

Frazier Elementary/Middle School Breakfast Menu December 2023

Director of Food and Nutrition:
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				December 1st Dutch Waffle 100% Assorted Juice Assorted Fruit Low/Non Fat Milk
December 4th Mini Pancakes 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 5th Raspberry Mini Loaf with Belly Bears 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 6th Honey Bun Donut 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 7th Frudel 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 8th Breakfast Pizza 100% Assorted Juice Assorted Fruit Low/Non Fat Milk
December 11th Soft Cinnamon Toast Crunch Bar 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 12th Mini Maple Waffle 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 13th Oatmeal Banana Chocolate Chip Round 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 14th Mini Cinni 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 15th Chocolate Filled Crescent 100% Assorted Juice Assorted Fruit Low/Non Fat Milk
December 18th Mini Cinnamon Cream Cheese Bagel 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 19th Mini Blueberry Pancakes 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 20th Cinnamon Roll 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 21st Chocolate Chip French Toast 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	December 22nd Soft Cocoa Puff Bar 100% Assorted Juice Assorted Fruit Low/Non Fat Milk
December 25th Christmas Holiday Break No School	December 26th Christmas Holiday Break No School	December 27th Christmas Holiday Break No School	December 28th Christmas Holiday Break No School	December 28th Christmas Holiday Break No School

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Additional / Alternate Options May Include:

Banana or Blueberry Muffins
Benefit Breakfast Bar
Assorted Cereal with Belly Bears
Fortified Breakfast Pastries
Yogurt with Belly Bears

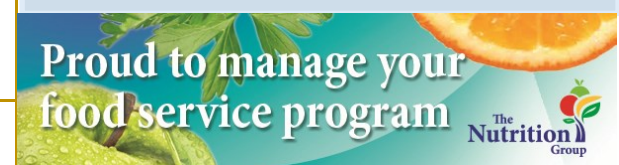
Whole Grains
Available Daily

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily

Low Fat White and Non Fat Chocolate



Meal Prices:
FREE to all students

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE