



John Will Elementary School



5750 Summit Avenue · Mobile, Alabama 36608

Phone: (251) 221-1750 · Fax (251) 221-1752

Deidre Jefferson, Principal

Kaylen Cruse, School Counselor

Week of September 5, 2023

Dear Parent(s),

Bullying is a very serious topic for parents and schools to address. It is understood to be destructive to the well-being of students, and it creates unsafe schools, which creates a school climate that hinders learning.

I am teaching students how to determine if a conflict is rude, mean, or bullying behavior and safe, non-violent problem solving skills for each conflict. My lessons are designed to create a positive school environment where everyone feels safe and accepted. These lessons provide students with information to help them develop empathy, self-control, and skills to cope with and stand up against bullying by reporting those who bully. These have been proven to be the greatest defenses against bullying.

John Will is committed to having a “Bully-proof School”! If it’s not a problem, we want to make sure that it doesn’t become a problem. That’s called prevention. If it is a problem, we are determined to stop it! That’s called intervention. As the school counselor, I’m committed to prevention and intervention in our school, as well as our administrators and school staff. Thank you for promoting a positive attitude toward our school and community.

Please read the information on the following pages attached to this letter: **“Kelso Choices Wheel”**(Positive solutions to problems/conflict resolution) and the **“Is it Bullying?” Flow Chart**. Please remind your children of the differences between each type of problem, the conflict resolution skills, to report to a trusted adult immediately at school if someone is bullying them at school, and to practice using the strategies every day at school and at home. Also, if your child or children are experiencing bullying and they tell you, please let us know as soon as possible.

Sincerely,

Kaylen Cruse

Kaylen Cruse, M.Ed., NCC
Professional School Counselor
251-221-1750 Ext. 40005 Office
LEARNING TODAY. LEADING TOMORROW.
#WeAreRelentless
#AimforExcellence
#TogetherisBetter

IS IT BULLYING?

Did it hurt your body or your feelings?

NO

You are having a **DISAGREEMENT**. Everyone is allowed to have their own ideas as long as they are being respectful.



YES

Did they hurt you on purpose? Were they trying to hurt your body or feelings?

NO

That's a **RUDE MOMENT**. Try to ignore it and if it happens again, use Talk it Out.

YES

Have they done something mean to you more than two times?

NO

That's not bullying – that's a **MEAN MOMENT**. Try to solve the problem yourself first.

YES

Do they have more power than you? Are they older, bigger, more popular, or do they scare you?

NO

Someone is being really **MEAN** to you. If you've already tried two different ways to solve the problem yourself, you should ask an adult for more ideas.

YES

That sounds like **BULLYING!** You should talk to your parent, teacher, or school counselor to get help.

IT'S YOUR CHOICE!

DO YOU HAVE A SMALL PROBLEM? TRY 2 OF KELSO'S CHOICES.



IF YOU HAVE A BIG PROBLEM,
TELL AN ADULT YOU TRUST.

This is part of the Kelso's Choice Stop Tattling Starter Kit, Not for Resale. For school or classroom use only ©2023 Cerebellum Corp.

KelsosChoice.com

 cerebellum