

2025-2026 North Zulch I.S.D. - School Health Advisory Council (SHAC) Meeting Minutes
Wednesday, November 5, 2025

C. Lucherker took attendance and advised the group that this meeting will be recorded and posted to the website. Meeting started at 1:30p.m.

Individuals in attendance:

Alex Harris, DSHS	Mr. May, principal	Ms. Pope, principal
Mrs. Afshar, parent	Mrs. Wilbanks, parent	Mrs. Lucherker, nurse
Mrs. Craig, parent	Mrs. Collins, parent	Mr. Compton, superintendent
Mrs. Wilson, parent	Ms. Batten, counselor	Mr. Srader, SRO
Mrs. Beal, cafeteria	Mrs. Kirk, parent	Rylee W, student
William K, student	Jaycee F.C, student	unable to be present d/t HOSA clinical: Abree, student/Weiler

Determine SHAC Officers for 2024-2025

1. A motion was made by Ms. Pope and seconded by Mr. Srader to nominate Mrs. Afshar as Parent Representatives. There were no objections.
2. A motion was made by Mrs. Lucherker and seconded by Ms. Batten to nominate Mr. May as Administrative Staff Representative. There were no objections.
3. A motion was made by Mrs. Kirk and seconded by Mrs. Beal to nominate Ms. Batten as Staff Representative. There were no objections.
4. A motion was made by Mrs. Lucherker and seconded by Ms. Pope to nominate Mrs. Kirk as SHAC Parent Co-Chair. There were no objections.
5. A motion was made by Mrs. Kirk and seconded by Mr. Srader to nominate Mrs. Lucherker as SHAC Staff Co-Chair. There were no objections.
6. A motion was made by Don May/Mrs. Kirk and was seconded by Mrs. Lucherker to nominate William and Rylee as Student Representatives. There were no objections.

Introduction – Mrs. Lucherker Updated on SHAC requirements. Texas Law requires school districts to have a School Health Advisory Council Appointed by the Board which is comprised of 5 members and the majority being parents. Our nominated officers will be recommended to the school board for appointment.

Agenda – Mrs. Lucherker • Explanation of SHAC's role in the district • 8 components of a Health Program • Set Goals for the School Year • Future Meeting dates

What is SHAC's role: This is a group of individuals which advise the district on student health and learning. SHAC is required to meet 4 times a year and an annual report must be presented to the school board at the end of the year.

8 Components of the School Health Program: 1) Health Education 2) Physical Education & Activity 3) Health Services 4) Nutrition Services 5) Counseling, Psychological, and Social Services 6) Healthy School Environment 7) Staff Health & Wellness 8) Family & Community Involvement
Meeting minutes from last meeting reviewed

Department Updates: Nurse reports increase of strep throat diagnoses prior to Halloween. Attendance has increased. Hearing/Vision/Spinal screenings being completed to submit report in the spring.

Immunization records are being verified for report due in Dec. Will complete half of 8th grade CPR in Dec. and remaining half in spring

SRO reports Door Audit will be completed by TEA in November, corrected per last year recommendations. Have completed Lockdown and Fire drills. To complete Fire Drill with reverse shelter in place soon.

Alex, public health nurse with DSHS provided information regarding services provided in Centerville at the Health Dept. Free immunizations and services for those with no insurance or Medicaid. Flyers provided.

Mr. Compton reports school will potentially be adding devices to elementary classrooms to improve air quality and reduce amount of germs and will monitor results and decide if possible option for more rooms at the school (is costly).

Mrs. Kirk discussed the increase with PTO membership (up to 17 active parents) and events supported by the PTO. PTO feels strongly about teacher/staff appreciation and supports with any needs to reach out to PTO. Can complete online form and PTO will support where and when possible. Discussed the CDC grant received, aimed for healthier alternatives, not changing the menu, just adding more healthy options to concession stands across the state, discussed TDA grant for cafeteria (possibly adding a pasta/salad bar), discussed partnership to complete concession stand foods policy update recommendations. To pilot test during the spring at concession stand. To visit with a

Review Yearly Goals: Copy sent via e-mail to SHAC members for review

Promote school, family and community involvement:

- Increase communication and collaboration with community groups over the next two academic years so the SHAC can use community resources to provide appropriate recommendations to the Board.

- Increase diverse representation in membership by recruiting underrepresented school personnel, parent and community partners by the 2025-26 academic year.

Ideas: Increase awareness via social media platforms, PTO, change meeting time

Promote faculty and staff wellness:

- Schedule monthly wellness activities that would minimize workplace stress, leading to employee satisfaction in the 2025-26 academic year.

- Establish sub-committee/work in conjunction with PTO

Ideas: (Chiropractor Visits/Sensory Room/"class parent"), TAMU Mobile Van (Iola), yoga, meditation, etc

Promote a consistent wellness message through school-based activities:

- Encourage students, parents, staff and community members to utilize the District's recreational facilities, such as the track, playground, tennis court, and the like that are available outside the school day. *National Night Out, playground/tennis court upgrades*

Promote a school climate where students feel safe, respected, and valued, and where they can build and maintain positive relationships with peers and adults:

Ideas: Lunch in courtyard, "outside" classroom, HART ambassadors, establish student sub-committee

Next Meeting: (Must hold 4 meetings per year) Set for: February 25, 2026 at 1:30p.m.

Motion to adjourn meeting- Adjournment at 2:00p.m.