Reminder about St. Regional Catholic School Uniforms

Updated October 14, 2021

We are aware that some items are on backorder or shipment delay from Flynn & O'Hara. Please ensure that your child is wearing a similar type of clothing item until the shipment arrives. We appreciate your cooperation with the SJRCS school dress code.

Uniforms and Personal Appearance: Administrative Policies

Uniform Policy: School Board Approved, April 26, 2005 (Updated June 2014)

Dress Code

Students dress in uniforms in order that their attire is in keeping with those attitudes necessary and helpful to foster an academic climate within the school. We take pride in the appearance of our students. SJRCS students should wear their uniforms with pride. Their dress reflects the quality of the school, their conduct, and their schoolwork. Uniforms should be in good repair and fit properly. Students wear uniforms beginning the first day of school. Students are required to arrive and leave school in complete uniform. Parents are encouraged to contact the school if clarification of any part of the dress code is needed.

Purchasing Uniforms

SJRCS school uniforms are purchased through the Flynn & O'Hara Uniform Company. Uniforms can be purchased on their website: www.flynnohara.com They also have a store located in Rockville, Maryland. Their phone number is (800) 441-4122. Parents may also purchase pre-owned uniforms at our Used Uniform Sale that is sponsored usually twice a year (usually late summer and winter) by our Home and School Association.

Summer and Winter Uniforms

The following dress code (winter uniform) is appropriate all year and is required from October 1 until April 30. The optional summer uniform may be worn in the fall, from the start of school until September 30, and in the spring, May 1 to the end of school. Uniforms must be purchased through Flynn and O'Hara or the uniform section of department stores. Items with plaid or with a school logo must be purchased through Flynn & O'Hara. All uniform components that are not purchased through Flynn & O'Hara must match the style, fabric, and color of the Flynn & O'Hara regulation uniform. Uniforms will be monitored closely for adherence to correct styles and colors. If uniform components do not adhere to the correct style/color, replacements will be expected to be purchased.

Uniform Required

During specific celebrations such as Catholic Schools Week Open House, First Friday Mass, etc., students will be required to wear their full winter or summer uniform (i.e., skirt, jumper). Gym uniforms may not be worn on Mass days.

Uniform Violations

We ask for your cooperation in adhering to the school uniform code. Parents will be contacted by the school if violations of this code occur. Accumulating three uniform violations per trimester equals a

detention. Administrators have the final determination of whether a student is dressed or groomed appropriately for attendance at St. John Regional Catholic School.

Uniforms and Personal Appearance: General Information

Grooming

Proper grooming is expected of every student. Deodorant is recommended for students in grades 4-8.

<u>Hair</u>

Hairstyles for both boys and girls should be neat and appropriate to the spirit of the uniform code. Students' hair should not be dyed, color-treated, or highlighted with unnatural colors during the school year. No fad hairstyles are permitted. The School recognizes that particular hairstyles are often part of racial, ethnic, spiritual, and cultural identity, and practice. Accordingly, it is the policy of the School to permit individual families to decide the appropriate cared-for hairstyle for their children. AOB ADM 8.0

Boys' hair must be above the eyebrows, ears, and collar (no ponytails or "Mohawk" style haircuts). Boys must be clean-shaven (no facial hair and no sideburns below the middle of the ear). Girls may wear headbands or bows (uniform plaid, blue, green, or white). Bows may not be oversized (cheer bows) or overly embellished.

<u>Hats</u>

No hats or visors may be worn in the building.

<u>Jewelry</u>

The following ARE permitted as part of the uniform: a necklace (worn inside the shirt and not visible, no chokers), one pair of stud earrings (worn in ear lobes only), wristwatch (NO SMART watches), one ring (of reasonable size).

The following ARE NOT permitted as part of the uniform: dangling or hoop earrings, bracelets, multiple rings, ankle bracelets, cartilage piercing, pearl necklaces, or chokers. No bracelets of any kind, except one "support" bracelet. Any jewelry not approved will be taken away. Parents will need to pick up the jewelry at the front office.

Lost and Found

Parents should label all sweaters, sweatshirts, coats, etc. with their students' names and grades. All articles found are to be taken to the office. If the article is marked with a name, it will be returned to its owner. If there is no marking, it will be held for several weeks and then donated to an organization assisting the poor. PLEASE label all clothing items – uniforms and outerwear – before allowing your child to wear them to school.

Make-Up

All make-up, including nail polish, French manicures, and artificial nails, are not permitted during school hours. Students will be asked to remove make-up and nail polish.

Polo Shirts

Students have two options for polo shirts. White polo shirts may be worn. Also, students may wear an all-cotton light blue polo shirt (with the SJRCS logo) from Flynn & O'Hara. If a student opts to wear a blue polo shirt, it must have the SJRCS logo on it. Polo shirts should not have lace, stripes, or designs around the collar or sleeves. No "Under Armour" type of fabrics.

Purses

Students may not carry purses or "fanny packs".

Shoes

Summer Uniform: White or gray sneakers

Winter Uniform: Dress shoes or Sperry shoes (navy blue, brown, black); No sneakers, platform shoes, or "clog" style shoes; Students may wear boots to school, but must change into uniform shoes inside the building.

Skirts and Skorts

Skirts and skorts must be no more than 2 inches above the middle of the knee.

Socks

Summer Uniform: White socks, must be visible (crew length)

Winter Uniform (with Pants): Navy blue socks; must be visible (crew or calf length)

Winter Uniform (with Skirts): Navy Knee-High Socks; Navy Tights (no leggings or jeggings under skirts)

Sweatshirts and Jackets

Non-SJRCS uniform sweatshirts or jackets are not permitted to be worn during class instruction.

Undershirts

Colored or printed t-shirts or those containing lettering or graphics should not be worn under uniform shirts (blouses or polos). Girls should wear white undergarments that are not visible through their blouses or polo shirts.

Uniforms and Personal Appearance: Out-of-Uniform Dress Code

Even though students occasionally have the opportunity of coming to school out of uniform, it is still necessary to maintain an appropriate learning environment. Therefore, the following rules must be established:

- Male and female students are restricted from wearing clothing that is unduly revealing, such as:
 - Tops cut low at the neck or under the arms
 - Low cut blouses or tops
 - Clothes that expose bare midriff

- o Pants worn below the hips exposing skin or underwear
- No spaghetti strap tops
- O Skirts, skorts, rompers, or shorts that are inappropriately short (including cheerleading type skirts). These items may not be more than 2" above the knee.
- o Clothing must not have any rips or tears even if purchased in that condition.
- o Tank tops
- Transparent clothing
- Clothing that is extremely tight
- Students may not wear clothes or items with messages (words or pictures) about drugs, alcohol, tobacco, political messages, weapons sexually offensive, or vulgar.
- Make-up and/or nail polish is not to be worn.
- Footwear must have closed toes and heels. Students may only wear sneakers, closed-toe shoes, or boots (November-February only). Flip-flop type shoes, shoes with high heels, and "crocs" are not permitted.
- Hats, bandanas, sweatbands, caps, and visors may not be worn.
- Chains attached to wallets, keys, or clothing may not be worn.
- The following ARE permitted as part of the out-of-uniform days: a necklace (worn inside the shirt and not visible, no chokers), one pair of stud earrings (worn in ear lobes only), wristwatch (NO SMART watches), one ring (of reasonable size).
- The following ARE NOT permitted as part of the out-of-uniform days: dangling or hoop earrings, bracelets, multiple rings, ankle bracelets, cartilage piercing, pearl necklaces, or chokers. No bracelets of any kind, except one "support" bracelet. Any jewelry not approved will be taken away. Parents will need to pick up the jewelry at the front office.
- No pajama bottoms or sweats.
- Leggings or "skinny" jeans must be worn with tops that cover the "bottom".
- Shorts may not be worn on non-uniform days during the months that winter uniforms are in effect.

Out-of-Uniform Day Violations

Consequences for not following the above guidelines may include having to wear a school sweatshirt or clothing from our used uniform supply. Phone calls may be made to parents to bring appropriate clothing into school and a uniform violation note will be sent home to parents. Students who violate the out-of-uniform dress code will be excluded from participating in the next out-of-uniform day.

PK Girls and Boys	
Summer Uniform (August - September 30, May 1 - June)	Winter Uniform (October 1 - April 30)
White short-sleeved polo shirt (logo optional) OR blue polo with SJRCS logo	White polo shirt; long sleeve polo shirts are acceptable for winter (logo optional) OR blue polo shirt with logo
Navy blue micromesh nylon gym shorts.	Navy blue sweatpants
Girls in Pre-K have the option of wearing a navy blue skort from Flynn & O'Hara in place of the shorts	White or grey, flat-soled athletic shoes with a minimal amount of colored trim. Velcro closures are required in Pre-K. (No fad shoes, bright colors, characters, or lights. No High Tops!)
White athletic CREW socks that come above the ankle; small logos are acceptable (no stripes).	Navy blue cardigan sweater, Navy blue sweatshir with logo over blouse OR Navy blue pullover sweater or navy blue pullover vest (This is optional for grades Pre-K through 4)
White or grey, flat-soled athletic shoes with minimal amount of colored trim. Velcro closures are required in Pre-K. (No fad shoes, bright colors, characters, or lights. No High Tops or mid-high sneakers)	



Pre-K Boys Summer



Pre-K Boys Winter



Pre-K Girls Summer Uniform



Pre-K Girls Winter Uniform

Kindergarten Girl	
Summer Uniform (August - September 30; May 1 - June)	Winter Uniform (October 1 - April 30)
Navy blue walking shorts (pant legs should be at the knee or slightly above) Must be PLAIN; NO cargo type shorts.	White polo shirt (SJRCS logo optional) or blue polo shirt with the logo; long sleeve polo shirts are acceptable for winter with navy blue pants
Plain black, navy blue, or brown belts must be worn (grades 2-8).	OR A plaid jumper from Flynn & O'Hara Uniform Co. with a white Peter Pan collar blouse (no lace on collar)
Girls in K -8 have the option of wearing a navy blue skort from Flynn & O'Hara in place of the shorts.	with navy blue knee socks or tights and dress shoes.
White polo shirt (logo optional) OR blue polo with SJRCS logo	Navy blue cardigan sweater, Navy blue sweatshirt with logo over blouse OR Navy blue pullover sweater
White athletic CREW socks that come above the ankle; small logos are acceptable. No stripes.	or navy blue pullover vest (Optional for grades Pre-K through 4)
White or grey, flat-soled athletic shoes with minimal amount of colored trim. (No fad shoes, bright colors, characters, or lights. No High Tops or mid-high sneakers!)	
Students wear their required gym uniforms (purchased through Flynn O'Hara) on their designated physical education day. PE: Gray t-shirt with school logo (purchase at Flynn O'Hara); Plain navy mesh gym shorts (No logos like Adidas, no stripes)	Students wear their required gym uniforms (purchased through Flynn O'Hara) on their designated physical education day. PE: Gray t-shirt with school logo (purchase at Flynn O'Hara); PE: Navy sweatpants with elastic around the ankle; Regular sweatpant fabric. (No yoga pants, no leggings, no straight legs); Navy blue crew-neck style sweatshirt (optional)
PE: White athletic crew socks that come above the ankle; small logos acceptable (no stripes) PE: White or gray, flat-soled athletic shoes with minimal amount of colored trim; Shoelaces must be tied. (No fad shoes, bright colors, characters, or lights. No high tops or mid-high sneakers. Shoes may not have drawings on them.)	PE: White athletic crew socks that come above the ankle; small logos acceptable (no stripes) PE: White or gray, flat-soled athletic shoes with minimal amount of colored trim; Shoelaces must be tied. (No fad shoes, bright colors, characters, or lights. No high tops or mid-high sneakers. Shoes may not have drawings on them.)

If girls choose to wear hair accessories, the hair accessory must be simple. (No oversized bows, such as cheer bows, large flowers, etc.)



Summer Boys & Girls Gym Uniform



Winter Boys & Girls Gym Uniform





Summer Girls Uniform K-8 with Blue Polo

Summer Girls Uniform K-8 with White Polo

Kindergarten Boy		
Summer Uniform (August - September 30, May 1 - June)	Winter Uniform (October 1 - April 30)	
Navy blue walking shorts (pant legs should be at the knee or slightly above) Must be PLAIN; NO cargo type shorts!	White polo shirt; long sleeve polo shirts are acceptable for winter (logo optional) OR blue polo shirt with logo.	
Plain black, navy blue, or brown belts must be worn (grades 2-8).	Navy blue slacks.	
White polo shirt (logo optional) OR blue polo with SJRCS logo	Navy blue or black socks.	
White athletic CREW socks that come above the ankle; small logos are acceptable! No stripes!	Navy blue sweatshirt with logo over shirt (optional) OR Navy blue pullover sweater OR navy blue pullover vest (optional) No hoodies.	
White or grey, flat-soled athletic shoes with minimal amount of colored trim. (No fad shoes, bright colors, characters, or lights. No High Tops or mid-high sneakers!)		
Students wear their required gym uniforms (purchased through Flynn O'Hara) on their designated physical education day. PE: Gray t-shirt with school logo (purchase at Flynn O'Hara); Plain navy mesh gym shorts (No logos like Adidas, no stripes)	PE: Students wear their required gym uniforms (purchased through Flynn O'Hara) on their designated physical education day. PE: Gray t-shirt with school logo (purchase at Flynn O'Hara); Navy sweatpants with elastic around the ankle; Regular sweatpant fabric. (No yoga pants, no leggings, no straight legs); Navy blue crew-neck style sweatshirt (optional)	
PE: White athletic crew socks that come above the ankle; small logos acceptable (no stripes) PE: White or gray, flat-soled athletic shoes with minimal amount of colored trim; Shoelaces must be tied. (No fad shoes, bright colors, characters, or lights. No high tops or mid-high sneakers. Shoes may not have drawings on them.)	PE: White athletic crew socks that come above the ankle; small logos acceptable (no stripes) PE: White or gray, flat-soled athletic shoes with minimal amount of colored trim; Shoelaces must be tied. (No fad shoes, bright colors, characters, or lights. No high tops or mid-high sneakers. Shoes may not have drawings on them.)	



Summer Boys & Girls Gym Uniform



Winter Boys & Girls Gym Uniform



Summer Boys Uniform K-8 Belt required for 2-8 Blue or White Polo



Winter Boys K-8 Belt required for 2-8

Grades 1-4 Girl		
Summer Uniform (August - September 30, May 1- June)	Winter Uniform (October 1 - April 30)	
Girls wear a navy blue skort from Flynn & O'Hara.	A plaid jumper from Flynn & O'Hara Uniform Co. with a white Peter Pan collar blouse (no lace on collar) with navy blue knee socks or tights and dress shoes. OR White polo shirt (SJRCS logo optional) or blue polo shirt with logo; long sleeve polo shirts are acceptable for winter with navy blue pants.	
Girls also have the option of navy blue walking shorts (pant legs should be at the knee or slightly above) Must have a plain front. Cargo-type shorts are not compliant.		
Plain black, navy blue, or brown belts must be worn (grades 2-8) with walking shorts.		
White polo shirt (logo optional) OR blue polo with SJRCS logo.	Navy blue cardigan sweater, Navy blue sweatshirt with logo over blouse or Navy blue pullover sweater or navy blue pullover vest (This is optional for grades Pre-K through 4.)	
White athletic CREW socks that come above the ankle. Please no stripes.	Navy blue knee-high socks or tights. Black, navy, or dark brown dress shoes, closed-toe, closed heels, no heels over one inch, no platform style shoes.	
White or grey, flat-soled athletic shoes with minimal amount of colored trim. (No fad shoes, bright colors, characters, or lights. No High Tops or mid-high sneakers.)	Girls may opt to wear navy blue pants during the cold winter months. These can be worn with a white polo or blue polo with the school logo.	
Students wear their required gym uniforms (purchased through Flynn O'Hara) on their designated physical education day. PE: Gray t-shirt with school logo (purchase at Flynn O'Hara); Plain navy mesh gym shorts (No logos like Adidas, no stripes)	PE: Students wear their required gym uniforms (purchased through Flynn O'Hara) on their designated physical education day. Gray t-shirt with school logo (purchase at Flynn O'Hara); Navy sweatpants with elastic around the ankle; Regular sweatpant fabric. (No yoga pants, no leggings, no straight legs); Navy blue crew-neck style sweatshirt (optional)	
PE: White athletic crew socks that come above the ankle; small logos acceptable (no stripes) PE: White or gray, flat-soled athletic shoes with minimal amount of colored trim; Shoelaces must be tied. (No fad shoes, bright colors, characters, or lights. No high tops or mid-high sneakers. Shoes may not have drawings on them.)	PE: White athletic crew socks that come above the ankle; small logos acceptable (no stripes) PE: White or gray, flat-soled athletic shoes with minimal amount of colored trim; Shoelaces must be tied. (No fad shoes, bright colors, characters, or lights. No high tops or mid-high sneakers. Shoes may not have drawings on them.)	

All make-up, including nail polish, French manicures, and artificial nails, are not permitted during school hours.

If girls choose to wear hair accessories, the hair accessory must be simple. (No oversized bows, such as cheer bows, large flowers, etc.)











Summer Girls Uniform K-8 with Blue Polo

Summer Girls Uniform K-8 with White Polo

Grades 1-4 Boy	
Summer Uniform (August - September 30, May 1 - June)	Winter Uniform (October 1 - April 30)
Navy blue walking shorts (pant legs should be at the knee or slightly above) Must have a plain front. Cargo-type shorts are not compliant.	White polo shirt; long sleeve polo shirts are acceptable for winter (logo optional) OR blue polo shirt must have the logo OR Button down short or long sleeve shirt with tie
Plain black, navy blue, or brown belts must be worn (grades 2-8).	Navy blue slacks.
White polo shirt (logo optional) OR blue polo with SJRCS logo	A plain black or brown belt is required for grades 2-8.
White athletic CREW socks that come above the ankle. Please no stripes.	Navy blue sweatshirt with logo over shirt. No Spirit wear or non-SJRCS sweatshirts.
White or grey, flat-soled athletic shoes with minimal amount of colored trim. (No fad shoes, bright colors, characters, or lights. No High Tops or mid-high sneakers.)	Navy blue or black socks. Black or dark brown DRESS shoes are to be worn with the winter uniform. Black sneakers are not dress shoes.
Students wear their required gym uniforms (purchased through Flynn O'Hara) on their designated physical education day. PE: Gray t-shirt with school logo (purchase at Flynn O'Hara); Plain navy mesh gym shorts (No logos like Adidas, no stripes)	PE: Students wear their required gym uniforms (purchased through Flynn O'Hara) on their designated physical education day. Gray t-shirt with school logo (purchase at Flynn O'Hara); Navy sweatpants with elastic around the ankle; Regular sweatpant fabric. (No yoga pants, no leggings, no straight legs); Navy blue crew-neck style sweatshirt (optional)
PE: White athletic crew socks that come above the ankle; small logos acceptable (no stripes) PE: White or gray, flat-soled athletic shoes with minimal amount of colored trim; Shoelaces must be tied. (No fad shoes, bright colors, characters, or lights. No high tops or mid-high sneakers. Shoothem.)	PE: White athletic crew socks that come above the ankle; small logos acceptable (no stripes) PE: White or gray, flat-soled athletic shoes with minimal amount of colored trim; Shoelaces must be tied. (No fad shoes, bright colors, characters, or lights. No high tops or mid-high sneakers. Shoes may not hav



Summer Boys & Girls Gym Uniform

Winter Boys & Girls Gym Uniform

Grades 5-8 Girl	
Summer Uniform (August - September 30- May 1- June)	Winter Uniform (October 1- April 30)
Navy blue walking shorts (pant legs should be at the knee or slightly above) Must be PLAIN; NO cargo type shorts!	Plaid skort from Flynn & O'Hara Uniform Co.
Plain black, navy blue, or brown belts must be worn (grades 2-8).	White oxford long/short sleeve blouse with button-down collar.
Girls in K -8 have the option of wearing a navy blue skort from Flynn & O'Hara in place of the shorts.	Navy blue sweatshirt with logo over blouse OR Navy blue pullover sweater or navy blue pullover vest.
White polo shirt (logo optional) OR blue polo with SJRCS logo	Black, navy, or dark brown dress shoes, closed-toe, closed heels, no heels over one inch, NO platform style shoes
White athletic CREW socks that come above the ankle. Please no stripes.	Navy blue knee-high socks or tights.
White or grey, flat-soled athletic shoes with minimal amount of colored trim. (No fad shoes, bright colors, characters, or lights. No High Tops or mid-high sneakers.)	Girls may opt to wear navy blue pants during the cold winter months. These can be worn with a white polo or blue polo with logo.
Students wear their required gym uniforms (purchased through Flynn O'Hara) on their designated physical education day. PE: Gray t-shirt with school logo (purchase at Flynn O'Hara); Plain navy mesh gym shorts (No logos like Adidas, no stripes)	PE: Students wear their required gym uniforms (purchased through Flynn O'Hara) on their designated physical education day. Gray t-shirt with school logo (purchase at Flynn O'Hara); Navy sweatpants with elastic around the ankle; Regular sweatpant fabric. (No yoga pants, no leggings, no straight legs); Navy blue crew-neck style sweatshirt (optional)
PE: White athletic crew socks that come above the ankle; small logos acceptable (no stripes) PE: White or gray, flat-soled athletic shoes with minimal amount of colored trim; Shoelaces must be tied. (No fad shoes, bright colors, characters, or lights. No high tops or mid-high sneakers. Shoes may not have drawings on them.)	PE: White athletic crew socks that come above the ankle; small logos acceptable (no stripes) PE: White or gray, flat-soled athletic shoes with minimal amount of colored trim; Shoelaces must be tied. (No fad shoes, bright colors, characters, or lights. No high tops or mid-high sneakers. Shoes may not have drawings on them.)

All make-up, including nail polish, French manicures, and artificial nails, are not permitted during school hours.

If girls choose to wear hair accessories, the hair accessory must be simple. (No oversized bows, such as cheer bows, large flowers, etc.)











Summer Girls Uniform K-8 with Blue Polo

Summer Girls Uniform with White Polo

Grades 5-8 Boy		
Summer Uniform (August - September 30 [,] May 1 - June)	Winter Uniform (October 1 - April 30)	
Navy blue walking shorts (pant legs should be at the knee or slightly above) Must be PLAIN; NO cargo type shorts!	White polo shirt; long sleeve polo shirts are acceptable for winter (logo optional) OR blue polo shirt must have the logo OR Button down short or long sleeve shirt with tie.	
Plain black, navy blue, or brown belts must be worn (grades 2-8).	Navy blue slacks.	
White polo shirt (logo optional) OR blue polo with SJRCS logo	Plain black or brown belt is required for grades 2-8.	
White athletic CREW socks that come above the ankle. Please no stripes.	Navy blue or black socks. Black or dark brown DRESS shoes are to be worn with the winter uniform. No black sneakers as dress shoes.	
White or grey, flat-soled athletic shoes with minimal amount of colored trim. (No fad shoes, bright colors, characters, or lights. No High Tops or mid-high sneakers!)	Navy blue sweatshirt with logo over shirt. No Spirit wear or non-SJRCS sweatshirts.	
Students wear their required gym uniforms (purchased through Flynn O'Hara) on their designated physical education day. PE: Gray t-shirt with school logo (purchase at Flynn O'Hara); Plain navy mesh gym shorts (No logos like Adidas, no stripes)	PE: Students wear their required gym uniforms (purchased through Flynn O'Hara) on their designated physical education day. Gray t-shirt with school logo (purchase at Flynn O'Hara); Navy sweatpants with elastic around the ankle; Regular sweatpant fabric. (No yoga pants, no leggings, no straight legs); Navy blue crew-neck style sweatshirt (optional)	
PE: White athletic crew socks that come above the ankle; small logos acceptable (no stripes) PE: White or gray, flat-soled athletic shoes with minimal amount of colored trim; Shoelaces must be tied. (No fad shoes, bright colors, characters, or lights. No high tops or mid-high sneakers. Shoes may not have drawings on them.)	PE: White athletic crew socks that come above the ankle; small logos acceptable (no stripes) PE: White or gray, flat-soled athletic shoes with minimal amount of colored trim; Shoelaces must be tied. (No fad shoes, bright colors, characters, or lights. No high tops or mid-high sneakers. Shoes may not have drawings on them.)	

Boys' hair must be above the eyebrows, ears, and collar (no ponytails or "Mohawk" style haircuts). Boys must be clean-shaven (no facial hair and no sideburns below the middle of the ear).



Summer Boys & Girls Gym Uniform



Winter Boys & Girls Gym Uniform



Summer Boys Uniform K-8 Belt required for 2-8 Blue or White Polo

