

Amite County School District

NOVEMBER High School/Middle School Breakfast Menu

KICK START EVERY MORNING WITH BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Sausage and Biscuit Assorted Jellies Assorted Cold Cereals Assorted Fruit Juices Fresh Fruit, Assorted Chocolate Milk Low Fat Milk
4 Sausage and Biscuit Assorted Jellies Assorted Cold Cereals Strawberry Yogurt Mix Assorted Fruit Juices Fresh Fruit, Assorted Chocolate Milk Low Fat Milk	5 Assorted Breakfast Bread Assorted Cold Cereals Crackers, fish shape Choice of Strawberry & Raspberry Yogurts Assorted Fruit Juices Fresh Fruit, Assorted Chocolate Milk Low Fat Milk	6 French Toast Sticks Pancake Syrup Assorted Cold Cereals Assorted cereal bars Assorted Fruit Juices Fresh Fruit, Assorted Chocolate Milk Low Fat Milk	7 Breakfast pastry Assorted Cold Cereals Assorted cereal bars Assorted Fruit Juices Fresh Fruit, Assorted Chocolate Milk Low Fat Milk	8 Sausage and Biscuit Assorted Jellies Assorted Cold Cereals Assorted Fruit Juices Fresh Fruit, Assorted Chocolate Milk Low Fat Milk
11 Sausage and Biscuit Assorted Jellies Assorted Cold Cereals Blueberry Cookie Bites Assorted Fruit Juices Fresh Fruit, Assorted Chocolate Milk Low Fat Milk	12 French Toast Sticks Pancake Syrup Assorted Cold Cereals Assorted cereal bars Assorted Fruit Juices Fresh Fruit, Assorted Chocolate Milk Low Fat Milk	13 Assorted Breakfast Bread Assorted Cold Cereals Assorted Fruit Juices Fresh Fruit, Assorted Chocolate Milk Low Fat Milk	14 Chocolate Covered Donuts Powdered Donuts Assorted Cold Cereals Crackers, fish shape Choice of Strawberry & Raspberry Yogurts Assorted Fruit Juices Fresh Fruit, Assorted Chocolate Milk Low Fat Milk	15 Sausage and Biscuit Assorted Jellies Assorted Cold Cereals Assorted Fruit Juices Fresh Fruit, Assorted Chocolate Milk Low Fat Milk
18 Sausage and Biscuit Assorted Jellies Assorted Cold Cereals Assorted Fruit Juices Fresh Fruit, Assorted Chocolate Milk Low Fat Milk	19 Assorted Breakfast Bread Assorted Cold Cereals Assorted Fruit Juices Fresh Fruit, Assorted Chocolate Milk Low Fat Milk	20 Breakfast pastry Assorted Cold Cereals Assorted cereal bars Assorted Fruit Juices Fresh Fruit, Assorted Chocolate Milk Low Fat Milk	21 French Toast Sticks Pancake Syrup Assorted Cold Cereals Assorted cereal bars Assorted Fruit Juices Fresh Fruit, Assorted Chocolate Milk Low Fat Milk	22 Sausage and Biscuit Assorted Jellies Assorted Cold Cereals Assorted Fruit Juices Fresh Fruit, Assorted Chocolate Milk Low Fat Milk
25 HAPPY THANKSGIVING BREAK	26 HAPPY THANKSGIVING BREAK	27 HAPPY THANKSGIVING BREAK	28 HAPPY THANKSGIVING BREAK	29 HAPPY THANKSGIVING BREAK

**Milk served daily: Fat-free Chocolate and low fat white milk
 Menu SUBJECT to change due to unforeseen circumstances
 This Institution is an Equal Opportunity Provider