

**Sumter County Middle School
Lunch Menu SY25**

September 2nd-6th

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée #1	<u>LABOR DAY!</u>	Cheeseburger	Chicken Alfredo Pasta	Ham & Cheese Hoagie Sandwich	Chicken Sandwich
Pizza	Smart Mouth Pizza				Corn Dog
SIDES	NO SCHOOL	Potato Wedges Baked Beans Fruit Choice	Roasted Carrots & Zucchini Squash Carrots & Cucumbers w/ Ranch Dinner Roll Fruit Choice	Potato Wedges Celery Sticks w/ Ranch Munchies Mix Fruit	Tater Tots Cucumber Slices w/ Ranch Fruit Choice
Salad Bar	Salad Base: Lettuce- Shredded Carrots- Cucumber- tomato- 1oz Cheddar Cheese				Pre- Made Salad: Grilled Chicken
Grain		Tortilla Chips	Doritos	Munchies Mix	
Protein		Queso Cheese	Turkey	Ham	
Starcy Vegetable/		corn	Black Beans (cold)	Chicpeas Sunflower Seeds	
Fruit Choice					

September 9th-13th

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée #1	Chicken Tenders	Honey Garlic Chicken w/ Fried Rice	Nacho Bar w/ Ground Beef	Spaghetti w/ Garlic Toast	Spicy Chicken Sandwich
Pizza	Smart Mouth Pizza Variety				Hot Dog
SIDES	Green Beans Potato Wedges Dinner Roll Fruit choice	Carrots & Broccoli w/ Ranch Cheese Its Fruit Choice	Black Beans Corn Dinner Roll Fruit choice	Roasted Carrots & Zucchini Squash Dinner Roll	Crinkle Cut Fries Baked Beans Fruit
Salad Bar	Salad Base: Lettuce- Shredded Carrots- Cucumber- tomato- 1oz Cheddar Cheese				Pre- Made Salad: Cobb Salad
Grain	Doritos	Rockin'Ola Corn Crunch (Variety)	Munchies Mix	Crackers: Back to Basics	
Protein	Chicken	Turkey	Ham	Chicken Salad	
Vegetables	Chicpeas Sunflower Seeds	Green Peas (cold)	corn (cold), Sunflower Seeds	Black Beans (cold)	
Fruit Choice					

Sumter County Middle School

Lunch Menu SY25

September 16th-20th

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée #1	Chicken Sandwich	Tater Tot Casserole	Chicken Chunks (BBQ, Hot, Chili Thai)	Hamburger Steak	BBQ w/ Texas Toast
Pizza	Smart Mouth Pizza Variety				Uncrustable PB&J
SIDES	Kernal Corn Cucumber Slices w/ Ranch Fruit Choice	Side Salad Green Beans Fruit Choice	Crinkle Cut Fries Celery & Carrot Sticks w/ Ranch Fruit Choice	Mashed Potatoes w/ Gravy Green Beans Homemade Dinner Roll Fruit Choice	Baked Beans Slaw Lettuce & Tomato Fruit Choice
Salad Bar	Salad Base: Lettuce- Shredded Carrots- Cucumber- tomato- 1oz Cheddar Cheese				Pre- Made Salad: Chef Salad
Grain	Tortilla Chips	Wheat Thins or Cheese Its	Blueberry Muffin	Crackers: Back to Basics OR Uncrustable PB&J	
Protein	Queso Cheese	Ham	Chicken	Chicken Salad	
Vegetables	Black Beans (cold)	Chicpeas Sunflower Seeds	Green Peas (cold)	corn (cold), Sunflower Seeds	
Fruit Choice					

September 23rd-27th

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée #1	Cheeseburger	Corn Dog	Chicken Alfredo Pasta	Philly Cheesesteak	Chicken Tenders
Pizza	Smart Mouth Pizza Variety				Corn Dog
SIDES	Side Salad w/ Ranch Kernal Corn Fresh Fruit Choice	Potato Wedges Baked Beans Fruit Choice	Roasted Carrots & Zucchini Squash Carrots & Cucumbers w/ Ranch Dinner Roll Fruit Choice	Potato Wedges Celery Sticks w/ Ranch Munchies Mix Fruit	Tater Tots Cucumber Slices w/ Ranch Fruit Choice
Salad Bar	Salad Base: Lettuce- Shredded Carrots- Cucumber- tomato- 1oz Cheddar Cheese				Pre- Made Salad: Ginger Citrus Noodle Salad
Grain	Banana Muffin	Tortilla Chips	Doritos	Munchies Mix	
Protein	Ham	Queso Cheese	Turkey	Ham	
Starchy Veg	Green Peas (cold)	corn	Black Beans (cold)	Chicpeas	
Fruit Choice					

**Sumter County Middle School
Lunch Menu SY25**

September 30th

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrée #1	Sloppy Joe Sandwich				
Pizza	Smart Mouth Pizza Variety				Hot Dog
SIDES	Green Beans Potato Wedges Dinner Roll Fruit choice				
Salad Bar	Salad Base: Lettuce- Shredded Carrots- Cucumber- tomato- 1oz Cheddar Cheese				Pre- Made Salad: Cobb Salad
Grain	Doritos				
Protein	Chicken				
Vegetables	Chicpeas Sunflower Seeds				
Fruit Choice					