## Lukachukai Community School October 2025 Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Be safe during your Fall break. Take the time to relax, Read a book with your child. Enjoy the rest of you October Festivities. Menu is subject to change. This is an equal opportunity.		1 Toasted English Muffin, Breakfast Bowl, Fresh Fruit, Assorted Milk  Beef Tips Over Noodles, Dinner Roll, Seasoned Green Peas, Fresh Fruit, Assorted Milk	2 WG Pancakes, Syrup, Juice, Fruit, Assorted Milk  Macaroni Cheese, Garlic Toast, Romaine Salad, Dressing, baby carrots, Fruit, Assorted Milk	3 Breakfast Burrito, Mild Salsa, Fresh Fruit, Apple, Assorted Milk Chicken Drum Stick, Seasoned Brown Rice, Cold Slaw, Fruit, Assorted Milk
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Egg & Sausage Sandwich, Juice, Fruit, Assorted Milk Corn Dog, Garlic Mashed Potato,	14 Breakfast Taco, Mild Salsa, Fruit, Orange, Assorted Milk Beef Taco Pie, Cilantro Lime Brown	15 Breakfast Muffin, Assorted Yogurt, Juice, Apple, Assorted Milk Sloppy Joe, Sweet	16 WG Biscuit, Cheesy Scramble Eggs, Fruit, Orange, Assorted Milk Mandarin Orange	Brown Rice w/Raisin, WG Buttered Toast, Fresh Fruit, Assorted Milk
Mixed Vegetable, Fruit, Assorted Milk	Rice, Black Bean Salad, Fruit, Assorted Milk	Potato Fries, Assorted Milk	Chicken, Season Brown Rice, Broccoli, Fresh Fruit, Assorted Milk	Pepperoni Pizza, Green Beans, Fresh Fruit, Assorted Milk
20 Waffle, Syrup, Sausage Patty, Fresh Fruit, Apple, Assorted Milk	21 Western Omelet Quesadilla, Mild Salsa, Juice, Assorted Milk	22 Oatmeal w/ Brown Sugar, Scramble Eggs, Fresh Fruit, Apple, Assorted Milk	23 Baked French Toast, Sausage Patty, Juice, Orange, Assorted Milk	24 WG Bagel, Cream Cheese, Fresh Fruit, Apple, Assorted Milk
Baked Pork Chop, Blueberry Muffin, Cole Slaw, Baked Beans, Fresh Fruit,Assorted Milk	Bean & Cheese burrito, Spanish Rice, Steamed Corn, Fresh Fruit, Assorted Milk	Chicken Alfredo w/ a Twist, Garlic Toast, Ceasar Salad, Steamed carrots, Fruit, Assorted Milk	Tuscan Grilled Cheese, Minestrone Soup, Fresh Fruit, Assorted Milk	Meatloaf, Dinner Roll, Seasoned Green Beans, Fresh Fruit, Assorted Milk
27 Turkey Ham, Egg, & Cheese Sandwich, Juice, Apple, Assorted Milk	28 Blue Corn Mush, Sausage Patty, Fresh Fruit, Orange, Assorted Milk	Whole Grain Buttered Toast, Assorted Jelly, Cheesy Scramble	30 Pancake on Stick, Syrup, Fresh Fruit, Apple, Assorted Milk	Huevos Rancheros, Mild Salsa, Fresh Fruit, Assorted Milk
Chef Salad, Lite Ranch Dressing, WG Garlic Toast, Fresh Fruit, Assorted Milk	Red Pozole, Blue Corn Bread, California Vegetable, Fresh Fruit, Assorted Milk	Eggs, Juice, Fresh Fruit, Assorted Milk Chicken Teriyaki, Seasoned Brown Rice, Carrot, Fresh Fruit, Assorted Milk	Beef Soft Taco, WG Tortilla, Mild Salsa Refried Beans Fresh fruit, Assorted Milk	Chicken Nuggets, Dinner Roll, Green Bean Salad, Fresh Fruit, Assorted Milk