First United Methodist Church, Chambersburg

(717) 263-8491

Clothing and Small Household Items Bank

Our clothing and small household items ministry is a cluster ministry supported by Park Avenue United Methodist Church and St. Pauls United Methodist Church. The ministry provides clothing for all ages, as well as small household items. Clients are allowed one visit per month. Visits are by appointment only on Thursday afternoons from 1:30 PM to 5:00 PM and the first Saturday of each month from 10:00 AM to 12:00 PM.

Habitat for Humanity of Franklin County

(717) 491-1156

Restore (Discount Home Improvement Store)

Your Local Habitat proudly announces Franklin County's first ReStore, a discount home improvement retail store which sells new and gently used furniture, home accessories, building materials, and appliances to the public at a fraction of the retail price. Habitat for Humanity of Franklin County, PA ReStore is proudly owned and operated by your local Habitat for Humanity affiliate and proceeds are used to build homes and hope in our community.

The Salvation Army, Chambersburg

(717) 264-9568

Thrift Store

Open Monday - Saturday, hours of 9:00 - 2:00. Salvation Army Thrift Store provides affordable clothing for those in the area. Donations are also accepted Monday – Saturday from 9am to 1pm .

Volunteer/Community service opportunities available in the soup kitchen and thrift store. Must fill out application at www.salvationarmy.org or come to the church office for an application M-F 8:30 AM - 3:30 PM.

Valley Ministries

(717) 349-0067

The Closet Thrift Store

Our clients can find clothes from Newborn through adult clothes. Anything from prom dresses to work boots come in, so you never know what you may find. With a children's' play area, it's a nice place to browse for bargains. We have added a section of household, toys and accessories.

Clients can purchase a bag of clothes for \$5. Household, toys and certain accessories are priced separately. We keep our prices very low so we can continue meeting the community need and our clients can know that their purchases fund The Pantry.

Gift certificates are now available for purchase!

Waynesboro Community & Human Services

(717) 762-6941

Clothing & Household Bank

Thanks to donations from the community our clothing bank is well stocked with clothing, shoes and coats for men, women, and children. We also have household items such as dishes, pots and pans, small appliances, bedding, towels and miscellaneous items for our clients to select as needed. Visits are limited to once a week. There is no charge for any item in our clothing bank.

WHERE TO TURN FOR HELP

Waynesboro New Hope Shelter

(717) 762-5840

New Hope Shelter Thrift Shop

Gently used items, including clothing, furniture, appliances, and tools are made available for sale. All proceeds from the thrift shop assist in supporting the two shelters.

Garden Program

NETwork Ministries

(717) 264-4640

Garden & Market

This program trains youth to work as entrepreneurs in the kids community garden at NETwork and at our local North Square Farmers Market. Youth learn to grow and harvest produce, to work hard, responsibility, and practical job skills. All summer long, we meet four times a week, with Saturdays being devoted to being at the market. Over 40 youth were involved last year! NETwork also hosts a community garden for neighborhood adults and families in our community. This opportunity is open to anyone in the Chambersburg area who desires to learn to grow food and to work together with others in this endeavor. Jazz in the Garden Near the end of the summer, we host a wonderful event called Jazz in the Garden, featuring live jazz music, delicious hors d'oeuvres, and tours of our garden.

Gardening Club

Penn State Cooperative Extension - Franklin County

(717) 263-9226

Franklin County Master Gardener

Through their local outreach, Penn State Master Gardeners educate both youth and adults in communities throughout Pennsylvania. The Penn State University Master Gardener program was established to assist Cooperative Extension in reaching the consumer horticulture audience. Master Gardeners are volunteers trained by the Penn State Extension. Once they complete their training, Master Gardeners help Extension better serve the home gardening public by answering questions, speaking to groups, working with 4-H gardening projects, maintaining demonstration gardens, teaching plant sciences and horticulture, writing gardening articles, and many other ways. Master Gardeners are willing and able to educate individuals and groups on topics such as vegetable and flower gardening, plant selection, composting and soil health, controlling pests safely, pollinator gardening, pruning, and more.

WHERE TO TURN FOR HELP

Gas Bill Payment Assistance

Franklin County Assistance Office

(877) 289-9177

LIHEAP (Energy Assistance, Utility Help) - Franklin

The Low-Income Home Energy Assistance Program, also known as LIHEAP, helps low-income families pay their heating bills. LIHEAP is a grant that offers assistance in the form of a cash grant, sent directly to the utility company, or a crisis grant for households in immediate danger of being without heat.

Crisis Grants: In addition to the LIHEAP cash program, households experiencing a heating crisis may be eligible for additional benefits through the LIHEAP crisis program. Emergency situations include: Broken heating equipment or leaking lines that must be fixed or replaced. Lack of fuel. The main heating source or second heating source (a source that is used to operate the main heating source or used if the main heating source is not working) has been completely shut-off. Danger of being without fuel (less than a 15 day supply) or of having utility service terminated (received a notice that service will be shut off within the next 60 days). Assistance with home heating crisis situations will be available 24 hours a day; in most counties, you should contact your local county assistance office.

Franklin County Veteran Affairs

(717) 263-4326

Pennsylvania State Benefits - Veterans Temporary Assistance

Purpose: Provide temporary financial assistance to Veterans and their beneficiaries who reside in Pennsylvania for the necessities of life (food, dairy, shelter, fuel and clothing).

Veterans' Eligibility Criteria:

-A person who served in the Armed Forces of the United States, who:

*Was discharged under honorable conditions after a period of active duty, other than active duty for training, as evidenced by a DD Form 214 or other official documentation, or

*Died in service or was killed in action, or

*Suffered a service-connected disability as certified by the United States Veterans' Administration.

Need for Temporary Assistance Criteria:

UNEXPECTED Financial circumstances temporarily resulting in insufficient funds to pay for shelter and necessities of living for the Veteran and family.

Call Franklin County Veterans Affairs for more information concerning Veterans Temporary Assistance.

Newburg First Church of God

(717) 423-6279

Financial Assistance

Newburg First Church of God provides rental or utility assistance those ONLY IN THE ZIP CODE 17240.

WHERE TO TURN FOR HELP

Pennsylvania Wounded Warriors

(855) 729-9435

Pennsylvania Wounded Warriors

PAWW is an independent statewide non-profit 501©(3) organization providing support to Pennsylvania Wounded Warriors, Veterans in Crisis, and their families. We are not affiliated with nor a part of any national organization, including Wounded Warrior Project, and we do not receive any funds from them. We provide emergency financial assistance to veterans to help pay for housing, utilities, transportation, medical and other expenses. We pay directly to landlords, vendors and creditors.

Waynesboro Community & Human Services

(717) 762-6941

Emergency Financial Assistance & Dollar Energy Fund

The Financial Assistance Program assists clients who have a utility shut off or utility is off, first month or late rent payments to prevent homelessness, fuel oil, and prescriptions.

WCHS is authorized to complete Dollar Energy applications in Franklin County.

Gas Money Assistance

Waynesboro Community & Human Services

(717) 762-6941

Emergency Financial Assistance & Dollar Energy Fund

The Financial Assistance Program assists clients who have a utility shut off or utility is off, first month or late rent payments to prevent homelessness, fuel oil, and prescriptions.

WCHS is authorized to complete Dollar Energy applications in Franklin County.

Gastric Bypass Surgery

WellSpan Health Surgeons Services

(717) 765-5060

WellSpan Health Surgical Group - Waynesboro

At WellSpan Surgical Group, your care is our first concern. With the best technology and state-of-the-art surgical procedures, we strive to provide you with the highest level of care.

- Surgical Procedures
- Aesthetic (Skin lesions, Melanoma)
- Bariatric Surgery (Gastric Banding/Bypass)
- Breast Cancer
- General surgery
- Robotic Vascular

Additional Services

- Breast cancer risk assessment clinic
- Evaluation and management of chronic non healing wounds including venous stasis ulcers
- Evaluation and management of diabetic foot problems

WHERE TO TURN FOR HELP

WellSpan Health Surgeons Services

(717) 217-6800

WellSpan Health Surgical Group - Chambersburg

At WellSpan Surgical Group, your care is our first concern. With the best technology and state-of-the-art surgical procedures, we strive to provide you with the highest level of care.

- Surgical Procedures
- Aesthetic (Skin lesions, Melanoma)
- Bariatric Surgery (Gastric Banding/Bypass)
- Breast Cancer
- General surgery
- Robotic Vascular

Additional Services

- Breast cancer risk assessment clinic
- Evaluation and management of chronic non healing wounds including venous stasis ulcers
- Evaluation and management of diabetic foot problems

WellSpan Health Surgeons Services

(717) 217-6986

Stephen L Carter, M.D.

At Stephen L. Carter, M.D., your surgical procedures are treated with leading-edge technologies and specialized care. Services Breast disease evaluation and surgery for cancer and benign disease Risk assessment and genetic testing for breast cancer Breast ultrasound Minimally invasive breast biopsies- stereotactic and ultrasound guided Thyroid and parathyroid surgery Laparoscopic and open hernia repairs- umbilical, ventral, and inguinal hernias Colon surgery for benign disease and cancer Minimally invasive gallbladder surgery Lymph node evaluation and treatment Skin evaluation with biopsy Melanoma and skin cancer surgery Treatment of cysts, abscesses, boils, non-healing wounds and ulcers Hemorrhoid and ano-rectal surgery Chemotherapy catheter placements

WellSpan Health Surgeons Services

(717) 217-6800

WellSpan Health Surgical Group - Shippensburg

At WellSpan Surgical Group, your care is our first concern. With the best technology and state-of-the-art surgical procedures, we strive to provide you with the highest level of care.

- Surgical Procedures
- Aesthetic (Skin lesions, Melanoma)
- Bariatric Surgery (Gastric Banding/Bypass)
- Breast Cancer
- General surgery
- Robotic Vascular

Additional Services

- Breast cancer risk assessment clinic
 - Evaluation and management of chronic non healing wounds including venous stasis ulcers
 - Evaluation and management of diabetic foot problems
-

WHERE TO TURN FOR HELP

GED Courses

Hope Reformed Presbyterian Church

(717) 532-8998

GED Classes

GED Classes for any adult needing to get their high school diploma.

Lincoln Intermediate Unit 12

(717) 253-1871 Ext 3506

(CareerLink Enrollment)

General Education Development (GED) Prep

These classes prepare adults for the GED test by reviewing and building skills in English grammar, writing, reading, and math. Many students feel more confident taking the actual GED test after this review of skills. A GED practice test can also be administered to the students in these classes and afford them an opportunity to experience the types of questions that will be asked on the official GED test. GED test registration is done on gedtestingservices.com website for adults wanting to take the GED test. Classes are held at separate locations: PA CareerLink Center 600 Norland Avenue Chambersburg, PA 17201 Waynesboro High School 550 E Second Street Waynesboro, PA 17268

GED Preparation

Lincoln Intermediate Unit 12

(717) 253-1871 Ext 3506

(CareerLink Enrollment)

General Education Development (GED) Prep

These classes prepare adults for the GED test by reviewing and building skills in English grammar, writing, reading, and math. Many students feel more confident taking the actual GED test after this review of skills. A GED practice test can also be administered to the students in these classes and afford them an opportunity to experience the types of questions that will be asked on the official GED test. GED test registration is done on gedtestingservices.com website for adults wanting to take the GED test. Classes are held at separate locations: PA CareerLink Center 600 Norland Avenue Chambersburg, PA 17201 Waynesboro High School 550 E Second Street Waynesboro, PA 17268

Genealogy Services

Franklin County Library System

(717) 263-1054

Coyle Free Library

Known as the district center of regional library services, it is a public library with materials and programs for children, teens, and adults. Public computers are available for use. A reference librarian is onsite. Genealogy help is also available. English/Spanish education is available. Please phone the library for more information on current program offerings.

Girl Scouts

Girl Scouts in the Heart of Pennsylvania - Harrisburg

(717) 233-1656

Girl Scouts in the Heart of Pennsylvania - Harrisburg

Informal educational activities in troop/group setting to promote character development, citizenship training and self-esteem; informal education and career exploration; recreational, day, and overnight resident camping.

WHERE TO TURN FOR HELP

Girl Scouts in the Heart of Pennsylvania - Harrisburg

(717) 233-1656

Girl Scouts in the Heart of Pennsylvania - Harrisburg Summer Camps

Overnight camping with arts, crafts, horseback riding, hiking, ecology study, and trips. One or two week sessions or long weekend.

Girls Club

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Girls Circle

Healthy Communities Partnership takes special care to understand the unique needs of teenagers, parents, and families. Sometimes the choices young people make affect more than themselves, their choices affect their families, schools, and communities. The following programs are designed to help teens and families navigate a variety of troubling waters. Girls Circle - a structured support group for girls from 9-18 years, integrates relational theory, resiliency practices, and skills training in a specific format designed to increase positive connection, personal and collective strengths, and competence in girls.

Goodwill Industries

Goodwill - Horizon Goodwill Industries

(717) 597-0868

Goodwill Store - Greencastle

Each store sells a wide variety of new to gently used clothing, household items, furniture, books and toys at affordable prices. With thousands of items added to the retail sales floor daily, inventory is ever changing.

Goodwill - Horizon Goodwill Industries

(717) 762-4561

Goodwill Store - Waynesboro

Each store sells a wide variety of new to gently used clothing, household items, furniture, books and toys at affordable prices. With thousands of items added to the retail sales floor daily, inventory is ever changing.

Goodwill Keystone Area, Harrisburg

(717) 267-0488

Goodwill Store and Donation Center - Chambersburg

In support of the mission and to provide training opportunities, Goodwill Keystone Area collects and sells donated items in more than 40 Goodwill thrift stores and donation centers in 22 central and southeastern Pennsylvania counties: Adams, Berks, Bucks, Chester, Cumberland, Dauphin, Franklin, Juniata, Lancaster, Lebanon, Lehigh, Lycoming, Mifflin, Montgomery, Montour, Northampton, Northumberland, Perry, Schuylkill, Snyder, Union and York. Goodwill trainees often start their careers in our stores and donation centers.

Grandparent Supportive Services

Franklin County Area Agency on Aging

(717) 263-2153

Grandparents Program

Support services are available which include:

- Information to caregivers about available services
- Assistance to caregivers in gaining access to the services
- Individual counseling, organization of support groups, training of caregivers to assist them in decision making and problem-solving that are related to their caregiving roles.
- Reimbursement for services and/or supplies.

WHERE TO TURN FOR HELP

Grants Programs and Management

Franklin County Grants Management

(717) 709-7218

Grants Management

The Franklin County Grants Management Department is available to help County agencies and eligible non-profits research, screen, develop, edit, apply for and manage a successful grant. The Department is also responsible for the application process for some of the County-issued requests for proposals. Information about available grants can be found online at their website.

WellSpan Health - Endowment Services

(717) 267-4861

Summit Endowment

Summit Endowment exists to identify and address the areas health needs by supporting the development of programs and activities of non-profit organizations that will measurably improve the health of our neighbors. The Summit Endowment provides grants to non-profit (501c3) organizations in the area for collaborative, outcome-focused projects that address health issues affecting residents in Summit Health's service areas. The WellSpan Endowment Committee, a committee of the WellSpan Health Board, serves as the Grant Review Committee and maintains independent authority to review proposed projects, award funds, and monitor progress of funded projects.

Grief Counseling

Pennsylvania Counseling Services

(717) 261-1426

Outpatient Services

Offers treatment and counseling services for mental health and addictions issues. Includes individual, group and family, couples and family counseling. Specializes in eating disorders, co-dependency, trauma, abuse, sexual addiction, anger management, self-injury behavior, ADHD, grief and loss, family conflict, marital conflict, depression, anxiety, play therapy, gambling addiction, substance abuse counseling, addictions counseling, etc.

Grief Resources

Drew Michael Taylor Foundation

(717) 532-8922

Grief and Loss Lending Library

The Drew Michael Taylor Foundation offers a grief and loss lending library for community use. The library contains books, pamphlets, DVDs and other resources related to grief, death and dying.

Grief Support Group

Drew Michael Taylor Foundation

(717) 532-8922

"The Perfect Blend"

Coffee, crafting and conversation for adults grievers who are grieving the death of a loved one from any circumstance. Community Group (open to grievers and non grievers who wish to show their support for those who are grieving) – Wed. Mornings from 10:00 AM - 12:00 PM –

We'll gather on Wed. mornings at the DMTF Center for Grieving Families to work on any crafty projects you wish to bring. We have adult coloring books and puzzles for those who do not have their own craft projects. (*from time to time, we might even have a group craft project). Coffee/tea provided. Bring a snack to share if you want to!

WHERE TO TURN FOR HELP

Drew Michael Taylor Foundation

(717) 532-8922

GriefKnits Support Group

2nd Thursday of each month – 7:00-8:30 p.m. – Knitting has shown positive mental health benefits for griever. Come and meet others who are grieving the death of a loved one and learn to knit too! If you're a griever who already knows how to knit/crochet, bring your current project with you or another craft project of your choice! This group meets at the Drew Michael Taylor Foundation, 946 Ashton Dr., Shippensburg.

Drew Michael Taylor Foundation

(717) 532-8922

Drew's Hope - Family Grief Support

Dealing with grief is challenging, especially for children and teens. Drew's Hope is a free grief and loss support program offered each fall and spring for children, teens and their families who are grieving the death of a loved one (family member or friend). The seven session program is facilitated by counseling students and professors from Shippensburg University and is held on the campus of Shippensburg University (and Greencastle Antrim Middle School as needed). Each session includes a complimentary dinner, followed by separate support sessions for children, teens and adults.

Drew Michael Taylor Foundation

(717) 532-8922

Bereaved Parents Support Group

4th Thursday- 7:00 – 8:30 p.m. for parents/guardians who are grieving the death of a child of any age -infant through adult.

Sweet Grace Ministries

(717) 414-7772

Sweet Grace Ministries Support Group

Support Group for parents who have suffered a stillborn or infant loss.

WellSpan Health Support Groups

(717) 262-4495

Beyond Grief Support Group

The Beyond Grief Support Group is designed for those who are grieving the death of a loved one. Free class - No registration required

Grief Support Group - Substance Abuse Death

Drew Michael Taylor Foundation

(717) 532-8922

Healing Together Support Group

3rd Thursday of each month in Shippensburg. 7-8:30 p.m. This education/discussion-based group is for any adults who are grieving the death of a loved one. The 3rd Thursday group meets at the DMTF Center for Grieving Families, 946 Ashton Drive, Shippensburg.

WHERE TO TURN FOR HELP

Hard Of Hearing

Deafnet Association, Inc

(301) 791-9025

Deaf & Hard of Hearing Services

Deafnet Association, Inc. is a private, non-profit agency. We promote the concerns that affect the Deaf and Hard of Hearing community in the four-state area of Western Maryland, the Northern and Eastern Panhandle of West Virginia, South Central Pennsylvania, and North Western Virginia. Formed in November 1986, Deafnet provides a mechanism for people with hearing loss to advocate for the improvement of existing services and the creation of new ones. Deafnet is supported by people who, like you, are interested in making our community accessible to the Deaf or Hard of Hearing population and receives no federal or state funding. Deafnet provides sign language classes, interpreting and advocacy for the deaf. Training on the use of TTY's as well as on the American with Disabilities Act of 1990 (ADA) is also provided.

Head Start Program

First Start Partnerships for Children and Families

(717) 263-8019

Early Head Start, Head Start and Pre-K Counts

First Start Partnerships for Children and Families is committed to serving our children and families, prenatal through age 5, with the highest quality care and education to develop each person to their fullest potential. Our program is rated at the highest quality level possible in Pennsylvania – Keystone STARS FOUR. Our 34 classrooms primarily serve children ages 3-5, with three classrooms serving children from 12 months to three years old. In addition to the classrooms, a Home Visiting program is offered with weekly visits to pregnant mothers and/or children up to age three to support them in parenting and other goals. First Start Partnerships for Children and Families is a free program offered to families throughout Franklin County. Families can enroll by visiting www.firststartpartnerships.org

Fulton County Family Partnership, Inc.

(717) 485-6767

Early Head Start

Early Head Start (EHS) is a comprehensive program available to low income families from pregnancy until children reach 3 years of age. Families of children with special needs are eligible regardless of income.

Early Head Start also emphasizes family development. We encourage parents to identify and work towards goals to improve their lives.

PathStone Corporation - Chambersburg

(717) 264-2839

Child & Family Development Services

PathStone's Child & Family Development Services provides Migrant & Seasonal Head Start and Pennsylvania Pre – K Counts in Franklin County, PA.

WHERE TO TURN FOR HELP

Shippensburg University Head Start Program

(717) 477-1626

Early Head Start, Head Start and Pre-K Counts Program

Early Head Start, Head Start, and Pre-K Counts Programs are center-based and home-based services, which provide education, health and social services and nutrition services:

- Education - Provide a developmentally appropriate learning environment and varied experiences for children
- Parent Engagement - Provide opportunities for the parent's participation in the child's education, as well as in decision making for the program
- Social Services - Educate parents about community services and how to use them
- Health - Provide an overall health service program including dental, medical and nutrition services to enrolled children
- Nutrition and Food - Provide food to meet child's needs and offer nutrition education programs
- Special Needs - All children with special needs receive the full range of services available to other Head Start children

Health And Safety Services

WellSpan Health Occupational Health Services

(717) 267-3000

WellSpan Occupational Health

At WellSpan Occupational Health, we offer a wide variety of safety and preventative services to employers, organizations, students and travelers. We offer flexible scheduling, prompt test results reporting and same day office visits for injured workers. Our medical team is knowledgeable and compliant with DOT regulations and recommendations. They are available for your convenience with immediate on-site evaluations.

Health Insurance - State and Federal

Franklin County Assistance Office

(877) 289-9177

Medical Assistance / Medicaid - Franklin

Medical Assistance, also known as Medicaid, and sometimes referred to as MA, pays for health care services for eligible individuals.

Keystone Community Outreach

(717) 709-7922

Keystone Community Outreach Enrollment Navigators

Keystone Health's Outreach Enrollment Navigators can help connect you and your family to health coverage in Franklin County. You may qualify for free or low-cost health insurance! We can help with Medicaid, CHIP or the new Pennie – Pennsylvania's state-based health insurance exchange.

Health Insurance - Children's

Keystone Community Outreach

(717) 709-7922

Keystone Community Outreach Enrollment Navigators

Keystone Health's Outreach Enrollment Navigators can help connect you and your family to health coverage in Franklin County. You may qualify for free or low-cost health insurance! We can help with Medicaid, CHIP or the new Pennie – Pennsylvania's state-based health insurance exchange.

WHERE TO TURN FOR HELP

Health Insurance - Counseling and Enrollment

Franklin County Area Agency on Aging

(717) 263-2153

PA MEDI

PA MEDI is a federally funded program administered through Area Agency on Aging and is designed specifically to help Pennsylvanian's on Medicare. PA MEDI counselors answer questions about Medicare benefits and provide easy to understand information. Counselors are available to review and answer questions related to Medicare Advantage Plans, Medicare Supplement Plans, Medicaid, Medicare Appeals, financial assistance, and Medicare Prescription Drug Plans. PA MEDI is a free unbiased resource for anyone who is Medicare eligible. One-on-one counseling sessions are held by certified volunteers committed to assisting beneficiaries with any Medicare questions or concerns. PA MEDI volunteers are also available for Medicare presentations and information sessions.

Keystone Community Outreach

(717) 709-7922

Keystone Community Outreach Enrollment Navigators

Keystone Health's Outreach Enrollment Navigators can help connect you and your family to health coverage in Franklin County. You may qualify for free or low-cost health insurance! We can help with Medicaid, CHIP or the new Pennie – Pennsylvania's state-based health insurance exchange.

Social Security Administration- Franklin Program

(800) 772-1213

Social Security Administration- Franklin

A national program of contributory social insurance. Employees, employers and the self-employed pay contributions that are pooled in special trust funds. These funds provide income to workers and dependents in the event of retirement, disability or death. SSA also administers Medicare and the Supplemental Security Income (SSI) program for the aged, blind and disabled. Local offices accept applications, determine eligibility, hear appeals and are available to assist individuals trying to access benefits.

Health Insurance - Marketplace Navigation

Keystone Community Outreach

(717) 709-7922

Keystone Community Outreach Enrollment Navigators

Keystone Health's Outreach Enrollment Navigators can help connect you and your family to health coverage in Franklin County. You may qualify for free or low-cost health insurance! We can help with Medicaid, CHIP or the new Pennie – Pennsylvania's state-based health insurance exchange.

Health Insurance - Veteran Benefits

Franklin County Veteran Affairs

(717) 263-4326

Federal Benefit - Health Care Enrollment

If you served in the active military service and were separated under any condition other than dishonorable, you may qualify for VA health care benefits. Current and former members of the Reserves or National Guard who were called to active duty by a federal order and completed the full period for which they were called or ordered to active duty may be eligible for VA health benefits as well. VA Healthcare is limited to veterans, survivors and dependents are not eligible. It is strongly suggested that veterans apply for health care enrollment and let the VA Health Care determine eligibility.

WHERE TO TURN FOR HELP

Healthy Living Programs

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Kids Power of Produce (POP) Club

This program is currently operated mid-May through November in Chambersburg at the North Square Farmers Market. The POP program operates on Saturday mornings. Children ages 2-16 receive \$2 in tokens each week to spend on fresh produce at the market. Health, wellness, and nutrition workshops are held on certain weekends through out these months.

Hearing Aid Fittings and Repairs

Beltone Hearing Aid Center

(717) 300-7163

Beltone Hearing Aid Center - Shippensburg

Beltone Hearing Aid Center will provide comprehensive hearing evaluations and recommend the proper hearing device for your specific hearing loss. We also service and repair all makes and models for those in need of hearing services. Additionally, CapTel telephones can be ordered for you free of charge when you become a Beltone customer.

Beltone Hearing Aid Center

(717) 753-3344

Beltone Hearing Aid Center - Chambersburg

Beltone Hearing Aid Center will provide comprehensive hearing evaluations and recommend the proper hearing device for your specific hearing loss. We also service and repair all makes and models for those in need of hearing services. Additionally, CapTel telephones can be ordered for you free of charge when you become a Beltone customer.

Beltone Hearing Aid Center

(717) 386-5640

Beltone Hearing Aid Center - Carlisle

Beltone Hearing Aid Center will provide comprehensive hearing evaluations and recommend the proper hearing device for your specific hearing loss. We also service and repair all makes and models for those in need of hearing services. Additionally, CapTel telephones can be ordered for you free of charge when you become a Beltone customer.

Beltone Hearing Aid Center

(717) 763-1210

Beltone Hearing Aid Center - Camp Hill

Beltone Hearing Aid Center will provide comprehensive hearing evaluations and recommend the proper hearing device for your specific hearing loss. We also service and repair all makes and models for those in need of hearing services. Additionally, CapTel telephones can be ordered for you free of charge when you become a Beltone customer.

Keystone Medical Services

(717) 709-7997

Keystone Pediatric Developmental Center

Provides comprehensive and individualized occupational therapy, speech therapy and audiology services including evaluation and treatment of communication disorders, hearing testing, hearing aid fittings and repairs, speech disorders, as well as occupational and speech therapy services for children, adolescents and young adults whose impairments are a result of injury, illness or congenital defects.

WHERE TO TURN FOR HELP

Hearing Impaired Services

Deafnet Association, Inc

(301) 791-9025

Deaf & Hard of Hearing Services

Deafnet Association, Inc. is a private, non-profit agency. We promote the concerns that affect the Deaf and Hard of Hearing community in the four-state area of Western Maryland, the Northern and Eastern Panhandle of West Virginia, South Central Pennsylvania, and North Western Virginia. Formed in November 1986, Deafnet provides a mechanism for people with hearing loss to advocate for the improvement of existing services and the creation of new ones. Deafnet is supported by people who, like you, are interested in making our community accessible to the Deaf or Hard of Hearing population and receives no federal or state funding. Deafnet provides sign language classes, interpreting and advocacy for the deaf. Training on the use of TTY's as well as on the American with Disabilities Act of 1990 (ADA) is also provided.

Hearing Tests

Beltone Hearing Aid Center

(717) 753-3344

Beltone Hearing Aid Center - Chambersburg

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Beltone Hearing Aid Center

(717) 763-1210

Beltone Hearing Aid Center - Camp Hill

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Beltone Hearing Aid Center

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WHERE TO TURN FOR HELP

Keystone Medical Services

(717) 709-7997

Keystone Pediatric Developmental Center

Provides comprehensive and individualized occupational therapy, speech therapy and audiology services including evaluation and treatment of communication disorders, hearing testing, hearing aid fittings and repairs, speech disorders, as well as occupational and speech therapy services for children, adolescents and young adults whose impairments are a result of injury, illness or congenital defects.

Heating Fuel Payment Assistance

Christ Among Neighbors

(717) 532-7577

Christ Among Neighbors

CAN may provide assistance in the form of help with rental, utility bills, clothing or medical bills. This assistance may include emergency service delivery and/or referrals/consultations to other agencies or organizations with the means to solve the problem. The serviced areas are defined as comprising the Shippensburg Area School District and the village of Walnut Bottom (zipcode 17266 and zip code 17257 on High Mountain Road)

Franklin County Assistance Office

(877) 289-9177

LIHEAP (Energy Assistance, Utility Help) - Franklin

The Low-Income Home Energy Assistance Program, also known as LIHEAP, helps low-income families pay their heating bills. LIHEAP is a grant that offers assistance in the form of a cash grant, sent directly to the utility company, or a crisis grant for households in immediate danger of being without heat.

Crisis Grants: In addition to the LIHEAP cash program, households experiencing a heating crisis may be eligible for additional benefits through the LIHEAP crisis program. Emergency situations include: Broken heating equipment or leaking lines that must be fixed or replaced. Lack of fuel. The main heating source or second heating source (a source that is used to operate the main heating source or used if the main heating source is not working) has been completely shut-off. Danger of being without fuel (less than a 15 day supply) or of having utility service terminated (received a notice that service will be shut off within the next 60 days). Assistance with home heating crisis situations will be available 24 hours a day; in most counties, you should contact your local county assistance office.

WHERE TO TURN FOR HELP

Franklin County Veteran Affairs

(717) 263-4326

Pennsylvania State Benefits - Veterans Temporary Assistance

Purpose: Provide temporary financial assistance to Veterans and their beneficiaries who reside in Pennsylvania for the necessities of life (food, dairy, shelter, fuel and clothing).

Veterans' Eligibility Criteria:

-A person who served in the Armed Forces of the United States, who:

*Was discharged under honorable conditions after a period of active duty, other than active duty for training, as evidenced by a DD Form 214 or other official documentation, or

*Died in service or was killed in action, or

*Suffered a service-connected disability as certified by the United States Veterans' Administration.

Need for Temporary Assistance Criteria:

UNEXPECTED Financial circumstances temporarily resulting in insufficient funds to pay for shelter and necessities of living for the Veteran and family.

Call Franklin County Veterans Affairs for more information concerning Veterans Temporary Assistance.

Newburg First Church of God

(717) 423-6279

Financial Assistance

Newburg First Church of God provides rental or utility assistance those ONLY IN THE ZIP CODE 17240.

PathStone Corporation - Chambersburg

(717) 264-2839

PathStone - Emergency Food and Shelter (Migrant & Farm Workers)

Serve the one-time emergency needs of migrant and seasonal farmworkers and other rural disadvantaged people who may not be eligible for other emergency services. Services include: Nutritional assistance, emergency shelter, first month rental assistance, rent in arrears assistance, mortgage assistance and utilities in arrears assistance (one-time only assistance)

Pennsylvania Wounded Warriors

(855) 729-9435

Pennsylvania Wounded Warriors

PAWW is an independent statewide non-profit 501©(3) organization providing support to Pennsylvania Wounded Warriors, Veterans in Crisis, and their families. We are not affiliated with nor a part of any national organization, including Wounded Warrior Project, and we do not receive any funds from them. We provide emergency financial assistance to veterans to help pay for housing, utilities, transportation, medical and other expenses. We pay directly to landlords, vendors and creditors.

The Salvation Army, Chambersburg

(717) 264-6169

Office of Aging Senior Heating Assistance

Salvation Army handles the Office of Aging Seniors Heating Assistance for all of Franklin County. Assistance is available for help in paying their heating (electric, kerosene, fuel oil) bill. Individuals who are age 60 and over can apply for assistance with their heating bill during the time frame of December 1 - April 30 or until funding is depleted.

WHERE TO TURN FOR HELP

Waynesboro Community & Human Services

(717) 762-6941

Emergency Financial Assistance & Dollar Energy Fund

The Financial Assistance Program assists clients who have a utility shut off or utility is off, first month or late rent payments to prevent homelessness, fuel oil, and prescriptions.

WCHS is authorized to complete Dollar Energy applications in Franklin County.

Helpline

CONTACT Helpline

(717) 652-4400

CONTACT Helpline - Helpline Information and Referral

Health and human service Information and referral to thousands of services, agencies, support groups and hotlines.

Franklin County Human Services Administration

(717) 261-2561

Information and Referral Services

Franklin County Human Services Information and Referral (I&R) is an available service to anyone who is seeking information regarding the availability of human service agencies and the programs that they offer for those residing in Franklin County.

Individuals who are uncertain of how to access the information or services that they desire are encouraged to contact us.

Additionally, I&R provides resource materials in the form of the Where to Turn for Help guide, reentry guide, Human Services Directory, etc.

HIV Testing

Keystone Community Health Services

(717) 709-7909

STD Service

Free STD testing and treatment. Testing for HIV and Hepatitis C.

Keystone Community Health Services

(717) 709-7909

Keystone HIV Program

Free HIV counseling and testing. Community outreach and education. Services for persons living with HIV including medical care, medications, case management and financial assistance with housing, medications and other basic needs.

Keystone Community Health Services

(717) 709-7909

Family Planning

Services to plan and prevent pregnancy including a variety of birth control options. Other related services including HIV and STD testing and treatment, PAPs.

WHERE TO TURN FOR HELP

Holiday Program

The Salvation Army, Chambersburg

(717) 264-6169

Angel Tree & Holiday Program

A seasonal holiday program that allows for individual who reside in the following zip codes: Chambersburg (17201, 17202), Scotland (17254), St Thomas (17252), and Fayetteville (17222), the ability to sign up their children for Christmas gifts or other holiday program events.

Home Health Care Services

Aveanna Healthcare - Franklin County

(717) 263-2190

Home Health Care Services

Aveanna's customized home healthcare services enable our patients with complex medical needs to live in a familiar, comfortable setting while receiving compassionate care from experienced professionals. Our Chambersburg office provides Pediatric / Adult Private Duty Nursing and Pediatric / Adult Personal Care.

Christian Companion Senior Care

(717) 264-0500

Companionship and Personal Care

At Christian Companion Senior Care serving Chambersburg, Pennsylvania, we pride ourselves in providing our clients with assisted living options that will greatly improve their happiness, health, safety, and independence. The home care services that we provide include: Fellowship and companionship Assistance with personal care and grooming Light housekeeping Meal planning and preparation Spiritual encouragement, if requested Provide reliable transportation Assistance with shopping and running errands Senior Connect, providing Skype, email service, and internet access to community and church offerings Safety and security assistance Mental stimulation through activities and/or hobbies Help making medical and other appointments Our caregivers provide loving support that often is not provided by visiting nurses, therapists, and other care providers. So even if your loved one is already receiving home visits from a medical professional, we can still help!

Comfort Keepers, Fayetteville PA

(717) 352-2133

Senior Care and End of Life Care

Our aim is to provide care and comfort to your loved one and to help families make the most of their limited time together. We help by providing: bathing, dressing, and toileting assistance for your loved one. Light house cleaning, laundry as needed, food preparation, and companionship are also provided to your loved one so you can get a much-needed break. We can also continue to help after a loved ones passing. Our Comfort Keepers can help families deal with the loss and assist with tasks such as organizing personal items and moving belongings or just simply being there to listen if family members need to talk and process their grief.

WHERE TO TURN FOR HELP

Comfort Keepers, Fayetteville PA

(717) 352-2133

Respite Care/Non-Medical Home Care

Respite care services provide home care assistance to give you time to leave the home for a few hours or even a few days, knowing the one you care for is in good hands. This creates time to: take care of the errands you never seem to have time to do. catch up on your shopping. attend a support group meeting. visit doctor or dentist for routine care. give yourself a much-needed rest. Comfort Keepers respite services can be scheduled for as little as a few hours a week. Additionally, around-the-clock home care assistance can be arranged so you can take a longer break to attend a wedding out of town, take a child to college, or go on a much-needed vacation. Comfort Keepers also provides in-home care that makes a difference in the lives of seniors. Services offered include personal care, such as bathing, grooming, incontinence care and Companionship Services such as Meal Preparation, Light Housekeeping, Medication Reminders and Laundry.

Comfort Keepers, Fayetteville PA

(717) 352-2133

Hosiery Service

Hosiery Service is a service that allows for Comfort Keepers to assist individuals with their shoes and socks. It is the newest program, designed to assist those who are needing to wear "Support Hosiery" to avoid devastating leg distress due to disease or surgery. These types of support stockings are almost impossible to put on or take off without assistance. No wound dressing is included with this service. Staff will only be in your home 15 minutes or less, depending on the time it takes for your fitting.

Community Home Health Care, Inc.

(717) 261-2546

Community Home Health Care, Inc.

Community Home Healthcare, Inc. provides clients with professional, comprehensive services, including skilled nursing, physical, occupational and speech therapies, social services, and home health aides to meet individual needs in the comfortable environment of their own homes.

Epilepsy Association of Western and Central Pennsylvania - Harrisburg

(800) 361-5885

CareShare Program

Respite Service: A limit of 25 hours of care can be given to each person in a 1-year time frame provided in-home to patients with an active diagnosis of epilepsy/seizure diagnosis.*This program does NOT provide long-term care. The EAWCP will make every effort to find another source of services but makes no promises that long-term care can be secured. This is a temporary program and may not become a permanent service of the EAWCP.

Fulton County Medical Center

(717) 485-6118

Team Home Health Services

We provide in home skilled nursing, home health aides, physical therapy, occupational therapy, and medical social service. When treatment from multiple healthcare disciplines is required Team Home Health work closely with one another to establish a seamless program of coordinated care. Specialties: Wound Care/ Wound VAC IV Infusion Cardiac Management/Post CABG/CHF/Post CVA Post Surgery care/Joint Replacement/Amputation Anticoagulation Management Ostomy Care Foley Care Diabetic Management Chemotherapy Administration/Disconnect

WHERE TO TURN FOR HELP

Helping Hands in Home Care, Inc.

(717) 264-1871

Helping Hands in Home Care, Inc.

Helping Hands in Home Care, Inc. offers in home care services from 4 hours a day to 24 hours a day from one day a week to 7 days a week. Services include: Personal care, bathing, dressing, meal preparation, light housekeeping, laundry and transportation.

Home Instead

(717) 398-2565

Home Instead - Adams/Franklin County

We provide non-medical in home care to seniors in their home, or in any setting (skilled nursing, personal care, hospital, etc.). We provide transitional care, companionship, light housekeeping, meal preparation, escort to errands, personal care, respite care, medication reminders and transportation. We are available 24/7, offering as little as 1 hour of services up to 24/7/365.

Kaleidoscope Family Solutions, Inc. (KFS)

(877) 384-1729

Consolidated, Community Living, and Person Family Directed Supports (P/FDS) Waivers

In-home and community services and supports to qualified individuals with intellectual disabilities from ages three and up in the state of Pennsylvania.

- Behavioral Supports
 - In Home Community Supports
 - Community Participation Supports
 - Supported Employment
 - Adult Companion
 - Respite In-Home
-

WHERE TO TURN FOR HELP

Keystone Human Services - Franklin County

(717) 552-2070

Intellectual Disability Services - Residential Services

Residential Services are provided to adults living in licensed and unlicensed provider owned or rented homes. Services are based on the principle that each person has the ability to engage in lifelong learning. Participants are supported to acquire, maintain, or improve their skills to live more independently in the community and participate meaningfully in community life.

Services consist of assistance, support, and guidance in:

- Self-care
- Health maintenance
- Decision making
- Home management
- Personal resource management
- Communication
- Mobility and transportation
- Relationship development and socialization
- Personal adjustment
- Participation in community functions and activities
- Use of community resources

The type and amount of services are determined by the person's need for physical, psychological, and emotional assistances, established through the assessment and person centered planning process.

Residential Services are provided in the person's primary residence and the home is considered their home. Respect for personal routines, rhythms, rights, independence, privacy, and personalization are central to services, as is access to experiences and opportunities for personal growth.

Behavior Support Services are included in Residential Services to support people to manage their own mental health diagnosis and emotional wellness, including self-management of their emotions.

Nurse Consultants through Keystone Human Services are available to support the person and their staff in developing practices that promote good health.

WHERE TO TURN FOR HELP

Person Directed Supports, Inc.

(717) 264-6290

Person Directed Supports, Inc. - Franklin County

Adult Day Programs - Day programs are created to meet each individual's needs and skill set. Both licensed and unlicensed day programs are held in a safe and caring environment with a team of human service professionals.

Adult Residential Programs - Support is provided to individuals in community homes or life sharing with a host family. Each individual is evaluated to determine which living environment will work best for them depending on their needs, wants, and goals.

Behavioral Services - Behavior support services use empirically-validated practices to identify the causes of, intervene to prevent, and create appropriate reactions to problematic behavior.

Vocational Training - Vocational Training provides the supports individuals need to successfully find and maintain a job. Individuals receive assistance to build their resume and discover their skills and abilities.

Companionship Services - A companion is a Direct Services Professional that provides support in the individuals own home while assisting with daily activities and functions.

Behavioral Services - Behavior support services use empirically-validated practices to identify the causes of, intervene to prevent, and create appropriate reactions to problematic behavior. Vocational Training - Vocational Training provides the supports individuals need to successfully find and maintain a job. Individuals receive assistance to build their resume and discover their skills and abilities. Companionship Services - A companion is a Direct Services Professional that provides support in the individuals own home while assisting with daily activities and functions.

WHERE TO TURN FOR HELP

SpiriTrust Lutheran - Franklin County

(717) 264-8178

Home Care & Hospice

Home Health – If you are recovering from an injury, illness or surgery or you need help managing a chronic health condition, our home health care team will help. Our team works with you and your doctor to develop a plan of care that meets your unique needs. Services may include skilled nursing services, physical therapy, occupational therapy, speech therapy, phlebotomy, personal care and medical social services.

Hospice –Our team uses an interdisciplinary approach that means clients and their family members receive support from skilled nurses, compassionate caregivers, grief counselors, spiritual care, volunteers and more. The team assists by managing pain and symptoms, supporting the family, providing education on what to expect and teaching caregiving techniques.

Home Care - Tailored to meet your specific needs, services may include: help with dressing and bathing, grocery shopping, meal preparation, housekeeping, laundry, transportation and shopping and errands. Home care can be arranged for a few hours a day up to 24-hour care.

Palliative Care – Our in-home palliative care team enhances your regular medical treatment. Through medication management, relaxation techniques and coping strategies, we help you control symptoms and carry on with everyday life.

Tender Hearted Services Inc.

(717) 597-9320

Companion and Respite Services

Companion service is intended to assist an individual who is age 18 or older to participate more meaningfully in home and community life. It is provided to individuals living in private homes for the purposes of providing supervision or assistance that is designed to ensure the individual's health, safety and welfare or to perform activities of daily living for the individual. Respite is a service provided on a short-term basis to relieve those persons normally providing care. Respite is provided in two categories: 24-hour respite and 15-minute respite. Respite services may only be provided to those living in a private home. Respite services may also be provided by someone that the person and family already knows who is qualified and willing to provide assistance either in the person's home, the home of a family member or a friend's home.

WHERE TO TURN FOR HELP

Visiting Angels of Adams, Franklin and Cumberland Counties

(717) 241-5900

Home Care Services - Chambersburg

Visiting Angels provides in-home non-medical care for older adults and seniors. We utilize a skilled staff of CNA's, LPN's, and RN's. Consultations are free. Some of the services provided include:

- Grooming Assistance
- Dressing Assistance
- Walking Assistance
- Meal Preparation/Diet Monitoring
- Light Housekeeping
- Errands and Shopping
- Medication Reminders
- Joyful Companionship (Care is Available: Mornings, Mid-Day, and Evenings)
- Temporary or Long Term Care is Available (Weekends and Holiday Care is Available)
- Respite Care for Family Caregivers
- 24 Hour Care is Available

Visiting Angels of Adams, Franklin and Cumberland Counties

(717) 241-5900

Home Care Services - Carlisle

Visiting Angels provides in-home non-medical care for older adults and seniors. We utilize a skilled staff of CNA's, LPN's, and RN's. Consultations are free. Some of the services provided include:

- Grooming Assistance
- Dressing Assistance
- Walking Assistance
- Meal Preparation/Diet Monitoring
- Light Housekeeping
- Errands and Shopping
- Medication Reminders
- Joyful Companionship (Care is Available: Mornings, Mid-Day, and Evenings)
- Temporary or Long Term Care is Available (Weekends and Holiday Care is Available)
- Respite Care for Family Caregivers
- 24 Hour Care is Available

Home Medical Equipment

Chambersburg- Dick's Homecare

(717) 264-1799

Home Medical Equipment Service and Delivery

Sells medical equipment and provides delivery, 24 hour emergency oxygen service (if need emergency oxygen service after normal business hours, call 877-501-4716 for on-call answering service), equipment manufacturer technicians, licensed respiratory therapists, NRRTS Registered and RESHA Certified Assistive Technology professionals.

URGENT NEED: Emergency oxygen service – if an individual needs emergency oxygen service after normal business hours, call 877-501-4716 for on-call answering service.

WHERE TO TURN FOR HELP

CPO2

(717) 267-3431

Medical Equipment and Supplies

Primarily provides oxygen and respiratory equipment for rent for home or institutional use.

Lehigh Valley Respiratory Care

(717) 569-4667

Medical Equipment and Supplies

Primarily provides oxygen and respiratory equipment for rent for home or institutional use.

Lehigh Valley Respiratory Care

(717) 569-4667

Medical Equipment and Supplies

Primarily provides oxygen and respiratory equipment for rent for home or institutional use.

WHERE TO TURN FOR HELP

Home Modification

WHERE TO TURN FOR HELP

Center for Independent Living Opportunities

(717) 849-0991

Center for Independent Living Opportunities

CIL Opportunities is a private, non-profit organization serving people with disabilities, families, and the community in Adams, Franklin, and York counties on issues and needs related to diverse disabilities. CIL Opportunities was founded in 1992 and is governed and staffed mainly by people with disabilities.

Dedicated to the integration of people with diverse disabilities in all aspects of life in our communities, CIL Opportunities focuses on:

- Eliminating barriers
- Ensuring civil rights and equal access
- Promoting independent living

CIL Opportunities provides free and confidential disability related services to people with disabilities, family members, individuals, and local businesses and organizations without regard to age, race, ethnicity, gender, socioeconomic status, sexual orientation/identity, religious background, or severity of disability. All services and special projects prioritize self-determination by people with disabilities and include:

CORE INDEPENDENT LIVING SERVICES

- Peer Mentoring/Support/Counseling - Staff and volunteers provide consumers with emotional support as they work toward their IL goals.
- Life Skills Training - Staff teach consumers (including students) daily living skills (e.g., budgeting, using public transportation, training attendants, using a computer) to increase opportunities to live independently.
- Advocacy - Staff assist consumers in learning what to do if they believe their rights have been violated and helps them gain the confidence to speak for themselves and on behalf of other people with disabilities.
- Information and Referral - Staff and volunteers offer up-to-date information on critical issues and provide referrals to other helpful community resources.
- Transitioning - Staff assist consumers who want to transition from school to work/college AND consumers who have a goal of transitioning from nursing facilities back to the community.

INDEPENDENT MONITORING FOR QUALITY (IM4Q)

- IM4Q - IM4Q operates according to the belief that the best way to evaluate a service is to ask the consumers who use it. So, as part of a statewide initiative by the PA Office of Mental Retardation, the IM4Q Project involves people with developmental disabilities serving as “monitors” to conduct one-on-one quality of life interviews with consumers. CIL Opportunities is responsible for the two-county area funded by the York-Adams Mental Health/Mental Retardation Program.

HOME AND COMMUNITY BASED WAIVERS (HCBS)

- HCBS - The Office of Long Term Living (OLTL), a division under the Department of Public Welfare, funds consumer-directed personal assistance services for Medicaid eligible people with disabilities to maintain independent in their own homes. Under this program, consumers choose service coordinators to assist them in complying with regulations under this program. CIL Opportunities is a current provider of service coordination which includes empowering consumers to achieve their self-identified IL goals along with providing personal emergency response systems (PERS), home modifications, and durable medical equipment (if deemed eligible by OLTL).

CIL Opportunities also provides advocacy for consumers (regardless if chosen as a service coordinator) applying for HCBS services.

WHERE TO TURN FOR HELP

NURSING HOME TRANSITION

- Transition to Nursing Facilities or State Hospitals - CIL Opportunities advocates and assists consumers with IL goals of transitioning out of nursing facilities/state hospitals. This is an unfunded service of which empowers consumers to live the American Dream ... independence. Staff work with consumers in their current living situation on skills building and independence goals in preparation for moving day. We also advocate for consumers who have applied for the nursing home transition program through the PA Department of Aging. CIL Opportunities collect household items from individual donors to assist consumers when moving out (e.g., kitchen items, TVs, bedding, and clothing).

YOUTH TRANSITION

- Youth - CIL Opportunities advocates and assists youth consumers with IL goals of transitioning to college, work, and/or independent living setting. Staff work with students and their schools and parents to work on skills, transitioning, and employment practices.

ADA ACCESSIBILITY GUIDELINES / DISABILITY AWARENESS PROGRAM

- Guidelines and Programs - CIL Opportunities provides ADA Accessibility Guidelines consulting when requested from local business and organizations. Certified staff are very knowledgeable about compliance issues and resolution guidance. We work with local townships, County officials, Housing Authorities (Executive Director is a member of an accommodation board for the local housing group), and other interested organizations to ensure accessibility for all.

CIL Opportunities provides disability awareness trainings to local business, organizations, housing staff, realtors, civil groups, churches, youth groups, sporting facilities, and other interested individuals/groups. Our trainings are created and facilitated by staff, board of directors, and volunteers.

TRANSPORTATION ASSISTANCE

- Transportation - CIL Opportunities assist local transportation providers with disability verifications of applicants as well as empower consumers to apply, advocate for, and utilize their local public transportation. Staff work with individuals in learning how to “ride the bus” and navigate stops/pick-ups, and teach them their ADA rights when using the program.

CONSUMER LIBRARY / VOLUNTEER PROGRAM

- Consumer Library - CIL Opportunities created a consumer library that is open to the public during business hours (free of charge) encouraging people with disabilities and family members to learn computer skills, work on resumes, and research resources for their self-identified IL goals. The library is fully accessible to all disabilities and includes 4 work stations, a CCTV, Braille machine, book resources, and leisure reading materials.

- Volunteer Program - CIL Opportunities’ volunteer program consists of students and people with disabilities from the community learning job skills while volunteering at the CIL. We encourage a work environment and provide job-like duties around the office which are tailored to each student’s/consumer’s self-identified IL/employment goals. We also assist with working on their resumes and doing mock interviews in preparation for their employment goals. We can also provide a business suit/attire for an interview if the situation presents itself. CIL Opportunities, through its volunteer program, provides for some light rehabilitation duties for consumers who may need to work on speech, typing, or other physical activities due to a recent set-back in their health.

WHERE TO TURN FOR HELP

HOME MODIFICATION/DURABLE MEDICAL EQUIPMENT / ASSISTIVE TECHNOLOGY CONSULTING

- Go-To Agency - CIL Opportunities is the go-to agency for local organizations who need assistance in providing services to consumers for Home Modifications/Durable Medical Equipment/Assistive Technology needs.

PENNCARES PENNWORKS™ PARTNER

- What is PennCares PennWorks™ - PennCares PennWorks™ is a new Certificated Integrated Competitive Employment Readiness initiative for Youth and Adults with Physical and Intellectual Disabilities. PennWorks develops training, job exploration, certification and employment supports.

Recognizing that adults with disabilities represent a large and untapped workforce, the Center for Independent Living Opportunities was invited to join the PennWorks initiative in providing the access and training for this group.

* OTHER SERVICES

- Additional CIL Services - The CIL services described above is just a snapshot of what the CIL provides on a daily basis. Each person who chooses to reach out to the CIL has their own unique self-identified IL goals which creates for a case-by-case scenario of services/provisions daily. In addition, CILs are often called upon by other agencies/departments to provide unfunded services (i.e., emergency responses for natural and other disasters).



WHERE TO TURN FOR HELP

Home Modification Loan

Pennsylvania Housing Finance Agency (PHFA)

(800) 822-1174

HomeStyle Renovation Program

The Pennsylvania Housing Finance Agency offers the HomeStyle® Renovation program which allows eligible homebuyers purchasing a home or existing homeowners seeking a refinance mortgage to repair, remodel, renovate or complete energy improvements. Qualified borrowers can fund up to 75% of the "as completed" appraised value of the property. This allows buyers to make needed repairs right away, without having to take out another loan at a higher rate and with a shorter repayment period. This program can be used in conjunction with the HFA Preferred™ program. For Manufactured homes, repairs are limited to the lesser of 50% of the "as completed" appraised value, or \$50,000.

The HomeStyle® Renovation program may be combined with PHFA's Keystone Advantage Assistance Loan, as applicable. Two-unit properties are not eligible for this program.

The home improvement must be permanently affixed to the property and add value to the home.

Common repairs include:

- Roof repair/replacement
- Installation or improvement of heating and/or air conditioning systems
- Upgrades to kitchen and/or bath areas
- Repairs/improvements to plumbing and/or electric systems
- Addition of living space

Luxury amenities such as: swimming pools, tennis courts, hot tubs/Jacuzzis, saunas or other recreational or entertainment facilities, are not eligible.

All repairs must be completed by a qualified and licensed contractor. If the local government (city or municipality) does not require contractors to be licensed, proof of their liability insurance must be supplied and included with the contract. Borrowers may not act as their own contractors, unless that is their profession.

The contract must contain the following items:

- A description of the specific work to be completed. This must be supported by specifications, drawings, photos, etc.;
- A statement of the actual maximum amount that can be charged (not estimated amount);
- A release of lien clause to maintain clear title;
- The contractors agreement to complete the work in compliance with all applicable building codes and zoning restrictions and to obtain the necessary permits;
- The borrowers and the contractors' signatures and date.

Pennsylvania Housing Finance Agency (PHFA)

(800) 822-1174

Pennsylvania Housing Finance Agency - Access Home Modification Program

ACCESS Home Modification Program loans are available to buyers who need to modify the home they are purchasing to suit the living needs of a household member with a disability. Eligible modification items may include, but are not limited to, bathroom modifications; installation of grab bars and handrails; kitchen modifications; lifting devices; main level bathroom or bedroom addition; ramp addition or repair; sidewalk addition or repair; and, widening doorways or hallways.

WHERE TO TURN FOR HELP

Home Modifications

Center for Independent Living of Central Pennsylvania

(717) 731-1900

Home Modification Program

Certified Aging in Place Specialists (CAPS) provide technical assistance, coordination and consultation for accessible home modifications.

Home Ownership Program

Habitat for Humanity of Franklin County

(717) 267-1899

Housing-Homeownership Program, Habitat for Humanity of Franklin County

Habitat is actively seeking partner families who are in need of housing, who are ready to work, and who are excited about the responsibilities of owning a home of their own! Our selection criterion mainly focuses on a family's current need for housing and their financial ability to own and care for a simple, decent house. We offer a hand up " not a hand out as each partner family works alongside our volunteers during the construction process and then purchases the house from Habitat without profit based on a mortgage without interest.

PathStone Corporation - Chambersburg

(717) 264-2839

USDA Single Family Housing Direct Home Loans - 502 Direct Loan

USDA Single Family Housing Direct Home Loans Program 101 - Also known as the Section 502 Direct Loan Program, this program assists low- and very-low-income applicants obtain decent, safe and sanitary housing in eligible rural areas by providing payment assistance to increase an applicant's repayment ability. Payment assistance is a type of subsidy that reduces the mortgage payment for a short time. The amount of assistance is determined by the adjusted family income.

Borrowers are required to repay all or a portion of the payment subsidy received over the life of the loan when the title to the property transfers or the borrower is no longer living in the dwelling. Loan funds may be used to help low-income individuals or households purchase homes in rural areas. Funds can be used to build, repair, renovate or relocate a home, or to purchase and prepare sites, including providing water and sewage facilities. There is no initial consultation fee, however there is a fee for the credit report, application and a packagers fee if you make application.

PathStone Corporation - Chambersburg

(717) 264-2839

Homeownership & Real Estate Development Services

Pathstone's Home Ownership Program educates individuals and families about the home buying process, wealth and asset building, enabling them to move toward successful purchase of safe and affordable housing. PathStone is also a full-service developer in the planning, financing construction and management of complex real estate projects, including housing and community facilities. PathStone real estate development efforts build community assets and support local economies. PathStone Housing Division also offers Credit & Budget Counseling as well as First time homebuyer workshops.

WHERE TO TURN FOR HELP

Pennsylvania Housing Finance Agency (PHFA)

(717) 780-3907

Pennsylvania Housing Finance Agency - Homebuyer Counseling

Homebuyers can participate in counseling and education programs through an approved counseling agency. Borrowers that are considering a PHFA loan product and have a FICO credit score lower than 660 are required to complete a course prior to closing on their loan. PHFA strongly encourages first-time borrowers to consider enrolling in homebuyer counseling.

Pennsylvania Housing Finance Agency (PHFA)

(800) 822-1174

Pennsylvania Housing Finance Agency - Affordable Home Purchase Loans

Offerhome purchase loans with competitive interest rates and lower fees that carry a fixed interest rate for 30 years. Eligible buyers may also qualify for downpayment and/or closing cost assistance loan. PHFA's Purchase Improvement Loan can combine the purchase price and renovation expenses in a single loan - as long as they are supported by the homes appraised value.

USDA Rural Development - Harrisburg Office

(717) 237-2186

USDA Rural Development

Programs available: - Single family housing programs which provides assistance to individuals for purchase, construction, and repair of homes - Rural rental housing program assists to construct new or rehabilitate existing multi-family housing projects - Community facilities program provides assistance to rural communities to build or improve facilities, such as health clinics, child and adult day care centers and fire stations - Rural business program provides assistance to rural areas that need to develop new job opportunities, allowing business and cooperatives to remain viable in a changing community - Water and waste water programs addresses rural Pennsylvania's needs for domestic water, sewage collection and treatment, as well as electricity and telecommunications

Homeless Shelter

Bethesda Mission Men's Shelter

(717) 257-4440

Men's Shelter

A Christian development program which provides food, shelter, clothing, social services, substance abuse program, and limited health care. All persons must submit to alcohol and drug test (admission with a positive test is contingent upon entrance into a rehabilitation program). Maximum stay is 10 days unless enrolled in one of Bethesda Mission's recovery programs. Staff reserves the right to extend maximum stay when circumstances warrant it.

Bethesda Mission Women & Children's Shelter

(717) 257-4447

Women and Children's Shelter

Long-term recovery shelter - a call to intake counselor required before arrival; guests should be prepared to stay for minimum of 1 year. Provides food, clothing, and shelter. Extended stay includes participation in Bible study, parenting and budget counseling, adult education, job and housing search. Provides long-termed programming geared at recovery from substance abuse. Extended stay includes participation in house activities, assisting with responsibilities of chores & general upkeep of personal belongs. Support groups are also offered. All persons must submit to an alcohol and drug test, (admission to the shelter with a positive test is contingent on enrollment into a recovery program).

WHERE TO TURN FOR HELP

Maranatha Ministry, Inc.

(717) 262-2143

Chambersburg Cold Weather Drop-In Shelter

Open from December to April only, the shelter provides a warm space and meals provided by the churches of the greater Chambersburg area during the cold winter months. Some limited counseling and assistance is provided to aid guests in acquiring permanent shelter and temporary or permanent job placement. Incoming guests sign-in and agree to printed shelter rules. Guests are permitted to stay for 14-nights, but are permitted to stay longer if they perform public services within the community. Bible studies are made available to guests several times during the week in groups or on an individual basis if requested. This service to the community is entirely faith-based and receives all its funding and support from local churches and parishioners.

South Central Community Action Programs, Franklin County

(717) 267-3669

Franklin County Homeless Services

Provide temporary emergency shelter to small homeless families and individuals. Also provide short-term case management and referral services in order to aid participants in stabilizing their lives. Typical stay is 14 – 30 days. We coordinate Rapid Rehousing services for homeless individuals and families.

The Hope Center at Hagerstown Rescue Mission

(301) 739-1165

Emergency Shelter Services

The Hope Center at Hagerstown Rescue Mission provides up to 30 consecutive nights of overnight shelter to transient men who are homeless and would otherwise be living on the streets or in the woods. Some of the requirements for men staying in the Transient Program are: They must be sober They must shower each evening before given a bed They must attend the evening chapel service Each guest is given a personal care package containing enough personal hygiene products to last thirty days. A change of clothing is also made available if needed. A hot meal is provided following the evening chapel service. Overnight guests may also stay for breakfast the following morning. However, due to limited storage space transients may not leave their personal possessions on the property.

Waynesboro New Hope Shelter

(717) 762-5840

New Hope Shelter

A 30-day stay is offered to homeless men, women, and children. Without cost, we provide two meals a day, lodging, and laundry facilities. Each resident receives personal case management and attends training classes that are designed to secure housing and employment. At the end of the initial 30 days, qualifying residents who need additional time to find housing may be invited to enter an extended stay program.

We follow a three step strategy to transition residents into permanent housing.

- Find employment or income
- Begin saving and living on a budget
- Secure affordable housing

Women In Need - Chambersburg

(717) 264-4444

Emergency Shelter

When in shelter, women are provided with available options, counseling and referrals to agencies that may provide additional help, and with the help of a trained counselor advocate, create a safety plan upon discharge from the shelter. Families may remain in the shelter for as long as 30 days.

WHERE TO TURN FOR HELP

Homeowners Energy Efficiency Loan

Pennsylvania Housing Finance Agency (PHFA)

(800) 822-1174

Pennsylvania Housing Finance Agency - Homeowners Energy Efficiency Loan Program (HEELP)

HEELP offers loans between \$1,000 and \$10,000 for specific energy efficiency repairs at a fixed-rate of one percent (1%) for ten years with no prepayment penalties

Specific Uses:

- Air sealing, insulation and ductwork
- Energy efficient windows and doors
- Energy efficient heating or cooling system repairs or replacements
- Roof repairs or replacements

Hospice Services

AseraCare Hospice

(717) 845-8599

Hospice and Palliative Care Services

Hospice Care - While hospice also focuses on managing symptoms and pain, this type of care is for people in the terminal phase of their lives. As such, it includes an interdisciplinary team approach to tend to the holistic needs of the patient and family.

- Dependent on a prognosis of six months or less to live
- Medicare benefit, Type A billing
- Includes an interdisciplinary approach
- For the family and patient
- Main focus is end-of-life care

Palliative Care - This is also called chronic illness care and acts in conjunction with the medical care you're already receiving. The main focus of this care is on pain and symptom management.

- For persons who are seriously or chronically ill
- Not dependent on prognosis
- Medicare Part B billing (E/M – Evaluation Management)
- It's a consultative professional service
- Focuses on pain and symptom management and medication reconciliation
- Includes discussions about goals of care like setting management

Grane Hospice Care Harrisburg

(717) 763-4001

Hospice Care

Hospice Care is an affirmation of life that focuses on comfort, pain-free care when a loved one is faced with a terminal illness. We concentrate on keeping the patient and family comfortable with a team-oriented approach that includes professional medical, social, emotional and spiritual support during this difficult time. Grane Hospice Care provides Comfort for the Body, Mind and Soul through unique, individualized professional care plans that allow you to live comfortably, in your home or nursing community, surrounded by your loved ones.

WHERE TO TURN FOR HELP

Heartland Hospice, Chambersburg

(717) 709-0008

Hospice Care

Heartland provides care for the body as well as for the mind and spirit. We encourage our patients to share their thoughts, hopes and concerns, which is vitally important to their overall well-being. We respect personal choices and warmly welcome families and loved ones to be active participants in the care of patients. Emotional support for patients and their families is vital as they cope with challenges of advanced illness. Preserving the dignity of those we care for: That's what Heartland Hospice care is all about. Heartland Hospice services include: Comforting care, provided by an interdisciplinary team Pain and symptom management Psychosocial and spiritual support Medications Equipment and supplies Patient and family education Comforting treatments Therapies Bereavement services

SpiriTrust Lutheran - Franklin County

(717) 264-8178

Home Care & Hospice

Home Health – If you are recovering from an injury, illness or surgery or you need help managing a chronic health condition, our home health care team will help. Our team works with you and your doctor to develop a plan of care that meets your unique needs. Services may include skilled nursing services, physical therapy, occupational therapy, speech therapy, phlebotomy, personal care and medical social services.

Hospice –Our team uses an interdisciplinary approach that means clients and their family members receive support from skilled nurses, compassionate caregivers, grief counselors, spiritual care, volunteers and more. The team assists by managing pain and symptoms, supporting the family, providing education on what to expect and teaching caregiving techniques.

Home Care - Tailored to meet your specific needs, services may include: help with dressing and bathing, grocery shopping, meal preparation, housekeeping, laundry, transportation and shopping and errands. Home care can be arranged for a few hours a day up to 24-hour care.

Palliative Care – Our in-home palliative care team enhances your regular medical treatment. Through medication management, relaxation techniques and coping strategies, we help you control symptoms and carry on with everyday life.

Hospital

WellSpan Health Hospitals

(717) 267-3000

Chambersburg Hospital

Our values of service, integrity, compassion, and excellence define how we want to care for you. If we're doing well, let us know. And, if we're not, you need to tell us that too. We want you to feel comfortable sharing your questions with your care team. Your care team will be led by our Hospitalists. They will oversee your care while you're here, and they will be in contact with your Primary Care Doctor to provide updates on your progress.

WellSpan Health Hospitals

(717) 765-4000

Waynesboro Hospital

At Waynesboro Hospital, we believe that our job is to make you feel better. We lead the region in patient satisfaction scores. You can take comfort in our care.

WHERE TO TURN FOR HELP

Hospital Bill Payment Assistance

WellSpan Health Care Program

(717) 267-7129

WellSpan Health Hospital Programs

Chambersburg and Waynesboro Hospitals Financial Assistance Program, also referred to as WellSpan Care, exists to provide discounted emergent or medically necessary services to eligible patients. Eligible Services are emergent or medically necessary healthcare services provided and billed by Summit hospitals. Some exclusions apply such as cosmetic procedures, non-emergent care that is sought out of network, or non-emergent services sought without regard to preauthorization requirements.

Hotline

Mental Health Association of Franklin and Fulton Counties

(717) 264-4301

Senior Reach

Senior Reach helps to connect seniors to others as a powerful means of reducing stress and preventing loneliness and depression. Residents of Franklin and Fulton over 60 years of age can sign up to have specialists call them on a regular basis to touch base and talk about whatever is on their minds.

Mental Health Association of Franklin and Fulton Counties

(717) 264-2916

Help Line

Call the HelpLine at 717-264-2916. Our specially trained Call Specialists are here 365 evenings a year from 5pm to 10pm. Anyone can call to talk to someone who will listen non-judgmentally and help you help yourself through mental health related challenges.

Mental Health Association of Franklin and Fulton Counties

(717) 264-4301

QPR Suicide Intervention Trainings

QPR stands for Question, Persuade, and Refer “ 3 simple steps that anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying Yes to saving the life of a friend, colleague, sibling, or neighbor. QPR can be learned in our Gatekeeper course in as little as one hour. QPR can be taken in person or on line. Email us for further information.

Household Supplementals

St James African Methodist Episcopal Church

(717) 414-7126

Bountiful Blessings @ St. James AME

Christian-based charity that serves need-based families of all faiths. Our goal is to assist working families and senior citizens through supplementing these families with non-food items. IE toilet paper, cleaners, soaps, paper towels, toothpaste

WHERE TO TURN FOR HELP

Housing - Repair Loan Program

Pennsylvania Housing Finance Agency (PHFA)

(800) 822-1174

HomeStyle Renovation Program

The Pennsylvania Housing Finance Agency offers the HomeStyle® Renovation program which allows eligible homebuyers purchasing a home or existing homeowners seeking a refinance mortgage to repair, remodel, renovate or complete energy improvements. Qualified borrowers can fund up to 75% of the "as completed" appraised value of the property. This allows buyers to make needed repairs right away, without having to take out another loan at a higher rate and with a shorter repayment period. This program can be used in conjunction with the HFA Preferred™ program. For Manufactured homes, repairs are limited to the lesser of 50% of the "as completed" appraised value, or \$50,000.

The HomeStyle® Renovation program may be combined with PHFA's Keystone Advantage Assistance Loan, as applicable. Two-unit properties are not eligible for this program.

The home improvement must be permanently affixed to the property and add value to the home.

Common repairs include:

- Roof repair/replacement
- Installation or improvement of heating and/or air conditioning systems
- Upgrades to kitchen and/or bath areas
- Repairs/improvements to plumbing and/or electric systems
- Addition of living space

Luxury amenities such as: swimming pools, tennis courts, hot tubs/Jacuzzis, saunas or other recreational or entertainment facilities, are not eligible.

All repairs must be completed by a qualified and licensed contractor. If the local government (city or municipality) does not require contractors to be licensed, proof of their liability insurance must be supplied and included with the contract. Borrowers may not act as their own contractors, unless that is their profession.

The contract must contain the following items:

- A description of the specific work to be completed. This must be supported by specifications, drawings, photos, etc.;
- A statement of the actual maximum amount that can be charged (not estimated amount);
- A release of lien clause to maintain clear title;
- The contractors agreement to complete the work in compliance with all applicable building codes and zoning restrictions and to obtain the necessary permits;
- The borrowers and the contractors' signatures and date.

WHERE TO TURN FOR HELP

Pennsylvania Housing Finance Agency (PHFA)

(800) 822-1174

Pennsylvania Housing Finance Agency - PENNVEST Homeowner Septic Program

The Pennsylvania Infrastructure Investment Authority (PENNVEST) has teamed with the Pennsylvania Housing Finance Agency (PHFA) and the Pennsylvania Department of Environmental Protection (DEP) to offer this special funding program. Assistance is available to eligible homeowners who need to repair or replace their individual on-lot septic system OR connection to a public sewer system.

Benefits to You

- Receive an attractive rate for this vital home improvement.
- No prepayment penalty if the loan is paid off early.
- Eliminate worries about your septic system when you sell your home.
- Improve the environmental health of your property.
- Avoid or respond to citations from your municipality.

Loan Terms

- Interest rate of 1.75%, up to 2.8% APR as of 1/1/2019.
 - Terms up to 20 years (up to 15 years for manufactured homes).
 - Maximum loan amount is \$25,000.
 - Loan origination charges apply.
 - Loans will be secured by a mortgage on the borrower's home.
 - Lien Position: the PENNVEST loan must be in first or second lien position unless the loan amount is less than \$7,500 OR the existing first and second liens were originated at purchase for the purpose of buying the home. Third lien position is permitted in these circumstances.
- (*For a representative \$25,000 loan and financing charge of \$5,727. Subject to credit approval and restrictions.)

Pennsylvania Housing Finance Agency (PHFA)

(800) 822-1174

Pennsylvania Housing Finance Agency - Homeowners Energy Efficiency Loan Program (HEELP)

HEELP offers loans between \$1,000 and \$10,000 for specific energy efficiency repairs at a fixed-rate of one percent (1%) for ten years with no prepayment penalties

Specific Uses:

- Air sealing, insulation and ductwork
- Energy efficient windows and doors
- Energy efficient heating or cooling system repairs or replacements
- Roof repairs or replacements

USDA Rural Development - Harrisburg Office

(717) 237-2186

USDA Rural Development

Programs available: - Single family housing programs which provides assistance to individuals for purchase, construction, and repair of homes - Rural rental housing program assists to construct new or rehabilitate existing multi-family housing projects - Community facilities program provides assistance to rural communities to build or improve facilities, such as health clinics, child and adult day care centers and fire stations - Rural business program provides assistance to rural areas that need to develop new job opportunities, allowing business and cooperatives to remain viable in a changing community - Water and waste water programs addresses rural Pennsylvania's needs for domestic water, sewage collection and treatment, as well as electricity and telecommunications

WHERE TO TURN FOR HELP

Housing Search Assistance

Pennsylvania Housing Finance Agency (PHFA)

(800) 822-1174

PA Housing Search Website

PA Housing Search is a free website for finding affordable housing in Pennsylvania. Users can search by various criteria, including available properties which are subsidized or offer sliding scale rent. Landlords can upload information about their properties that are available for rental. The website also contains information on housing for those displaced by flooding or other natural disasters in Pennsylvania.

Human Trafficking - Supportive Services

She's Somebody's Daughter

(717) 422-2488

Outreach and Intervention

Our outreach initiatives focus on women affected by sexual abuse or exploitation. Our current centers in Harrisburg and Chambersburg are safe places for ladies to come for counseling and social activities, resume building and group mentoring. We also focus on awareness using billboards, our website and social media, and offer presentations to educate the public about the issues related to pornography, sex trafficking, and sexual abuse. We trust that people will be inspired to get help, find true freedom and healing and be an agent of change in their own community.

Humane Society

Antietam Humane Society, Inc.

(717) 762-9091

Pet Adoptions & Shelter

There are several things to consider when adopting an animal. One should consider type, size, breed, individual needs, activity level, etc. of an animal to be sure it is the right fit for your family. You should also consider your own schedule, activity level, lifestyle, and finances before bringing an animal into your home. We have several trained and knowledgeable staff waiting to assist you in the decision making process.

Cumberland Valley Animal Shelter

(717) 263-5791

Cumberland Valley Animal Shelter

The mission of the Cumberland Valley Animal Shelter is to protect, shelter and adopt homeless animals in the northern Franklin and parts of southern Cumberland county service area. CVAS provides shelter to stray and otherwise homeless pets and minimizes their stress, protecting them from the elements and providing a place of safety and comfort. We provide safe and speedy return of lost pets to their owners, place adoptable pets with responsible owners, aid in the prevention of cruelty and neglect to animals through educational efforts and legal citations as necessary.

Imaging Services

Fulton County Medical Center

(717) 485-6107

Diagnostic Services

A variety of diagnostic services are offered at our Fulton County, PA medical center. Whether you need X-Rays, mammography, ultrasound or other diagnostic testing and services, FCMC offers you trained specialists and a full range of medical equipment to perform the tests you need. Services are: General XRay Bone Densitometry Mammography Ultra Sound Nuclear Medicine MRI CT Scans

WHERE TO TURN FOR HELP

WellSpan Health Imaging Services

(717) 267-6116

Chambersburg Hospital Imaging Services

Imaging services include: Bone Density Scanning, X-Rays, Nuclear Medicine, Fluoroscopy, CT or CAT Scans, PET/CT Scans, Mammography, Ultrasound, and MRI services.

WellSpan Health Imaging Services

(717) 765-3404

Waynesboro Hospital Imaging Services

Imaging services include: Bone Density Scanning, X-Rays, Nuclear Medicine, Fluoroscopy, CT or CAT Scans, PET/CT Scans, Mammography, Ultrasound, and MRI services.

WellSpan Health Imaging Services

(717) 530-5333

Shippensburg Medical Campus Imaging Services

Imaging services include: Bone Density Scanning, X-Rays, Nuclear Medicine, Fluoroscopy, CT or CAT Scans, PET/CT Scans, Mammography, Ultrasound, and MRI services.

WellSpan Health Imaging Services

(717) 267-6116

WellSpan Health Center, Building 2 Imaging Services

Imaging services include: Bone Density Scanning, X-Rays, Nuclear Medicine, Fluoroscopy, CT or CAT Scans, PET/CT Scans, Mammography, Ultrasound, and MRI services.

WellSpan Health Imaging Services

(717) 597-5537

John L Grove Medical Center Imaging Services

Imaging services include: Bone Density Scanning, X-Rays, Nuclear Medicine, Fluoroscopy, CT or CAT Scans, PET/CT Scans, Mammography, Ultrasound, and MRI services.

Immunizations

Franklin County State Health Center

(717) 263-4143

Franklin County State Health Center

The Franklin County State Health Center provides services which are aimed at improving the respective community's public health via the provision of direct health services, health education and community health leadership and control. Emphasis is placed on primary and secondary preventive health services. The overall goal of these programs is to reduce morbidity and mortality among the local service population and to promote healthy lifestyles.

Programs are:

- Immunizations
- HIV Testing and Counseling
- Tuberculosis treatment
- Rabies Investigation
- Information & Referral
- Travel Information
- Childhood Lead Poisoning Prevention
- Investigation of reportable diseases

WHERE TO TURN FOR HELP

In Home and Community Supports

Aveanna Healthcare - Franklin County

(717) 263-2190

Home Health Care Services

Aveanna's customized home healthcare services enable our patients with complex medical needs to live in a familiar, comfortable setting while receiving compassionate care from experienced professionals. Our Chambersburg office provides Pediatric / Adult Private Duty Nursing and Pediatric / Adult Personal Care.

Christian Companion Senior Care

(717) 264-0500

Companionship and Personal Care

At Christian Companion Senior Care serving Chambersburg, Pennsylvania, we pride ourselves in providing our clients with assisted living options that will greatly improve their happiness, health, safety, and independence. The home care services that we provide include: Fellowship and companionship Assistance with personal care and grooming Light housekeeping Meal planning and preparation Spiritual encouragement, if requested Provide reliable transportation Assistance with shopping and running errands Senior Connect, providing Skype, email service, and internet access to community and church offerings Safety and security assistance Mental stimulation through activities and/or hobbies Help making medical and other appointments Our caregivers provide loving support that often is not provided by visiting nurses, therapists, and other care providers. So even if your loved one is already receiving home visits from a medical professional, we can still help!

Comfort Keepers, Fayetteville PA

(717) 352-2133

Dementia Care and Alzheimer's Care

Our specially trained dementia care and Alzheimer's care Comfort Keepers will: help maintain a safe environment for the client. engage the client in activities that can stimulate the senses, such as music. provide meals and bathing assistance. support the client and family through the changing behaviors often seen with dementia. We customize our in-home care to meet each client's special needs, taking into consideration his or her health and ability. Depending on the client's needs, Comfort Keepers can provide care for just a few hours a week or provide full-time, in-home care. Through our 24-hour senior care service, a team of Comfort Keepers coordinates caregiving responsibilities in shifts. This offers clients and their families full-time peace of mind.

Comfort Keepers, Fayetteville PA

(717) 352-2133

Hosiery Service

Hosiery Service is a service that allows for Comfort Keepers to assist individuals with their shoes and socks. It is the newest program, designed to assist those who are needing to wear "Support Hosiery" to avoid devastating leg distress due to disease or surgery. These types of support stockings are almost impossible to put on or take off without assistance. No wound dressing is included with this service. Staff will only be in your home 15 minutes or less, depending on the time it takes for your fitting.

WHERE TO TURN FOR HELP

Comfort Keepers, Fayetteville PA

(717) 352-2133

Respite Care/Non-Medical Home Care

Respite care services provide home care assistance to give you time to leave the home for a few hours or even a few days, knowing the one you care for is in good hands. This creates time to: take care of the errands you never seem to have time to do. catch up on your shopping. attend a support group meeting. visit doctor or dentist for routine care. give yourself a much-needed rest. Comfort Keepers respite services can be scheduled for as little as a few hours a week. Additionally, around-the-clock home care assistance can be arranged so you can take a longer break to attend a wedding out of town, take a child to college, or go on a much-needed vacation. Comfort Keepers also provides in-home care that makes a difference in the lives of seniors. Services offered include personal care, such as bathing, grooming, incontinence care and Companionship Services such as Meal Preparation, Light Housekeeping, Medication Reminders and Laundry.

Epilepsy Association of Western and Central Pennsylvania - Harrisburg

(800) 361-5885

CareShare Program

Respite Service: A limit of 25 hours of care can be given to each person in a 1-year time frame provided in-home to patients with an active diagnosis of epilepsy/seizure diagnosis.*This program does NOT provide long-term care. The EAWCP will make every effort to find another source of services but makes no promises that long-term care can be secured. This is a temporary program and may not become a permanent service of the EAWCP.

Home Instead

(717) 398-2565

Home Instead - Adams/Franklin County

We provide non-medical in home care to seniors in their home, or in any setting (skilled nursing, personal care, hospital, etc.). We provide transitional care, companionship, light housekeeping, meal preparation, escort to errands, personal care, respite care, medication reminders and transportation. We are available 24/7, offering as little as 1 hour of services up to 24/7/365.

Kaleidoscope Family Solutions, Inc. (KFS)

(877) 384-1729

Consolidated, Community Living, and Person Family Directed Supports (P/FDS) Waivers

In-home and community services and supports to qualified individuals with intellectual disabilities from ages three and up in the state of Pennsylvania.

- Behavioral Supports
 - In Home Community Supports
 - Community Participation Supports
 - Supported Employment
 - Adult Companion
 - Respite In-Home
-

WHERE TO TURN FOR HELP

Keystone Human Services - Franklin County

(717) 552-2070

Intellectual Disability Services - Residential Services

Residential Services are provided to adults living in licensed and unlicensed provider owned or rented homes. Services are based on the principle that each person has the ability to engage in lifelong learning. Participants are supported to acquire, maintain, or improve their skills to live more independently in the community and participate meaningfully in community life.

Services consist of assistance, support, and guidance in:

- Self-care
- Health maintenance
- Decision making
- Home management
- Personal resource management
- Communication
- Mobility and transportation
- Relationship development and socialization
- Personal adjustment
- Participation in community functions and activities
- Use of community resources

The type and amount of services are determined by the person's need for physical, psychological, and emotional assistances, established through the assessment and person centered planning process.

Residential Services are provided in the person's primary residence and the home is considered their home. Respect for personal routines, rhythms, rights, independence, privacy, and personalization are central to services, as is access to experiences and opportunities for personal growth.

Behavior Support Services are included in Residential Services to support people to manage their own mental health diagnosis and emotional wellness, including self-management of their emotions.

Nurse Consultants through Keystone Human Services are available to support the person and their staff in developing practices that promote good health.

WHERE TO TURN FOR HELP

Keystone Human Services - Franklin County

(717) 552-2070

Intellectual Disability Services - Community Participation Support

Provided in a variety of integrated community locations, Community Participation Supports (CSP) provides each person with the opportunity to achieve their personally identified goals for community participation.

The person receives support to explore and develop their interests with the goal of developing and sustaining a network of natural supports.

Transportation is included in Community Participation Support and can be provided by Keystone staff, coordinated in cooperation with the person's family. Training in how to use public transportation is also included.

Services are provided based on the person's individual support plan (ISP). Each person's team works together with the individual to develop outcomes and priorities for community integration activities based on the strengths and preferences of the individual. Individuals and families can choose the type and amount of service participation that is supported through the ISP process.

Community Participation Support can be used as an alternative to attending a traditional day program and can be pre-vocational, leading to employment.

Menno Haven - Brookview

(717) 709-4550

Menno Haven at Home Care

Provides non-medical in home care, personal care, around the home services, companion services, and transportation.

PennCares Supportive Services

(717) 632-5552

In-Home Support Services

PennCares offers a range of services for people with disabilities and their families, designed to help you to continue to live well in your community and have control of your life. This location is able to provide the following services:

- PennCares In-Home Care - For adults ages 21 and up with physical disabilities and adults ages 60 and up who need extra help due to aging, illness or injury.
- PennCares non-skilled In-Home Care Personal Care Attendants help you gain and maintain new independence in essential activities of daily life.
- PERSONAL HEALTH AND HYGIENE- Bathing, Dressing, Toileting, Mobility Assistance
- HOME MANAGEMENT-Food Prep, Shopping & Errands, Light Housekeeping
- COMPANIONSHIP-Socializing, Encouraging Engagement, Respite for Family Caregivers
- PennCares Community Habilitation Services - For adults ages 21 and up with intellectual disabilities.

PennCares Community Habilitation Services foster personal growth with goal-oriented activities to develop and enhance independent living, recreation, socialization and other life skills.

WHERE TO TURN FOR HELP

Person Directed Supports, Inc.

(717) 264-6290

Person Directed Supports, Inc. - Franklin County

Adult Day Programs - Day programs are created to meet each individual's needs and skill set. Both licensed and unlicensed day programs are held in a safe and caring environment with a team of human service professionals.

Adult Residential Programs - Support is provided to individuals in community homes or life sharing with a host family. Each individual is evaluated to determine which living environment will work best for them depending on their needs, wants, and goals.

Behavioral Services - Behavior support services use empirically-validated practices to identify the causes of, intervene to prevent, and create appropriate reactions to problematic behavior.

Vocational Training - Vocational Training provides the supports individuals need to successfully find and maintain a job. Individuals receive assistance to build their resume and discover their skills and abilities.

Companionship Services - A companion is a Direct Services Professional that provides support in the individuals own home while assisting with daily activities and functions.

Behavioral Services - Behavior support services use empirically-validated practices to identify the causes of, intervene to prevent, and create appropriate reactions to problematic behavior. Vocational Training - Vocational Training provides the supports individuals need to successfully find and maintain a job. Individuals receive assistance to build their resume and discover their skills and abilities. Companionship Services - A companion is a Direct Services Professional that provides support in the individuals own home while assisting with daily activities and functions.

Tender Hearted Services Inc.

(717) 597-9320

Companion and Respite Services

Companion service is intended to assist an individual who is age 18 or older to participate more meaningfully in home and community life. It is provided to individuals living in private homes for the purposes of providing supervision or assistance that is designed to ensure the individual's health, safety and welfare or to perform activities of daily living for the individual. Respite is a service provided on a short-term basis to relieve those persons normally providing care. Respite is provided in two categories: 24-hour respite and 15-minute respite. Respite services may only be provided to those living in a private home. Respite services may also be provided by someone that the person and family already knows who is qualified and willing to provide assistance either in the person's home, the home of a family member or a friend's home.

The ARC of Franklin/Fulton Counties

(717) 264-4390

Companion Services

Companion services are provided to individuals living in private residences for the purpose of providing supervision and minimal assistance that is focused on the health and safety of the adult individual with a developmental disability. Companion services can provide assistance in daily living activities, including grooming, healthcare, household care, meal preparation, planning, and socialization.

WHERE TO TURN FOR HELP

Visiting Angels of Adams, Franklin and Cumberland Counties

(717) 241-5900

Home Care Services - Carlisle

Visiting Angels provides in-home non-medical care for older adults and seniors. We utilize a skilled staff of CNA's, LPN's, and RN's. Consultations are free. Some of the services provided include:

- Grooming Assistance
- Dressing Assistance
- Walking Assistance
- Meal Preparation/Diet Monitoring
- Light Housekeeping
- Errands and Shopping
- Medication Reminders
- Joyful Companionship (Care is Available: Mornings, Mid-Day, and Evenings)
- Temporary or Long Term Care is Available (Weekends and Holiday Care is Available)
- Respite Care for Family Caregivers
- 24 Hour Care is Available

Visiting Angels of Adams, Franklin and Cumberland Counties

(717) 241-5900

Home Care Services - Chambersburg

Visiting Angels provides in-home non-medical care for older adults and seniors. We utilize a skilled staff of CNA's, LPN's, and RN's. Consultations are free. Some of the services provided include:

- Grooming Assistance
- Dressing Assistance
- Walking Assistance
- Meal Preparation/Diet Monitoring
- Light Housekeeping
- Errands and Shopping
- Medication Reminders
- Joyful Companionship (Care is Available: Mornings, Mid-Day, and Evenings)
- Temporary or Long Term Care is Available (Weekends and Holiday Care is Available)
- Respite Care for Family Caregivers
- 24 Hour Care is Available

Income Based Housing

Green Meadow Apartments

(717) 267-2040

Green Meadow Apartments

Greene Meadow Apartments is a thriving community of one and two bedroom apartments which includes the following amenities: Private individual entry Deadbolts on every apt .door Office on site Maintenance-free Lawn care and snow removal provided Water, trash & sewer provided Laundry facility on site Off-street parking

WHERE TO TURN FOR HELP

Hamilton Park Apartments

(717) 263-1783

Hamilton Park Apartments

Hamilton Park Apartments is a beautifully landscaped community which offers 1 and 2 bedroom apartments, as well as 3 bedroom town homes. We are located in Chambersburg which provides a country setting, yet we are convenient to everything. The apartments are freshly painted, have wall to wall carpeting, and your major appliances include stove, refrigerator, all mini blinds and garbage disposal. We have 24-hour emergency maintenance service, onsite laundry facilities and off street parking.

Interfaith Housing Alliance, Inc.

(301) 662-4225 Ext 3000

Washington Square Town Homes & Apartments

The Washington Square Town Homes are 54 units of newly constructed affordable single family town homes and apartments in the Borough of Chambersburg of Franklin County, Pennsylvania. These units include 2 and 3 bedroom apartments, plus the three bedroom town homes. The town homes are 1448 square feet in size with 3 bedrooms and 1 and 1/2 baths. These homes are passive energy efficient. Each town home is comprised of a living room, dining room and separate kitchen. The homes are equipped with a washer/dryer, dishwasher, range, refrigerator, garbage disposal and a microwave. Rent is \$852 per month. 2 BR Apartments 845 - 968 sq. ft., 2-bedrooms, 1 baths Passive house energy efficient building. Includes living room, dining room, separate kitchen, washer, dryer, dishwasher, range, refrigerator, garbage disposal, and microwave. Rents from \$618 to 679 per month 3 BR Apartments 1,096 - 1,239 sq. ft., 3-bedrooms, 1.5 baths Passive house energy efficient building. Includes living room, dining room, separate kitchen, washer, dryer, dishwasher, range, refrigerator, garbage disposal, and microwave. Rents for \$697 per month Units are available for all members of the public. A number of handicap accessible units are available.

Orchard Run Apartments

(717) 261-9193

Orchard Run Apartments

Orchard Run Apartments has affordable two and three bedroom apartments in Chambersburg, Pennsylvania. It is operated under the Low Income Housing Tax Credit Program and is located close to Routes 30 and I-81. Shopping and other conveniences are situated nearby.

Raystown Crossing

(717) 530-1341

Raystown Crossing

Raystown Crossing offers 2, 3, and 4 bedroom apartment homes located in Shippensburg, Pennsylvania at prices you are not likely to find elsewhere. The focus of Raystown Crossing is to offer family affordable housing while enhancing the lifestyle that you deserve. This property consists of 50 apartment homes and accepts pets.

Roxbury Ridge Apartments

(717) 532-9425

Roxbury Ridge Apartments

Roxbury Ridge Apartments is located in a beautiful country setting near the heart of Shippensburg, PA. Apartments are freshly painted with wall to wall carpeting and all major appliances and mini-blinds included. Amenities included: 24 hour emergency maintenance service, two on site laundry facilities, multiple play areas, baseball field, basketball court and off street parking. One and two bedroom apartments and three bedroom townhouses are available. Water, sewer, and trash included.

WHERE TO TURN FOR HELP

Strathmeade Square Apartments

(717) 597-9095

Strathmeade Square Apartments

Strathmeade Square Parkside Dev. Assoc is an affordable apartment community located in Greencastle, containing 16 rental units. The property contains 32 bedrooms and based on typical apartment occupancy limits, Strathmeade Square Parkside Dev. Assoc is home to not more than 64 persons when fully occupied.

Tax Credit Properties

(717) 977-3900

Redwood Park Townhomes

Redwood Park offers 40 townhomes in 10 building clusters of 3-5 townhomes each. There are 7 two bedroom, 22 three bedroom and 11 four bedroom townhomes in the development. Six of the townhomes are handicapped accessible units and two have supportive features for individuals with visual and hearing impairments. Amenities include wall to wall carpeting, 1.5-2 baths, kitchen appliances to include stove, refrigerator, dishwasher, and garbage disposal, basements with washer and dryer hookups, central air conditioning and a garage. Redwood is a smoke free housing community focused on families, providing supportive services and a community center. The development is located on Buchanan and Redwood Streets in Chambersburg, PA.

Tax Credit Properties

(717) 977-3900

Mount Vernon Terrace

The NEW Mount Vernon Terrace! First constructed in 1953 for families of Veterans returning from the Korean War, the entire property has been fully rehabilitated and modernized while still maintaining affordable rents. In addition to meeting Green Building criteria and exceeding Energy Star 3.0 efficiency standards, this new community includes amenities for everyone – a Community Room, an outdoor playground, a walking path and more! Each newly remodeled home includes hardwood floors, carpeted bedrooms, air conditioning, and even its own washer and dryer! Enjoy maintenance free living with 24-hour emergency on-call staff. Mount Vernon Terrace has one and two bedroom apartments and three bedroom townhomes ready to lease!

Tax Credit Properties

(717) 977-3900

Sunset Court Apartments and Townhouses

Sunset Court offers 24 garden style apartments and 16 townhomes. Two buildings house 12 apartments each with 10 two-bedroom units and 2 three-bedroom units. There is one handicapped accessible unit in each building. Three additional buildings house the 16 townhome units. There are 10 two-bedroom townhouses and 6 three-bedroom units. Two of the units are constructed and equipped for families requiring handicap accessible features. Amenities include wall-to-wall carpeting, 1½ baths, garbage disposal, dishwasher, washer and dryer (only in townhomes), laundry room for apartments, off street parking, 24-hour emergency maintenance, supportive services and a community center with a computer lab. The development is located in Greene Township right off of Route 11 next to Food Lion in Chambersburg, PA.

Tax Credit Properties

(717) 977-3900

Valley Terrace Townhomes

Valley Terrace offers 22 townhomes to include 14 two-bedroom units and 7 three-bedroom units. Two of the 22 units are single story and have handicapped accessible features. Amenities include wall-to-wall carpeting, 1½ baths, washers and dryers, off street parking, 24-hour emergency maintenance, supportive services and a community center with a computer lab. The development is located on Tenth Street in Waynesboro, PA.

WHERE TO TURN FOR HELP

Wallace Court

(717) 762-7115

Wallace Court

Wallace Court is a thriving community that over 75 families call home. Surrounded by beautifully landscaped grounds, this community is close to schools, shopping, and minutes from downtown Waynesboro, PA. In addition to the gorgeous landscaping, we provide community and private garden areas for residents to enjoy. Our community room with kitchen area and television is the perfect place to socialize with family and friends. We also have a computer room, so you can stay in touch with the latest events or update your status on Facebook. Children will enjoy the playground area. We offer you one or two bedroom, barrier-free apartments, all on the first floor. Fully-equipped kitchens and separate dining areas provide great space for entertaining. Wall-to-wall carpeting and individually controlled heating and air conditioning will keep you cozy and comfortable throughout the year. Sliding glass doors lead to your private patio area creating a relaxing spot for you to unwind. For your convenience, laundry facilities are on site at the community building.

Washington Meadow Apartments

(717) 765-4111

Washington Meadow Apartments

Washington Meadow Apartments offers one and two bedroom townhomes in a serene setting and a nice place to settle down when the day is done. You'll enjoy your eat-in kitchen with its electric range, frost-free refrigerator and all wood cabinets. Each unit is carpeted in the living room, bed room(s) and steps, with attractive vinyl tile in the kitchen and bath. Stay warm and cozy with individually controlled heating. Students living at Washington Meadow will attend Waynesboro Area schools. Penn State-Mont Alto is just a short 15 minute drive. A four to six minute drive will provide each resident with all the shopping and services one could need.

Waynesboro Apartments

(717) 765-8939

Waynesboro Apartments

Waynesboro Apartments is a well-kept community located in the town of Waynesboro, PA. It is a thirty-six unit apartment complex offering 1 and 2 bedrooms. Each unit is equipped with central air, ample closet and storage space. There is front door parking, on-site laundry facility, maintenance-free living, an on-site playground, and a few other amenities. The complex is close to shopping, schools, and a hospital.

Income Based Senior Housing

Brindle Estates

(717) 328-5687

Brindle Estates

Affordable “ RD “ Elderly Community “ 20 units located in Mercersburg, PA

Brindle Terrace

(717) 328-5687

Brindle Terrace Apartments - Senior Housing

Affordable “ RD “ Elderly Community “ 20 units located in Mercersburg, PA

WHERE TO TURN FOR HELP

Cottage Green

(717) 263-9040

Cottage Green - Senior Housing

Cottage Green offers affordable one and two bedroom apartments, operated under the Low Income Housing Tax Credit Program, to individuals who are at least 62 years of age. It is located in a growing area of Chambersburg, Pennsylvania, near I-81 and US Route 30. One and two bedroom cottage-style apartments
Wall-to-wall carpet VCT tile kitchen & bath Fully equipped kitchen with dishwasher and disposal TV cable hook-ups Central air conditioning Forced hot air furnace Off-street parking Community room Computer center Washer and dryer in every apartment

Cottages of Shippensburg

(877) 917-0017

Cottages of Shippensburg - Senior Housing

Cottages Of Shippensburg is an affordable apartment community located in Shippensburg, Pennsylvania which is located in Cumberland County. Cottages Of Shippensburg is an apartment community containing 120 rental units. This property serves seniors. The property contains 240 bedrooms and based on typical apartment occupancy limits, Cottages Of Shippensburg is home to not more than 480 persons when fully occupied. This property does not provide any Federal rent subsidies to renters reducing total tenant payments to 30% of their adjusted income. Renters are required to pay the full rent, even if it is in excess of 30% of their income. However, in most cases, the properties are happy to accept Project Based Sec. 8 vouchers.

Episcopal Square Apartments

(717) 530-1277

Episcopal Square Apartments

Episcopal Square offers low income housing to Seniors 62 years and over or qualified persons with disabilities 18 years of age or older. Monthly rent based on 30% of adjusted income (income limits apply). The complex features 95 units consisting of 24 efficiencies and 71 one-bedroom apartments.

Interfaith Housing Alliance, Inc.

(301) 662-4225 Ext 3000

Washington Square Apartments

Washington Square offers 42 two-bedroom apartments that are Energy Star rated and designed to enable active living for seniors with limited mobility. All apartments rent below the Fair Market Rate and four units are earmarked for individuals with disabilities. Amenities include a large community room with fireplace, two laundry rooms, an exercise room with state of the art equipment and a library/computer room.

Quincy Village

(717) 749-2391

Wesley House at Quincy Village

Wesley House at Quincy offers spacious one- and two-bedroom apartments for those age 55 and over. Well-equipped kitchens, wall-to-wall carpeting, and on-site laundry facilities are just a few of the amenities we include to help you create your own definition of an enriched life. We invite you to view our impressive list of features and amenities below as well as our sample floor plans. Wesley House at Quincy is located on the Quincy Village campus and convenient to a wide range of area attractions.

WHERE TO TURN FOR HELP

Shippen House

(717) 532-7885

Shippen House

Shippen House is a thriving community that over 24 seniors, age 62 years and over, call home. Our homes are beautifully built with your needs in mind. Located in historic Shippensburg, Pennsylvania, this community combines quality, convenience, and affordability. Our beautiful apartment homes are only part of the wonderful features here at Shippen House. Our two multi-purpose rooms offer the perfect environment for a variety of social, recreational, and educational activities.

SpiriTrust Lutheran - Franklin County

(717) 264-7453

The Village at Luther Ridge - Luther Ridge Manor

SpiriTrust Lutheran®, The Village at Luther Ridge offers HUD housing for income-qualified seniors in the spacious Luther Ridge Manor apartments. Luther Ridge Manor offers cheerful community areas, beautifully landscaped grounds, a security system and access to social services and dining services, including lunch Monday through Friday at the Fleck Community Center. A wide and ever-changing array of social and recreational programs keep our residents active and involved.

Tax Credit Properties

(717) 977-3900

Wayne Gardens Senior Living Community

Wayne Gardens will provide opportunities to house seniors in apartments that are accessible and geared towards the needs of aging adults.

Wayne Gardens is an Equal Opportunity Housing provider located in Waynesboro. We do not discriminate against any applicant on the basis of race, color, national origin, age, disability, religion, sex and familial status, sexual orientation, and reprisal.

If you believe that you need an accommodation or modification based on a handicap or disability, contact us in order to discuss what we can do to accommodate your needs. We will make whatever reasonable accommodation possible to permit reasonable full-use and enjoyment of the unit and its associated facilities.

Features Include:

- New Construction
 - 2 Buildings, 3 Floors
 - 40 - 1 and 2 Bedroom
 - Units for Seniors Aged 62+ in each building
 - 4 - 100% Handicapped Accessible Units
 - Elevator
 - Community Room with Kitchenette
 - Maintenance-free
 - Lawn care and snow removal provided
 - Office On-site
-

WHERE TO TURN FOR HELP

Tax Credit Properties

(717) 977-3900

Parkview Corners

Parkview Corner provides opportunities to house seniors in apartments that are accessible and geared towards the needs of aging adults. If you believe that you need an accommodation or modification based on a handicap or disability, contact us in order to discuss what we can do to accommodate your needs. We will make whatever reasonable accommodation possible to permit reasonable full-use and enjoyment of the unit and its associated facilities.

Features:

- New Construction
- 3 Floors
- 40 - 1 and 2 Bedroom
- Units for Seniors Aged 62+
- 4 - 100% Handicapped Accessible Units
- Elevator
- Community Room with Kitchenette
- Maintenance-Free
- Lawn care and snow removal provided
- Office On-Site
- 1 hearing/vision impaired unit
- Game Room/Café
- Fitness Room
- Salon
- Activity Room
- Health Care Office
- Green Roof
- Patios
- Bicycle Storage Room

Tower at Falling Spring

(717) 263-0199

Tower at Falling Spring - Senior Housing

The Tower at Falling Spring, located in Chambersburg, Pennsylvania, offers affordable senior living for ages 62 and better. Whether you choose our one or two bedroom floor plan, your new home will come complete with a fully-equipped kitchen, wall-to-wall carpeting and individually controlled heat and air conditioning. Handicapped accessible apartments are also available.

Trinity House

(717) 762-9633

Trinity House

Trinity House offers 1 bedroom apartments in a secured high rise setting. Each unit is approximately 650 sq. ft. with large windows offering a great view of our town. All units have air conditioning and your heat, water, sewer and refuse will be provided by Schuster Management. All kitchens are fully equipped and the bathrooms have ceramic tile and have hand rails for an extra safety. The dining room/living room combination allows for any style of arrangement and decorating of your apartment. All bedrooms have walk-in closets. Small pets under 25 lbs. are welcome.

WHERE TO TURN FOR HELP

Villas at Orchard Run

(717) 261-9193

Villas at Orchard Run - Senior Housing

The Villas at Orchard Run is available to persons at least 55 years of age with one and two bedroom garden-style apartments in Chambersburg, Pennsylvania. It operates under the Low Income Housing Tax Credit Program and is located close to Routes 30 and I-81, providing access to neighborhood shopping and other conveniences. Dishwashers and disposals Refrigerators and gas ranges Wall-to-wall carpet Washers and gas dryers in each apartments Central air conditioning Private entrances with porch area Storage areas On-site parking Community building

Independent Living Services

Bureau of Blindness and Visual Services

(866) 375-8264

Independent Living Skills

BBVS can assist adults to become more self-sufficient and independent in their homes and communities.

Available services include:

- Advocacy and counseling
- Information and referral
- Blindness skills training
- Mobility (travel) instruction
- Instruction on performing daily living activities
- Purchasing assistive equipment

Center for Independent Living of Central Pennsylvania

(717) 731-1900

Independent Living Services

Consumer controlled services include training designed to increase self-reliance, living skills and enhance self-confidences such as cooking, budgeting, housing search, benefits counseling and home maintenance skills.

Training is also available to empower people with disabilities to speak for themselves and others. Information and resource materials are available related to disability issues.

WHERE TO TURN FOR HELP

Center for Independent Living Opportunities

(717) 849-0991

Center for Independent Living Opportunities

CIL Opportunities is a private, non-profit organization serving people with disabilities, families, and the community in Adams, Franklin, and York counties on issues and needs related to diverse disabilities. CIL Opportunities was founded in 1992 and is governed and staffed mainly by people with disabilities.

Dedicated to the integration of people with diverse disabilities in all aspects of life in our communities, CIL Opportunities focuses on:

- Eliminating barriers
- Ensuring civil rights and equal access
- Promoting independent living

CIL Opportunities provides free and confidential disability related services to people with disabilities, family members, individuals, and local businesses and organizations without regard to age, race, ethnicity, gender, socioeconomic status, sexual orientation/identity, religious background, or severity of disability. All services and special projects prioritize self-determination by people with disabilities and include:

CORE INDEPENDENT LIVING SERVICES

- Peer Mentoring/Support/Counseling - Staff and volunteers provide consumers with emotional support as they work toward their IL goals.
- Life Skills Training - Staff teach consumers (including students) daily living skills (e.g., budgeting, using public transportation, training attendants, using a computer) to increase opportunities to live independently.
- Advocacy - Staff assist consumers in learning what to do if they believe their rights have been violated and helps them gain the confidence to speak for themselves and on behalf of other people with disabilities.
- Information and Referral - Staff and volunteers offer up-to-date information on critical issues and provide referrals to other helpful community resources.
- Transitioning - Staff assist consumers who want to transition from school to work/college AND consumers who have a goal of transitioning from nursing facilities back to the community.

INDEPENDENT MONITORING FOR QUALITY (IM4Q)

- IM4Q - IM4Q operates according to the belief that the best way to evaluate a service is to ask the consumers who use it. So, as part of a statewide initiative by the PA Office of Mental Retardation, the IM4Q Project involves people with developmental disabilities serving as “monitors” to conduct one-on-one quality of life interviews with consumers. CIL Opportunities is responsible for the two-county area funded by the York-Adams Mental Health/Mental Retardation Program.

HOME AND COMMUNITY BASED WAIVERS (HCBS)

- HCBS - The Office of Long Term Living (OLTL), a division under the Department of Public Welfare, funds consumer-directed personal assistance services for Medicaid eligible people with disabilities to maintain independent in their own homes. Under this program, consumers choose service coordinators to assist them in complying with regulations under this program. CIL Opportunities is a current provider of service coordination which includes empowering consumers to achieve their self-identified IL goals along with providing personal emergency response systems (PERS), home modifications, and durable medical equipment (if deemed eligible by OLTL).

CIL Opportunities also provides advocacy for consumers (regardless if chosen as a service coordinator) applying for HCBS services.

WHERE TO TURN FOR HELP

NURSING HOME TRANSITION

- Transition to Nursing Facilities or State Hospitals - CIL Opportunities advocates and assists consumers with IL goals of transitioning out of nursing facilities/state hospitals. This is an unfunded service of which empowers consumers to live the American Dream ... independence. Staff work with consumers in their current living situation on skills building and independence goals in preparation for moving day. We also advocate for consumers who have applied for the nursing home transition program through the PA Department of Aging. CIL Opportunities collect household items from individual donors to assist consumers when moving out (e.g., kitchen items, TVs, bedding, and clothing).

YOUTH TRANSITION

- Youth - CIL Opportunities advocates and assists youth consumers with IL goals of transitioning to college, work, and/or independent living setting. Staff work with students and their schools and parents to work on skills, transitioning, and employment practices.

ADA ACCESSIBILITY GUIDELINES / DISABILITY AWARENESS PROGRAM

- Guidelines and Programs - CIL Opportunities provides ADA Accessibility Guidelines consulting when requested from local business and organizations. Certified staff are very knowledgeable about compliance issues and resolution guidance. We work with local townships, County officials, Housing Authorities (Executive Director is a member of an accommodation board for the local housing group), and other interested organizations to ensure accessibility for all.

CIL Opportunities provides disability awareness trainings to local business, organizations, housing staff, realtors, civil groups, churches, youth groups, sporting facilities, and other interested individuals/groups. Our trainings are created and facilitated by staff, board of directors, and volunteers.

TRANSPORTATION ASSISTANCE

- Transportation - CIL Opportunities assist local transportation providers with disability verifications of applicants as well as empower consumers to apply, advocate for, and utilize their local public transportation. Staff work with individuals in learning how to “ride the bus” and navigate stops/pick-ups, and teach them their ADA rights when using the program.

CONSUMER LIBRARY / VOLUNTEER PROGRAM

- Consumer Library - CIL Opportunities created a consumer library that is open to the public during business hours (free of charge) encouraging people with disabilities and family members to learn computer skills, work on resumes, and research resources for their self-identified IL goals. The library is fully accessible to all disabilities and includes 4 work stations, a CCTV, Braille machine, book resources, and leisure reading materials.

- Volunteer Program - CIL Opportunities’ volunteer program consists of students and people with disabilities from the community learning job skills while volunteering at the CIL. We encourage a work environment and provide job-like duties around the office which are tailored to each student’s/consumer’s self-identified IL/employment goals. We also assist with working on their resumes and doing mock interviews in preparation for their employment goals. We can also provide a business suit/attire for an interview if the situation presents itself. CIL Opportunities, through its volunteer program, provides for some light rehabilitation duties for consumers who may need to work on speech, typing, or other physical activities due to a recent set-back in their health.

WHERE TO TURN FOR HELP

HOME MODIFICATION/DURABLE MEDICAL EQUIPMENT / ASSISTIVE TECHNOLOGY CONSULTING

•Go-To Agency - CIL Opportunities is the go-to agency for local organizations who need assistance in providing services to consumers for Home Modifications/Durable Medical Equipment/Assistive Technology needs.

PENNCARES PENNWORKS™ PARTNER

•What is PennCares PennWorks™ - PennCares PennWorks™ is a new Certificated Integrated Competitive Employment Readiness initiative for Youth and Adults with Physical and Intellectual Disabilities. PennWorks develops training, job exploration, certification and employment supports.

Recognizing that adults with disabilities represent a large and untapped workforce, the Center for Independent Living Opportunities was invited to join the PennWorks initiative in providing the access and training for this group.

* OTHER SERVICES

•Additional CIL Services - The CIL services described above is just a snapshot of what the CIL provides on a daily basis. Each person who chooses to reach out to the CIL has their own unique self-identified IL goals which creates for a case-by-case scenario of services/provisions daily. In addition, CILs are often called upon by other agencies/departments to provide unfunded services (i.e., emergency responses for natural and other disasters).

Infant Formula

Women, Infants, and Children Program of Franklin County

(717) 263-0802

Women, Infants, and Children Program of Franklin County

A pregnant woman, woman who had a baby within past 6 months or is breastfeeding and infants less than one year old, infant or child under age 5 receives nutrition information, breastfeeding support, health and social services referrals, and healthy foods every month.

Information and Referral Services

CONTACT Helpline

(717) 652-4400

CONTACT Helpline - Helpline Information and Referral

Health and human service Information and referral to thousands of services, agencies, support groups and hotlines.

Franklin County Area Agency on Aging

(717) 263-2153

Information and Referrals

Aging staff are available to provide information and referral services for programs that benefit older adults. Referrals can be made for services offered by Franklin County Aging as well as other services and resources in the community. This program offers assistance with filling out applications and forms such as; LIHEAP, Rent Rebate, Farmer's Market Nutrition (FMNP) Vouchers, etc.

WHERE TO TURN FOR HELP

Franklin County Human Services Administration

(717) 261-2561

Information and Referral Services

Franklin County Human Services Information and Referral (I&R) is an available service to anyone who is seeking information regarding the availability of human service agencies and the programs that they offer for those residing in Franklin County.

Individuals who are uncertain of how to access the information or services that they desire are encouraged to contact us.

Additionally, I&R provides resource materials in the form of the Where to Turn for Help guide, reentry guide, Human Services Directory, etc.

Mental Health Association of Franklin and Fulton Counties

(717) 264-4301

Information and Referral

Will assist in finding a provider or information on mental illness and/or services.

Pennsylvania Office for the Deaf & Hard of Hearing (ODHH)

(717) 783-4912

Office for the Deaf and Hard of Hearing

Provides information, referral and advocacy.

Injured Worker

Pennsylvania Bureau of Workers' Compensation - Harrisburg

(800) 482-2383 Claims
Information Helpline

Pennsylvania Bureau of Workers' Compensation - Harrisburg

Administers the Workers' Compensation and Occupational Disease Laws to assure that proper benefits are paid to injured workers or their dependents.

Bureau services include:

- Information to injured employees regarding their rights
- Review/regulation of all claim documents
- Monitors the compliance feature of the law

Injured workers must first file a report with their employer, who then files a claim with its insurance carrier.

Inpatient Counseling

Brook Lane Health Services

(301) 733-0330

Stone Bridge

This program provides treatment for boys and girls ages 6 - 12 and female adolescents ages 13 -17. These youths are emotionally and temporarily in need of protective and supportive residential placement. Must contact admissions office at 301-733-0330 Ext 1112 for application process.

WHERE TO TURN FOR HELP

Roxbury Treatment Center - Inpatient Programs

(717) 530-2206

Adolescent Inpatient Psychiatric Program

Roxbury Treatment Centers inpatient psychiatric program for adolescents is designed to treat youth ages 13-17. We provide acute psychiatric stabilization and co-occurring substance abuse treatment in a caring and nurturing environment while focusing on the individual needs of each patient.

While in our care, our patients will receive:

- Thorough psychiatric evaluation
- Nursing care 24-hours daily
- Individual counseling
- Group therapy
- Family therapy
- Academic services
- Substance abuse evaluation and treatment (when indicated)
- Allied therapies to include art, music, and recreation

Please contact our admissions department if you have any questions related to your specific situation. In addition to these services, our program is designed to focus on the individual strengths of each patient and develop an individual treatment care plan that will focus on these strengths. We strongly encourage family involvement while the patient is in our care.

WHERE TO TURN FOR HELP

Roxbury Treatment Center - Inpatient Programs

(717) 530-2206

Adult Inpatient Psychiatric Program

Roxbury's inpatient psychiatric program provides acute psychiatric stabilization, along with the capability and expertise to treat those who have co-occurring substance abuse needs. Our co-occurring disorder programming includes psychiatric stabilization, detoxification from any substance, 12-step programming, and referrals for additional treatment as needed. Addressing both substance abuse and mental health issues at the same time has proven to be therapeutically beneficial for our patients.

Adult Psychiatric Stabilization:

- Thorough psychiatric evaluation
- Full-time psychiatrist on staff and available 24-hours daily
- Medication assisted stabilization
- Continued medication management and education
- Full and complete medical examination and history
- Nursing care 24-hours daily
- Clinical evaluations
- Therapeutic groups and activities with small group focus
- Family and individual therapy as indicated by Roxbury's treatment team
- Structured recreational therapy including art and music therapies
- Continuing care resources and detailed individual discharge plan including crisis plan upon completion of program

Adult Co-occurring Disorder Program:

- Detoxification services conducted under close medical supervision
- 12-Step education with attendance to 12-Step meetings
- Co-occurring disorder group therapy and education resources
- Additional discharge treatment planning with substance abuse resources

Roxbury Treatment Center - Inpatient Programs

(717) 530-2206

Adult Inpatient Substance Abuse Program

Roxbury Treatment Centers adult inpatient substance abuse program includes detoxification and rehabilitation services. We specialize in the treatment of co-occurring disorders and believe treating the substance and mental health disorders together produces the best outcome for our patients. Adult Detoxification Program: Detoxification services conducted under close medical supervision. Medical assessment and care provided 24-hours daily. Adult Rehabilitation Program: Individual counseling. Group therapy. Psycho-education. 12-Step programming. Individualized treatment care planning Individualized discharge planning including aftercare appointments and crisis planning. Adult Co-occurring Disorders Program: Dynamic multifaceted approach for specialized treatment. Psychiatric evaluations with follow-up consultation and medication management. Co-occurring disorder treatment groups. Discharge planning includes appointments with mental health providers as well as substance abuse providers. Full-time psychiatrist on staff and available 24/7.

WHERE TO TURN FOR HELP

WellSpan Behavioral Health

(717) 267-7771

Wellspan Behavioral Health- Inpatient

At WellSpan Behavioral Health, we offer a wide-variety of services and treatment options for anyone who is experiencing mental health and substance use challenges. We believe that the best chance of recovery is through supportive and individualized treatment.

The following therapies and treatments are offered for children, adolescents & adults during day and evening hours:

- Couples Therapy
 - Family Therapy
 - Group Therapy
 - Individual Therapy
 - Medication Management
 - Older Adult Services
 - Play Therapy
 - Trauma Therapy
 - EMDR
 - Treatment of Eating Disorders
 - Diagnostic Evaluations
 - Cognitive Behavioral Therapy
 - Attachment issues
-

WHERE TO TURN FOR HELP

Intellectual Disabilities

WHERE TO TURN FOR HELP

Center for Independent Living Opportunities

(717) 849-0991

Center for Independent Living Opportunities

CIL Opportunities is a private, non-profit organization serving people with disabilities, families, and the community in Adams, Franklin, and York counties on issues and needs related to diverse disabilities. CIL Opportunities was founded in 1992 and is governed and staffed mainly by people with disabilities.

Dedicated to the integration of people with diverse disabilities in all aspects of life in our communities, CIL Opportunities focuses on:

- Eliminating barriers
- Ensuring civil rights and equal access
- Promoting independent living

CIL Opportunities provides free and confidential disability related services to people with disabilities, family members, individuals, and local businesses and organizations without regard to age, race, ethnicity, gender, socioeconomic status, sexual orientation/identity, religious background, or severity of disability. All services and special projects prioritize self-determination by people with disabilities and include:

CORE INDEPENDENT LIVING SERVICES

- Peer Mentoring/Support/Counseling - Staff and volunteers provide consumers with emotional support as they work toward their IL goals.
- Life Skills Training - Staff teach consumers (including students) daily living skills (e.g., budgeting, using public transportation, training attendants, using a computer) to increase opportunities to live independently.
- Advocacy - Staff assist consumers in learning what to do if they believe their rights have been violated and helps them gain the confidence to speak for themselves and on behalf of other people with disabilities.
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- HCBS - The Office of Long Term Living (OLTL), a division under the Department of Public Welfare, funds consumer-directed personal assistance services for Medicaid eligible people with disabilities to maintain independent in their own homes. Under this program, consumers choose service coordinators to assist them in complying with regulations under this program. CIL Opportunities is a current provider of service coordination which includes empowering consumers to achieve their self-identified IL goals along with providing personal emergency response systems (PERS), home modifications, and durable medical equipment (if deemed eligible by OLTL).

CIL Opportunities also provides advocacy for consumers (regardless if chosen as a service coordinator) applying for HCBS services.

WHERE TO TURN FOR HELP

NURSING HOME TRANSITION

- Transition to Nursing Facilities or State Hospitals - CIL Opportunities advocates and assists consumers with IL goals of transitioning out of nursing facilities/state hospitals. This is an unfunded service of which empowers consumers to live the American Dream ... independence. Staff work with consumers in their current living situation on skills building and independence goals in preparation for moving day. We also advocate for consumers who have applied for the nursing home transition program through the PA Department of Aging. CIL Opportunities collect household items from individual donors to assist consumers when moving out (e.g., kitchen items, TVs, bedding, and clothing).

YOUTH TRANSITION

- Youth - CIL Opportunities advocates and assists youth consumers with IL goals of transitioning to college, work, and/or independent living setting. Staff work with students and their schools and parents to work on skills, transitioning, and employment practices.

ADA ACCESSIBILITY GUIDELINES / DISABILITY AWARENESS PROGRAM

- Guidelines and Programs - CIL Opportunities provides ADA Accessibility Guidelines consulting when requested from local business and organizations. Certified staff are very knowledgeable about compliance issues and resolution guidance. We work with local townships, County officials, Housing Authorities (Executive Director is a member of an accommodation board for the local housing group), and other interested organizations to ensure accessibility for all.

CIL Opportunities provides disability awareness trainings to local business, organizations, housing staff, realtors, civil groups, churches, youth groups, sporting facilities, and other interested individuals/groups. Our trainings are created and facilitated by staff, board of directors, and volunteers.

TRANSPORTATION ASSISTANCE

- Transportation - CIL Opportunities assist local transportation providers with disability verifications of applicants as well as empower consumers to apply, advocate for, and utilize their local public transportation. Staff work with individuals in learning how to “ride the bus” and navigate stops/pick-ups, and teach them their ADA rights when using the program.

CONSUMER LIBRARY / VOLUNTEER PROGRAM

- Consumer Library - CIL Opportunities created a consumer library that is open to the public during business hours (free of charge) encouraging people with disabilities and family members to learn computer skills, work on resumes, and research resources for their self-identified IL goals. The library is fully accessible to all disabilities and includes 4 work stations, a CCTV, Braille machine, book resources, and leisure reading materials.

- Volunteer Program - CIL Opportunities’ volunteer program consists of students and people with disabilities from the community learning job skills while volunteering at the CIL. We encourage a work environment and provide job-like duties around the office which are tailored to each student’s/consumer’s self-identified IL/employment goals. We also assist with working on their resumes and doing mock interviews in preparation for their employment goals. We can also provide a business suit/attire for an interview if the situation presents itself. CIL Opportunities, through its volunteer program, provides for some light rehabilitation duties for consumers who may need to work on speech, typing, or other physical activities due to a recent set-back in their health.

WHERE TO TURN FOR HELP

HOME MODIFICATION/DURABLE MEDICAL EQUIPMENT / ASSISTIVE TECHNOLOGY CONSULTING

•Go-To Agency - CIL Opportunities is the go-to agency for local organizations who need assistance in providing services to consumers for Home Modifications/Durable Medical Equipment/Assistive Technology needs.

PENNCARES PENNWORKS™ PARTNER

•What is PennCares PennWorks™ - PennCares PennWorks™ is a new Certificated Integrated Competitive Employment Readiness initiative for Youth and Adults with Physical and Intellectual Disabilities. PennWorks develops training, job exploration, certification and employment supports.

Recognizing that adults with disabilities represent a large and untapped workforce, the Center for Independent Living Opportunities was invited to join the PennWorks initiative in providing the access and training for this group.

* OTHER SERVICES

•Additional CIL Services - The CIL services described above is just a snapshot of what the CIL provides on a daily basis. Each person who chooses to reach out to the CIL has their own unique self-identified IL goals which creates for a case-by-case scenario of services/provisions daily. In addition, CILs are often called upon by other agencies/departments to provide unfunded services (i.e., emergency responses for natural and other disasters).

Franklin & Fulton County Mental Health, Intellectual & Developmental Disabilities, (717) 264-5387 & Early Intervention

Franklin & Fulton County Intellectual & Developmental Disabilities

The Franklin/Fulton County Intellectual & Developmental Disabilities Program partners with the community to develop and assure the availability of quality services and supports for individuals with Intellectual, Developmental Disabilities (for children under 9) and Autism and their families to live an Everyday Life.

International Tracing

American Red Cross Greater Pennsylvania Region - South Central Pennsylvania Chapter (866) 311-3832

International Services

American Red Cross International Services works in dozens of countries with its partners in the global Red Cross network but we also work domestically offering classes, presentations and workshops.

WHERE TO TURN FOR HELP

Juvenile Probation

Franklin County Juvenile Probation

(717) 261-3122

Juvenile Probation Special Services

Franklin County Juvenile Probation, under the direction and guidance of the 39th Judicial District of Pennsylvania provides probation services to Franklin County youth who fall within the jurisdiction of the Juvenile Court under Chapter 63 of the Pennsylvania Criminal Code.

The Juvenile Probation Department provides general probation supervision, school-based probation supervision, aftercare supervision and victim services. Probation Officers also facilitate numerous diversion and intervention groups to address youth needs. Juveniles are referred to the Franklin County Juvenile Probation Department by law enforcement agencies and other juvenile courts.

Private Citizens, in certain circumstances, may refer a juvenile by scheduling an appointment at the District Attorney's Office and discussing any allegations of delinquency. Those cases are submitted and approved through the District Attorney's Office.

The Franklin County Juvenile Probation Officers are appointed by the President Judge of Franklin County Court. The officers are committed to providing community protection, youth accountability and victim restoration through the use of evidence based practices, data driven decisions, and continuous quality improvement.

Programs are:

- First Offender Program
- Summer Enrichment Program (YSEP)
- Electronic Monitoring/House Arrest Program
- Youth Aid Panel Program
- Girls Circles
- Aggression Replacement Training
- Remuneration Fund
- Theft Prevention Class
- Victim Community Awareness Class
- Technology and Social Media Awareness Class
- Community Service Saturday School

Labor Relation Laws

Pennsylvania Labor Relations Board

(717) 787-1091

Pennsylvania Labor Relations Board

Administers and enforces Commonwealth laws dealing with labor-management relations.

WHERE TO TURN FOR HELP

Laboratory Services

SpiriTrust Lutheran - Franklin County

(717) 264-5433

LIFE (Living Independence For the Elderly)

SpiriTrust Lutheran® LIFE (Living Independence For the Elderly) is nationally recognized as a Program of All-Inclusive Care for the Elderly (PACE). The interdisciplinary team at SpiriTrust Lutheran LIFE combines professional care with personal attention. LIFE's all-inclusive approach helps improve the health and happiness of our participants. Services are provided primarily at the LIFE center in Chambersburg (transportation is provided via specifically equipped vans) and supplemented by in-home and referral services according to the participants' needs.

LIFE services include: primary medical care and specialty services; medical supplies and equipment; laboratory and diagnostic services; prescription drugs and medication management; 24/7 access to emergency or urgent care; acute hospitalization and ambulance services; visions, dental, hearing and podiatry care; physical, occupational and speech therapy; nutritional counseling and meals; home health care and personal care; day services and recreational therapy; social services and behavioral health care; chaplain services; and transportation.

WellSpan Health Lab Services

(717) 765-3403

Waynesboro Hospital Lab

At WellSpan Health, we offer you lab services with quality and precise results that you can trust.

WellSpan Health Lab Services

Mont Alto Health Center Lab

At WellSpan Health, we offer you lab services with quality and precise results that you can trust.

WellSpan Health Lab Services

(717) 267-0969

Park Fifth Avenue Professional Center Lab

At WellSpan Health, we offer you lab services with quality and precise results that you can trust.

WellSpan Health Lab Services

(717) 597-5537

John L Grove Medical Center Lab

At WellSpan Health, we offer you lab services with quality and precise results that you can trust.

WellSpan Health Lab Services

(717) 328-2626

Mercersburg Health Center Lab

At WellSpan Health, we offer you lab services with quality and precise results that you can trust.

WellSpan Health Lab Services

(717) 267-6745

WellSpan Health Center, Building 2 Lab

At WellSpan Health, we offer you lab services with quality and precise results that you can trust.

WHERE TO TURN FOR HELP

Laboratory Services

Fulton County Medical Center

(717) 485-6102

Fulton County Medical Center - Laboratory Services

The laboratory at FCMC is a state-of-the-art computerized facility providing comprehensive clinical testing based on your physician's orders.

WellSpan Health Lab Services

(717) 530-5333

Shippensburg Medical Campus Lab

At WellSpan Health, we offer you lab services with quality and precise results that you can trust.

WellSpan Health Lab Services

(717) 267-7153

Chambersburg Hospital Lab

At WellSpan Health, we offer you lab services with quality and precise results that you can trust.

Leadership Program

NETwork Ministries

(717) 264-4640

Street Leaders & Junior Leaders

Street Leaders: Each year, we hire about 14 high school students to serve with our after school ministries. As they are disciplined, we give this team leadership training, academic support, and job skills at our weekly Meet Up gathering for high school students on Wednesday nights. Its exciting to see young leaders growing in relationship with Jesus and serving in downtown Chambersburg! Junior Leaders: Every summer, we bring several 6th-10th grade students into this program, to assist with our garden and market ministry.

Legal Advocates

Women In Need - Chambersburg

(717) 264-4444

Legal Advocacy

Provides advocacy and accompaniment through the criminal and civil court system. In criminal court, WIN Legal Advocates assist victims as they go through different court proceedings, explaining court procedures and informing them about the progress of their case. The Legal Advocates can also assist victims through the criminal process by accompanying them to the Police Department and/or District Attorney's Office. In addition to criminal court accompaniment, Legal Advocates are also available to assist victims of abuse in completing a Protection from Abuse Order, or PFA. The advocates work through the PFA questionnaire with the victims, assist them in scheduling an appointment with the attorney to complete the PFA paperwork, and advocate for them through the civil proceeding in PFA court.

Legal Aid - Client Representation

Franklin County Public Defender Office

(717) 261-3863

Public Defender Office

The Public Defender is responsible for furnishing legal counsel to any person who, for lack of sufficient funds, is unable to obtain legal counsel in any situation where representation is constitutionally guaranteed. In general, a person is entitled to legal counsel whenever that individual's personal liberty is at stake. This would include capital crimes, misdemeanor and felony offenses, and summary offenses that carry a mandatory sentence of incarceration.

WHERE TO TURN FOR HELP

Legal Aid - Family Law

Franklin County Legal Services

(717) 262-2326

Legal Advice, Representation, and Education

Franklin County Legal Services provides legal representation, advice, and education to low-income individuals with civil legal problems.

MidPenn Legal Services - Franklin

(800) 326-9177

MidPenn Legal Services - Franklin

MidPenn Legal Services provides free legal services to low-income individuals in civil legal matters.

Services include:

- Legal advice, negotiations and representation before agencies and courts and is handled through advice, brief service and/or representation in court.
- Representation of plaintiffs in protection from abuse cases, custody (when other party has legal representation and seeking shared or primary of the child, child snatch cases, or when the child is in immediate danger.
- Consumer issues (credit card debt collections)
- Simple divorces (no property involved and parties either agree to divorce or been separated more than 1 year)
- Welfare: medical assistance and food stamp denials, terminations, over payments and reductions.
- SSDI/Supplemental Security Income: denials, terminations and over payments.
- Unemployment: unemployment compensation denials, expungement of criminal records for job purposes.
- Housing: Illegal lockouts and landlord utility shut-offs, public housing/Section 8 eviction hearings and evictions, mortgage foreclosure.
- Sheriff's Sales: To prevent loss of personal property or house.
- POA, Wills and Advanced Directives: create estate documents.
- Other legal matters may be handled through the private attorney involvement program (Pro Bono Project), as the cases they take are otherwise covered in the generalized description.

Legal Aid - General Legal Services

Franklin County Legal Services

(717) 262-2326

Legal Advice, Representation, and Education

Franklin County Legal Services provides legal representation, advice, and education to low-income individuals with civil legal problems.

WHERE TO TURN FOR HELP

MidPenn Legal Services - Franklin

(800) 326-9177

MidPenn Legal Services - Franklin

MidPenn Legal Services provides free legal services to low-income individuals in civil legal matters.

Services include:

- Legal advice, negotiations and representation before agencies and courts and is handled through advice, brief service and/or representation in court.
- Representation of plaintiffs in protection from abuse cases, custody (when other party has legal representation and seeking shared or primary of the child, child snatch cases, or when the child is in immediate danger.
- Consumer issues (credit card debt collections)
- Simple divorces (no property involved and parties either agree to divorce or been separated more than 1 year)
- Welfare: medical assistance and food stamp denials, terminations, over payments and reductions.
- SSDI/Supplemental Security Income: denials, terminations and over payments.
- Unemployment: unemployment compensation denials, expungement of criminal records for job purposes.
- Housing: Illegal lockouts and landlord utility shut-offs, public housing/Section 8 eviction hearings and evictions, mortgage foreclosure.
- Sheriff's Sales: To prevent loss of personal property or house.
- POA, Wills and Advanced Directives: create estate documents.
- Other legal matters may be handled through the private attorney involvement program (Pro Bono Project), as the cases they take are otherwise covered in the generalized description.

Legal Aid - Immigration Law

Franklin County Legal Services

(717) 262-2326

Legal Advice, Representation, and Education

Franklin County Legal Services provides legal representation, advice, and education to low-income individuals with civil legal problems.

Legal Aid - Landlord/Tenant Resolution

Franklin County Legal Services

(717) 262-2326

Legal Advice, Representation, and Education

Franklin County Legal Services provides legal representation, advice, and education to low-income individuals with civil legal problems.

WHERE TO TURN FOR HELP

MidPenn Legal Services - Franklin

(800) 326-9177

MidPenn Legal Services - Franklin

MidPenn Legal Services provides free legal services to low-income individuals in civil legal matters.

Services include:

- Legal advice, negotiations and representation before agencies and courts and is handled through advice, brief service and/or representation in court.
- Representation of plaintiffs in protection from abuse cases, custody (when other party has legal representation and seeking shared or primary of the child, child snatch cases, or when the child is in immediate danger.
- Consumer issues (credit card debt collections)
- Simple divorces (no property involved and parties either agree to divorce or been separated more than 1 year)
- Welfare: medical assistance and food stamp denials, terminations, over payments and reductions.
- SSDI/Supplemental Security Income: denials, terminations and over payments.
- Unemployment: unemployment compensation denials, expungement of criminal records for job purposes.
- Housing: Illegal lockouts and landlord utility shut-offs, public housing/Section 8 eviction hearings and evictions, mortgage foreclosure.
- Sheriff's Sales: To prevent loss of personal property or house.
- POA, Wills and Advanced Directives: create estate documents.
- Other legal matters may be handled through the private attorney involvement program (Pro Bono Project), as the cases they take are otherwise covered in the generalized description.

Legal Resources

Franklin County Bar Association

(717) 660-2118

Find A Lawyer - Lawyer Referral Services

The Find a Lawyer directory is an easy to use listing of attorneys who practice in Franklin County. The directory is organized by area of practice. Call 717-660-2118 or visit www.franklinbar.org/find to receive attorney contact information. The Franklin County Bar Association's Find a Lawyer program does not provide Pro Bono services. Please contact the legal aid offices in Franklin County for legal services. Copies/print-outs are \$.20 per page (cash only).

Franklin County Bar Association

(717) 267-2032

Franklin County Law Library

The Franklin County Law Library is located with the Franklin County Bar Association on the third floor of the Heritage Center Office Complex at 100 Lincoln Way East, Chambersburg (right across the street from the Franklin County Courthouse). It has a varied collection of Pennsylvania and federal resources available to the public, including access to online materials through LexisNexis. Copies/print-outs are \$.20 per page (cash only).

WHERE TO TURN FOR HELP

Franklin County Dispute Resolution Center

(717) 762-1167

Mediation

Mediation is a confidential, voluntary process of peaceful dispute resolution. Professional staff serves as neutral mediators to help you and the parties that you are having the dispute with find an amicable resolution. Mediation promotes positive communication and, if possible, helps the disputants find a resolution which is mutually beneficial. Mediation Process: 1. Introduction: Process, Duties, Neutrality and Confidentiality 2. Information Gathering: What happened, why, how; the mediators will ask questions 3. Issue Identification: What are the main issues in this conflict? 4. Generating Solutions: How can this issue be resolved? 5. Agreement: Binding decision reached by the disputants, witnessed by the mediators. At the end of the mediation process, a contract is drafted by the mediators, describing the resolution as indicated by the disputants. Each relevant party then signs the contract, which is legally binding. This contract ensures that the terms of the resolution are carried out.

Franklin County Dispute Resolution Center

(717) 762-1167

Advice Sessions

Experts are available to discuss situations related to virtually every field. Our experts will offer you advice and guidance in resolving and mitigating disputes. The knowledge that you gain from our experts will allow you to effectively prevent disputes from occurring and in the event that a dispute does occur, how to effectively resolve the issue.

Franklin County Dispute Resolution Center

(717) 762-1167

Negotiation Assistance

Professional staff can assist in negotiating the case with other disputants. ****Areas of Dispute Resolution****
Divorce Property (Asset-Debt) Allocation Custody and Visitation Negotiations Litigation Boundary Disputes Contract Matters Personal Injury Settlements Labor Disputes Construction/Building Controversies Landlord-Tenant Disputes Will Contests Mock Trials for Attorneys to help evaluate the merits of a case

Franklin County Dispute Resolution Center

(717) 762-1167

Binding & Non-Binding Arbitration

Arbitration is a binding form of Alternative Dispute Resolution. In arbitration, a trained expert(s) will objectively assess the dispute and discuss possible outcomes with the disputants. They must agree to follow the resolution that is offered by the arbitrator. Failure to follow this resolution can result in legal ramifications. Once the arbitrator rules on the resolution, the decision is legally binding. Non-binding resolution is another kind of Alternative Dispute Resolution. Non-binding resolution is an opportunity for all disputants to discuss the case with a neutral third party, who is usually an expert in the field of the dispute. The expert will then offer a suggested resolution. The disputants are not required to accept or follow the expert's suggested resolution. This resolution is offered only as a means to resolve the dispute outside of court.

WHERE TO TURN FOR HELP

Legal Services - Seniors

Keystone Elder Law

(717) 697-3223

Elder Law Services

Keystone Elder Law P.C. provides the following services:

Foundational legal documents such as a Will, Durable Financial Power of Attorney, Durable Health Care Power of Attorney, and Advance Care Directive

Asset protection strategies through the use of trusts, caregiver agreements, life estates, and Medicaid planning

Care coordination for home and facility based care

Probate & Estate Administration – the wrapping up of an individual's affairs upon death

R. Thomas Murphy & Associates, P.C.

(717) 762-1032

Elder Law, Estates Settlement and Planning Services-Waynesboro Office

R. Thomas Murphy provides the following services:

- Elder Law - Including estate and tax planning, nursing home asset protection, planning for incapacity, advanced health care directives, Medicaid planning, long-term care and other health care matters.
- Estate Planning - Including the preparation of wills, trust agreements, powers of attorney, health care declarations, federal estate and gift tax planning and charitable giving.
- Estate Settlement - Including probate and probate avoidance, all matters pertaining to the settlement of estates, the preparation of Pennsylvania inheritance tax and the federal estate and gift tax returns.

R. Thomas Murphy & Associates, P.C.

(717) 261-0117

Elder Law, Estates Settlement and Planning Services-Chambersburg Office

R. Thomas Murphy provides the following services:

- Elder Law - Including estate and tax planning, nursing home asset protection, planning for incapacity, advanced health care directives, Medicaid planning, long-term care and other health care matters.
- Estate Planning - Including the preparation of wills, trust agreements, powers of attorney, health care declarations, federal estate and gift tax planning and charitable giving.
- Estate Settlement - Including probate and probate avoidance, all matters pertaining to the settlement of estates, the preparation of Pennsylvania inheritance tax and the federal estate and gift tax returns.

LGBT Community Support Services

LGBT Center of Central PA

(717) 920-9534

LGBT Center of Central PA

LGBT Community Center that provides services through educational, cultural and community activities that foster wholeness.

WHERE TO TURN FOR HELP

LGBT Support Group

LGBT Center of Central PA

(717) 920-9534

LGBT Center of Central PA

LGBT Community Center that provides services through educational, cultural and community activities that foster wholeness.

Library

Franklin County Library System

(717) 369-4716

St Thomas Library

Public Library with materials and programs for children, teens, and adults. Public computers are available for use. Please phone the library for more information on current program offerings.

Franklin County Library System

(717) 597-7920

Lilian S Besore Memorial Library

Public Library with materials and programs for children, teens, and adults. Public computers are available for use. Passport services are also available at this location. Please phone the library for more information on current program offerings or to set up an appointment for passport services.

Franklin County Library System

(717) 709-0282

Outreach Services

Our Bookmobile and Book Buggy serve residents across Franklin County by providing mobile library services and materials. Special attention is given to communities without a physical library, childcare centers, Head Start Programs, senior centers, and senior care homes.

Franklin County Library System

(717) 709-0282

Grove Family Library

Public Library with materials and programs for children, teens, and adults. Public computers are available for use. Please phone the library for more information on current program offerings.

Franklin County Library System

(717) 794-2240

Blue Ridge Summit Free Library

Public Library with materials and programs for children, teens, and adults. Computers available for public use. Please phone the library for more information on current program offerings.

Franklin County Library System

(717) 263-1054

Coyle Free Library

Known as the district center of regional library services, it is a public library with materials and programs for children, teens, and adults. Public computers are available for use. A reference librarian is onsite. Genealogy help is also available. English/Spanish education is available. Please phone the library for more information on current program offerings.

WHERE TO TURN FOR HELP

Franklin County Library System

(717) 369-4704

Fort Loudon Library

Public Library with materials and programs for children, teens, and adults. Public computers are available for use. Please phone the library for more information on current program offerings.

Life Skills Education

The House of Grace

(717) 709-0085

The House of Grace

The focus of this Christ-centered support group for women is self-sufficiency and spiritual growth; learned in a warm environment. Life skills education and mentoring are available. Goals are to develop wholeness in women so they may become the persons God created them to be in all aspects of life; and to equip women for service to others. (This is not a residential program) Life skills education utilizes primarily a "hands on" approach and is one-on-one whenever possible.

Skills include, are but not limited to:

- Cooking & Nutrition
- Sewing & Knitting
- Crafts
- Parenting
- Cleaning
- Basic Computer

For those interested, also offered:

- Bible Study
- Prayer Groups
- Discipleship Class
- Spiritual Growth Class
- One on One Mentoring

Other programming includes, but is not limited to:

- Developing Communication Skills
- Building Relationships
- Managing Stress
- Various Home Safety and Health Classes

Life Threatening Medical Conditions

Make-A-Wish Greater Pennsylvania & West Virginia

(717) 757-9474

Make-A-Wish Greater Pennsylvania & West Virginia

Mission: Together, we create life-changing wishes for children with critical illnesses.

WHERE TO TURN FOR HELP

Lifeguard Training

American Red Cross Greater Pennsylvania Region - South Central Pennsylvania (866) 311-3832

Chapter

Health and Safety Training and Education

Many jobs require up to date lifesaving skills because they address health emergencies every day – people such as health care providers, first responders, and lifeguards. Others, including teachers and babysitters, are entrusted with precious young lives that could require aid on a moment's notice.

Those of us who don't face health emergencies every day can also benefit from Red Cross training. With a wide array of Lifeguarding, Caregiving and Babysitting, and Swimming and Water Safety courses the Red Cross can provide you with the training and skills you need to prevent, prepare for and respond to emergencies.

Available trainings are:

- First Aid training
- CPR training
- AED training
- Babysitting and Caregiving training
- Swimming training
- CNA training
- BLS training

Waynesboro Area YMCA

(717) 762-6012

CPR, First Aid, Lifeguard and WSI Training

Lifeguard Training - American Red Cross Lifeguarding Program trains prospective guards with the skills and knowledge necessary to help patrons of the aquatic facilities. This program includes the lifeguard course with aquatic specific First Aid, CPR and AED training. The course includes a book and resuscitation mask. All students must be at least 15 years of age by last day of the course, no exceptions. Attendance at all classes is required for certification. Please contact Emily Miller, if you are interested in a lifeguard class emily@waynesboroymca.org. CPR/AED for the Professional Rescuer - American Red Cross CPR/AED for the Professional Rescuer will train responders in breathing and cardiac emergencies for adult, children and infants. Participants must complete all practical skills and score 80% or higher on all written tests. The minimum age for this course is 15. Please email emily@waynesboroymca.org for more info. First Aid - The purpose of the American Red Cross First Aid course is to give individuals the knowledge and skills needed to recognize and provide basic first aid care for injuries and sudden illness until advanced medical personnel arrive. Participants must complete all practical and written tests to receive certification. The minimum age for this course is 15. Please email emily@waynesboroymca.org for more info.

WHERE TO TURN FOR HELP

LIHEAP

Franklin County Assistance Office

(877) 289-9177

LIHEAP (Energy Assistance, Utility Help) - Franklin

The Low-Income Home Energy Assistance Program, also known as LIHEAP, helps low-income families pay their heating bills. LIHEAP is a grant that offers assistance in the form of a cash grant, sent directly to the utility company, or a crisis grant for households in immediate danger of being without heat.

Crisis Grants: In addition to the LIHEAP cash program, households experiencing a heating crisis may be eligible for additional benefits through the LIHEAP crisis program. Emergency situations include: Broken heating equipment or leaking lines that must be fixed or replaced. Lack of fuel. The main heating source or second heating source (a source that is used to operate the main heating source or used if the main heating source is not working) has been completely shut-off. Danger of being without fuel (less than a 15 day supply) or of having utility service terminated (received a notice that service will be shut off within the next 60 days). Assistance with home heating crisis situations will be available 24 hours a day; in most counties, you should contact your local county assistance office.

Listening Services

CONTACT Helpline

(800) 932-4616

CONTACT Helpline - Helpline Listening

Non-judgmental, caring listening provided by trained volunteers. Service is 24-hours, 7-days a week. This service does NOT provide counseling or advice.

Location Of Absent Parents

Domestic Relations Section of Franklin County

(717) 264-6144

Domestic Relations Section of Franklin County

The Franklin County Domestic Relations Section is responsible for the administration of child / spouse support Enforcement Program which consists of:

- Case Initiation
- Paternity Determination
- Location of Absent Parents
- Establishment and Modification of Support Orders
- Enforcement of Financial and Non-Financial Orders.

Services Provided:

- Location of absent parents
- Establishment of paternity
- Establishment of support orders including medical support
- Enforcement of support orders
- Modification of support, if warranted
- Limited collection and distribution of support payments

WHERE TO TURN FOR HELP

Lupus Support Group

WellSpan Health Support Groups

(717) 264-7099

Lupus Support Group

Support Group for those with Lupus.

Make A Wish

Make-A-Wish Greater Pennsylvania & West Virginia

(717) 757-9474

Make-A-Wish Greater Pennsylvania & West Virginia

Mission: Together, we create life-changing wishes for children with critical illnesses.

Mammograms

Cumberland Valley Breast Care Alliance

(717) 263-7191

The MammaGift Project

A program to provide free mammograms for uninsured or under-insured women.

Fulton County Medical Center

(717) 485-6107

Diagnostic Services

A variety of diagnostic services are offered at our Fulton County, PA medical center. Whether you need X-Rays, mammography, ultrasound or other diagnostic testing and services, FCMC offers you trained specialists and a full range of medical equipment to perform the tests you need. Services are: General XRay Bone Densitometry Mammography Ultra Sound Nuclear Medicine MRI CT Scans

Keystone Community Health Services

(717) 709-7909

Keystone Health Woman Program

Free PAPs and Mammograms to eligible individuals. Free diagnostic services for abnormal PAPs and Mammograms.

WellSpan Health Imaging Services

(717) 530-5333

Shippensburg Medical Campus Imaging Services

Imaging services include: Bone Density Scanning, X-Rays, Nuclear Medicine, Fluoroscopy, CT or CAT Scans, PET/CT Scans, Mammography, Ultrasound, and MRI services.

WellSpan Health Imaging Services

(717) 765-3404

Waynesboro Hospital Imaging Services

Imaging services include: Bone Density Scanning, X-Rays, Nuclear Medicine, Fluoroscopy, CT or CAT Scans, PET/CT Scans, Mammography, Ultrasound, and MRI services.

WellSpan Health Imaging Services

(717) 267-6116

Chambersburg Hospital Imaging Services

Imaging services include: Bone Density Scanning, X-Rays, Nuclear Medicine, Fluoroscopy, CT or CAT Scans, PET/CT Scans, Mammography, Ultrasound, and MRI services.

WHERE TO TURN FOR HELP

WellSpan Health Imaging Services

(717) 267-6116

WellSpan Health Center, Building 2 Imaging Services

Imaging services include: Bone Density Scanning, X-Rays, Nuclear Medicine, Fluoroscopy, CT or CAT Scans, PET/CT Scans, Mammography, Ultrasound, and MRI services.

WellSpan Health Women's Health Center

(717) 217-6750

Rhonda Brake Shreiner Women's Center

Rhonda Brake Shreiner Women's Center offers convenient access to a wide range of breast health and imaging resources. As an accredited Breast Imaging Center of Excellence, we strive daily to make sure your needs are met by providing you with personalized, friendly care and quality, diagnostic images. We offer leading-edge breast cancer screening, diagnosis, and treatment services such as: Mammograms Ultrasound breast biopsy Stereotactic breast biopsy Bone density scanning

Mandated Reporter

Pennsylvania Family Support Alliance

(800) 448-4906

Pennsylvania Family Support Alliance

Protects children from abuse by providing parenting education/support programs and training on child abuse recognition and reporting for professionals who work with children and are mandated reporters of child abuse. Also provides training for community members so they learn effective ways to be helpful when they are concerned about the safety of a child. Trainings for professionals are approved by Departments of Education, Human Services and State.

Meal Delivery

Central Pennsylvania Food Bank

(717) 564-1700

ElderShare/Commodity Supplemental Food Program (CSFP)

Monthly box of food for those age 60 and over who are at or below 130% Federal Poverty Income Guidelines for Pennsylvania Senior Food Box Program or 150% of Federal Poverty income Guidelines for ElderShare.

Chambersburg Meals on Wheels

(717) 263-7228

Chambersburg Meals on Wheels

Each weekday (with exceptions for holidays) we prepare and deliver more than 120 hot, nutritious noon-time meals to homebound convalescent, elderly, and handicapped residents of Chambersburg and many of the surrounding communities. We place each meal in a special three-part tray, top-sealed with plastic, so the client can eat the meal right away or reheat it later if desired.

Franklin County Area Agency on Aging

(717) 263-2153

Home Delivered Meals Program

A nutritional program providing a mid-day meal, Monday through Friday to clients who are homebound and unable to independently prepare a meal. Volunteers provide meal delivery. In areas where volunteer assistance is limited, frozen meals are delivered.

Meals on Wheels Shippensburg

(717) 261-6615

Meals on Wheels - Shippensburg

Home delivered hot noon meals. Call on Friday before delivery week.

WHERE TO TURN FOR HELP

Meals On Wheels

Chambersburg Meals on Wheels

(717) 263-7228

Chambersburg Meals on Wheels

Each weekday (with exceptions for holidays) we prepare and deliver more than 120 hot, nutritious noon-time meals to homebound convalescent, elderly, and handicapped residents of Chambersburg and many of the surrounding communities. We place each meal in a special three-part tray, top-sealed with plastic, so the client can eat the meal right away or reheat it later if desired.

Meals on Wheels Shippensburg

(717) 261-6615

Meals on Wheels - Shippensburg

Home delivered hot noon meals. Call on Friday before delivery week.

Mediation

Franklin County Dispute Resolution Center

(717) 762-1167

Mediation

Mediation is a confidential, voluntary process of peaceful dispute resolution. Professional staff serves as neutral mediators to help you and the parties that you are having the dispute with find an amicable resolution. Mediation promotes positive communication and, if possible, helps the disputants find a resolution which is mutually beneficial. Mediation Process: 1. Introduction: Process, Duties, Neutrality and Confidentiality 2. Information Gathering: What happened, why, how; the mediators will ask questions 3. Issue Identification: What are the main issues in this conflict? 4. Generating Solutions: How can this issue be resolved? 5. Agreement: Binding decision reached by the disputants, witnessed by the mediators. At the end of the mediation process, a contract is drafted by the mediators, describing the resolution as indicated by the disputants. Each relevant party then signs the contract, which is legally binding. This contract ensures that the terms of the resolution are carried out.

Medicaid

Franklin County Assistance Office

(877) 289-9177

Medical Assistance / Medicaid - Franklin

Medical Assistance, also known as Medicaid, and sometimes referred to as MA, pays for health care services for eligible individuals.

Medical Assistance

Franklin County Assistance Office

(877) 289-9177

Medical Assistance / Medicaid - Franklin

Medical Assistance, also known as Medicaid, and sometimes referred to as MA, pays for health care services for eligible individuals.

WHERE TO TURN FOR HELP

Medical Bill Payment Assistance

Christ Among Neighbors

(717) 532-7577

Christ Among Neighbors

CAN may provide assistance in the form of help with rental, utility bills, clothing or medical bills. This assistance may include emergency service delivery and/or referrals/consultations to other agencies or organizations with the means to solve the problem. The serviced areas are defined as comprising the Shippensburg Area School District and the village of Walnut Bottom (zipcode 17266 and zip code 17257 on High Mountain Road)

Keystone Community Outreach

(717) 709-7922

Keystone Patient Financial Services

Keystone Health's Patient Financial Services department can help you understand your medical bill and payment process for services rendered at any of our Keystone Health practices. If you wish to speak to a medical billing representative please call 717-709-7922. If you wish to speak to a billing representative from Keystone Dental Care, call 717-709-7942.

You can pay your bill by:

- Cash
- Check
- Credit card (Visa, Mastercard, Discover, American Express) via phone, mail, online, or in person
- Online Bill Pay

WellSpan Health Care Program

(717) 267-7129

WellSpan Health Hospital Programs

Chambersburg and Waynesboro Hospitals Financial Assistance Program, also referred to as WellSpan Care, exists to provide discounted emergent or medically necessary services to eligible patients. Eligible Services are emergent or medically necessary healthcare services provided and billed by Summit hospitals. Some exclusions apply such as cosmetic procedures, non-emergent care that is sought out of network, or non-emergent services sought without regard to preauthorization requirements.

WellSpan Health Care Program

(717) 267-7129

WELLSPAN HEALTH PHYSICIAN SERVICES

WellSpan Physician Services Discount Program provides discounts ranging from 50% to almost 100% based on individual family financial needs. However, no service will be offered free of charge. WellSpan Physician Services only offers discounts to patients who have applied for and been denied Pennsylvania Medical Assistance coverage. Patients must provide their Pennsylvania Medical Assistance denial to Summit Physician Services before discounts through the WellSpan Care Discount Program will be given. Without the denial, patients without insurance coverage shall be offered the Standard Prompt Pay Discount. Routine office visits and elective surgical procedures shall be rescheduled, until the Medical Assistance denial is received or payment is made by the patient. Patients with insurance shall be expected to pay their respective co-pays or co-insurance at time of service, until the Medical Assistance denial is provided to the office.

WHERE TO TURN FOR HELP

Medical Equipment (Loan Service)

Franklin County Area Agency on Aging

(717) 263-2153

Medical Loan Closet

Medical supplies for loan to those 60 and older. FCAAA accepts large and small equipment donations. Loaner items based solely on need and availability.

Medicare - Counseling and Enrollment

Franklin County Area Agency on Aging

(717) 263-2153

PA MEDI

PA MEDI is a federally funded program administered through Area Agency on Aging and is designed specifically to help Pennsylvanian's on Medicare. PA MEDI counselors answer questions about Medicare benefits and provide easy to understand information. Counselors are available to review and answer questions related to Medicare Advantage Plans, Medicare Supplement Plans, Medicaid, Medicare Appeals, financial assistance, and Medicare Prescription Drug Plans. PA MEDI is a free unbiased resource for anyone who is Medicare eligible. One-on-one counseling sessions are held by certified volunteers committed to assisting beneficiaries with any Medicare questions or concerns. PA MEDI volunteers are also available for Medicare presentations and information sessions.

Social Security Administration- Franklin Program

(800) 772-1213

Social Security Administration- Franklin

A national program of contributory social insurance. Employees, employers and the self-employed pay contributions that are pooled in special trust funds. These funds provide income to workers and dependents in the event of retirement, disability or death. SSA also administers Medicare and the Supplemental Security Income (SSI) program for the aged, blind and disabled. Local offices accept applications, determine eligibility, hear appeals and are available to assist individuals trying to access benefits.

Medication Management

Menno Haven - Chambers Pointe

(717) 709-4510

Elderday (Adult Day Services), Menno Haven, Inc.

ElderDay is more than just a social setting. It is a place where loved ones are cared for and cared about. Our program supports aging adults who need special attention in a secure setting during the daytime hours. Experienced Team members strive to meet each individual's personal care needs, administer medications, and monitor health conditions as well as encourage engagement in fun memory-making activities and events.

Shippensburg Civic Club

(717) 530-7900

Shippensburg Community Nurse

The Civic Club has provided a Registered Nurse to residents of Shippensburg since 1917. Services are offered with the aid of the United Way and Partnership for Better Health. Nursing care delivered is that which is not covered by skilled care services or insurance. Some examples of things the nurse may do are assistance with medicine box preparation, wound care and blood pressure screenings. Free Public Blood Pressure screenings are located at Branch Creek Place (Senior Center) on the 2nd Thursday of each month.

WHERE TO TURN FOR HELP

Medication Payment Assistance

Christ Among Neighbors

(717) 532-7577

Christ Among Neighbors

CAN may provide assistance in the form of help with rental, utility bills, clothing or medical bills. This assistance may include emergency service delivery and/or referrals/consultations to other agencies or organizations with the means to solve the problem. The serviced areas are defined as comprising the Shippensburg Area School District and the village of Walnut Bottom (zipcode 17266 and zip code 17257 on High Mountain Road)

Epilepsy Association of Western and Central Pennsylvania - Harrisburg

(717) 730-6779

Emergency Medication Fund

The EAWCP does not want anyone in our region to go without their anti-seizure medication. We will provide a one time one month supply of anti-seizure medication to a person in need. In addition, we will help them to apply for other programs to assist them in the future.

The Salvation Army, Chambersburg

(717) 264-6169

Social Work

Social Work - assistance with Life Threatening Medications (1 time), Clothing (Fire Victims, Homeless, Job Interviews, and Funeral expenses.

Waynesboro Community & Human Services

(717) 762-6941

Emergency Financial Assistance & Dollar Energy Fund

The Financial Assistance Program assists clients who have a utility shut off or utility is off, first month or late rent payments to prevent homelessness, fuel oil, and prescriptions.

WCHS is authorized to complete Dollar Energy applications in Franklin County.

Mental Health - Case Management

Service Access and Management Inc. - Chambersburg

(717) 709-4321

Service Access and Management Inc. - Early Intervention, Intellectual Disability and Mental Health Case Management

SAM provides case management services to individuals enrolled in the early intervention, mental health and intellectual disabilities case management program.

TrueNorth Wellness Services - Franklin County

(800) 315-0951

Base Service Unit

The Base Service Unit Program (BSU) is designed to identify needs of individuals and link them to resources through an assessment with an administrative case manager (ACM). Individuals that require less intensive support will continue to work with our ACM, should they need more intensive support they will be referred to Service Access Management for Intensive Case Management.

WHERE TO TURN FOR HELP

Mental Health - Hospitalization Program

Brook Lane Health Services

(301) 733-0330

Inpatient Hospitalization Program

Brook Lane Inpatient Hospitalization Program offers crisis stabilization for adults, children, and adolescents. Services:

- Adult Hospitalization: Provides crisis stabilization for adults that includes 6 - 7 day stays during which time a patient receives an individualized treatment plan, that may include individual, group, family, and couples therapy as well as medication management.
- Child and Adolescent Hospitalization: Provides crisis stabilization for children and adolescents ages 3 and older, that includes a 6-7 day stay during which time a patient receives an individualized treatment plan, that may include individual, group, and family therapy as well as medication management.

Brook Lane Health Services

(301) 733-0330

Brook Lane Partial Hospitalization Program for Adults and Children and Adolescent

Adult Day Program: A week long program that provides individuals 18 years and older a structured therapeutic day program and they return home in the evenings. Individuals at risk for injurious behaviors towards self or others, show a loss of motivation or intent for living, anxiety, depression, suffers effects of psychiatric disorders, has withdrawn from normal activities and/or has severe difficulty functioning in daily life would benefit from this program. Upon admission individuals receive a thorough assessment of their psychiatric and behavioral needs and a personalized treatment plan is put in to place including medication management where needed. Children and Adolescents Program: Offers children and adolescents ages 5 -18 with behavioral problems or mental illness to attend a structured therapeutic and educational day program. These services are located at Brook Lane's main campus, Hagerstown, MD.

Mental Health Provider

Franklin & Fulton County Mental Health, Intellectual & Developmental Disabilities, & Early Intervention

(717) 264-5387

Franklin & Fulton County Mental Health

The Franklin/Fulton County Mental Health Program contracts for the provision of mental health services to Franklin/Fulton County adults with severe and persistent mental illness and children who have a mental health diagnosis or who are at risk of developing a mental illness. Staff is available to provide consultation to agencies and contracted service providers as well as training on a broad spectrum of topics including but not limited to suicide prevention, overview of mental health and mental illness, incident debriefing, the basics of the Mental Health Procedures Act, co-occurring disorders, etc.

PerformCare

(866) 773-7917

PerformCare, Franklin/Fulton County Behavioral Health Managed Care Organization (BHMCO)

PerformCare is a Behavior Health Managed Care Organization (BHMCO) that covers Mental Health and Substance Abuse services for our members in Franklin and Fulton Counties.

WHERE TO TURN FOR HELP

Tuscarora Managed Care Alliance

(866) 646-1060

Tuscarora Managed Care Alliance

Oversight organization for the Behavioral HealthChoices (MA Managed Care) contract for Franklin and Fulton Counties. Provides members with education /information on access to PerformeCare's Services, serves as a point of contact for members concerns/complaints regarding providers, PerformCare, service system issues.

Mental Health Support Group

Mental Health Association of Franklin and Fulton Counties

(717) 264-4301

DBSA - Depression & Bipolar Support Group

We are a support group for people with depression and bipolar disorder. Friends and family members are also welcome to attend....

Mentoring Program

Boys & Girls Club of Chambersburg and Shippensburg, Inc.

(717) 261-5761

Before and After School, Summer Camps

Academic Help- tutoring, accountability, time to complete assignments, mentoring, 6-8 week summer camps.

Maranatha Ministry, Inc.

(717) 762-0314

Mentor Connection

Mentor Connection is an opportunity for men in recovery and ex-prisoners to connect with a caring man in the community. The mentoring relationship can significantly assist in developing the social skills and confidence for successful re-entry into society.

South Central Community Action Programs, Franklin County

(717) 263-5060

Support Circles

Circles assist families in moving from poverty to longer term financial stability. The mission of Support Circles is to transform communities by building relationships that inspire and equip people to overcome poverty. The Circles group meets weekly to provide people time and space to work on solutions and building their future story. This weekly gathering includes free dinner and childcare. A 'support circle' is comprised of a family working to get out of poverty and 2 to 3 community allies; people who are willing to befriend the family and work together to identify what it takes to move out of poverty. Through these purposeful relationships Circles also works to create community change for a more realistic pathway out of poverty.

WHERE TO TURN FOR HELP

The House of Grace

(717) 709-0085

The House of Grace

The focus of this Christ-centered support group for women is self-sufficiency and spiritual growth; learned in a warm environment. Life skills education and mentoring are available. Goals are to develop wholeness in women so they may become the persons God created them to be in all aspects of life; and to equip women for service to others. (This is not a residential program) Life skills education utilizes primarily a "hands on" approach and is one-on-one whenever possible.

Skills include, are but not limited to:

- Cooking & Nutrition
- Sewing & Knitting
- Crafts
- Parenting
- Cleaning
- Basic Computer

For those interested, also offered:

- Bible Study
- Prayer Groups
- Discipleship Class
- Spiritual Growth Class
- One on One Mentoring

Other programming includes, but is not limited to:

- Developing Communication Skills
- Building Relationships
- Managing Stress
- Various Home Safety and Health Classes

Migrant Worker Education (Children)

PathStone Corporation - Chambersburg

(717) 264-2839

Child & Family Development Services

PathStone's Child & Family Development Services provides Migrant & Seasonal Head Start and Pennsylvania Pre – K Counts in Franklin County, PA.

Migrant Worker Health Services

Keystone Statewide Agricultural Worker Program

(717) 334-0001 (Off Season)

Keystone Agricultural Worker Program

We provide primary care services that include family medicine, internal medicine, pediatrics, dental and women's care. Our outreach services at camp sites, work and in homes, include health screenings for chronic disease (such as Diabetes and hypertension) and acute illness. We provide flu vaccines. We conduct clinics in the evenings and provide transportation when needed.

WHERE TO TURN FOR HELP

Migrant Worker Social Services

Fruitbelt Farmworker Christian Ministry

(717) 701-8633

Fruitbelt Farmworker Christian Ministry

In Adams, Franklin, Perry, and Cumberland Counties, as well as northern Maryland, we minister through Fruitbelt Farmworker Christian Ministry. Under the leadership of the Rev. Roddy Runyan, FFCM serves migrant and seasonal farmworkers. Most of the workers are single men who come without their families and live in migrant camps for the harvest season. A few of the workers remain in the area to help with pruning and other tasks. The service of FFCM includes supplying health kits, blankets, and sweatshirts to newly arrived workers; arranging churches to visit work camps; meeting emergency needs such as transportation, translation, and help with prescriptions; and leading Bible studies and worship services.

PathStone Corporation - Chambersburg

(717) 264-2839

PathStone - Emergency Food and Shelter (Migrant & Farm Workers)

Serve the one-time emergency needs of migrant and seasonal farmworkers and other rural disadvantaged people who may not be eligible for other emergency services. Services include: Nutritional assistance, emergency shelter, first month rental assistance, rent in arrears assistance, mortgage assistance and utilities in arrears assistance (one-time only assistance)

Military Emergency Assistance

American Red Cross Greater Pennsylvania Region - South Central Pennsylvania Chapter

(866) 311-3832

Services to Military and Families

Financial Assistance - The American Red Cross works in partnership with military aid societies to provide quality, reliable financial assistance to eligible applicants 24/7/365. Assistance can include funds for emergency travel, burial of a loved one, emergency food and shelter, etc.

Emergency Communications - The American Red Cross Hero Care Center is available 7 days a week, 24 hours a day, 365 days a year, with two options for requesting assistance: online and by phone. This program will provide the tools to inform active duty members of an emergency situation, which may require leave. The American Red Cross does not authorize emergency leave for members of the United States military. The Red Cross role is to independently verify the emergency, enabling the service member's commander to make an educated decision regarding emergency leave and then to provide transportation assistance and/or financial assistance if needed.

Veteran Services - The American Red Cross offers confidential services to all veterans and their families by connecting them with local, state and national resources through our network of chapters in communities across the United States and offices on military installations worldwide. The Red Cross also can assist veterans and their families in preparing, developing, and obtaining sufficient evidence to support applicants' claims for veterans' benefits. We also assist claimants seeking to appeal to the Board of Veterans' Appeals (BVA). This work is done by Red Cross staff at the BVA as well as a network of State Work-Share Representatives who are accredited by the Department of Veterans Affairs to work on behalf of the Red Cross.

WHERE TO TURN FOR HELP

Franklin County Veteran Affairs

(717) 263-4326

Pennsylvania State Benefits - Veterans Temporary Assistance

Purpose: Provide temporary financial assistance to Veterans and their beneficiaries who reside in Pennsylvania for the necessities of life (food, dairy, shelter, fuel and clothing).

Veterans' Eligibility Criteria:

-A person who served in the Armed Forces of the United States, who:

*Was discharged under honorable conditions after a period of active duty, other than active duty for training, as evidenced by a DD Form 214 or other official documentation, or

*Died in service or was killed in action, or

*Suffered a service-connected disability as certified by the United States Veterans' Administration.

Need for Temporary Assistance Criteria:

UNEXPECTED Financial circumstances temporarily resulting in insufficient funds to pay for shelter and necessities of living for the Veteran and family.

Call Franklin County Veterans Affairs for more information concerning Veterans Temporary Assistance.

Pennsylvania Wounded Warriors

(855) 729-9435

Pennsylvania Wounded Warriors

PAWW is an independent statewide non-profit 501©(3) organization providing support to Pennsylvania Wounded Warriors, Veterans in Crisis, and their families. We are not affiliated with nor a part of any national organization, including Wounded Warrior Project, and we do not receive any funds from them. We provide emergency financial assistance to veterans to help pay for housing, utilities, transportation, medical and other expenses. We pay directly to landlords, vendors and creditors.

Veterans Multi-Service Center - SSVF-Central PA

(844) 226-0368

Veteran Housing Services

SSVF provides comprehensive Supportive Services to very low income Veterans and their families who are currently experiencing homelessness or are at risk of losing their homes. Resources include case management, housing counseling, legal support, credit repair and financial planning services, and time-limited, temporary financial assistance. Eligible veterans may receive time-limited financial assistance for rent, utilities, and security deposits. SSVF offers short-term case management that links Veterans with resources within the Veterans Administration and the community with the ultimate goal of stabilizing veterans in

WHERE TO TURN FOR HELP

Military Home Loans

Franklin County Veteran Affairs

(717) 263-4326

Federal Benefit - Home Loan Guaranty

VA loan guaranties are made to service members, veterans, reservists, and unmarried surviving spouses for the purchase of homes, condominiums, and manufactured homes and for refinancing home loans. VA guarantees part of the total loan, permitting the purchaser to obtain a mortgage with a competitive interest rate, even without a down payment, if the lender agrees. The guaranty means the lender is protected against loss if you fail to repay the loan. Applicants must have a good credit rating, have sufficient income to support the mortgage payments and agree to live in the property as their primary residence. To apply for a Certificate of Eligibility complete VA Form 26-1880, which is available at <https://www.va.gov/housing-assistance/home-loans/how-to-apply/>

Military Outreach Recreational Program

Chambersburg Memorial YMCA

(717) 263-8508

Military Outreach Initiative and Respite Child Care

Deployment can be a stressful and uncertain time for our nations servicemen and women and their families. In partnership with the Armed Services YMCA and the Department of Defense, the Y is proud to offer memberships and respite child care services to eligible military families and personnel to give them extra support during this difficult period. Its our way of giving back to those who dedicate themselves to serving our country.

Mortgage Payment Assistance

Franklin County Veteran Affairs

(717) 263-4326

Pennsylvania State Benefits - Veterans Temporary Assistance

Purpose: Provide temporary financial assistance to Veterans and their beneficiaries who reside in Pennsylvania for the necessities of life (food, dairy, shelter, fuel and clothing).

Veterans' Eligibility Criteria:

-A person who served in the Armed Forces of the United States, who:

*Was discharged under honorable conditions after a period of active duty, other than active duty for training, as evidenced by a DD Form 214 or other official documentation, or

*Died in service or was killed in action, or

*Suffered a service-connected disability as certified by the United States Veterans' Administration.

Need for Temporary Assistance Criteria:

UNEXPECTED Financial circumstances temporarily resulting in insufficient funds to pay for shelter and necessities of living for the Veteran and family.

Call Franklin County Veterans Affairs for more information concerning Veterans Temporary Assistance.

WHERE TO TURN FOR HELP

PathStone Corporation - Chambersburg

(717) 264-2839

PathStone - Emergency Food and Shelter (Migrant & Farm Workers)

Serve the one-time emergency needs of migrant and seasonal farmworkers and other rural disadvantaged people who may not be eligible for other emergency services. Services include: Nutritional assistance, emergency shelter, first month rental assistance, rent in arrears assistance, mortgage assistance and utilities in arrears assistance (one-time only assistance)

Pennsylvania Housing Finance Agency (PHFA)

(800) 342-2397

Pennsylvania Housing Finance Agency - Homeowner's Emergency Mortgage Assistance Program (HEMAP)

HEMAP was created by Act 91 of 1983, and was designed to protect Pennsylvanians who, through no fault of their own, are financially unable to make their mortgage payments and are in danger of losing their homes to foreclosure. HEMAP is a loan program to prevent foreclosure. It is not a grant. Funds loaned must be repaid. Recipients must be able to show that they have a reasonable prospect of resuming full mortgage payments within the required timeframe. HEMAP is funded by State appropriations and through repayment of existing HEMAP loans. Please note that FHA Title II (purchase) mortgages are not eligible under this program.

Two types of assistance are available to the homeowner depending on income and the financial situation:

continuing mortgage assistance loans; and,
non-continuing mortgage assistance loans.

All HEMAP loans, continuing or non-continuing, are limited to a maximum of 24/36 months from the date of the mortgage delinquency, or to a maximum of \$60,000.00, whichever comes first.

HEMAP loan recipients are required to pay up to 35/40 percent of their net monthly income, as determined by HEMAP, towards their total housing expense. Although repayment is based on household income, the minimum monthly payment/contribution to HEMAP, set by law, is \$25.00 per month per mortgage assisted.

Pennsylvania Wounded Warriors

(855) 729-9435

Pennsylvania Wounded Warriors

PAWW is an independent statewide non-profit 501©(3) organization providing support to Pennsylvania Wounded Warriors, Veterans in Crisis, and their families. We are not affiliated with nor a part of any national organization, including Wounded Warrior Project, and we do not receive any funds from them. We provide emergency financial assistance to veterans to help pay for housing, utilities, transportation, medical and other expenses. We pay directly to landlords, vendors and creditors.

Multiple Sclerosis

National Multiple Sclerosis Society - Central PA Chapter

(800) 227-2108

National Multiple Sclerosis Society

Provides information and referral, medical equipment assistance, self-help groups, support, seminars and educational programs.

WHERE TO TURN FOR HELP

Narcotics Anonymous

Nar-Anon Family Group, Franklin

(800) 477-6291

The Storehouse Community Nar-Anon Group

The primary service provided by Narcotics Anonymous is the NA group meeting. Each group runs itself based on principles common to the entire organization, which is expressed in NAs literature.

Nar-Anon Family Group, Franklin

(800) 477-6291

The Storehouse Community Nar-Anon Family Group

Addiction can adversely affect many “ especially those who love an individual who struggles with substance use disorder Are you concerned about someone who suffers from the disease of addiction? Are you blaming yourself or unsure of what to do next? You are not alone! You can find hope and serenity in nar-anon family groups.

The Spring (NA)

The Spring (NA)

The primary service provided by Narcotics Anonymous is the NA group meeting. Each group runs itself based on principles common to the entire organization, which is expressed in NAs literature.

Natural Resources

Antietam Watershed Association, Inc.

(717) 762-9417

Antietam Watershed Association, Inc

Our mission is to promote conservation of the natural resources of the Antietam Creek Watershed by involving the community in watershed protection through conservation projects, land use planning, and educational programs.

Conococheague Audubon Society

(717) 263-3692

Norlo Park Native Plants Garden

Norlo Park is managed by Guilford Township. Conococheague Audubon has office space in the farmhouse, holds open public meetings in the community center, and maintains a native plants garden near the farmhouse.

Neglect

Franklin County Area Agency on Aging

(717) 263-2153

Protective Services Reports/Older Adult Protective Services

Investigations provided to incapacitated older adults 60+, unable to perform or obtain services that are necessary to maintain physical or mental health, for whom there is no responsible caretaker and who are at imminent danger to person or property.

Reports of abuse, neglect, exploitation, and abandonment of care dependent individuals 18+ are accepted 24/7. Agency staff is available to receive reports, investigate (60+) and take necessary actions regarding abuse, neglect, exploitation or abandonment for (60+). Call 717-263-2153 or 1-800-642-6990, 24-hour on-call service available.

URGENT SERVICES are for individuals 60 and older, when they are deemed to be in imminent risk.

WHERE TO TURN FOR HELP

Pennsylvania Family Support Alliance

(800) 448-4906

Pennsylvania Family Support Alliance

Protects children from abuse by providing parenting education/support programs and training on child abuse recognition and reporting for professionals who work with children and are mandated reporters of child abuse. Also provides training for community members so they learn effective ways to be helpful when they are concerned about the safety of a child. Trainings for professionals are approved by Departments of Education, Human Services and State.

Neighborhood Revitalization

Building Our Pride in Chambersburg, Inc.

(717) 263-2100

The Elm Street Program, BOPiC, Inc.

The Elm Street Plan is based upon a need to revitalize selected neighborhood properties and infrastructure to the south and east of the downtown business district of Chambersburg; emphasis on key pedestrian linkage corridors entering and leaving the central corps of the Borough of Chambersburg. The primary purpose of the Elm Street Plan is to prevent further neighborhood decline by addressing aging and deteriorated housing stock; reverse high rental to owner ratios; correct deteriorated curbs and sidewalks; encourage construction of affordable housing; apply funding to renovate owner occupied residences; eliminate blighted and unsafe conditions in the interest of promoting a visible philosophy of Clean, Safe and Green; thereby improving linkages to the downtown business district.

Non-Medical In Home Care

Aveanna Healthcare - Franklin County

(717) 263-2190

Home Health Care Services

Aveanna's customized home healthcare services enable our patients with complex medical needs to live in a familiar, comfortable setting while receiving compassionate care from experienced professionals. Our Chambersburg office provides Pediatric / Adult Private Duty Nursing and Pediatric / Adult Personal Care.

Comfort Keepers, Fayetteville PA

(717) 352-2133

Hosiery Service

Hosiery Service is a service that allows for Comfort Keepers to assist individuals with their shoes and socks. It is the newest program, designed to assist those who are needing to wear "Support Hosiery" to avoid devastating leg distress due to disease or surgery. These types of support stockings are almost impossible to put on or take off without assistance. No wound dressing is included with this service. Staff will only be in your home 15 minutes or less, depending on the time it takes for your fitting.

Comfort Keepers, Fayetteville PA

(717) 352-2133

Senior Care and End of Life Care

Our aim is to provide care and comfort to your loved one and to help families make the most of their limited time together. We help by providing: bathing, dressing, and toileting assistance for your loved one. Light house cleaning, laundry as needed, food preparation, and companionship are also provided to your loved one so you can get a much-needed break. We can also continue to help after a loved ones passing. Our Comfort Keepers can help families deal with the loss and assist with tasks such as organizing personal items and moving belongings or just simply being there to listen if family members need to talk and process their grief.

WHERE TO TURN FOR HELP

Comfort Keepers, Fayetteville PA

(717) 352-2133

Respite Care/Non-Medical Home Care

Respite care services provide home care assistance to give you time to leave the home for a few hours or even a few days, knowing the one you care for is in good hands. This creates time to: take care of the errands you never seem to have time to do. catch up on your shopping. attend a support group meeting. visit doctor or dentist for routine care. give yourself a much-needed rest. Comfort Keepers respite services can be scheduled for as little as a few hours a week. Additionally, around-the-clock home care assistance can be arranged so you can take a longer break to attend a wedding out of town, take a child to college, or go on a much-needed vacation. Comfort Keepers also provides in-home care that makes a difference in the lives of seniors. Services offered include personal care, such as bathing, grooming, incontinence care and Companionship Services such as Meal Preparation, Light Housekeeping, Medication Reminders and Laundry.

Community Home Health Care, Inc.

(717) 261-2546

Community Home Health Care, Inc.

Community Home Healthcare, Inc. provides clients with professional, comprehensive services, including skilled nursing, physical, occupational and speech therapies, social services, and home health aides to meet individual needs in the comfortable environment of their own homes.

Epilepsy Association of Western and Central Pennsylvania - Harrisburg

(800) 361-5885

CareShare Program

Respite Service: A limit of 25 hours of care can be given to each person in a 1-year time frame provided in-home to patients with an active diagnosis of epilepsy/seizure diagnosis.*This program does NOT provide long-term care. The EAWCP will make every effort to find another source of services but makes no promises that long-term care can be secured. This is a temporary program and may not become a permanent service of the EAWCP.

Home Instead

(717) 398-2565

Home Instead - Adams/Franklin County

We provide non-medical in home care to seniors in their home, or in any setting (skilled nursing, personal care, hospital, etc.). We provide transitional care, companionship, light housekeeping, meal preparation, escort to errands, personal care, respite care, medication reminders and transportation. We are available 24/7, offering as little as 1 hour of services up to 24/7/365.

Kaleidoscope Family Solutions, Inc. (KFS)

(877) 384-1729

Consolidated, Community Living, and Person Family Directed Supports (P/FDS) Waivers

In-home and community services and supports to qualified individuals with intellectual disabilities from ages three and up in the state of Pennsylvania.

- Behavioral Supports
 - In Home Community Supports
 - Community Participation Supports
 - Supported Employment
 - Adult Companion
 - Respite In-Home
-

WHERE TO TURN FOR HELP

Keystone Human Services - Franklin County

(717) 552-2070

Intellectual Disability Services - Residential Services

Residential Services are provided to adults living in licensed and unlicensed provider owned or rented homes. Services are based on the principle that each person has the ability to engage in lifelong learning. Participants are supported to acquire, maintain, or improve their skills to live more independently in the community and participate meaningfully in community life.

Services consist of assistance, support, and guidance in:

- Self-care
- Health maintenance
- Decision making
- Home management
- Personal resource management
- Communication
- Mobility and transportation
- Relationship development and socialization
- Personal adjustment
- Participation in community functions and activities
- Use of community resources

The type and amount of services are determined by the person's need for physical, psychological, and emotional assistances, established through the assessment and person centered planning process.

Residential Services are provided in the person's primary residence and the home is considered their home. Respect for personal routines, rhythms, rights, independence, privacy, and personalization are central to services, as is access to experiences and opportunities for personal growth.

Behavior Support Services are included in Residential Services to support people to manage their own mental health diagnosis and emotional wellness, including self-management of their emotions.

Nurse Consultants through Keystone Human Services are available to support the person and their staff in developing practices that promote good health.

Menno Haven - Brookview

(717) 709-4550

Menno Haven at Home Care

Provides non-medical in home care, personal care, around the home services, companion services, and transportation.

WHERE TO TURN FOR HELP

PennCares Supportive Services

(717) 632-5552

In-Home Support Services

PennCares offers a range of services for people with disabilities and their families, designed to help you to continue to live well in your community and have control of your life. This location is able to provide the following services:

- PennCares In-Home Care - For adults ages 21 and up with physical disabilities and adults ages 60 and up who need extra help due to aging, illness or injury.
- PennCares non-skilled In-Home Care Personal Care Attendants help you gain and maintain new independence in essential activities of daily life.
- PERSONAL HEALTH AND HYGIENE- Bathing, Dressing, Toileting, Mobility Assistance
- HOME MANAGEMENT-Food Prep, Shopping & Errands, Light Housekeeping
- COMPANIONSHIP-Socializing, Encouraging Engagement, Respite for Family Caregivers
- PennCares Community Habilitation Services - For adults ages 21 and up with intellectual disabilities. PennCares Community Habilitation Services foster personal growth with goal-oriented activities to develop and enhance independent living, recreation, socialization and other life skills.

Person Directed Supports, Inc.

(717) 264-6290

Person Directed Supports, Inc. - Franklin County

Adult Day Programs - Day programs are created to meet each individual's needs and skill set. Both licensed and unlicensed day programs are held in a safe and caring environment with a team of human service professionals.

Adult Residential Programs - Support is provided to individuals in community homes or life sharing with a host family. Each individual is evaluated to determine which living environment will work best for them depending on their needs, wants, and goals.

Behavioral Services - Behavior support services use empirically-validated practices to identify the causes of, intervene to prevent, and create appropriate reactions to problematic behavior.

Vocational Training - Vocational Training provides the supports individuals need to successfully find and maintain a job. Individuals receive assistance to build their resume and discover their skills and abilities.

Companionship Services - A companion is a Direct Services Professional that provides support in the individuals own home while assisting with daily activities and functions.

Behavioral Services - Behavior support services use empirically-validated practices to identify the causes of, intervene to prevent, and create appropriate reactions to problematic behavior. Vocational Training - Vocational Training provides the supports individuals need to successfully find and maintain a job. Individuals receive assistance to build their resume and discover their skills and abilities. Companionship Services - A companion is a Direct Services Professional that provides support in the individuals own home while assisting with daily activities and functions.

WHERE TO TURN FOR HELP

Tender Hearted Services Inc.

(717) 597-9320

Companion and Respite Services

Companion service is intended to assist an individual who is age 18 or older to participate more meaningfully in home and community life. It is provided to individuals living in private homes for the purposes of providing supervision or assistance that is designed to ensure the individual's health, safety and welfare or to perform activities of daily living for the individual. Respite is a service provided on a short-term basis to relieve those persons normally providing care. Respite is provided in two categories: 24-hour respite and 15-minute respite. Respite services may only be provided to those living in a private home. Respite services may also be provided by someone that the person and family already knows who is qualified and willing to provide assistance either in the person's home, the home of a family member or a friend's home.

Visiting Angels of Adams, Franklin and Cumberland Counties

(717) 241-5900

Home Care Services - Chambersburg

Visiting Angels provides in-home non-medical care for older adults and seniors. We utilize a skilled staff of CNA's, LPN's, and RN's. Consultations are free. Some of the services provided include:

- Grooming Assistance
- Dressing Assistance
- Walking Assistance
- Meal Preparation/Diet Monitoring
- Light Housekeeping
- Errands and Shopping
- Medication Reminders
- Joyful Companionship (Care is Available: Mornings, Mid-Day, and Evenings)
- Temporary or Long Term Care is Available (Weekends and Holiday Care is Available)
- Respite Care for Family Caregivers
- 24 Hour Care is Available

Visiting Angels of Adams, Franklin and Cumberland Counties

(717) 241-5900

Home Care Services - Carlisle

Visiting Angels provides in-home non-medical care for older adults and seniors. We utilize a skilled staff of CNA's, LPN's, and RN's. Consultations are free. Some of the services provided include:

- Grooming Assistance
 - Dressing Assistance
 - Walking Assistance
 - Meal Preparation/Diet Monitoring
 - Light Housekeeping
 - Errands and Shopping
 - Medication Reminders
 - Joyful Companionship (Care is Available: Mornings, Mid-Day, and Evenings)
 - Temporary or Long Term Care is Available (Weekends and Holiday Care is Available)
 - Respite Care for Family Caregivers
 - 24 Hour Care is Available
-

WHERE TO TURN FOR HELP

Non-Medical In Home Visits

Newburg First Church of God

(717) 423-6279

Senior Home Visits

Newburg First Church of God provides senior home visits to those in the Newburg community.

Non-Medical In-Home Care - Alzheimer's and Dementia Care

Comfort Keepers, Fayetteville PA

(717) 352-2133

Dementia Care and Alzheimer's Care

Our specially trained dementia care and Alzheimer's care Comfort Keepers will: help maintain a safe environment for the client. engage the client in activities that can stimulate the senses, such as music. provide meals and bathing assistance. support the client and family through the changing behaviors often seen with dementia. We customize our in-home care to meet each clients special needs, taking into consideration his or her health and ability. Depending on the clients needs, Comfort Keepers can provide care for just a few hours a week or provide full-time, in-home care. Through our 24-hour senior care service, a team of Comfort Keepers coordinates caregiving responsibilities in shifts. This offers clients and their families full-time peace of mind.

Nurse Aid Testing

American Red Cross Greater Pennsylvania Region - South Central Pennsylvania Chapter

(866) 311-3832

Health and Safety Training and Education

Many jobs require up to date lifesaving skills because they address health emergencies every day – people such as health care providers, first responders, and lifeguards. Others, including teachers and babysitters, are entrusted with precious young lives that could require aid on a moment's notice.

Those of us who don't face health emergencies every day can also benefit from Red Cross training. With a wide array of Lifeguarding, Caregiving and Babysitting, and Swimming and Water Safety courses the Red Cross can provide you with the training and skills you need to prevent, prepare for and respond to emergencies.

Available trainings are:

- First Aid training
- CPR training
- AED training
- Babysitting and Caregiving training
- Swimming training
- CNA training
- BLS training

WHERE TO TURN FOR HELP

Nursing Home

Fulton County Medical Center

(717) 485-2847

Long Term Care

Fulton County Medical Center is fortunate to have a Nursing Home as part of the community. One of our missions is to provide a higher quality of life for residents of Fulton County and surrounding areas. We fulfill this mission by providing a home to 67 residents in our long term care unit on the FCMC campus. What makes us unique from other nursing homes is that we have easy access to many in-house services. The Activity Department at the Fulton County Medical Center offers a wide variety of programs. Its mission is to value each resident and engage them to their fullest potential by participating in programs of their interests, while also educating, encouraging and expanding their horizons. The residents have a choice to participate in attending social, recreational, and cultural events. On the campus we offer such activities as baking groups, craft groups and sing alongs, to board games, wii games and bowling. We also have off- campus events ranging from trips for ice cream, dinner or picnic lunches to seeing local musicals, museums, or experiencing a show boat excursion.

Laurel Lakes Rehabilitation and Wellness Center

(717) 264-2715

Laurel Lakes Rehabilitation and Wellness Center

Long Term Care - Laurel Lakes cares about you! Our residents don't live in our facility; we work in their home. Our top-notch medical professionals work alongside compassionate staff to provide everything residents need for a safe, comfortable environment. Our team is trained to support residents who need daily assistance with personal care or around-the-clock support for clinically complex medical conditions. At Laurel Lakes, we work to provide the highest level of care to those that rely on us for their daily living needs, and comfort to the families who entrust us with their loved one's care. We promote wellness of body and spirit.

Offering Specialty Medical Care - At Laurel Lakes, we focus on a variety of comprehensive medical specialty programs. Wound care is one example of a focused specialty care service we offer. Led by board-certified physicians and a specialized wound nurse our program is highly skilled and aimed at both prevention and healing. Other examples of medical specialty programs we offer include:

- Medication Management
- Tracheostomy
- Palliative Care
- Diabetic Care
- CHF / Pulmonary Care
- Infusion Therapy
- PICC Lines / Gastric Care
- TPN
- Respite Care

Menno Haven - Brookview

(717) 262-2373

Skilled Nursing Care

Menno Haven offers over 200 Skilled Nursing accommodations at our communities, including a specialty Dementia Care area.

WHERE TO TURN FOR HELP

Menno Haven - Chambers Pointe

(717) 262-2373

Skilled Nursing Care

Menno Haven offers over 200 Skilled Nursing accommodations at our communities, including a specialty Dementia Care area.

Quincy Village

(717) 749-2300

Skilled Nursing and Rehabilitation Services

Quincy Village provides 24-hour personalized care and special services to Quincy Village residents based on their unique individual needs. Our services include a range of long- and short-term skilled nursing care services, including rehabilitation therapy, care for people with Alzheimers Disease and other forms of memory impairment, respite, and hospice services. Both inpatient and outpatient rehabilitation are available, enabling people to stay in the comfort of their home whenever possible. If needed, a Rehab technician can provide transportation to and from outpatient therapy sessions. In addition, if you are admitted for a respite stay, recuperative care, or short stay rehabilitation, our discharge planning support will help to ensure everything is ready for your return home.

Nursing Home Complaints and Investigations

Franklin County Area Agency on Aging

(717) 261-0631

Ombudsman Services

A service that receives, investigates and resolves complaints made by or on behalf of older residents of nursing homes, personal care homes, domiciliary care homes and home health care agencies.

Nutritional Counseling

Fulton County Medical Center

(717) 485-6166

Nutritional Counseling and Education

Our FCMC nutrition specialists can discuss with you how proper nutrition can contribute to your good health. Registered Dietitians (RDs) and Licensed Dietitian-Nutritionists (LDNs) are the food and nutrition experts, translating the science of nutrition into practical solutions for healthy living. The expertise, training and credentials that back an RD, LDN are vital for promoting positive lifestyle choices. When you need food and nutrition information based on fact or need to know how a healthy diet improves health and fights disease, rely on qualified professionals in the field, such as the nutrition experts here at FCMC. We can help you better manage these issues through proper nutrition: Diabetes & Pre-diabetes Heart Disease High Blood Pressure Kidney Disease Cancer Celiac Disease Weight Management Pregnancy (including Gestational Diabetes) Child & Adolescent Nutrition Vegetarian Eating disorders Food Allergies

Nutrition Information

Women, Infants, and Children Program of Franklin County

(717) 263-0802

Women, Infants, and Children Program of Franklin County

A pregnant woman, woman who had a baby within past 6 months or is breastfeeding and infants less than one year old, infant or child under age 5 receives nutrition information, breastfeeding support, health and social services referrals, and healthy foods every month.

WHERE TO TURN FOR HELP

Offenders/Ex-Offenders Programs

Maranatha Ministry, Inc.

(717) 762-0314

Mentor Connection

Mentor Connection is an opportunity for men in recovery and ex-prisoners to connect with a caring man in the community. The mentoring relationship can significantly assist in developing the social skills and confidence for successful re-entry into society.

Older Adults

Franklin County Area Agency on Aging

(717) 263-2153

Protective Services Reports/Older Adult Protective Services

Investigations provided to incapacitated older adults 60+, unable to perform or obtain services that are necessary to maintain physical or mental health, for whom there is no responsible caretaker and who are at imminent danger to person or property.

Reports of abuse, neglect, exploitation, and abandonment of care dependent individuals 18+ are accepted 24/7. Agency staff is available to receive reports, investigate (60+) and take necessary actions regarding abuse, neglect, exploitation or abandonment for (60+). Call 717-263-2153 or 1-800-642-6990, 24-hour on-call service available.

URGENT SERVICES are for individuals 60 and older, when they are deemed to be in imminent risk.

Ombudsman

Franklin County Area Agency on Aging

(717) 261-0631

Ombudsman Services

A service that receives, investigates and resolves complaints made by or on behalf of older residents of nursing homes, personal care homes, domiciliary care homes and home health care agencies.

Outpatient Counseling

Affinity Educational Solutions

(717) 375-4834

Trauma Informed Care

Trauma-Informed Care (TIC) is an approach to treatment, classroom management, and leadership within education and social services. TIC recognizes the presence of trauma symptoms and acknowledges the role that trauma has played in the lives of many people.

Brook Lane Health Services

(301) 733-0330

Brook Lane Outpatient Program

Offers comprehensive Mental Health Services for adults, children (ages 3 and older) and adolescents. Services include assessment, evaluation and medication management as well as individual therapy, marital therapy, family therapy and addictions counseling.

WHERE TO TURN FOR HELP

CenterPoint Counseling and Consulting

(717) 267-2081

CenterPoint Counseling and Consulting

CenterPoint Counseling and Consulting is a private psychotherapy practice located in Chambersburg, PA. We specialize in improving relationships and overall life quality for children, adolescents, adults, and couples of all ages.

Family Behavioral Resources - Franklin County

(717) 496-8127

Behavioral Health Rehabilitation Services (BHRS)

The IBHS model focuses on skill development to support emotional and behavioral issues for children birth to 21 years of age through a child-centered, strengths-based approach. Services are provided in the home, school, and/or community setting as deemed necessary by the child's treatment team. There are three levels of individual services offered within IBHS: Behavioral Consultant (BC), Mobile Therapist (MT), and Behavioral Health Technician (BHT). There are three levels of ABA services offered within IBHS: Behavior Consultant ABA (BC-ABA), Assistant Behavior Consultant (Asst. BC-ABA), and Behavior Health Technician ABA (BHT-ABA).

Family Behavioral Resources - Franklin County

(717) 496-8127

Outpatient

Outpatient therapy provides support to individuals (children, adolescents, and adults) and families to address needs related to a variety of life events and mental health disorders which may include, but are not limited to: anxiety and mood disorders, schizophrenia, personality disorders, trauma, grief and loss, relationship issues, better ways to manage anger and stress, and family conflict. Therapist and consumer work together to determine the goals and best ways to meet those goals using evidenced-based interventions.

Family Behavioral Resources - Fulton County

(717) 325-0223

Psychiatry Services

Our psychiatrist completes a full medication evaluation with each new consumer and determines treatment recommendations. Medication check appointments on a time schedule that is determined mutually appropriate by consumer and psychiatrist. Adult: Our adult psychiatric services are provided using telepsychiatry and currently accept Medical Assistance and certain primary insurances. Child and Adolescent: Our psychiatric services for children and adolescents accept Private Insurance and Medical Assistance and our psychiatrist is in our Franklin and Fulton clinics. Services are provided in person and via telepsychiatry.

Franklin Family Services

(717) 267-1515

Behavioral Health Rehabilitation Services (BHRS)

At Franklin Family Service, our Behavioral Health Rehabilitation Service (BHRS) program has two locations, one in Chambersburg serving Franklin and Fulton counties, and one in Carlisle serving Cumberland and Perry counties. We evaluate each individual referred to BHRS based on his or her needs, and then develop a customized treatment program.

WHERE TO TURN FOR HELP

Franklin Family Services

(717) 267-1515

Outpatient Therapy - Chambersburg

The outpatient therapy department provides services to children, adolescents, and adults that are in need of emotional support or counseling. We offer a safe, supportive environment to work out problems and/or cope with issues including life stressors (divorce, abuse, death of family members or friends), problems at home, work or school, behavioral issues, managing anger, and dealing with feelings of sadness or anxiety. We offer individual, group, family, play, and couples counseling.

Franklin Family Services

(717) 267-1515

Family-Based Mental Health Services

Family Based Mental Health Services, is a 32 week program designed to strengthen families and prevent further interventions, including out of home placements. The Family Based team delivers therapeutic, case management, and emergency crisis services in order to help stabilize the family environment. An additional component of Family Based is connecting the family to other child serving agencies to ensure continuity of care. Family Based is focused on developing natural supports for the family that may include friends, neighbors, coaches, and other community members. These natural supports enhance the level of care provided to the family after discharge from the Family Based program.

Greencastle Family Practice and Psychological Services

(717) 597-3151

Greencastle Family Practice and Psychological Services

Greencastle Family Practice was first established in 1982 by Doctors Hudzinski and Thornton. Since this time, Greencastle Family Practice, PC has undergone numerous expansions in staff and physical size. Thirty years later, we have 8 Medical Providers and 6 Mental Health Counselors along with support staff. We take great pride in offering both medical and counseling services to the greater Greencastle area. We operate as a privately owned Christian based practice. Our mission is to practice medicine as a means of ministry and to provide you and your family with quality health care. Medical Providers are: Joseph Thornton, MD Duane Sipes, MD Nathan Derstine, DO Michael Fitzpatrick, DO Cayla Raber, CRNP John Strickler, PAC Mindy Barnhart, CRNP Candace Decerell, CRNP Counselors are: Paul Bitner, MS, LPC Debby Main, MA, LPC Nancy Morton, MSW, LCSW Melissa Grove, MS, LPC Diane Swan, MS, LPC Cheryl Sears, LPC

Growing Edges Counseling Clinic

(717) 477-1248

Growing Edges Counseling Clinic

Growing Edges provides the local area with free counseling services provided by our advanced Masters level counseling students under the supervision of licensed professional faculty members. Due to the structure of our clinic, we unfortunately are currently unable to serve those with severe mental illness, and those who are actively abusing substances and/or are currently in crisis.

WHERE TO TURN FOR HELP

Keystone Medical Services

(717) 709-7930

Keystone Behavioral Health

At Keystone Behavioral Health, we have who doctors specialize in pediatric behavioral issues, geriatric behavioral issues, substance abuse, and sleep disorders- all in one office, to effectively serve your family's needs. Keystones Behavioral Health Program Offers:

- Individual and family counseling with licensed therapists
- Psychiatric evaluations for children and adults
- Medication management with psychiatrists
- 24-hour crisis intervention services (located in an office in the Chambersburg Hospitals Emergency Department)

Laurel Life - Behavioral Health

(717) 375-4834

Franklin County - Brown's Mill Road Location Behavioral Health Services

Behavioral Health Services are for adults, adolescents, and children who are experiencing any distress and need short-term support services. Individuals, couples, and families can find relief for disruption in emotional well-being through community based services.

Services offered at this location are:

- * Applied Behavior Analysis
- * Intensive Behavioral Health Services
- * Family-Based Mental Health Services
- * Outpatient Therapy

Laurel Life - Behavioral Health

(717) 261-9833

Franklin County - Phoenix Drive Location Behavioral Health Services

Behavioral Health Services are for adults, adolescents, and children who are experiencing any distress and need short-term support services. Individuals, couples, and families can find relief for disruption in emotional well-being through community based services.

Services offered at this location are:

- Outpatient Therapy
- Parent-Child Interactive Therapy
- Psychological and Psychiatric services for children and adolescents

Momentum Services

(717) 262-2183

School Based Outpatient Services

School Based Outpatient implements behavioral health support in the school setting by providing outpatient counseling within the school districts in which we are licensed. The clinicians that are responsible for providing this service have extensive training in working with behavioral health related disorders. This service is intended to provide minimal disruption to the child's educational day, yet still provide needed treatment without concerns of transportation to a clinic. These individuals also work closely with school personnel to ensure that current needs are accurately identified and addressed. All school based outpatient therapists are required to hold a license within the state of Pennsylvania.

WHERE TO TURN FOR HELP

Momentum Services

(717) 262-2183

Behavioral Health Rehabilitation Services

Behavioral Health Rehabilitation Services include: Therapeutic Staff Support (TSS): The TSS provides therapeutic support to a child in a specified social, behavioral or emotional area of concern. The TSS helps a child improve on needs that have been identified by the child, family and community supports. Behavioral Specialist Consultant (BSC): The BSC provides assessment, treatment planning and direction and supervision of the TSS and ensures coordination of care. Mobile Therapy (MT): The MT provides direct therapy to children in the home and community setting, treatment planning and direction and supervision of the TSS.

Momentum Services

(717) 262-2183

Family Based Mental Health Services

Components of Family Based Mental Health Services include: Family Support Services: These services are intended to address the basic needs of families as well as possibly setting up respite care to provide needed breaks for the consumer and/or family members. Therapeutic Intervention: This component includes individual, family and couples counseling that works within the family support network. The specific therapy is provided at the discretion of the FBMHS team and the cooperation of the family to assist members in meeting their goals. Case Management: This service is geared toward assisting the family in accessing needed services on their own. The FBMHS team can assist the family in identifying appropriate services necessary for their needs and assist them in taking necessary steps to access these services.

Momentum Services

(717) 262-2183

Outpatient Clinical Services

Momentum Services, LLC provides Clinical Services for children, adolescents, adults, couples, families and the elderly. Also provided are Behavioral Health Rehabilitation Services for children and adolescents up to the age of 21, Family Based Mental Health Services for children and their families and School Based Outpatient Services in select school districts. Clinical Services include: Psychiatric Evaluation Psychological Evaluations Medication Monitoring Individual Therapy Family Therapy Group Therapy Couples Therapy Play Therapy

Pathways Counseling Services, LLC - Franklin Program

(717) 263-7758

Counseling Services

Pathways Counseling Services, LLC offers a wide variety of counseling services to individuals, families, and children as young as 3 years of age. Some of the issues that we provide include but are not limited to: anger management, grief and loss, reunification, trauma, sexual abuse, physical abuse, behavior modification, relationship enhancement, substance abuse/addictions, attachment problems, developmental delays, and communication skills.

Pennsylvania Counseling Services

(717) 261-1426

Outpatient Services

Offers treatment and counseling services for mental health and addictions issues. Includes individual, group and family, couples and family counseling. Specializes in eating disorders, co-dependency, trauma, abuse, sexual addiction, anger management, self-injury behavior, ADHD, grief and loss, family conflict, marital conflict, depression, anxiety, play therapy, gambling addiction, substance abuse counseling, addictions counseling, etc.

WHERE TO TURN FOR HELP

Pennsylvania MENTOR

(717) 657-2073 x 27

Pennsylvania MENTOR

Provides the following services:

- Community Residential Rehabilitation Services (serves children with mental health issues) - Foster Care (birth to 21)
- Family Living (serves adults 18+ with mental retardation in a Mentor Home)
- Respite Services (designed to provide an opportunity for parent/guardians and children/adults to have some time apart).

PGC Counseling

(717) 830-0705

PGC Counseling

PGC Counseling is a private practice offering licensed, board certified services to adolescents and adults for the treatment of depression, bipolar and anxiety disorders as well as stress, PTSD, substance use or other mental health issues. Individual, family and couples counseling is available Monday through Saturday. We accept most major insurances as well as local and national EAP programs through your workplace. We treat all sexual orientations and religious beliefs. Christian counseling is available on request.

Pyramid Healthcare, Inc. - Chambersburg

(717) 261-9100

Teen Treatment Programs - Chambersburg

Outpatient Treatment Program: Our outpatient treatment program provides therapy and counseling for teens who have completed a stay in a residential facility or who are struggling with substance abuse. We provide professional evaluation and treatment recommendations. Our outpatient program considers all factors that may contribute to teen addiction, and addresses these issues through individual, family, and group therapy, among other treatment strategies.

Pyramid Healthcare, Inc. - Chambersburg

(717) 261-9100

Medication Assisted Treatment(Suboxone, Sublocade, Vivitrol) - Chambersburg

This service is provided in addition to participation in substance abuse treatment. We currently utilizes Buprenorphine (opiate dependence) and Vivitrol (opiate/alcohol dependence) medications. Physician and nurse determine medical appropriateness and to determine which medications are an appropriate tool to aide in their individual recovery.

Pyramid Healthcare, Inc. - Chambersburg

(717) 261-9100

Adult Treatment Programs - Chambersburg

Outpatient Treatment Program: Our outpatient treatment program provides individual counseling, group therapy, and life skills workshops to give clients the tools necessary to live a sober and healthy lifestyle. Individuals and their families are also educated on the nature of addiction, how to avoid relapse, and strategies for maintaining a drug-free lifestyle. Dual Diagnosis Treatment Program: Pyramid Healthcare provides dual diagnosis treatment, which addresses symptoms of both mental health disorders and addiction. Urgent Services Provided:

WHERE TO TURN FOR HELP

Pyramid Healthcare, Inc. - Waynesboro

(717) 809-2088

Adult Treatment Programs - Waynesboro

Outpatient Treatment Program: Our outpatient treatment program provides individual counseling, group therapy, and life skills workshops to give clients the tools necessary to live a sober and healthy lifestyle. Individuals and their families are also educated on the nature of addiction, how to avoid relapse, and strategies for maintaining a drug-free lifestyle. Dual Diagnosis Treatment Program: Pyramid Healthcare provides dual diagnosis treatment, which addresses symptoms of both mental health disorders and addiction.

Pyramid Healthcare, Inc. - Waynesboro

(717) 809-2088

Teen Treatment Programs - Waynesboro

Outpatient Treatment Program: Our outpatient treatment program provides therapy and counseling for teens who have completed a stay in a residential facility or who are struggling with substance abuse. We provide professional evaluation and treatment recommendations. Our outpatient program considers all factors that may contribute to teen addiction, and addresses these issues through individual, family, and group therapy, among other treatment strategies.

Pyramid Healthcare, Inc. - Waynesboro

(717) 809-2088

Medication Assisted Treatment (Suboxone, Sublocade, Vivitrol) - Waynesboro

This service is provided in addition to participation in substance abuse treatment. We currently utilizes Buprenorphine (opiate dependence) and Vivitrol (opiate/alcohol dependence) medications. Physician and nurse determine medical appropriateness and to determine which medications are an appropriate tool to aide in their individual recovery.

Roxbury Treatment Center - Outpatient Programs

(717) 264-2400

Outpatient Substance Abuse Treatment Program - Chambersburg

Roxbury's outpatient services include individual therapy, family sessions, group therapy and intensive outpatient programming. We specialize in treating substance abuse and/or dependence, and utilize an integrated treatment approach for individuals with co-occurring disorders. We offer evaluations and recommendations for ANYONE experiencing the negative impact of substance use or abuse.

Roxbury Treatment Center - Outpatient Programs

(717) 249-5010

Outpatient Substance Abuse Treatment Program - Carlisle

Roxburys outpatient services include individual therapy, family sessions, group therapy and intensive outpatient programming. We specialize in treating substance abuse and/or dependence, and utilize an integrated treatment approach for individuals with co-occurring disorders. We offer evaluations and recommendations for ANYONE experiencing the negative impact of substance use or abuse.

Spring of Hope Ministries

(717) 762-0234

Prayer Counseling - Waynesboro

Prayer Counseling is inner healing based on the Lordship of Jesus Christ, prayer and the application of Biblical principles and truths. Each session begins with a prayerful examination of the fruit in a counselee's life. Bad fruit is then traced to bitter roots through the guidance of the Holy Spirit. With prayer and the Holy Spirit's leading, the blood of Jesus Christ and the power of the Cross are all applied to the deep wounds and practices of the heart. Each session lasts approximately 1 hour and 15 minutes.

WHERE TO TURN FOR HELP

Spring of Hope Ministries

(717) 762-0234

Prayer Counseling - Chambersburg

Prayer Counseling is inner healing based on the Lordship of Jesus Christ, prayer and the application of Biblical principles and truths. Each session begins with a prayerful examination of the fruit in a counselee's life. Bad fruit is then traced to bitter roots through the guidance of the Holy Spirit. With prayer and the Holy Spirit's leading, the blood of Jesus Christ and the power of the Cross are all applied to the deep wounds and practices of the heart. Each session lasts approximately 1 hour and 15 minutes.

Spring of Hope Ministries

(717) 762-0234

Prayer Counseling - St Thomas

Prayer Counseling is inner healing based on the Lordship of Jesus Christ, prayer and the application of Biblical principles and truths. Each session begins with a prayerful examination of the fruit in a counselee's life. Bad fruit is then traced to bitter roots through the guidance of the Holy Spirit. With prayer and the Holy Spirit's leading, the blood of Jesus Christ and the power of the Cross are all applied to the deep wounds and practices of the heart. Each session lasts approximately 1 hour and 15 minutes.

TrueNorth Wellness Services

(866) 325-0339

Emergency Crisis Services (Walk-In or Mobile)

Individuals in need of emergency mental health and/or drug and alcohol support may present at Fulton County Medical Center, or request a mobile service. Our crisis intervention specialists provide quality mental health and substance abuse services to any individual in need. We determine the root cause of the crisis and offer counseling to promote independence, personal growth, and collaborative decision-making intended to assist the individual to return to a pre-crisis state. Crisis intervention specialists can aid in developing safety plans, identifying community supports, information and referral services, emergency mental health assessments, and if medically necessary, acute care inpatient hospitalizations. Our emergency crisis program offers 24/7 assistance.

TrueNorth Wellness Services - Franklin County

(866) 325-0339

Trauma Counseling

Traumatic experiences, occurring suddenly or over time, can cause intense physical and psychological stress reactions that have adverse effects on an individual's overall health and well-being. Our expertly trained trauma and loss therapists offer a safe and understanding environment that promotes healing through awareness, education, and effective treatment.

TrueNorth Wellness Services - Franklin County

(800) 315-0951

Dialectical Behavioral Therapy (DBT)

DBT is an evidenced-based treatment utilized to treat a variety of mental health disorders. We offer comprehensive DBT services including individual counseling led by professionally trained therapists.

TrueNorth Wellness Services - Franklin County

(800) 315-0951

Individual and Family Counseling

Our expertly trained therapists help and support individuals of all ages throughout their lifespan cope with various life stressors. Counselors create a therapeutic alliance that allows individuals to focus on what is important: their health and well-being and developing a manageable plan to achieve their goals.

WHERE TO TURN FOR HELP

WellSpan Behavioral Health

(717) 267-7480

WellSpan Behavioral Health

At WellSpan Behavioral Health, we offer a wide-variety of services and treatment options for anyone who is experiencing mental health and substance use challenges. We believe that the best chance of recovery is through supportive and individualized treatment.

The following therapies and treatments are offered for children, adolescents & adults during day and evening hours:

- Couples Therapy
- Family Therapy
- Group Therapy
- Individual Therapy
- Medication Management
- Older Adult Services
- Play Therapy
- Trauma Therapy
- EMDR
- Treatment of Eating Disorders
- Diagnostic Evaluations
- Cognitive Behavioral Therapy
- Attachment issues

Women In Need - Chambersburg

(717) 264-4444

Individual Counseling

Individual, or one-on-one counseling sessions are available to victims of domestic violence and/or sexual assault. Counseling can be done at the Women in Need offices in Chambersburg or McConnellsburg: counselors are not able to do in-home services. If transportation is an issue phone counseling may be an option. Adults (male and female) and children can receive services. Children will be assessed based on age and their ability to communicate with a counselor. If the counselor feels that are not able to work with the child an appropriate referral will be made. School-age children may be able to be seen in the school setting. There are times when we experience a waiting list for counseling clients. As with all of our services, there is no charge for counseling sessions.

Outpatient Counseling (Veteran)

Vet Center #0224

(304) 263-6776

Vet Center #0224

The Vet Center provides a broad range of counseling, outreach, and referral services to combat Veterans and their families. The Vet Center guides Veterans and their families through many of the major adjustments in lifestyle that often occur after a Veteran returns from combat. Services for a Veteran may include individual and group counseling in areas such as Post-Traumatic Stress Disorder (PTSD), alcohol and drug assessment, and suicide prevention referrals. All services are free of cost and are strictly confidential.

WHERE TO TURN FOR HELP

Overdose Training

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Operation Save a Life

This program is offered to the community providing the information and skills needed to respond to an opioid overdose. The classes are offered throughout the county at no charge and run for 1½ hours. Due to Covid-19 restrictions, classes are being offered virtually with the goal of returning to in person sessions at a future date. Operation Save a Life is designed to help participants better understand the risks associated with opioid overdose and how to properly use Narcan/Naloxone, the medication used to reverse and opioid overdose. This life-saving training is free for those who attend. Trainees will receive a certificate of completion and a kit containing one free dose of Narcan (while supplies last) upon completion of the training.

Overeaters Anonymous Support Group

Overeaters Anonymous

(717) 496-5537

Overeaters Anonymous - Chambersburg

Overeaters Anonymous is a fellowship of individuals who through shared experience, strength and hope, are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organization, political movement, ideology, or religious doctrine; we take no position on outside issues. Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.

The Harbor of Shippensburg

(717) 496-5537

Overeaters Anonymous - Shippensburg

Overeaters Anonymous is a fellowship of individuals who through shared experience, strength and hope, are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organization, political movement, ideology, or religious doctrine; we take no position on outside issues. Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.

OVR

Office of Vocational Rehabilitation, York, Adams, Franklin and Lancaster Counties

(717) 771-4407

Office of Vocational Rehabilitation, York, Adams, Franklin and Lancaster Counties

Provides vocational rehabilitation services to help persons with disabilities prepare for, obtain, or maintain employment. OVR provides services to eligible individuals with disabilities, both directly and through a network of approved vendors. Services are provided on an individualized basis. The OVR counselor, during face-to-face interviews, assists customers in selecting their choice of vocational goals, services and service providers. An Individualized Plan for Employment (IPE) is developed, outlining a vocational objective, services, providers and responsibilities. Certain services are subject to a Financial Needs Test (FNT) and may require financial participation by the customer. Counseling and guidance, diagnostic services, assessments, information and referral, job development and placement, and personal services such as readers or sign language interpreters are provided at no cost to the individual.

WHERE TO TURN FOR HELP

Palliative Care

AseraCare Hospice

(717) 845-8599

Hospice and Palliative Care Services

Hospice Care - While hospice also focuses on managing symptoms and pain, this type of care is for people in the terminal phase of their lives. As such, it includes an interdisciplinary team approach to tend to the holistic needs of the patient and family.

- Dependent on a prognosis of six months or less to live
- Medicare benefit, Type A billing
- Includes an interdisciplinary approach
- For the family and patient
- Main focus is end-of-life care

Palliative Care -This is also called chronic illness care and acts in conjunction with the medical care you're already receiving. The main focus of this care is on pain and symptom management.

- For persons who are seriously or chronically ill
- Not dependent on prognosis
- Medicare Part B billing (E/M – Evaluation Management)
- It's a consultative professional service
- Focuses on pain and symptom management and medication reconciliation
- Includes discussions about goals of care like setting management

Comfort Keepers, Fayetteville PA

(717) 352-2133

Senior Care and End of Life Care

Our aim is to provide care and comfort to your loved one and to help families make the most of their limited time together. We help by providing: bathing, dressing, and toileting assistance for your loved one. Light house cleaning, laundry as needed, food preparation, and companionship are also provided to your loved one so you can get a much-needed break. We can also continue to help after a loved ones passing. Our Comfort Keepers can help families deal with the loss and assist with tasks such as organizing personal items and moving belongings or just simply being there to listen if family members need to talk and process their grief.

Parent Education

Pennsylvania Family Support Alliance

(800) 448-4906

Pennsylvania Family Support Alliance

Protects children from abuse by providing parenting education/support programs and training on child abuse recognition and reporting for professionals who work with children and are mandated reporters of child abuse. Also provides training for community members so they learn effective ways to be helpful when they are concerned about the safety of a child. Trainings for professionals are approved by Departments of Education, Human Services and State.

WHERE TO TURN FOR HELP

Parent Supportive Services

UPMC Pinnacle Nurse Family Partnership of Dauphin, Franklin and Lebanon

(717) 782-2335

Counties

First-Time Moms

Nurse-Family Partnership is a free, voluntary program that partners first-time moms with nurses. When you enroll in the program, a trained nurse will visit you in your home until your baby turns two years old. If you have questions, your nurse will help answer them. Your nurse helps you have a healthy pregnancy, gives you coaching on child development and empowers you to pursue your heart's desire. Your nurse will always be there for you, so you can be there for your baby!

Passport Services

Franklin County Library System

(717) 597-7920

Lilian S Besore Memorial Library

Public Library with materials and programs for children, teens, and adults. Public computers are available for use. Passport services are also available at this location. Please phone the library for more information on current program offerings or to set up an appointment for passport services.

Paternity Establishment & Determination

Domestic Relations Section of Franklin County

(717) 264-6144

Domestic Relations Section of Franklin County

The Franklin County Domestic Relations Section is responsible for the administration of child / spouse support Enforcement Program which consists of:

- Case Initiation
- Paternity Determination
- Location of Absent Parents
- Establishment and Modification of Support Orders
- Enforcement of Financial and Non-Financial Orders.

Services Provided:

- Location of absent parents
- Establishment of paternity
- Establishment of support orders including medical support
- Enforcement of support orders
- Modification of support, if warranted
- Limited collection and distribution of support payments

Pediatric Care

Keystone Medical Services

(717) 387-8060

Keystone Pediatrics - Waynesboro

Keystone Pediatrics provides care for children under the age of 18 for things such as immunizations, general health promotion, physical exams, well-child checks, illnesses, screenings and more.

WHERE TO TURN FOR HELP

Keystone Medical Services

(717) 709-7950

Keystone Pediatrics - Chambersburg

Keystone Pediatrics provides care for children under the age of 18 for things such as immunizations, general health promotion, physical exams, well-child checks, illnesses, screenings and more.

Pediatric Medicine

Keystone Medical Services

(717) 387-8060

Keystone Pediatrics - Waynesboro

Keystone Pediatrics provides care for children under the age of 18 for things such as immunizations, general health promotion, physical exams, well-child checks, illnesses, screenings and more.

Keystone Medical Services

(717) 709-7950

Keystone Pediatrics - Chambersburg

Keystone Pediatrics provides care for children under the age of 18 for things such as immunizations, general health promotion, physical exams, well-child checks, illnesses, screenings and more.

Pediatric Therapy

Phoenix Physical Therapy

(717) 263-5147

Pediatric Therapy

Children come with special needs. Our creative and experienced therapists are ready to meet those needs in the area of:

- Sports injury prevention and rehabilitation
- Hand and upper extremity rehabilitation
- Developmental testing
- Manual wheelchair evaluations
- Health and wellness screening

Peer Support Services

Mental Health Association of Franklin and Fulton Counties

(717) 264-4301

Certified Peer Specialist

We offer one-to-one support for recovery for people with mental illness through Certified Peer Specialists - people who are successfully progressing in their own recovery and have received extensive specialized training in peer support. This service is free to Franklin/Fulton county residents with serious mental illness and who have Medical Assistance or county funding.

TrueNorth Wellness Services - Franklin County

(800) 315-0951

Peer Support Program

Our Peer Support Program is designed to help individuals living with or experiencing a mental illness through the recovery process and increase quality of life. The program utilizes trained Certified Peer Specialists who have lived experience and are succeeding in their own recovery from mental illness. The program allows for a comfortable and open relationship based on the idea that both individuals have lived experience and utilizes recovery oriented and strength based approaches to help individuals achieve their goals and maintain wellness.

WHERE TO TURN FOR HELP

Pennsylvania Department Of Vocational Rehabilitation

Office of Vocational Rehabilitation, York, Adams, Franklin and Lancaster Counties (717) 771-4407

Office of Vocational Rehabilitation, York, Adams, Franklin and Lancaster Counties

Provides vocational rehabilitation services to help persons with disabilities prepare for, obtain, or maintain employment. OVR provides services to eligible individuals with disabilities, both directly and through a network of approved vendors. Services are provided on an individualized basis. The OVR counselor, during face-to-face interviews, assists customers in selecting their choice of vocational goals, services and service providers. An Individualized Plan for Employment (IPE) is developed, outlining a vocational objective, services, providers and responsibilities. Certain services are subject to a Financial Needs Test (FNT) and may require financial participation by the customer. Counseling and guidance, diagnostic services, assessments, information and referral, job development and placement, and personal services such as readers or sign language interpreters are provided at no cost to the individual.

Personal Care Assistance

Aveanna Healthcare - Franklin County (717) 263-2190

Home Health Care Services

Aveanna's customized home healthcare services enable our patients with complex medical needs to live in a familiar, comfortable setting while receiving compassionate care from experienced professionals. Our Chambersburg office provides Pediatric / Adult Private Duty Nursing and Pediatric / Adult Personal Care.

Comfort Keepers, Fayetteville PA (717) 352-2133

Respite Care/Non-Medical Home Care

Respite care services provide home care assistance to give you time to leave the home for a few hours or even a few days, knowing the one you care for is in good hands. This creates time to: take care of the errands you never seem to have time to do. catch up on your shopping. attend a support group meeting. visit doctor or dentist for routine care. give yourself a much-needed rest. Comfort Keepers respite services can be scheduled for as little as a few hours a week. Additionally, around-the-clock home care assistance can be arranged so you can take a longer break to attend a wedding out of town, take a child to college, or go on a much-needed vacation. Comfort Keepers also provides in-home care that makes a difference in the lives of seniors. Services offered include personal care, such as bathing, grooming, incontinence care and Companionship Services such as Meal Preparation, Light Housekeeping, Medication Reminders and Laundry.

Home to Stay (717) 545-1293

Home Health Care Services

Specializing in highly skilled pediatric care and geriatric care, Home to Stay provides an array of nursing services including registered nurses (RNs), licensed practical nurses (LPNs), and health aides in our clients' homes. Our patients range from ventilator-dependent infants, to children with mobility challenges, to elderly people in assisted living facilities.

WHERE TO TURN FOR HELP

The ARC of Franklin/Fulton Counties

(717) 264-4390

Companion Services

Companion services are provided to individuals living in private residences for the purpose of providing supervision and minimal assistance that is focused on the health and safety of the adult individual with a developmental disability. Companion services can provide assistance in daily living activities, including grooming, healthcare, household care, meal preparation, planning, and socialization.

The ARC of Franklin/Fulton Counties

(717) 264-4390

In-Home & Community Support

Home & Community Services are direct services provided in private residences and community settings to protect the health and welfare of individuals and in acquiring, maintaining, and improving self-help, domestic, socialization, and adaptive skills. Hours of service are based on available funding of the individual.

UDS - Olde Homestead Lane

(888) 837-4235

UDS - Support Coordination

Provides supports coordination to people with physical disabilities and seniors. Assists in developing services plans, linking individuals to personal care attendants, coordinating services and connecting to community resources.

Personal Care Home Complaints and Investigations

Franklin County Area Agency on Aging

(717) 261-0631

Ombudsman Services

A service that receives, investigates and resolves complaints made by or on behalf of older residents of nursing homes, personal care homes, domiciliary care homes and home health care agencies.

Personal Care Home Services

Aveanna Healthcare - Franklin County

(717) 263-2190

Home Health Care Services

Aveanna's customized home healthcare services enable our patients with complex medical needs to live in a familiar, comfortable setting while receiving compassionate care from experienced professionals. Our Chambersburg office provides Pediatric / Adult Private Duty Nursing and Pediatric / Adult Personal Care.

Christian Companion Senior Care

(717) 264-0500

Companionship and Personal Care

At Christian Companion Senior Care serving Chambersburg, Pennsylvania, we pride ourselves in providing our clients with assisted living options that will greatly improve their happiness, health, safety, and independence. The home care services that we provide include: Fellowship and companionship Assistance with personal care and grooming Light housekeeping Meal planning and preparation Spiritual encouragement, if requested Provide reliable transportation Assistance with shopping and running errands Senior Connect, providing Skype, email service, and internet access to community and church offerings Safety and security assistance Mental stimulation through activities and/or hobbies Help making medical and other appointments Our caregivers provide loving support that often is not provided by visiting nurses, therapists, and other care providers. So even if your loved one is already receiving home visits from a medical professional, we can still help!

WHERE TO TURN FOR HELP

Comfort Keepers, Fayetteville PA

(717) 352-2133

Dementia Care and Alzheimer's Care

Our specially trained dementia care and Alzheimer's care Comfort Keepers will: help maintain a safe environment for the client. engage the client in activities that can stimulate the senses, such as music. provide meals and bathing assistance. support the client and family through the changing behaviors often seen with dementia. We customize our in-home care to meet each clients special needs, taking into consideration his or her health and ability. Depending on the clients needs, Comfort Keepers can provide care for just a few hours a week or provide full-time, in-home care. Through our 24-hour senior care service, a team of Comfort Keepers coordinates caregiving responsibilities in shifts. This offers clients and their families full-time peace of mind.

Comfort Keepers, Fayetteville PA

(717) 352-2133

Hosiery Service

Hosiery Service is a service that allows for Comfort Keepers to assist individuals with their shoes and socks. It is the newest program, designed to assist those who are needing to wear "Support Hosiery" to avoid devastating leg distress due to disease or surgery. These types of support stockings are almost impossible to put on or take off without assistance. No wound dressing is included with this service. Staff will only be in your home 15 minutes or less, depending on the time it takes for your fitting.

Comfort Keepers, Fayetteville PA

(717) 352-2133

Respite Care/Non-Medical Home Care

Respite care services provide home care assistance to give you time to leave the home for a few hours or even a few days, knowing the one you care for is in good hands. This creates time to: take care of the errands you never seem to have time to do. catch up on your shopping. attend a support group meeting. visit doctor or dentist for routine care. give yourself a much-needed rest. Comfort Keepers respite services can be scheduled for as little as a few hours a week. Additionally, around-the-clock home care assistance can be arranged so you can take a longer break to attend a wedding out of town, take a child to college, or go on a much-needed vacation. Comfort Keepers also provides in-home care that makes a difference in the lives of seniors. Services offered include personal care, such as bathing, grooming, incontinence care and Companionship Services such as Meal Preparation, Light Housekeeping, Medication Reminders and Laundry.

Comfort Keepers, Fayetteville PA

(717) 352-2133

Senior Care and End of Life Care

Our aim is to provide care and comfort to your loved one and to help families make the most of their limited time together. We help by providing: bathing, dressing, and toileting assistance for your loved one. Light house cleaning, laundry as needed, food preparation, and companionship are also provided to your loved one so you can get a much-needed break. We can also continue to help after a loved ones passing. Our Comfort Keepers can help families deal with the loss and assist with tasks such as organizing personal items and moving belongings or just simply being there to listen if family members need to talk and process their grief.

Community Home Health Care, Inc.

(717) 261-2546

Community Home Health Care, Inc.

Community Home Healthcare, Inc. provides clients with professional, comprehensive services, including skilled nursing, physical, occupational and speech therapies, social services, and home health aides to meet individual needs in the comfortable environment of their own homes.

WHERE TO TURN FOR HELP

Epilepsy Association of Western and Central Pennsylvania - Harrisburg

(800) 361-5885

CareShare Program

Respite Service: A limit of 25 hours of care can be given to each person in a 1-year time frame provided in-home to patients with an active diagnosis of epilepsy/seizure diagnosis.*This program does NOT provide long-term care. The EAWCP will make every effort to find another source of services but makes no promises that long-term care can be secured. This is a temporary program and may not become a permanent service of the EAWCP.

Helping Hands in Home Care, Inc.

(717) 264-1871

Helping Hands in Home Care, Inc.

Helping Hands in Home Care, Inc. offers in home care services from 4 hours a day to 24 hours a day from one day a week to 7 days a week. Services include: Personal care, bathing, dressing, meal preparation, light housekeeping, laundry and transportation.

Home Instead

(717) 398-2565

Home Instead - Adams/Franklin County

We provide non-medical in home care to seniors in their home, or in any setting (skilled nursing, personal care, hospital, etc.). We provide transitional care, companionship, light housekeeping, meal preparation, escort to errands, personal care, respite care, medication reminders and transportation. We are available 24/7, offering as little as 1 hour of services up to 24/7/365.

Kaleidoscope Family Solutions, Inc. (KFS)

(877) 384-1729

Consolidated, Community Living, and Person Family Directed Supports (P/FDS) Waivers

In-home and community services and supports to qualified individuals with intellectual disabilities from ages three and up in the state of Pennsylvania.

- Behavioral Supports
 - In Home Community Supports
 - Community Participation Supports
 - Supported Employment
 - Adult Companion
 - Respite In-Home
-

WHERE TO TURN FOR HELP

Keystone Human Services - Franklin County

(717) 552-2070

Intellectual Disability Services - Residential Services

Residential Services are provided to adults living in licensed and unlicensed provider owned or rented homes. Services are based on the principle that each person has the ability to engage in lifelong learning. Participants are supported to acquire, maintain, or improve their skills to live more independently in the community and participate meaningfully in community life.

Services consist of assistance, support, and guidance in:

- Self-care
- Health maintenance
- Decision making
- Home management
- Personal resource management
- Communication
- Mobility and transportation
- Relationship development and socialization
- Personal adjustment
- Participation in community functions and activities
- Use of community resources

The type and amount of services are determined by the person's need for physical, psychological, and emotional assistances, established through the assessment and person centered planning process.

Residential Services are provided in the person's primary residence and the home is considered their home. Respect for personal routines, rhythms, rights, independence, privacy, and personalization are central to services, as is access to experiences and opportunities for personal growth.

Behavior Support Services are included in Residential Services to support people to manage their own mental health diagnosis and emotional wellness, including self-management of their emotions.

Nurse Consultants through Keystone Human Services are available to support the person and their staff in developing practices that promote good health.

Menno Haven - Brookview

(717) 709-4550

Menno Haven at Home Care

Provides non-medical in home care, personal care, around the home services, companion services, and transportation.

WHERE TO TURN FOR HELP

Person Directed Supports, Inc.

(717) 264-6290

Person Directed Supports, Inc. - Franklin County

Adult Day Programs - Day programs are created to meet each individual's needs and skill set. Both licensed and unlicensed day programs are held in a safe and caring environment with a team of human service professionals.

Adult Residential Programs - Support is provided to individuals in community homes or life sharing with a host family. Each individual is evaluated to determine which living environment will work best for them depending on their needs, wants, and goals.

Behavioral Services - Behavior support services use empirically-validated practices to identify the causes of, intervene to prevent, and create appropriate reactions to problematic behavior.

Vocational Training - Vocational Training provides the supports individuals need to successfully find and maintain a job. Individuals receive assistance to build their resume and discover their skills and abilities.

Companionship Services - A companion is a Direct Services Professional that provides support in the individuals own home while assisting with daily activities and functions.

Behavioral Services - Behavior support services use empirically-validated practices to identify the causes of, intervene to prevent, and create appropriate reactions to problematic behavior. Vocational Training - Vocational Training provides the supports individuals need to successfully find and maintain a job. Individuals receive assistance to build their resume and discover their skills and abilities. Companionship Services - A companion is a Direct Services Professional that provides support in the individuals own home while assisting with daily activities and functions.

WHERE TO TURN FOR HELP

SpiriTrust Lutheran - Franklin County

(717) 264-8178

Home Care & Hospice

Home Health – If you are recovering from an injury, illness or surgery or you need help managing a chronic health condition, our home health care team will help. Our team works with you and your doctor to develop a plan of care that meets your unique needs. Services may include skilled nursing services, physical therapy, occupational therapy, speech therapy, phlebotomy, personal care and medical social services.

Hospice –Our team uses an interdisciplinary approach that means clients and their family members receive support from skilled nurses, compassionate caregivers, grief counselors, spiritual care, volunteers and more. The team assists by managing pain and symptoms, supporting the family, providing education on what to expect and teaching caregiving techniques.

Home Care - Tailored to meet your specific needs, services may include: help with dressing and bathing, grocery shopping, meal preparation, housekeeping, laundry, transportation and shopping and errands. Home care can be arranged for a few hours a day up to 24-hour care.

Palliative Care – Our in-home palliative care team enhances your regular medical treatment. Through medication management, relaxation techniques and coping strategies, we help you control symptoms and carry on with everyday life.

Tender Hearted Services Inc.

(717) 597-9320

Companion and Respite Services

Companion service is intended to assist an individual who is age 18 or older to participate more meaningfully in home and community life. It is provided to individuals living in private homes for the purposes of providing supervision or assistance that is designed to ensure the individual's health, safety and welfare or to perform activities of daily living for the individual. Respite is a service provided on a short-term basis to relieve those persons normally providing care. Respite is provided in two categories: 24-hour respite and 15-minute respite. Respite services may only be provided to those living in a private home. Respite services may also be provided by someone that the person and family already knows who is qualified and willing to provide assistance either in the person's home, the home of a family member or a friend's home.

WHERE TO TURN FOR HELP

Visiting Angels of Adams, Franklin and Cumberland Counties

(717) 241-5900

Home Care Services - Carlisle

Visiting Angels provides in-home non-medical care for older adults and seniors. We utilize a skilled staff of CNA's, LPN's, and RN's. Consultations are free. Some of the services provided include:

- Grooming Assistance
- Dressing Assistance
- Walking Assistance
- Meal Preparation/Diet Monitoring
- Light Housekeeping
- Errands and Shopping
- Medication Reminders
- Joyful Companionship (Care is Available: Mornings, Mid-Day, and Evenings)
- Temporary or Long Term Care is Available (Weekends and Holiday Care is Available)
- Respite Care for Family Caregivers
- 24 Hour Care is Available

Visiting Angels of Adams, Franklin and Cumberland Counties

(717) 241-5900

Home Care Services - Chambersburg

Visiting Angels provides in-home non-medical care for older adults and seniors. We utilize a skilled staff of CNA's, LPN's, and RN's. Consultations are free. Some of the services provided include:

- Grooming Assistance
- Dressing Assistance
- Walking Assistance
- Meal Preparation/Diet Monitoring
- Light Housekeeping
- Errands and Shopping
- Medication Reminders
- Joyful Companionship (Care is Available: Mornings, Mid-Day, and Evenings)
- Temporary or Long Term Care is Available (Weekends and Holiday Care is Available)
- Respite Care for Family Caregivers
- 24 Hour Care is Available

Personal Care Housing

Aprontree Large Personal Care Home

(717) 349-7329

Personal Care Home

Aprontree Large Personal Care Home is a 21 bed facility located in Spring Run, Pennsylvania. Of the 21 beds, 20 are private with 1 being semi private. All living areas are 1st floor.

Services for those who reside there will also receive the following:

- Assistance with personal grooming
- Laundry Services
- Assistance with medication
- Meals
- Additional services are brought in to the facility to help with the resident's everyday lives.

WHERE TO TURN FOR HELP

Christian Residential Opportunities and Social Services (CROSS Inc.)

(717) 530-1788

Residential Care

Christian Residential Opportunities and Social Services (CROSS), Inc. was founded in 1985 to provide residential service to adults with developmental disabilities. Presently, three group homes "Grace Home in Shippensburg (8 residents), Griffith House in St. Thomas (6 residents) and Cumberland Vista in Dillsburg (8 residents). Respite care is provided through individuals homes in the community.

Magnolias of Chambersburg

(717) 264-6000

Long-Term Senior Living

Long-Term Senior Living combines housing, support services and health care as needed on a day-to-day basis. Each apartment or suite provides residents with privacy, independence and the added security of an easily accessed emergency call system. Magnolias offers a variety of floor plans, housekeeping and linen services. Residents are also free to furnish and decorate their rooms according to their individual tastes. In addition to their accommodations, residents will enjoy, three home-cooked meals daily, snacks & beverages, recreational & social events, 24-hour staffing, daily fitness and exercise classes.

Magnolias of Chambersburg

(717) 264-6000

Memory Care Community

Magnolias of Chambersburg's Memory Care Program is an exceptional residential setting for seniors who are living with memory impairments. We offer a safe, warm, inviting, and dignified environment conducive to their emotional, spiritual, and social satisfaction. Your loved one will receive maximum comfort while enjoying a relaxing environment complete with beautiful landscaping and cozy areas for enjoying time with family and friends.

Menno Haven - Brookview

(717) 262-1000

Village Square - Personal Care Housing

Personal Care Facility operated 24/7. Offers services for personal care needs; bathing, dressing, activities of daily living- health care management for medical needs and medication administration. Transportation and activities programs are available. Meals provided for dietary needs. Beauty shop, Banking, and fitness area available on site. Physician services available on campus, security on campus. Chaplin's on staff and behavioral care needs available on campus 2x's per week, laundry and housekeeping services and rehabilitation and podiatry services are also available.

Menno Haven - Chambers Pointe

(717) 262-1000

The Manor - Personal Care Housing

Personal Care Facility operated 24/7. Offers services for personal care needs; bathing, dressing, activities of daily living- health care management for medical needs and medication administration. Transportation and activities programs are available. Meals provided for dietary needs. Beauty shop, Banking, and fitness area available on site. Physician services available on campus, security on campus. Chaplins on staff and behavioral care needs available on campus 2x's per week, laundry and housekeeping services and rehabilitation and podiatry services are also available.

WHERE TO TURN FOR HELP

Providence Place Senior Living - Chambersburg

(717) 709-0668

Personal Care Living

When a resident requires additional one-on-one assistance with everyday activities, this level offers services like bathing, dressing, or taking medications. Personal Care services are available for active seniors who need some regular personal assistance, but desire to be as self-reliant as possible. Included in your daily personal care rental fee are all the amenities of Independent Living, plus custom personal care services.

Providence Place Senior Living - Chambersburg

(717) 709-0668

Senior Independent Living

Independent Living is an attractive lifestyle option for active seniors who don't require assistance with their personal care or healthcare, but find reassurance in community living. Residents can maximize their independence by living in a safe, supportive community setting. Without the worries associated with home ownership, seniors get more enjoyment out of life. Spending time with others who share similar interests makes Providence Place residents lives more meaningful. Help is always available in the event of an emergency. Have as much or as little support as you want with chores like housekeeping and laundry. Stop worrying about costly home maintenance. Enjoy life more. Create new friendships. Have access to a wide range of stimulating activities.

SpiriTrust Lutheran - Franklin County

(717) 264-5700

The Village at Luther Ridge – Residential Living

At SpiriTrust Lutheran®, The Village at Luther Ridge, you'll enjoy active, independent retirement living in a maintenance-free cottage that suits your taste at a cost that fits your budget. Your comfortable Residential Living residence is only the beginning of community life. Because our faith based community is such an integral part of the Chambersburg community, you may find that you know many of the residents and staff before you move in! Every day, you'll discover new activities and explore new interests. Life at The Village at Luther Ridge is as rich in experiences as it is in friendship. Our service package includes: home, grounds and appliance maintenance; 24-hour security; regular scheduled transportation to local medical appointments and shopping; water, sewer, taxes and trash removal; and cable service.

WHERE TO TURN FOR HELP

The Leland of Laurel Run

(717) 749-0083

Memory Care

Memory Care Personal Care residence is being designed to create a therapeutic, home-like, residential environment in which cognitively impaired residents can make choices, celebrate accomplishments and reinforce familiar patterns of family lifestyles. This family type interaction takes place with all safety and security of the resident being of utmost importance and allows for resident participation in daily life routines such as dressing, bed making, setting the table, and therapy, folding laundry and baking. Our dedicated staff understands the everyday needs of our residents which allow relationships and trust to grow to a comfortable and caring level. An individual care and support plan will be developed for each resident by a team of trained care givers with the help of the resident's family. Families are encouraged to take an active role in the life and care of their loved one and are encouraged to provide furnishings and accessories for the room to enhance connectivity to familiar surroundings. The Memory Care Personal Care program incorporates daily living routines into everyday patterns of living that enables residents with early to mid-stage Alzheimer's or dementia to function at their highest potential and in turn feel a sense of purpose and well being. Along with promoting individual life victories, the program also offers stimulating and educational group activities that encourage confidence, socialization and camaraderie among friends living at Memory Care.

The Leland of Laurel Run

(717) 749-0083

Residential Care

The mission of The Leland of Laurel Run is to provide and promote a community in which our residents find purpose, meaning and reward in every day and are secure in the knowledge that all health challenges will be met, shared and cared for by a dedicated, committed staff within a community of friends.

Services included are:

- Professional licensed nurse on call 24 hours a day.
 - Assistance with activities of daily living (dressing, bathing, grooming.)
 - Wellness programs designed to enhance a resident's physical, spiritual and social well-being.
 - Assistance with prescribed medications
 - Diabetic management
 - Private or shared accommodations.
 - Three home-style meals daily, plus snacks
 - Planned social, educational and recreational activities
 - Transportation for scheduled activity outings.
 - Assistance with Veterans Benefits (VA) application, for those eligible
 - Access to on-site salon services (fee for services)
 - Linen and personal laundry
 - Housekeeping
 - Cable services
 - All utilities
-

WHERE TO TURN FOR HELP

Pet Adoption

Antietam Humane Society, Inc.

(717) 762-9091

Pet Adoptions & Shelter

There are several things to consider when adopting an animal. One should consider type, size, breed, individual needs, activity level, etc. of an animal to be sure it is the right fit for your family. You should also consider your own schedule, activity level, lifestyle, and finances before bringing an animal into your home. We have several trained and knowledgeable staff waiting to assist you in the decision making process.

Pet Shelter

Antietam Humane Society, Inc.

(717) 762-9091

Pet Adoptions & Shelter

There are several things to consider when adopting an animal. One should consider type, size, breed, individual needs, activity level, etc. of an animal to be sure it is the right fit for your family. You should also consider your own schedule, activity level, lifestyle, and finances before bringing an animal into your home. We have several trained and knowledgeable staff waiting to assist you in the decision making process.

Antietam Humane Society, Inc.

(717) 762-9091

Pet Adoptions & Shelter

There are several things to consider when adopting an animal. One should consider type, size, breed, individual needs, activity level, etc. of an animal to be sure it is the right fit for your family. You should also consider your own schedule, activity level, lifestyle, and finances before bringing an animal into your home. We have several trained and knowledgeable staff waiting to assist you in the decision making process.

Pet Shelter & Adoption

Cumberland Valley Animal Shelter

(717) 263-5791

Cumberland Valley Animal Shelter

The mission of the Cumberland Valley Animal Shelter is to protect, shelter and adopt homeless animals in the northern Franklin and parts of southern Cumberland county service area. CVAS provides shelter to stray and otherwise homeless pets and minimizes their stress, protecting them from the elements and providing a place of safety and comfort. We provide safe and speedy return of lost pets to their owners, place adoptable pets with responsible owners, aid in the prevention of cruelty and neglect to animals through educational efforts and legal citations as necessary.

WHERE TO TURN FOR HELP

Pharmacy

Chambersburg Apothecary

(717) 263-0747

Chambersburg Apothecary

The Chambersburg Apothecary offers the following services:

Compounding - Compounding is when a physician orders a medication that is not manufactured or commercially available. A licensed pharmacist combines, mixes, flavors or alters a drug for an individual patient's needs.

Pharmacy - Chambers' Apothecary is a full service pharmacy. We offer everything you would expect from a normal pharmacy plus many other value added services. Our customer service is unlike anything you have ever experienced before. To us, taking care of your needs is the most important part of what we do. We participate with all major insurances and pride ourselves on having the BEST CASH PRICE in town. We offer many programs and services that take the hassle out of getting your medications each month.

Medication Synchronization - We offer this FREE program to all of our customers. Through this program you can pick up all of your 30 day supply medications on the SAME DAY each MONTH. No more making multiple trips to the pharmacy. Call or stop in for more details.

Medication Packaging - We offer medication packing in blister or bubble packs. We have the ability to blister pack a medication individually or along with other medications in multiple formats (morning, afternoon, evening, bedtime).

Mail And Delivery - We offer FREE local delivery to the Chambersburg area and Free mailing of medications to outside of Chambersburg. We are dedicated to making sure you have access to your medications with not additional costs to you!

Immunizations - Keeping up to date with immunizations is key to preventing many illnesses and striving for optimum health. Our pharmacists can administer dispense and administer many vaccines including one related to travel.

Consultations - Stop in or schedule a time to meet with one of our pharmacists to go over your medications. Whether it is to try and identify a problem or just to make sure your taking your medications correctly, we are happy to assist.

Medical Equipment - We carry medical equipment to meet your needs, and have access to many special order items that you may need. Our goal is to make your life easier. We bill Medicare, Workman's Compensation, and some private insurance companies for you and we also provide rentals.

Holistic Health - Holistic medicine is the art and science of healing that addresses the whole person – body, mind, and spirit. The practice of holistic medicine integrates conventional and alternative therapies to prevent and treat disease, and most importantly, to promote optimal health. Restoring health and helping the body to heal naturally as it was designed.

Keystone Medical Services

(717) 709-7977

Keystone Pharmacy

The Keystone Pharmacy is open to anyone. We provide prescription medications as well as over the counter products. We accept most insurance plans and offer our own discounted prescription programs.

Park Avenue Pharmacy

(717) 264-7312

Park Avenue Pharmacy

A full service pharmacy that offers home delivery for those who are unable to get out of their homes.

WHERE TO TURN FOR HELP

Physical, Occupational or Speech Therapy

Fulton County Medical Center

(717) 485-6108

Occupational, Physical, and Speech Therapy

Physical Therapy is defined as the service that maximizes movement potential through prevention, treatment, and rehabilitation. Our department offers therapy services to our outpatient clients, acute care and swing bed patients, long term care residents, and Home Health patients. Our goal in therapy is to focus on restoring patient's and resident's function through various techniques and modalities. Occupational therapy at FCMC looks at the function and independence of people across the lifespan and works individually to retrain, restore, and adapt environments and processes to improve the overall quality of life.

Occupational therapy takes a holistic approach towards functional and your daily routine. They look at individual's "occupations" or, their everyday activities. OT's work specifically to maximize a person's quality of life and improve their ability to safely and effortlessly engage in daily tasks. Occupational therapy services typically include:

- Evaluation of current function and needs, during which the patient and occupational therapist work together to develop a plan that will work towards success in areas valued by the patient.
- Development of a customized approach for treatment that focuses on the person's ability to engage daily in everyday activities.
- Routine assessment of progress towards goals in order to ensure that the original plan is effectively working towards end goal of success.

Occupational therapy services can also include assessment of home and work/school environments to allow specific recommendations and adaptations for improved independence.

Speech Therapy services at FCMC provide therapy for children and adults whose ability to communicate or swallow may have been affected by injury or illness. They provide evidence driven treatment for individuals with communication impairments, cognitive-communication, swallowing, or voice limitations. Speech therapy also perform modified barium swallow studies (MBS) to observe the function and performance of the structures in the throat and determine if food or liquid are entering a person's lungs. Speech therapy uses routine assessment to determine progress towards goals and provide patient education to maximize outcomes.

WHERE TO TURN FOR HELP

Phoenix Physical Therapy

(717) 263-5147

Physical Therapy

Phoenix Physical Therapy includes addressing some of the following issues:

- Arthritis or other joint issues
- Back and neck pain
- Sports-related injuries
- Balance disturbances
- Post orthopedic surgery rehabilitation
- Fractures
- Neurological conditions and stroke
- Developmental disabilities
- Strengthening and flexibility programs
- Foot problems
- LSVT BIG Program for Parkinson's Disease
- Vestibular/Dizziness diagnoses

Phoenix Physical Therapy

(717) 263-5147

Occupational Therapy & Premier Hand Therapy Center

Premier Hand Therapy Center is staffed by an Occupational Therapist who is a Certified Hand Therapist and a Certified Occupational Therapy Assistant. Together, they meet the needs of patients who have experienced trauma or injury to the hand. The staff of Premier Hand Therapy Center has undergone extensive training in their area of study.

- Hand Therapists focus specifically on injuries to the hands, wrists, and arms including:
- Carpal or Cubital Tunnel Syndrome
- Radial nerve injuries
- Tendon injuries
- Amputations
- Hand and wrist trauma (including burns, lacerations, fractures, and dislocations)
- Custom splint fabrication

Industrial Services: Our therapists, with specialized training, are dedicated to providing the best and most efficient care possible to injured workers such as:

- Functional capacity evaluations
 - Clinic-based physical and occupational therapy services
 - Ergonomic consultation
 - Modified duty programs
 - Post-offer pre-placement work screenings
-

WHERE TO TURN FOR HELP

Phoenix Physical Therapy

(717) 263-5147

Speech Therapy

Physical Therapy etc. offers a range of services from consultation to comprehensive diagnostic and therapy services for children, teens and adults with speech, language, and swallowing problems. Individual or group therapy is available. All services, related to speech and language, are provided by a PA licensed and ASHA certified speech-language pathologist.

Spiritrust Lutheran - Franklin County

(717) 264-8178

Home Care & Hospice

Home Health – If you are recovering from an injury, illness or surgery or you need help managing a chronic health condition, our home health care team will help. Our team works with you and your doctor to develop a plan of care that meets your unique needs. Services may include skilled nursing services, physical therapy, occupational therapy, speech therapy, phlebotomy, personal care and medical social services.

Hospice –Our team uses an interdisciplinary approach that means clients and their family members receive support from skilled nurses, compassionate caregivers, grief counselors, spiritual care, volunteers and more. The team assists by managing pain and symptoms, supporting the family, providing education on what to expect and teaching caregiving techniques.

Home Care - Tailored to meet your specific needs, services may include: help with dressing and bathing, grocery shopping, meal preparation, housekeeping, laundry, transportation and shopping and errands. Home care can be arranged for a few hours a day up to 24-hour care.

Palliative Care – Our in-home palliative care team enhances your regular medical treatment. Through medication management, relaxation techniques and coping strategies, we help you control symptoms and carry on with everyday life.

Spiritrust Lutheran - Franklin County

(717) 264-5433

LIFE (Living Independence For the Elderly)

Spiritrust Lutheran® LIFE (Living Independence For the Elderly) is nationally recognized as a Program of All-Inclusive Care for the Elderly (PACE). The interdisciplinary team at Spiritrust Lutheran LIFE combines professional care with personal attention. LIFE's all-inclusive approach helps improve the health and happiness of our participants. Services are provided primarily at the LIFE center in Chambersburg (transportation is provided via specifically equipped vans) and supplemented by in-home and referral services according to the participants' needs.

LIFE services include: primary medical care and specialty services; medical supplies and equipment; laboratory and diagnostic services; prescription drugs and medication management; 24/7 access to emergency or urgent care; acute hospitalization and ambulance services; visions, dental, hearing and podiatry care; physical, occupational and speech therapy; nutritional counseling and meals; home health care and personal care; day services and recreational therapy; social services and behavioral health care; chaplain services; and transportation.

WHERE TO TURN FOR HELP

WellSpan Health Physical Medicine & Rehab

(717) 765-3456

Waynesboro Hospital Therapy

At WellSpan Physical Medicine & Rehab, your team of expert physical therapists will work closely with you and your families to develop a personalized treatment plan to improve your mobility and help keep you moving.

Our services include:

- Cardiac rehab
- Physical therapy
- Aquatic therapy
- Balance & vestibular therapy
- Hand therapy
- Inpatient rehab
- Neurological rehab
- Occupational therapy
- Orthopedic rehab
- Sports medicine
- Speech therapy
- Total joint rehab
- Women's health
- Work injury management

WellSpan Health Physical Medicine & Rehab

(717) 530-5333

Shippensburg Medical Campus Therapy

At WellSpan Physical Medicine & Rehab, your team of expert physical therapists will work closely with you and your families to develop a personalized treatment plan to improve your mobility and help keep you moving.

Our services include:

- Cardiac rehab
 - Physical therapy
 - Aquatic therapy
 - Balance & vestibular therapy
 - Hand therapy
 - Inpatient rehab
 - Neurological rehab
 - Occupational therapy
 - Orthopedic rehab
 - Sports medicine
 - Speech therapy
 - Total joint rehab
 - Women's health
 - Work injury management
-

WHERE TO TURN FOR HELP

WellSpan Health Physical Medicine & Rehab

(717) 267-7715

Chambersburg Hospital Therapy

At WellSpan Physical Medicine & Rehab, your team of expert physical therapists will work closely with you and your families to develop a personalized treatment plan to improve your mobility and help keep you moving.

Our services include:

- Cardiac rehab
- Physical therapy
- Aquatic therapy
- Balance & vestibular therapy
- Hand therapy
- Inpatient rehab
- Neurological rehab
- Occupational therapy
- Orthopedic rehab
- Sports medicine
- Speech therapy
- Total joint rehab
- Women's health
- Work injury management

WellSpan Health Physical Medicine & Rehab

(717) 262-4650

Results Therapy & Fitness

At WellSpan Physical Medicine & Rehab, your team of expert physical therapists will work closely with you and your families to develop a personalized treatment plan to improve your mobility and help keep you moving.

Our services include:

- Cardiac rehab
 - Physical therapy
 - Aquatic therapy
 - Balance & vestibular therapy
 - Hand therapy
 - Inpatient rehab
 - Neurological rehab
 - Occupational therapy
 - Orthopedic rehab
 - Sports medicine
 - Speech therapy
 - Total joint rehab
 - Women's health
 - Work injury management
-

WHERE TO TURN FOR HELP

Postabortion Conflicts

Restore at PMI Pregnancy Resource Center (717) 372-2845
(Confidential)

Restore - Healing After Abortion-Chambersburg

One on one peer counseling and/or recovery group Bible study.

Restore at PMI Pregnancy Resource Center (717) 372-2845
(Confidential)

Restore - Healing After Abortion-Greencastle

One on one peer counseling and/or recovery group Bible study.

Restore at PMI Pregnancy Resource Center (717) 372-2845
(Confidential)

Restore - Healing After Abortion-Shippensburg

One on one peer counseling and/or recovery group Bible study.

Postabortion Counseling

PMI Pregnancy Resource Center (717) 532-4446

PMI Pregnancy Resource Center-Shippensburg

General Services

- Free pregnancy test with verification
- Ultrasound pregnancy confirmation
- Education about pregnancy and infant care
- Lay counseling as needed with parents, boyfriend, or husband
- Ongoing personal support
- Post-abortion Lay counseling
- Planning for future and other assistance depending on circumstances

Referrals

- Referrals for medical care, social services, legal aid, and adoption
- Referrals for housing
- Referrals for foster home care

Material Support

- Material assistance with maternity and baby needs

New Dads

- Education for new and expecting Dads
- Mentoring for new and expecting Dads
- STI Testing and treatment for Chlamydia and Gonorrhea

Restore at PMI Pregnancy Resource Center (717) 372-2845
(Confidential)

Restore - Healing After Abortion-Shippensburg

One on one peer counseling and/or recovery group Bible study.

WHERE TO TURN FOR HELP

Restore at PMI Pregnancy Resource Center

(717) 372-2845
(Confidential)

Restore - Healing After Abortion-Chambersburg

One on one peer counseling and/or recovery group Bible study.

Restore at PMI Pregnancy Resource Center

(717) 372-2845
(Confidential)

Restore - Healing After Abortion-Greencastle

One on one peer counseling and/or recovery group Bible study.

Postabortion Support Group

Restore at PMI Pregnancy Resource Center

(717) 372-2845
(Confidential)

Restore - Healing After Abortion-Greencastle

One on one peer counseling and/or recovery group Bible study.

Restore at PMI Pregnancy Resource Center

(717) 372-2845
(Confidential)

Restore - Healing After Abortion-Shippensburg

One on one peer counseling and/or recovery group Bible study.

Pregnancy Options Counseling

PMI Pregnancy Resource Center

(717) 267-3738

PMI Pregnancy Resource Center-Chambersburg

General Services

- Free pregnancy test with verification
- Ultrasound pregnancy confirmation
- Education about pregnancy and infant care
- Peer counseling as needed with parents, boyfriend, or husband
- Ongoing personal support
- Post-abortion peer counseling
- Planning for future and other assistance depending on circumstances
- STI testing for chlamydia and gonorrhea

Referrals

- Referrals for medical care, social services, legal aid, and adoption
- Referrals for housing
- Referrals for foster home care

Material Support

- Material assistance with maternity and baby needs

New Dads

- Education for new and expecting Dads

WHERE TO TURN FOR HELP

PMI Pregnancy Resource Center

(717) 597-2447

PMI Pregnancy Resource Center-Greencastle

General Services

- Free pregnancy test with verification
- Ultrasound pregnancy confirmation
- Education about pregnancy and infant care
- Peer counseling as needed with parents, boyfriend, or husband
- Ongoing personal support ☞Post-abortion peer counseling
- Planning for future and other assistance depending on circumstances

Referrals

- Referrals for medical care, social services, legal aid, and adoption
- Referrals for housing ☞Referrals for foster home care

Material Support

- Material assistance with maternity and baby needs

New Dads

- Education for new and expecting Dads
- Mentoring for new and expecting Dads
- STI testing and treatment for Chlamydia and gonorrhea

PMI Pregnancy Resource Center

(717) 532-4446

PMI Pregnancy Resource Center-Shippensburg

General Services

- Free pregnancy test with verification
- Ultrasound pregnancy confirmation
- Education about pregnancy and infant care
- Lay counseling as needed with parents, boyfriend, or husband
- Ongoing personal support
- Post-abortion Lay counseling
- Planning for future and other assistance depending on circumstances

Referrals

- Referrals for medical care, social services, legal aid, and adoption
- Referrals for housing
- Referrals for foster home care

Material Support

- Material assistance with maternity and baby needs

New Dads

- Education for new and expecting Dads
 - Mentoring for new and expecting Dads
 - STI Testing and treatment for Chlamydia and Gonorrhea
-

WHERE TO TURN FOR HELP

Pregnancy Testing

PMI Pregnancy Resource Center

(717) 597-2447

PMI Pregnancy Resource Center-Greencastle

General Services

- Free pregnancy test with verification
- Ultrasound pregnancy confirmation
- Education about pregnancy and infant care
- Peer counseling as needed with parents, boyfriend, or husband
- Ongoing personal support †Post-abortion peer counseling
- Planning for future and other assistance depending on circumstances

Referrals

- Referrals for medical care, social services, legal aid, and adoption
- Referrals for housing †Referrals for foster home care

Material Support

- Material assistance with maternity and baby needs

New Dads

- Education for new and expecting Dads
- Mentoring for new and expecting Dads
- STI testing and treatment for Chlamydia and gonorrhea

PMI Pregnancy Resource Center

(717) 532-4446

PMI Pregnancy Resource Center-Shippensburg

General Services

- Free pregnancy test with verification
- Ultrasound pregnancy confirmation
- Education about pregnancy and infant care
- Lay counseling as needed with parents, boyfriend, or husband
- Ongoing personal support
- Post-abortion Lay counseling
- Planning for future and other assistance depending on circumstances

Referrals

- Referrals for medical care, social services, legal aid, and adoption
- Referrals for housing
- Referrals for foster home care

Material Support

- Material assistance with maternity and baby needs

New Dads

- Education for new and expecting Dads
- Mentoring for new and expecting Dads
- STI Testing and treatment for Chlamydia and Gonorrhea

PMI Pregnancy Resource Center

(717) 267-3738

Ultrasound Confirmation-Chambersburg

First Trimester Limited Ultrasound

WHERE TO TURN FOR HELP

PMI Pregnancy Resource Center

(717) 267-3738

PMI Pregnancy Resource Center-Chambersburg

General Services

- Free pregnancy test with verification
- Ultrasound pregnancy confirmation
- Education about pregnancy and infant care
- Peer counseling as needed with parents, boyfriend, or husband
- Ongoing personal support
- Post-abortion peer counseling
- Planning for future and other assistance depending on circumstances
- STI testing for chlamydia and gonorrhea

Referrals

- Referrals for medical care, social services, legal aid, and adoption
- Referrals for housing
- Referrals for foster home care

Material Support

- Material assistance with maternity and baby needs

New Dads

- Education for new and expecting Dads

Pregnant Women

UPMC Pinnacle Nurse Family Partnership of Dauphin, Franklin and Lebanon

(717) 782-2335

Counties

First-Time Moms

Nurse-Family Partnership is a free, voluntary program that partners first-time moms with nurses. When you enroll in the program, a trained nurse will visit you in your home until your baby turns two years old. If you have questions, your nurse will help answer them. Your nurse helps you have a healthy pregnancy, gives you coaching on child development and empowers you to pursue your heart's desire. Your nurse will always be there for you, so you can be there for your baby!

WHERE TO TURN FOR HELP

Preschool Program

Chambersburg YMCA ARK Child Development Center

(717) 446-0533

Preschool/Early Education

The YMCA ARK Child Development Center located at the William K. Nitterhouse Family YMCA Program Center is a state-of-the-art, early education facility for preschool children ages 3-5. At the ARK, students enjoy access to age-appropriate outdoor playground equipment, classrooms integrated with technology including Smart Board interactive white boards, three indoor movement studios, and an organic garden. The ARK is a full-day early learning center focusing on the education, socialization, skill development, and spiritual development of every child. Following a theme-based curriculum modeled after the Chambersburg Area School District Kindergarten Readiness Program and in accordance with PA Common Core Standards, classes offer pre-kindergarten instruction, swim lessons, field trips, rest time, science experiments, dance and rhythm activities, story time, arts and crafts, and much, much more.

First Start Partnerships for Children and Families

(717) 263-8019

Early Head Start, Head Start and Pre-K Counts

First Start Partnerships for Children and Families is committed to serving our children and families, prenatal through age 5, with the highest quality care and education to develop each person to their fullest potential. Our program is rated at the highest quality level possible in Pennsylvania – Keystone STARS FOUR. Our 34 classrooms primarily serve children ages 3-5, with three classrooms serving children from 12 months to three years old. In addition to the classrooms, a Home Visiting program is offered with weekly visits to pregnant mothers and/or children up to age three to support them in parenting and other goals. First Start Partnerships for Children and Families is a free program offered to families throughout Franklin County. Families can enroll by visiting www.firststartpartnerships.org

Fulton County Family Partnership, Inc.

(717) 485-6767

Child Care Services

PA Licensed Child Care Center offers dependable care for children 6 weeks old through age 15. Infant through Kindergarten Care is offered at the Overly Raker Building in McConnellsburg. We are open 6:00AM to 6:00PM Monday through Friday and offer: Developmentally appropriate educational environment. Nutritious meals and snacks. Formula (some restrictions apply) and baby food is included in fee. Daily outdoor, active play. Low staff to child ratios. Curriculum focused on individual child.

Newburg United Methodist Church

(717) 423-9989

God's Little Ones Preschool and Daycare

God's Little Ones Learning Center is a faith-based STARS 2 preschool and daycare in beautiful rural Newburg, PA. Our friendly staff serve children from 6 weeks old to 5th grade! We offer full day care for infants through Pre-Kindergartners and Before and After school care, drop-in care, and Full Day Summer Camp for School Age children!

PathStone Corporation - Chambersburg

(717) 264-2839

Child & Family Development Services

PathStone's Child & Family Development Services provides Migrant & Seasonal Head Start and Pennsylvania Pre – K Counts in Franklin County, PA.

WHERE TO TURN FOR HELP

Shippensburg University Head Start Program

(717) 477-1626

Early Head Start, Head Start and Pre-K Counts Program

Early Head Start, Head Start, and Pre-K Counts Programs are center-based and home-based services, which provide education, health and social services and nutrition services:

- Education - Provide a developmentally appropriate learning environment and varied experiences for children
- Parent Engagement - Provide opportunities for the parent's participation in the child's education, as well as in decision making for the program
- Social Services - Educate parents about community services and how to use them
- Health - Provide an overall health service program including dental, medical and nutrition services to enrolled children
- Nutrition and Food - Provide food to meet child's needs and offer nutrition education programs
- Special Needs - All children with special needs receive the full range of services available to other Head Start children

Prescription Medication Discounted

Keystone Medical Services

(717) 709-7977

Keystone Pharmacy

The Keystone Pharmacy is open to anyone. We provide prescription medications as well as over the counter products. We accept most insurance plans and offer our own discounted prescription programs.

Prescription Medication Expense Assistance

Christ Among Neighbors

(717) 532-7577

Christ Among Neighbors

CAN may provide assistance in the form of help with rental, utility bills, clothing or medical bills. This assistance may include emergency service delivery and/or referrals/consultations to other agencies or organizations with the means to solve the problem. The serviced areas are defined as comprising the Shippensburg Area School District and the village of Walnut Bottom (zipcode 17266 and zip code 17257 on High Mountain Road)

The Salvation Army, Chambersburg

(717) 264-6169

Social Work

Social Work - assistance with Life Threatening Medications (1 time), Clothing (Fire Victims, Homeless, Job Interviews, and Funeral expenses.

Waynesboro Community & Human Services

(717) 762-6941

Emergency Financial Assistance & Dollar Energy Fund

The Financial Assistance Program assists clients who have a utility shut off or utility is off, first month or late rent payments to prevent homelessness, fuel oil, and prescriptions.

WCHS is authorized to complete Dollar Energy applications in Franklin County.

WHERE TO TURN FOR HELP

Preventative Health Care

Cumberland Valley Breast Care Alliance

(717) 263-7191

The MammaGift Project

A program to provide free mammograms for uninsured or under-insured women.

WellSpan Health Women's Health Center

(717) 217-6750

Rhonda Brake Shreiner Women's Center

Rhonda Brake Shreiner Women's Center offers convenient access to a wide range of breast health and imaging resources. As an accredited Breast Imaging Center of Excellence, we strive daily to make sure your needs are met by providing you with personalized, friendly care and quality, diagnostic images. We offer leading-edge breast cancer screening, diagnosis, and treatment services such as: Mammograms Ultrasound breast biopsy Stereotactic breast biopsy Bone density scanning

Prevention Services

Women In Need - Chambersburg

(717) 264-4444

Prevention Education

To raise awareness in our community about the impact of violence on victims, our local community and society. In addition, it is important to educate people so that they know how to help others who might be dealing with violence. People of all ages, from children through adults, need to understand healthy and unhealthy relationships, in addition to making good choices when interacting with others.

Primary Care Office

Greencastle Family Practice and Psychological Services

(717) 597-3151

Greencastle Family Practice and Psychological Services

Greencastle Family Practice was first established in 1982 by Doctors Hudzinski and Thornton. Since this time, Greencastle Family Practice, PC has undergone numerous expansions in staff and physical size. Thirty years later, we have 8 Medical Providers and 6 Mental Health Counselors along with support staff. We take great pride in offering both medical and counseling services to the greater Greencastle area. We operate as a privately owned Christian based practice. Our mission is to practice medicine as a means of ministry and to provide you and your family with quality health care. Medical Providers are: Joseph Thornton, MD Duane Sipes, MD Nathan Derstine, DO Michael Fitzpatrick, DO Cayla Raber, CRNP John Strickler, PAC Mindy Barnhart, CRNP Candace Decerell, CRNP Counselors are: Paul Bitner, MS, LPC Debby Main, MA, LPC Nancy Morton, MSW, LCSW Melissa Grove, MS, LPC Diane Swan, MS, LPC Cheryl Sears, LPC

WHERE TO TURN FOR HELP

Keystone Medical Services

(717) 709-7999

Keystone Family Medicine

Keystone Family Medicine provides comprehensive, primary health care to men, women and children of all ages, races and economic backgrounds. Keystone offers a variety of quality medical and prevention services for the entire family including:

- Physical exams
- Immunizations
- Screenings to test for illnesses
- Minor surgery, such as wart removal
- Discounted prescription drugs
- Diabetes management
- Translation services available

The professional, compassionate and bilingual staff of Keystone Family Medicine includes family medicine doctors and a nurse practitioner.

Spiritrust Lutheran - Franklin County

(717) 264-5433

LIFE (Living Independence For the Elderly)

Spiritrust Lutheran® LIFE (Living Independence For the Elderly) is nationally recognized as a Program of All-Inclusive Care for the Elderly (PACE). The interdisciplinary team at Spiritrust Lutheran LIFE combines professional care with personal attention. LIFE's all-inclusive approach helps improve the health and happiness of our participants. Services are provided primarily at the LIFE center in Chambersburg (transportation is provided via specifically equipped vans) and supplemented by in-home and referral services according to the participants' needs.

LIFE services include: primary medical care and specialty services; medical supplies and equipment; laboratory and diagnostic services; prescription drugs and medication management; 24/7 access to emergency or urgent care; acute hospitalization and ambulance services; visions, dental, hearing and podiatry care; physical, occupational and speech therapy; nutritional counseling and meals; home health care and personal care; day services and recreational therapy; social services and behavioral health care; chaplain services; and transportation.

WHERE TO TURN FOR HELP

WellSpan Health Family Physician Services

(717) 217-6760

WellSpan Health Primary Care - WellSpan Health Health Center Building 2, 1st Floor

We provide personalized, quality healthcare for you and your family at every stage of life.

Services & Treatment

- Check-ups & health screenings
- Chronic disease management (diabetes, high blood pressure & asthma)
- Immunizations
- Minor lacerations & injuries
- Pediatric care
- Severe & minor illnesses
- Wellness care (healthy lifestyle habits - exercise, diet, sleep & nutrition)
- End of life care (comfort & support for the seriously ill)
- Skin Health - Cancer screening Rashes Acne Minor skin surgery (removal and biopsy of moles & other skin lesions)
- Women's Health Preventative services
- Disease screenings
- Birth control

WellSpan Health Family Physician Services

(717) 264-3644

WellSpan Health Primary Care - Philadelphia Avenue

We provide personalized, quality healthcare for you and your family at every stage of life.

Services & Treatment

- Check-ups & health screenings
 - Chronic disease management (diabetes, high blood pressure & asthma)
 - Immunizations
 - Minor lacerations & injuries
 - Pediatric care
 - Severe & minor illnesses
 - Wellness care (healthy lifestyle habits - exercise, diet, sleep & nutrition)
 - End of life care (comfort & support for the seriously ill)
 - Skin Health - Cancer screening Rashes Acne Minor skin surgery (removal and biopsy of moles & other skin lesions)
 - Women's Health Preventative services
 - Disease screenings
 - Birth control
-

WHERE TO TURN FOR HELP

WellSpan Health Family Physician Services

(717) 765-5060

WellSpan Health Primary Care - Waynesboro Medical Office Building

We provide personalized, quality healthcare for you and your family at every stage of life.

Services & Treatment

- Check-ups & health screenings
- Chronic disease management (diabetes, high blood pressure & asthma)
- Immunizations
- Minor lacerations & injuries
- Pediatric care
- Severe & minor illnesses
- Wellness care (healthy lifestyle habits - exercise, diet, sleep & nutrition)
- End of life care (comfort & support for the seriously ill)
- Skin Health - Cancer screening Rashes Acne Minor skin surgery (removal and biopsy of moles & other skin lesions)
- Women's Health Preventative services
- Disease screenings
- Birth control

WellSpan Health Family Physician Services

(717) 597-5553

WellSpan Health Primary Care - John L Grove Medical Center

We provide personalized, quality healthcare for you and your family at every stage of life.

Services & Treatment

- Check-ups & health screenings
 - Chronic disease management (diabetes, high blood pressure & asthma)
 - Immunizations
 - Minor lacerations & injuries
 - Pediatric care
 - Severe & minor illnesses
 - Wellness care (healthy lifestyle habits - exercise, diet, sleep & nutrition)
 - End of life care (comfort & support for the seriously ill)
 - Skin Health - Cancer screening Rashes Acne Minor skin surgery (removal and biopsy of moles & other skin lesions)
 - Women's Health Preventative services
 - Disease screenings
 - Birth control
-

WHERE TO TURN FOR HELP

WellSpan Health Family Physician Services

(717) 749-3181

WellSpan Health Primary Care - Mont Alto

We provide personalized, quality healthcare for you and your family at every stage of life.

Services & Treatment

- Check-ups & health screenings
- Chronic disease management (diabetes, high blood pressure & asthma)
- Immunizations
- Minor lacerations & injuries
- Pediatric care
- Severe & minor illnesses
- Wellness care (healthy lifestyle habits - exercise, diet, sleep & nutrition)
- End of life care (comfort & support for the seriously ill)
- Skin Health - Cancer screening Rashes Acne Minor skin surgery (removal and biopsy of moles & other skin lesions)
- Women's Health Preventative services
- Disease screenings
- Birth control

WellSpan Health Family Physician Services

(717) 765-5060

WellSpan Health Primary Care - Waynesboro Medical Office Building, 3rd Floor

We provide personalized, quality healthcare for you and your family at every stage of life.

Services & Treatment

- Check-ups & health screenings
 - Chronic disease management (diabetes, high blood pressure & asthma)
 - Immunizations
 - Minor lacerations & injuries
 - Pediatric care
 - Severe & minor illnesses
 - Wellness care (healthy lifestyle habits - exercise, diet, sleep & nutrition)
 - End of life care (comfort & support for the seriously ill)
 - Skin Health - Cancer screening Rashes Acne Minor skin surgery (removal and biopsy of moles & other skin lesions)
 - Women's Health Preventative services
 - Disease screenings
 - Birth control
-

WHERE TO TURN FOR HELP

WellSpan Health Family Physician Services

(717) 532-4148

WellSpan Health Primary Care - Shippensburg Medical Campus

We provide personalized, quality healthcare for you and your family at every stage of life.

Services & Treatment

- Check-ups & health screenings
- Chronic disease management (diabetes, high blood pressure & asthma)
- Immunizations
- Minor lacerations & injuries
- Pediatric care
- Severe & minor illnesses
- Wellness care (healthy lifestyle habits - exercise, diet, sleep & nutrition)
- End of life care (comfort & support for the seriously ill)
- Skin Health - Cancer screening Rashes Acne Minor skin surgery (removal and biopsy of moles & other skin lesions)
- Women's Health Preventative services
- Disease screenings
- Birth control

WellSpan Health Family Physician Services

(717) 217-6055

WellSpan Health Primary Care - Menno Haven

We provide personalized, quality healthcare for you and your family at every stage of life.

Services & Treatment

- Check-ups & health screenings
 - Chronic disease management (diabetes, high blood pressure & asthma)
 - Immunizations
 - Minor lacerations & injuries
 - Pediatric care
 - Severe & minor illnesses
 - Wellness care (healthy lifestyle habits - exercise, diet, sleep & nutrition)
 - End of life care (comfort & support for the seriously ill)
 - Skin Health - Cancer screening Rashes Acne Minor skin surgery (removal and biopsy of moles & other skin lesions)
 - Women's Health Preventative services
 - Disease screenings
 - Birth control
-

WHERE TO TURN FOR HELP

WellSpan Health Family Physician Services

(717) 328-2119

WellSpan Health Primary Care - Mercersburg Health Center

We provide personalized, quality healthcare for you and your family at every stage of life.

Services & Treatment

- Check-ups & health screenings
- Chronic disease management (diabetes, high blood pressure & asthma)
- Immunizations
- Minor lacerations & injuries
- Pediatric care
- Severe & minor illnesses
- Wellness care (healthy lifestyle habits - exercise, diet, sleep & nutrition)
- End of life care (comfort & support for the seriously ill)
- Skin Health - Cancer screening Rashes Acne Minor skin surgery (removal and biopsy of moles & other skin lesions)
- Women's Health Preventative services
- Disease screenings
- Birth control

WellSpan Health Family Physician Services

(717) 264-6511

WellSpan Health Primary Care - 8th Street

We provide personalized, quality healthcare for you and your family at every stage of life.

Services & Treatment

- Check-ups & health screenings
 - Chronic disease management (diabetes, high blood pressure & asthma)
 - Immunizations
 - Minor lacerations & injuries
 - Pediatric care
 - Severe & minor illnesses
 - Wellness care (healthy lifestyle habits - exercise, diet, sleep & nutrition)
 - End of life care (comfort & support for the seriously ill)
 - Skin Health - Cancer screening Rashes Acne Minor skin surgery (removal and biopsy of moles & other skin lesions)
 - Women's Health Preventative services
 - Disease screenings
 - Birth control
-

WHERE TO TURN FOR HELP

WellSpan Health Walk-In Care Centers

(717) 765-5060

WellSpan Health Primary Care and Walk-In - Waynesboro Medical Office Building

Walk-In Care Centers provided for those who suffer from or need care in the following manner: Minor burns

- Cuts
- Bumps
- Sprains
- Twisted or sprained ankles
- Fever or flu symptoms
- Cough, cold, or sore throat
- Minor skin rashes
- Mild asthma
- Ear or eye infections
- Minor headaches
- Sports & camp physicals for kids

WellSpan Health Walk-In Care Centers

(717) 597-5553

WellSpan Health Primary Care and Walk-In - John L Grove Medical Center

Walk-In Care Centers provided for those who suffer from or need care in the following manner: Minor burns

- Cuts
- Bumps
- Sprains
- Twisted or sprained ankles
- Fever or flu symptoms
- Cough, cold, or sore throat
- Minor skin rashes
- Mild asthma
- Ear or eye infections
- Minor headaches
- Sports & camp physicals for kids

Probation

Franklin County Adult Probation Department

(717) 264-6613

Adult Probation Services

Probation/Parole services include: Pre-release, Presentence Investigation, DAPP, EM/HA, SCRAM, SCRAMX and payment division. Also includes: Sexual Offenders, Mental health offenders, DRC, DUI, Probation with Restrictive Conditions, and Work Release.

WHERE TO TURN FOR HELP

Franklin County Juvenile Probation

(717) 261-3122

Juvenile Probation Special Services

Franklin County Juvenile Probation, under the direction and guidance of the 39th Judicial District of Pennsylvania provides probation services to Franklin County youth who fall within the jurisdiction of the Juvenile Court under Chapter 63 of the Pennsylvania Criminal Code.

The Juvenile Probation Department provides general probation supervision, school-based probation supervision, aftercare supervision and victim services. Probation Officers also facilitate numerous diversion and intervention groups to address youth needs. Juveniles are referred to the Franklin County Juvenile Probation Department by law enforcement agencies and other juvenile courts.

Private Citizens, in certain circumstances, may refer a juvenile by scheduling an appointment at the District Attorney's Office and discussing any allegations of delinquency. Those cases are submitted and approved through the District Attorney's Office.

The Franklin County Juvenile Probation Officers are appointed by the President Judge of Franklin County Court. The officers are committed to providing community protection, youth accountability and victim restoration through the use of evidence based practices, data driven decisions, and continuous quality improvement.

Programs are:

- First Offender Program
- Summer Enrichment Program (YSEP)
- Electronic Monitoring/House Arrest Program
- Youth Aid Panel Program
- Girls Circles
- Aggression Replacement Training
- Remuneration Fund
- Theft Prevention Class
- Victim Community Awareness Class
- Technology and Social Media Awareness Class
- Community Service Saturday School

Program Development

WellSpan Health - Endowment Services

(717) 267-4861

Summit Endowment

Summit Endowment exists to identify and address the areas health needs by supporting the development of programs and activities of non-profit organizations that will measurably improve the health of our neighbors.

The Summit Endowment provides grants to non-profit (501c3) organizations in the area for collaborative, outcome-focused projects that address health issues affecting residents in Summit Health's service areas.

The WellSpan Endowment Committee, a committee of the WellSpan Health Board, serves as the Grant Review Committee and maintains independent authority to review proposed projects, award funds, and monitor progress of funded projects.

WHERE TO TURN FOR HELP

Protection From Abuse

Women In Need - Chambersburg

(717) 264-4444

Legal Advocacy

Provides advocacy and accompaniment through the criminal and civil court system. In criminal court, WIN Legal Advocates assist victims as they go through different court proceedings, explaining court procedures and informing them about the progress of their case. The Legal Advocates can also assist victims through the criminal process by accompanying them to the Police Department and/or District Attorney's Office. In addition to criminal court accompaniment, Legal Advocates are also available to assist victims of abuse in completing a Protection from Abuse Order, or PFA. The advocates work through the PFA questionnaire with the victims, assist them in scheduling an appointment with the attorney to complete the PFA paperwork, and advocate for them through the civil proceeding in PFA court.

Protective Services

Franklin County Area Agency on Aging

(717) 263-2153

Protective Services Reports/Older Adult Protective Services

Investigations provided to incapacitated older adults 60+, unable to perform or obtain services that are necessary to maintain physical or mental health, for whom there is no responsible caretaker and who are at imminent danger to person or property.

Reports of abuse, neglect, exploitation, and abandonment of care dependent individuals 18+ are accepted 24/7. Agency staff is available to receive reports, investigate (60+) and take necessary actions regarding abuse, neglect, exploitation or abandonment for (60+). Call 717-263-2153 or 1-800-642-6990, 24-hour on-call service available.

URGENT SERVICES are for individuals 60 and older, when they are deemed to be in imminent risk.

Franklin County Children and Youth Services

(717) 263-1900

Franklin County Children and Youth Services

The Franklin County Children and Youth Service is the local public child welfare agency that has the responsibility for ensuring that the children of Franklin County are safe and receiving the essentials of life. The agency provides services to any child from birth to 18 years of age who has been abused, neglected, exploited, is incorrigible and/or truant and their families. Services are provided to families who request and voluntarily accept services or who have been ordered to participate in services by the Franklin County Courts. Services are designed to promote the well being of children and their families. These are specialized services dealing with the problems of children whose families need help in caring for them. Reports involving abused, neglected, exploited, or truant/incorrigible children are investigated and in-home services are provided to families who meet Children and Youth legal criteria. Children and Youth can help intervene in family disputes and crises; however, Children and Youth do not have the authority to determine, mediate, or change Court-ordered custody or visitation agreements. Government intervention is justified when the family cannot, or will not, provide for the child's safety and/or basic needs. Placement of a child by Children and Youth can only occur if ordered by the Juvenile Court.

WHERE TO TURN FOR HELP

Psychiatric Services

Family Behavioral Resources - Franklin County

(717) 496-8127

Psychiatry Services

Our psychiatrist completes a full medication evaluation with each new consumer and determines treatment recommendations. Medication check appointments on a time schedule that is determined mutually appropriate by consumer and psychiatrist. Adult: Our adult psychiatric services are provided using tele psychiatry and currently accepts Medical Assistance and certain primary insurances. Child and Adolescent: Our psychiatric services for children and adolescents accepts Private Insurance and Medical Assistance and our psychiatrist is in our Franklin and Fulton clinics. Service are provided in person and via tele psychiatry

Family Behavioral Resources - Fulton County

(717) 325-0223

Psychiatry Services

Our psychiatrist completes a full medication evaluation with each new consumer and determines treatment recommendations. Medication check appointments on a time schedule that is determined mutually appropriate by consumer and psychiatrist. Adult: Our adult psychiatric services are provided using tele psychiatry and currently accepts Medical Assistance and certain primary insurances. Child and Adolescent: Our psychiatric services for children and adolescents accepts Private Insurance and Medical Assistance and our psychiatrist is in our Franklin and Fulton clinics. Service are provided in person and via tele psychiatry

Franklin Family Services

(717) 267-1515

Psychiatric Services

Our Licensed Psychiatrist and Physician Assistant, provides psychiatric evaluations and medication monitoring for children, adolescents, and adults who have psychiatric diagnoses. They complete a psychiatric evaluation on all new patients, including a complete social, medical, and psychiatric history, as well as a mental-status exam. This evaluation process helps our providers to develop a diagnostic picture of each client and provides a basis for treatment planning. If medication is prescribed, all clients have follow-up medication-management appointments with their provider. Frequency of the follow-ups is based on needs of each client.

TrueNorth Wellness Services - Franklin County

(800) 315-0951

Outpatient Psychiatry

Our expert psychiatrists provide in-office psychiatric assessments and medication management services for individuals in need. We focus on comfort in care and treating the individual, not just the illness or concern. Services are approached as a collaborative effort between the individual and the psychiatrist to achieve optimal results.

TrueNorth Wellness Services - Franklin County

(800) 315-0951

Outpatient Telepsychiatry

Our telepsychiatry utilizes cutting-edge technology to deliver collaborative psychiatric assessment and medication management services to children. This service is designed to increase access to expert care. Services are delivered in our Fulton County outpatient office where individuals meet with our expert psychiatrists by means of telemedicine through a secured connection. We also offer telehealth sessions where clients can access their psychiatrist through an internet connection.

WHERE TO TURN FOR HELP

Psychiatric Services (Adolescents)

Hoffman Homes, Inc.

(717) 359-7148

Psychiatric Residential Treatment Facility

Psychiatric Residential Treatment Facility for children and adolescents.

WellSpan Behavioral Health

(717) 267-7771

Wellspan Behavioral Health- Inpatient

At WellSpan Behavioral Health, we offer a wide-variety of services and treatment options for anyone who is experiencing mental health and substance use challenges. We believe that the best chance of recovery is through supportive and individualized treatment.

The following therapies and treatments are offered for children, adolescents & adults during day and evening hours:

- Couples Therapy
- Family Therapy
- Group Therapy
- Individual Therapy
- Medication Management
- Older Adult Services
- Play Therapy
- Trauma Therapy
- EMDR
- Treatment of Eating Disorders
- Diagnostic Evaluations
- Cognitive Behavioral Therapy
- Attachment issues

Psychotherapy Services

PGC Counseling

(717) 830-0705

PGC Counseling

PGC Counseling is a private practice offering licensed, board certified services to adolescents and adults for the treatment of depression, bipolar and anxiety disorders as well as stress, PTSD, substance use or other mental health issues. Individual, family and couples counseling is available Monday through Saturday. We accept most major insurances as well as local and national EAP programs through your workplace. We treat all sexual orientations and religious beliefs. Christian counseling is available on request.

Public Defender

Franklin County Public Defender Office

(717) 261-3863

Public Defender Office

The Public Defender is responsible for furnishing legal counsel to any person who, for lack of sufficient funds, is unable to obtain legal counsel in any situation where representation is constitutionally guaranteed. In general, a person is entitled to legal counsel whenever that individual's personal liberty is at stake. This would include capital crimes, misdemeanor and felony offenses, and summary offenses that carry a mandatory sentence of incarceration.

WHERE TO TURN FOR HELP

Public Family Housing

Franklin County Housing Authority (FCHA) Public Housing Properties (717) 263-4200 Ext 114

Meadow Creek - Family Development Public Housing

146 housing units are available for rent by qualified low-income families of Franklin County. Tenant pays rent based on income. The remainder of rent is subsidized by the program.

Franklin County Housing Authority (FCHA) Public Housing Properties (717) 762-7117 Ext 201

Valley View Village - Family Development Public Housing

60 housing units are available for rent by qualified low-income families of Franklin County. Tenant pays rent based on income. The remainder of rent is subsidized by the program.

Public Senior Housing

Franklin County Housing Authority (FCHA) Public Housing Properties (717) 263-4200 Ext 114

Meadow Creek - Senior Development Public Housing

99 housing units are available for rent by qualified low-income seniors or individuals with a disability of Franklin County. Tenant pays rent based on income. The remainder of rent is subsidized by the program.

Franklin County Housing Authority (FCHA) Public Housing Properties (717) 762-7117 Ext 201

Village Green - Senior Development Public Housing

59 housing units are available for rent by qualified low-income seniors or individuals with a disability of Franklin County. Tenant pays rent based on income. The remainder of rent is subsidized by the program.

Rapid Rehousing Services

South Central Community Action Programs, Franklin County (717) 267-3669

Franklin County Homeless Services

Provide temporary emergency shelter to small homeless families and individuals. Also provide short-term case management and referral services in order to aid participants in stabilizing their lives. Typical stay is 14 – 30 days. We coordinate Rapid Rehousing services for homeless individuals and families.

Recovery Housing

The Hope Center at Hagerstown Rescue Mission (301) 739-1165

Foundations Residential Program

Once an individual is ready to take the step to life recovery, they can join our men's program. Our program, Foundations, is free for any man that is ready to restore their life. Once in the program, the men will work through different levels of accountability. The men are enrolled in classes as well as being assigned various jobs around the property. This 13-month residential life recovery ministry is designed for men who have expressed a desire to change their lives – both physically and spiritually. Intended to break the cycle of homelessness and addictions, this ministry encourages individual accountability and responsibility using a Biblical-based class curriculum, work assignments, and counseling. The desired goal for each man is to successfully complete this program and become a contributing member of society.

WHERE TO TURN FOR HELP

Recovery Housing - Substance Use

Noah's House Recovery Homes

(814) 419-6624

Recovery Housing

A live-in recovery house for people in recovery from drug/alcohol addictions. The ultimate goal is to prepare clients to return to the community to live independent productive lives.

The Harbor of Shippensburg

(717) 477-2396

The Lighthouse (Recovery Housing)

The Harbor's recovery house, called the Lighthouse, provides a drug-and-alcohol-free environment that helps build a solid foundation in recovery. It provides an opportunity for people to heal and start living a healthier lifestyle. The Lighthouse is small and offers private and double rooms customized for each resident. The Lighthouse strives to offer structure, accountability, and encouragement to work with residents through the steps and learn how to live in recovery.

We offer separate recovery houses for both men and women.

We also offer a holistic recovery solution (12 steps) without chemical aid* and a zero-tolerance safe zone, with a minimum of 90-day stay.

(*Vivitrol is accepted)

Recreational Activities

Christian Residential Opportunities and Social Services (CROSS Inc.)

(717) 530-1788

Coffee Houses

Throughout the year, CROSS sponsor and churches host evenings where we have a Coffee House for adults (14 and up) with physical and mental disabilities. There is no charge and we provide this as a service to the community. It becomes a great place for friends to visit with friends in a warm supportive environment.

Christian Residential Opportunities and Social Services (CROSS Inc.)

(717) 530-1788

Camping

Children and adults with special needs love an opportunity to go camping. Each year an amazing group of volunteers from throughout the United States come together to provide an amazing experience for our campers. There are a myriad of activities to engage the campers and lots of one on one attention. The key to the success is the intergenerational staff working together for the well being of the campers and to the Glory of God. Camp is not respite care so we ask that our campers have the mental ability to grasp the concepts presented in our daily Chapels and Bible classes. In the summer, we provide several weeks of camping for youth and adults with physical and mental disabilities. We rent a camp in Mercersburg and one in Carlisle and have campers from Franklin, Cumberland, Perry, York, Adams and Dauphin counties.

The ARC of Franklin/Fulton Counties

(717) 264-4390

Socials

The Socials are held on the third Thursday of every month at the St. Paul United Methodist Church on Norland Avenue and is listed on the Social recreation calendar in the newsletter. Please call the Arc office to RSVP at 717-264-4390. Everyone is welcome.

WHERE TO TURN FOR HELP

Recreational Event

Mill Road Adventures

(717) 375-4834

Mill Road Adventure Programs

Formally known as Laurel Life Adventure Challenge Course now known as Mill Road Adventures.

Mill Road Adventures offers a unique way to promote personal growth and team cohesiveness following the voluntary principle of "Challenge by Choice." Participants are invited to challenge themselves through experiencing our High and Low Challenge activities. Success is achieved by interaction, healthy communication and positive group behavior. The sequence of activities start with getting acquainted with each other, then building cooperation, trust and problem solving. Group reflection, after the challenges, are used to help build the necessary skills to become a high performing team.

Recreational Programs

Chambersburg Memorial YMCA

(717) 263-8508

Biddy Camps

Preschool Age half day camps, Ages 3 -5. The Y provides camps centered around various themes including sports, crafts, animals, the environment and more. We seek to further the developmental growth of each individual that participates in our programs. Our carefully selected staff will guide and teach your children the behaviors and values that will enable them to grow and mature as individuals. The Y is dedicated to provide your child with a fun and safe summer experience.

Chambersburg Memorial YMCA

(717) 263-8508

Teen Trek

The YMCA's teen adventure program provides 12-15 year olds with an action-packed summer of swimming, hiking, biking, bowling and an overnigher at the YMCA. Your teen will participate in sports such as softball, basketball, racquetball, wallyball and volleyball.

Chambersburg Memorial YMCA

(717) 263-8508

Sam's Program

In addition to full privilege memberships, each Tuesday evening from October through April, children in 1st - 7th grade are transported by YMCA buses to the YMCA for physical activities, fellowship, mentoring and Christian education. At the conclusion of the evenings activities these children are then transported back to their neighborhoods. During the summer months these children are transported to the YMCAs Sams Summer Day Camp site for eight full weeks of camping activities. This program involves weekly trips to various points of interest as well as special theme weeks such as Character Counts Camp, Music Camp, 4-H Camp, Olympic Camp, Wet and Wild Camp, Adventure Week, Good News Camp and Sports Week. These activities are provided to the children at no charge, due to the generosity of the YMCAs Partners with Youth donors. The YMCA also offers membership privileges to 13-19 year-old underprivileged youth. Income verification is required for program participation.

WHERE TO TURN FOR HELP

Chambersburg Memorial YMCA

(717) 263-8508

Summer Fun Club

The YMCA's Summer Fun Club is the answer to filling your child's summer daytime hours with quality supervised activities. This program is open to youth who completed kindergarten to age 10. The flexible hours of operation from 6:30 am - 6:00 pm are ideal for today's working parents. Each week of camp will offer arts & crafts, sports & games, character counts & value lessons, aquatic lessons with recreational swim and exciting field trips to area attractions including Hershey Park. Enroll your child in the YMCAs Summer Fun Club family and they'll have a Summer of Fun!

Chambersburg Memorial YMCA

(717) 263-8508

Specialty Sports Camps

Throughout the year, the Chambersburg YMCA hosts a variety of specialty sports camps and clinics for students in 1st - 11th grade.

Council For The Arts

(717) 264-6883

Ice Fest

The Largest Ice Festival In Pennsylvania! A huge variety of events are scheduled throughout the four-day festival giving you a chance to explore the best of Chambersburg and experience our vibrant Downtown culture for yourself. Be sure to visit your favorite art galleries, restaurants and boutique stores while enjoying all that Icefest has to offer.

IceFest is an important fundraiser for three local organizations: Council for the Arts, Downtown Business Council and Downtown Chambersburg Inc. , that help shape the Chambersburg culture by develop our community's economy, supporting small local businesses, providing social and cultural opportunities, and creating memorable Downtown experiences.

Thanks to the support of local businesses and community members, these three organizations are able to continue planning and coordinating this significant event for the Chambersburg area.

The IceFest committee, a group of local volunteers, plan and coordinate the four-day festival. A huge thank you to all of those who make these events happen! If you are interested in joining the committee, contact chambersburgicefest@gmail.com.

Council For The Arts

(717) 264-6883

Art Camps

Our Art Camp themes will involve many different media (paint, markers, pastels, oil pastels and 3-D constructions, etc), with an emphasis on creativity, techniques (painting, drawing in different media, construction, printmaking, composition, etc), some history/art history and fun!

Council For The Arts

(717) 264-6883

Local Artist Exhibits, Art Classes, Public Art, Cultural Events

Kids/Teen & Adult classes. Held throughout the year.

WHERE TO TURN FOR HELP

Waynesboro Area YMCA

(717) 762-6012

Scholarship or Financial Assistance

No one is turned away from our Y due to lack of funds. Through our Open Doors Scholarship program, we offer financial assistance to those who have financial need. Proof of income and residence is required. Visit our website for application. www.waynesboroymca.org

Waynesboro Area YMCA

(717) 762-6012

Swim Lessons (Ages 3 months - 14 years of age)

Waterbabies 1: (3- 18 months) - Child will learn water adjustment skills, safety and more while singing songs and playing with water toys. Great for those new to the water, this class is designed to help your child feel comfortable in the water at an early age. One parent/ adult must be in the water with the swimmer at all times. **Waterbabies 2:** (12 months- 3 yrs old) - Children will be working to gain independence in the water as well as beginning to learn the skills needed to transition to preschool swim lessons. They will become acclimated to the sights and sounds of the pool and are introduced to kicking, blowing bubbles, floating and general water movement through the use of songs and toys. One parent/ adult must be in the water with the swimmer. **Pike:** (3-5 yrs old) - For the child who may be apprehensive in the water as well as the beginner swimmer who is comfortable, but has not yet mastered the Pike skills. This class introduces the child to the basic skills such as kicking, paddling and blowing bubbles. Children will learn gradually to do these skills independently before moving to Eel. Swimmers use a personal flotation device, provided by the YMCA. **Eel:** (3-5 yrs. old) - For the preschool swimmer who is well adjusted to the water and eager to learn more! Swimmers continue to build upon Pike skills, are introduced to rhythmic breathing, learning to float independently for longer periods and swim longer distances with their face in the water and no flotation device. **PRE- REQ:** Pass pike skills or be able to swim the width of the pool on their front and back with a flotation device. **Ray:** (4-5 yrs. old) - Swimmers are ready to begin developing endurance as well as improving stroke skills. Ray swimmers will swim in the large pool with little to no bubble and are introduced to rotary breathing. **PRE-REQ:** Pass Eel or be able to swim the width of the small pool on their front and back without a flotation device. **Starfish:** (4-5 years old) - This level is for the swimmer who has passed Ray but is not old enough to move on to Polliwog or Guppy. Instructor will work on improving Ray skills along with treading, breaststroke & dolphin kick and water safety. **Polliwog:** (6-14 yrs. old)- For the child who may be apprehensive in the water as well as the swimmer who is comfortable in the water but has not yet mastered rhythmic breathing. The class teaches skills such as proper kicking, front and back crawl, putting their face in the water and treading. **Guppy:** (6-14 yrs old) - For the school aged swimmer who is comfortable in the water and ready to learn rotary breathing. They will building endurance swimming on their front and back, learn to swim breaststroke and be introduced to dolphin kick. **PRE-REQ:** Pass Polliwog skills or swim 25 yards on front with rhythmic breathing and 25 yards alternate & symmetrical backstrokes. **Minnow:** (6- 14 years old) - Swimmers continue to build endurance and distance while improving breathing and stroke skills. Children will continue to work on their front crawl, backstrokes and breaststroke and while learning the basics of butterfly kick, sidestroke and flip turns. **PRE- REQ:** Pass Guppy skills or swim 25 yards front crawl with rotary breathing, 25 yards backstroke and 25 yards breaststroke. **Fish:** (6-14 years old) - This level will focus on perfecting the swimmers techniques in all strokes and further increase their speed and endurance. They will continue learning butterfly, sidestroke and flip turns off the wall during continuous swimming as well as racing dives. Successful completion of Minnow level required.

WHERE TO TURN FOR HELP

Waynesboro Area YMCA

(717) 762-6012

Youth and Teen Programs

The YMCA offers activities that will challenge and improve ones mind, body, and spirit. We provide a diverse offering of programs for youth and teens in Waynesboro. Summer Day Camp, Youth Sports Leagues & Camps, Teen Activities, Tournaments, Gymnastics, and The Rock provide fun adventures and experiences for everyone.

Reentry Services - Ex-Offender Community Meal

Salem United Brethren Church, Chambersburg

(717) 263-4123

Comfort Kitchen

Free supper & support for families of current prisoners & ex-prisoners. First and last Fridays of each month from 5 - 8 pm.

Reentry Services - Ex-Offender Mentoring Program

Maranatha Ministry, Inc.

(717) 762-0314

Mentor Connection

Mentor Connection is an opportunity for men in recovery and ex-prisoners to connect with a caring man in the community. The mentoring relationship can significantly assist in developing the social skills and confidence for successful re-entry into society.

Reentry Services - Ex-Offender Spiritual Counseling

Franklin County Jail Ministry

(717) 264-9513 Ext
21663

Franklin County Jail Ministry

Jail Ministry provides

- Pastoral care to inmates, families, and jail staff through the Chaplain. Approximately 1,000 individual pastoral sessions a year.
- Oversight of daily volunteer Bible studies
- Weekly worship services provided by chaplain and volunteers for all faiths
- Christmas time gift program for children of inmates
- Christmas Party for inmates with cookies provided by churches
- Coordination of individual correspondence Bible studies
- Mission interpretation visits to local churches
- An avenue for inmates who want to change and are willing to connect to a congregation
- Training and guidance to those who wish to visit in the jail as a Christian witness.

Reentry Services - Probation & Pre-Release

Franklin County Adult Probation Department

(717) 264-8814

Franklin County Work Release

1. Oversees the work release program from the Franklin County Jail, recruiting employers and placing inmates in pre-existing or new jobs. 2. Monitors jail sentences, to include intake, notification of release date, home plan verification, and processing release paperwork.

WHERE TO TURN FOR HELP

Franklin County Adult Probation Department

(717) 264-6613

Payment Division

The payment division collects and disburses court ordered fines, costs and restitution for adult and juvenile cases. We provide appropriate help and assistance to offenders as well as victims.

Franklin County Adult Probation Department

(717) 264-6613

Adult Probation Services

Probation/Parole services include: Pre-release, Presentence Investigation, DAPP, EM/HA, SCRAM, SCRAMX and payment division. Also includes: Sexual Offenders, Mental health offenders, DRC, DUI, Probation with Restrictive Conditions, and Work Release.

Rehabilitation Center

Fulton County Medical Center

(717) 485-6108

Occupational, Physical, and Speech Therapy

Physical Therapy is defined as the service that maximizes movement potential through prevention, treatment, and rehabilitation. Our department offers therapy services to our outpatient clients, acute care and swing bed patients, long term care residents, and Home Health patients. Our goal in therapy is to focus on restoring patient's and resident's function through various techniques and modalities. Occupational therapy at FCMC looks at the function and independence of people across the lifespan and works individually to retrain, restore, and adapt environments and processes to improve the overall quality of life.

Occupational therapy takes a holistic approach towards functional and your daily routine. They look at individual's "occupations" or, their everyday activities. OT's work specifically to maximize a person's quality of life and improve their ability to safely and effortlessly engage in daily tasks. Occupational therapy services typically include:

- Evaluation of current function and needs, during which the patient and occupational therapist work together to develop a plan that will work towards success in areas valued by the patient.
- Development of a customized approach for treatment that focuses on the person's ability to engage daily in everyday activities.
- Routine assessment of progress towards goals in order to ensure that the original plan is effectively working towards end goal of success.

Occupational therapy services can also include assessment of home and work/school environments to allow specific recommendations and adaptations for improved independence.

Speech Therapy services at FCMC provide therapy for children and adults whose ability to communicate or swallow may have been affected by injury or illness. They provide evidence driven treatment for individuals with communication impairments, cognitive-communication, swallowing, or voice limitations. Speech therapy also perform modified barium swallow studies (MBS) to observe the function and performance of the structures in the throat and determine if food or liquid are entering a person's lungs. Speech therapy uses routine assessment to determine progress towards goals and provide patient education to maximize outcomes.

WHERE TO TURN FOR HELP

Fulton County Medical Center

(717) 485-2855

Wound Care Services

Our wound center at FCMC offers a variety specialized of services to meet our patients wound care needs. We have a number of specialized physicians and staff who are skillfully trained in the art of healing chronic wounds as well as, many other conditions. We work closely with Team Home Health and can provide nutritional interventions to treat the whole individual. We also can offer care associated with chronic Lymphedema when a wound is present. For more advanced wounds, Hyperbaric Oxygen Therapy (HBOT) may be an option for a patient's plan of care. HBOT is a medical treatment approved by the Undersea & Hyperbaric Medicine Society where the patient breathes 100% oxygen intermittently while enclosed in a hyperbaric oxygen chamber. A patient can relax while being closely monitored by our HBOT technicians and is encouraged to watch a movie or listen to relaxing music during their treatment.

Fulton County Medical Center

(717) 485-3155

Medical Services

Various medical services in addition to rehabilitation and diagnostic testing.

Laurel Lakes Rehabilitation and Wellness Center

(717) 264-2715

Laurel Lakes Rehabilitation and Wellness Center

Long Term Care - Laurel Lakes cares about you! Our residents don't live in our facility; we work in their home. Our top-notch medical professionals work alongside compassionate staff to provide everything residents need for a safe, comfortable environment. Our team is trained to support residents who need daily assistance with personal care or around-the-clock support for clinically complex medical conditions. At Laurel Lakes, we work to provide the highest level of care to those that rely on us for their daily living needs, and comfort to the families who entrust us with their loved one's care. We promote wellness of body and spirit.

Offering Specialty Medical Care - At Laurel Lakes, we focus on a variety of comprehensive medical specialty programs. Wound care is one example of a focused specialty care service we offer. Led by board-certified physicians and a specialized wound nurse our program is highly skilled and aimed at both prevention and healing. Other examples of medical specialty programs we offer include:

- Medication Management
- Tracheostomy
- Palliative Care
- Diabetic Care
- CHF / Pulmonary Care
- Infusion Therapy
- PICC Lines / Gastric Care
- TPN
- Respite Care

Menno Haven - Brookview

(717) 262-2373

Skilled Nursing Care

Menno Haven offers over 200 Skilled Nursing accommodations at our communities, including a specialty Dementia Care area.

WHERE TO TURN FOR HELP

Menno Haven - Chambers Pointe

(717) 262-2373

Skilled Nursing Care

Menno Haven offers over 200 Skilled Nursing accommodations at our communities, including a specialty Dementia Care area.

Quincy Village

(717) 749-2300

Skilled Nursing and Rehabilitation Services

Quincy Village provides 24-hour personalized care and special services to Quincy Village residents based on their unique individual needs. Our services include a range of long- and short-term skilled nursing care services, including rehabilitation therapy, care for people with Alzheimers Disease and other forms of memory impairment, respite, and hospice services. Both inpatient and outpatient rehabilitation are available, enabling people to stay in the comfort of their home whenever possible. If needed, a Rehab technician can provide transportation to and from outpatient therapy sessions. In addition, if you are admitted for a respite stay, recuperative care, or short stay rehabilitation, our discharge planning support will help to ensure everything is ready for your return home.

WellSpan Health Physical Medicine & Rehab

(717) 267-7715

Chambersburg Hospital Therapy

At WellSpan Physical Medicine & Rehab, your team of expert physical therapists will work closely with you and your families to develop a personalized treatment plan to improve your mobility and help keep you moving.

Our services include:

- Cardiac rehab
 - Physical therapy
 - Aquatic therapy
 - Balance & vestibular therapy
 - Hand therapy
 - Inpatient rehab
 - Neurological rehab
 - Occupational therapy
 - Orthopedic rehab
 - Sports medicine
 - Speech therapy
 - Total joint rehab
 - Women's health
 - Work injury management
-

WHERE TO TURN FOR HELP

WellSpan Health Physical Medicine & Rehab

(717) 530-5333

Shippensburg Medical Campus Therapy

At WellSpan Physical Medicine & Rehab, your team of expert physical therapists will work closely with you and your families to develop a personalized treatment plan to improve your mobility and help keep you moving.

Our services include:

- Cardiac rehab
- Physical therapy
- Aquatic therapy
- Balance & vestibular therapy
- Hand therapy
- Inpatient rehab
- Neurological rehab
- Occupational therapy
- Orthopedic rehab
- Sports medicine
- Speech therapy
- Total joint rehab
- Women's health
- Work injury management

WellSpan Health Physical Medicine & Rehab

(717) 262-4650

Results Therapy & Fitness

At WellSpan Physical Medicine & Rehab, your team of expert physical therapists will work closely with you and your families to develop a personalized treatment plan to improve your mobility and help keep you moving.

Our services include:

- Cardiac rehab
 - Physical therapy
 - Aquatic therapy
 - Balance & vestibular therapy
 - Hand therapy
 - Inpatient rehab
 - Neurological rehab
 - Occupational therapy
 - Orthopedic rehab
 - Sports medicine
 - Speech therapy
 - Total joint rehab
 - Women's health
 - Work injury management
-

WHERE TO TURN FOR HELP

WellSpan Health Physical Medicine & Rehab

(717) 765-3456

Waynesboro Hospital Therapy

At WellSpan Physical Medicine & Rehab, your team of expert physical therapists will work closely with you and your families to develop a personalized treatment plan to improve your mobility and help keep you moving.

Our services include:

- Cardiac rehab
- Physical therapy
- Aquatic therapy
- Balance & vestibular therapy
- Hand therapy
- Inpatient rehab
- Neurological rehab
- Occupational therapy
- Orthopedic rehab
- Sports medicine
- Speech therapy
- Total joint rehab
- Women's health
- Work injury management

Rent Payment Assistance

Christ Among Neighbors

(717) 532-7577

Christ Among Neighbors

CAN may provide assistance in the form of help with rental, utility bills, clothing or medical bills. This assistance may include emergency service delivery and/or referrals/consultations to other agencies or organizations with the means to solve the problem. The serviced areas are defined as comprising the Shippensburg Area School District and the village of Walnut Bottom (zipcode 17266 and zip code 17257 on High Mountain Road)

Franklin County Assistance Office

(877) 289-9177

Emergency Shelter Allowance (ESA) - Franklin

The Department of Human Services offers an Emergency Shelter Allowance, ESA, to help a homeless or near homeless family/individual to: Stop eviction from your home/apartment or foreclosure of your house. Find a long-term place to live. Find a short-term place to stay.

WHERE TO TURN FOR HELP

Franklin County Veteran Affairs

(717) 263-4326

Pennsylvania State Benefits - Veterans Temporary Assistance

Purpose: Provide temporary financial assistance to Veterans and their beneficiaries who reside in Pennsylvania for the necessities of life (food, dairy, shelter, fuel and clothing).

Veterans' Eligibility Criteria:

-A person who served in the Armed Forces of the United States, who:

*Was discharged under honorable conditions after a period of active duty, other than active duty for training, as evidenced by a DD Form 214 or other official documentation, or

*Died in service or was killed in action, or

*Suffered a service-connected disability as certified by the United States Veterans' Administration.

Need for Temporary Assistance Criteria:

UNEXPECTED Financial circumstances temporarily resulting in insufficient funds to pay for shelter and necessities of living for the Veteran and family.

Call Franklin County Veterans Affairs for more information concerning Veterans Temporary Assistance.

Newburg First Church of God

(717) 423-6279

Financial Assistance

Newburg First Church of God provides rental or utility assistance those ONLY IN THE ZIP CODE 17240.

PathStone Corporation - Chambersburg

(717) 264-2839

PathStone - Emergency Food and Shelter (Migrant & Farm Workers)

Serve the one-time emergency needs of migrant and seasonal farmworkers and other rural disadvantaged people who may not be eligible for other emergency services. Services include: Nutritional assistance, emergency shelter, first month rental assistance, rent in arrears assistance, mortgage assistance and utilities in arrears assistance (one-time only assistance)

Pennsylvania Wounded Warriors

(855) 729-9435

Pennsylvania Wounded Warriors

PAWW is an independent statewide non-profit 501©(3) organization providing support to Pennsylvania Wounded Warriors, Veterans in Crisis, and their families. We are not affiliated with nor a part of any national organization, including Wounded Warrior Project, and we do not receive any funds from them. We provide emergency financial assistance to veterans to help pay for housing, utilities, transportation, medical and other expenses. We pay directly to landlords, vendors and creditors.

South Central Community Action Programs, Franklin County

(717) 263-5060

Franklin County Homeless Assistance Program (HAP)

The Homeless Assistance Program (HAP) is funded through state dollars in order to assist individuals and families who are homeless or at-risk of homelessness achieve a goal of self-sufficiency and prevent future homelessness. Specific eligibility guidelines and documentation apply. The Homeless Assistance Program may help on a limited basis with rent or security deposit. Each applicant/individual or family must complete and sign a goal plan which describes how that family can resolve the problem areas which led to homelessness or near-homelessness.

WHERE TO TURN FOR HELP

The Salvation Army, Chambersburg

(717) 264-6169

Rental Assistance

Salvation Army will assist individuals who are homeless and At-Risk of homelessness, with the rental fee of a home or apartment, provided that they meet all eligibility requirements.

Veterans Multi-Service Center - SSVF-Central PA

(844) 226-0368

Veteran Housing Services

SSVF provides comprehensive Supportive Services to very low income Veterans and their families who are currently experiencing homelessness or are at risk of losing their homes. Resources include case management, housing counseling, legal support, credit repair and financial planning services, and time-limited, temporary financial assistance. Eligible veterans may receive time-limited financial assistance for rent, utilities, and security deposits. SSVF offers short-term case management that links Veterans with resources within the Veterans Administration and the community with the ultimate goal of stabilizing veterans in

Waynesboro Community & Human Services

(717) 762-6941

Emergency Financial Assistance & Dollar Energy Fund

The Financial Assistance Program assists clients who have a utility shut off or utility is off, first month or late rent payments to prevent homelessness, fuel oil, and prescriptions.

WCHS is authorized to complete Dollar Energy applications in Franklin County.

YWCA Greater Harrisburg

(717) 234-7931

YW Veterans Employment & Housing Program

- Skills Assessment to help clients find their interests and abilities so that they can work towards a career that is right for them.
 - Career planning to use individual skills promoting employment success.
 - Acquisition of Jobs, achieved by educating clients on how to achieve a job by applying and interviewing in the right ways. Help is also provided in finding a job once clients are ready to do so.
 - Job Retention, encouraged by helping clients to grow more skilled at their job through internships, on-the-job coaching, support groups and professional mentoring.
 - Supportive Services that assist clients with any barriers such as transportation, access to healthcare, government benefit advocacy, referral to local veterans organizations, childcare and goal planning for the future.
 - Veterans Housing Assistance, United States Veterans can apply for housing assistance through the YW Veterans program
 - Annual Stand-down provide cots, sleeping bags, hygiene care, on site medical and dental services, clothing, duffle bags and other items for homeless veterans.
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WHERE TO TURN FOR HELP

Repair Loan Program (Veterans)

Pennsylvania Wounded Warriors

(855) 729-9435

Pennsylvania Wounded Warriors

PAWW is an independent statewide non-profit 501©(3) organization providing support to Pennsylvania Wounded Warriors, Veterans in Crisis, and their families. We are not affiliated with nor a part of any national organization, including Wounded Warrior Project, and we do not receive any funds from them. We provide emergency financial assistance to veterans to help pay for housing, utilities, transportation, medical and other expenses. We pay directly to landlords, vendors and creditors.

Representative Payee Services

Family Care Services, Inc.

(717) 263-2285

Rep Payee Services

Financial management services. FCS receives income payments, prepares and administers budgets, communicates with landlords, vendors, and Social Security, and disburses funds on behalf of the individual. Individuals receive a monthly statement showing income, disbursements, and current account balances.

Maranatha Ministry, Inc.

(717) 261-1708

Representative Payee Services

Representative Payee Services- Assisting individuals receiving Social Security Disability payments, which at the time are court ordered, to better budget expenses and to ensure that basic needs such as food, rent, utilities are met. Guardian of Life - Guardianship and Power of Attorney for the elderly. To help maintain a quality of life. help make decisions and choices without sacrificing dignity and respect.

Resident Advocate

Franklin County Area Agency on Aging

(717) 261-0631

Ombudsman Services

A service that receives, investigates and resolves complaints made by or on behalf of older residents of nursing homes, personal care homes, domiciliary care homes and home health care agencies.

Residential Care

Christian Residential Opportunities and Social Services (CROSS Inc.)

(717) 530-1788

Residential Care

Christian Residential Opportunities and Social Services (CROSS), Inc. was founded in 1985 to provide residential service to adults with developmental disabilities. Presently, three group homes "Grace Home in Shippensburg (8 residents), Griffith House in St. Thomas (6 residents) and Cumberland Vista in Dillsburg (8 residents). Respite care is provided through individuals homes in the community.

WHERE TO TURN FOR HELP

Family Care Services, Inc.

(717) 263-2285

Family Care Services, Inc. Developmental Disabilities Program

We provide respite and residential services known as Lifesharing, to eligible waiver participants in the Developmental Disabilities Program. Lifesharing is an opportunity for adults with intellectual and developmental disabilities to share life with caregivers in a family setting. Some individuals with disabilities desire greater independence by residing with a Lifesharing caregiver while they obtain a job and develop life skills until they can eventually move out on their own. Others may need lifelong or total care outside of their family home but do not need a nursing or group home setting. FCS trains and approves Lifesharing caregivers to open their home to one or two adults when all parties agree that it is a positive match. Ongoing supervision and training is provided to support caregivers and ensure that individuals are able to live full lives with as much independence and freedom of choice as possible.

Merakey Innovative Care and Education Solutions - Franklin & Fulton Counties

(717) 263-7295

Residential Services

NHS provides group living for individuals with intellectual disabilities. These homes are in traditional neighborhoods and can be single homes, townhomes or apartments. The typical number of people living together with staff support 24 hours a day ranges from 2 -4. Staff assist people living in these homes with personal care, adult daily living activities, community integration and social skill development.

Pennsylvania MENTOR

(717) 657-2073 x 27

Pennsylvania MENTOR

Provides the following services:

- Community Residential Rehabilitation Services (serves children with mental health issues) - Foster Care (birth to 21)
 - Family Living (serves adults 18+ with mental retardation in a Mentor Home)
 - Respite Services (designed to provide an opportunity for parent/guardians and children/adults to have some time apart).
-

WHERE TO TURN FOR HELP

Person Directed Supports, Inc.

(717) 264-6290

Person Directed Supports, Inc. - Franklin County

Adult Day Programs - Day programs are created to meet each individual's needs and skill set. Both licensed and unlicensed day programs are held in a safe and caring environment with a team of human service professionals.

Adult Residential Programs - Support is provided to individuals in community homes or life sharing with a host family. Each individual is evaluated to determine which living environment will work best for them depending on their needs, wants, and goals.

Behavioral Services - Behavior support services use empirically-validated practices to identify the causes of, intervene to prevent, and create appropriate reactions to problematic behavior.

Vocational Training - Vocational Training provides the supports individuals need to successfully find and maintain a job. Individuals receive assistance to build their resume and discover their skills and abilities.

Companionship Services - A companion is a Direct Services Professional that provides support in the individuals own home while assisting with daily activities and functions.

Behavioral Services - Behavior support services use empirically-validated practices to identify the causes of, intervene to prevent, and create appropriate reactions to problematic behavior. Vocational Training - Vocational Training provides the supports individuals need to successfully find and maintain a job. Individuals receive assistance to build their resume and discover their skills and abilities. Companionship Services - A companion is a Direct Services Professional that provides support in the individuals own home while assisting with daily activities and functions.

Residential Children Services

Children's Aid Society of Franklin County

(717) 263-4159

Emergency Shelter

Our program enables children and youth between the ages of ten and twenty-one to experience the safety and security of living in a highly structured program within the community at a time of crisis.

Children's Aid Society of Franklin County

(717) 263-4159

Foster Care

Our Foster Care Program places girls and boys from birth to age 21. Foster families enable children who have been abused, neglected, or are otherwise without proper parental care to experience a safe, secure, stable and nurturing environment at a difficult time in their lives. In most cases, the ultimate goal is to reunite the child with their family. However, circumstances may require that the child be considered for adoption or assisted in the transition to independent living.

WHERE TO TURN FOR HELP

Children's Aid Society of Franklin County

(717) 263-4159

Transitional Living

The Children's Aid Society's Transitional Living Wing serves to provide a safe, supervised environment for youth between the ages of sixteen and twenty-one while also supporting them in preparing for independence. The focus of the coed program is to assist youth with completing educational goals, gaining employment, and developing daily living skills while also enjoying age- appropriate privileges.

Children's Aid Society of Franklin County

(717) 263-4159

Residential Care

Our residential facility provides 24/7 supervision for children who are in need of structure and guidance and are unable to adjust to a family living environment or who are stepping down from a more restrictive placement prior to their return to a family setting.

Children's Aid Society of Franklin County

(717) 263-4159

Diagnostic

Our diagnostic services assist the referring agencies, the courts, and children & families in developing appropriate and realistic, workable plans for the children and adolescents referred for this service. The initial goal is to generate recommendations that will address the children's treatment needs within the most appropriate, least restrictive setting. The long term goal is the reunification of the child with the family. The evaluation process will be completed within a highly structured shelter setting within a therapeutic milieu.

Children's Aid Society of Franklin County

(717) 263-4159

Adoption

We are a licensed adoption agency in the state of Pennsylvania as well as an approved affiliate with the Statewide Adoption and Permanency Network (SWAN). As a SWAN affiliate, we work on behalf of children in the custody of county children and youth agencies who need permanent homes. Services we provide include Child Profiles, Child Preparations, Home studies, Family profiles and Child Specific Recruitment.

Residential Children's Detention Program

Abraxas Youth Center

(717) 749-3066

DETENTION, SHELTER, AND SECURE

Abraxas Youth Center is composed of two youth care programs housed in one facility. Abraxas houses the following:

- An eighteen bed, short-term, non-secure residential care unit for dependent and alleged or adjudicated delinquent youth
- A 45 day diagnostic program (No longer providing Shelter Services)
- An eighteen bed, secure detention unit for alleged or adjudicated delinquent youth
- A fifty-four bed, secure residential treatment unit providing services to adjudicated juvenile male fire setters, sexual offenders, and/or habitual offenders.

The Abraxas Youth Center provides life skills, goal setting, cognitive behavioral programs, a 52-week group curriculum with counseling seven nights a week. Also available: family counseling, psychiatric consultation, discharge and continuing care planning.

WHERE TO TURN FOR HELP

Respite Care

Christian Companion Senior Care

(717) 264-0500

Respite Care

Taking care of a family member can be exhausting and stressful for everyone involved. That's why we offer our home care services 24 hours a day; 7 days a week. Our respite caregivers in Chambersburg, Pennsylvania provide a range of assisted living options to ensure your family member is receiving the ultimate senior care and so that you can get some well-deserved rest. Stop feeling guilty and let our services provide some relief!

Comfort Keepers, Fayetteville PA

(717) 352-2133

Respite Care/Non-Medical Home Care

Respite care services provide home care assistance to give you time to leave the home for a few hours or even a few days, knowing the one you care for is in good hands. This creates time to: take care of the errands you never seem to have time to do. catch up on your shopping. attend a support group meeting. visit doctor or dentist for routine care. give yourself a much-needed rest. Comfort Keepers respite services can be scheduled for as little as a few hours a week. Additionally, around-the-clock home care assistance can be arranged so you can take a longer break to attend a wedding out of town, take a child to college, or go on a much-needed vacation. Comfort Keepers also provides in-home care that makes a difference in the lives of seniors. Services offered include personal care, such as bathing, grooming, incontinence care and Companionship Services such as Meal Preparation, Light Housekeeping, Medication Reminders and Laundry.

Comfort Keepers, Fayetteville PA

(717) 352-2133

Dementia Care and Alzheimer's Care

Our specially trained dementia care and Alzheimer's care Comfort Keepers will: help maintain a safe environment for the client. engage the client in activities that can stimulate the senses, such as music. provide meals and bathing assistance. support the client and family through the changing behaviors often seen with dementia. We customize our in-home care to meet each client's special needs, taking into consideration his or her health and ability. Depending on the client's needs, Comfort Keepers can provide care for just a few hours a week or provide full-time, in-home care. Through our 24-hour senior care service, a team of Comfort Keepers coordinates caregiving responsibilities in shifts. This offers clients and their families full-time peace of mind.

Comfort Keepers, Fayetteville PA

(717) 352-2133

Hosiery Service

Hosiery Service is a service that allows for Comfort Keepers to assist individuals with their shoes and socks. It is the newest program, designed to assist those who are needing to wear "Support Hosiery" to avoid devastating leg distress due to disease or surgery. These types of support stockings are almost impossible to put on or take off without assistance. No wound dressing is included with this service. Staff will only be in your home 15 minutes or less, depending on the time it takes for your fitting.

WHERE TO TURN FOR HELP

Comfort Keepers, Fayetteville PA

(717) 352-2133

Senior Care and End of Life Care

Our aim is to provide care and comfort to your loved one and to help families make the most of their limited time together. We help by providing: bathing, dressing, and toileting assistance for your loved one. Light house cleaning, laundry as needed, food preparation, and companionship are also provided to your loved one so you can get a much-needed break. We can also continue to help after a loved one's passing. Our Comfort Keepers can help families deal with the loss and assist with tasks such as organizing personal items and moving belongings or just simply being there to listen if family members need to talk and process their grief.

Epilepsy Association of Western and Central Pennsylvania - Harrisburg

(800) 361-5885

CareShare Program

Respite Service: A limit of 25 hours of care can be given to each person in a 1-year time frame provided in-home to patients with an active diagnosis of epilepsy/seizure diagnosis.*This program does NOT provide long-term care. The EAWCP will make every effort to find another source of services but makes no promises that long-term care can be secured. This is a temporary program and may not become a permanent service of the EAWCP.

Family Care Services, Inc.

(717) 263-2285

Family Care Services, Inc. Developmental Disabilities Program

We provide respite and residential services known as Lifesharing, to eligible waiver participants in the Developmental Disabilities Program. Lifesharing is an opportunity for adults with intellectual and developmental disabilities to share life with caregivers in a family setting. Some individuals with disabilities desire greater independence by residing with a Lifesharing caregiver while they obtain a job and develop life skills until they can eventually move out on their own. Others may need lifelong or total care outside of their family home but do not need a nursing or group home setting. FCS trains and approves Lifesharing caregivers to open their home to one or two adults when all parties agree that it is a positive match. Ongoing supervision and training is provided to support caregivers and ensure that individuals are able to live full lives with as much independence and freedom of choice as possible.

Magnolias of Chambersburg

(717) 264-6000

Respite Stays

At Magnolias of Chambersburg, we understand that there are reasons for abbreviated stays in our community. These cases include, but are not limited to, family caregivers on vacation or extended leaves, temporary rehabilitation post-surgery, and even trial stays for prospective residents. While the reasons for a temporary stay vary, our commitment to providing excellent and dedicated care is consistent. Our guests enjoy a private apartment with all the comfortable amenities of home. Respite Stays include: Delectable home cooked meals three times per day in our lovely dining room Weekly housekeeping Bath and linen services A dynamic calendar of all our social, religious, recreational and educational programs Access to all the community areas

WHERE TO TURN FOR HELP

Pennsylvania MENTOR

(717) 657-2073 x 27

Pennsylvania MENTOR

Provides the following services:

- Community Residential Rehabilitation Services (serves children with mental health issues) - Foster Care (birth to 21)
- Family Living (serves adults 18+ with mental retardation in a Mentor Home)
- Respite Services (designed to provide an opportunity for parent/guardians and children/adults to have some time apart).

The ARC of Franklin/Fulton Counties

(717) 264-4390

Respite Care

The Respite Care program provides short term specialized care in the family home and with every aspect of the individual's daily life. Respite care is commonly used for families to go on vacations or due to an illness. Days are available to families based on funding availability.

Visiting Angels of Adams, Franklin and Cumberland Counties

(717) 241-5900

Home Care Services - Chambersburg

Visiting Angels provides in-home non-medical care for older adults and seniors. We utilize a skilled staff of CNA's, LPN's, and RN's. Consultations are free. Some of the services provided include:

- Grooming Assistance
 - Dressing Assistance
 - Walking Assistance
 - Meal Preparation/Diet Monitoring
 - Light Housekeeping
 - Errands and Shopping
 - Medication Reminders
 - Joyful Companionship (Care is Available: Mornings, Mid-Day, and Evenings)
 - Temporary or Long Term Care is Available (Weekends and Holiday Care is Available)
 - Respite Care for Family Caregivers
 - 24 Hour Care is Available
-

WHERE TO TURN FOR HELP

Visiting Angels of Adams, Franklin and Cumberland Counties

(717) 241-5900

Home Care Services - Carlisle

Visiting Angels provides in-home non-medical care for older adults and seniors. We utilize a skilled staff of CNA's, LPN's, and RN's. Consultations are free. Some of the services provided include:

- Grooming Assistance
- Dressing Assistance
- Walking Assistance
- Meal Preparation/Diet Monitoring
- Light Housekeeping
- Errands and Shopping
- Medication Reminders
- Joyful Companionship (Care is Available: Mornings, Mid-Day, and Evenings)
- Temporary or Long Term Care is Available (Weekends and Holiday Care is Available)
- Respite Care for Family Caregivers
- 24 Hour Care is Available

Review Boards

WellSpan Health - Endowment Services

(717) 267-4861

Summit Endowment

Summit Endowment exists to identify and address the areas health needs by supporting the development of programs and activities of non-profit organizations that will measurably improve the health of our neighbors. The Summit Endowment provides grants to non-profit (501c3) organizations in the area for collaborative, outcome-focused projects that address health issues affecting residents in Summit Health's service areas. The WellSpan Endowment Committee, a committee of the WellSpan Health Board, serves as the Grant Review Committee and maintains independent authority to review proposed projects, award funds, and monitor progress of funded projects.

Scholarship Program

Epilepsy Association of Western and Central Pennsylvania - Harrisburg

(717) 730-6779

Scholarship Program

The Epilepsy Association of Western and Central Pennsylvania has offered a scholarship program since 2001. Thanks to the generosity of private and corporate donations, the program has grown from five \$1,000 scholarships to eight scholarships totaling \$10,000. To be eligible for the EAWCP Scholarship, a person must: have a diagnosis of epilepsy/seizure disorder, provide proof of acceptance to a post-secondary academic or vocational program, be a recent high school graduate, attend school full-time, and be a legal resident of western/central Pennsylvania.

National Multiple Sclerosis Society - Central PA Chapter

(717) 652-2108

National MS Society Scholarship Program

WHERE TO TURN FOR HELP

Pennsylvania Higher Education Assistance Agency

(800) 233-0557
Information, Students &
Parents

Pennsylvania Higher Education Assistance Agency - Student Financial Aid

Free access to extensive information about higher education funding is available through this office's website. In addition, free copies of the booklet "Moving on to Higher Education" are available at local high schools and local legislators' offices.

Shippensburg Civic Club

(717) 530-7900

Scholarship Entries

Another major aspect of the Club is the scholarships offered to local high school students. The Club funds and administers the Marian E. Freeman Scholarship to a Shippensburg Area High School Student and the Education Committee awards two civic club scholarships annually, one to a Shippensburg area senior high school student entering the medical service field and one to a nontraditional student.

Waynesboro Area YMCA

(717) 762-6012

Scholarship or Financial Assistance

No one is turned away from our Y due to lack of funds. Through our Open Doors Scholarship program, we offer financial assistance to those who have financial need. Proof of income and residence is required. Visit our website for application. www.waynesboroymca.org

School Based Counseling

TrueNorth Wellness Services - Franklin County

(800) 315-0951

School-Based Therapy

School-Based Therapy services are provided to students within schools contracted with TrueNorth Wellness Services. Our School-Based Therapy services improve accessibility and assist students to be successful in their academic environment.

School Based Integrated Services

TrueNorth Wellness Services - Franklin County

(800) 315-0951

School-Based Therapy

School-Based Therapy services are provided to students within schools contracted with TrueNorth Wellness Services. Our School-Based Therapy services improve accessibility and assist students to be successful in their academic environment.

School-Based Therapy

Phoenix Physical Therapy

(717) 263-5147

School-Based Therapy

Physical Therapy etc. has been providing Physical and Occupational therapy to students in Franklin County since 1995. Our therapists work with local school districts and the Lincoln Intermediate Unit to insure that students receive the therapy they need. Students are treated on-site at their school or home.

WHERE TO TURN FOR HELP

Section 8 (Housing Choice Voucher) Program

Franklin County Housing Authority (FCHA)

(717) 263-4200 Ext 114

Housing Choice Vouchers/Section 8

The Housing Authority of Franklin County has operated a successful Housing Choice Voucher (HCV)/Section 8 Voucher(S8V) Rental Assistance Program since 1980. This program provides safe, decent and affordable housing to very low income families through rent subsidies provided by the U.S. Department of Housing and Urban Development. The Housing Authority's HCV/S8V currently serves 368 families in Franklin County

Franklin County Housing Authority (FCHA)

(717) 263-4200 Ext 106

Family Self-Sufficiency and Home Ownership Program

Family Self-Sufficiency (FSS) is a voluntary HUD program that encourages and assists families to become self-sufficient. The FSS Program is open to all residents in Public Housing or those who hold a Housing Choice Voucher/Section 8 Voucher. Participants in the program are assigned a coordinator to help them set and reach goals related to becoming self-sufficient such as receiving more education, job training, help with childcare, a career, home ownership and any other goals they may have. FSS offers a financial incentive to families through an escrow account, which is based on an increase in a family's earned income. An example of an increase in earned income would be when a family member has a pay raise, obtains employment or has an increase in his or her working hours that results in an increase in the portion of rent that the family pays each month.

For example, if a family member begins working 40 hours per week, and the families rent increases \$25.00 dollars per month, that \$25.00 dollars goes into an escrow account that the Housing Authority establishes for the family. This account becomes available to the family when the family successfully completes their FSS Contract of Participation which is typically in a 5 year time period or in the interim to use to complete a goal.

Another program is the Home Ownership Program and only open to those who receive a Housing Choice Voucher (HCV)/Section 8 Voucher (S8V). A participant can choose to use his or her voucher to assist with the purchase and payment of a home. Eligible Section 8 Voucher holders may now use their vouchers to assist in the purchase of their own home through the Section 8 Homeownership Program. The voucher assistance provides a partial payment toward the mortgage every month for up to 15 years. Participants are assisted with budgeting and credit repair as needed, provided with homeownership education, and given support every step of the way as they purchase their home. PLEASE NOTE THT IN ORDER TO QUALIFY FOR THIS PROGRAM, YOU MUST BE A CURRENT FCHA PUBLIC HOUSING RESIDENT OR SECTION 8 PARTICIPANT.

Security Deposit

Christ Among Neighbors

(717) 532-7577

Christ Among Neighbors

CAN may provide assistance in the form of help with rental, utility bills, clothing or medical bills. This assistance may include emergency service delivery and/or referrals/consultations to other agencies or organizations with the means to solve the problem. The serviced areas are defined as comprising the Shippensburg Area School District and the village of Walnut Bottom (zipcode 17266 and zip code 17257 on High Mountain Road)

WHERE TO TURN FOR HELP

Pennsylvania Wounded Warriors

(855) 729-9435

Pennsylvania Wounded Warriors

PAWW is an independent statewide non-profit 501©(3) organization providing support to Pennsylvania Wounded Warriors, Veterans in Crisis, and their families. We are not affiliated with nor a part of any national organization, including Wounded Warrior Project, and we do not receive any funds from them. We provide emergency financial assistance to veterans to help pay for housing, utilities, transportation, medical and other expenses. We pay directly to landlords, vendors and creditors.

Security Deposit Assistance

Christ Among Neighbors

(717) 532-7577

Christ Among Neighbors

CAN may provide assistance in the form of help with rental, utility bills, clothing or medical bills. This assistance may include emergency service delivery and/or referrals/consultations to other agencies or organizations with the means to solve the problem. The serviced areas are defined as comprising the Shippensburg Area School District and the village of Walnut Bottom (zipcode 17266 and zip code 17257 on High Mountain Road)

Franklin County Assistance Office

(877) 289-9177

Emergency Shelter Allowance (ESA) - Franklin

The Department of Human Services offers an Emergency Shelter Allowance, ESA, to help a homeless or near homeless family/individual to: Stop eviction from your home/apartment or foreclosure of your house. Find a long-term place to live. Find a short-term place to stay.

Franklin County Veteran Affairs

(717) 263-4326

Pennsylvania State Benefits - Veterans Temporary Assistance

Purpose: Provide temporary financial assistance to Veterans and their beneficiaries who reside in Pennsylvania for the necessities of life (food, dairy, shelter, fuel and clothing).

Veterans' Eligibility Criteria:

-A person who served in the Armed Forces of the United States, who:

*Was discharged under honorable conditions after a period of active duty, other than active duty for training, as evidenced by a DD Form 214 or other official documentation, or

*Died in service or was killed in action, or

*Suffered a service-connected disability as certified by the United States Veterans' Administration.

Need for Temporary Assistance Criteria:

UNEXPECTED Financial circumstances temporarily resulting in insufficient funds to pay for shelter and necessities of living for the Veteran and family.

Call Franklin County Veterans Affairs for more information concerning Veterans Temporary Assistance.

WHERE TO TURN FOR HELP

PathStone Corporation - Chambersburg

(717) 264-2839

PathStone - Emergency Food and Shelter (Migrant & Farm Workers)

Serve the one-time emergency needs of migrant and seasonal farmworkers and other rural disadvantaged people who may not be eligible for other emergency services. Services include: Nutritional assistance, emergency shelter, first month rental assistance, rent in arrears assistance, mortgage assistance and utilities in arrears assistance (one-time only assistance)

Pennsylvania Wounded Warriors

(855) 729-9435

Pennsylvania Wounded Warriors

PAWW is an independent statewide non-profit 501©(3) organization providing support to Pennsylvania Wounded Warriors, Veterans in Crisis, and their families. We are not affiliated with nor a part of any national organization, including Wounded Warrior Project, and we do not receive any funds from them. We provide emergency financial assistance to veterans to help pay for housing, utilities, transportation, medical and other expenses. We pay directly to landlords, vendors and creditors.

South Central Community Action Programs, Franklin County

(717) 263-5060

Franklin County Homeless Assistance Program (HAP)

The Homeless Assistance Program (HAP) is funded through state dollars in order to assist individuals and families who are homeless or at-risk of homelessness achieve a goal of self-sufficiency and prevent future homelessness. Specific eligibility guidelines and documentation apply. The Homeless Assistance Program may help on a limited basis with rent or security deposit. Each applicant/individual or family must complete and sign a goal plan which describes how that family can resolve the problem areas which led to homelessness or near-homelessness.

The Salvation Army, Chambersburg

(717) 264-6169

Rental Assistance

Salvation Army will assist individuals who are homeless and At-Risk of homelessness, with the rental fee of a home or apartment, provided that they meet all eligibility requirements.

Veterans Multi-Service Center - SSVF-Central PA

(844) 226-0368

Veteran Housing Services

SSVF provides comprehensive Supportive Services to very low income Veterans and their families who are currently experiencing homelessness or are at risk of losing their homes. Resources include case management, housing counseling, legal support, credit repair and financial planning services, and time-limited, temporary financial assistance. Eligible veterans may receive time-limited financial assistance for rent, utilities, and security deposits. SSVF offers short-term case management that links Veterans with resources within the Veterans Administration and the community with the ultimate goal of stabilizing veterans in

Waynesboro Community & Human Services

(717) 762-6941

Emergency Financial Assistance & Dollar Energy Fund

The Financial Assistance Program assists clients who have a utility shut off or utility is off, first month or late rent payments to prevent homelessness, fuel oil, and prescriptions.

WCHS is authorized to complete Dollar Energy applications in Franklin County.

WHERE TO TURN FOR HELP

YWCA Greater Harrisburg

(717) 234-7931

YW Veterans Employment & Housing Program

- Skills Assessment to help clients find their interests and abilities so that they can work towards a career that is right for them.
- Career planning to use individual skills promoting employment success.
- Acquisition of Jobs, achieved by educating clients on how to achieve a job by applying and interviewing in the right ways. Help is also provided in finding a job once clients are ready to do so.
- Job Retention, encouraged by helping clients to grow more skilled at their job through internships, on-the-job coaching, support groups and professional mentoring.
- Supportive Services that assist clients with any barriers such as transportation, access to healthcare, government benefit advocacy, referral to local veterans organizations, childcare and goal planning for the future.
- Veterans Housing Assistance, United States Veterans can apply for housing assistance through the YW Veterans program
- Annual Stand-down provide cots, sleeping bags, hygiene care, on site medical and dental services, clothing, duffle bags and other items for homeless veterans.

Seizure Disorders

Epilepsy Association of Western and Central Pennsylvania - Harrisburg

(717) 730-6779

Family Services

The EAWCP staff are here to work with you and your family on a one-on-one basis to help you overcome some of the challenges you face daily. Services include workshops for family members to learn more about epilepsy, telephone support, and referrals to other community services. Our experienced and knowledgeable staff members provide a variety of supportive and education services for both your child and your family.

Senior Centers

Franklin County Area Agency on Aging Senior Centers

(717) 369-2520

Fort Loudon Senior Activity Center

Area Agency on Aging operates eight Senior Activity Centers throughout the county, each being as individual as the participants who attend them.

Services at a Glance

- Services for persons 60 or older, Spouse of a consumer 60 or older, Disabled adult child living with parents who are 60 or older, or A personal aide who is under 60 and accompanying an adult 60 or older.
- Daily congregate meal program; meals served at 12:00 PM; no charge; suggested donation of \$2.00 per person.
- No registration fees to attend; fees for some special programs and events.
- Annual nutrition screening and education.
- Regularly scheduled social/recreational and educational programming.
- On-line computers are available at all of the activity centers.

WHERE TO TURN FOR HELP

Franklin County Area Agency on Aging Senior Centers

(717) 349-7227

Path Valley Senior Activity Center

Area Agency on Aging operates eight Senior Activity Centers throughout the county, each being as individual as the participants who attend them.

Services at a Glance

- Services for persons 60 or older, Spouse of a consumer 60 or older, Disabled adult child living with parents who are 60 or older, or A personal aide who is under 60 and accompanying an adult 60 or older.
- Daily congregate meal program; meals served at 12:00 PM; no charge; suggested donation of \$2.00 per person.
- No registration fees to attend; fees for some special programs and events.
- Annual nutrition screening and education.
- Regularly scheduled social/recreational and educational programming.
- On-line computers are available at all of the activity centers.

Franklin County Area Agency on Aging Senior Centers

(717) 749-7294

Mont Alto Senior Activity Center

Area Agency on Aging operates eight Senior Activity Centers throughout the county, each being as individual as the participants who attend them.

Services at a Glance

- Services for persons 60 or older, Spouse of a consumer 60 or older, Disabled adult child living with parents who are 60 or older, or A personal aide who is under 60 and accompanying an adult 60 or older.
- Daily congregate meal program; meals served at 12:00 PM; no charge; suggested donation of \$2.00 per person.
- No registration fees to attend; fees for some special programs and events.
- Annual nutrition screening and education.
- Regularly scheduled social/recreational and educational programming.
- On-line computers are available at all of the activity centers.

Franklin County Area Agency on Aging Senior Centers

(717) 328-4744

Tuscarora Senior Activity Center

Area Agency on Aging operates eight Senior Activity Centers throughout the county, each being as individual as the participants who attend them.

Services at a Glance

- Services for persons 60 or older, Spouse of a consumer 60 or older, Disabled adult child living with parents who are 60 or older, or A personal aide who is under 60 and accompanying an adult 60 or older.
 - Daily congregate meal program; meals served at 12:00 PM; no charge; suggested donation of \$2.00 per person.
 - No registration fees to attend; fees for some special programs and events.
 - Annual nutrition screening and education.
 - Regularly scheduled social/recreational and educational programming.
 - On-line computers are available at all of the activity centers.
-

WHERE TO TURN FOR HELP

Franklin County Area Agency on Aging Senior Centers

(717) 597-2020

Greencastle Senior Activity Center

Area Agency on Aging operates eight Senior Activity Centers throughout the county, each being as individual as the participants who attend them.

Services at a Glance

- Services for persons 60 or older, Spouse of a consumer 60 or older, Disabled adult child living with parents who are 60 or older, or A personal aide who is under 60 and accompanying an adult 60 or older.
- Daily congregate meal program; meals served at 12:00 PM; no charge; suggested donation of \$2.00 per person.
- No registration fees to attend; fees for some special programs and events.
- Annual nutrition screening and education.
- Regularly scheduled social/recreational and educational programming.
- On-line computers are available at all of the activity centers.

Franklin County Area Agency on Aging Senior Centers

(717) 530-1186

Upper Strasburg Senior Activity Center

Area Agency on Aging operates eight Senior Activity Centers throughout the county, each being as individual as the participants who attend them.

Services at a Glance

- Services for persons 60 or older, Spouse of a consumer 60 or older, Disabled adult child living with parents who are 60 or older, or A personal aide who is under 60 and accompanying an adult 60 or older.
- Daily congregate meal program; meals served at 12:00 PM; no charge; suggested donation of \$2.00 per person.
- No registration fees to attend; fees for some special programs and events.
- Annual nutrition screening and education.
- Regularly scheduled social/recreational and educational programming.
- On-line computers are available at all of the activity centers.

Franklin County Area Agency on Aging Senior Centers

(717) 762-2758

Waynesboro Senior Activity Center

Area Agency on Aging operates eight Senior Activity Centers throughout the county, each being as individual as the participants who attend them.

Services at a Glance

- Services for persons 60 or older, Spouse of a consumer 60 or older, Disabled adult child living with parents who are 60 or older, or A personal aide who is under 60 and accompanying an adult 60 or older.
 - Daily congregate meal program; meals served at 12:00 PM; no charge; suggested donation of \$2.00 per person.
 - No registration fees to attend; fees for some special programs and events.
 - Annual nutrition screening and education.
 - Regularly scheduled social/recreational and educational programming.
 - On-line computers are available at all of the activity centers.
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WHERE TO TURN FOR HELP

Franklin County Area Agency on Aging Senior Centers

(717) 264-8191

Chambersburg Senior Activity Center

Area Agency on Aging operates eight Senior Activity Centers throughout the county, each being as individual as the participants who attend them.

Services at a Glance

- Services for persons 60 or older, Spouse of a consumer 60 or older, Disabled adult child living with parents who are 60 or older, or A personal aide who is under 60 and accompanying an adult 60 or older.
- Daily congregate meal program; meals served at 12:00 PM; no charge; suggested donation of \$2.00 per person.
- No registration fees to attend; fees for some special programs and events.
- Annual nutrition screening and education.
- Regularly scheduled social/recreational and educational programming.
- On-line computers are available at all of the activity centers.

Senior Citizens - Heating Bill Payment Assistance

The Salvation Army, Chambersburg

(717) 264-6169

Office of Aging Senior Heating Assistance

Salvation Army handles the Office of Aging Seniors Heating Assistance for all of Franklin County. Assistance is available for help in paying their heating (electric, kerosene, fuel oil) bill. Individuals who are age 60 and over can apply for assistance with their heating bill during the time frame of December 1 - April 30 or until funding is depleted.

Senior Citizens - Independent Living Housing

Brindle Estates

(717) 328-5687

Brindle Estates

Affordable “ RD “ Elderly Community “ 20 units located in Mercersburg, PA

Episcopal Square Apartments

(717) 530-1277

Episcopal Square Apartments

Episcopal Square offers low income housing to Seniors 62 years and over or qualified persons with disabilities 18 years of age or older. Monthly rent based on 30% of adjusted income (income limits apply). The complex features 95 units consisting of 24 efficiencies and 71 one-bedroom apartments.

Interfaith Housing Alliance, Inc.

(301) 662-4225 Ext 3000

Washington Square Apartments

Washington Square offers 42 two-bedroom apartments that are Energy Star rated and designed to enable active living for seniors with limited mobility. All apartments rent below the Fair Market Rate and four units are earmarked for individuals with disabilities. Amenities include a large community room with fireplace, two laundry rooms, an exercise room with state of the art equipment and a library/computer room.

WHERE TO TURN FOR HELP

Menno Haven - Chambers Pointe

(717) 262-2373

Independent Living

Menno Haven offers over 600 residences ranging from cozy one bedroom apartments to two and three bedroom apartments, cottages, and villas.

Providence Place Senior Living - Chambersburg

(717) 709-0668

Senior Independent Living

Independent Living is an attractive lifestyle option for active seniors who don't require assistance with their personal care or healthcare, but find reassurance in community living. Residents can maximize their independence by living in a safe, supportive community setting. Without the worries associated with home ownership, seniors get more enjoyment out of life. Spending time with others who share similar interests makes Providence Place residents lives more meaningful. Help is always available in the event of an emergency. Have as much or as little support as you want with chores like housekeeping and laundry. Stop worrying about costly home maintenance. Enjoy life more. Create new friendships. Have access to a wide range of stimulating activities.

Quincy Village

(717) 749-2391

Wesley House at Quincy Village

Wesley House at Quincy offers spacious one- and two-bedroom apartments for those age 55 and over. Well-equipped kitchens, wall-to-wall carpeting, and on-site laundry facilities are just a few of the amenities we include to help you create your own definition of an enriched life. We invite you to view our impressive list of features and amenities below as well as our sample floor plans. Wesley House at Quincy is located on the Quincy Village campus and convenient to a wide range of area attractions.

Quincy Village

(717) 749-2308

Parker House Assisted Living

Parker House Assisted Living promotes a small, intimate family setting to help residents feel at home. The home configuration, as well as private suites with personal space, feel comfortable and secure. Shared common areas enable residents to share family-style meals and chat about their day. With less life disruptions from not having to move from location to location for care, residents can age in place and if additional care is needed, Assisted Living regulations permit most of those services to be provided on-site.

Quincy Village

(717) 749-2308

Quincy Village Cottages

Our one- and two-bedroom cottages come with up to 1,600 square feet of living space. Providing the comfort and privacy of a stand-alone home, we offer five styles to choose from. From personalized accommodations to plenty of room for entertainment, you'll enjoy all the premium features that come with your cottage home. Personal home garages, detached carports, resident gardens, along with beautiful patios, enclosed porches, or sunrooms add to your cottage living experience.

Quincy Village

(717) 749-2300

Quincy Village Apartments

We've created a host of maintenance-free apartment options to fit your lifestyle. Our one- and two-bedroom apartments are a great choice for those looking to downsize and range in size from 700 to 1,010 square feet.

WHERE TO TURN FOR HELP

Shippen House

(717) 532-7885

Shippen House

Shippen House is a thriving community that over 24 seniors, age 62 years and over, call home. Our homes are beautifully built with your needs in mind. Located in historic Shippensburg, Pennsylvania, this community combines quality, convenience, and affordability. Our beautiful apartment homes are only part of the wonderful features here at Shippen House. Our two multi-purpose rooms offer the perfect environment for a variety of social, recreational, and educational activities.

Tax Credit Properties

(717) 977-3900

Wayne Gardens Senior Living Community

Wayne Gardens will provide opportunities to house seniors in apartments that are accessible and geared towards the needs of aging adults.

Wayne Gardens is an Equal Opportunity Housing provider located in Waynesboro. We do not discriminate against any applicant on the basis of race, color, national origin, age, disability, religion, sex and familial status, sexual orientation, and reprisal.

If you believe that you need an accommodation or modification based on a handicap or disability, contact us in order to discuss what we can do to accommodate your needs. We will make whatever reasonable accommodation possible to permit reasonable full-use and enjoyment of the unit and its associated facilities.

Features Include:

- New Construction
 - 2 Buildings, 3 Floors
 - 40 - 1 and 2 Bedroom
 - Units for Seniors Aged 62+ in each building
 - 4 - 100% Handicapped Accessible Units
 - Elevator
 - Community Room with Kitchenette
 - Maintenance-free
 - Lawn care and snow removal provided
 - Office On-site
-

WHERE TO TURN FOR HELP

Tax Credit Properties

(717) 977-3900

Parkview Corners

Parkview Corner provides opportunities to house seniors in apartments that are accessible and geared towards the needs of aging adults. If you believe that you need an accommodation or modification based on a handicap or disability, contact us in order to discuss what we can do to accommodate your needs. We will make whatever reasonable accommodation possible to permit reasonable full-use and enjoyment of the unit and its associated facilities.

Features:

- New Construction
- 3 Floors
- 40 - 1 and 2 Bedroom
- Units for Seniors Aged 62+
- 4 - 100% Handicapped Accessible Units
- Elevator
- Community Room with Kitchenette
- Maintenance-Free
- Lawn care and snow removal provided
- Office On-Site
- 1 hearing/vision impaired unit
- Game Room/Café
- Fitness Room
- Salon
- Activity Room
- Health Care Office
- Green Roof
- Patios
- Bicycle Storage Room

Trinity House

(717) 762-9633

Trinity House

Trinity House offers 1 bedroom apartments in a secured high rise setting. Each unit is approximately 650 sq. ft. with large windows offering a great view of our town. All units have air conditioning and your heat, water, sewer and refuse will be provided by Schuster Management. All kitchens are fully equipped and the bathrooms have ceramic tile and have hand rails for an extra safety. The dining room/living room combination allows for any style of arrangement and decorating of your apartment. All bedrooms have walk-in closets. Small pets under 25 lbs. are welcome.

WHERE TO TURN FOR HELP

Service Animals

Franklin County Veteran Affairs

(717) 263-4326

Operation Save-A-Pet, Save-A-Vet

Operation Save-A-Vet, Save-A-Pet is a program dedicated to helping Franklin County veterans with service-connected disabilities to lead happier, healthier, and more productive lives. This program benefits the veteran, the dog, and the community. Service dogs have proven to be highly valuable in assisting veterans with all types of disabilities, including, but not limited to, diabetes, seizure disorders, post-traumatic stress disorder, and traumatic brain injury. Our dogs come from local rescues and shelters, and a few select breeding lines, and are provided with highly specialized training and care. These dogs are then capable of serving veterans with a number of physical and psychological needs. During the process of training service dogs, foster families may be utilized to house and care for the puppies. Selection of these foster families will remain at the sole discretion of the Franklin County Veterans Affairs Office. Foster families will be required to meet all ethical standards, policies, and regulations set forth by the program as well as the trainer. All applications for a service dog will be reviewed by the Franklin County Office of Veterans Affairs. Equal consideration will be given to all qualified applicants. Verification of a service-connected disability will be made through the Philadelphia Regional Office.

Susquehanna Service Dogs - Keystone Human Services

Susquehanna Service Dogs - Keystone Human Services

Mission: Trains and provides service dogs and hearing dogs to assist children and adults with disabilities to become more independent. Training of assistance dogs Training of individuals who receive SSD dogs Follow-up and retraining as necessary for working teams. Demonstrations for community groups who are interested in furthering SSD's mission

UDS - Olde Homestead Lane

(888) 837-4235

UDS - Service Dogs

UDS service dogs are trained from pups for over two years by a team of dedicated volunteers and professionals. Then, they're partnered with people who have a mobility disability or autism to help them live fuller lives. Our service dog team trains our dogs to help individuals with autism and a variety of mobility disorders. These can include:

- Cerebral Palsy
- Muscular Dystrophy
- Multiple Sclerosis
- Quadriplegia
- Paraplegia
- Amputation
- Stroke
- Spinal cord injuries
- Polio

WHERE TO TURN FOR HELP

Service Coordination - Adolescent

Franklin & Fulton County Mental Health, Intellectual & Developmental Disabilities, (717) 264-5387 & Early Intervention

CASSP- Child and Adolescent Service Systems Program, Franklin/Fulton MH/IDD/EI

The Child and Adolescent Service System Program (CASSP) of Franklin/Fulton County helps to coordinate services for children and adolescents between child-serving systems by assisting the team of involved providers in improving communications, developing common goals, and ensuring a positive working relationship among schools, public, private agencies, the child and family. Family members, advocates and others involved may discuss their concerns, challenges, and expectations at the CASSP meeting. The team discusses resources available, talks about what is working and what is not working, reviews options, and makes recommendations regarding services. CASSP meetings are held at the convenience of the family and can be held as many times as needed to help the situation to be resolved.

Sewer System Cost Program

Pennsylvania Housing Finance Agency (PHFA)

(800) 822-1174

Pennsylvania Housing Finance Agency - PENNVEST Homeowner Septic Program

The Pennsylvania Infrastructure Investment Authority (PENNVEST) has teamed with the Pennsylvania Housing Finance Agency (PHFA) and the Pennsylvania Department of Environmental Protection (DEP) to offer this special funding program. Assistance is available to eligible homeowners who need to repair or replace their individual on-lot septic system OR connection to a public sewer system.

Benefits to You

- Receive an attractive rate for this vital home improvement.
- No prepayment penalty if the loan is paid off early.
- Eliminate worries about your septic system when you sell your home.
- Improve the environmental health of your property.
- Avoid or respond to citations from your municipality.

Loan Terms

- Interest rate of 1.75%, up to 2.8% APR as of 1/1/2019.
- Terms up to 20 years (up to 15 years for manufactured homes).
- Maximum loan amount is \$25,000.
- Loan origination charges apply.
- Loans will be secured by a mortgage on the borrower's home.
- Lien Position: the PENNVEST loan must be in first or second lien position unless the loan amount is less than \$7,500 OR the existing first and second liens were originated at purchase for the purpose of buying the home. Third lien position is permitted in these circumstances.

(*For a representative \$25,000 loan and financing charge of \$5,727. Subject to credit approval and restrictions.)

WHERE TO TURN FOR HELP

USDA Rural Development - Harrisburg Office

(717) 237-2186

USDA Rural Development

Programs available: - Single family housing programs which provides assistance to individuals for purchase, construction, and repair of homes - Rural rental housing program assists to construct new or rehabilitate existing multi-family housing projects - Community facilities program provides assistance to rural communities to build or improve facilities, such as health clinics, child and adult day care centers and fire stations - Rural business program provides assistance to rural areas that need to develop new job opportunities, allowing business and cooperatives to remain viable in a changing community - Water and waste water programs addresses rural Pennsylvania's needs for domestic water, sewage collection and treatment, as well as electricity and telecommunications

Sexual Assault - Education & Prevention

Women In Need - Chambersburg

(717) 264-4444

Prevention Education

To raise awareness in our community about the impact of violence on victims, our local community and society. In addition, it is important to educate people so that they know how to help others who might be dealing with violence. People of all ages, from children through adults, need to understand healthy and unhealthy relationships, in addition to making good choices when interacting with others.

Sexual Assault - Legal Advocacy

Women In Need - Chambersburg

(717) 264-4444

Legal Advocacy

Provides advocacy and accompaniment through the criminal and civil court system. In criminal court, WIN Legal Advocates assist victims as they go through different court proceedings, explaining court procedures and informing them about the progress of their case. The Legal Advocates can also assist victims through the criminal process by accompanying them to the Police Department and/or District Attorney's Office. In addition to criminal court accompaniment, Legal Advocates are also available to assist victims of abuse in completing a Protection from Abuse Order, or PFA. The advocates work through the PFA questionnaire with the victims, assist them in scheduling an appointment with the attorney to complete the PFA paperwork, and advocate for them through the civil proceeding in PFA court.

Sexual Assault - Outpatient Counseling

Women In Need - Chambersburg

(717) 264-4444

Individual Counseling

Individual, or one-on-one counseling sessions are available to victims of domestic violence and/or sexual assault. Counseling can be done at the Women in Need offices in Chambersburg or McConnellsburg: counselors are not able to do in-home services. If transportation is an issue phone counseling may be an option. Adults (male and female) and children can receive services. Children will be assessed based on age and their ability to communicate with a counselor. If the counselor feels that are not able to work with the child an appropriate referral will be made. School-age children may be able to be seen in the school setting. There are times when we experience a waiting list for counseling clients. As with all of our services, there is no charge for counseling sessions.

WHERE TO TURN FOR HELP

Sexual Assault - Shelter

Women In Need - Chambersburg

(717) 264-4444

Emergency Shelter

When in shelter, women are provided with available options, counseling and referrals to agencies that may provide additional help, and with the help of a trained counselor advocate, create a safety plan upon discharge from the shelter. Families may remain in the shelter for as long as 30 days.

Sexual Assault Support Group

Women In Need - Chambersburg

(717) 264-4444

Support Group Counseling

Support groups bring together survivors to share their daily struggles with domestic violence and/or sexual assault. Each support group meeting is facilitated by a Women in Need counselor. The groups are designed to allow ample opportunity for each member to share and interact with others. Members are encouraged to share as much, or as little, as they feel comfortable.

Sign Language Training

Deafnet Association, Inc

(301) 791-9025

Deaf & Hard of Hearing Services

Deafnet Association, Inc. is a private, non-profit agency. We promote the concerns that affect the Deaf and Hard of Hearing community in the four-state area of Western Maryland, the Northern and Eastern Panhandle of West Virginia, South Central Pennsylvania, and North Western Virginia. Formed in November 1986, Deafnet provides a mechanism for people with hearing loss to advocate for the improvement of existing services and the creation of new ones. Deafnet is supported by people who, like you, are interested in making our community accessible to the Deaf or Hard of Hearing population and receives no federal or state funding. Deafnet provides sign language classes, interpreting and advocacy for the deaf. Training on the use of TTY's as well as on the American with Disabilities Act of 1990 (ADA) is also provided.

Skilled Nursing Care

Aveanna Healthcare - Franklin County

(717) 263-2190

Home Health Care Services

Aveanna's customized home healthcare services enable our patients with complex medical needs to live in a familiar, comfortable setting while receiving compassionate care from experienced professionals. Our Chambersburg office provides Pediatric / Adult Private Duty Nursing and Pediatric / Adult Personal Care.

Community Home Health Care, Inc.

(717) 261-2546

Community Home Health Care, Inc.

Community Home Healthcare, Inc. provides clients with professional, comprehensive services, including skilled nursing, physical, occupational and speech therapies, social services, and home health aides to meet individual needs in the comfortable environment of their own homes.

WHERE TO TURN FOR HELP

Fulton County Medical Center

(717) 485-6118

Team Home Health Services

We provide in home skilled nursing, home health aides, physical therapy, occupational therapy, and medical social service. When treatment from multiple healthcare disciplines is required Team Home Health work closely with one another to establish a seamless program of coordinated care. Specialties: Wound Care/ Wound VAC IV Infusion Cardiac Management/Post CABG/CHF/Post CVA Post Surgery care/Joint Replacement/Amputation Anticoagulation Management Ostomy Care Foley Care Diabetic Management Chemotherapy Administration/Disconnect

Home Instead

(717) 398-2565

Home Instead - Adams/Franklin County

We provide non-medical in home care to seniors in their home, or in any setting (skilled nursing, personal care, hospital, etc.). We provide transitional care, companionship, light housekeeping, meal preparation, escort to errands, personal care, respite care, medication reminders and transportation. We are available 24/7, offering as little as 1 hour of services up to 24/7/365.

SpiriTrust Lutheran - Franklin County

(717) 264-8178

Home Care & Hospice

Home Health – If you are recovering from an injury, illness or surgery or you need help managing a chronic health condition, our home health care team will help. Our team works with you and your doctor to develop a plan of care that meets your unique needs. Services may include skilled nursing services, physical therapy, occupational therapy, speech therapy, phlebotomy, personal care and medical social services.

Hospice –Our team uses an interdisciplinary approach that means clients and their family members receive support from skilled nurses, compassionate caregivers, grief counselors, spiritual care, volunteers and more. The team assists by managing pain and symptoms, supporting the family, providing education on what to expect and teaching caregiving techniques.

Home Care - Tailored to meet your specific needs, services may include: help with dressing and bathing, grocery shopping, meal preparation, housekeeping, laundry, transportation and shopping and errands. Home care can be arranged for a few hours a day up to 24-hour care.

Palliative Care – Our in-home palliative care team enhances your regular medical treatment. Through medication management, relaxation techniques and coping strategies, we help you control symptoms and carry on with everyday life.



WHERE TO TURN FOR HELP

Smoking Cessation

American Lung Association in Pennsylvania

(717) 229-8330

American Lung Association in Pennsylvania

Programs include:

- Radon Awareness: Information on health effects, testing procedures and reduction methods. Radon testing kits available for purchase
- Carbon Monoxide Awareness: Information on health effects, testing procedures and proper steps to take
- Air Pollution Awareness: Information on asbestos, environmental (secondhand) tobacco smoke, ground-level ozone and other indoor and outdoor air pollutants
- Advocacy for Lung Health: Supporting individual, community, workplace, municipal, state and federal initiatives to protect people and environment from air pollution, including support of tobacco control measures
- Freedom from Smoking Classes (referral): An 8-session (7 week) program of behavior modification for smoking cessation. Provides suggestions on how to build a healthier lifestyle, including relaxation techniques and avoiding weight gain. Fee is set through participating sites (free through above web site). Participants must finalize fee and program dates through sponsoring hospital. Call ALA for info. Yourth Smoking Cessation Programs: Not On Tobacco (N-O-T) is the American Lung Association's voluntary quit smoking program for teens ages 14-19. Over the 10 week program participants learn to identify their reasons for smoking, healthy alternatives to tobacco use and people who will support them in their efforts to quit.
- Provides information on a residential camp for children, ages 8-13, who have asthma
- Also sponsors Better Breather Club Support Group for people living with COPD - Asthma Walk fundraiser, Walk for Life and Breath fundraiser
- Call Center: Trained registered nurses and respiratory therapists provide immediate and comprehensive information about specific lung-health issues such as lung cancer, chronic bronchitis, emphysema, asthma and tuberculosis. Also will provide information on topics including allergies, how to quit smoking and environmental issues. Offers physician referrals

Fulton County Medical Center

(717) 485-6143

Smoking Cessation

The Respiratory Therapy Department offers in-patient consulting to all patients who use tobacco products. They also offer outpatient one-on-one consulting and group quit classes. Deb Sheffield, Heather Dayley, both Respiratory Therapists and Wanda Taylor, LPN are certified by the American Lung Association to offer the Freedom From Smoking Classes.

WHERE TO TURN FOR HELP

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Tobacco Awareness & Support Groups

Tobacco awareness, education, and support for those seeking to quit are part of our core services at HCP. The harmful effects of smoking and second-hand smoke do not lead to healthy living nor to healthy communities. That is why we are so passionate about making our community aware of the dangers of tobacco and offering proven support for those looking to quit.

Freedom From Smoking Clinics are held offsite, typically, during evening hours. Please visit the Freedom From Smoking under the programs link on our website, www.hcpfranklinpa.org for additional information.

HCP provides tobacco prevention services directed at youth of all ages as well as community programming. Tobacco prevention lessons are available for youth on a variety of age appropriate, classroom based topics, including Tar Wars, Vaping education and additional supports for youth. Whether you are a school or community organization, a business looking to provide help to employees, or an individual searching for help for you or a loved one, we would be more than happy to help you with all of your tobacco awareness, education, and cessation needs! Take a look at the resources we have available.

SNAP Benefits

Franklin County Assistance Office

(877) 289-9177

Food Stamps / SNAP - Franklin

The Supplemental Nutrition Assistance Program is the new name for the Food Stamp program. These benefits are used to buy food and help eligible low-income households in Pennsylvania obtain more nutritious diets by increasing their food purchasing power at grocery stores and supermarkets. If you are eligible, you will receive a Pennsylvania Electronic Benefits Transfer (EBT) ACCESS Card which is used to make food purchases at grocery stores and supermarkets.

Social Security - Benefits

Social Security Administration- Franklin Program

(800) 772-1213

Social Security Administration- Franklin

A national program of contributory social insurance. Employees, employers and the self-employed pay contributions that are pooled in special trust funds. These funds provide income to workers and dependents in the event of retirement, disability or death. SSA also administers Medicare and the Supplemental Security Income (SSI) program for the aged, blind and disabled. Local offices accept applications, determine eligibility, hear appeals and are available to assist individuals trying to access benefits.

Soup Kitchen

Bethesda Mission Men's Shelter

(717) 257-4440

Soup Kitchen

Provides a full meal beginning at 4:30 pm daily. Special holiday meals also offered.

St. Seraphim Orthodox Center

(717) 263-2006

Community Lunch

Provides a community lunch in Chambersburg on Thursday and Saturday from 10:00 - 1:00 PM. They provide the meal in replacement of the Salvation Army, Chambersburg for these days. Open to all who come in.

WHERE TO TURN FOR HELP

The Hope Center at Hagerstown Rescue Mission

(301) 739-1165

Soup Line

Free meal for the community The Hope Center provides a hot meal to hungry people in our community. Guests must arrive by 12:30 PM during the week and by 12:45 PM on Sundays.

The Lunch Place

(717) 762-7011

The Lunch Place

The Lunch Place, sponsored by the Waynesboro Area Fellowship of Churches was begun in 1990 as an outreach to our community. Five days each week (Mon-Fri), The Lunch Place serves a hot, nutritious meal free to the community.

The Salvation Army, Chambersburg

(717) 264-6169

Soup Kitchen

Serving lunch Sunday - Wednesday and Friday, closed on Thursday and Saturday. Doors open at 10:30 and the meal is served, take out style, only one person per family may come pick up. Mask Required. from 11:00 - 12:00 with the exception of the 1st & 5th Sunday of the month. The Soup Kitchen is closed at that time.

Special Olympics

Special Olympics Pennsylvania - Franklin County

(717) 897-0625

Special Olympics Pennsylvania - Franklin County

Special Olympics - Franklin County, PA provides year-round sports training and competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy, and participate in a sharing of gifts, skills, and friendship with their families, other Special Olympics athletes, and the community. All training and competition opportunities are provided free of charge to the athletes and their families, enabling everyone to experience the benefits of Special Olympics that extend well beyond the playing field.

Special Olympics Pennsylvania - Franklin County

(717) 897-0625

Special Olympics Pennsylvania - Franklin County - Volunteer Opportunities

Volunteers are the backbone of Special Olympics Pennsylvania. We could not exist without the dedication of more than 40,000 Pennsylvania citizens. There is a place for everyone in our organization which trains more than 20,000 athletes in 22 Olympic-type sports at over 260 local, sectional, and state level competitions.

Specialty Medicine Office

Fulton County Medical Center

(717) 485-2871

Cardiology

The Fulton County Medical Center offers full time cardiology services led by Michael T. Donahoe, M.D. Jeffrey S. Mandak, M.D. F.A.C.C and Dustin Pine PAC.

The department testing includes: Electrocardiogram (EKG), Echocardiogram (ECHO), Cardiac Stress Testing, Holter Monitoring, Stress Echocardiogram, MCOT monitoring and Event recording, Cardioversions, Transesophageal Echocardiogram (TEE), Ankle Brachial Index (ABI,) Cardiac Imaging and Pacer interrogations, Pre Op Cardiac Clearance, Inpatient and Outpatient services.

WHERE TO TURN FOR HELP

Keystone Medical Services

(717) 709-7990

Keystone Women's Care

Keystone Women's Care specializes in obstetrical and gynecological health care.

Keystone Medical Services

(717) 709-7986

Keystone Foot & Ankle Center

Diagnosing and treating a variety of podiatric conditions including but not limited to:

- Ankle sprains
- Arthritic foot and ankle care
- Athletes Foot
- Bunions
- Calluses and corns
- Diabetic foot care
- Ingrown toenails
- Heel spurs
- Hammertoes
- Wound care
- Foot and ankle injuries
- Foot and ankle surgeries
- Pediatric foot and ankle conditions and more!

Keystone Medical Services

(717) 709-7970

Keystone Internal Medicine

Keystone Internal Medicine specializes in health care for adult patients 18 years and older. Services provided include: all types of physical exams, disease prevention and health promotion, immunizations, diabetes management, and more.

WHERE TO TURN FOR HELP

Keystone Medical Services

(717) 709-7939

Keystone Chiropractic

From chiropractic adjustments, specialized pregnancy care, and cold laser treatments to sports injuries rehabilitation, Keystone Chiropractic ensures you get the care you need.

Our Services Include:

Pregnancy & Chiropractic

At first glance, most people don't see the connection between chiropractic practices and pregnancy. However, there are three stages in which having an optimally working nervous system can help both mother and child:

- Pre-Conception – Chiropractic care prepares the body to be as strong and balanced as possible to carry the pregnancy.

Pregnancy – Regular chiropractic care during pregnancy appeals to mothers who seek a natural approach to better health, in addition to their regular medical care from their primary care provider.

- Labor and Birth – Many rely on chiropractic care to help assure optimum biomechanics of the hips and spine in the hopes of reducing the need for interventions during the birth process.

- Chiropractic for Children Many patients report that chiropractic care has been helpful for common childhood aches and pains.

Laser Therapy

Research has stated that certain light frequencies could actually reduce inflammation and enhance the healing process! Related to the lasers used in scanners, this low level light energy can have positive effects on the body.

Keystone Medical Services

(717) 709-7909

Keystone Infectious Diseases

Keystone Infectious Disease providers specialize in care for adult patients age 18 years and older. Services provided include:

- Diagnosis and treatment of infections caused by bacteria, viruses, fungi, and parasites.
- Antibiotic therapy
- Diagnosis and treatment of patients with infections due to human immunodeficiency virus (HIV).
- Consultative services for inpatients with subsequent post hospitalization follow up as needed.

WellSpan Health Surgeons Services

(717) 217-6986

Stephen L Carter, M.D.

At Stephen L. Carter, M.D., your surgical procedures are treated with leading-edge technologies and specialized care. Services Breast disease evaluation and surgery for cancer and benign disease Risk assessment and genetic testing for breast cancer Breast ultrasound Minimally invasive breast biopsies- stereotactic and ultrasound guided Thyroid and parathyroid surgery Laparoscopic and open hernia repairs- umbilical, ventral, and inguinal hernias Colon surgery for benign disease and cancer Minimally invasive gallbladder surgery Lymph node evaluation and treatment Skin evaluation with biopsy Melanoma and skin cancer surgery Treatment of cysts, abscesses, boils, non-healing wounds and ulcers Hemorrhoid and ano-rectal surgery Chemotherapy catheter placements

WHERE TO TURN FOR HELP

WellSpan Health Surgeons Services

(717) 765-5060

WellSpan Health Surgical Group - Waynesboro

At WellSpan Surgical Group, your care is our first concern. With the best technology and state-of-the-art surgical procedures, we strive to provide you with the highest level of care.

- Surgical Procedures
- Aesthetic (Skin lesions, Melanoma)
- Bariatric Surgery (Gastric Banding/Bypass)
- Breast Cancer
- General surgery
- Robotic Vascular

Additional Services

- Breast cancer risk assessment clinic
- Evaluation and management of chronic non healing wounds including venous stasis ulcers
- Evaluation and management of diabetic foot problems

WellSpan Health Surgeons Services

(717) 217-6803

WellSpan Health Urology Group - Chambersburg

At WellSpan Urology Group, we provide urologic care for men and women using leading edge technologies and treatments, including robotic surgery.

Other services include:

- Men's Health Erectile dysfunction (ED)
 - Enlarged prostate (benign prostatic hyperplasia "BPH")
 - Infertility
 - Urinary incontinence
 - Kidney stones
 - Vasectomy & vasectomy reversal
 - Testosterone replacement therapy
 - Women's Health
 - Urinary incontinence
 - Bladder pain/Interstitial cystitis
 - Female pelvic prolapse
 - Cancer Treatment
 - Prostate
 - Kidney
 - Bladder
 - Testicular
-

WHERE TO TURN FOR HELP

WellSpan Health Surgeons Services

(717) 217-6800

WellSpan Health Surgical Group - Shippensburg

At WellSpan Surgical Group, your care is our first concern. With the best technology and state-of-the-art surgical procedures, we strive to provide you with the highest level of care.

- Surgical Procedures
- Aesthetic (Skin lesions, Melanoma)
- Bariatric Surgery (Gastric Banding/Bypass)
- Breast Cancer
- General surgery
- Robotic Vascular

Additional Services

- Breast cancer risk assessment clinic
- Evaluation and management of chronic non healing wounds including venous stasis ulcers
- Evaluation and management of diabetic foot problems

WellSpan Health Surgeons Services

(717) 217-6800

WellSpan Health Surgical Group - Chambersburg

At WellSpan Surgical Group, your care is our first concern. With the best technology and state-of-the-art surgical procedures, we strive to provide you with the highest level of care.

- Surgical Procedures
- Aesthetic (Skin lesions, Melanoma)
- Bariatric Surgery (Gastric Banding/Bypass)
- Breast Cancer
- General surgery
- Robotic Vascular

Additional Services

- Breast cancer risk assessment clinic
- Evaluation and management of chronic non healing wounds including venous stasis ulcers
- Evaluation and management of diabetic foot problems

Spinal Injury Support Group

WellSpan Health Support Groups

(717) 263-5721

Head Back Support Group

This group meets on the last Thursday of the month (April-October only) from 7 p.m. to 9 p.m. Please call to verify location. Informal, unstructured, family-like open discussion; occasional speakers; 2-4 social events per year.

WHERE TO TURN FOR HELP

Spiritual Counseling

Spring of Hope Ministries

(717) 762-0234

Prayer Counseling - St Thomas

Prayer Counseling is inner healing based on the Lordship of Jesus Christ, prayer and the application of Biblical principles and truths. Each session begins with a prayerful examination of the fruit in a counselee's life. Bad fruit is then traced to bitter roots through the guidance of the Holy Spirit. With prayer and the Holy Spirit's leading, the blood of Jesus Christ and the power of the Cross are all applied to the deep wounds and practices of the heart. Each session lasts approximately 1 hour and 15 minutes.

Spring of Hope Ministries

(717) 762-0234

Prayer Counseling - Chambersburg

Prayer Counseling is inner healing based on the Lordship of Jesus Christ, prayer and the application of Biblical principles and truths. Each session begins with a prayerful examination of the fruit in a counselee's life. Bad fruit is then traced to bitter roots through the guidance of the Holy Spirit. With prayer and the Holy Spirit's leading, the blood of Jesus Christ and the power of the Cross are all applied to the deep wounds and practices of the heart. Each session lasts approximately 1 hour and 15 minutes.

Spring of Hope Ministries

(717) 762-0234

Prayer Counseling - Waynesboro

Prayer Counseling is inner healing based on the Lordship of Jesus Christ, prayer and the application of Biblical principles and truths. Each session begins with a prayerful examination of the fruit in a counselee's life. Bad fruit is then traced to bitter roots through the guidance of the Holy Spirit. With prayer and the Holy Spirit's leading, the blood of Jesus Christ and the power of the Cross are all applied to the deep wounds and practices of the heart. Each session lasts approximately 1 hour and 15 minutes.

State Health Center

Franklin County State Health Center

(717) 263-4143

Franklin County State Health Center

The Franklin County State Health Center provides services which are aimed at improving the respective community's public health via the provision of direct health services, health education and community health leadership and control. Emphasis is placed on primary and secondary preventive health services. The overall goal of these programs is to reduce morbidity and mortality among the local service population and to promote healthy lifestyles.

Programs are:

- Immunizations
- HIV Testing and Counseling
- Tuberculosis treatment
- Rabies Investigation
- Information & Referral
- Travel Information
- Childhood Lead Poisoning Prevention
- Investigation of reportable diseases

WHERE TO TURN FOR HELP

STD Testing

Keystone Community Health Services

(717) 709-7909

Family Planning

Services to plan and prevent pregnancy including a variety of birth control options. Other related services including HIV and STD testing and treatment, PAPs.

Keystone Community Health Services

(717) 709-7909

STD Service

Free STD testing and treatment. Testing for HIV and Hepatitis C.

Keystone Community Health Services

(717) 709-7909

Keystone HIV Program

Free HIV counseling and testing. Community outreach and education. Services for persons living with HIV including medical care, medications, case management and financial assistance with housing, medications and other basic needs.

PMI Pregnancy Resource Center

(717) 597-2447

PMI Pregnancy Resource Center-Greencastle

General Services

- Free pregnancy test with verification
- Ultrasound pregnancy confirmation
- Education about pregnancy and infant care
- Peer counseling as needed with parents, boyfriend, or husband
- Ongoing personal support †Post-abortion peer counseling
- Planning for future and other assistance depending on circumstances

Referrals

- Referrals for medical care, social services, legal aid, and adoption
- Referrals for housing †Referrals for foster home care

Material Support

- Material assistance with maternity and baby needs

New Dads

- Education for new and expecting Dads
- Mentoring for new and expecting Dads
- STI testing and treatment for Chlamydia and gonorrhea

WHERE TO TURN FOR HELP

PMI Pregnancy Resource Center

(717) 532-4446

PMI Pregnancy Resource Center-Shippensburg

General Services

- Free pregnancy test with verification
- Ultrasound pregnancy confirmation
- Education about pregnancy and infant care
- Lay counseling as needed with parents, boyfriend, or husband
- Ongoing personal support
- Post-abortion Lay counseling
- Planning for future and other assistance depending on circumstances

Referrals

- Referrals for medical care, social services, legal aid, and adoption
- Referrals for housing
- Referrals for foster home care

Material Support

- Material assistance with maternity and baby needs

New Dads

- Education for new and expecting Dads
- Mentoring for new and expecting Dads
- STI Testing and treatment for Chlamydia and Gonorrhea

PMI Pregnancy Resource Center

(717) 267-3738

PMI Pregnancy Resource Center-Chambersburg

General Services

- Free pregnancy test with verification
- Ultrasound pregnancy confirmation
- Education about pregnancy and infant care
- Peer counseling as needed with parents, boyfriend, or husband
- Ongoing personal support
- Post-abortion peer counseling
- Planning for future and other assistance depending on circumstances
- STI testing for chlamydia and gonorrhea

Referrals

- Referrals for medical care, social services, legal aid, and adoption
- Referrals for housing
- Referrals for foster home care

Material Support

- Material assistance with maternity and baby needs

New Dads

- Education for new and expecting Dads
-

WHERE TO TURN FOR HELP

Stroke Survivor Support Group

WellSpan Health Support Groups

(717) 267-7901

Stroke Survivor Support Group

The Stroke Survivor Support Group welcomes stroke survivors and their support / caregivers to join us for open discussion meetings. All meetings begin at 7 p.m. and are held in the Rehab Dining Room, 4th floor, Chambersburg Hospital. Parking is available on the lower level of the parking garage. Classes are free and no registration is required. For more information, contact Chris Parker, OTR/L, or Kristen Foster, CCC-SLP at (717) 267-7901.

Student Financial Aid

Pennsylvania Higher Education Assistance Agency

(800) 233-0557

Information, Students &
Parents

Pennsylvania Higher Education Assistance Agency - Student Financial Aid

Free access to extensive information about higher education funding is available through this office's website. In addition, free copies of the booklet "Moving on to Higher Education" are available at local high schools and local legislators' offices.

Substance Use - Case Management

Franklin/Fulton County Drug & Alcohol

(717) 263-1256

Screening/Assessment/Case Management

Services include licensed drug and alcohol level of care assessments for adolescents/adults and case management services for individuals engaged in substance use treatment.

Franklin/Fulton County Drug & Alcohol

(717) 263-1256

Treatment Referral/Coordination

Services include substance use/co-occurring treatment placement (withdrawal management, residential, halfway, partial and outpatient services); funding for Franklin/Fulton residents not eligible for Medicaid and coordination of care with ancillary treatment needs (transportation, employment, education, healthcare, etc.). Priority populations include Pregnant Females, Pregnant Injection Drug Users, Injection Drug Users, Overdose Survivors and Veterans.

WHERE TO TURN FOR HELP

Substance Use - Inpatient Treatment

Roxbury Treatment Center - Inpatient Programs

(717) 530-2206

Adult Inpatient Psychiatric Program

Roxbury's inpatient psychiatric program provides acute psychiatric stabilization, along with the capability and expertise to treat those who have co-occurring substance abuse needs. Our co-occurring disorder programming includes psychiatric stabilization, detoxification from any substance, 12-step programming, and referrals for additional treatment as needed. Addressing both substance abuse and mental health issues at the same time has proven to be therapeutically beneficial for our patients.

Adult Psychiatric Stabilization:

- Thorough psychiatric evaluation
- Full-time psychiatrist on staff and available 24-hours daily
- Medication assisted stabilization
- Continued medication management and education
- Full and complete medical examination and history
- Nursing care 24-hours daily
- Clinical evaluations
- Therapeutic groups and activities with small group focus
- Family and individual therapy as indicated by Roxbury's treatment team
- Structured recreational therapy including art and music therapies
- Continuing care resources and detailed individual discharge plan including crisis plan upon completion of program

Adult Co-occurring Disorder Program:

- Detoxification services conducted under close medical supervision
- 12-Step education with attendance to 12-Step meetings
- Co-occurring disorder group therapy and education resources
- Additional discharge treatment planning with substance abuse resources

WHERE TO TURN FOR HELP

Roxbury Treatment Center - Inpatient Programs

(717) 530-2206

Adolescent Inpatient Psychiatric Program

Roxbury Treatment Centers inpatient psychiatric program for adolescents is designed to treat youth ages 13-17. We provide acute psychiatric stabilization and co-occurring substance abuse treatment in a caring and nurturing environment while focusing on the individual needs of each patient.

While in our care, our patients will receive:

- Thorough psychiatric evaluation
- Nursing care 24-hours daily
- Individual counseling
- Group therapy
- Family therapy
- Academic services
- Substance abuse evaluation and treatment (when indicated)
- Allied therapies to include art, music, and recreation

Please contact our admissions department if you have any questions related to your specific situation. In addition to these services, our program is designed to focus on the individual strengths of each patient and develop an individual treatment care plan that will focus on these strengths. We strongly encourage family involvement while the patient is in our care.

Roxbury Treatment Center - Inpatient Programs

(717) 530-2206

Adult Inpatient Substance Abuse Program

Roxbury Treatment Centers adult inpatient substance abuse program includes detoxification and rehabilitation services. We specialize in the treatment of co-occurring disorders and believe treating the substance and mental health disorders together produces the best outcome for our patients. Adult Detoxification Program: Detoxification services conducted under close medical supervision. Medical assessment and care provided 24-hours daily. Adult Rehabilitation Program: Individual counseling. Group therapy. Psycho-education. 12-Step programming. Individualized treatment care planning. Individualized discharge planning including aftercare appointments and crisis planning. Adult Co-occurring Disorders Program: Dynamic multifaceted approach for specialized treatment. Psychiatric evaluations with follow-up consultation and medication management. Co-occurring disorder treatment groups. Discharge planning includes appointments with mental health providers as well as substance abuse providers. Full-time psychiatrist on staff and available 24/7.

WHERE TO TURN FOR HELP

WellSpan Behavioral Health

(717) 267-7771

Wellspan Behavioral Health- Inpatient

At WellSpan Behavioral Health, we offer a wide-variety of services and treatment options for anyone who is experiencing mental health and substance use challenges. We believe that the best chance of recovery is through supportive and individualized treatment.

The following therapies and treatments are offered for children, adolescents & adults during day and evening hours:

- Couples Therapy
- Family Therapy
- Group Therapy
- Individual Therapy
- Medication Management
- Older Adult Services
- Play Therapy
- Trauma Therapy
- EMDR
- Treatment of Eating Disorders
- Diagnostic Evaluations
- Cognitive Behavioral Therapy
- Attachment issues

Substance Use - Intervention

Franklin/Fulton County Drug & Alcohol

(717) 263-1256

Prevention/Intervention

Services include educational trainings/presentations for all ages (including professionals); resource materials (pamphlets, brochures, videos, etc.); coordination/planning of community-based prevention events/activities and consultations for evidence-based programs/practices.

Substance Use - Outpatient Counseling

Keystone Medical Services

(717) 709-7930

Keystone Behavioral Health

At Keystone Behavioral Health, we have who doctors specialize in pediatric behavioral issues, geriatric behavioral issues, substance abuse, and sleep disorders- all in one office, to effectively serve your family's needs. Keystones Behavioral Health Program Offers:

- Individual and family counseling with licensed therapists
- Psychiatric evaluations for children and adults
- Medication management with psychiatrists
- 24-hour crisis intervention services (located in an office in the Chambersburg Hospitals Emergency Department)

WHERE TO TURN FOR HELP

Pathways Counseling Services, LLC - Franklin Program

(717) 263-7758

Counseling Services

Pathways Counseling Services, LLC offers a wide variety of counseling services to individuals, families, and children as young as 3 years of age. Some of the issues that we provide include but are not limited to: anger management, grief and loss, reunification, trauma, sexual abuse, physical abuse, behavior modification, relationship enhancement, substance abuse/addictions, attachment problems, developmental delays, and communication skills.

TrueNorth Wellness Services

(866) 325-0339

Emergency Crisis Services (Walk-In or Mobile)

Individuals in need of emergency mental health and/or drug and alcohol support may present at Fulton County Medical Center, or request a mobile service. Our crisis intervention specialists provide quality mental health and substance abuse services to any individual in need. We determine the root cause of the crisis and offer counseling to promote independence, personal growth, and collaborative decision-making intended to assist the individual to return to a pre-crisis state. Crisis intervention specialists can aid in developing safety plans, identifying community supports, information and referral services, emergency mental health assessments, and if medically necessary, acute care inpatient hospitalizations. Our emergency crisis program offers 24/7 assistance.

TrueNorth Wellness Services - Franklin County

(800) 315-0951

Individual and Family Counseling

Our expertly trained therapists help and support individuals of all ages throughout their lifespan cope with various life stressors. Counselors create a therapeutic alliance that allows individuals to focus on what is important: their health and well-being and developing a manageable plan to achieve their goals.

Substance Use - Outpatient Treatment

Pyramid Healthcare, Inc. - Chambersburg

(717) 261-9100

Teen Treatment Programs - Chambersburg

Outpatient Treatment Program: Our outpatient treatment program provides therapy and counseling for teens who have completed a stay in a residential facility or who are struggling with substance abuse. We provide professional evaluation and treatment recommendations. Our outpatient program considers all factors that may contribute to teen addiction, and addresses these issues through individual, family, and group therapy, among other treatment strategies.

Pyramid Healthcare, Inc. - Chambersburg

(717) 261-9100

Medication Assisted Treatment (Suboxone, Sublocade, Vivitrol) - Chambersburg

This service is provided in addition to participation in substance abuse treatment. We currently utilizes Buprenorphine (opiate dependence) and Vivitrol (opiate/alcohol dependence) medications. Physician and nurse determine medical appropriateness and to determine which medications are an appropriate tool to aide in their individual recovery.

WHERE TO TURN FOR HELP

Pyramid Healthcare, Inc. - Chambersburg

(717) 261-9100

Adult Treatment Programs - Chambersburg

Outpatient Treatment Program: Our outpatient treatment program provides individual counseling, group therapy, and life skills workshops to give clients the tools necessary to live a sober and healthy lifestyle. Individuals and their families are also educated on the nature of addiction, how to avoid relapse, and strategies for maintaining a drug-free lifestyle. Dual Diagnosis Treatment Program: Pyramid Healthcare provides dual diagnosis treatment, which addresses symptoms of both mental health disorders and addiction. Urgent Services Provided:

Pyramid Healthcare, Inc. - Waynesboro

(717) 809-2088

Medication Assisted Treatment (Suboxone, Sublocade, Vivitrol) - Waynesboro

This service is provided in addition to participation in substance abuse treatment. We currently utilizes Buprenorphine (opiate dependence) and Vivitrol (opiate/alcohol dependence) medications. Physician and nurse determine medical appropriateness and to determine which medications are an appropriate tool to aide in their individual recovery.

Pyramid Healthcare, Inc. - Waynesboro

(717) 809-2088

Teen Treatment Programs - Waynesboro

Outpatient Treatment Program: Our outpatient treatment program provides therapy and counseling for teens who have completed a stay in a residential facility or who are struggling with substance abuse. We provide professional evaluation and treatment recommendations. Our outpatient program considers all factors that may contribute to teen addiction, and addresses these issues through individual, family, and group therapy, among other treatment strategies.

Pyramid Healthcare, Inc. - Waynesboro

(717) 809-2088

Adult Treatment Programs - Waynesboro

Outpatient Treatment Program: Our outpatient treatment program provides individual counseling, group therapy, and life skills workshops to give clients the tools necessary to live a sober and healthy lifestyle. Individuals and their families are also educated on the nature of addiction, how to avoid relapse, and strategies for maintaining a drug-free lifestyle. Dual Diagnosis Treatment Program: Pyramid Healthcare provides dual diagnosis treatment, which addresses symptoms of both mental health disorders and addiction.

Roxbury Treatment Center - Outpatient Programs

(717) 264-2400

Outpatient Substance Abuse Treatment Program - Chambersburg

Roxbury's outpatient services include individual therapy, family sessions, group therapy and intensive outpatient programming. We specialize in treating substance abuse and/or dependence, and utilize an integrated treatment approach for individuals with co-occurring disorders. We offer evaluations and recommendations for ANYONE experiencing the negative impact of substance use or abuse.

Roxbury Treatment Center - Outpatient Programs

(717) 249-5010

Outpatient Substance Abuse Treatment Program - Carlisle

Roxburys outpatient services include individual therapy, family sessions, group therapy and intensive outpatient programming. We specialize in treating substance abuse and/or dependence, and utilize an integrated treatment approach for individuals with co-occurring disorders. We offer evaluations and recommendations for ANYONE experiencing the negative impact of substance use or abuse.

WHERE TO TURN FOR HELP

Substance Use - Prevention

Franklin/Fulton County Drug & Alcohol

(717) 263-1256

Prevention/Intervention

Services include educational trainings/presentations for all ages (including professionals); resource materials (pamphlets, brochures, videos, etc.); coordination/planning of community-based prevention events/activities and consultations for evidence-based programs/practices.

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Too Good

Healthy Communities Partnership takes special care to understand the unique needs of children, teenagers, parents, and families. Sometimes the choices young people make affect more than themselves, their choices affect their families, schools, and communities. The following programs are designed to help children, teens and families navigate a variety of troubling waters. Too Good - The Revised Edition of Too Good for Drugs High School promotes social skill development and resiliency to promote learning readiness and social emotional competency for students grades kindergarten through 8th grade.

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Operation Save a Life

This program is offered to the community providing the information and skills needed to respond to an opioid overdose. The classes are offered throughout the county at no charge and run for 1½ hours. Due to Covid-19 restrictions, classes are being offered virtually with the goal of returning to in person sessions at a future date. Operation Save a Life is designed to help participants better understand the risks associated with opioid overdose and how to properly use Narcan/Naloxone, the medication used to reverse and opioid overdose. This life-saving training is free for those who attend. Trainees will receive a certificate of completion and a kit containing one free dose of Narcan (while supplies last) upon completion of the training.

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Teen Intervene

Healthy Communities Partnership takes special care to understand the unique needs of teenagers, parents, and families. Sometimes the choices young people make affect more than themselves, their choices affect their families, schools, and communities. The following programs are designed to help teens and families navigate a variety of troubling waters. Teen Intervene- Offered to teens and youth displaying minor to moderate substance use. The structure of this program is one-on-one with a parent component.

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Interrupted

Healthy Communities Partnership takes special care to understand the unique needs of teenagers, parents, and families. Sometimes the choices young people make affect more than themselves, their choices affect their families, schools, and communities. The following programs are designed to help teens and families navigate a variety of troubling waters. Interrupted- This program is offered for youth who have been identified as having issues experimenting or using Alcohol, Marijuana or Tobacco. Each one of these substances has a different class structure. Please call for more information.

WHERE TO TURN FOR HELP

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Student Assistance Program

For over 25 years the Student Assistance Program has worked in Pennsylvania to help troubled students. In some situations we are a first line of support for students dealing with any family, drug & alcohol, sadness, peer drama, or bullying issues. We support students in school, but we also connect students and families to outside resources to help them negotiate some of life's most tumultuous storms. HCP provides Student Assistance Program trained liaisons that serve in all of the middle and high schools in Franklin and Fulton County. Liaisons provide one-on-one student screenings for mental health and substance abuse concerns, group sessions with a variety of themes, and SAP Team consultation within each school. Elementary SAP- This program works directly with elementary students and families in Chambersburg School District and St Thomas Elementary in Tuscarora SD to assist in matching students and families with various needs and concerns and to reduce the barriers to learning at the elementary level.

Substance Use - Provider Service Listing

PerformCare

(866) 773-7917

PerformCare, Franklin/Fulton County Behavioral Health Managed Care Organization (BHMCO)

PerformCare is a Behavior Health Managed Care Organization (BHMCO) that covers Mental Health and Substance Abuse services for our members in Franklin and Fulton Counties.

Substance Use - Recovery Housing

Noah's House Recovery Homes

(814) 419-6624

Recovery Housing

A live-in recovery house for people in recovery from drug/alcohol addictions The ultimate goal is to prepare clients to return to the community to live independent productive lives.

The Hope Center at Hagerstown Rescue Mission

(301) 739-1165

Foundations Residential Program

Once an individual is ready to take the step to life recovery, they can join our men's program. Our program, Foundations, is free for any man that is ready to restore their life. Once in the program, the men will work through different levels of accountability. The men are enrolled in classes as well as being assigned various jobs around the property. This 13-month residential life recovery ministry is designed for men who have expressed a desire to change their lives " both physically and spiritually. Intended to break the cycle of homelessness and addictions, this ministry encourages individual accountability and responsibility using a Biblical-based class curriculum, work assignments, and counseling. The desired goal for each man is to successfully complete this program and become a contributing member of society.

Substance Use - Recovery Program

Celebrate Recovery® - South Central PA Groups

(717) 597-4777

Celebrate Recovery - Fayetteville Group

Celebrate Recovery a Christ-centered ministry to help people receive freedom from life's hurts, hang-ups, or habits. Small group issues include chemical or sexual addiction; sexual, physical and emotional abuse; co-dependency; eating disorders; divorce; and grief.

WHERE TO TURN FOR HELP

Celebrate Recovery® - South Central PA Groups

(207) 577-7712

Grand Point Church of Chambersburg Group

Celebrate Recovery a Christ-centered ministry to help people receive freedom from life's hurts, hang-ups, or habits. Small group issues include chemical or sexual addiction; sexual, physical and emotional abuse; co-dependency; eating disorders; divorce; and grief. We also have a support group for veteran's.

Celebrate Recovery® - South Central PA Groups

(717) 264-3769

Greenvillage Church of God Group

Celebrate Recovery a Christ-centered ministry to help people receive freedom from life's hurts, hang-ups, or habits. Small group issues include chemical or sexual addiction; sexual, physical and emotional abuse; co-dependency; eating disorders; divorce; and grief.

Celebrate Recovery® - South Central PA Groups

(717) 377-3484

Greencastle Church of the Brethren Group

Celebrate Recovery a Christ-centered ministry to help people receive freedom from life's hurts, hang-ups, or habits. Small group issues include chemical or sexual addiction; sexual, physical and emotional abuse; co-dependency; eating disorders; divorce; and grief.

Substance Use - Recovery Services

Franklin/Fulton County Drug & Alcohol

(717) 263-1256

Recovery Support Services

Services include recovery case management coordination (for individuals funded by FFDA for treatment); linkage to community-based recovery support and coordination of community-based recovery-related events/activities.

The Salvation Army, Chambersburg

(717) 264-6169

Drug and Alcohol Rehabilitation

Occurs at various sites, clients can be linked to Salvation Army's Drug and Alcohol. There is a rehabilitation site located in Harrisburg and Altoona.

Substance Use Support Group

Nar-Anon Family Group, Franklin

(800) 477-6291

The Storehouse Community Nar-Anon Family Group

Addiction can adversely affect many “ especially those who love an individual who struggles with substance use disorder Are you concerned about someone who suffers from the disease of addiction? Are you blaming yourself or unsure of what to do next? You are not alone! You can find hope and serenity in nar-anon family groups.

Nar-Anon Family Group, Franklin

(800) 477-6291

The Storehouse Community Nar-Anon Group

The primary service provided by Narcotics Anonymous is the NA group meeting. Each group runs itself based on principles common to the entire organization, which is expressed in NAs literature.

WHERE TO TURN FOR HELP

The Harbor of Shippensburg

(717) 477-2396

The Harbor of Shippensburg

The Harbor is a safe place for community - a place that allows people to hang out without the influences or temptations of alcohol. The Harbor is a place where people can shoot pool, play games, sip coffee, and enjoy another's company. The Harbor has been created for the community by the community. The Harbor is also a central location for many groups such as Al-Anon, Alcoholics Anonymous, and Weight Watchers to meet. Information is available in the appendix for these support groups. The Quest Service (Seeking God's will through Scriptures and meditation) Sunday nights at 7:30PM is a part of The Harbor's programs.

The Harbor of Shippensburg

(866) 801-6621

Narcotics Anonymous (NA)

Narcotics Anonymous (NA) offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle. Our name, Narcotics Anonymous, is not meant to imply a focus on any particular drug; NA's approach makes no distinction between drugs including alcohol. Membership is free, and we have no affiliation with any organizations outside of NA including governments, religions, law enforcement groups, or medical and psychiatric associations.

The Harbor of Shippensburg

(888) 452-2666

Al-Anon/Alateen Family Groups

Al-Anon is a mutual support group of peers who share their experience in applying the Al-Anon principles to problems related to the effects of a problem drinker in their lives. It is not group therapy and is not led by a counselor or therapist; This support network complements and supports professional treatment. Alateen is a peer support group for teens who are struggling with the effects of someone else's problem drinking. Many Alateen groups meet at the same time and location as an Al-Anon group. Alateen meetings are open only to teenagers. No advance notification or written referral is necessary to attend an Al-Anon or Alateen meeting. Anyone affected by someone else's drinking is welcome to attend. There are no dues or fees. Groups are self-supporting, and usually pass a basket around for a voluntary contribution to pay for rent or Al-Anon literature.

The Spring (NA)

The Spring (NA)

The primary service provided by Narcotics Anonymous is the NA group meeting. Each group runs itself based on principles common to the entire organization, which is expressed in NAs literature.

Summer Camp

Boys & Girls Club of Chambersburg and Shippensburg, Inc.

(717) 261-5761

Before and After School, Summer Camps

Academic Help- tutoring, accountability, time to complete assignments, mentoring, 6-8 week summer camps.

WHERE TO TURN FOR HELP

Chambersburg Memorial YMCA

(717) 263-8508

Biddy Camps

Preschool Age half day camps, Ages 3 -5. The Y provides camps centered around various themes including sports, crafts, animals, the environment and more. We seek to further the developmental growth of each individual that participates in our programs. Our carefully selected staff will guide and teach your children the behaviors and values that will enable them to grow and mature as individuals. The Y is dedicated to provide your child with a fun and safe summer experience.

Chambersburg Memorial YMCA

(717) 263-8508

Specialty Sports Camps

Throughout the year, the Chambersburg YMCA hosts a variety of specialty sports camps and clinics for students in 1st - 11th grade.

Chambersburg Memorial YMCA

(717) 263-8508

Summer Fun Club

The YMCA's Summer Fun Club is the answer to filling your child's summer daytime hours with quality supervised activities. This program is open to youth who completed kindergarten to age 10. The flexible hours of operation from 6:30 am - 6:00 pm are ideal for today's working parents. Each week of camp will offer arts & crafts, sports & games, character counts & value lessons, aquatic lessons with recreational swim and exciting field trips to area attractions including Hershey Park. Enroll your child in the YMCAs Summer Fun Club family and they'll have a Summer of Fun!

Chambersburg Memorial YMCA

(717) 263-8508

Teen Trek

The YMCA's teen adventure program provides 12-15 year olds with an action-packed summer of swimming, hiking, biking, bowling and an overnigher at the YMCA. Your teen will participate in sports such as softball, basketball, racquetball, wallyball and volleyball.

Epilepsy Association of Western and Central Pennsylvania - Harrisburg

(717) 730-6779

Camp Frog

Children with epilepsy, like all children, need to experience and enjoy outdoor recreation. The EFWCP sponsors two weeklong, overnight summer camping programs called Camp Frog. This nationally recognized activity allows kids with epilepsy/seizure disorders to be integrated into a typical camping experience with hundreds of other children. The overnight program is available to boys and girls with epilepsy/seizure disorders from ages 8-17 who have completed 3rd grade but not yet graduated high school. Campers enjoy a host of activities, such as arts and crafts, campfire sing-alongs, swimming, team games, sailing, archery, and horseback riding. Camp staffs include EFWCP counselors, with additional support from medical staff. All camp staff members receive specialized training in seizure recognition and first aid. Medical staff includes a licensed pediatric neurologist and a registered nurse practitioner. Scholarships and financial assistance are available to eligible campers.

Waynesboro Area YMCA

(717) 762-6012

Youth and Teen Programs

The YMCA offers activities that will challenge and improve ones mind, body, and spirit. We provide a diverse offering of programs for youth and teens in Waynesboro. Summer Day Camp, Youth Sports Leagues & Camps, Teen Activities, Tournaments, Gymnastics, and The Rock provide fun adventures and experiences for everyone.

WHERE TO TURN FOR HELP

Waynesboro Area YMCA

(717) 762-6012

Child Care Programs

Ys Nest Preschool Program: Children in the Ys Nest will participate in developmentally appropriate activities while learning to work in groups and relate to people outside the home. Includes weekly physical education, Bible time, and swimming classes. Ys Nest is a 9 month program during the school year. Children must be appropriate age prior to September 1st. Preschool schedule follows the Waynesboro Area School District schedule for holidays and days off. All Day Child Care: All Day Child Care is a DPW licensed program for 3-5 year olds including Summitview Kindergartners. Families interested in registering for the program can contact Tanja Koons, Child Care Director or call our Member Services for program info. Our program offers developmentally appropriate activities including physical education, Bible time and MORE!!! Morning and afternoon snacks provided. Program hours from 6:30 am “ 6:00 pm. School Age Care: Before and After School CARE is currently available on-site at Fairview and Summitview schools, as well as at the YMCA. Before and After School CARE is currently available in the Greencastle Antrim School District. The Y is now offering the same great care program onsite at its new location at the Greencastle Church of the Brethren on S. Carlisle St. For those interested in participating in CARE in Greencastle, please contact Tanja Koons.

Summer Program

Building Our Pride in Chambersburg, Inc.

(717) 263-2100

Summer Food Services Program

Summer Food Service Program shall teach, and reinforce the values of buying, preparing & eating freshly harvested nutritional foods. It shall also insure that any child who qualifies for free & reduced meals during the school calendar year shall continue to receive (fresh, nutritional) foods during the Summer Months.

Building Our Pride in Chambersburg, Inc.

(717) 263-2100

Educational Enrichment Program

Educational Enrichment Program shall provide Academic Lesson Plans & Educational Curriculum that shall provide all children enrolled with Educational Activities that shall insure the children maintain the Grade Level they are currently enrolled in the School District they attend. This assures the children shall not loose any lessons taught because of the Summer Vacation time period.

Shippensburg Community Resource Coalition - Youth Programs

(717) 477-9100

Shippensburg Summer Lunch Program

For 7 weeks during the summer, the Shippensburg Community Resource Coalition works cooperatively with local agencies to provide the Shippensburg Summer Lunch program. This program strives to improve the quality of life for children residing in the Shippensburg area community by providing meals and healthy living education to help ensure that their nutritional needs are met during the summer break from school. It is also an open site for the USDA Summer Food Service Program free lunch.

Supervised Visitation

The Salvation Army, Chambersburg

(717) 264-6169

Court Order Supervised Visitations

A Franklin County court ordered referral to this program is required. There is a sliding scale fee for those who use this service.

WHERE TO TURN FOR HELP

Supplemental Nutrition Assistance Program

Franklin County Assistance Office

(877) 289-9177

Food Stamps / SNAP - Franklin

The Supplemental Nutrition Assistance Program is the new name for the Food Stamp program. These benefits are used to buy food and help eligible low-income households in Pennsylvania obtain more nutritious diets by increasing their food purchasing power at grocery stores and supermarkets. If you are eligible, you will receive a Pennsylvania Electronic Benefits Transfer (EBT) ACCESS Card which is used to make food purchases at grocery stores and supermarkets.

Support Group

Mama Tribe

(717) 256-2710

Mama Tribe

Mama Tribe is a group that encourages, supports, and offers mentorships to teens, single, and young moms of Franklin County & surrounding areas.

Support Stockings

Comfort Keepers, Fayetteville PA

(717) 352-2133

Hosiery Service

Hosiery Service is a service that allows for Comfort Keepers to assist individuals with their shoes and socks. It is the newest program, designed to assist those who are needing to wear "Support Hosiery" to avoid devastating leg distress due to disease or surgery. These types of support stockings are almost impossible to put on or take off without assistance. No wound dressing is included with this service. Staff will only be in your home 15 minutes or less, depending on the time it takes for your fitting.

Supportive Living Services

Christian Residential Opportunities and Social Services (CROSS Inc.)

(717) 530-1788

Residential Care

Christian Residential Opportunities and Social Services (CROSS), Inc. was founded in 1985 to provide residential service to adults with developmental disabilities. Presently, three group homes "Grace Home in Shippensburg (8 residents), Griffith House in St. Thomas (6 residents) and Cumberland Vista in Dillsburg (8 residents). Respite care is provided through individuals homes in the community.

New Visions Inc.

(717) 477-2153

Social Rehabilitation

Social Rehabilitation services are provided at drop-in centers where individuals go during the day to develop social and interpersonal skills and to enhance their integration into their community. Skill building activities are available in the drop-in centers as well as social and recreational activities. Major decisions about programming and activities are made by the drop-in members with the support of staff. New Visions has drop-in centers in Chambersburg, McConnellsburg, and Shippensburg.

WHERE TO TURN FOR HELP

New Visions Inc.

(717) 477-2153

Supportive Living

Supportive Living services provide support to individuals living in community apartments. New Visions provides two levels of Supportive Living services. More intensive services are provided in Shippensburg and Carlisle where New Visions maintains a staff apartment in the same building as supported apartments so that there is staff available 24 hours a day. Individuals may also receive a less intensive level of support in Chambersburg, Waynesboro, Shippensburg, and Carlisle in their own apartments in the community where they have as much or little contact with staff as they need. In Newville, military veterans who have previously been homeless receive Supportive Living services in a 6-bedroom home with shared living space. Individuals receiving Supportive Living services work closely with a case manager to develop goals for independent living. The case managers also can attend important meetings and provide some transportation to appointments. Services should be accessed through the County Base Services Unit (BSU).

New Visions Inc.

(717) 477-2153

Specialized Community Residence

SCR is a licensed personal care home that serves individuals with chronic mental illness who also need assistance with activities of daily living. Residents who live in the SCR receive the encouragement and assistance they need to develop and maintain maximum independence and self-determination. New Visions SCR is located in Newville.

New Visions Inc.

(717) 477-2153

Fairweather Lodge

Fairweather Lodge is a home where individuals establish their own support system which enables them to live independently in the community. Lodge members meet together regularly as a group where they develop problem-solving skills, living skills, leadership skills, and develop group decision making. They also work in the Lodge business, earning an income and making decisions for the business. Lodge members receive support from Lodge Coordinators who act in an advisory capacity, giving advice, teaching skills, providing information, offering employment assistance, and providing limited transportation services. The Lodge Coordinators work with Lodge members for 40 hours a week and are also available on-call 24 hours per day. New Visions has Fairweather Lodges in Newport, Carlisle, Shippensburg, and Chambersburg.

New Visions Inc.

(717) 477-2153

Community Residential Rehabilitation Services (CRR)

CRR services are designed to provide intensive support to assist individuals to develop the practical skills they need to live as independently in the community as possible. Persons live together in a house with their own bedroom and shared living space. They are offered training in skills such as cooking, cleaning, budgeting, vocational and educational pursuits, time management, and medication management. Trained staff is available in the home 24 hours a day. New Visions has two CRRs, one with eight bedrooms in Chambersburg and one with 10 bedrooms in Shippensburg.

WHERE TO TURN FOR HELP

TrueNorth Wellness Services - Franklin County

(866) 325-0339

Supportive Living Program/Community Hospital Integration Project Program (CHIPP)

Our Supportive Living Program is designed to prevent psychiatric and medical re-hospitalization while giving individuals independent housing in a supportive environment. Residents have access to 24/7 staff support. The program is designed to help individuals obtain independence of living within the community as well as aid in learning skills such as daily living skills, money management skills, and self-care. Our trained staff also assists residents to work collaboratively with their medical professionals to understand their concerns and manage their medications. A referral from Franklin/Fulton MH/ID/EI is needed to set up an appointment.

Supportive Services

Franklin & Fulton County Mental Health, Intellectual & Developmental Disabilities, & Early Intervention

(717) 264-5387

Franklin & Fulton County Intellectual & Developmental Disabilities

The Franklin/Fulton County Intellectual & Developmental Disabilities Program partners with the community to develop and assure the availability of quality services and supports for individuals with Intellectual, Developmental Disabilities (for children under 9) and Autism and their families to live an Everyday Life.

Supportive Services - Children With Disabilities

Bureau of Blindness and Visual Services

(866) 375-8264

Specialized Children Services

BBVS provides assistance to children with visual impairments to ensure they reach their maximum educational and vocational potential. Available services include:

- Advocacy for educational services
- Guidance and counseling for children and their families;
- Community orientation and mobility (travel) instruction
- Children's summer programs
- Adaptive equipment

Epilepsy Association of Western and Central Pennsylvania - Harrisburg

(717) 730-6779

Project School Alert

The Epilepsy Association can help your school to become Seizure Smart. Participants in a free Project School Alert presentation will learn how to recognize different types of seizures, how to respond to someone having a seizure, how to provide any necessary first aid, the importance of giving emotional support to individuals affected by epilepsy, and how to help others understand. Contact the EAWCP office in your region for more information about Project School Alert or to schedule a presentation for your school.

Surgical Services

Fulton County Medical Center

(717) 485-6117

Surgical Services

Offering outpatient surgeries. We offer pre- and post-operative care and education for our surgical patients to help speed up the recovery process. ENT Surgery, General Surgery, Plastic Surgery, Podiatry, Orthopedics, Ophthalmology Surgery

WHERE TO TURN FOR HELP

WellSpan Health Surgeons Services

(717) 765-5060

WellSpan Health Surgical Group - Waynesboro

At WellSpan Surgical Group, your care is our first concern. With the best technology and state-of-the-art surgical procedures, we strive to provide you with the highest level of care.

- Surgical Procedures
- Aesthetic (Skin lesions, Melanoma)
- Bariatric Surgery (Gastric Banding/Bypass)
- Breast Cancer
- General surgery
- Robotic Vascular

Additional Services

- Breast cancer risk assessment clinic
- Evaluation and management of chronic non healing wounds including venous stasis ulcers
- Evaluation and management of diabetic foot problems

WellSpan Health Surgeons Services

(717) 217-6800

WellSpan Health Surgical Group - Chambersburg

At WellSpan Surgical Group, your care is our first concern. With the best technology and state-of-the-art surgical procedures, we strive to provide you with the highest level of care.

- Surgical Procedures
- Aesthetic (Skin lesions, Melanoma)
- Bariatric Surgery (Gastric Banding/Bypass)
- Breast Cancer
- General surgery
- Robotic Vascular

Additional Services

- Breast cancer risk assessment clinic
- Evaluation and management of chronic non healing wounds including venous stasis ulcers
- Evaluation and management of diabetic foot problems

WellSpan Health Surgeons Services

(717) 217-6800

WellSpan Health Surgical Group - Shippensburg

At WellSpan Surgical Group, your care is our first concern. With the best technology and state-of-the-art surgical procedures, we strive to provide you with the highest level of care.

- Surgical Procedures
- Aesthetic (Skin lesions, Melanoma)
- Bariatric Surgery (Gastric Banding/Bypass)
- Breast Cancer
- General surgery
- Robotic Vascular

Additional Services

- Breast cancer risk assessment clinic
 - Evaluation and management of chronic non healing wounds including venous stasis ulcers
 - Evaluation and management of diabetic foot problems
-

WHERE TO TURN FOR HELP

WellSpan Health Surgeons Services

(717) 217-6986

Stephen L Carter, M.D.

At Stephen L. Carter, M.D., your surgical procedures are treated with leading-edge technologies and specialized care. Services Breast disease evaluation and surgery for cancer and benign disease Risk assessment and genetic testing for breast cancer Breast ultrasound Minimally invasive breast biopsies- stereotactic and ultrasound guided Thyroid and parathyroid surgery Laparoscopic and open hernia repairs- umbilical, ventral, and inguinal hernias Colon surgery for benign disease and cancer Minimally invasive gallbladder surgery Lymph node evaluation and treatment Skin evaluation with biopsy Melanoma and skin cancer surgery Treatment of cysts, abscesses, boils, non-healing wounds and ulcers Hemorrhoid and ano-rectal surgery Chemotherapy catheter placements

Sweat Equity Program

Habitat for Humanity of Franklin County

(717) 267-1899

Housing-Homeownership Program, Habitat for Humanity of Franklin County

Habitat is actively seeking partner families who are in need of housing, who are ready to work, and who are excited about the responsibilities of owning a home of their own! Our selection criterion mainly focuses on a family's current need for housing and their financial ability to own and care for a simple, decent house. We offer a hand up “ not a hand out as each partner family works alongside our volunteers during the construction process and then purchases the house from Habitat without profit based on a mortgage without interest.

Swim Lessons

Waynesboro Area YMCA

(717) 762-6012

Swim Lessons (Private Lessons)

Private swimming lessons are offered to everyone! Please complete a lesson registration form and return it to the Member Service Desk who will forward it to the Aquatics Director for approval. Price includes 4 thirty minute lessons which are based on available pool time. Lessons are paid for in advance.

WHERE TO TURN FOR HELP

Waynesboro Area YMCA

(717) 762-6012

Swim Lessons (Ages 3 months - 14 years of age)

Waterbabies 1: (3- 18 months) - Child will learn water adjustment skills, safety and more while singing songs and playing with water toys. Great for those new to the water, this class is designed to help your child feel comfortable in the water at an early age. One parent/ adult must be in the water with the swimmer at all times.

Waterbabies 2: (12 months- 3 yrs old) - Children will be working to gain independence in the water as well as beginning to learn the skills needed to transition to preschool swim lessons. They will become acclimated to the sights and sounds of the pool and are introduced to kicking, blowing bubbles, floating and general water movement through the use of songs and toys. One parent/ adult must be in the water with the swimmer.

Pike: (3-5 yrs old) - For the child who may be apprehensive in the water as well as the beginner swimmer who is comfortable, but has not yet mastered the Pike skills. This class introduces the child to the basic skills such as kicking, paddling and blowing bubbles. Children will learn gradually to do these skills independently before moving to Eel. Swimmers use a personal flotation device, provided by the YMCA.

Eel: (3-5 yrs. old) - For the preschool swimmer who is well adjusted to the water and eager to learn more! Swimmers continue to build upon Pike skills, are introduced to rhythmic breathing, learning to float independently for longer periods and swim longer distances with their face in the water and no flotation device. PRE- REQ: Pass pike skills or be able to swim the width of the pool on their front and back with a flotation device.

Ray: (4-5 yrs. old) - Swimmers are ready to begin developing endurance as well as improving stroke skills. Ray swimmers will swim in the large pool with little to no bubble and are introduced to rotary breathing. PRE-REQ: Pass Eel or be able to swim the width of the small pool on their front and back without a flotation device.

Starfish: (4-5 years old) - This level is for the swimmer who has passed Ray but is not old enough to move on to Polliwog or Guppy. Instructor will work on improving Ray skills along with treading, breaststroke & dolphin kick and water safety.

Polliwog: (6-14 yrs. old)- For the child who may be apprehensive in the water as well as the swimmer who is comfortable in the water but has not yet mastered rhythmic breathing. The class teaches skills such as proper kicking, front and back crawl, putting their face in the water and treading.

Guppy: (6-14 yrs old) - For the school aged swimmer who is comfortable in the water and ready to learn rotary breathing. They will building endurance swimming on their front and back, learn to swim breaststroke and be introduced to dolphin kick. PRE-REQ: Pass Polliwog skills or swim 25 yards on front with rhythmic breathing and 25 yards alternate & symmetrical backstrokes.

Minnow: (6- 14 years old) - Swimmers continue to build endurance and distance while improving breathing and stroke skills. Children will continue to work on their front crawl, backstrokes and breaststroke and while learning the basics of butterfly kick, sidestroke and flip turns. PRE- REQ: Pass Guppy skills or swim 25 yards front crawl with rotary breathing, 25 yards backstroke and 25 yards breaststroke.

Fish: (6-14 years old) - This level will focus on perfecting the swimmers techniques in all strokes and further increase their speed and endurance. They will continue learning butterfly, sidestroke and flip turns off the wall during continuous swimming as well as racing dives. Successful completion of Minnow level required.

WHERE TO TURN FOR HELP

Team Building Concept

Mill Road Adventures

(717) 375-4834

Mill Road Adventure Programs

Formally known as Laurel Life Adventure Challenge Course now known as Mill Road Adventures.

Mill Road Adventures offers a unique way to promote personal growth and team cohesiveness following the voluntary principle of "Challenge by Choice." Participants are invited to challenge themselves through experiencing our High and Low Challenge activities. Success is achieved by interaction, healthy communication and positive group behavior. The sequence of activities start with getting acquainted with each other, then building cooperation, trust and problem solving. Group reflection, after the challenges, are used to help build the necessary skills to become a high performing team.

Thrift Store

Act II Consignment Shop

(717) 375-4884

Act II Consignment Shop

Act II Consignment Shops Inc is one of many consignment shops that provide the unique opportunity for you to find amazing products as well as offer the option for you to sell something of yours at their store.

Cumberland Valley Animal Shelter Thrift Stores

(717) 261-1996

Cumberland Valley Animal Shelter Thrift Store

Our thrift store provide substantial, needed income every month to help maintain the daily operations of the shelter. Anyone who shops at or donates to our thrift store will be directly affecting the lives of homeless animals.

Our store offers a wide variety of merchandise at incredibly reasonable prices. Our thrift store include men's, women's and children's clothing that are clean, folded and free of stains and damage; shoes, handbags, hats, gloves, jewelry and books; household supplies like dishes, cookware, utensils, small appliances, bedding, lamps and rugs; collectibles, collections and antiques; decorating items like mirrors, pictures, paintings, flower arrangements, knickknacks; and even furniture.

Dress to A Tea

(717) 267-0603

Dress to a Tea Store

Upscale women's thrift store that proceeds go to The House of Grace.

Goodwill - Horizon Goodwill Industries

(717) 762-4561

Goodwill Store - Waynesboro

Each store sells a wide variety of new to gently used clothing, household items, furniture, books and toys at affordable prices. With thousands of items added to the retail sales floor daily, inventory is ever changing.

Goodwill - Horizon Goodwill Industries

(717) 597-0868

Goodwill Store - Greencastle

Each store sells a wide variety of new to gently used clothing, household items, furniture, books and toys at affordable prices. With thousands of items added to the retail sales floor daily, inventory is ever changing.

WHERE TO TURN FOR HELP

Goodwill Keystone Area, Harrisburg

(717) 267-0488

Goodwill Store and Donation Center - Chambersburg

In support of the mission and to provide training opportunities, Goodwill Keystone Area collects and sells donated items in more than 40 Goodwill thrift stores and donation centers in 22 central and southeastern Pennsylvania counties: Adams, Berks, Bucks, Chester, Cumberland, Dauphin, Franklin, Juniata, Lancaster, Lebanon, Lehigh, Lycoming, Mifflin, Montgomery, Montour, Northampton, Northumberland, Perry, Schuylkill, Snyder, Union and York. Goodwill trainees often start their careers in our stores and donation centers.

Habitat for Humanity of Franklin County

(717) 491-1156

Restore (Discount Home Improvement Store)

Your Local Habitat proudly announces Franklin County's first ReStore, a discount home improvement retail store which sells new and gently used furniture, home accessories, building materials, and appliances to the public at a fraction of the retail price. Habitat for Humanity of Franklin County, PA ReStore is proudly owned and operated by your local Habitat for Humanity affiliate and proceeds are used to build homes and hope in our community.

Kid to Kid

(717) 414-7642

Kid to Kid

Kid to Kid is a resale store of children's clothing, accessories, and equipment. They also deal in maternity clothing as well. It is a great avenue to take those items your child has grown out of and get new items your child will fit in. Individuals can sell their items to the store for cash or store credit, which can be used to purchase additional items needed for your child.

New Life Thrift Shop

(717) 496--8841

New Life Thrift Shop

Whether you are looking for a new outfit, a unique vintage find, or a great bargain, there's something for everyone at our Thrift Shop! Our MCC Thrift Shop provides quality thrift items at reasonable prices and strives to be a caring, friendly presence in our community. By shopping with us, you are supporting the local economy, keeping items out of landfills, and by helping to meet basic human needs and work for peace and justice globally through Mennonite Central Committee.

The Hope Center at Hagerstown Rescue Mission

(301) 739-1114

Hope Center Thrift Store - Hagerstown

Proceeds from our Thrift Stores help support the ongoing programs and services provided by the Hope Center. Thanks to many generous donors, quality clothing, household items, toys, shoes, books, small and large appliances, furniture, and much more is available at reasonable prices. In addition to providing much needed operating income for The Hope Center at Hagerstown Rescue Mission ministries, our Thrift Stores and donation sorting program also provide work therapy and employment opportunities for program participants and graduates.

WHERE TO TURN FOR HELP

The Hope Center at Hagerstown Rescue Mission

(717) 263-9345

Hope Center Thrift Store - Chambersburg

Proceeds from our Thrift Stores help support the ongoing programs and services provided by the Hope Center. Thanks to many generous donors, quality clothing, household items, toys, shoes, books, small and large appliances, furniture, and much more is available at reasonable prices. In addition to providing much needed operating income for The Hope Center at Hagerstown Rescue Mission ministries, our Thrift Stores and donation sorting program also provide work therapy and employment opportunities for program participants and graduates.

The Salvation Army, Chambersburg

(717) 264-9568

Thrift Store

Open Monday - Saturday, hours of 9:00 - 2:00. Salvation Army Thrift Store provides affordable clothing for those in the area. Donations are also accepted Monday – Saturday from 9am to 1pm .

Volunteer/Community service opportunities available in the soup kitchen and thrift store. Must fill out application at www.salvationarmy.org or come to the church office for an application M-F 8:30 AM - 3:30 PM.

Valley Ministries

(717) 349-0067

The Closet Thrift Store

Our clients can find clothes from Newborn through adult clothes. Anything from prom dresses to work boots come in, so you never know what you may find. With a children's' play area, it's a nice place to browse for bargains. We have added a section of household, toys and accessories.

Clients can purchase a bag of clothes for \$5. Household, toys and certain accessories are priced separately. We keep our prices very low so we can continue meeting the community need and our clients can know that their purchases fund The Pantry.

Gift certificates are now available for purchase!

Waynesboro New Hope Shelter

(717) 762-5840

New Hope Shelter Thrift Shop

Gently used items, including clothing, furniture, appliances, and tools are made available for sale. All proceeds from the thrift shop assist in supporting the two shelters.

WHERE TO TURN FOR HELP

Tobacco Awareness

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Tobacco Awareness & Support Groups

Tobacco awareness, education, and support for those seeking to quit are part of our core services at HCP. The harmful effects of smoking and second-hand smoke do not lead to healthy living nor to healthy communities. That is why we are so passionate about making our community aware of the dangers of tobacco and offering proven support for those looking to quit.

Freedom From Smoking Clinics are held offsite, typically, during evening hours. Please visit the Freedom From Smoking under the programs link on our website, www.hcpfranklinpa.org for additional information. HCP provides tobacco prevention services directed at youth of all ages as well as community programming. Tobacco prevention lessons are available for youth on a variety of age appropriate, classroom based topics, including Tar Wars, Vaping education and additional supports for youth. Whether you are a school or community organization, a business looking to provide help to employees, or an individual searching for help for you or a loved one, we would be more than happy to help you with all of your tobacco awareness, education, and cessation needs! Take a look at the resources we have available.

Transitional Care

Home Instead

(717) 398-2565

Home Instead - Adams/Franklin County

We provide non-medical in home care to seniors in their home, or in any setting (skilled nursing, personal care, hospital, etc.). We provide transitional care, companionship, light housekeeping, meal preparation, escort to errands, personal care, respite care, medication reminders and transportation. We are available 24/7, offering as little as 1 hour of services up to 24/7/365.

Transitional Housing - Children

Children's Aid Society of Franklin County

(717) 263-4159

Transitional Living

The Children's Aid Society's Transitional Living Wing serves to provide a safe, supervised environment for youth between the ages of sixteen and twenty-one while also supporting them in preparing for independence. The focus of the coed program is to assist youth with completing educational goals, gaining employment, and developing daily living skills while also enjoying age- appropriate privileges.

Translation Services

Building Our Pride in Chambersburg, Inc.

(717) 263-2100

BOPiC, Inc.'s Interpreting, Translating & Consulting Service

Interpreting, Translating & Consulting Service has been created as a sustainability program that assist businesses & organizations who want to build a successful relationship with the Immigrant Community. We offer a culturally competent infrastructure with a primary goal of overcoming the language barrier and an appropriate level of literacy content. BOPiCs insurance coverage for our staff of Bi-lingual Professionals include comprehensive general liability, workers compensation, professional liability, fidelity bond, casualty loss, theft, errors & omission insurance. BOPiC, Inc. has a contract for Spanish Translation/Interpretation Services with the Franklin/Fulton County Mental Health/Intellectual Disabilities Program (effective September, 2012).

WHERE TO TURN FOR HELP

Deafnet Association, Inc

(301) 791-9025

Deaf & Hard of Hearing Services

Deafnet Association, Inc. is a private, non-profit agency. We promote the concerns that affect the Deaf and Hard of Hearing community in the four-state area of Western Maryland, the Northern and Eastern Panhandle of West Virginia, South Central Pennsylvania, and North Western Virginia. Formed in November 1986, Deafnet provides a mechanism for people with hearing loss to advocate for the improvement of existing services and the creation of new ones. Deafnet is supported by people who, like you, are interested in making our community accessible to the Deaf or Hard of Hearing population and receives no federal or state funding. Deafnet provides sign language classes, interpreting and advocacy for the deaf. Training on the use of TTY's as well as on the American with Disabilities Act of 1990 (ADA) is also provided.

Keystone Community Outreach

(717) 709-7900

Keystone Health Translation Services

Providing translation services to patients and clients of Keystone Health Practices and programs when needed.

WHERE TO TURN FOR HELP

Transportation - Employment Services

Fulton County Family Partnership, Inc.

(717) 485-6767

Employment Transportation Assistance Program (ETAP)

The ETAP program is available to assist individuals with their transportation to and from work. Because Fulton County is a rural area and little public transit is available, the program focuses on assisting individuals to obtain and repair their own vehicles.

Transportation to and from work: FCFP will transport a client to and from work. This service is available from 4:00 a.m. until 12:00 a.m., and arrangements may be made during business hours of Monday through Friday, 8:00 a.m. to 4:00 p.m. Individual's place of work must be more than one mile from place of residence. Transportation is limited to 35 miles from McConnellsburg. Because of the high cost of this mode of transportation, this service is limited initially to 20 days of service. The first month (20 days) will require a \$2.00 co-pay per round trip (\$10.00 per week). The second month (days 21-40) will require a \$3.00 co-pay per round trip (\$15.00 per week). Months 3 through 6 (days 41+) will require a \$5.00 co-pay per round trip (\$25.00 payable in advance). Service may be extended beyond the 20 days in certain circumstances. Service availability beyond 20 days will be evaluated based on job attendance and trip no-show/cancelation rate.

Mileage Reimbursement to and from work: Mileage Reimbursement is available for clients who are able to drive to and from their place of employment. ETAP will reimburse clients at the federal mileage rate. The client will be responsible to report the mileage using the prescribed form, adhering to the policies set in place by the Fulton County Family Partnership. Mileage reimbursement is a maximum of \$850.00 per month.

Vehicle Assistance: These services may be arranged during normal business hours: Vehicle Repair—ETAP can assist with vehicle repair expenses exceeding \$100.00 that are not considered routine maintenance. ETAP can pay up to 75% of the cost of a vehicle repair. Repair estimates are required. Repair costs can only be paid directly to the repair service. Any repairs over \$1,000.00 must be submitted to the state for approval. Transportation services are available while vehicle is being repaired. Vehicle Purchase—ETAP can assist with the purchase of a vehicle. In order to qualify, the individual must be employed with the same organization for a minimum of 20 days, and can provide documentation of zero absenteeism for a period of at least 20 days. The client must provide a portion of the payment toward the vehicle. Financing is acceptable; however high financing rates (20% or more) will not be approved. Only one vehicle purchase per family per lifetime is available through this program.

WHERE TO TURN FOR HELP

Transportation - Medical Appointment Services

Fulton County Family Partnership, Inc.

(717) 485-6767

Medical Assistance Transportation Program (MATP)

If you or anyone in your family is a Medical Assistance recipient, you may be able to get help with transportation you need to get to and from medical providers. The Medical Assistance Transportation Program (MATP) provides rides to medical care at no cost to you. You may also receive mileage reimbursement if you use your own car or find someone willing to give you a ride.

The MATP provides rides in the least costly way to meet your needs. You will usually be riding with other passengers. Depending on where you need to go, MATP can arrange a ride for you using vans, taxis, or accessible vehicles for persons with disabilities. If you choose to provide your own transportation or if someone is willing to give you a ride, MATP will provide reimbursement for these trips. The Fulton County MATP provides mileage reimbursement at the rate of \$0.12 per mile and also reimburses you for any parking and turnpike toll costs involved in your trip. The eligibility requirements also apply to the mileage reimbursement program.

rabbitransit Franklin County

(800) 632-9063

Paratransit/Shared Ride

Paratransit/Shared Ride is a bus service that provides combined trips between customers' origins and destinations that are not well served by scheduled route bus service. Different riders are grouped together depending on their travel time and locations.

Transportation - Medical Mileage Reimbursement

rabbitransit Franklin County

(800) 632-9063

Paratransit/Shared Ride

Paratransit/Shared Ride is a bus service that provides combined trips between customers' origins and destinations that are not well served by scheduled route bus service. Different riders are grouped together depending on their travel time and locations.

Transportation - Paratransit Services

rabbitransit Franklin County

(800) 632-9063

Paratransit/Shared Ride

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Transportation - Senior Services

Christian Companion Senior Care

(717) 264-0500

Transportation

Christian Companion Senior Care can provide incidental transportation in Chambersburg, Pennsylvania for seniors, which include doctors appointments, running errands, social events, and everything in between. It is important to get out of the house and engage in local social activities with the outside world, as it helps to revive the body, mind, and spirit.

WHERE TO TURN FOR HELP

Home Instead

(717) 398-2565

Home Instead - Adams/Franklin County

We provide non-medical in home care to seniors in their home, or in any setting (skilled nursing, personal care, hospital, etc.). We provide transitional care, companionship, light housekeeping, meal preparation, escort to errands, personal care, respite care, medication reminders and transportation. We are available 24/7, offering as little as 1 hour of services up to 24/7/365.

Menno Haven - Brookview

(717) 709-4550

Menno Haven at Home Care

Provides non-medical in home care, personal care, around the home services, companion services, and transportation.

rabbitransit Franklin County

(800) 632-9063

Paratransit/Shared Ride

Paratransit/Shared Ride is a bus service that provides combined trips between customers' origins and destinations that are not well served by scheduled route bus service. Different riders are grouped together depending on their travel time and locations.

Transportation Services - Individuals with Disabilities

Fulton County Family Partnership, Inc.

(717) 485-6767

Persons with Disabilities Transportation Program

Persons with Disabilities Transportation is available through the Huntingdon Bedford Fulton CART program. This program offers shared ride transportation to individuals for local appointments and shopping.

Applications and determinations for eligibility for this program are completed by the Fulton County Family Partnership.

rabbitransit Franklin County

(800) 632-9063

Paratransit/Shared Ride

Paratransit/Shared Ride is a bus service that provides combined trips between customers' origins and destinations that are not well served by scheduled route bus service. Different riders are grouped together depending on their travel time and locations.

Rolling Hills Transit

(717) 401-0672

Franklin County Location - Rolling Hills Transit

Rolling Hills provides door to door transportation for students with special needs or challenging behaviors. We have a fleet of over 90 vehicles to serve your needs. We are fully insured and our fleet is well maintained. If you would like us to help you find a more affordable solution to your transportation needs, please call or e-mail us today. Our quotes are free. We would be happy to meet with you or give you a quote over the phone.

WHERE TO TURN FOR HELP

The ARC of Franklin/Fulton Counties

(717) 264-4390

Transportation

Transportation is provided to adult consumers. The cost is determined on a per trip basis, with transportation one-way to any given location being a "trip." For example, taking an individual from home to work, and then back again is considered two trips.

Trauma-Informed Counseling

Affinity Educational Solutions

(717) 375-4834

Trauma Informed Care

Trauma-Informed Care (TIC) is an approach to treatment, classroom management, and leadership within education and social services. TIC recognizes the presence of trauma symptoms and acknowledges the role that trauma has played in the lives of many people.

Truancy

Franklin County Children and Youth Services

(717) 263-1900

Franklin County Children and Youth Services

The Franklin County Children and Youth Service is the local public child welfare agency that has the responsibility for ensuring that the children of Franklin County are safe and receiving the essentials of life. The agency provides services to any child from birth to 18 years of age who has been abused, neglected, exploited, is incorrigible and/or truant and their families. Services are provided to families who request and voluntarily accept services or who have been ordered to participate in services by the Franklin County Courts. Services are designed to promote the well being of children and their families. These are specialized services dealing with the problems of children whose families need help in caring for them. Reports involving abused, neglected, exploited, or truant/incorrigible children are investigated and in-home services are provided to families who meet Children and Youth legal criteria. Children and Youth can help intervene in family disputes and crises; however, Children and Youth do not have the authority to determine, mediate, or change Court-ordered custody or visitation agreements. Government intervention is justified when the family cannot, or will not, provide for the child's safety and/or basic needs. Placement of a child by Children and Youth can only occur if ordered by the Juvenile Court.

Tutoring

Boys & Girls Club of Chambersburg and Shippensburg, Inc.

(717) 261-5761

Before and After School, Summer Camps

Academic Help- tutoring, accountability, time to complete assignments, mentoring, 6-8 week summer camps.

Unemployment Benefits

Pennsylvania Department of Labor and Industry

(717) 787-5279

Pennsylvania Department of Labor and Industry, Administrative

Prepares job seekers for the global workforce through employment and job training services for youth, adult, older adult and dislocated workers. Also enforces regulations and safety standards in the workplace and administers the Commonwealth's programs for community service by young Pennsylvanians. Administers benefits to unemployed individuals, oversees the administration of workers' compensation benefits to individuals with job related injuries and/or illnesses, and provides vocational rehabilitation to individuals with disabilities.

WHERE TO TURN FOR HELP

United Way

United Way of Franklin County

(717) 262-0015

United Way Community Campaign

United Way operates an annual community campaign to provide funding for services and agencies accessed by Franklin County residents. The public is invited to participate by donating and helping raise awareness. Volunteers are needed year round.

Urgent Care Services

Keystone Medical Services

(717) 709-7979

Keystone Urgent Care

Keystone Urgent Care is available to anyone in the community and provides high quality cost-effective care when you need prompt medical attention for non-life threatening conditions.

WellSpan Health Urgent Care Centers

(717) 477-2764

Shippensburg Urgent Care

Shippensburg Urgent Care offers convenient care for you and your family every day of the week from 9 a.m. to 9 p.m. Get the care you need without the hassle of scheduling an appointment. Located near Exit 29 of Interstate 81, we can treat illnesses such as cold, flu, and sinus or urinary tract infections, in addition to injuries such as burns, cuts, sprains and strains. We also offer sports physicals.

WellSpan Health Urgent Care Centers

(717) 267-6363

Chambersburg Urgent Care

Chambersburg Urgent Care offers convenient care for you and your family every day of the week from 9 a.m. to 9 p.m. Get the care you need without the hassle of scheduling an appointment. Located at Exit 17 of Interstate 81, we can treat illnesses such as cold, flu, and sinus or urinary tract infections in addition to injuries such as burns, cuts, sprains and strains. We also offer sports physicals.

WellSpan Health Walk-In Care Centers

(717) 765-5060

WellSpan Health Primary Care and Walk-In - Waynesboro Medical Office Building

Walk-In Care Centers provided for those who suffer from or need care in the following manner: Minor burns

- Cuts
- Bumps
- Sprains
- Twisted or sprained ankles
- Fever or flu symptoms
- Cough, cold, or sore throat
- Minor skin rashes
- Mild asthma
- Ear or eye infections
- Minor headaches
- Sports & camp physicals for kids

WHERE TO TURN FOR HELP

WellSpan Health Walk-In Care Centers

(717) 597-5553

WellSpan Health Primary Care and Walk-In - John L Grove Medical Center

Walk-In Care Centers provided for those who suffer from or need care in the following manner: Minor burns

- Cuts
- Bumps
- Sprains
- Twisted or sprained ankles
- Fever or flu symptoms
- Cough, cold, or sore throat
- Minor skin rashes
- Mild asthma
- Ear or eye infections
- Minor headaches
- Sports & camp physicals for kids

Urology Specialist

WellSpan Health Surgeons Services

(717) 217-6803

WellSpan Health Urology Group - Chambersburg

At WellSpan Urology Group, we provide urologic care for men and women using leading edge technologies and treatments, including robotic surgery.

Other services include:

- Men's Health Erectile dysfunction (ED)
- Enlarged prostate (benign prostatic hyperplasia "BPH")
- Infertility
- Urinary incontinence
- Kidney stones
- Vasectomy & vasectomy reversal
- Testosterone replacement therapy
- Women's Health
- Urinary incontinence
- Bladder pain/Interstitial cystitis
- Female pelvic prolapse
- Cancer Treatment
- Prostate
- Kidney
- Bladder
- Testicular

WHERE TO TURN FOR HELP

Utility Bill Payment Assistance

Christ Among Neighbors

(717) 532-7577

Christ Among Neighbors

CAN may provide assistance in the form of help with rental, utility bills, clothing or medical bills. This assistance may include emergency service delivery and/or referrals/consultations to other agencies or organizations with the means to solve the problem. The serviced areas are defined as comprising the Shippensburg Area School District and the village of Walnut Bottom (zipcode 17266 and zip code 17257 on High Mountain Road)

Franklin County Assistance Office

(877) 289-9177

LIHEAP (Energy Assistance, Utility Help) - Franklin

The Low-Income Home Energy Assistance Program, also known as LIHEAP, helps low-income families pay their heating bills. LIHEAP is a grant that offers assistance in the form of a cash grant, sent directly to the utility company, or a crisis grant for households in immediate danger of being without heat.

Crisis Grants: In addition to the LIHEAP cash program, households experiencing a heating crisis may be eligible for additional benefits through the LIHEAP crisis program. Emergency situations include: Broken heating equipment or leaking lines that must be fixed or replaced. Lack of fuel. The main heating source or second heating source (a source that is used to operate the main heating source or used if the main heating source is not working) has been completely shut-off. Danger of being without fuel (less than a 15 day supply) or of having utility service terminated (received a notice that service will be shut off within the next 60 days). Assistance with home heating crisis situations will be available 24 hours a day; in most counties, you should contact your local county assistance office.

Franklin County Veteran Affairs

(717) 263-4326

Pennsylvania State Benefits - Veterans Temporary Assistance

Purpose: Provide temporary financial assistance to Veterans and their beneficiaries who reside in Pennsylvania for the necessities of life (food, dairy, shelter, fuel and clothing).

Veterans' Eligibility Criteria:

-A person who served in the Armed Forces of the United States, who:

*Was discharged under honorable conditions after a period of active duty, other than active duty for training, as evidenced by a DD Form 214 or other official documentation, or

*Died in service or was killed in action, or

*Suffered a service-connected disability as certified by the United States Veterans' Administration.

Need for Temporary Assistance Criteria:

UNEXPECTED Financial circumstances temporarily resulting in insufficient funds to pay for shelter and necessities of living for the Veteran and family.

Call Franklin County Veterans Affairs for more information concerning Veterans Temporary Assistance.

WHERE TO TURN FOR HELP

Help Hotline

(717) 762-9050

Help Hotline

The Help Hotline provides a clothing bank, food banks and limited financial assistance with utility bills (no housing assistance) for those who specifically live in the Blue Ridge Summit area. All assistance must be done by contacting the Help Hotline manager at 717-762-9050, who will then schedule an appointment for either Tuesday evening or Saturday morning each week, unless considered an emergency. Assistance may be coordinated with surrounding agencies in regards to utility bills.

Newburg First Church of God

(717) 423-6279

Financial Assistance

Newburg First Church of God provides rental or utility assistance those ONLY IN THE ZIP CODE 17240.

Pennsylvania Wounded Warriors

(855) 729-9435

Pennsylvania Wounded Warriors

PAWW is an independent statewide non-profit 501©(3) organization providing support to Pennsylvania Wounded Warriors, Veterans in Crisis, and their families. We are not affiliated with nor a part of any national organization, including Wounded Warrior Project, and we do not receive any funds from them. We provide emergency financial assistance to veterans to help pay for housing, utilities, transportation, medical and other expenses. We pay directly to landlords, vendors and creditors.

South Central Community Action Programs, Franklin County

(717) 263-5060

Project Helping Hands

Project Helping Hands (PHH) assists Adams Electric Co-op customers who demonstrate a genuine need for assistance. SCCAP can help with up to \$250.00, but you must pay at least 25% of your past due bill and apply for LIHEAP to be eligible. This credit is available only one time a year.

The Salvation Army, Chambersburg

(717) 264-6169

Utility Assistance

Salvation Army will assist individuals in regards to their West Penn Power electric bill, or Chambersburg Borough utility bill provided that they meet all eligibility requirements. For assistance with Borough utilities, the account holder must visit the Borough Office at 100 South Second Street and obtain a "Project Heat voucher" from the customer service desk prior to you scheduling an appointment.

Waynesboro Community & Human Services

(717) 762-6941

Emergency Financial Assistance & Dollar Energy Fund

The Financial Assistance Program assists clients who have a utility shut off or utility is off, first month or late rent payments to prevent homelessness, fuel oil, and prescriptions.

WCHS is authorized to complete Dollar Energy applications in Franklin County.

WHERE TO TURN FOR HELP

Veteran Counseling

PGC Counseling

(717) 830-0705

PGC Counseling

PGC Counseling is a private practice offering licensed, board certified services to adolescents and adults for the treatment of depression, bipolar and anxiety disorders as well as stress, PTSD, substance use or other mental health issues. Individual, family and couples counseling is available Monday through Saturday. We accept most major insurances as well as local and national EAP programs through your workplace. We treat all sexual orientations and religious beliefs. Christian counseling is available on request.

Veteran Services - Animal Assisted Therapy

Franklin County Veteran Affairs

(717) 263-4326

Operation Save-A-Pet, Save-A-Vet

Operation Save-A-Vet, Save-A-Pet is a program dedicated to helping Franklin County veterans with service-connected disabilities to lead happier, healthier, and more productive lives. This program benefits the veteran, the dog, and the community. Service dogs have proven to be highly valuable in assisting veterans with all types of disabilities, including, but not limited to, diabetes, seizure disorders, post-traumatic stress disorder, and traumatic brain injury. Our dogs come from local rescues and shelters, and a few select breeding lines, and are provided with highly specialized training and care. These dogs are then capable of serving veterans with a number of physical and psychological needs. During the process of training service dogs, foster families may be utilized to house and care for the puppies. Selection of these foster families will remain at the sole discretion of the Franklin County Veterans Affairs Office. Foster families will be required to meet all ethical standards, policies, and regulations set forth by the program as well as the trainer. All applications for a service dog will be reviewed by the Franklin County Office of Veterans Affairs. Equal consideration will be given to all qualified applicants. Verification of a service-connected disability will be made through the Philadelphia Regional Office.

Veteran Services - Benefits

Franklin County Veteran Affairs

(717) 263-4326

Federal Benefit - Disability Compensation

We assist veterans who are applying for disability compensation for service-connected injuries or illnesses. We can also help you reopen an existing claim when your injury or illness worsens. It should be noted: The payment of military retirement pay, disability severance pay and separation incentive payments known as SSB (Special Separation Benefits) and VSI (Voluntary Separation Incentives) AFFECTS the amount of VA compensation paid to disabled veterans.

WHERE TO TURN FOR HELP

Franklin County Veteran Affairs

(717) 263-4326

Franklin County Benefits for Veterans

Franklin County pays burial benefits for war-time veterans and the widows at the time of death; and the installation of a standard government headstone or marker. The amount of the benefit is \$100.00 towards the burial and \$50.00 towards the installation of the headstone/marker. It is customary for the funeral homes, in Franklin County, to file for this benefit at the time of the veterans/widows death. Franklin County also supplies flag holders/flags for cemetery plots of deceased war-time veterans within the county. The flags holders are placed at the grave at the time of burial. Every year Franklin County purchases and distributes, through volunteer coordination, flags for honoring veterans for Memorial Day; however those flags are then taken off the graves the first business day after the July 4th holiday (at the discretion of the individual cemeteries).

Franklin County Veteran Affairs

(717) 263-4326

Federal Benefit - War-Time Service

War-Time Service Certain VA benefits require service during wartime. Under law, VA recognizes these war periods: Mexican Border Period: May 9, 1916 through April 5, 1917, for veterans who served in Mexico, on its borders or in adjacent waters. World War I: April 6, 1917 through November 11, 1918; for veterans who served in Russia, April 6, 1917 through April 1, 1920; extended through July 1, 1921, for veterans who had at least one day of service between April 6, 1917 and November 11, 1918. World War II: December 7, 1941 through December 31, 1946 Korean War: June 27, 1950 through January 31, 1955 Vietnam War: August 5, 1964 (February 28, 1961, for veterans who served in country before August 5, 1964) through May 7, 1975 Gulf War: August 2, 1990 through a date to be set by law or Presidential Proclamation.

Franklin County Veteran Affairs

(717) 263-4326

Federal Benefit - Pension

The VA offers two broad categories of Pension benefit programs:

- Veterans Pension: Tax-free monetary benefit payable to low-income wartime Veterans.
- Survivors Pension: Tax-free monetary benefit payable to a low-income, un-remarried surviving spouse and/or unmarried child(ren) of a deceased Veteran with wartime service.

Veterans and survivors who are eligible for Pension benefits and are housebound or require the aid and attendance of another person may be eligible to receive additional monetary amounts.

To learn more about what Veterans and their families should know when applying for Department of Veterans Affairs (VA) Pension Benefits visit: <https://www.ebenefits.va.gov/ebenefits/homepage>

Additionally, individuals cannot receive both a VA disability and VA pension. The VA will award whichever is greater.

WHERE TO TURN FOR HELP

Franklin County Veteran Affairs

(717) 263-4326

Federal Benefit - Requests for Military Medals and Records

We assist veterans who are requesting replacement medals, service medical records, and/or military separation documents. NOTE for those requesting Replacement Medals: National Personnel Records Center has stated that the military has made a decision to limit the issuance of veterans medals that have been discharged for over 62 years. According to the National Personnel Records Center, this decision is based on the belief that, for over 62 years, the military has more than met its obligation to veterans and their descendants by issuing and reissuing medals and that the military cannot provide medals in perpetuity to all future descendants of military veterans. The form for Requests for Military Medals and Records is an SF 180. A PDF version is available at <https://www.archives.gov/veterans/military-service-records/standard-form-180.html>

Pennsylvania Wounded Warriors

(855) 729-9435

Pennsylvania Wounded Warriors

PAWW is an independent statewide non-profit 501©(3) organization providing support to Pennsylvania Wounded Warriors, Veterans in Crisis, and their families. We are not affiliated with nor a part of any national organization, including Wounded Warrior Project, and we do not receive any funds from them. We provide emergency financial assistance to veterans to help pay for housing, utilities, transportation, medical and other expenses. We pay directly to landlords, vendors and creditors.

Veterans Multi-Service Center - SSVF-Central PA

(844) 226-0368

Veteran Housing Services

SSVF provides comprehensive Supportive Services to very low income Veterans and their families who are currently experiencing homelessness or are at risk of losing their homes. Resources include case management, housing counseling, legal support, credit repair and financial planning services, and time-limited, temporary financial assistance. Eligible veterans may receive time-limited financial assistance for rent, utilities, and security deposits. SSVF offers short-term case management that links Veterans with resources within the Veterans Administration and the community with the ultimate goal of stabilizing veterans in

Veteran Services - Case Management

Pennsylvania Wounded Warriors

(855) 729-9435

Pennsylvania Wounded Warriors

PAWW is an independent statewide non-profit 501©(3) organization providing support to Pennsylvania Wounded Warriors, Veterans in Crisis, and their families. We are not affiliated with nor a part of any national organization, including Wounded Warrior Project, and we do not receive any funds from them. We provide emergency financial assistance to veterans to help pay for housing, utilities, transportation, medical and other expenses. We pay directly to landlords, vendors and creditors.

WHERE TO TURN FOR HELP

Veterans Multi-Service Center - SSVF-Central PA

(844) 226-0368

Veteran Housing Services

SSVF provides comprehensive Supportive Services to very low income Veterans and their families who are currently experiencing homelessness or are at risk of losing their homes. Resources include case management, housing counseling, legal support, credit repair and financial planning services, and time-limited, temporary financial assistance. Eligible veterans may receive time-limited financial assistance for rent, utilities, and security deposits. SSVF offers short-term case management that links Veterans with resources within the Veterans Administration and the community with the ultimate goal of stabilizing veterans in

YWCA Greater Harrisburg

(717) 234-7931

YW Veterans Employment & Housing Program

- Skills Assessment to help clients find their interests and abilities so that they can work towards a career that is right for them.
- Career planning to use individual skills promoting employment success.
- Acquisition of Jobs, achieved by educating clients on how to achieve a job by applying and interviewing in the right ways. Help is also provided in finding a job once clients are ready to do so.
- Job Retention, encouraged by helping clients to grow more skilled at their job through internships, on-the-job coaching, support groups and professional mentoring.
- Supportive Services that assist clients with any barriers such as transportation, access to healthcare, government benefit advocacy, referral to local veterans organizations, childcare and goal planning for the future.
- Veterans Housing Assistance, United States Veterans can apply for housing assistance through the YW Veterans program
- Annual Stand-down provide cots, sleeping bags, hygiene care, on site medical and dental services, clothing, duffle bags and other items for homeless veterans.

Veteran Services - Emergency Financial Assistance

Franklin County Veteran Affairs

(717) 263-4326

Pennsylvania State Benefits - Veterans Temporary Assistance

Purpose: Provide temporary financial assistance to Veterans and their beneficiaries who reside in Pennsylvania for the necessities of life (food, dairy, shelter, fuel and clothing).

Veterans' Eligibility Criteria:

-A person who served in the Armed Forces of the United States, who:

- *Was discharged under honorable conditions after a period of active duty, other than active duty for training, as evidenced by a DD Form 214 or other official documentation, or
- *Died in service or was killed in action, or
- *Suffered a service-connected disability as certified by the United States Veterans' Administration.

Need for Temporary Assistance Criteria:

UNEXPECTED Financial circumstances temporarily resulting in insufficient funds to pay for shelter and necessities of living for the Veteran and family.

Call Franklin County Veterans Affairs for more information concerning Veterans Temporary Assistance.

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Veteran Services - Health Care Benefits

Franklin County Veteran Affairs

(717) 263-4326

Federal Benefit - Health Care Enrollment

If you served in the active military service and were separated under any condition other than dishonorable, you may qualify for VA health care benefits. Current and former members of the Reserves or National Guard who were called to active duty by a federal order and completed the full period for which they were called or ordered to active duty may be eligible for VA health benefits as well. VA Healthcare is limited to veterans, survivors and dependents are not eligible. It is strongly suggested that veterans apply for health care enrollment and let the VA Health Care determine eligibility.

Veteran Services - Home Loans

Franklin County Veteran Affairs

(717) 263-4326

Federal Benefit - Home Loan Guaranty

VA loan guaranties are made to service members, veterans, reservists, and unmarried surviving spouses for the purchase of homes, condominiums, and manufactured homes and for refinancing home loans. VA guarantees part of the total loan, permitting the purchaser to obtain a mortgage with a competitive interest rate, even without a down payment, if the lender agrees. The guaranty means the lender is protected against loss if you fail to repay the loan. Applicants must have a good credit rating, have sufficient income to support the mortgage payments and agree to live in the property as their primary residence. To apply for a Certificate of Eligibility complete VA Form 26-1880, which is available at <https://www.va.gov/housing-assistance/home-loans/how-to-apply/>

WHERE TO TURN FOR HELP

Veteran Services - Housing Assistance

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(717) 263-4326

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Veteran Services - Real Estate Tax Assistance

Franklin County Veteran Affairs

(717) 263-4326

Pennsylvania State Benefits - Real Estate Tax Exemption

The program provides real estate tax exemption for any honorably discharged veteran who is 100% total and permanently disabled, a resident of the Commonwealth and has a financial need.

Veteran Services - Supportive Services

Franklin County Veteran Affairs

(717) 263-4326

Helping Hands for Heroes

Helping Hands for Heroes is a partnership between Franklin County Adult Probation and the Franklin County Veterans Affairs Office. This program allows adult probation participants the opportunity to serve military members, veterans, and their families.

Veterans - Employment Services

Standard of Living Augmentation, Inc. (SOLA)

(717) 816-6806

Dress for Success

Dress for Success receives referrals from the Veteran Employment Program for Veterans in need of professional attire. Female veterans are provided with one professional outfit to attend a job interview. Once the female vet has secured employment, Dress for Success will provide one week of business attire, including accessories such as shoes, a purse, necklace and earrings. Dress for Success also provides an ongoing support group as women successfully transition into the workplace.

WHERE TO TURN FOR HELP

Veterans - Financial Student Aid

Franklin County Veteran Affairs

(717) 263-4326

Federal Benefits - Education Enrollment

As a Veteran, you may be eligible for educational benefits through numerous GI Bill programs. Once you've decided to use your GI Bill benefits its important to choose the proper school and type of training. VAs decision-making tools will help you get the most from your benefits. <https://www.va.gov/education/how-to-apply/>

Victim Services

Franklin County Juvenile Probation

(717) 261-3122

Victim Services

Victim Services in Franklin County help to make the entire Juvenile Justice process more understandable and less stressful for the victims and witnesses of juvenile crime. To this end, the Victims' Services Coordinator is the advocate and guide for victims and witnesses as their case makes its way through the Juvenile Justice System.

Services Include:

- Accompaniment to Court
- Orientation to the Juvenile Justice System
- Court Preparation
- Advocacy
- Notification of all phases of the case
- Assistance with completing Victim's Assistance Compensation Program (VCAP) Forms
- Assistance with preparing a Victim Impact Statement

Franklin County Victim/Witness Office

(717) 267-1575

Victim/Witness Office

Victims are provided with:

- An Orientation to the Criminal and Juvenile Justice Systems
- Accompaniment to Court Proceedings
- Assistance with Filing a Crime Victims Compensation Claim
- Assistance with Preparing a Victim Impact Statement
- Notification of Case Status
- Enrollment in the State and Local Correctional Release Notification Programs
- Prior Comment on Possibility of Reducing or Dropping Charges
- Community Referrals

WHERE TO TURN FOR HELP

Victims Services - Domestic Violence

Women In Need - Chambersburg

(717) 264-4444

Individual Counseling

Individual, or one-on-one counseling sessions are available to victims of domestic violence and/or sexual assault. Counseling can be done at the Women in Need offices in Chambersburg or McConnellsburg: counselors are not able to do in-home services. If transportation is an issue phone counseling may be an option. Adults (male and female) and children can receive services. Children will be assessed based on age and their ability to communicate with a counselor. If the counselor feels that are not able to work with the child an appropriate referral will be made. School-age children may be able to be seen in the school setting. There are times when we experience a waiting list for counseling clients. As with all of our services, there is no charge for counseling sessions.

Vision Resources

Bureau of Blindness and Visual Services

(866) 375-8264

Specialized Children Services

BBVS provides assistance to children with visual impairments to ensure they reach their maximum educational and vocational potential. Available services include:

- Advocacy for educational services
- Guidance and counseling for children and their families;
- Community orientation and mobility (travel) instruction
- Children's summer programs
- Adaptive equipment

Bureau of Blindness and Visual Services

(866) 375-8264

Setting Up a Business

The Randolph-Sheppard Business Enterprise Program (BEP) assists persons who are blind to operate their own food service businesses in commercial, industrial or governmental locations. Food services can range from a vending machine route to management of a large cafeteria.

BEP can also assist interested persons with entrepreneurial business ventures other than food service. These businesses might include:

- specialty product sales
- franchise operations
- gift shops
- kiosks

WHERE TO TURN FOR HELP

Bureau of Blindness and Visual Services

(866) 375-8264

Finding Employment

The Vocational Rehabilitation (VR) program helps individuals prepare for or retain employment. Services offered can include but are not limited to:

- Counseling and guidance
- Vocational evaluation
- Blindness skills training
- Mobility (travel) instruction
- Instruction on performing daily living activities
- Vocational and college training
- Occupational tools and equipment
- Job placement services

Services are based on an individual's employment needs and choices, and some or all of these services may be needed. VR counselors work directly with the individual to determine an employment goal and what services are needed to reach that goal.

Bureau of Blindness and Visual Services

(866) 375-8264

Independent Living Skills

BBVS can assist adults to become more self-sufficient and independent in their homes and communities.

Available services include:

- Advocacy and counseling
- Information and referral
- Blindness skills training
- Mobility (travel) instruction
- Instruction on performing daily living activities
- Purchasing assistive equipment

Vision Screenings

Chambersburg Noontime Lion's Club

(717) 264-1008

Chambersburg Noontime Lion's Club

The Chambersburg Noontime Lion's Club offers assistance with obtaining eye glasses. Applicants will need to contact the Sight Conservation Coordinator at (717)263-1752 to obtain an application. Chambersburg Noontime Lion's Club assist with those who live in Chambersburg, Fayetteville, Pond Bank, and St Thomas areas. Waynesboro, Greencastle, Mercersburg, Fort Loudon, and Shippensburg have their own clubs where those residents can apply for the assistance.

WHERE TO TURN FOR HELP

Vital Sign Checks

Shippensburg Civic Club

(717) 530-7900

Shippensburg Community Nurse

The Civic Club has provided a Registered Nurse to residents of Shippensburg since 1917. Services are offered with the aid of the United Way and Partnership for Better Health. Nursing care delivered is that which is not covered by skilled care services or insurance. Some examples of things the nurse may do are assistance with medicine box preparation, wound care and blood pressure screenings. Free Public Blood Pressure screenings are located at Branch Creek Place (Senior Center) on the 2nd Thursday of each month.



WHERE TO TURN FOR HELP

Vocational Education

Lincoln Intermediate Unit 12

(717) 263-2700

Franklin Learning Center

The Franklin Learning Center is a public school facility that provides special education services to students with special needs. The school is jointly owned and operated by the Chambersburg, Fannett-Metal, Greencastle-Antrim, Tuscarora, and Waynesboro School Districts of Franklin County, Pennsylvania.

Through the leadership and administration of Lincoln Intermediate Unit 12, the Franklin Learning Center serves students aged 3-21 with a free and appropriate public education according to state and federal regulations in the following programs:

- Autistic Support
- Behavioral Intervention Support
- Life Skills Support
- Multiple Disabilities Support
- Preschool Educational-based support

Therapy expertise is available for the student population in several areas:

- Assistive Technology
- Blind/Visually Impaired Support
- Deaf/Hard of Hearing Support
- English as Second Language (CASD)
- Occupational Therapy/Physical Therapy
- Psychological Services
- Speech Therapy
- Work Experience
- Transition Coordination

In addition, many adaptive and unique learning innovations are incorporated into daily instruction such as:

- Adaptive Art Education
- Adaptive Music Appreciation
- Aquatics and Adaptive Physical Education
- Independent Living Skills
- Kitchen Laboratory
- Pre-Vocational Skills Laboratory
- Sensory Garden
- Sensory Room
- Transition/Community-Based Instruction

Volunteer Opportunities

Building Our Pride in Chambersburg, Inc.

(717) 263-2100

Multi Cultural Youth Leadership Program

Multi Cultural Youth leadership Program is developed around a core belief that you mentor & provide our youth with core values of volunteering and career development which shall build leadership skills and qualities to contribute to a larger pool of qualified workers for our work forces.

WHERE TO TURN FOR HELP

Cumberland Valley Animal Shelter

(717) 263-5791

Cumberland Valley Animal Shelter

The mission of the Cumberland Valley Animal Shelter is to protect, shelter and adopt homeless animals in the northern Franklin and parts of southern Cumberland county service area. CVAS provides shelter to stray and otherwise homeless pets and minimizes their stress, protecting them from the elements and providing a place of safety and comfort. We provide safe and speedy return of lost pets to their owners, place adoptable pets with responsible owners, aid in the prevention of cruelty and neglect to animals through educational efforts and legal citations as necessary.

Cumberland Valley Breast Care Alliance

(717) 263-7191

Supportive Services

Care Packages - Newly diagnosed breast cancer patients in our area received a lovely care pack which included a \$25 gift card

Prayer, support, and caring friends

Educational Presentations - If you know a group, organization or anyone interested in scheduling an educational presentation, please feel free to contact us

Financial Aid - Limited financial aid is available to those who qualify and are undergoing treatment for breast cancer.

Events and Activities - The CVBCA hosts three fundraisers and a Pink Ribbon Dinner for Breast Cancer Survivors each year. We are also fortunate to be the recipients of fundraising activities and events sponsored by individuals, groups, and businesses in our community.

Support & Information - CVBCA provides support, education, and information on breast cancer and preventive health care to women and men.

Franklin County Area Agency on Aging

(717) 263-2153

Volunteer Services

A variety of opportunities are available to persons willing to give their time. Volunteers are needed to deliver meals, make visits to individuals in the community and at facilities (Ombudsman volunteer), assist seniors with insurance questions (trained APPRISE volunteer), assist at senior activity centers, and be members in the agency's Advisory Council.

Penn State Cooperative Extension - Franklin County

(717) 263-9226

Volunteers

Volunteers from the community are trained to help the riders while they are on horseback, and some go on to become certified instructors. Volunteers provide training and care for the horses and help the riders learn to care for their horses before and after they ride. The Franklin County Therapeutic Riding Program is always in need of more volunteers. Volunteers need no experience. All potential volunteers must complete PA and Penn State background clearances. Please call 263-0443 or 263-9226 to volunteer.

WHERE TO TURN FOR HELP

The Salvation Army, Chambersburg

(717) 264-9568

Thrift Store

Open Monday - Saturday, hours of 9:00 - 2:00. Salvation Army Thrift Store provides affordable clothing for those in the area. Donations are also accepted Monday – Saturday from 9am to 1pm .

Volunteer/Community service opportunities available in the soup kitchen and thrift store. Must fill out application at www.salvationarmy.org or come to the church office for an application M-F 8:30 AM - 3:30 PM.

United Way of Franklin County

(717) 262-0015

Volunteerism

Connects community members to volunteer opportunities throughout Franklin county.

Waiver Services

Youth Advocate Programs, Inc.

(717) 267-7887

Adult Waiver Programs

- IDD Behavioral Support Programs
- IDD Companion Program
- IDD Habilitation Program
- Adult Autism Waiver Program

Water Safety

Pennsylvania Fish & Boat Commission

(717) 705-7800

Pennsylvania Fish & Boat Commission

Commission supervises all boat registration, provides boating safety and aquatic resources education, fisheries management and fishing licensing in the Commonwealth of Pennsylvania. 866-262-8734 Boat Registration 877-707-4085 Fishing License helpline 888-723-4741 Boating Course helpline 855-347-4545 Pollution hotline

WHERE TO TURN FOR HELP

Water Safety Training

American Red Cross Greater Pennsylvania Region - South Central Pennsylvania Chapter (866) 311-3832

Health and Safety Training and Education

Many jobs require up to date lifesaving skills because they address health emergencies every day – people such as health care providers, first responders, and lifeguards. Others, including teachers and babysitters, are entrusted with precious young lives that could require aid on a moment's notice.

Those of us who don't face health emergencies every day can also benefit from Red Cross training. With a wide array of Lifeguarding, Caregiving and Babysitting, and Swimming and Water Safety courses the Red Cross can provide you with the training and skills you need to prevent, prepare for and respond to emergencies.

Available trainings are:

- First Aid training
- CPR training
- AED training
- Babysitting and Caregiving training
- Swimming training
- CNA training
- BLS training

Wheelchairs & Walkers

Franklin County Area Agency on Aging (717) 263-2153

Medical Loan Closet

Medical supplies for loan to those 60 and older. FCAAA accepts large and small equipment donations. Loaner items based solely on need and availability.

UDS - Olde Homestead Lane (888) 837-4235

UDS - Custom Wheelchair Seating

Create custom wheelchair seating for individuals with physical disabilities based on an evaluation, measurements and orthopedic concerns.

WIC Services

Women, Infants, and Children Program of Franklin County (717) 263-0802

Women, Infants, and Children Program of Franklin County

A pregnant woman, woman who had a baby within past 6 months or is breastfeeding and infants less than one year old, infant or child under age 5 receives nutrition information, breastfeeding support, health and social services referrals, and healthy foods every month.

Wish Foundation

Make-A-Wish Greater Pennsylvania & West Virginia (717) 757-9474

Make-A-Wish Greater Pennsylvania & West Virginia

Mission: Together, we create life-changing wishes for children with critical illnesses.

WHERE TO TURN FOR HELP

Witness Services

Franklin County Victim/Witness Office

(717) 267-1575

Victim/Witness Office

Victims are provided with:

- An Orientation to the Criminal and Juvenile Justice Systems
- Accompaniment to Court Proceedings
- Assistance with Filing a Crime Victims Compensation Claim
- Assistance with Preparing a Victim Impact Statement
- Notification of Case Status
- Enrollment in the State and Local Correctional Release Notification Programs
- Prior Comment on Possibility of Reducing or Dropping Charges
- Community Referrals

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Women's Preventative Health

Keystone Community Health Services

(717) 709-7909

Keystone Health Woman Program

Free PAPs and Mammograms to eligible individuals. Free diagnostic services for abnormal PAPs and Mammograms.

Keystone Community Health Services

(717) 709-7909

Family Planning

Services to plan and prevent pregnancy including a variety of birth control options. Other related services including HIV and STD testing and treatment, PAPs.

Women's Preventative Health

Cumberland Valley Breast Care Alliance

(717) 263-7191

The MammaGift Project

A program to provide free mammograms for uninsured or under-insured women.

Keystone Medical Services

(717) 709-7990

Keystone Women's Care

Keystone Women's Care specializes in obstetrical and gynecological health care.

WHERE TO TURN FOR HELP

WellSpan Health Women's Health Center

(717) 217-6750

Rhonda Brake Shreiner Women's Center

Rhonda Brake Shreiner Women's Center offers convenient access to a wide range of breast health and imaging resources. As an accredited Breast Imaging Center of Excellence, we strive daily to make sure your needs are met by providing you with personalized, friendly care and quality, diagnostic images. We offer leading-edge breast cancer screening, diagnosis, and treatment services such as: Mammograms Ultrasound breast biopsy Stereotactic breast biopsy Bone density scanning

Work Release Program

Franklin County Adult Probation Department

(717) 264-8814

Franklin County Work Release

1. Oversees the work release program from the Franklin County Jail, recruiting employers and placing inmates in pre-existing or new jobs. 2. Monitors jail sentences, to include intake, notification of release date, home plan verification, and processing release paperwork.

Workers Compensation and Rights

Pennsylvania Bureau of Workers' Compensation - Harrisburg

(800) 482-2383 Claims
Information Helpline

Pennsylvania Bureau of Workers' Compensation - Harrisburg

Administers the Workers' Compensation and Occupational Disease Laws to assure that proper benefits are paid to injured workers or their dependents.

Bureau services include:

- Information to injured employees regarding their rights
- Review/regulation of all claim documents
- Monitors the compliance feature of the law

Injured workers must first file a report with their employer, who then files a claim with its insurance carrier.

Workplace Physical

WellSpan Health Occupational Health Services

(717) 267-3000

WellSpan Occupational Health

At WellSpan Occupational Health, we offer a wide variety of safety and preventative services to employers, organizations, students and travelers. We offer flexible scheduling, prompt test results reporting and same day office visits for injured workers. Our medical team is knowledgeable and compliant with DOT regulations and recommendations. They are available for your convenience with immediate on-site evaluations.

Workplace Training

WellSpan Health Occupational Health Services

(717) 267-3000

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WHERE TO TURN FOR HELP

Wound Care Services

Fulton County Medical Center

(717) 485-2855

Wound Care Services

Our wound center at FCMC offers a variety specialized of services to meet our patients wound care needs. We have a number of specialized physicians and staff who are skillfully trained in the art of healing chronic wounds as well as, many other conditions. We work closely with Team Home Health and can provide nutritional interventions to treat the whole individual. We also can offer care associated with chronic Lymphedema when a wound is present. For more advanced wounds, Hyperbaric Oxygen Therapy (HBOT) may be an option for a patient's plan of care. HBOT is a medical treatment approved by the Undersea & Hyperbaric Medicine Society where the patient breathes 100% oxygen intermittently while enclosed in a hyperbaric oxygen chamber. A patient can relax while being closely monitored by our HBOT technicians and is encouraged to watch a movie or listen to relaxing music during their treatment.

Shippensburg Civic Club

(717) 530-7900

Shippensburg Community Nurse

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YMCA

Chambersburg Memorial YMCA

(717) 446-0533

Healthy Living

To improve lifestyle health and health outcomes in the US, the Y will help lead the transformation of health and health care from a system largely focused on treatment of illnesses to a collaborative community approach that elevates well-being, prevention, and health maintenance. A wide range and variety of courses are offered to promote living a healthy life.

WHERE TO TURN FOR HELP

Waynesboro Area YMCA

(717) 762-6012

Swim Lessons (Ages 3 months - 14 years of age)

Waterbabies 1: (3- 18 months) - Child will learn water adjustment skills, safety and more while singing songs and playing with water toys. Great for those new to the water, this class is designed to help your child feel comfortable in the water at an early age. One parent/ adult must be in the water with the swimmer at all times. Waterbabies 2: (12 months- 3 yrs old) - Children will be working to gain independence in the water as well as beginning to learn the skills needed to transition to preschool swim lessons. They will become acclimated to the sights and sounds of the pool and are introduced to kicking, blowing bubbles, floating and general water movement through the use of songs and toys. One parent/ adult must be in the water with the swimmer. Pike: (3-5 yrs old) - For the child who may be apprehensive in the water as well as the beginner swimmer who is comfortable, but has not yet mastered the Pike skills. This class introduces the child to the basic skills such as kicking, paddling and blowing bubbles. Children will learn gradually to do these skills independently before moving to Eel. Swimmers use a personal flotation device, provided by the YMCA. Eel: (3-5 yrs. old) - For the preschool swimmer who is well adjusted to the water and eager to learn more! Swimmers continue to build upon Pike skills, are introduced to rhythmic breathing, learning to float independently for longer periods and swim longer distances with their face in the water and no flotation device. PRE- REQ: Pass pike skills or be able to swim the width of the pool on their front and back with a flotation device. Ray: (4-5 yrs. old) - Swimmers are ready to begin developing endurance as well as improving stroke skills. Ray swimmers will swim in the large pool with little to no bubble and are introduced to rotary breathing. PRE-REQ: Pass Eel or be able to swim the width of the small pool on their front and back without a flotation device. Starfish: (4-5 years old) - This level is for the swimmer who has passed Ray but is not old enough to move on to Polliwog or Guppy. Instructor will work on improving Ray skills along with treading, breaststroke & dolphin kick and water safety. Polliwog: (6-14 yrs. old)- For the child who may be apprehensive in the water as well as the swimmer who is comfortable in the water but has not yet mastered rhythmic breathing. The class teaches skills such as proper kicking, front and back crawl, putting their face in the water and treading. Guppy: (6-14 yrs old) - For the school aged swimmer who is comfortable in the water and ready to learn rotary breathing. They will building endurance swimming on their front and back, learn to swim breaststroke and be introduced to dolphin kick. PRE-REQ: Pass Polliwog skills or swim 25 yards on front with rhythmic breathing and 25 yards alternate & symmetrical backstrokes. Minnow: (6- 14 years old) - Swimmers continue to build endurance and distance while improving breathing and stroke skills. Children will continue to work on their front crawl, backstrokes and breaststroke and while learning the basics of butterfly kick, sidestroke and flip turns. PRE- REQ: Pass Guppy skills or swim 25 yards front crawl with rotary breathing, 25 yards backstroke and 25 yards breaststroke. Fish: (6-14 years old) - This level will focus on perfecting the swimmers techniques in all strokes and further increase their speed and endurance. They will continue learning butterfly, sidestroke and flip turns off the wall during continuous swimming as well as racing dives. Successful completion of Minnow level required.

Young and/or Single Mother Support Group

Mama Tribe

(717) 256-2710

Mama Tribe

Mama Tribe is a group that encourages, supports, and offers mentorships to teens, single, and young moms of Franklin County & surrounding areas.

WHERE TO TURN FOR HELP

Youth Center

Bethesda Mission Community Center

(717) 257-5483

Bethesda Mission Community Center

A comprehensive approach which includes mentoring, homework help, spiritual, practical and creative lessons for children, teens, and families.

Youth Development

Building Our Pride in Chambersburg, Inc.

(717) 263-2100

Multi Cultural Youth Leadership Program

Multi Cultural Youth leadership Program is developed around a core belief that you mentor & provide our youth with core values of volunteering and career development which shall build leadership skills and qualities to contribute to a larger pool of qualified workers for our work forces.

Chambersburg Memorial YMCA

(717) 263-8508

Teen Trek

The YMCA's teen adventure program provides 12-15 year olds with an action-packed summer of swimming, hiking, biking, bowling and an overnigher at the YMCA. Your teen will participate in sports such as softball, basketball, racquetball, wallyball and volleyball.

Chambersburg Memorial YMCA

(717) 263-8508

Sam's Program

In addition to full privilege memberships, each Tuesday evening from October through April, children in 1st - 7th grade are transported by YMCA buses to the YMCA for physical activities, fellowship, mentoring and Christian education. At the conclusion of the evenings activities these children are then transported back to their neighborhoods. During the summer months these children are transported to the YMCAs Sams Summer Day Camp site for eight full weeks of camping activities. This program involves weekly trips to various points of interest as well as special theme weeks such as Character Counts Camp, Music Camp, 4-H Camp, Olympic Camp, Wet and Wild Camp, Adventure Week, Good News Camp and Sports Week. These activities are provided to the children at no charge, due to the generosity of the YMCAs Partners with Youth donors. The YMCA also offers membership privileges to 13-19 year-old underprivileged youth. Income verification is required for program participation.

Girl Scouts in the Heart of Pennsylvania - Harrisburg

(717) 233-1656

Girl Scouts in the Heart of Pennsylvania - Harrisburg

Informal educational activities in troop/group setting to promote character development, citizenship training and self-esteem; informal education and career exploration; recreational, day, and overnight resident camping.

Girl Scouts in the Heart of Pennsylvania - Harrisburg

(717) 233-1656

Girl Scouts in the Heart of Pennsylvania - Harrisburg Summer Camps

Overnight camping with arts, crafts, horseback riding, hiking, ecology study, and trips. One or two week sessions or long weekend.

WHERE TO TURN FOR HELP

NETwork Ministries

(717) 264-4640

Street Leaders & Junior Leaders

Street Leaders: Each year, we hire about 14 high school students to serve with our after school ministries. As they are disciplined, we give this team leadership training, academic support, and job skills at our weekly Meet Up gathering for high school students on Wednesday nights. Its exciting to see young leaders growing in relationship with Jesus and serving in downtown Chambersburg! Junior Leaders: Every summer, we bring several 6th-10th grade students into this program, to assist with our garden and market ministry.

Penn State Cooperative Extension - Franklin County

(717) 263-9226

Franklin County 4-H

4-H is a community of young people across America who are learning leadership, citizenship and life skills. 4-H empowers youth to reach their full potential working and learning in partnership with caring adults. While activities focus mainly on the local 4-H Club, members may also participate in group activities and events such as fairs, trips, camping, teen leader trainings, fundraising, achievement programs and county, regional and state learning opportunities.

Youth Programs

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

The Council

Healthy Communities Partnership takes special care to understand the unique needs of teenagers, parents, and families. Sometimes the choices young people make affect more than themselves, their choices affect their families, schools, and communities. The following programs are designed to help teens and families navigate a variety of troubling waters. The Council - a strengths-based group approach to promote boys' and young men's safe and healthy passage through pre-teen and adolescent years.

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Girls Circle

Healthy Communities Partnership takes special care to understand the unique needs of teenagers, parents, and families. Sometimes the choices young people make affect more than themselves, their choices affect their families, schools, and communities. The following programs are designed to help teens and families navigate a variety of troubling waters. Girls Circle - a structured support group for girls from 9-18 years, integrates relational theory, resiliency practices, and skills training in a specific format designed to increase positive connection, personal and collective strengths, and competence in girls.

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Healthy U

Healthy Communities Partnership takes special care to understand the unique needs of teenagers, parents, and families. Sometimes the choices young people make affect more than themselves, their choices affect their families, schools, and communities. The following programs are designed to help teens and families navigate a variety of troubling waters. Healthy U- This activity based curriculum has lessons for all age groups with a focus on all aspects of health and wellbeing. It is good for a community or school setting.

WHERE TO TURN FOR HELP

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Interrupted

Healthy Communities Partnership takes special care to understand the unique needs of teenagers, parents, and families. Sometimes the choices young people make affect more than themselves, their choices affect their families, schools, and communities. The following programs are designed to help teens and families navigate a variety of troubling waters. Interrupted- This program is offered for youth who have been identified as having issues experimenting or using Alcohol, Marijuana or Tobacco. Each one of these substances has a different class structure. Please call for more information.

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Teen Intervene

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Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Student Assistance Program

For over 25 years the Student Assistance Program has worked in Pennsylvania to help troubled students. In some situations we are a first line of support for students dealing with any family, drug & alcohol, sadness, peer drama, or bullying issues. We support students in school, but we also connect students and families to outside resources to help them negotiate some of life's most tumultuous storms. HCP provides Student Assistance Program trained liaisons that serve in all of the middle and high schools in Franklin and Fulton County. Liaisons provide one-on-one student screenings for mental health and substance abuse concerns, group sessions with a variety of themes, and SAP Team consultation within each school. Elementary SAP- This program works directly with elementary students and families in Chambersburg School District and St Thomas Elementary in Tuscarora SD to assist in matching students and families with various needs and concerns and to reduce the barriers to learning at the elementary level.

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Too Good

Healthy Communities Partnership takes special care to understand the unique needs of children, teenagers, parents, and families. Sometimes the choices young people make affect more than themselves, their choices affect their families, schools, and communities. The following programs are designed to help children, teens and families navigate a variety of troubling waters. Too Good - The Revised Edition of Too Good for Drugs High School promotes social skill development and resiliency to promote learning readiness and social emotional competency for students grades kindergarten through 8th grade.

WHERE TO TURN FOR HELP

NETwork Ministries

(717) 264-4640

FLAVA & Teens

With a focus on building positive relationships, our junior high ministry is designed for 6th - 8th grade students. We have "Fun Learning About Virtually Anything" and spend time playing basketball and crazy games, studying the Bible, cooking and baking, and going on fun, educational trips. FLAVA is open Wednesday through Friday 2:45 - 5:00, with several club options in the hours after that. In addition, we offer creative opportunities in Stepping and the Arts on Mondays and Wednesdays, as well as special events on Friday and weekends.

NETwork Ministries

(717) 264-4640

Garden & Market

This program trains youth to work as entrepreneurs in the kids community garden at NETwork and at our local North Square Farmers Market. Youth learn to grow and harvest produce, to work hard, responsibility, and practical job skills. All summer long, we meet four times a week, with Saturdays being devoted to being at the market. Over 40 youth were involved last year! NETwork also hosts a community garden for neighborhood adults and families in our community. This opportunity is open to anyone in the Chambersburg area who desires to learn to grow food and to work together with others in this endeavor. Jazz in the Garden Near the end of the summer, we host a wonderful event called Jazz in the Garden, featuring live jazz music, delicious hors doeuvres, and tours of our garden.

NETwork Ministries

(717) 264-4640

Kids Club

Our after-school ministry for children in grades 1-5 is open Monday through Friday from 3:45-6:00, and includes arts and crafts, homework assistance, prayer, healthy snacks, spiritual instruction, and recreation. Children from several local elementary schools participate in our Kids Club.

NETwork Ministries

(717) 264-4640

Street Leaders & Junior Leaders

Street Leaders: Each year, we hire about 14 high school students to serve with our after school ministries. As they are discipled, we give this team leadership training, academic support, and job skills at our weekly Meet Up gathering for high school students on Wednesday nights. Its exciting to see young leaders growing in relationship with Jesus and serving in downtown Chambersburg! Junior Leaders: Every summer, we bring several 6th-10th grade students into this program, to assist with our garden and market ministry.

NETwork Ministries

(717) 264-4640

The Arts

NETwork has been developing a new arts ministry for children and teens in Chambersburg! The arts ministry is giving children and teens opportunities to learn and grow in their artistic gifts, intentionally connecting with the diverse cultures represented in our community, and providing new contexts to build relationships and share the good news of Jesus. Currently, these are the areas our arts ministry is focused: - Piano lessons - Art at the Park (Mike Waters Second Street Park) - Dance classes - Step Team - Art activities for other after school programs - Special community events and off campus trips

WHERE TO TURN FOR HELP

Penn State Cooperative Extension - Franklin County

(717) 263-9226

Franklin County 4-H

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Waynesboro Area YMCA

(717) 762-6012

Youth and Teen Programs

The YMCA offers activities that will challenge and improve ones mind, body, and spirit. We provide a diverse offering of programs for youth and teens in Waynesboro. Summer Day Camp, Youth Sports Leagues & Camps, Teen Activities, Tournaments, Gymnastics, and The Rock provide fun adventures and experiences for everyone.

Youth Residential Detention Center

Abraxas Youth Center

(717) 749-3066

DETENTION, SHELTER, AND SECURE

Abraxas Youth Center is composed of two youth care programs housed in one facility. Abraxas houses the following:

- An eighteen bed, short-term, non-secure residential care unit for dependent and alleged or adjudicated delinquent youth
- A 45 day diagnostic program (No longer providing Shelter Services)
- An eighteen bed, secure detention unit for alleged or adjudicated delinquent youth
- A fifty-four bed, secure residential treatment unit providing services to adjudicated juvenile male fire setters, sexual offenders, and/or habitual offenders.

The Abraxas Youth Center provides life skills, goal setting, cognitive behavioral programs, a 52-week group curriculum with counseling seven nights a week. Also available: family counseling, psychiatric consultation, discharge and continuing care planning.

Youth Support Group

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

Girls Circle

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WHERE TO TURN FOR HELP

Healthy Communities Partnership of Greater Franklin County, Inc.

(717) 264-1470

The Council

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