

Dyersburg Middle School Menus

Breakfast (☀) and Lunch

August 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
3 	4 	5 ☀ Sausage & Biscuit BBQ Riblet Sub Sweet Potato Puffs Baked Beans Coleslaw Fruit	6 ☀ Pizza Bagel Poppyseed Chicken/Roll Broccoli Salad California Blend Vegetables Fruit	7 ☀ Muffin Taco Meat or Fajita Chicken Tortilla Chips or Wrap Refried Beans/Salsa Taco Trimmings Fruit	Breakfast (☀) and lunch are FREE to all students of Dyersburg City Schools.
10 ☀ Cereal Steak and Gravy Roll Creamy Potatoes Romaine Salad Fruit	11 ☀ Cinn Toast Crunch French Toast Chicken Rotel Roll Glazed Sweet Potatoes Italian Green Beans Fruit	12 BRUNCH FOR LUNCH ☀ Chicken & Biscuit Sandwich Chicken or Sausage Patty Egg Patty Biscuit Hashbrown Casserole Fruit & Fruit Juice	13 ☀ Pancake Wrap General Tso Chicken Fried Rice California Blend Vegetables Cherry Tomatoes & Cucumbers Fruit	14 ☀ Breakfast Bun Hamburger/Cheeseburger French Fries Baked Beans Hamburger Trimmings Fruit	
17 ☀ Breakfast Bar Breaded Pork Chop Roll Loaded Mashed Potatoes Glazed Carrots Fruit	18 ☀ Apple Frudel Cheesy Beef Enchiladas Mexicorn Salsa Taco Trimmings Fruit	19 ☀ Steak & Biscuit BBQ Chicken Sandwich Baked Beans Pickle Spear Fruit	20 ☀ Fruit Loop Waffles Cheeseburger Mac Cornbread Collard Greens Cucumbers and Tomatoes Fruit	21 ☀ Cini-Minis Pollo Loco Chicken Lima Beans Romaine Salad Fruit	At lunch, students must select at least 3 items and are encouraged to select 5 items. Students must choose a ½ cup of fruit or a vegetable.
24 ☀ Pop-Tarts Chicken Nuggets Roll Creamy Potatoes Broccoli Salad Fruit	25 ☀ Breakfast Burrito Cowboy Cavatini Cornbread Green Beans Carrots w/Ranch Fruit	26 BRUNCH FOR LUNCH ☀ Sausage & Biscuit Sandwich Turkeyham & Cheese Croissant Turkey Croissant Scrambled Eggs Hashbrown Fruit & Fruit Juice	27 ☀ Turkey, Ham & Cheese Croissant Chicken Rotel Roll Stir Fry Vegetables Cherry Tomatoes & Cucumbers Fruit	28 ☀ Mini Pancakes Chili Frito Pie Mexican Chili Beans Garden Salad Fruit	
31 ☀ Cereal Sirachi Chicken Chow Mein Noodles Glazed Carrots Corn Fruit					☀ Additional daily breakfast offerings: Fresh fruit Fresh juice Choice of milk
					Additional daily lunch offerings: Smart Mouth Pizza Choice of milk

Menus are subject to change without notice due to product availability.

This institution is an equal opportunity provider and employer.