

Lunch Meal Pattern - K- 8th

Select a minimum of 3 components

meat/ meat alternative =

Minimum 1oz daily

--lean meat, poultry, alternative protein, cheese, egg, nut butter, yogurt

Vegetable = minimum 3/4 cup daily

Fruit = minimum 1/2 cup daily

--fruit/juice

whole grain rich (WG) selection (s) =

minimum 1oz daily

--bread, biscuit, roll, pasta, noodle, grain

1 milk = 1 cup

--fluid milk

1% and 1% chocolate served daily

*Fresh Carrots,
Offered daily*

**Menu is subject to change
based on product availability.**




**This institution is an equal
opportunity provider.**

July 2024

CITY DAY

Lunch Calendar

	Mon	Tue	Wed	Thu	Fri
	1 No School	2 No School	3 No School	4 No School 	5
	8 Chicken Philly Mozz Cheese/Wg Bun Mashed Potatoes Blue Raspberry Applesauce Cup	9 Walking Beef Taco Tortilla Chips Romaine Salad Plum	10 Cheese Pizza Cucumber Slices Hummus Apple Slices	11 Turkey Hoagie Wg Bun Celery Sticks Hummus Fruit Punch	12
	15 Penne Alfredo Chicken/Wg Pasta Steamed Broccoli Pineapple	16 Chicken Taco Spicy Corn Tortilla Chips Melon	17 Baked Chicken Dinner Roll Baked Beans Applesauce Cup	18 Cheese Pizza Cucumber Slices Fruit Punch	19