NYM Community Education Activities/Offerings Schedule Beginning November 24th, 2025

We would like to extend our highest gratitude to the New York Mills VFW Post #3289 for their tremendous support of our school activities!

The times and dates listed here are always subject to change according to the weather, illness and other unforeseen circumstances. For complete information about Community Education offerings and NYM School District activities, check the ISD #553 website @ www.nymills.k12.mn.us, the school Facebook page, the bulletin board by the District Office, or call the school at (218) 385-4203/(218) 385-4201. Unless otherwise noted, call (218) 385-4203 for more information or to register for offerings. NYM Community Education is always looking for individuals to propose and teach/facilitate classes. If you have an expertise or interest in a topic that you could share with others, please contact us!

NYM COMMUNITY EDUCATION ACTIVITIES SCHEDULE

Please check the school website www.nymills.k12.mn.us or Facebook page for updates regarding activities or meetings that are scheduled.

Monday, November 24th

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Tuesday, November 25th

Lego Team Meeting in Commons @ 3:30 pm Adult Basic Education in Room #24 @ 4:30 pm 'Just for Kix' Dance Practice in Aud. Foyer @ 4:30 pm 7/8 BBB (A) at Browerville @ 4:30 pm ECFE Parent/Preschooler in Room #42/43 @ 5:15 pm JV/V GBB (H) with Underwood @ 5:30 pm

Wednesday, November 26th

5th Grade Watch a Movie in Aud. @ 8:30 am Girls WR (A) at Melrose @ 11:00 am

Sunday, November 30th

Open Gym in All Gyms @ 6:00 pm

Monday, December 1st

7/8 BBB (H) with Sebeka @ 4:00 pm

Tuesday, December 2nd

Lego Team Meeting in Commons @ 3:30 pm 7/8 BBB (H) with Wadena-DC @ 4:00 pm Adult Basic Education in Room #24 @ 4:30 pm 'Just for Kix' Dance Practice in Aud. Foyer @ 4:30 pm JV/V GBB (H) with Verndale @ 5:30 pm V WR (A) at Wheaton (Border West) @ 6:00 pm Elem. BB Practice in AC/HS Gyms @ 6:00 pm

Wednesday, December 3rd

Adult VB League in HS/SC Gyms @ 7:00 pm

Thursday, December 4th

C/JV/V BBB (H) with Verndale @ 4:30 pm Elem. BB Practice in AC/HS Gyms @ 6:00 pm

Friday, December 5th

JV/V GBB (H) with Sebeka @ 5:30 pm

Saturday, December 6th

MS/JV Boys WR Tournament (A) at Aitkin @ TBD V Boys WR Tournament (A) at Hillsboro, ND @ 9:00 am Elem. Basketball Practice in All Gyms @ 9:00 am Girls WR (A) at Wadena-DC @ 10:00 am

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Sunday, December 7th

Open Gym in All Gyms @ 6:00 pm

Monday, December 8th

K-3 Music Concerts in Aud. @ 1:15 pm
Matinees @ 1:15 pm
Kindergarten @ 5:30 pm
Ist/2nd @ 6:00 pm
3rd @ 6:45 pm
7/8 BBB (H) with Battle Lake @ 4:00 pm
Elem. Basketball Practice in HS/SC Gyms @ 6:00 pm
Bandwagon Meeting in Room #108 @ 6:30 pm

Tuesday, December 9th

Lego Team Meeting in Commons @ 3:30 pm
Adult Basic Education in Room #24 @ 4:30 pm
'Just for Kix' Dance Practice in Aud. Foyer @ 4:30 pm
V Boys WR (A) at West Central Area @ 5:00 pm
JV/V GBB (H) with Norman County East/Ulen-Hitterdal @ 5:30 pm

Wednesday, December 10th

Adult VB League in HS/SC Gyms @ 7:00 pm

Thursday, December 11th

C/JV/V Girls and Boys BB (A) at Wadena-Deer Creek @ 3:30 pm 7/8 BBB (A) at Menahga @ 4:30 pm V Boys WR (A) at Pillager @ 5:00 pm Early Childhood 'Supper with Santa' Event in Commons @ 5:30 pm

Friday, December 12th

Girls WR (A) at West Central Area @ 2:30 pm 7/8 BBB (H) with Pillager @ 4:00 pm 7-12 Band/Choir Concert in Aud. @ 7:00 pm



NYM COMMUNITY EDUCATION OFFERINGS SCHEDULE

OPEN GYM

Open Gym is sponsored by Community Education and NYM Booster Club. There will be a \$1 fee for every participant each night including all who come in to walk the hallways on Sunday night during Open Gym. The fee will be used to staff Open Gym and pay for facility and equipment maintenance.

WHO: 7-12th grade students and adults in our school district and if an

elementary student wants to participate, he/she must be accompanied

y an adult.

WHEN: Runs from November 2 through March 29 on most Sunday nights

from 6:00 - 8:00 p.m, (except Super Bowl Sunday 2-8-26).

ADULT VOLLEYBALL LEAGUE

It's that time of year again for NYM Adult Volleyball League to begin! To sign up your team, please have your captain call or text Cody Geiser at (218) 371-6596, and if not available leave a message OR email at cgeiser@nymills.k12.mn.us. The closing date for sign-up will be Monday, November 24, 2025. Give him a call, text or email before then so he can have the schedule ready for the first night of play! The first night of league play is scheduled for Wednesday, December 3, 2025. The cost is \$100.00 per team and must be paid the first night of league or prior to the first night in the District Office at the NYM School. We will have an introductory meeting at 6:30 p.m. for all TEAM CAPTAINS the first night, where we will be going through the rules, schedule, etc. League play will begin at 7:00 p.m. and runs approximately ten weeks before we get into tournament play. NOTE: There is room for more teams if anyone would like to join. It is co-ed and a lot of fun!!

Tentative Dates: December 3, 10, 17, January 7, 14, 21, 28, February 4, 11, 18, 25, March

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CPR/AED/IST AID/EMR/EMT COURSE SCHEDULE

HEARTSAVER CPR, AED AND IST AID (Wednesdays at 5:30 p.m.)

11-26-25, 1-28-26, 3-25-26, 5-27-26, 7-22-26, 9-23-26, 11-25-26, 1-27-27, 3-24-27, 5-26-27, 7-28-27, 9-22-27, 11-24-27

BLS PROVIDER CPR (Wednesdays at 5:30 p.m.)

 $12-17-25,\ 2-25-26,\ 4-22-26,\ 6-24-26,\ 8-26-26,\ 10-28-26,\ 12-23-26,\ 2-24-27,\ 4-28-27,$

6-23-27, 8-25-27, 10-27-27, 12-22-27

EMERGENCY MEDICAL TECHNICIAN/EMERGENCY MEDICAL RESPONDER

(EMT/EMR COURSE) (Mondays at 6:00 p.m.)

9-14-26, 9-13-27 COSTS:

 Heart Saver CPR/AED & Ist Aid
 \$ 125

 BLS Provider CPR
 \$ 100

 EMT (base fee plus books/fees)
 \$ 1300

 EMR (base fee plus books/fees)
 \$ 500

WHERE: Perham Area EMS Training Room 525 West Main, Perham, MN 56573

REGISTRATION: **Classes are post board certified**

Register for a class by call/text 218.298.2482 or email lakescountryedu@gmail.com

CONTACT: Barb Felt at Lakes Country Emergency Education

and Consulting

WEBSITE: www.lakescountryedu.com

SCHOOL-AGED CHILD CARE

If you need before and/or after school child care on a regular or drop-in basis, we have **before** and/or **after** school child care available at the school.

WHO: PreKindergarten through sixth grade

WHEN: During school days, childcare hours in the morning are 6:00-8:10

am, and after school is 3:00-5:30 pm.

REGISTER: To register, email childcare@nymills.kl2.mn.us or call

(218) 385-4209 or (218) 385-4203 (Comm. Ed. Office).

EARLY CHILDHOOD SCREENINGS ~ 'ECS'

As of January 2014, the Early Childhood Screenings will be conducted by the Lakes Country Service Coop. The Community Education office will be doing the scheduling and the screenings will be completed at the New York Mills School. This screening is required by the school for entrance into PreKindergarten and required by Minnesota Statute 121A.17 for entrance into Kindergarten unless an Exemption form is filled out. It is an opportunity for you to review your child's growth and development and to follow up on any health or learning concerns. The Early Childhood Screening is a FREE screening and includes a developmental assessment, vision and hearing test, height and weight measurements, immunization and health history review and a parent visit. It is NOT an examination to determine readiness for school. Its purpose is to identify conditions that might interfere with your child's ability to learn and to assist parents in developing strategies to help their child succeed. Please call Deb in the Community Education office to schedule an appointment at (218) 385-4203. Please leave a message if there is no answer and she will get back to you as soon as an appointment is available.

ON-GOING WALKING

For those who would like to get exercise by walking through the 2329 feet of hallways in NYM $\dot{\uparrow}$ School. (This is FREE except during Sunday night at Open Gym times when it will be a \$1 fee.)

WHO: Open to all

WHEN: School days from 6:30-8:00 a.m. and 4:00-8:00 p.m.

55+ DRIVER DISCOUNT PROGRAM (2025-2026)

This Driver Discount Program is put on by the Precision Driving Center of Minnesota / through St. Cloud State University. You can check out their website at //www.driverdiscountprogram.com.

Complete this course to get a 10% discount on your auto insurance premiums! Taught as a presentation from a certified instructor, you'll discuss challenges we face as drivers, new road designs, vehicle technology, and updates on current laws. Best of all, there are no written or behind the wheel tests! Certificate will be provided at the end of class. The 8-hour initial course requirement has been removed as of July 1st, 2024. Participants must take the 4-hour course to initially earn the discount and then repeat the 4-hour course every three years to maintain the discount. Pre-registration required.

The following 55+ Driver Discount Program courses are currently set up for you at the New York Mills School. Also for your convenience, we always have waiting lists if you missed a course and want to be notified of the next course.

WHO: Anyone, especially 55 and over WHEN: Saturday, April 11th

WHEN: Saturday, April 11th
TIME: 9:00 a.m. to 1:00 p.m.

WHERE: Room #108 HS Media Center @ NYM Public School

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that will tell you where to go.)

COST: \$24 per participant payable at class with check made

out to: PDCM

SIGN UP: In District Office or call (218) 385-4201

CLASS LIMIT: 15 - 30 people INSTRUCTOR: Bob Swenson

NEW YORK MILLS FOOD SHELF 2025-2026

The New York Mills Food Shelf is available to anyone in need in the New York Mills School District. Food Shelf is located at 400 S. Walker Avenue, New York Mills. Donations of food and money are always welcome. For more information, contact Connie at (218) 385-3669. Open from 9-12 and 4:30-6:30 on Mondays -- November 24, December 22, January 26, February 23, March 30, April 27, May 18, June 29, July 27 and August 31.

EARLY CHILDHOOD FAMILY EDUCATION-ECFE

Welcome Back! School is back in session, and we are so excited for ECFE classes to start is soon. I would like to introduce our new Parent Educator, Bridget Weller, and our Children's reacher, Gini Olson. They are both teachers in our elementary school and are excited to meet you! Please contact me with any questions. I'd be happy to visit with you! Please join our group on Facebook "New York Mills ECFE"!

Kendra Geiser, Early Childhood Coordinator/Teacher

kgeiser@nymills.k12.mn.us or 218-385-1172

Parent & Preschooler This class is designed for parents and their 2-5 year old child. Class will consist of some parent-child activities & circle time, and then parents will separate from //\(\frac{1}{2}\) the children for discussion.

Dates: Tuesdays October 7, 14, 21, 28, & November 4, 11, 18 &25

Time: 5:15-6:45 pm

*November 4, we will meet from 5-6 pm due to elections.

Supper with Santa More info will be coming about our annual holiday event, Supper with

Santa. Watch Facebook for a date.

**All classes will be in Room 42 in the elementary (Pre-K classroom)

ADULT BASIC ED/ENGLISH AS A SECOND LANGUAGE

Adult Basic Education is for anyone 17 years old and older who does not have a high school credential, is preparing for college, or is learning English. Individualized instruction is available for GED, Adult Diploma, Accuplacer Prep, computer literacy, and reading, writing, speaking and understanding English.

DATES/TIMES: One-hour appointments available on Tuesdays from 5:30-7:30 p.m.

WHERE: New York Mills Public School Room #24
COST: Class time is free. There is a fee for GED tests.

CLASS LIMIT: None at this time

WHO CAN TAKE: Anyone who is 17 or older and who does not have a high school credential, needs to prep for college, lacks computer skills, and/or is learning English as a second language.

DEADLINE/REGISTRATION INFO: You may register any time throughout the school year the first time you come to class.

INSTRUCTOR INFO: Leah Hamann, Adult Basic Education Instructor,

<u>Ihamann@detlakes.k12.mn.us</u> is my email address and (218) 844-5760 is the number for Detroit Lakes ABE. Contact either one to set up appointments or for any questions.

NEW YORK MILLS REGIONAL CULTURAL CENTER

1/ YOGA - The New York Mills Regional Cultural Center is excited to bring yoga back to the community this fall with an 8-week Yoga Series led by Bobbi Jo Hamilton, certified yoga instructor, Licensed Independent Clinical Social Worker (LICSW), and owner of Northwoods Velvære Studio. Classes will be held on Wednesday and Friday mornings from 10:00-11:00 a.m., beginning Wednesday, October 29, and continuing through Friday, December 19, 2025, in the upstairs studio at the Cultural Center (24 N Main Ave, New York Mills). "We're thrilled to offer yoga once again at the Cultural Center," said Megan Shirley-Ross, Artistic Director, "Bobbi lo brings a compassionate approach that supports overall well-being — mind, body, and spirit — and we're so glad to welcome her to our community of teaching artists." Bobbi Jo combines gentle movement with mindfulness, breathwork, and self-compassion practices. With her background in mental health therapy and years of yoga experience, she creates a safe, supportive environment for students of all levels.

Two Class Options - Open to All Levels

Gentle Flow - Wednesdays

A soft, nurturing class designed to slow down, stretch, and move with ease. Gentle Flow emphasizes relaxation, breathwork, and mindful movement. Perfect for beginners, seniors, or anyone seeking a restorative experience that supports flexibility, balance, and selfcompassion.

Slow Flow - Fridays

A steady, mindful practice that links breath with movement. Postures are held slightly longer than in Gentle Flow, helping build strength, awareness, and stability. Slow Flow is ideal for those seeking a grounding, supportive practice that builds resilience and confidence.

Students can attend either class or both — passes are flexible to fit your schedule.

Pricing & Fall Pass Options

Drop-in classes are \$18 (\$15 for seniors 60+). Flexible 5-, 8-, 10-, and 16-class passes are also available, with senior discounts applied for those 60 and older. All passes must be used within the Fall session (Oct. 29-Dec. 19, 2025) and can be used for Wednesdays, Fridays, or both classes. Choose the pass that fits your schedule and join us for an enriching, communitycentered yoga experience this fall!

Buy Yoga Passes Online, or in person at the Cultural Center:

https://kulcher.networkforgood.com/events/92549-yoga-fall-2025-nymrcc

16TH ANNUAL ARTIST BAZAAR - The New York Mills Regional Cultural Center proudly announces the 16th Annual Artist Bazaar, taking place Saturday, November 15 through Saturday, November 29, 2025. This beloved holiday tradition fills the Center's historic gallery with one-of-a-kind, artist-made gifts created by talented makers from across the region. With extended shopping days, special events, festive workshops, and the return of the popular Stock-Up Sale, this year's Bazaar offers something for everyone. The 2025 Artist Bazaar features work by more than a dozen local and regional artists, including birdhouse wind chimes, jewelry, ceramics, prints, accessories, paintings, weavings, handmade ornaments, upcycled mittens, soaps, lotions, and more. Confirmed artists for this year's event include: Brad Wegscheid, Cheryl Bannes, Emily Ericksrud, Gen Keranen, Joy Cooley, Kent Scheer, Megan Shirley-Ross, Michelle Shearer, Sandra Shaughnessy, Sharon Marquardt, Shirlee Aho Daulton, and Sota Soap Co.

Special Events & Highlights

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Artist Bazaar Kick-Off - Saturday, November 15

Holiday Workshops — Saturday, November 22 Visitors can add creativity to their shopping day with two festive workshops; please preregister to help with planning (click links or call 218-385-3339):

- <u>Gathering Light: Body-Centered Yoga & Holiday Season Support</u> (10AM—12PM) \$30
- Gel-Plate Printing Ornaments with Artistic Director Megan Shirley-Ross (1-3PM) \$25 (members \$20)

Please note: Workshops are planned for upstairs studio and education spaces, which are accessible only by stairs. Please contact us if accessibility accommodations are needed (afternoon workshop could be done on the main floor).

Stock-Up Sale — November 28 & 29 Coinciding with Black Friday and Small Business Saturday, this two-day sale offers the best deals of the year on both the Artist Bazaar and the Cultural Center's Gift Store. Shoppers enjoy increasing discounts the more they spend—up to 20% off, with Cultural Center members receiving their everyday 10% off on top of sale discounts for up to 30% off. A customer favorite, Lynn & Alice, will be back on-site this year for complimentary gift wrapping on Black Friday from 10:30AM-5PM. Why Shop the Artist Bazaar? The Artist Bazaar is the perfect destination for anyone seeking unique holiday gifts, stocking stuffers, and meaningful ways to support local artists. From fine art to functional crafts, shoppers can discover treasures not found in big-box stores—while contributing directly to the vibrancy of the region's creative community. Shop local, support artists, and give the most unique gifts this holiday season! 2025 Artist Bazaar Hours

- Nov 18-26: Open Tues-Sat during regular hours (Tues 10-5, Wed & Th 10-7, Fri 10-5, Sat 10-3)
- Thursday, November 27: Closed for Thanksgiving
- Friday, November 28: IOAM-5PM (Black Friday + Stock-Up Sale)
- Saturday, Nov 29: 10AM-3PM (Small Business Saturday + Stock-Up Sale)

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All are welcome to attend the Artist Bazaar and related events. As always, the Cultural Center's mission includes supporting working artists and connecting the community to local creative talent—both values that are showcased in full throughout this two-week celebration. We hope you can join us! Questions or want more info? Call the Cultural Center at 385-3339, email info@kulcher.org, visit the at https://www.kulcher.org/2025-artist-bazaar/.

NEW YORK MILLS PUBLIC LIBRARY

AUTHOR SERIES – Each program will begin at 6:30 p.m. Authors will have books available $\frac{1}{100}$ for sale before and after their presentations. All programs are free and open to all. Registration is encouraged, please call 218-385-2436. NYM Public Library, 30 Main Avenue N., NYM, MN.

Tuesday, November 18th - Author of 'The Thirteen Crime: The Ghosts of Injustice in Frontier Otter Tail County', Janet Preus talks of her research and creative insights that fills in the blanks of the May 26, 1887, murder of Lillie Field. (This program is sponsored by the Friends of the NYM Public Library.)

Tuesday, November 25th - Author of 'Perpich: A Minnesota Original;, Ben Schierer tells of the life and legacy of Minnesota's longest serving governor, Rudy Perpich, one of the state's most consequential political figures. (Sponsored by the NYM Public Library and Viking Library System, funded in part or in whole with monies from MN's Arts and Cultural Heritage 🖟

COFFEE TALKS - EARLY FINNISH SETTLERS

Discover the story of the earliest Finnish settlers in New York Mills and how they built new lives in Minnesota on Wednesday, November 26th at 10:30-11:30 a.m. at the Library. $^{\prime}\!\!\!\!/$ Free and open to the community!

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TEEN BOOK CLUB MEETING

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Join us on Monday, December 15th from 4:00-5:00 p.m. This month's read is 'Wish' by Barbara O'Connor. All teen readers welcome at the New York Mills Public Library. If you are interested in joining, please stop by or call 218-385-2436.

