

# January 2026

## HIGH SCHOOL LUNCH

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.

NUTRITION BAR OFFERED DAILY WITH ASSORTED FRUITS & VEGETABLES

See any server for details and assistance. Milk varieties include 1% low fat and fat-free choices.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Green Chili/ Tortilla</b> 1 serving Cheese beans ½ c Nutrition Bar Choice of Fruit ½ c	<b>Chicken Teriyaki Bowl</b> 1 serving Vegetable ½ c Nutrition Bar Choice of Fruit ½ c <b>Alt: Turkey Wrap</b>	<b>Beef Stroganoff</b> 1 serving Green Bean ½ c Nutrition Bar Choice of Fruit ½ c <b>Alt: Meat Lovers Pizza</b>	<b>Pizza</b> 1 serving Corn ½ c Nutrition Bar Choice of Fruit ½ c <b>Alt: Jalapeno Cheddar Beef Burger</b>	<b>Chicken Philly</b> 1 serving Campfire Beans ½ c <b>Grill: Buffalo Chicken Sandwich</b>
<b>Breakfast For Lunch</b> 1 serving Tater Tots ½ c Nutrition Bar Choice of Fruit ½ c <b>Alt: Hawaiian Pizza</b>	<b>Nachos</b> 1 serving Rice ½ c Seasoned Carrots ½ c Nutrition Bar Choice of Fruit ½ c <b>Alt: Chili Dog</b>	<b>Club Sandwiches</b> 1 serving Stir Fry Vegetables ½ c Nutrition Bar Choice of Fruit ½ c <b>Alt: Chicken Bacon Ranch Sandwich</b>	<b>Pizza</b> 1 serving Mexicali Corn ½ c Nutrition Bar Choice of Fruit ½ c <b>Alt: House BBQ Pulled Sandwich</b>	<b>Chicken Burrito</b> 1 serving Tater Tots ½ c Nutrition Bar Choice of Fruit ½ c <b>Alt: Rodeo Burger</b>
<b>NO SCHOOL</b> <b>Martin Luther King Jr. Day</b>	<b>Corn Dog</b> 1 serving Celery Sticks ½ c Nutrition Bar Choice of Fruit ½ c <b>Alt: Rodeo Burger</b>	<b>Baked Zetti</b> 1 serving Green Beans ½ c Nutrition Bar Choice of Fruit ½ c <b>Alt: buffalo Bacon Ranch Pizza</b>	<b>Pizza</b> 1 serving Carrot's ½ c Nutrition Bar Choice of Fruit ½ c <b>Alt: Jalapeno Cheddar Beef Burger</b>	
<b>Frito Pie</b> 1 serving Tater Tots ½ c Nutrition Bar Choice of Fruit ½ c <b>Alt: Chicken Buffalo Sandwich</b>	<b>Hot Dog</b> 1 serving Baby Carrots ½ c Nutrition Bar Choice of Fruit ½ c <b>Alt: Meat Lovers</b>	<b>Orange Chicken w/Vegetable Fried Rice</b> 1 serving Chinese Broccoli ½ c <b>Grill: Meat lovers Pizza</b>	<b>Pizza</b> 1 serving Really Ranch Pinto Beans Nutrition Bar ½ c Choice of Fruit ½ c <b>Alt: Southwest Chicken Salad</b>	  Heirloom Tomato Salad
		  Jamaican Jerk Chicken	 <b>SPICEOLOGY</b> K-12 by Elmor experiments with flavor on the menu with the use of Spiceology Salt-Free blends.	  Mediterranean Sweet Potato

### Daily Alternate Entrée Options

#### Pizza (Cheese & Pepperoni)

**M:** Hawaiian  
**Tu:** Chicken Taco  
**W:** Meat Lovers  
**Th:** Chicken Ranch Dorito Flatbread  
**Fr:** BBQ Chicken

#### Vegetarian:

**M:** Macaroni & Cheese  
**Tu:** Sweet Potato Nachos  
**W:** Bean & Cheese Burrito  
**Th:** Mediterranean Hummus Flatbread  
**Fr:** Black Bean Burger

#### Deli Sandwiches:

**M:** Turkey Deluxe  
**Tu:** Santa Fe Chicken Wrap  
**W:** Turkey & Cheese Wrap  
**Th:** Crunchy Chicken Wrap  
**Fr:** Southwest Pinwheels

#### Entrée Salads:

**M:** Chef's Salad  
**Tu:** Southwest Chicken  
**W:** Chicken Caesar  
**Th:** Cobb  
**Fr:** Beef Taco in Tortilla Shell



BeWell Healthy Choice



Vegetarian (Ovo-Lacto)



Local



So Good Feature



Global Bites Feature

This institution is an equal opportunity provider

**K-12**  
 Elmor