



Devon Parrott, now 20 years old, was diagnosed with Long QT type 3 syndrome over 10 years ago. He was walking to class when he collapsed in the hallway but he woke up on his own. He is lucky to be alive. His life has changed, but after having an ICD implanted he is doing well and doing things he loves. When you hear of a young person that has collapsed with no apparent reason or warning signs, that is usually long QT or some other type of SADS (Sudden Arrhythmia Death Syndrome) Condition. Unfortunately, many don't make it or have to be resuscitated. On August 15th, 2015 Devon was at the movies when he went into cardiac arrest and was saved by his device twice. He was admitted to the hospital again and was given a new drug under observation. He is doing great now and a true blessing to his friends and family. We are motivated more than ever to screen more kids and possibly save someone else's life in the process!

Our 10th year was a success for Devon's Beat raising over \$17,000 and screening 169 kids, making our new total 1,296 kids screened.

**FACTS ABOUT SADS:**

- Each year approx. 4,000 children & young people die suddenly & unexpectedly due to cardiac arrhythmias.

**Saturday, April 22nd**

**8-11 a.m. - Breakfast Fundraiser**

Free Will Donation - First Baptist Church - Foster Hall, Lincoln

**8 a.m. - Registration**

First Baptist Church - Foster Hall, Lincoln

**9 a.m. - 5K Begins**

**10 a.m. - 100 Yd. Dash**

**10:30 a.m. - Awards**

**6:30 - 10 p.m. - Annual Silent & Live Auctions & Dance**

Tightwad Troubadours - VFW Post 5925 - Lincoln, MO

Singles \$8 - Couple \$15 - Kids \$4 - Family \$20

Upcoming Screenings - 2/25 In Lincoln (Full) - 3/11 In Lincoln  
4/14 & 4/15 In Warrensburg

Proceeds Will Be Used For Youth Heart Screenings

Follow Us On Facebook Devon's Beat Angela Parrott @ 287-2888  
Check Out Our Website [www.devonsbeat.com](http://www.devonsbeat.com)





# 2023

## 5K RUN/WALK/BIKE

**Saturday, April 22<sup>nd</sup>**

**8 AM**

**Registration & Breakfast**

Foster Hall, 1st Baptist Church

**9 AM**

**Devon's Beat 5K & Dash**

**6:30 to 10 pm**

**Silent & Live Auction**

**Dance & Live Band**

6VFW 5925

**We've Only Just Begun**

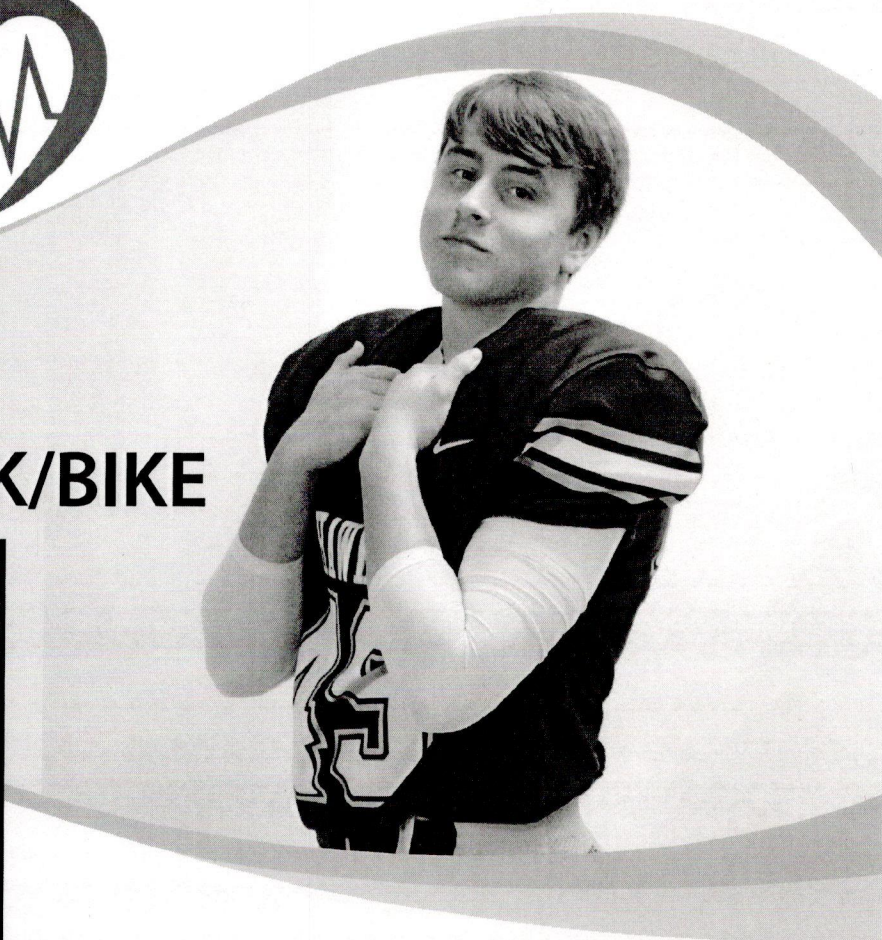
*Our 10th year was a huge success, raising over \$17,000 and screening 169 kids!*

**TOTAL KIDS  
SCREENED NOW  
1,296**

**Proceeds go toward youth heart screenings**

**QUESTIONS? Call 660-287-2888**

Release of Liability: In consideration of the acceptance of my participation in Devon's Beat, I, the undersigned, intend to legally bound hereby waive and release for myself, my heirs, executor, and administrators, any and all rights & claims for damages, demands and actions whatsoever, including negligence against all sponsors, all volunteers and all supporters and those entities, representatives, successors, and assigns, arising out of my participating at their event, including any and all injuries suffered as a result of this event. I certify that I am physically fit and have sufficiently trained for this event.



Devon was 10 years old when he collapsed at school. At first, everyone thought it was from dehydration but that didn't make sense to his mom. If it weren't for his parents insistence, they might never have found out he had Long QT syndrome. His doctor said he was at high risk for sudden cardiac arrest. He was lucky to be alive because most of the time the first warning sign is death.

Fast forward 9 years and Devon is doing great. He's even playing football for Quincy University. Having testing available like My-HeartCheck is essential in uncovering hidden heart defects. Devon's mom now advocates that all kids have their hearts checked and not wait until you get a call from the school nurse.

**REGISTRATION OF \$25 INCLUDES T-SHIRT (\$30 IF REGISTERING AFTER APRIL 1)**

☐ 5K \$25 ☐ 100 yd dash \$10 ☐ BOTH (5k + Dash) \$30

Name \_\_\_\_\_ Age \_\_\_\_\_

address \_\_\_\_\_

email \_\_\_\_\_

phone \_\_\_\_\_

T-Shirt Youth ☐ sm ☐ med ☐ lg  
Adult ☐ sm ☐ med ☐ lg ☐ xl ☐ xxl ☐ xxxl

Signature \_\_\_\_\_ parent or guardian if under 18 Date \_\_\_\_\_

**devonsbeat.com**

**Drop off: JoAnn's Printing - 530 N. US 65 Hwy OR**

**Mail to: Angela Parrott 16594 Hwy C Lincoln, MO 65338**