

 **BREAKFAST**

 **LUNCH**

# NOVEMBER 2022

## KANSAS SCHOOL FOR THE DEAF

Served every day with breakfast: Milk (Skim or 1%), Fruit and 100% Juice

Offered every day with lunch: Variety of additional vegetables and fruits and Milk (Skim or 1%)

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**EGG & CHEESE BREAKFAST BAR 7**

SPAGHETTI & MEATSAUCE  
W/ GARLIC BREAD  
MIXED GREEN SALAD  
GREEN BEANS  
FROZEN JUICE CUP

**BREAKFAST PIZZA 14**

CHEESEBURGER  
WAFFLE FRIES  
STEAMED CARROTS  
GRAPES

**NO SCHOOL 21**

**BREAKFAST PIZZA 28**

MANDARIN ORANGE CHICKEN  
VEGETABLE FRIED RICE  
STEAMED BROCCOLI  
FRUIT COCKTAIL

**BISCUITS & GRAVY OR FRUIT STRUDEL 1**

3-CHEESE CHICKEN BAKE  
W/ GARLIC BREAD  
MIXED VEGETABLES  
SIDE SALAD  
MANDARIN ORANGES

**OATMEAL/MUFFINS 8**

SLOPPY JOE  
FRENCH FRIES  
VEGETABLE BLEND  
GRAPES

**EGG & CHEESE BREAKFAST BAR 15**

FRENCH BREAD PIZZA  
GREEN BEANS  
CORN  
PINEAPPLE

**NO SCHOOL 22**

**EGG & CHEESE BREAKFAST BAR 29**

SALISBURY STEAK ROLL  
MASHED POTATOES W/ GRAVY  
SAUTEED ONIONS & PEPPERS  
MANDARIN ORANGES

**MINI PANCAKES W/ SYRUP 2**

HOT HAM & CHEESE SANDWICH  
BAKED BEANS  
VEGETABLE BLEND  
APPLE SLICES

**FRENCH TOAST STICKS W/ SYRUP 9**

CHICKEN FRIED CHICKEN  
MASHED POTATOES W/ GRAVY  
PEAS & CARROTS  
ORANGE SLICES

**DONUT/OATMEAL 16**

ROASTED TURKEY  
FIXINS  
PUMPKIN PIE

**NO SCHOOL 23**

**OATMEAL/MUFFINS 30**

FIESTADA PIZZA  
ROASTED CAULIFLOWER  
GLAZED CARROTS  
CINNAMON APPLES

**EGG & CHEESE BISCUIT 3**

BEEF TACO SALAD  
LETTUCE, TOMATO, SALSA  
REFRIED BEANS  
MEXICALI CORN  
PEACHES  
CHURROS

**SAUSAGE EGG & CHEESE ENGLISH MUFFIN 10**

PEPPERONI PIZZA  
MIZED GREEN SALAD  
STEAMED BROCCOLI  
PINEAPPLE

**PANCAKES W/ SYRUP 17**

BEEF HOT DOG  
TATER TOTS  
MIXED VEGETABLES  
APPLE SLICES

**NO SCHOOL 24**



**BREAKFAST PIZZA 4**

FISH NUGGETS  
MACARONI & CHEESE  
GREEN PEAS  
MIXED FRUIT

**EGG & CHEESE BISCUIT 11**

CHICKEN QUESADILLA  
GOLDEN CORN  
CHEESY REFRIED BEANS  
PEACHES

**EGG & CHEESE BISCUIT 18**

LEMON PEPPER TILAPIA  
DINNER ROLL  
SAUTEED SPINACH  
RED POTATOES  
BANANA

**NO SCHOOL 25**



Questions????

Contact Cindy Rawie, Food Service Director  
[crawie@kssdb.org](mailto:crawie@kssdb.org)

Due to availability, substitutions to the menu may occur.  
This institution is an equal opportunity provider.

# NOVEMBER 2022

## KANSAS SCHOOL FOR THE DEAF

| Monday  | Tuesday  | Wednesday   | Thursday  | Friday    |
|---|--|---|---|-----------|
|   | <b>1</b><br>CHICKEN NACHOS<br>LETTUCE, TOMATO, SALSA<br>CHEESE SAUCE<br>FRUIT COBBLER                    | <b>2</b><br>OVEN-FRIED CHICKEN LEGS<br>SLICED BREAD & BUTTER<br>MASHED POTATOES W/ GRAVY<br>MIXED FRUIT SALAD | <b>3</b><br>SPAGHETTI & MEAT SAUCE<br>GARLIC BREAD<br>MIXED SALAD<br>ITALIAN VEGETABLE BLEND<br>CHOCOLATE PUDDING<br>VANILLA WAFERS | <b>4</b>  |
| <b>7</b><br>BEEF HOT DOG ON BUN<br>BAKED BEANS<br>PEARS                                     | <b>8</b><br>SWEET & SOUR CHICKEN<br>VEGETABLE FRIED RICE<br>EGG ROLL<br>PINEAPPLE                        | <b>9</b><br>TATER TOT CASSEROLE<br>MIXED GREEN SALAD<br>MIXED VEGETABLES<br>TROPICAL FRUIT SALAD              | <b>10</b><br>LOADED BAKED POTATO<br>W/ SLICED HAM, BACON BITS,<br>CHEESE, SOUR CREAM,<br>BROCCOLI, BLACK BEANS, SALSA<br>BROWNIE    | <b>11</b> |
| <b>14</b><br>FRENCH TOAST<br>SCRAMBLED EGGS<br>SAUSAGE<br>HASH BROWN TRIANGLES<br>PINEAPPLE | <b>15</b><br>CHICKEN TENDERS<br>MASHED POTATOES W/ GRAVY<br>COUNTRY BLEND VEGETABLES<br>STRAWBERRIES     | <b>16</b><br>GRILLED CHEESE SANDWICH<br>FRENCH FRIES<br>FRUIT COCKTAIL  | <b>17</b><br>TAMALES W/ CHEESE<br>GREEN BEANS<br>CORNBREAD<br>PEACHES<br>CHURROS  | <b>18</b> |
| <b>21</b><br>NO SCHOOL  | <b>22</b><br>NO SCHOOL   | <b>23</b><br>NO SCHOOL  | <b>24</b><br>NO SCHOOL<br>                     | <b>25</b> |
| <b>28</b><br>BEEF & CHEESE BURRITO<br>SALSA<br>MEXICAN RICE<br>REFRIED BEANS<br>PEARS       | <b>29</b><br>OVEN-FRIED CHICKEN LEGS<br>SLICED BREAD & BUTTER<br>SCALLOPED POTATOES<br>MIXED FRUIT SALAD | <b>30</b><br>MEATLOAF W/ ROLL<br>MASHED POTATOES W/ GRAVY<br>BROCCOLI<br>APPLESAUCE                           |    |           |

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