

January 2026

HIGH SCHOOL LUNCH

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.

NUTRITION BAR OFFERED DAILY WITH ASSORTED FRUITS & VEGETABLES

See any server for details and assistance. Milk varieties include 1% low fat and fat-free choices.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Green Chili/ Tortilla 1 serving Cheese beans $\frac{1}{2}$ c Nutrition Bar Choice of Fruit $\frac{1}{2}$ c Breakfast For Lunch 1 serving Tater Tots $\frac{1}{2}$ c Nutrition Bar Choice of Fruit $\frac{1}{2}$ c Alt: Hawaiian Pizza	Chicken Teriyaki Bowl 1 serving Vegetable $\frac{1}{2}$ c Nutrition Bar Choice of Fruit $\frac{1}{2}$ c Alt: Turkey Wrap	Beef Stroganoff 1 serving Green Bean $\frac{1}{2}$ c Nutrition Bar Choice of Fruit $\frac{1}{2}$ c Alt: Meat Lovers Pizza	Pizza 1 serving Corn $\frac{1}{2}$ c Nutrition Bar Choice of Fruit $\frac{1}{2}$ c Alt: Jalapeno Cheddar Beef Burger	Chicken Philly 1 serving Campfire Beans $\frac{1}{2}$ c Grill: Buffalo Chicken Sandwich
NO SCHOOL Martin Luther King Jr. Day	Nachos 1 serving Rice $\frac{1}{2}$ c Seasoned Carrots $\frac{1}{2}$ c Nutrition Bar Choice of Fruit $\frac{1}{2}$ c Alt: Chili Dog	Club Sandwiches 1 serving Stir Fry Vegetables $\frac{1}{2}$ c Nutrition Bar Choice of Fruit $\frac{1}{2}$ c Alt: Chicken Bacon Ranch Sandwich	Pizza 1 serving Mexicali Corn $\frac{1}{2}$ c Nutrition Bar Choice of Fruit $\frac{1}{2}$ c Alt: House BBQ Pulled Sandwich	Chicken Burrito 1 serving Tater Totes $\frac{1}{2}$ c Nutrition Bar Choice of Fruit $\frac{1}{2}$ c Alt: Rodeo Burger
Frito Pie 1 serving Tater Tots $\frac{1}{2}$ c Nutrition Bar Choice of Fruit $\frac{1}{2}$ c Alt: Chicken Buffalo Sandwich	Corn Dog 1 serving Celery Sticks $\frac{1}{2}$ c Nutrition Bar Choice of Fruit $\frac{1}{2}$ c Alt: Rodeo Burger	Baked Zetti 1 serving Green Beans $\frac{1}{2}$ c Nutrition Bar Choice of Fruit $\frac{1}{2}$ c Alt: buffalo Bacon Ranch Pizza	Pizza 1 serving Carrot's $\frac{1}{2}$ c Nutrition Bar Choice of Fruit $\frac{1}{2}$ c Alt: Jalapeno Cheddar Beef Burger	
	Hot Dog 1 serving Baby Carrots $\frac{1}{2}$ c Nutrition Bar Choice of Fruit $\frac{1}{2}$ c Alt: Meat Lovers	Orange Chicken w/Vegetable Fried Rice 1 serving Chinese Broccoli $\frac{1}{2}$ c Grill: Meat lovers Pizza	Pizza 1 serving Really Ranch Pinto Beans Nutrition Bar $\frac{1}{2}$ c Choice of Fruit $\frac{1}{2}$ c Alt: Southwest Chicken Salad	 Heirloom Tomato Salad
		 Jamaican Jerk Chicken	 SPICEOLOGY K-12 by Elior experiments with flavor on the menu with the use of Spiceology Salt-Free blends.	 BeWell  Mediterranean Sweet Potato

Daily Alternate Entrée Options

Pizza (Cheese & Pepperoni)

M: Hawaiian
Tu: Chicken Taco
W: Meat Lovers
Th: Chicken Ranch Dorito
Flatbread
Fr: BBQ Chicken

Vegetarian:

M: Macaroni & Cheese
Tu: Sweet Potato Nachos
W: Bean & Cheese Burrito
Th: Mediterranean Hummus Flatbread
Fr: Black Bean Burger

Deli Sandwiches:

M: Turkey Deluxe
Tu: Santa Fe Chicken Wrap
W: Turkey & Cheese Wrap
Th: Crunchy Chicken Wrap
Fr: Southwest Pinwheels

Entrée Salads:

M: Chef's Salad
Tu: Southwest Chicken
W: Chicken Caesar
Th: Cobb
Fr: Beef Taco in Tortilla Shell