

Classic Menu

Rochdale Early Advantage Charter School

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Red Rabbit O's Apples 1% & Fat Free Milk	WW Mini Bagel w/ Jelly Clementines 1% & Fat Free Milk	Blueberry Bread Oranges 1% & Fat Free Milk	Oatmeal Honeydew 1% & Fat Free Milk	WW Mini Bagel w/ Cream Cheese Pears 1% & Fat Free Milk
LUNCH	Stew Beef & Red Beans Seasoned Rice Sauteed Kale & Peppers Honeydew 1% & Fat Free Milk	BBQ Chicken Drumsticks Cheddar & Herb Cornbread Candied Sweet Potatoes & Spinach Pears 1% & Fat Free Milk	Turkey Gumbo Seasoned Veggie Rice Steamed Cabbage Grapes 1% & Fat Free Milk	Crispy Chicken Drumsticks WW Brioche Rolls Sauteed Collard Greens & Onions Clementines 1% & Fat Free Milk	Macaroni & Cheese Cheddar Cheese Smothered Green Beans Cherry Tomatoes Pineapple 1% & Fat Free Milk
SNACK					