

# Laguna Division of Early Childhood



January 2022 Newsletter

PO Box 798 Pueblo of Laguna, NM 87026

Phone: 505-552-6544

Fax: 505-552-7533

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HAPPY  
NEW YEAR

Greetings and Happy New Year DEC Families,

It is my hope that this note finds you and your family safe and well. As families are faced with the challenge of being more involved in their child's learning in a virtual setting, please know that DEC staff are here to support you as you juggle various learners and age groups in the same household who are learning in a virtual environment. Managing high levels of participation can be challenging.

Following are some tips to help your child stay focused and engaged during virtual instruction:

- **Understand the expectations for virtual learning** – Your child's teacher will provide some guidance for what is reasonable. For young children, play and interaction are beneficial to learning.
  - **Encourage movement** – Kids need to move their bodies often throughout the day. Allow time for movement/exercise before your child is expected to focus on a virtual learning session.
  - **Reduce distractions** – When possible, minimize distractions when your child is completing school work. Some common distractions are conversations by other household members, having a television on, playing music or clutter in your child's workspace. A designated workspace that is comfortable and quiet will be helpful for your child.
  - **Communication** - Letting your teacher know what is working and what isn't working for your child will help the teacher know how to plan for learning experiences that work best for your child.
  - **Give your child and yourself a break** – If a lesson is too challenging or your child hits a frustration level, it's okay to stop the activity and give your child a break to think and process information.
  - **Provide immediate, positive feedback** – Each time your child completes virtual instruction, provide immediate and positive feedback. Something as simple as a sticker, a hug, playing with a special toy, or choosing a family activity can go a long way in helping to motivate your child.
- Don't forget to celebrate yourself** – As a parent/guardian, you are playing an important role in helping your child learn and grow.

**(Continued)** In addition to the regular, daily Zoom sessions, teachers will also offer an enrichment session for children who are accelerating, need to be challenged, need extra support (not on an IEP, ISFP) or a parent requests an extra session. For students on an IEP or ISFP, our Special Education Coordinator will provide the intervention sessions. In the event that you and your student are unable to participate in a regular, daily, Zoom session you can access the recorded version to watch at a time that is more convenient.

On Friday, January 14, DEC will begin virtual instruction through Zoom. The January 2022 DEC Newsletter has information on classroom Zoom sessions as well as the month's learning goals/objectives, upcoming events/activities, new words to learn for the month, milestones met, and student celebrations.

If you need additional information, assistance, guidance, support or suggestions on how we can improve, please do not hesitate to contact me.

Peace, blessings, joy and health be with you.

With sincere gratitude.

Ruth Hidalgo, PhD



# Special Education Coordinator

## Margaret Mascarenaz

Hello DEC families.

I would like to take this opportunity to introduce myself. My name is Margaret Mascareñaz. I am not new to the Division of Early Childhood (DEC) here in Laguna, as I have been on board for 17 years in various roles.

I have recently been assigned as the Special Education coordinator for the DEC program. I am excited to have the opportunity to use my education and experience for supporting children, families and DEC staff to assure that all children regardless of their learning capabilities, have success in their early learning experiences.

I can be contacted here at the Division of Early Childhood program by email or phone.

Email address: [mmascarenaz@lagunaed.net](mailto:mmascarenaz@lagunaed.net). Phone contact: [505-552-6544](tel:505-552-6544) Ext. 5206



# Early Head Start

## Sunnyside/Chinatown Classroom

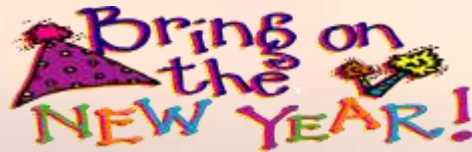
Teachers: Andrea Lucario & Lorisa Pacheco

Evelyn Garcia & Sandra Lewis

**Contact Information:**

(505) 552-6544 ext. 5201

**Emails:** a.lucario@lagunaed.net,  
l.pacheco@lagunaed.net,  
e.garcia@lagunaed.net and  
s.lewis@lagunaed.net



### WHAT WE ARE LEARNING

We are focusing on strengthening our walking skills to become more independent. We are down to holding onto one hand for two friends as we walk and balance becoming more steadier.

We are working on establishing and sustaining a positive relationship with peers and adults.

We are still working on self-regulation-it takes time, consistency, and guidance.



### Classroom news!!

Help us celebrate welcoming a new friend in Chinatown Classroom.

Our Christmas Dance was fun! The toddlers stayed engaged for at least 15 minutes then explored around the room, fascinated with the different colored lights. Thank you, Margaret, Yvonne, and Lorenzo for the experience and music!



### Upcoming Events/Reminders

\* January 18-S.T.E.A.M. Day @ 10:00 AM

#### Parent Tip

Try these tips to encourage your child to use signing:

1)Choose a few baby signs to focus on at a time -once he/she is using a sign consistently, then add another one, and so on.

2)Say the word out loud while doing baby sign language (make sure they are watching you) to ensure your child connects the sign with the spoken word.

3)Ensure that your signs are consistent and frequent. Repetition is key.

4)Your child is more apt to learn a sign if the child gets what he/she is asking for promptly (immediate gratification/a reward) -this shows the child that the sign is an effective and useful way to communicate.

#### Birthday/Celebrations

- Children taking independent steps.
- One child sitting up on his own with no support and getting ready to crawl.

#### At-Home Activities

Continue reading to your child.

Continue talking to your child in keres.

Practice sign-language words for:

More      Thank you  
Please

#### Zoom Times Sessions

1st Session: 9:30am-9:45am

2nd Session: 10:30am-11:00am

#### Sunnyside:

Join Zoom Meeting

<https://us02web.zoom.us/j/3046370217?>

pwd=RTFhaFB6M0sydkcxdm1wZnVvNVpyQT09

Meeting ID: 304 637 0217

Passcode: Sunnyside



# Turquoise Springs

Happy New Year

Contact Information –  
Phone /Email etc.

(505) 552-6544 ext. 5202

B.saiz@lagunaed.net /  
v.deutsawe@lagunaed.net


What we are learning:	Classroom News!
<ul style="list-style-type: none"> <li>• Self- regulation, Self help skills</li> <li>• Rules/ Classroom routines</li> <li>• Alphabets, Shapes , Number , Colors</li> <li>• Learning to share with one another</li> <li>• Recognizing and recalls</li> <li>• Engaging</li> <li>• Counting</li> <li>• Demonstrates knowledge of patterns</li> </ul>  	<p style="text-align: center;">Happy New Year 2022</p> <p>Turquoise Springs would like to thank the parents for all your support and encouragement. We are so happy to see growth in the children. Children are using self-help skills (dressing, potty training), learning new words in English and Keres. Children can count and are able to recognize their names and the first letter in their name. Children are using Please and Thank You. Great Job Turquoise Springs :)</p>

## Upcoming Events/ Reminders

January 10th—First day of School

Field day—TBA

January— 18 STEAM NIGHT

Parent Tip	Birthday/Celebrations	ZOOM SESSION TIMES
<ul style="list-style-type: none"> <li>• Have conversations with children daily</li> <li>• Read books daily</li> <li>• Talk to children in Keres language</li> <li>• Encourage self help skills</li> <li>• Enjoy play time with child</li> <li>• Encouraging to use table utensils</li> </ul> <p style="text-align: center;"><b>AT HOME ACTIVITIES</b></p> <ul style="list-style-type: none"> <li>• 30 minutes outside time</li> <li>• Practice Keres words</li> <li>• Recognizing colors, shapes, letters, and counting during holiday break.</li> <li>• Practice self-help skills</li> <li>• Sing songs– ABC, Twinkle Little Star, Wheels on the Bus</li> </ul>	<p style="text-align: center;">Celebration</p> <p>We are happy to celebrate that Turquoise Springs has had 2 new friends join the class.</p> <p style="text-align: center;">We now have a full classroom !!!</p>  <p style="text-align: center;">Shout Out to Dallas and Brooklyn</p> <p style="text-align: center;">May you always be blessed, and have many more Birthdays to celebrate.</p>	<p><b>1st Session:</b> 10:00am-10:15am</p> <p><b>2nd Session:</b> 11:00am-11:15am</p> <p><b>Enrichment:</b> 11:30am-11:45am</p> <p style="text-align: center;"><b><u>Turquoise Springs:</u></b></p> <p style="text-align: center;">Join Zoom Meeting  <a href="https://us02web.zoom.us/j/81270726710?pwd=T09ubGs3SmtUa2FPdEc5T1R5YlltUT09">https://us02web.zoom.us/j/81270726710?</a>            pwd=T09ubGs3SmtUa2FPdEc5T1R5YlltUT09</p> <p style="text-align: center;">Meeting ID: 812 7072 6710 Passcode: 692523</p>



# HAPPY NEW YEAR!


## Paguate Classroom



Teacher Juana-j.natseway@lagunaed.net, cell: 505-980-6182

Teacher Annabelle-a.garcia@lagunaed.net, cell: 505-331-4333

Phone: 505-552-6544 Ext 5109

What we are learning:	Paguate News!
<ul style="list-style-type: none"> <li>To seek teachers help to resolve social problems.</li> <li>To use some words and word-like sounds and is understood by most familiar people.</li> <li>May mispronounce new, long or unusual words and is understood by most familiar people.</li> <li>To remember sequence of personal routines and experiences with teacher support.</li> <li>To repeat the sounds of the letters in name.</li> <li>To make simple comparisons between to objects.</li> </ul> 	<ul style="list-style-type: none"> <li>Village and Casa Blanca classrooms is now Paguate room.</li> <li>Paguate room will be moving to different classroom.</li> </ul> 

Upcoming Events/Reminders	ZOOM Times & Link
<p>January 18—STEAM Activity</p> <p>January 27—Field Day</p> 	<p>1st session @ 9 am, 2nd session @ 10:30 am &amp; Enrichment @ 11:30am</p> <p><a href="https://us02web.zoom.us/j/8178020551?pwd=dk5LWIJSZks2VjM0K1psU0dIWdJydz09">https://us02web.zoom.us/j/8178020551?</a>  <a href="https://us02web.zoom.us/j/8178020551?pwd=dk5LWIJSZks2VjM0K1psU0dIWdJydz09">pwd=dk5LWIJSZks2VjM0K1psU0dIWdJydz09</a></p> <p>Meeting ID: 817 802 0551 Passcode: Paguate</p>

Parent Tip	Birthday/Celebrations	At home Activities
<p><b>Tips to help your child to dress themselves:</b></p> <ul style="list-style-type: none"> <li>Give them elastic pants to help with pulling up.</li> <li>Have them sit down when putting on anything that goes on the bottom.</li> <li>Make up rhymes &amp; songs as they dress themselves.</li> <li>Lay jacket upside down and have your child flip the jacket over head.</li> </ul>	<p><b>C.S. January 2</b></p>  <ul style="list-style-type: none"> <li><b>All children are all in pull-ups and sitting on the toilet or potty chair.</b></li> </ul> 	<ul style="list-style-type: none"> <li>◆ Give your child plastic spoons to scoop sand into a container.</li> <li>◆ Have your child place a object in, on around, over, between, behind another object.</li> <li>◆ Encourage an provide opportunities for your child to use the pedals on a tricycle</li> <li>◆ Have your help set the table for meals.</li> </ul>

# Pre-School Head Start

Seama Room- Zee'yama Guy'yah

Teachers: Faye Peacock & Angel Day

**Teacher Contacts:** *Faye Peacock:* Cell # 239-4385 Email: l.peacock@lagunaed.net

*Angel Day:* Cell # 505-337-9080, Email: a.day@lagunaed.net

## What we are learning:

Seama Room has been learning about Music. Different types of music from all over the country. Children learned about notes in the music, the beat and rhythms. Children were able to recognize some musical instrument and share what they have at home. Children were able to play the instruments that we had in the classroom, making music. What was most exciting we made music with using glasses of water and using a spoon by tapping on the glasses.

Children are focusing on self help skills like putting on their own jacket and zipping up.

## Classroom Name News!



**FITNESS**

We will be studying a new theme for the month of January: Exercise!


As we learn about exercise in the month of January we will allow the kids to explore and learn about their body. We will talk to them about how to keep their body healthy & how nutritious food helps them grow. We will try different exercises and ways to move around, while also having fun (games, dancing, stretching, etc.).

## Upcoming Events/Reminders

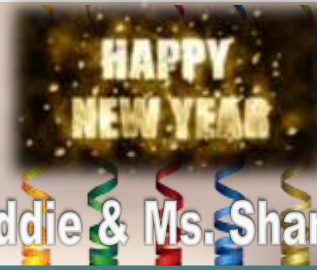
- January 10: Children return to school.
- January 14: Nutrition Activity Protein
- January 18: S.T.E.A.M. Night Virtual
- January 27: Fun Field Day



Culture Life Ways TBA-Visitation of New Tribal Officials with Follow the Leader dancing.

Parent Tip	Birthday/Celebrations	Zoom Time Sessions
<ul style="list-style-type: none"> <li>* Letting your child take a chore for the day at home. Taking out the trash, helping with feeding the animals, setting the table.</li> <li>* Let your child help prepare a meal with your assistance.</li> <li>* Set some rules at home (No cell phones at the table.)</li> </ul>	<p>Thank you Parents for getting your child up and sending your child to school everyday, you're AWESOME!!</p> <p>Happy New Year, may you all continue to be blessed &amp; safe this year!</p> 	<p><b>1st Session:</b> 9:00am-9:30am  <b>2nd Session:</b> 11:00am-11:30am            Enrichment: 1:00pm-1:30pm</p> <p><b>Seama:</b></p> <p>Join Zoom Meeting  <a href="https://us02web.zoom.us/j/81953397992?pwd=QWExQmk5SmxuSW1vUkxUQjhlYnlzUT09">https://us02web.zoom.us/j/81953397992?</a>            YnlzUT09</p> <p>Meeting ID: 819 5339 7992            Passcode: SEAMA</p>





# Encinal Classroom



Teacher Candice, Ms. Maddie & Ms. Shantel

**Contact Information -505-552-6544 ext. 5110**

**C.lucero@lagunaed.net M.francis@lagunaed.net S.lucero@lagunaed.net**



What we are learning:	Encinal Classroom News!
<p>We are excited to see the children return back to school and ready to continue learning and expanding our developmental skills. This month we will be exploring the topic of Exercise. We will focus on different ways of exercising and all the benefits we gain from exercising. Cultural Lifeways- we will focus on "Dancing", "Throwing", and "Traditional Foods" words we will be learning in Keres include- "bread", "come eat", etc. Conscious Discipline we will focus on "The Power of Acceptance". Our Nutrition Activity will focus on Protein.</p> <div style="display: flex; justify-content: space-around;">   </div>	<p>Greetings Families, Welcome Back and Happy New Year! We hope you all had a much needed and safe holiday. We want to send a huge thank you to parents and our classroom friends for a wonderful Christmas Program, were glad to see our virtual students joined in the fun as well. Your children all worked very hard and made the best of it! We are excited to see the children return back to school and ready to continue learning and expanding our developmental skills. This month we will be exploring the topic of Exercise. Cultural Lifeways we will focus on "Dancing", "Throwing", and "Traditional Foods"</p> <div style="display: flex; justify-content: space-around;">   </div>

## Upcoming Events/Reminders

January 10 - Children & Staff Return to School

January 18 - STEAM Activity TBA

January 27 - Field Day TBA

Parent Tip	Birthday/Celebrations	Zoom Session Times
<p>Please continue to dress your children accordingly to the weather. We want to encourage families to continue working with your children on the HATCH Tablets, letter recognition &amp; sounds especially those in their own name.</p> 	<p style="text-align: center;">Maxine M. 01/3 Ms. Maddie 01/12</p> <p style="text-align: center;"><b>HAPPY BIRTHDAY!!</b></p> <p style="text-align: center;">We want to celebrate our friends returning back to school!</p> 	<p><b>Enrichment:</b> 8:00am-8:30am <b>1st Session:</b> 9:30am-10:00am <b>2nd Session:</b> 11:30am-12:00pm</p> <p style="text-align: center;"><b>Encinal Classroom:</b> Join Zoom Meeting <a href="https://us02web.zoom.us/j/86540411453?pwd=MG5vSW5EL1FzWTE3bitLbk5CcUJadz09">https://us02web.zoom.us/j/86540411453?</a> pwd=MG5vSW5EL1FzWTE3bitLbk5CcUJadz09</p> <p style="text-align: center;">Meeting ID: 865 4041 1453 Passcode: 484183</p>

# Haadzaatya (Mesita) Room

Teacher Marissa & Teacher Kailyn

# January

Contact Information:

m.analla@lagunaed.net

kailyn.aragon@lagunaed.net

(505)552-6544 ext.5107

### What we are learning:

Children making their own musical instruments during our music study.

Saying the morning prayer in Kawaikameh-eya (laguna language)

Recognizing a song by using their listening skills.

Mastered songs sung for the Winter program.



### Mesita Classroom News!

**Happy New Year and Welcome back!**

**The study for the month of January is Exercise. A letter/email will be sent out to families introducing the study and a list of materials needed.**



### Upcoming Events/Reminders

January 18 S.T.E.A.M activity @10am via Zoom

January 20 Nutrition Activity: Protein -Oatmeal Breakfast shake

January 27 Field day TBD



### Parent Tip

Don't forget to set aside a few minutes to focus on you. Take a 10 minute walk, listen to music, take deep breaths, or journal.

If you have any questions or concerns, please call or email.



### Birthday/Celebrations

January birthdays

Happy Birthday to:

**Ariella**

**Bryson**

**Showtime**

*Happy birthday to you. Happy birthday to you. Happy birthday to our friends. Happy birthday to you!!*



### Zoom Times Sessions

1st session: 8:30am-9:00am

Enrichment: 9:30am-10:00am

2nd Session: 11:00am-11:30am

Mesta Classroom:

Meeting ID: 889 8909 6702

Passcode: MESITA



# Laguna Classroom

Ms. Yvonne / Ms. Deutsawe

Contact Information: y.francis@lagunaed.net and c.deutsawe@lagunaed.net

(505)552-6544 x 5108

## What we are learning:

In the month of January, our study will be Exercise. We will be trying many different types of exercises, watching other people exercise, and finding out how our bodies move and learn about how to take care of our bodies to keep them healthy.



## Laguna Classroom News!

Happy New Year Families!

Well we are on the home stretch in getting our children ready to go into Kindergarten. June will be here in no time at all. Let's keep the in the routine of coming to school so we can help prepare them for

**KINDERGARTEN**

## Upcoming Events/Reminders



January 10th Children return to school

January 18 th STEAM Activity

January 27th Field Day



## Parent Tip

**Keep reading short, simple and often...**

You know how long your child attention span is. Reading short stories or reading little bits of a book several times a day. Keep it fun by using different voices for the different characters in the book. Have FUN.

## Birthday/Celebrations

### Birthdays

Aaron Analia

Ruthie Charlie

Kylan Riley



## Zoom Time Sessions

1st Session: 8:30am-9:00am

Enrichment: 10:00am-10:30am

2nd Session: 11:00am-11:30am

### Laguna Classroom:

Join Zoom Meeting

<https://us02web.zoom.us/j/82678331926?>

pwd=ZFR2M2s1WW95MDA5aWtHY2szWUVhUT09

Meeting ID: 826 7833 1926

Passcode: Exercise



# Social Worker

**Tawnia Manuelito**

Greetings and Happy New Year Parents/Guardians,

Moving into the new year we aspire to accomplish goals we set for ourselves or hope to have a brighter year. This will be our 3rd year dealing with COVID and making tremendous efforts keep ourselves, families, children, and community safe while still trying to maintain our daily lives. Our lives have been changed dramatically because of the pandemic however; we have to remember our resources and to ask for help when we need it. If you are thinking about setting some goals here are some tips to aid you.

1. Mentally prepare for change– taking personal inventory what did I set out to do last year? Where did I make progress? Where didn't I see progress?
2. Set a goal that motivates you– you are setting a goal for yourself and no one else. A goal that has value or benefit for you.
3. Limit goals to a manageable amount– common mistake is to set too many goals all at once, spreading yourself too thin.
4. SMART– Specific, Measurable, Attainable, Relevant, and Time Sensitive.
5. Break up big goals into smaller goals
6. Write down your goals
7. Share your goals with other people.
8. Automate where possible– set calendar reminders on your phone or computer
9. Review your goals regularly—check in with yourself, if something needs to be revised do so. Be flexible.
10. If you fall off track, get back on quick– skipping an immediate task is not failure. Setbacks happen, but as long as they are corrected your are well on your way to achieving what you set out to do.

## **Contact Information:**

**Tawnia Manuelito, LCSW**

**Phone: 505-552-6544 ext. 5103**

**Email: [t.manuelito@lagunaed.net](mailto:t.manuelito@lagunaed.net)**



Kathleen Herrera  
Tiffany Touching

### Contact Information

**Division of Early Childhood**  
**(505) 552-6544**

**EMAIL:**

[k.herrera@laquaed.net](mailto:k.herrera@laquaed.net)

[t.touchin@laquaed.net](mailto:t.touchin@laquaed.net)

# Family Service Providers

## Virtual Learning

Virtual Learning will begin on Friday, January 14, 2022

For further information, please contact your teachers.

**HATCH Tablets:** If you are experiencing any issues please contact HATCH Technical Support @ 1-800-624-7968.

**Jet Packs:** Are available through LDoE. Application must be submitted, please contact Kathleen or Tiffany for further assistance.

## Covid-19 Information

### Children Vaccine (5yrs-11yrs)

Check in advance on availability by calling (505) 321-8283  
Please register on NMDOH website to create a profile.  
Any child under the age of 18 years will need an on-line completed consent by parent/guardian.

## Covid-19 Testing

Please see Pueblo of Laguna Website- Covid-19. Information on days/times is updated frequently.

## Contact:

Please contact Katrina Riley for further Covid-19 Information @ (505) 321-8283.

## Resources

- Laguna EOC ..... (505) 552-1212
- POL Covid Testing ..... (505) 250-6792
- ACL Hospital..... (505) 552-5300
- Laguna Community Health Center ..... (505)431-0711
- Laguna Community Health & wellness ..... (505) 552-5740

# PARENT COMMITTEE MEETING

DEC Preschool and Early Head Start Programs

TOPIC: Presentation by the OLL Language Program

Wednesday, January 12, 2022

Time: 10:00 AM

**Zoom Link:** Meeting ID: 8486703 0866

Passcode: 983185

**Call in:** 1-346-248-7799

Meeting ID: 84867030866

Passcode: 983185

For more information: Contact Kathleen Herrera @ 552-6544 or  
[k.herrera@lagunaed.net](mailto:k.herrera@lagunaed.net)

**Incentives will be given to all participants.**