## School Health Advisory Council (SHAC) Meeting Odem-Edroy Independent School District Odem Intermediate Library Agenda March 21, 2024

- 1. Welcome and Introductions
- 2. Our mission is to implement a coordinated school health program to prevent Obesity, Cardiovascular Disease, and Type II Diabetes in students through a combined effort of the school district and community.
- 3. Read and approve minutes from the January 18, 2024, meeting.
- 4. Reports from each Committee:
  - A. Nutrition
  - B. Physical Education
  - C. Health Services
  - D. Healthy School Environment
  - E. Health Education
  - F. Counselors
  - G. Family and Community Involvement
  - H. Health Promotion for Staff
- 5. Discuss upcoming Health Fair on March 28, 2024.
- 6. Good turnout for the Meningitis Clinic on January 19, 2024.
- 7. Discuss The Great Body Shop teacher's guide. Discuss if we want to table discussion and continue during the first SHAC meeting of 2024-2025 school year or add a fifth SHAC meeting to the 2023-2024 school year. (Assign a teacher's guide for SHAC to review and discuss at the next meeting based on decision.)
- 8. Discuss any recommendations for possible health initiatives for students and staff.
- 9. Open discussion