




Mon	Tue	Wed	Thu	Fri
<p>This institution is an equal opportunity provider.</p> <p>All menus are subject to change.</p>		 <p>Melon</p>	 <p>WG (Whole Grain)</p>	<p>Choice Menus</p> <p>Breakfast: Whole Grain Cereal; 1% or FF Milk; Fruit Choices</p> <p>Lunch: Whole Grain PB&J Uncrustable/Cheese Stick/extra grain; 1% or FF Milk; Fruit & Juice Choices</p>
		<p>July 31 Breakfast WG Mini Maple Pancakes / Syrup</p> <p>Lunch Chicken Nuggets, WG WG Roll Mac n Cheese Green Beans Fresh Veggies w/Dip</p>	<p>1 Breakfast WG Cinnamon Bun</p> <p>Lunch Beef Lasagna w/ WG Noodles WG Rolls Butter Peas Garden Salad</p>	<p>2 Breakfast Biscuit / Ham Patty / Jelly</p> <p>Lunch Hamburger / WG Bun or Chick. Filet / WG Bun Lettuce/Tomato/Pickles Waffle Fries Baked Beans WG Cookie</p>
<p>5 Breakfast WG Pop-Tarts</p> <p>Lunch Pepperoni Pizza, WG Crust Marinara Sauce Cup Whole Kernel Corn California Blend Veggies</p>	<p>6 Breakfast WG Glazed Donut</p> <p>Lunch Chicken Tenders, WG WG Rolls Creamed Potatoes Green Beans Fresh Veggies w/Dip</p>	<p>7 Breakfast Breakfast Pizza, WG Crust</p> <p>Lunch Spaghetti w/Meat Sauce Yeast Roll Baby Limas Garden Salad</p>	<p>8 Breakfast WG Mini Waffles / Syrup</p> <p>Lunch Chicken Hot Wings WG Rolls Seasoned Yellow Rice Turnip Greens Yams</p>	<p>9 Breakfast Biscuit / Sausage Patty/Jelly</p> <p>Lunch Deli Turkey/Ham/Cheese on WG Bun Lettuce/Tomato/Pickles Tater Tots Baked Beans WG Cookie</p>
<p>12 Breakfast WG Cinni Minis</p> <p>Lunch Pepperoni Pizza, WG Crust Marinara Sauce Cup Whole Kernel Corn California Blend Veggies</p>	<p>13 Breakfast WG Pop-Tarts</p> <p>Lunch Beef Nachos / WG Tortilla Chips Salsa Cup Steamed Broccoli WG Cookie</p>	<p>14 Breakfast WG Mini Maple Pancakes / Syrup</p> <p>Lunch Chicken & Rice WG Rolls Oven Fried Okra Yam Patties Celery Sticks/Peanut Butter</p>	<p>15 Breakfast WG Cinnamon Bun</p> <p>Lunch Chicken Breast Nuggets / General Tso's Sauce WG Roll Fried Rice Veggie Roll (Sweet & Sour Sauce) Stir Fry Vegetables</p>	<p>16 Breakfast Biscuit / Ham Patty / Jelly</p> <p>Lunch Grilled Hot Dog / WG Bun or WG Corn Dog Crinkle Cut Fries Baked Beans Fresh Veggies w/Dip</p>
<p>19 Breakfast WG Powdered Donut Holes</p> <p>Lunch Chicken Fajitas/WG Tortilla Lettuce & Tomato Salsa Cup Sour Cream Whole Kernel Corn</p>	<p>20 Breakfast WG Glazed Donut</p> <p>Lunch Shepherd's Pie WG Rolls Peas & Carrots Steamed Broccoli</p>	<p>21 Breakfast Breakfast Pizza, WG Crust</p> <p>Lunch Chicken Nuggets, WG WG Roll Mac n Cheese Green Beans Fresh Veggies w/Dip</p>	<p>22 Breakfast WG Mini Waffles / Syrup</p> <p>Lunch Beef Lasagna w/ WG Noodles WG Rolls Butter Peas Garden Salad</p>	<p>23 Breakfast Biscuit / Sausage Patty / Jelly</p> <p>Lunch Hamburger / WG Bun or Chick. Filet / WG Bun Lettuce/Tomato/Pickles Crinkle Cut Fries Baked Beans WG Cookie</p>
<p>26 Breakfast WG Cinnamon Bun</p> <p>Lunch Pepperoni Pizza, WG Crust Marinara Sauce Cup Whole Kernel Corn California Blend Veggies</p>	<p>27 Breakfast WG Pop-Tarts</p> <p>Lunch Chicken Tenders, WG WG Rolls Creamed Potatoes Green Beans Fresh Veggies w/Dip</p>	<p>28 Breakfast WG Mini Maple Pancakes / Syrup</p> <p>Lunch Spaghetti w/Meat Sauce Yeast Roll Baby Limas Garden Salad</p>	<p>29 Breakfast WG Honey Bun</p> <p>Lunch Oven Fried Chicken WG Cornbread Seasoned Rice Turnip Greens Yams</p>	<p>30 Breakfast Biscuit / Sausage Patty / Jelly</p> <p>Lunch Deli Turkey/Ham/Cheese on WG Bun Lettuce/Tomato/Pickles Tater Tots Baked Beans WG Cookie</p>