

SEPTEMBER 2025

ELEMENTARY / MIDDLE SCHOOL LUNCH

Daily Alternate Entrée Options: Grill/Favorites, Deli Sandwiches, & Entrée Salads



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Beef or Vegetarian Nacho Bar

TUESDAY

1 serving FF ½ c **Nutrition Bar** Guac & Roll Beans ½ c Choice of Fruit ½ c Alt: Cheeseburger

WEDNESDAY

Walking Taco 1 serving Broccoli ½ c Celery Stick ½ c **Nutrition Bar** Choice of Fruit ½ c Alt: Corn Dog

THURSDAY

Pizza 1 serving Steak & Bake Green Beans Baby Carrots ½ c ½ c **Nutrition Bar** Choice of Fruit ½ c Alt: Beef Pasta

Chicken Nuggets

1 serving Tater Tots ½ c Cucumbers ½ c **Nutrition Bar** Choice of Fruit ½ c Alt: Sun Butter & Jelly

Mac & Cheese & **Dinner Roll**

1 serving Rice ½ c Seasoned Carrots ½ c Red Bell Peper ½ c **Nutrition Bar** Choice of Fruit ½ c Alt: Cheeseburger

Yakisoba

1 serving Stir Fry Vegetables ½ c Broccoli ½ c **Nutrition Bar** Choice of Fruit ½ c

Alt: Hot Dog

Pizza

1 serving Seasoned Corn ½ c Baby Carrot's **Nutrition Bar** Choice of Fruit ½ c

Alt: House BBQ Pulled Sandwich

Crispy Chicken Bow & Dinner Roll

1 serving Sweet Potato Fries ½ c Cucumber's ½ c **Nutrition Bar** Choice of Fruit ½ c Alt: Ham & Cheese

Deluxe Hoagie

Chicken Taco Bar

1 serving Chile Lime Pinto Beans **Tater Totes** ½ c **Nutrition Bar** Choice of Fruit ½ c Alt: Cheeseburger

Corn Dog

1 serving Seasoned Broccoli ½ c Celery ½ c **Nutrition Bar** Choice of Fruit ½ c

Alt: Bean Burrito

Pizza

1 serving Steak & Bake Green Beans Baby Carrot's ½ c **Nutrition Bar** Choice of Fruit ½ c

Alt: Beef Stroganoff

Waffles & Cheesy **Eggs**

1 serving Tater Tots ½ c Cucumbers ½ c **Nutrition Bar** Choice of Fruit ½ c Alt: Chicken Nuggets

Spaghetti & Meat Sauce

1 serving Baby Carrots ½ c Red Bell Pepper ½ c **Nutrition Bar** Choice of Fruit ½ c

Alt: Cheeseburger

Hot Dog

1 serving Stir Fry Vegetables ½ c Fresh Broccoli ½ c **Nutrition Bar** Choice of Fruit ½ c

Alt: Bean Burrito & Rice

Pizza

1 serving Really Ranch Pinto Beans 1/2 C Baby Carrot's ½ c **Nutrition Bar** Choice of Fruit ½ c Alt: Chicken & Cilantro

lime Rice

Chicken Tenders w/ **Dinner Roll**

1 serving Sweet Potato Fries ½ c **Nutrition Bar** Choice of Fruit ½ c Alt: Ham & Cheese

Hoagie

Chicken or Vegetarian Nacho Bar

1 serving Chile Lime Pinto Beans **Tater Totes** ½ c **Nutrition Bar** Choice of Fruit ½ c Alt: Cheeseburger







Choice of $\frac{1}{2}$ c fruit, nutrition bar, and $\frac{1}{2}$ pint milk included with your meal and offered daily. Nutrition Bar includes assorted fresh fruit and vegetables.











