



# High School Lunch Menu

May 2022

2

Chicken Fried Rice

Steamed Broccoli  
Fresh Apple  
Milk: Skim, 1% or  
Chocolate

3

Sloppy Joe Melt

BBQ Baked Beans  
Fresh Banana  
Milk: Skim, 1% or  
Chocolate Skim

4

Chicken Pot Pie

Dinner Roll  
Steamed Spinach  
Milk: Skim, 1% or  
Chocolate Skim

5

Southwest Twisted  
Cheese Bread w/  
Marinara Sauce

Tossed Salad  
Cup Mixed Fruit  
Milk: Skim, 1% or  
Chocolate Skim

6

Cheesy Mostaccioli

Green Beans  
Cinnamon Apples  
Milk: Skim, 1% or  
Chocolate Skim

9

Chicken Tenders &  
Waffles

Potato Smiles  
Fresh Apples  
Milk: Skim, 1% or  
Chocolate Skim

10

Meatloaf/Gravy  
Mashed Potato

Dinner Roll  
Cup Mixed Fruit  
Milk: Skim, 1% or  
Chocolate Skim

11

Popcorn Chicken  
Bowl

Breadstick  
Whole Kernel Corn  
Fresh Apples  
Milk: Skim, 1% or  
Chocolate Skim

12

BBQ Pulled Chicken  
SDW

BBQ Baked Beans  
Fresh Orange  
Milk: Skim, 1% or  
Chocolate Skim

13

Bosco Stick 2/ Marinara  
Sauce

Tossed Salad  
Cup Applesauce  
Milk: Skim, 1% or  
Chocolate Skim

16

Short Stacks  
Scrambled Eggs  
Chicken Sausage

Cinnamon Apples  
Milk: Skim, 1% or  
Chocolate Skim

17

Salisbury Steak  
w/Gravy  
Parsley Noodle

Steamed Broccoli  
Fresh Apple  
Milk: Skim, 1% or  
Chocolate

18

Hotdog on Bun

BBQ Baked Beans  
Fresh Banana  
Milk: Skim, 1% or  
Chocolate Skim

19

Ham & Turkey Sub

Potato Smiles  
Cup Applesauce  
Milk: Skim, 1% or  
Chocolate Skim

20

**Managers  
Choice**

Mixed Fruit  
Milk: Skim, 1% or  
Chocolate Skim

23

24

25

26

27

30

31

1

2

3

**More info...**  
Staff Lunch \$4.00

**More info...Pick 3 items to create a meal**