

Nadaburg Unified School District

Breakfast and Lunch Menu

January 2023



MOUNTAIN INSIDE HIGH SCHOOL

Monday	Tuesday	Wednesday	Thursday
2	3	4	5
WINTER BREAK			
9	10	11	12
Honey Graham Breakfast Kit, Apple, Milk Chicken Nugget with Goldfish Pizza Fruit and Vegetables Milk	French Toast BeneFit Bar, Applesauce, Juice, Milk Walking Taco Pizza Fruit and Vegetables Milk	Strawberry Splash Mini Pancake, Applesauce, Juice, Milk Chili Dog Pizza Fruit and Vegetables Milk	Chocolate Chip Muffin, Applesauce, Juice, Milk Pepperoni Pizza Chicken Patty Sandwich Fruit and Vegetables Milk
16	17	18	19
	Cherry Frudel, Applesauce, Juice, Milk Bean Burrito with Churro Pizza Fruit and Vegetables Milk	Rolled Taco, Salsa, Raisels, Milk Chicken Tender Pizza Fruit and Vegetables Milk	Mini Powdered Donuts, Applesauce, Juice, Milk Deep Dish Pizza Cheese Chicken Patty Sandwich Fruit and Vegetables Milk
23	24	25	26
Cinnamon Toast Crunch Cereal Kit, Apple, Milk Grilled Cheese Pizza Fruit and Vegetables Milk	Oatmeal Choc Chip BeneFit Bar, Applesauce, Juice, Milk Orange Chicken Pizza Fruit and Vegetables Milk	Confetti Mini Pancake, Applesauce, Juice, Milk Mac N' Cheese Pizza Fruit and Vegetables Milk	Banana bread, Applesauce, Juice, Milk French Bread Pizza Chicken Patty Sandwich Fruit and Vegetables Milk
30	31	Notes:	
Cocoa Puffs Cereal Kit, Apple, Milk Breakfast Sandwich Pizza Fruit and Vegetables Milk	Banana Choc Chunk Bar, Apple, Juice, Milk Hamburger Pizza Fruit and Vegetables Milk		

Menu items subject to change due to availability
This institution is an equal opportunity provider.

Breakfast \$1.35 (Reduced \$0.30)

Lunch \$3.30 (Reduced \$0.40)

Daily Breakfast Offerings:

Choice of featured entrée or cereal breakfast kit with fruit and milk (white or chocolate)

Daily Lunch Offerings:

Choice between 2 entrees (one listed on the menu and the second being manager's choice) with milk (white or chocolate), fruit and vegetables.

Peanut butter may be the second option on the menu. Please notify staff if your child(ren) has a nut allergy