



LUNCH

SEPTEMBER 2025

9-12 Menu

Monday

1

Holiday

8

Cheeseburger
Baked Beans
Sweet Potato Fries
Lettuce & Tomato
Fruit
Milk
Alternate: Grilled Ham & Cheese

15

Country Steak w/ Gravy
Creamed Potatoes
Green Beans
Sliced Carrots
Roll
Fruit
Milk
Alternate: Chicken Sandwich

22

Hotdog
Baked Beans
Sweet Potatoes
Sliced Squash
Fruit
Milk
Alternate: Grilled Ham & Cheese

29

Steak Sandwich
Sliced Carrots
Celery Sticks
Fruit
Milk
Alternate: Pizza

Tuesday

2

Beef Nachos
Romaine Salad w/ Dressing
Pinto Beans
Fruit
Salsa
Milk
Alternate: Quesadilla

9

Fajita Chicken Wrap
Black Beans
Lettuce
Fruit
Animal Crackers
Salsa
Milk
Alternate: Pizza

16

Sweet & Sour Chicken
Fried Rice
English Peas
Stir Fry Vegetables
Fruit
Milk
Alternate: Grilled Cheese Sandwich

23

Salisbury Steak and Gravy
Creamed Potatoes
Sliced Carrots
Roll
Fruit
Milk
Alternate: Pizza Crunchers

30

Chicken Alfredo over Pasta
Mixed Vegetables
Romaine Salad w/ Dressing
Roll
Fruit
Milk
Alternate: Grilled Cheese Sandwich

Wednesday

3

Breakfast for Lunch
Pancakes
Egg Patty w/ Cheese
Sausage Patty
Hash Browns
Salsa
Fruit
Milk
Alternate: Soft Lunch

10

Spaghetti w/ Meat Sauce
Green Beans
Romaine Salad w/ Dressing
Sliced Carrots
Garlic Bread
Fruit
Milk
Alternate: Hotdog

17

Rope Sausage
Blackeye Peas
Turnip Greens
Mac & Cheese
Lettuce & Tomato
Fruit
Milk
Alternate: Corn dog

24

Chicken Nachos
Pinto Beans
Carrot Sticks w/ Ranch
Romaine Salad w/ Dressing
Salsa
Fruit
Milk
Alternate: Hotdog

Thursday

4

BBQ Hawaiian Chicken
Broccoli & Cheese
Romaine Salad
Rice Pilaf
Breadstick
Fruit
Milk
Alternate: Pizza Pocket

11

Chicken Salad
Romaine Salad w/ Dressing
Pasta Salad
French Fries
Roll
Fruit
Milk
Alternate: Cheeseburger

18

Steak Nuggets
Corn
Romaine Salad w/ Dressing
Roll
Fruit
Milk
Alternate: Pizza

25

BBQ Sandwich
Baked Potato w/ Toppings
Broccoli & Cheese
Fruit
Milk
Alternate: Crispito

Friday

5

Pizza Pocket
French Fries
Sliced Carrots
Celery Sticks
Fruit
Milk
Alternate: Corn dog

12

Crispito
Green Beans
French Fries
Pudding Cup
Fruit
Milk
Alternate: Pizza

19

Hot Chicken Wings
French Fries
Carrot Sticks w/ Ranch
Celery Sticks
Breadstick & Animal Crackers
Fruit
Milk
Alternate: Quesadilla

26

Cheesy Bread
Corn
Green Beans
Celery Sticks
Pudding Cup
Fruit
Milk
Alternate: Cheeseburger

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LUNCH

SEPTEMBER 2025

K-8 w/ Alternate Menu

Monday

1

Holiday

8

Cheeseburger
Baked Beans
Sweet Potato Fries
Lettuce & Tomato
Fruit
Milk
Alternate: Grilled Ham & Cheese

Alternate: Grilled Ham & Cheese

15

Country Steak w/ Gravy
Creamed Potatoes
Green Beans
Sliced Carrots
Roll
Fruit
Milk
Alternate: Chicken Sandwich

Alternate: Chicken Sandwich

22

Hotdog
Baked Beans
Sweet Potatoes
Sliced Squash
Fruit
Milk
Alternate: Grilled Ham & Cheese

Alternate: Grilled Ham & Cheese

29

Steak Sandwich
Sliced Carrots
Fruit
Milk
Alternate: Pizza

Alternate: Pizza

Tuesday

2

Beef Nachos
Romaine Salad w/ Dressing
Pinto Beans
Fruit
Salsa
Milk
Alternate: Quesadilla

Alternate: Quesadilla

9

Fajita Chicken Wrap
Black Beans
Romaine Salad w/ Dressing
Fruit
Salsa
Milk
Alternate: Pizza

Alternate: Pizza

16

Sweet & Sour Chicken
Fried Rice
English Peas
Stir Fry Vegetables
Fruit
Milk
Alternate: Grilled Cheese Sandwich

Alternate: Grilled Cheese Sandwich

23

Salisbury Steak and Gravy
Creamed Potatoes
Sliced Carrots
Roll
Fruit
Milk
Alternate: Pizza Crunchers

Alternate: Pizza Crunchers

30

Chicken Alfredo over Pasta
Mixed Vegetables
Romaine Salad w/ Dressing
Roll
Fruit
Milk
Alternate: Grilled Cheese Sandwich

Alternate: Grilled Cheese Sandwich

Wednesday

3

Breakfast for Lunch
Pancakes
Egg Patty w/Cheese
Sausage Patty
Hash Browns
Salsa
Fruit
Milk
Alternate: Steak Lunch

Alternate: Steak Lunch

10

Spaghetti w/ Meat Sauce
Green Beans
Romaine Salad w/ Dressing
Sliced Carrots
Garlic Bread
Fruit
Milk
Alternate: Hotdog

Alternate: Hotdog

17

Rope Sausage
Blackeye Peas
Turnip Greens
Mac & Cheese
Fruit
Milk
Alternate: Corn dog

Alternate: Corn dog

24

Chicken Nachos
Pinto Beans
Carrot Sticks w/ Ranch
Romaine Salad w/ Dressing
Salsa
Fruit
Milk
Alternate: Hotdog

Alternate: Hotdog

Thursday

4

BBQ Hawaiian Chicken
Broccoli & Cheese
Romaine Salad
Rice Pilaf
Breadstick
Fruit
Milk
Alternate: Pizza Pocket

Alternate: Pizza Pocket

11

Chicken Salad
Romaine Salad w/ Dressing
Pasta Salad
Roll
Fruit
Milk
Alternate: Cheeseburger

Alternate: Cheeseburger

18

Steak Nuggets
Corn
Romaine Salad w/ Dressing
Roll
Fruit
Milk
Alternate: Pizza

Alternate: Pizza

25

BBQ Sandwich
Baked Potato w/ Toppings
Broccoli & Cheese
Fruit
Milk
Alternate: Crispito

Alternate: Crispito

Friday

5

Corn Dog
French Fries
Sliced Carrots
Celery Sticks
Pinto Beans
Fruit
Milk
Alternate: Pizza

Alternate: Pizza

12

Crispito
Corn
French Fries
Carrot Sticks w/ Ranch
Fruit
Milk
Alternate: Pizza

Alternate: Pizza

19

Hot Chicken Wings
French Fries
Carrot Sticks w/ Ranch
Celery Sticks
Breadstick
Fruit
Milk
Alternate: Quesadilla

Alternate: Quesadilla

26

Cheesy Bread
Corn
Green Beans
Celery Sticks
Fruit
Milk
Alternate: Cheeseburger

Alternate: Cheeseburger

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BREAKFAST

SEPTEMBER 2025

K-12 Breakfast Menu

Monday

1
Holiday

8
Cereal
Graham Snacks
Fruit
Milk

15
Cereal
Graham Snacks
Fruit
Milk

22
Cereal
Graham Snacks
Fruit
Milk

29
Cereal
Graham Snacks
Fruit
Milk

Tuesday

2
Sausage Pizza
Fruit
Fruit Juice
Milk

9
Egg & Cheese Sandwich
Fruit
Fruit Juice
Milk

16
Cinn. Toast Crunch Bar
Fruit
Fruit Juice
Milk

23
Muffin
Graham Snacks
Fruit
Fruit Juice
Milk

30
Sausage Pizza
Fruit
Fruit Juice
Milk

Wednesday

3
Mini Cinnis
Fruit
Fruit Juice
Milk

10
Mini French Toast
Fruit
Fruit Juice
Milk

17
Pop Tart
Graham Snacks
Fruit
Fruit Juice
Milk

24
Mini Maple Waffles
Fruit
Fruit Juice
Milk

Thursday

4
Pop Tart
Graham Snacks
Fruit
Fruit Juice
Milk

11
Cereal Bar
Graham Snacks
Fruit
Fruit Juice
Milk

18
Muffin
Fruit
Fruit Juice
Milk

25
Cereal Bar
Graham Snacks
Fruit
Fruit Juice
Milk

Friday

5
Sausage Biscuit
Fruit
Milk

12
Mini Maple Pancakes
Fruit
Milk

19
Sausage & Biscuit
Graham Snacks
Fruit
Milk

26
Egg & Cheese Sandwich
Fruit
Milk

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BREAKFAST

SEPTEMBER 2025

Pre-K Menu

Monday

1

Holiday

8

Cereal, Variety
Fruit
White Milk

15

Cereal, Variety
Fruit
White Milk

22

Cereal, Variety
Fruit
White Milk

29

Cereal, Variety
Fruit
White Milk

Tuesday

2

Egg & Cheese Sandwich
Fruit
White Milk

9

Egg & Cheese Sandwich
Fruit
White Milk

16

Egg & Cheese Sandwich
Fruit
White Milk

23

Egg & Cheese Sandwich
Fruit
White Milk

30

Egg & Cheese Sandwich
Fruit
White Milk

Wednesday

3

Animal Crackers
Fruit
White Milk

10

Animal Crackers
Fruit
White Milk

17

Animal Crackers
Fruit
White Milk

24

Animal Crackers
Fruit
White Milk

Thursday

4

Cereal, Variety
Fruit
White Milk

11

Cereal, Variety
Fruit
White Milk

18

Cereal, Variety
Fruit
White Milk

25

Cereal, Variety
Fruit
White Milk

Friday

5

Sausage Biscuit
Fruit
White Milk

12

Sausage Biscuit
Fruit
White Milk

19

Sausage Biscuit
Fruit
White Milk

26

Sausage Biscuit
Fruit
White Milk

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