

Daily Learning Planner

*Ideas families can use to help students
do well in school*

Riverview Gardens School District



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

1. Make up trivia questions about your family. Quiz one another at the dinner table.
2. Talk with your child about stereotypes. Discuss why they're unfair.
3. Brainstorm with your child about something that could help your family, such as how to lower your electric bill.
4. Take your child to a high school sporting event. Talk about his expectations for high school.
5. Patiently explain the reason for a rule your child doesn't like.
6. Listen to a piece of music that has no lyrics. Have your child write her own words to the song.
7. Celebrate National Nutrition Month! Look for ways to incorporate a wider variety of vegetables into your meals.
8. Have your child use a toothpick dipped in lemon juice to write a message. Hold the paper up to a light bulb to decipher.
9. Write your child a letter about the day he came into your life.
10. Look at the course catalog of a local college. Which topics interest your child?
11. Give your child a budget and some guidelines, and let her choose some clothes she'd like.
12. If your child plays a sport, leave the coaching to the coach. Sideline coaching by families distracts and embarrasses players.
13. Have your child select and read a news article to you. Share opinions about it with each other.
14. Ask questions about school to get an idea about what your child is learning and doing.
15. Teach your child a three-step process for any job: *Plan, do, finish*.
16. Does your child know the names of the top elected officials from your state or province? If not, help him learn them.
17. Choose a spot in your home where family members can post things they are proud of. Post something your child has done.
18. Has it been a hard week at school? Take your child out for a treat.
19. Tell your child a story that teaches a moral lesson.
20. Give family members marshmallows and uncooked spaghetti. See who can build the tallest tower.
21. While your child does homework, do some quiet work yourself.
22. Ask your child to tell you about the similarities and the differences between her classes.
23. Be on the lookout for things your child does right. Praise progress and successes.
24. At the market, have your child estimate how many apples are in two pounds. Use the scales to check.
25. Look for an educational show on TV to watch with your child tonight.
26. Make it clear that you expect your child to follow school rules.
27. Have a formal family dinner. Everyone should dress up and use their best manners.
28. Make this a Surprise Week during which family members do nice things for each other.
29. Ask your child to write a proposal for a privilege he has requested.
30. Use math terms while talking with your child. For example, "This street is *parallel* to ours."
31. Respect your child's privacy. Knock before entering her room.