## january 2023

With all there is to know and discover in the world, it can be overwhelming. But what if it's not about the facts we are learning? What if we believe that everything we learn makes us better at whatever we do? Instead of thinking of knowledge as something to gather and store up, think about it as helping you to get better at other things you like to do.

## KNOWLEDGE:

Learning something new so you can be better at whatever you do